



# $N_{\text{eff}}$ constraints on portal interactions with hidden sectors

arxiv:2206.xxxxx

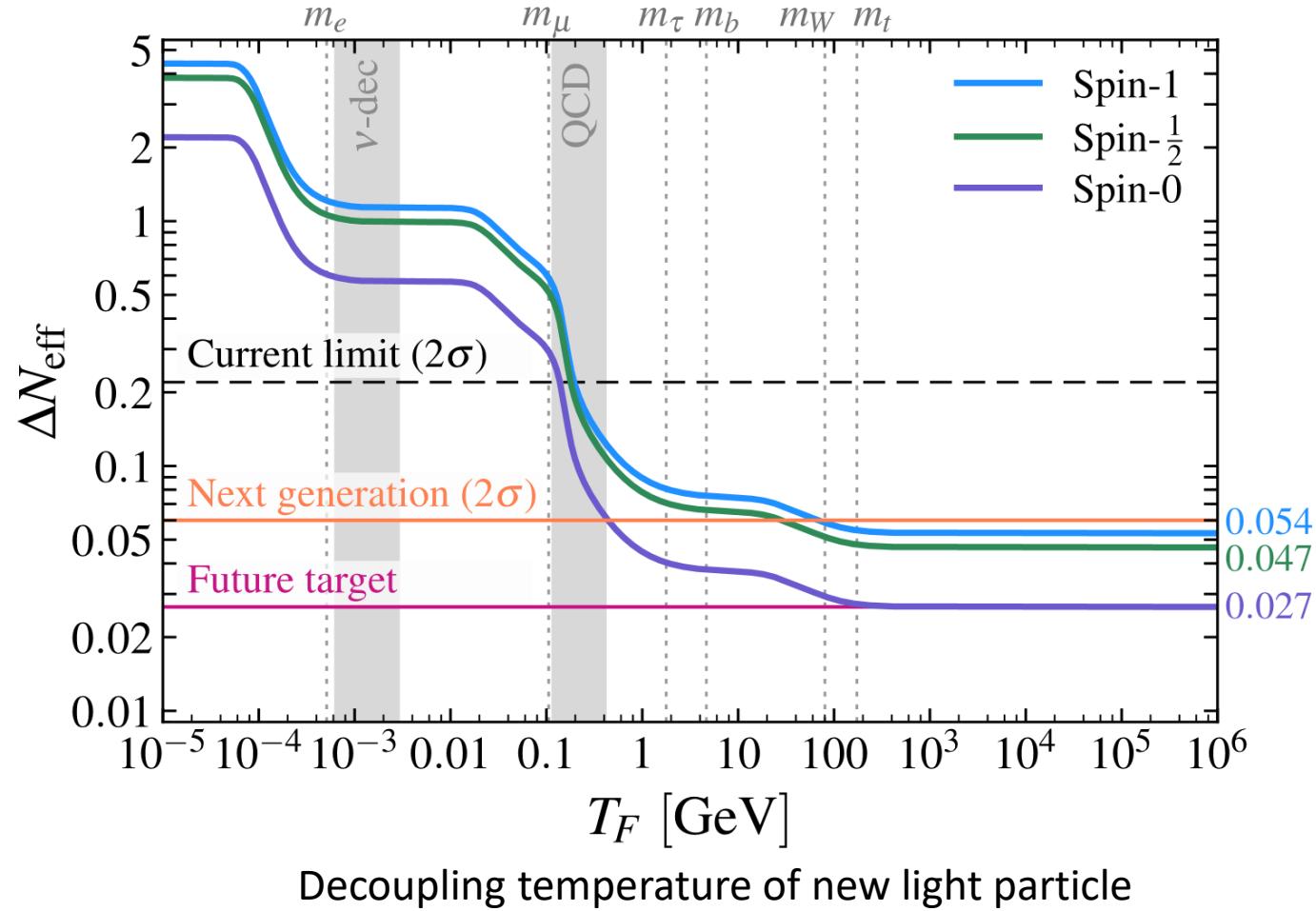
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University of Illinois at Urbana-Champaign

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Jessie Shelton

# $\Delta N_{\text{eff}}$ : Typically discussed as constraint on decoupling temperature

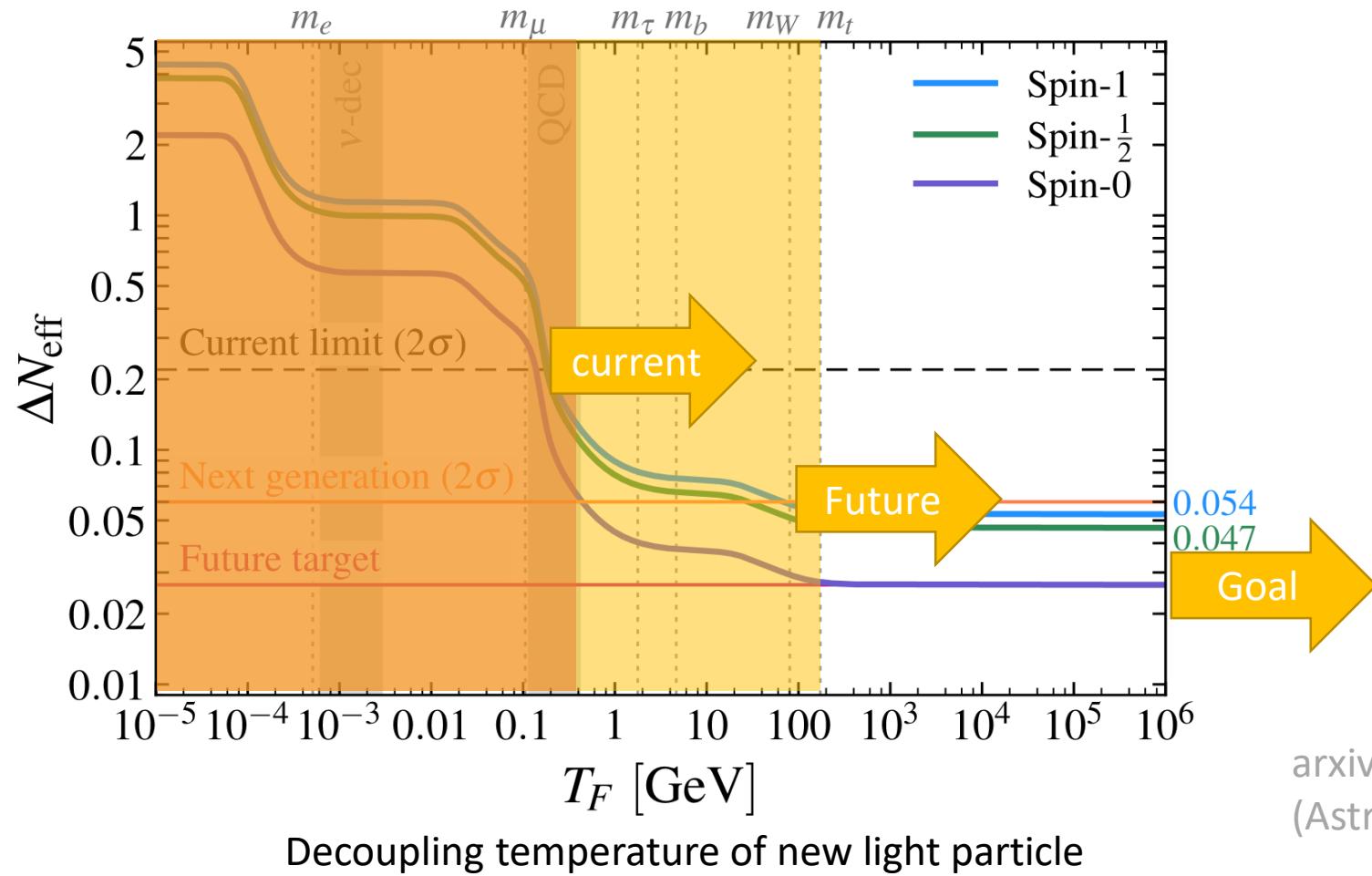
$$\Delta N_{\text{eff}} = \frac{8}{7} \left( \frac{11}{4} \right)^{4/3} \frac{\rho_{\text{dr}}}{\rho_\gamma}$$



arxiv:1903:04763  
(Astro 2020 white paper)

# Reinterpreting $\Delta N_{\text{eff}}$ : Constraint on interactions with out-of-equilibrium sectors

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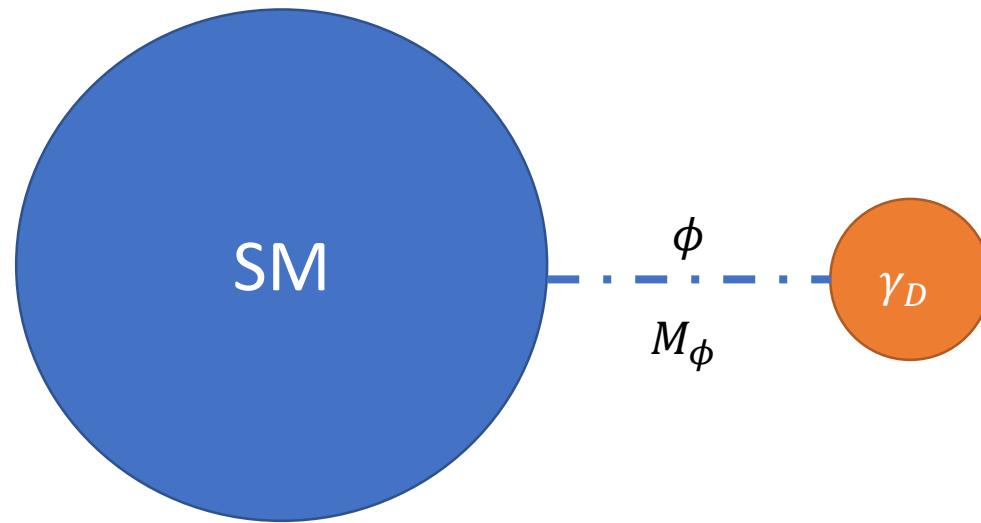
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Unified treatment for calculating  $N_{\text{eff}}$   
constraints on beyond SM interactions

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Strong Implications for model building with  
HS with dark radiation

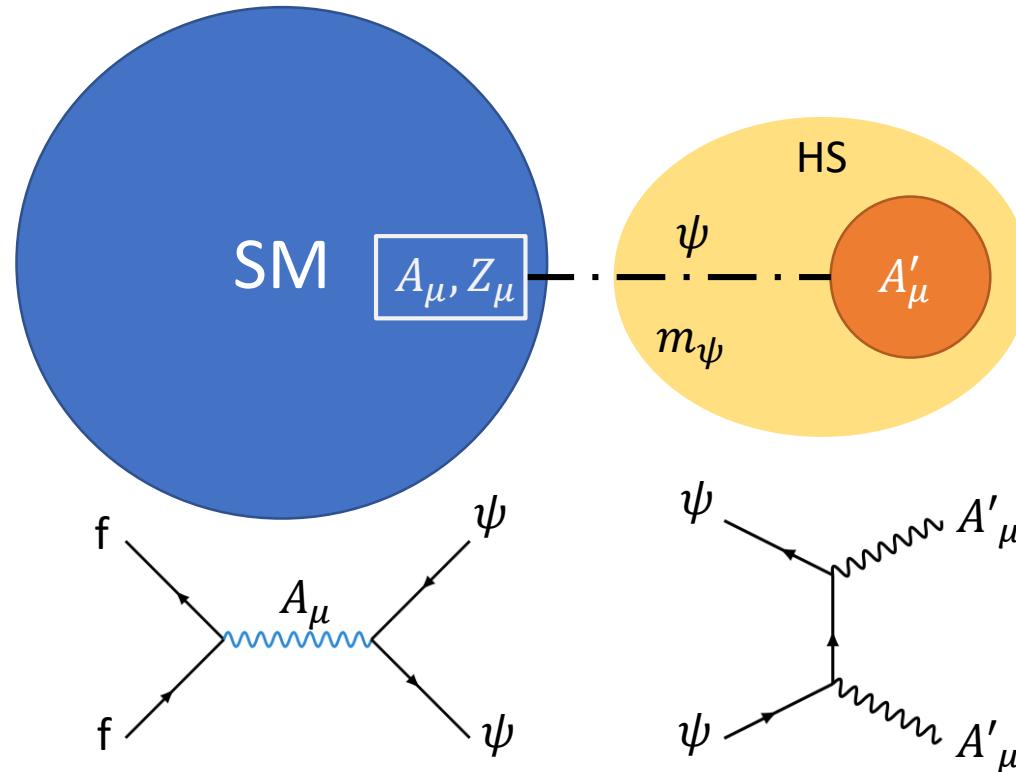
# Application of $N_{\text{eff}}$ constraint : Relevant types of interaction



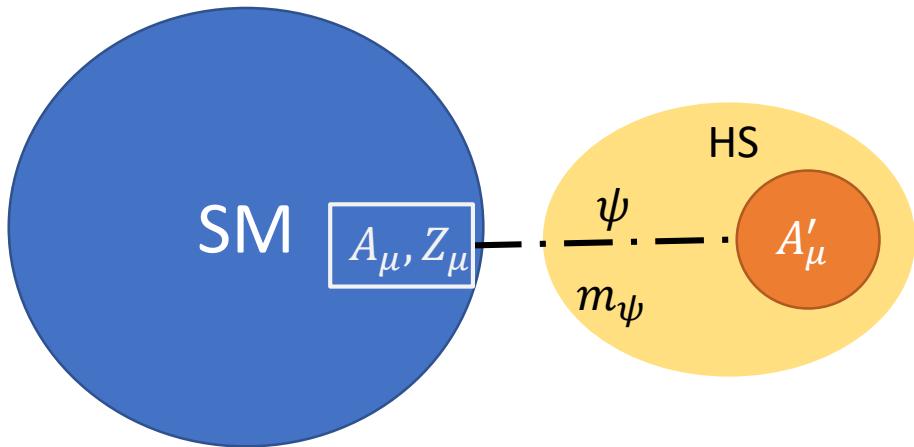
# Application of $N_{\text{eff}}$ constraint: Millicharged particle example

$$L_{int} \supset -\frac{\epsilon}{2} B_{\mu\nu} F^{\mu\nu'} + e' A'_\mu \bar{\psi} \gamma^\mu \psi - m_\psi \bar{\psi} \psi$$

$$L_{int} \supset -e Q A_\mu \bar{\psi} \gamma^\mu \psi + e' A'_\mu \bar{\psi} \gamma^\mu \psi + e Q Z_\mu \tan \theta_W \bar{\psi} \gamma^\mu \psi - m_\psi \bar{\psi} \psi$$



# Physics behind dark radiation production: Boltzmann equations



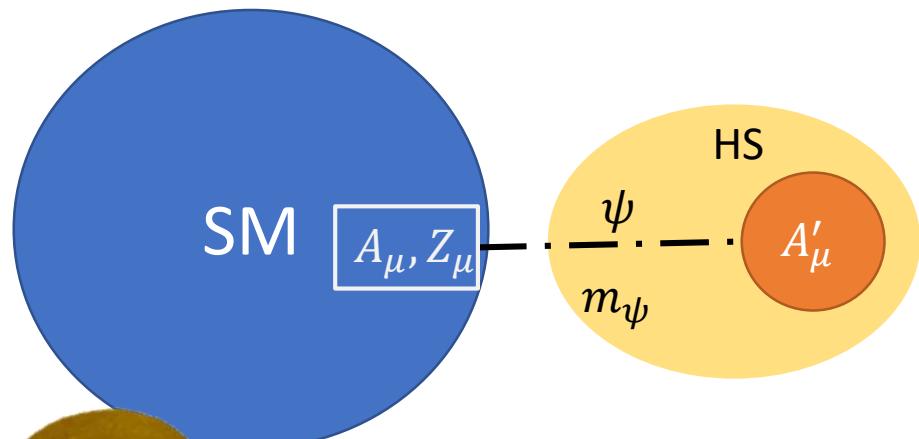
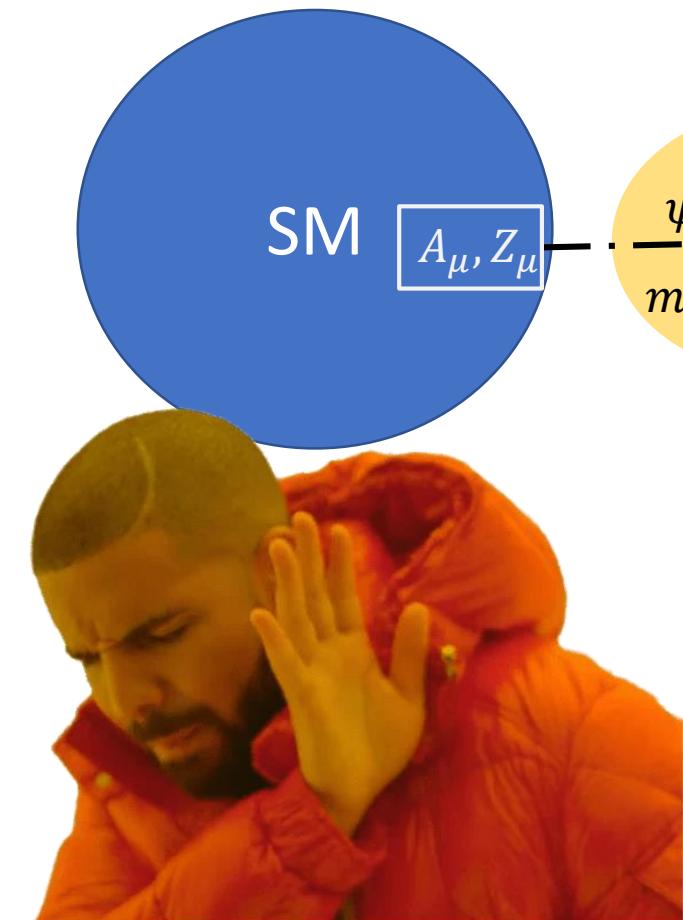
Boltzmann equations:

$$\frac{d\rho_{SM}}{dt} + 3H(1 + w_{SM})\rho_{SM} = -C$$
$$\frac{d\rho_{HS}}{dt} + 3H(1 + w_{HS})\rho_{HS} = C$$
$$H = \frac{\sqrt{\rho_{SM} + \rho_{HS}}}{\sqrt{3}M_{Pl}}$$

$$C = \frac{1}{32\pi^4} \sum_f \int ds (s - 4m_f^2) s \sigma_{ff \rightarrow \psi\psi} [T_{SM} G(\sqrt{s}/T_{SM}) - T_{HS} G(\sqrt{s}/T_{HS})] + ..$$

↑  
Energy transfer collision term

# Physics behind dark radiation production: Boltzmann equations



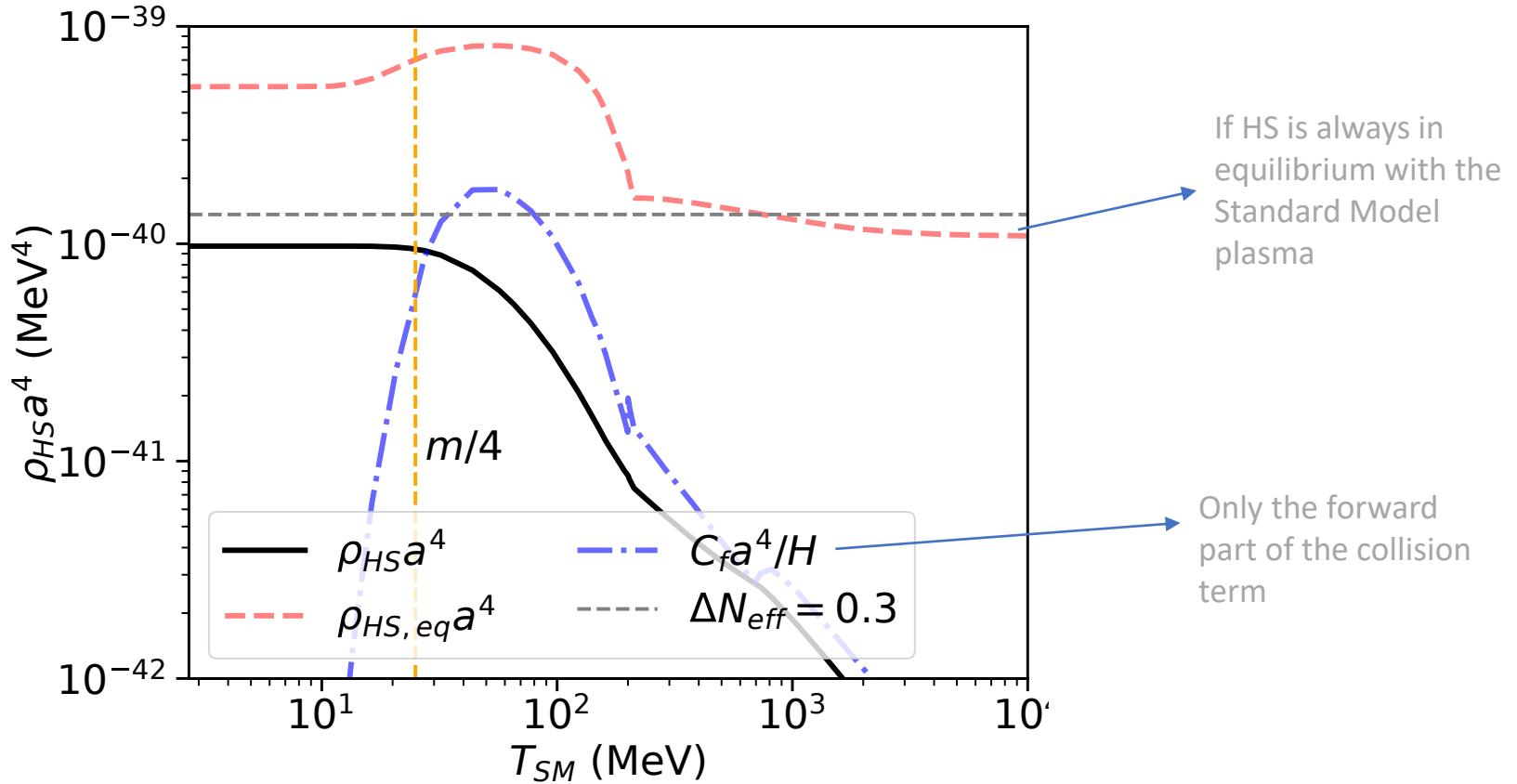
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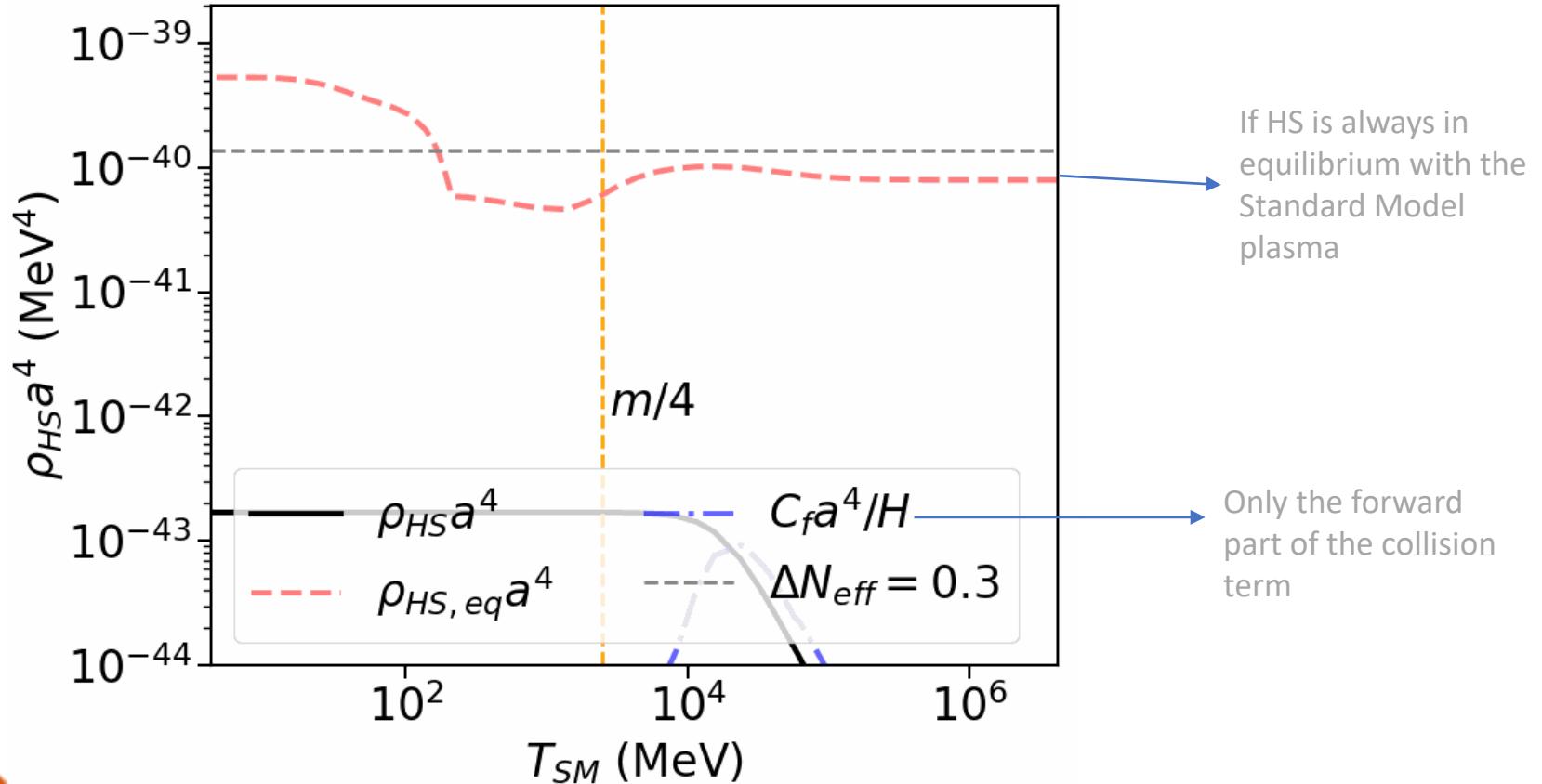
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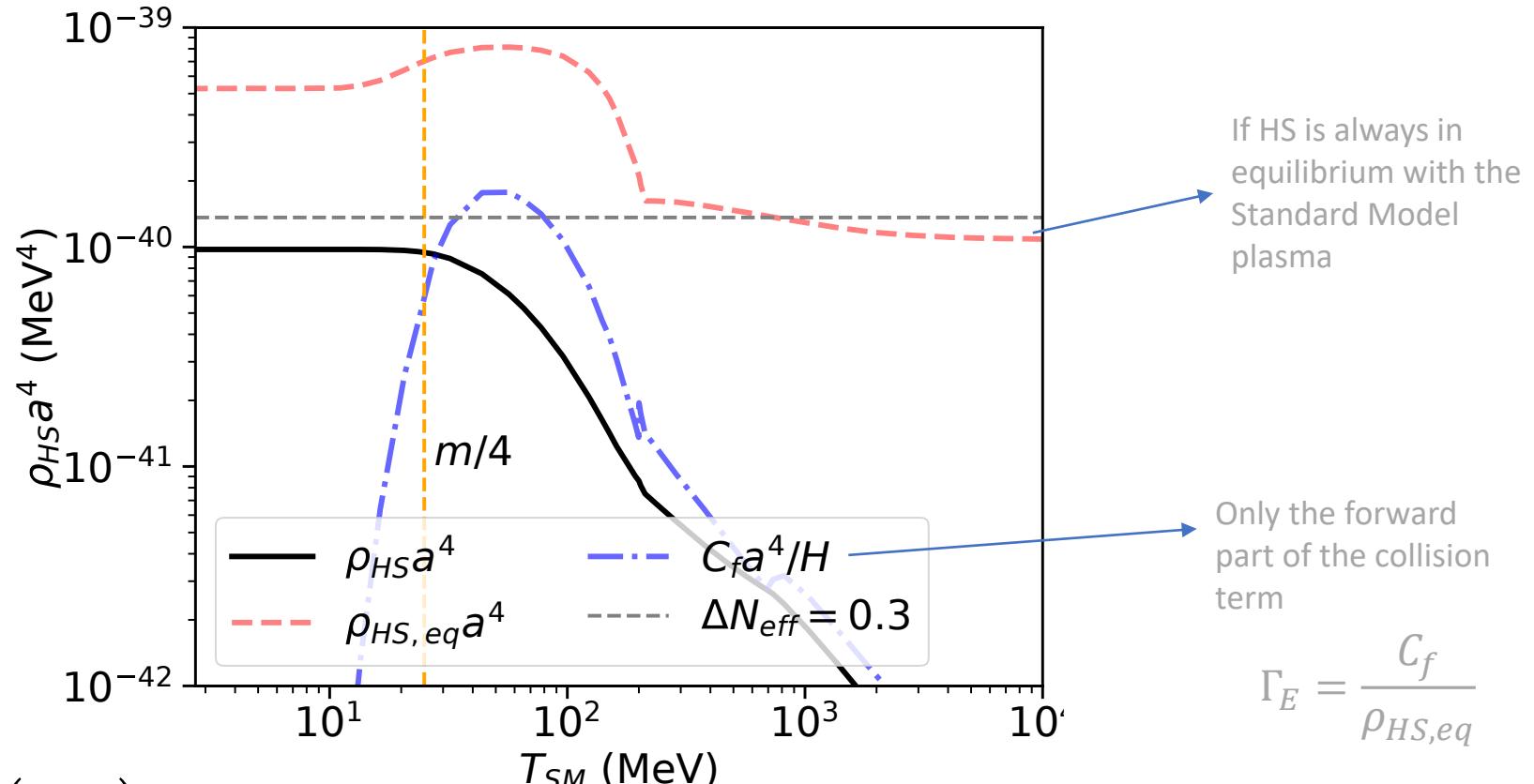
# Physics behind dark radiation production: Plots!



# Physics behind dark radiation production: GIF!



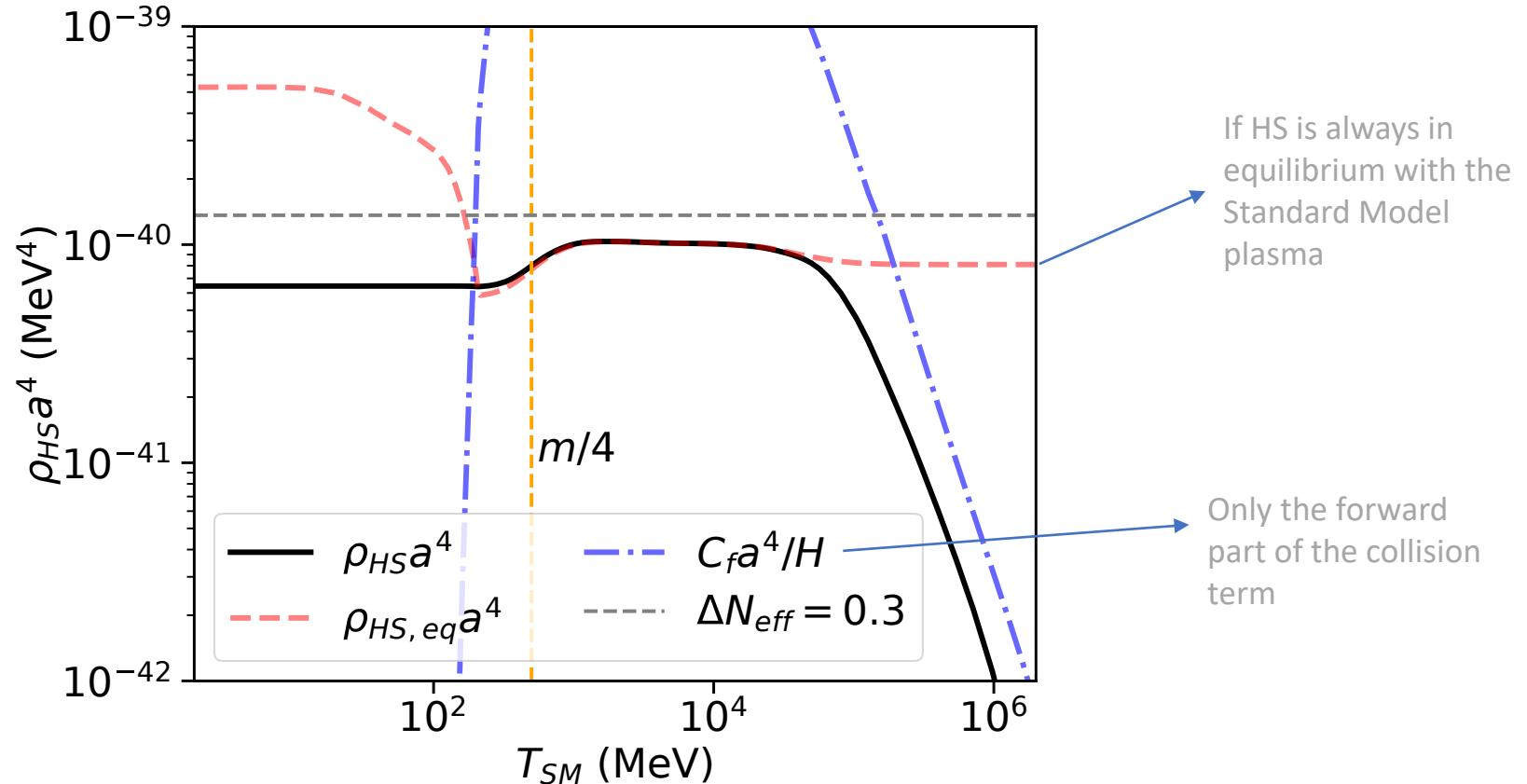
# Physics behind dark radiation production: Out-of-equilibrium $\rho_{\text{DR}}$ proportional to portal coupling



$$\Gamma_E = \frac{C_f}{\rho_{HS, eq}}$$

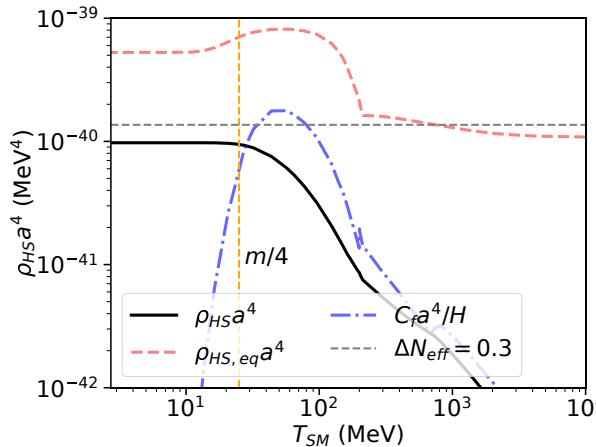
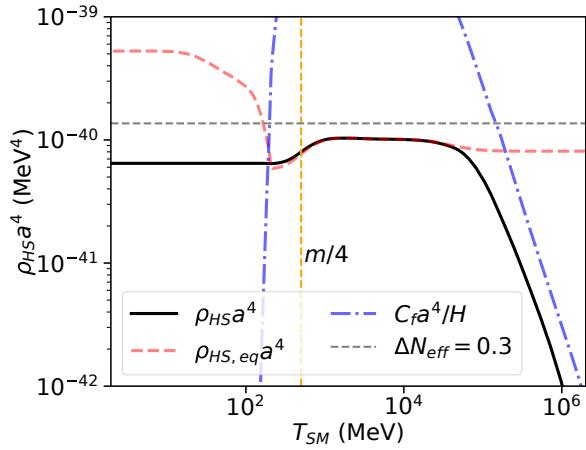
$$\frac{\rho_{HS}}{\rho_{SM}} \sim \left(\frac{\Gamma_E}{H}\right)_{T_{SM} \sim \frac{m}{4}} \propto Q^2 \left(\frac{M_{\text{Pl}}}{m/4}\right)$$

# Physics behind dark radiation production: Thermalized $\rho_{\text{DR}}$ insensitive to portal coupling

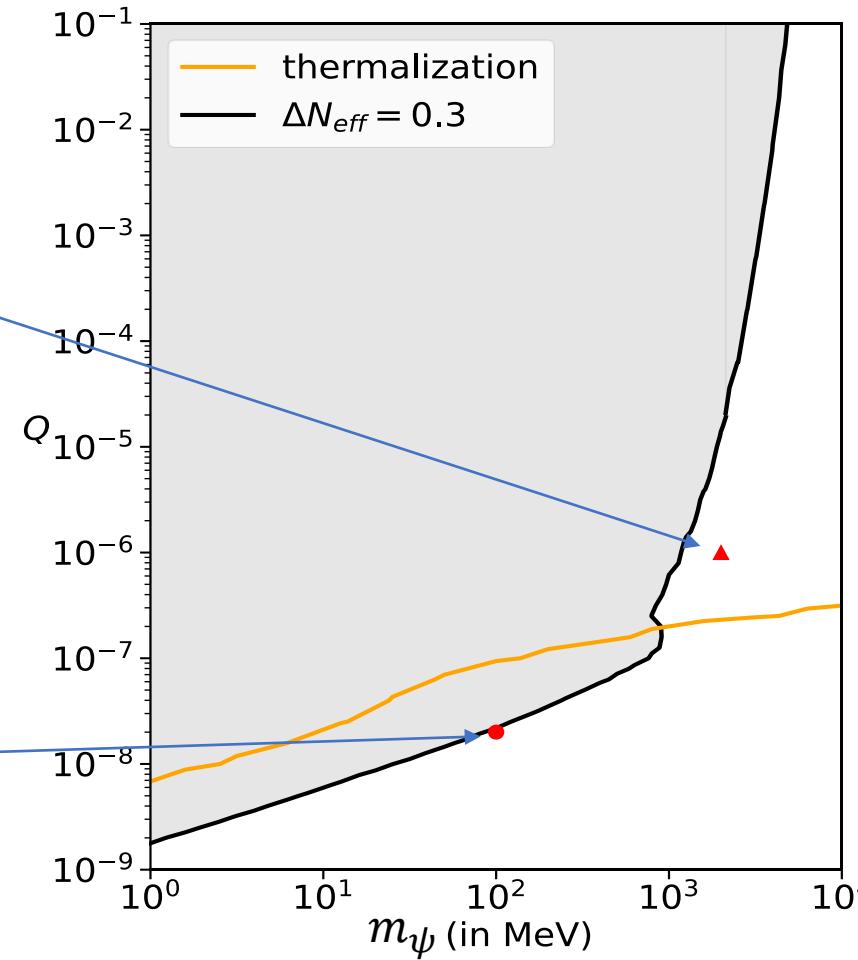
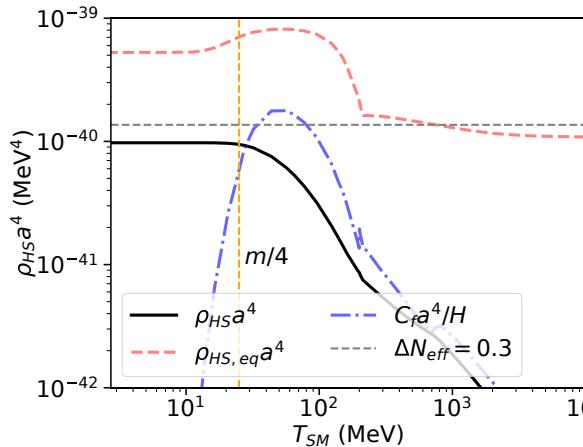
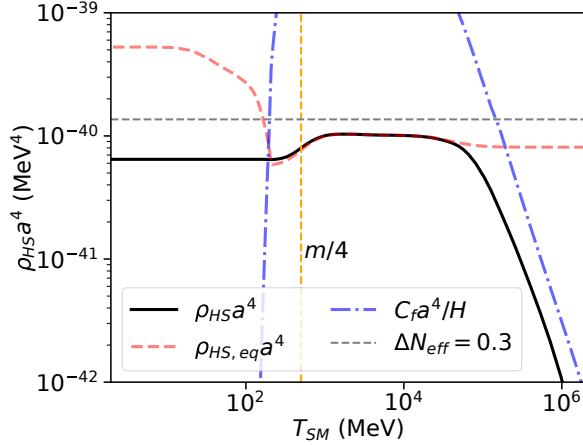


$$\frac{\rho_{HS}}{\rho_{SM}} \propto \frac{g_{HS}}{g_{*SM}(T_d)} \quad \text{Degrees of freedom}$$

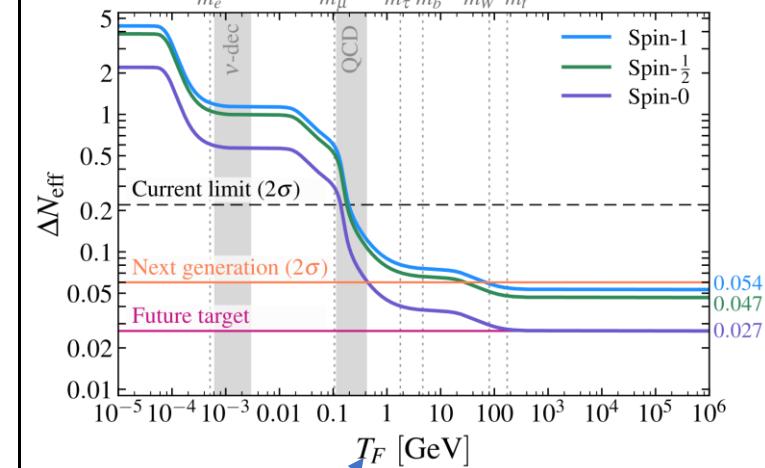
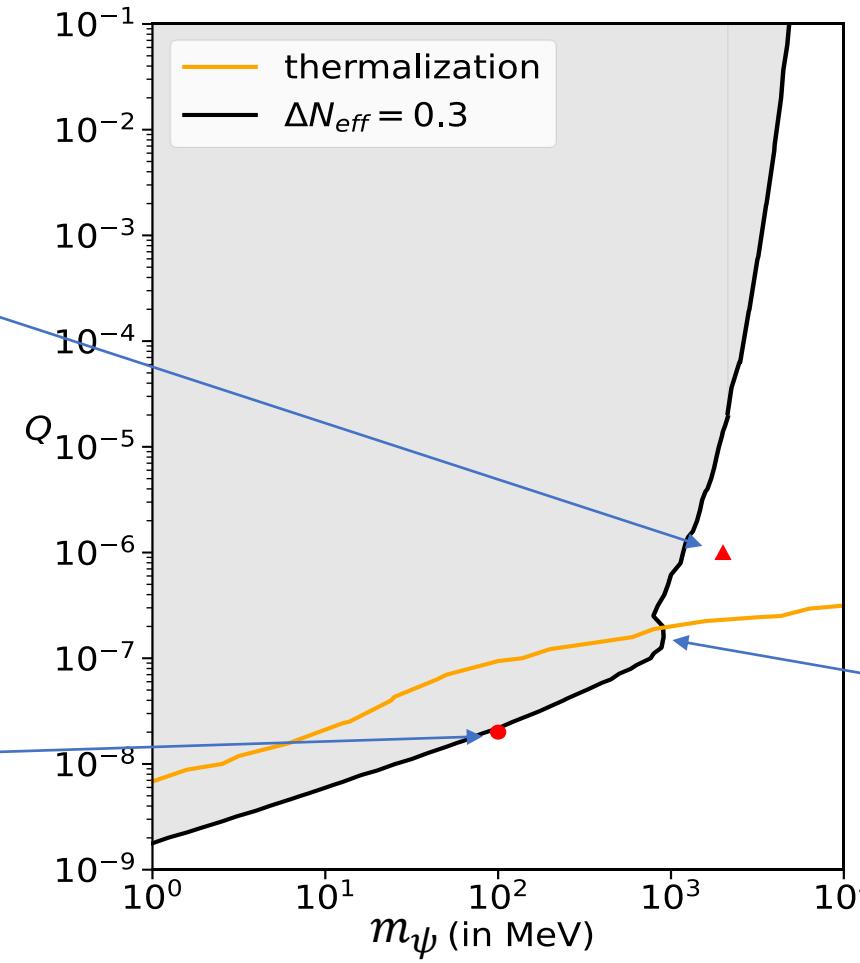
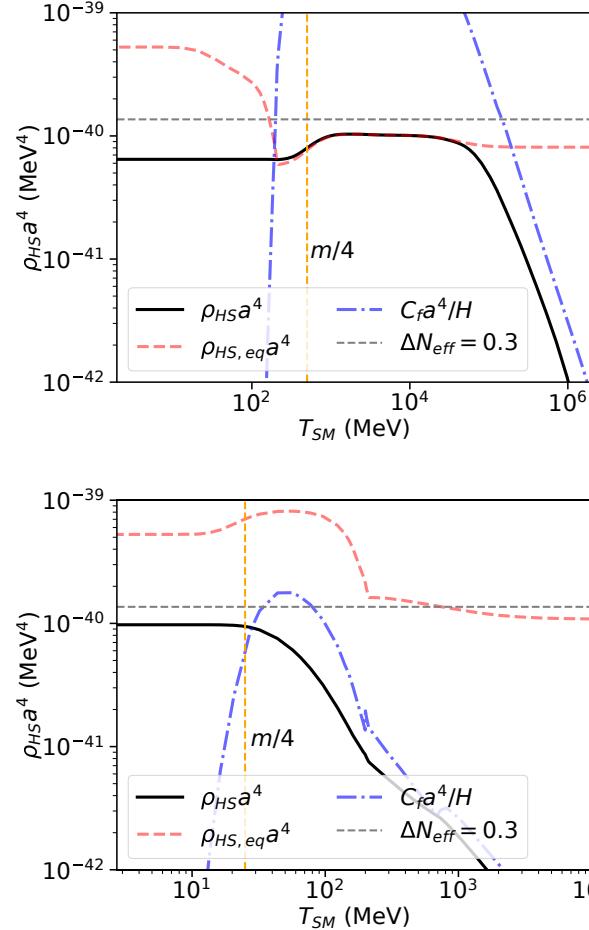
# Physics behind dark radiation production: Translating to constraints



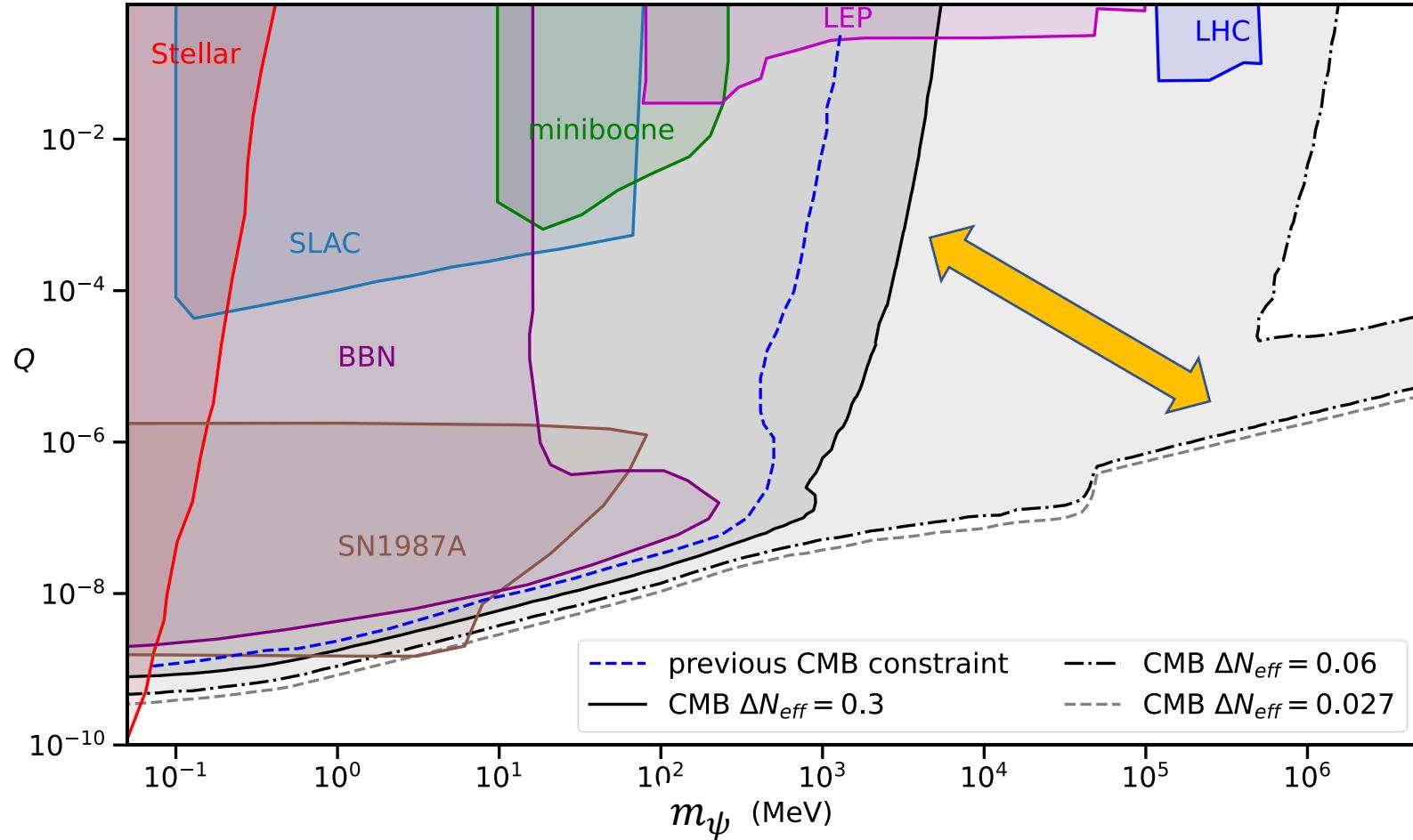
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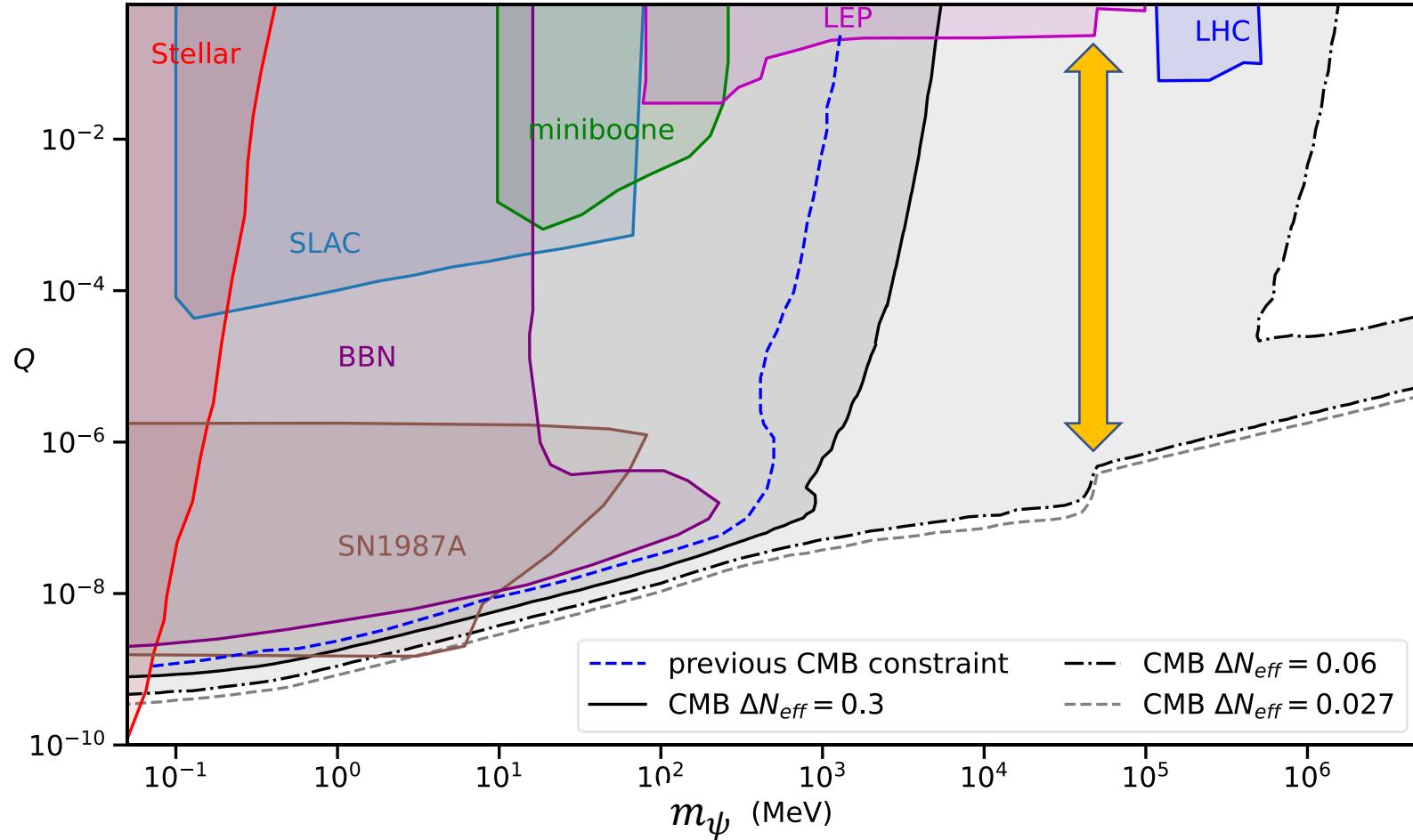
# Physics behind dark radiation production : Most relevant when thermally decoupled



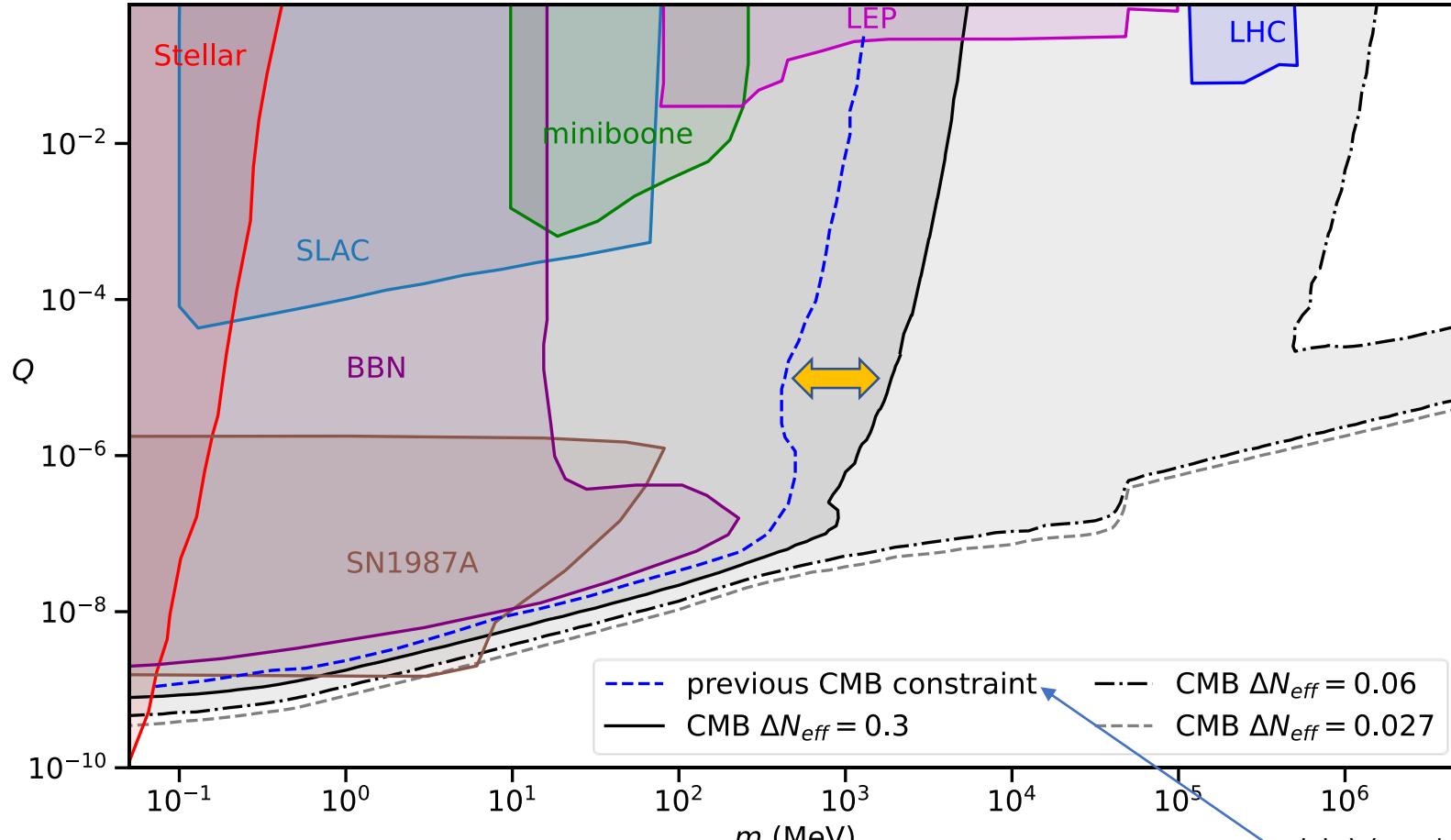
# Comparing Neff constraints: Future constraint will extend to much larger parameter space



# Comparing Neff constraints: Dominant for $M_\psi > 0.1$ MeV

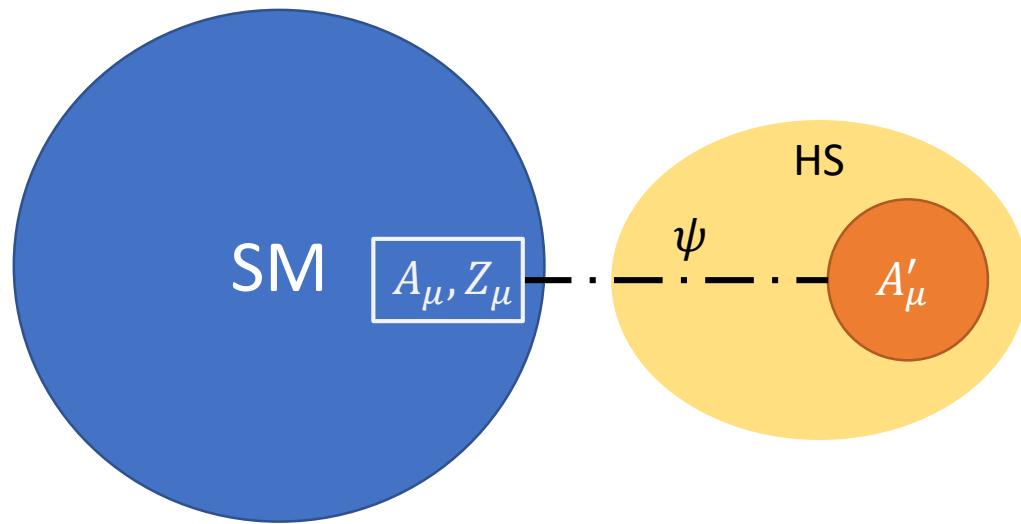


# Comparing Neff constraints: Updating previous constraint

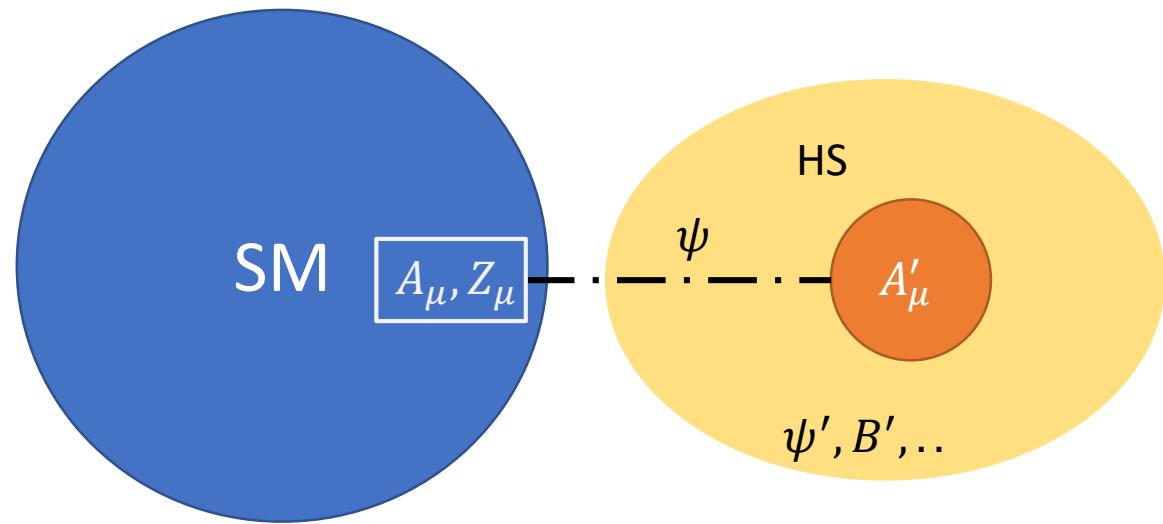


H. Vogel and J. Redondo, JCAP 02  
(2014) 029.

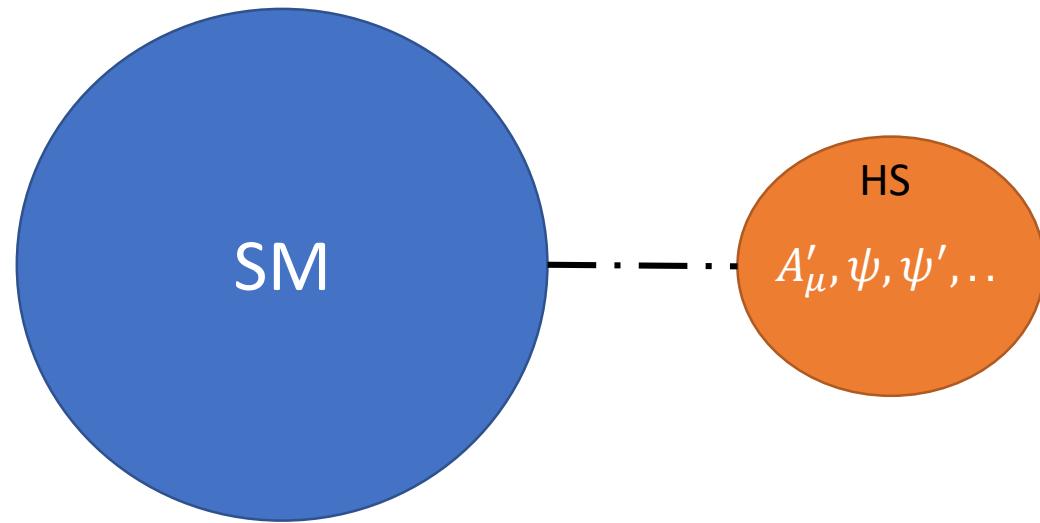
# Extending to general hidden sector



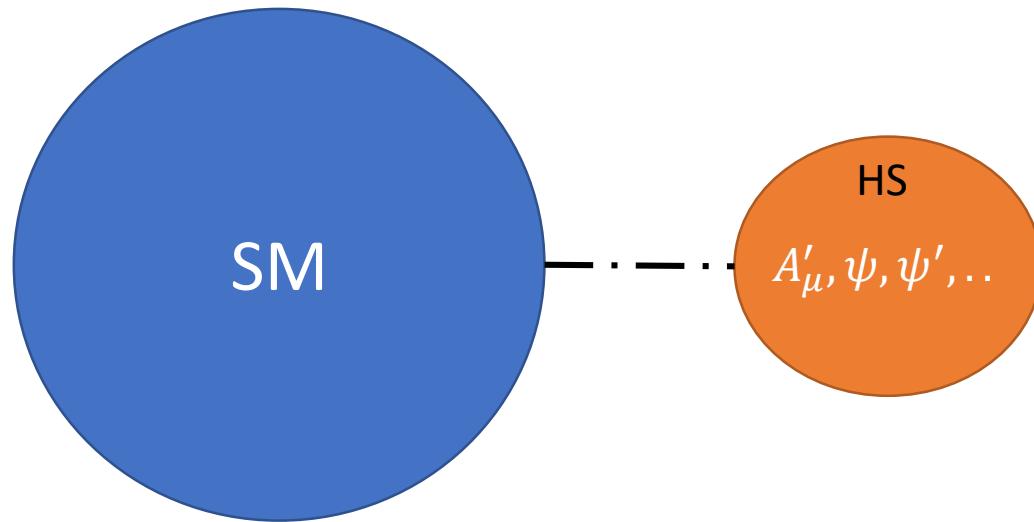
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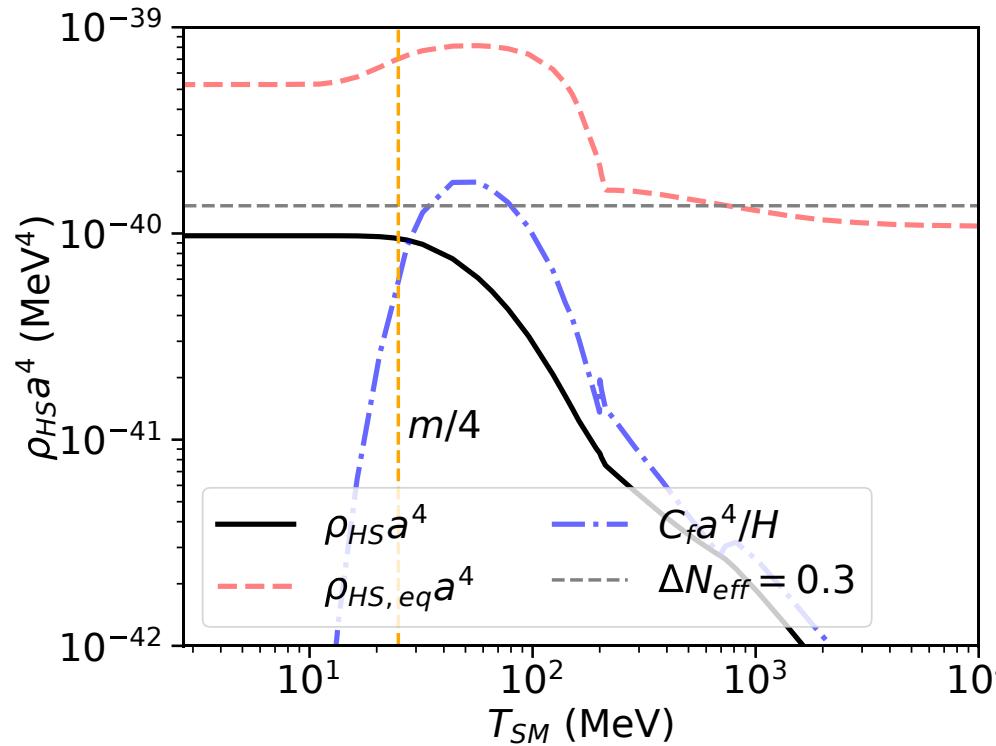
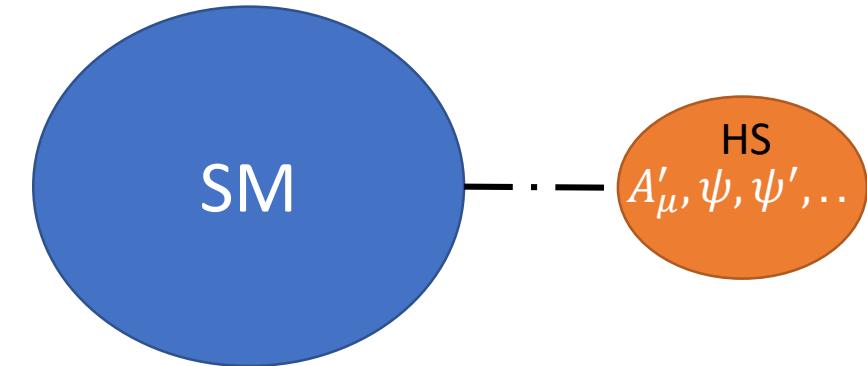


# Extending to general hidden sector

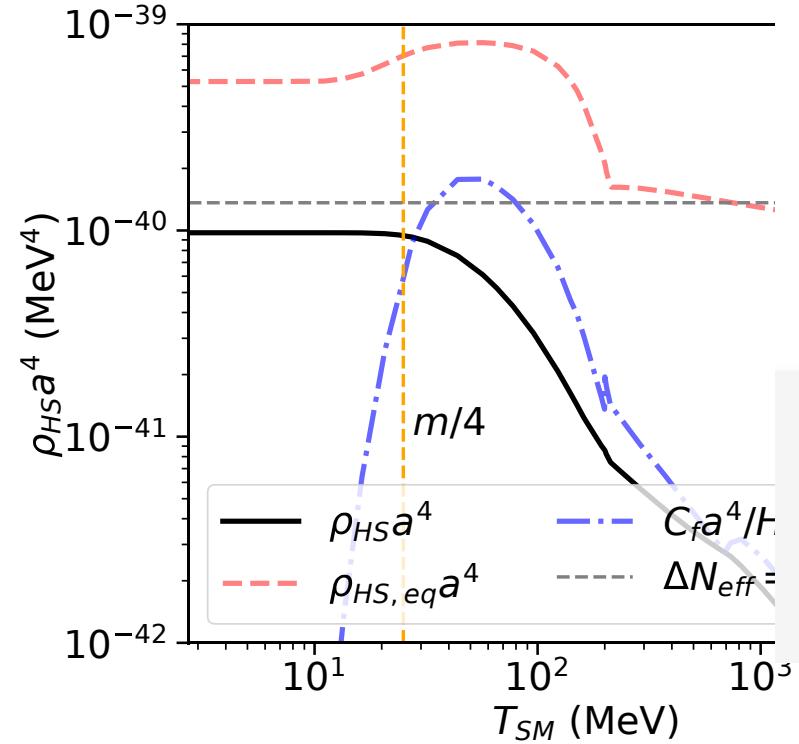
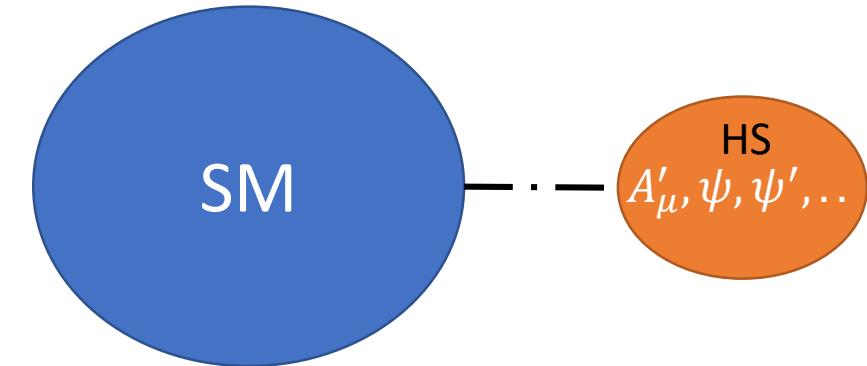


One can calculate a conservative Neff constraint on the millicharge interaction that is independent of details of hidden sector.

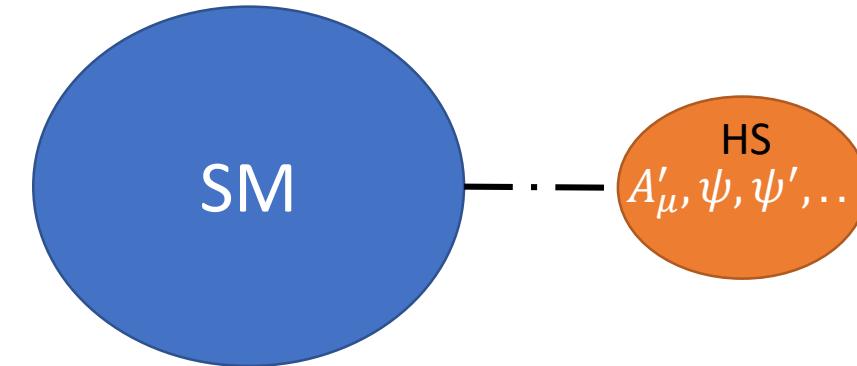
# Minimum leaked energy independent of details within HS



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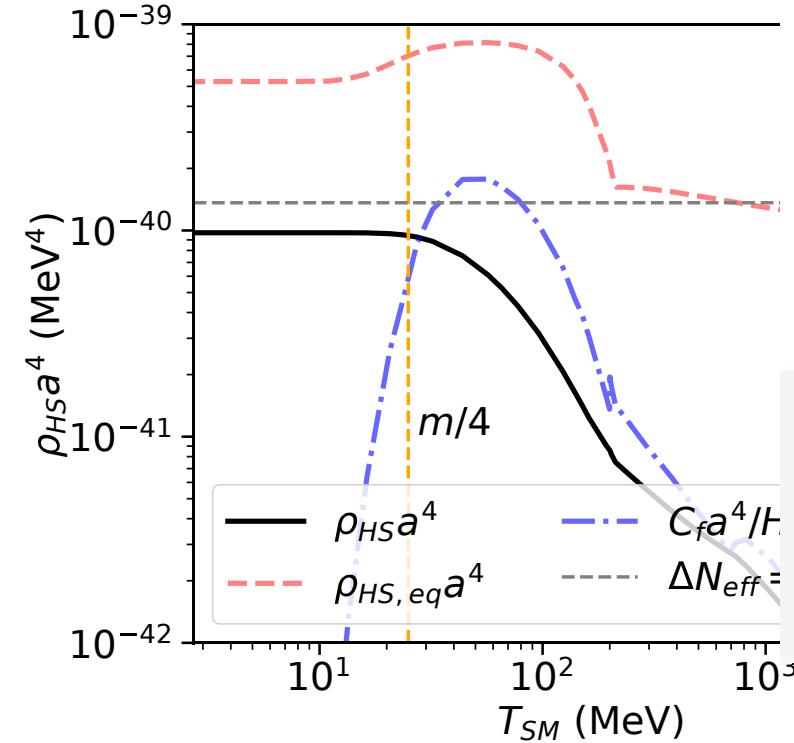
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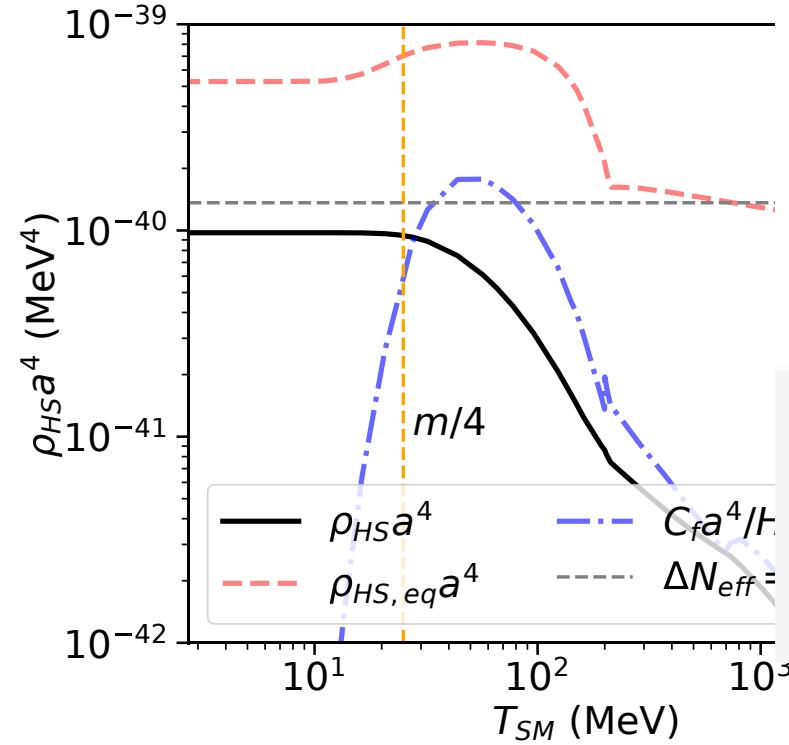
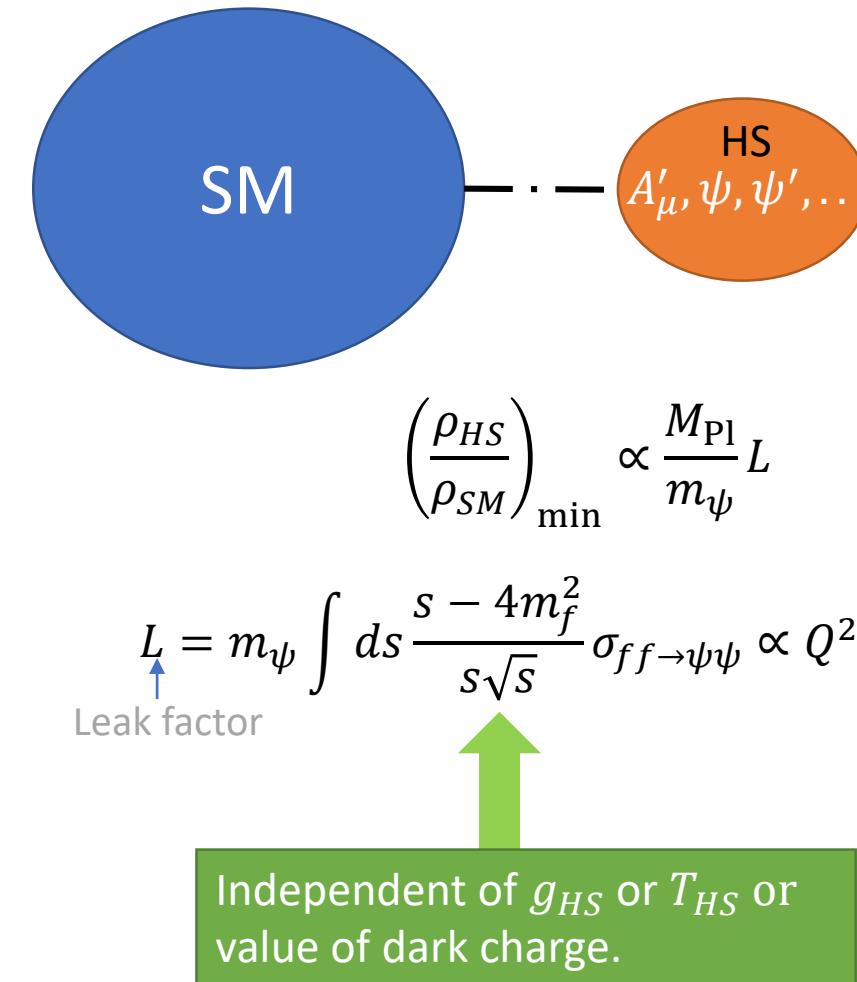
$$\left(\frac{\rho_{HS}}{\rho_{SM}}\right)_{\min} \propto \frac{M_{Pl}}{m_\psi} L$$

$$L = m_\psi \int ds \frac{s - 4m_f^2}{s\sqrt{s}} \sigma_{ff \rightarrow \psi\psi} \propto Q^2$$

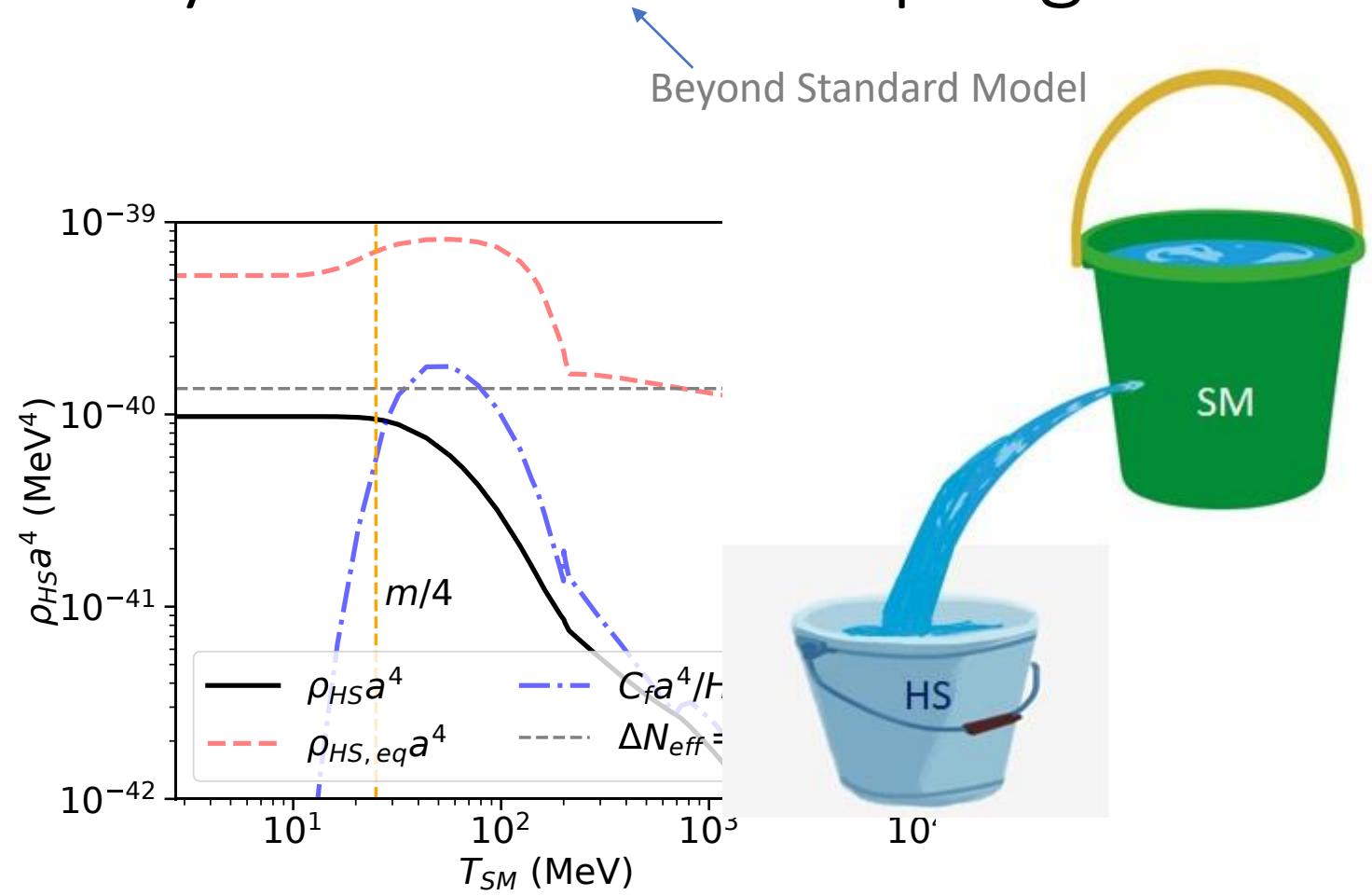
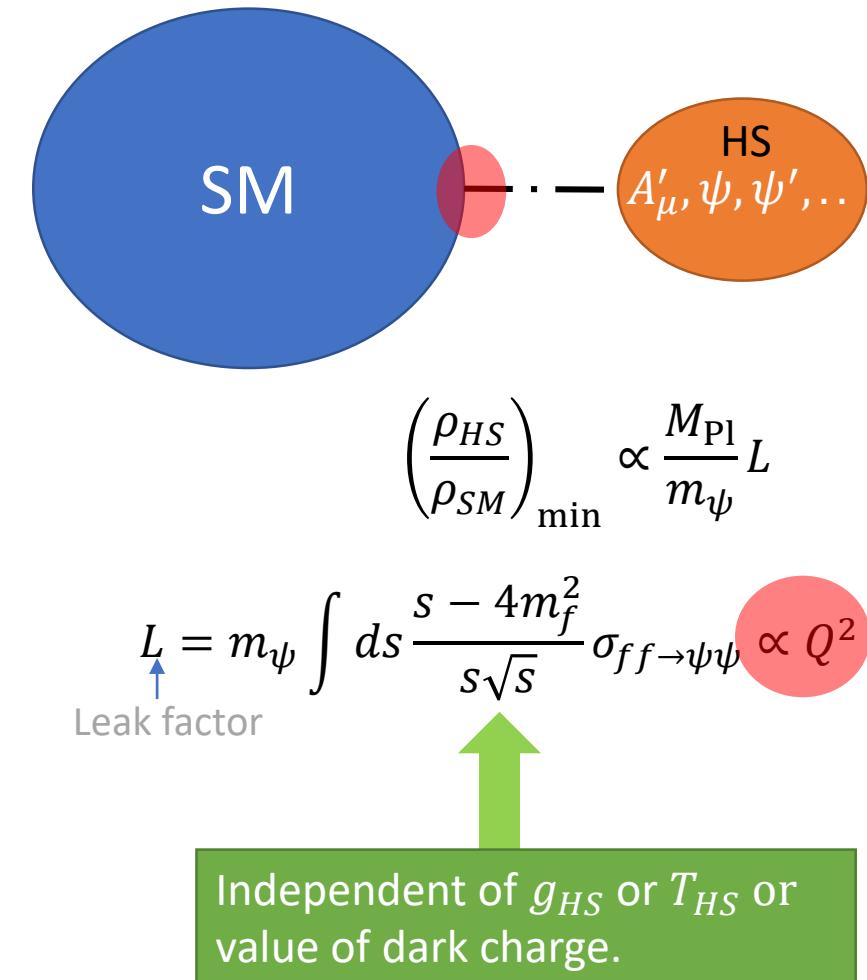
↑  
Leak factor



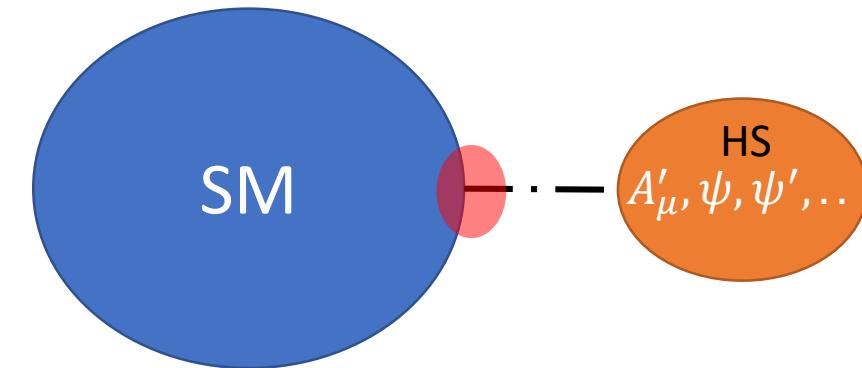
# Minimum leaked energy independent of details within HS



Minimum leaked energy independent of details within HS: Depends only on one BSM coupling



# Minimum leaked energy independent of details within HS: Conservative constraint on BSM coupling

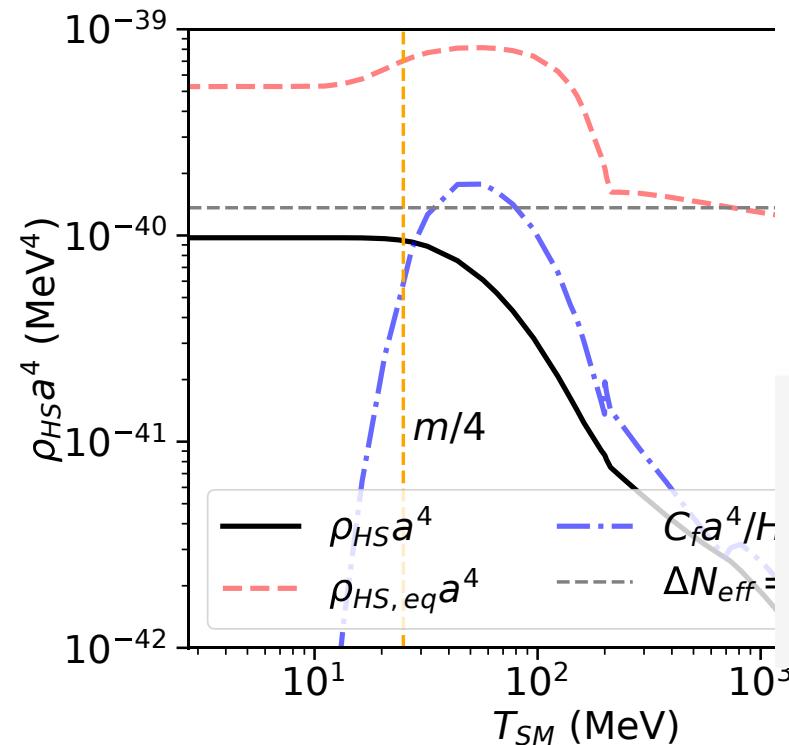


$$\left(\frac{\rho_{HS}}{\rho_{SM}}\right)_{\min} \propto \frac{M_{Pl}}{m_\psi} L$$

$$L = m_\psi \int ds \frac{s - 4m_f^2}{s\sqrt{s}} \sigma_{ff \rightarrow \psi\psi} \propto Q^2$$

Leak factor

Independent of  $g_{HS}$  or  $T_{HS}$  or value of dark charge.

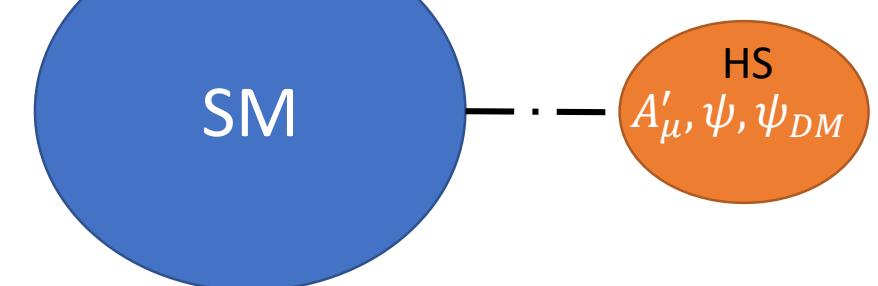
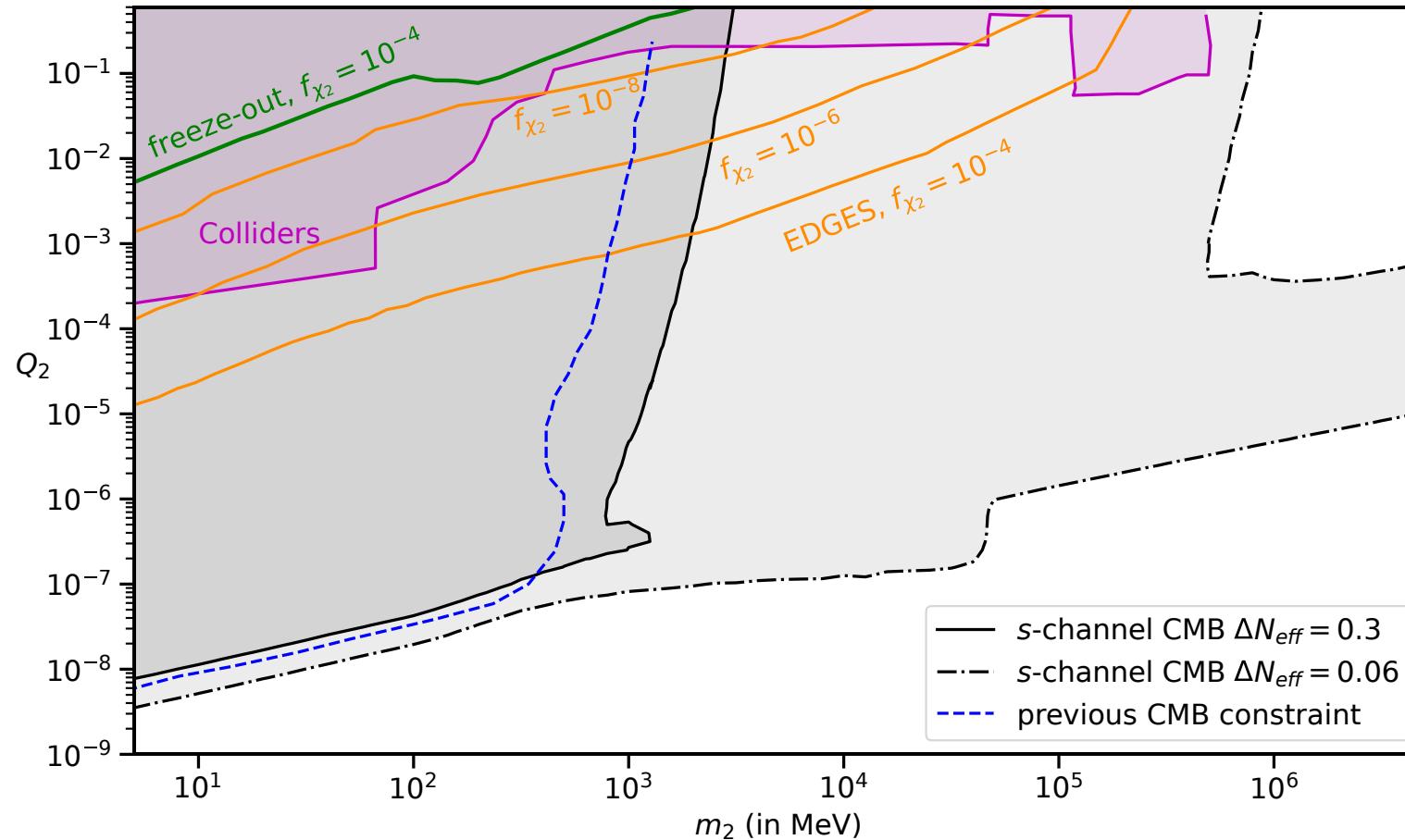


$$L < g_*^{3/4}(m) g_*^{1/3} \left(\frac{m}{4}\right) \frac{m/4}{M_{Pl}} (\Delta N_{eff})_{\max}$$

Beyond Standard Model



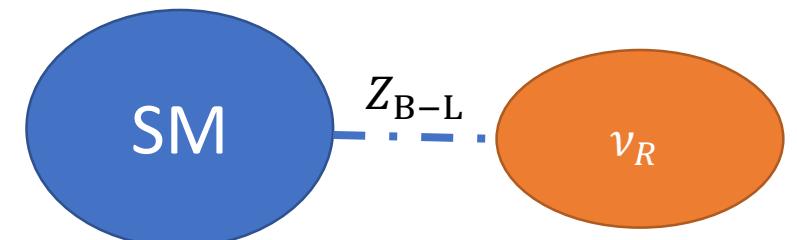
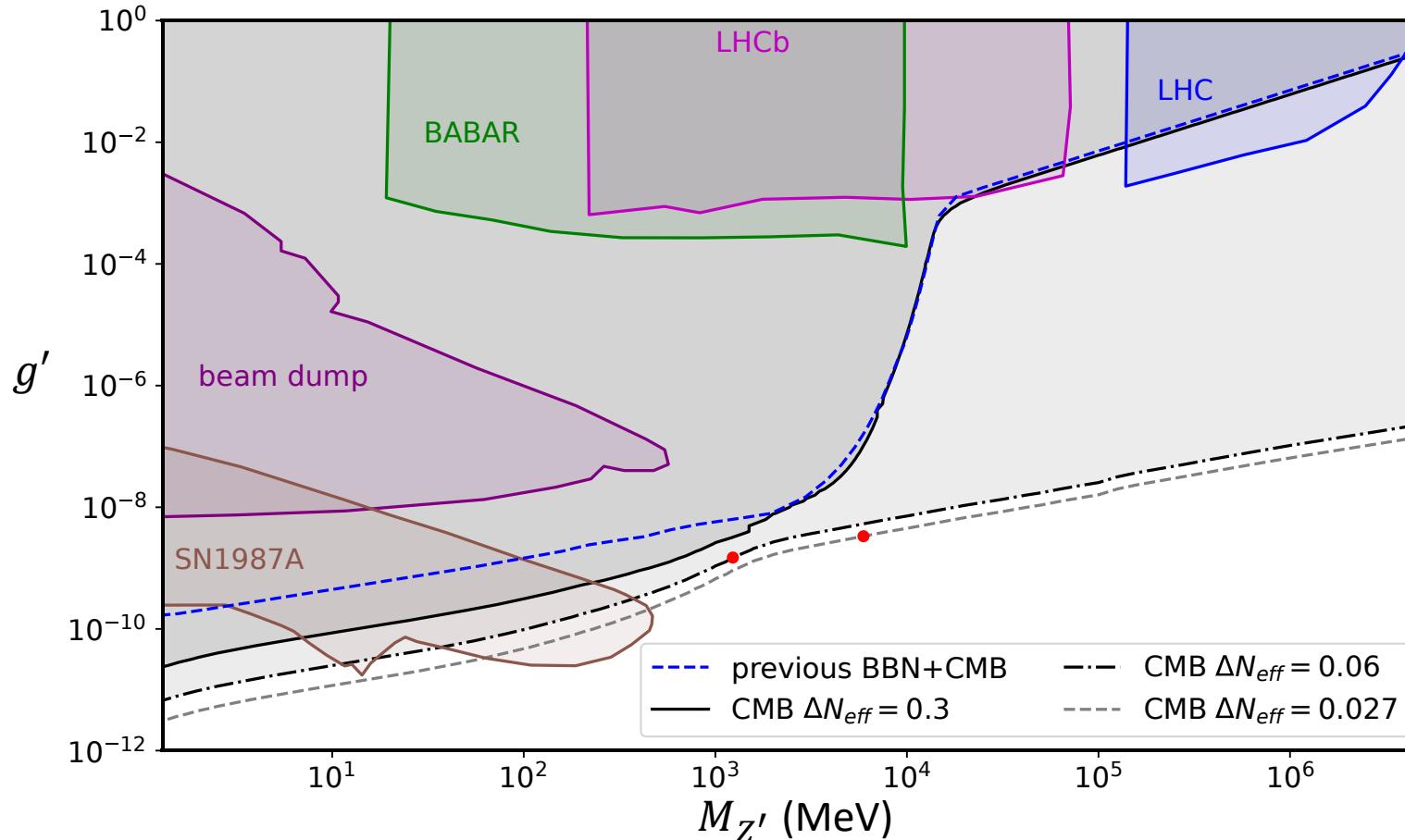
# Neff constraints applicable for wide class of hidden sectors: Application to EDGES



H. Liu, N. J. Outmezguine, D. Redigolo, and T. Volansky, Phys. Rev. D 100 no. 12, (2019) 123011.

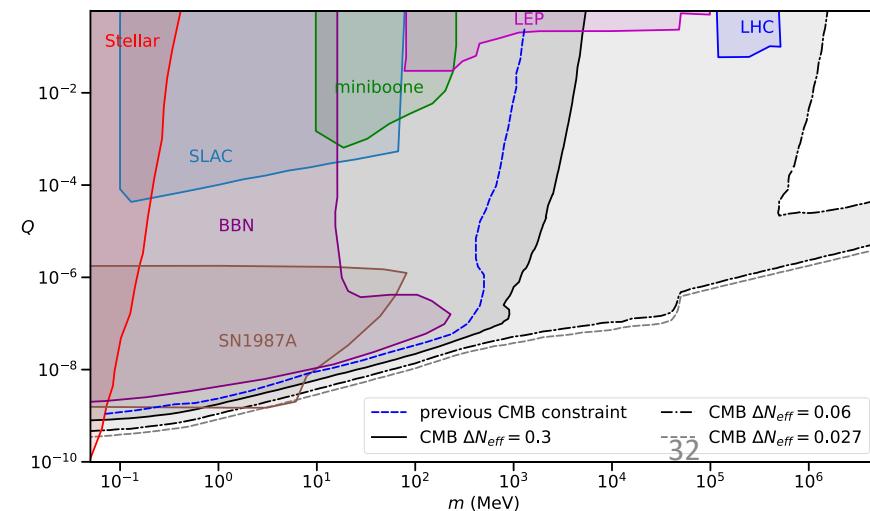
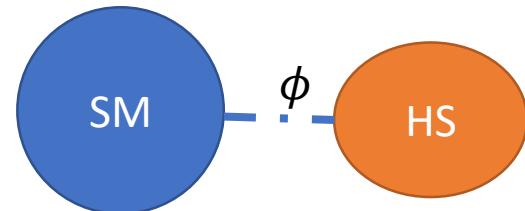
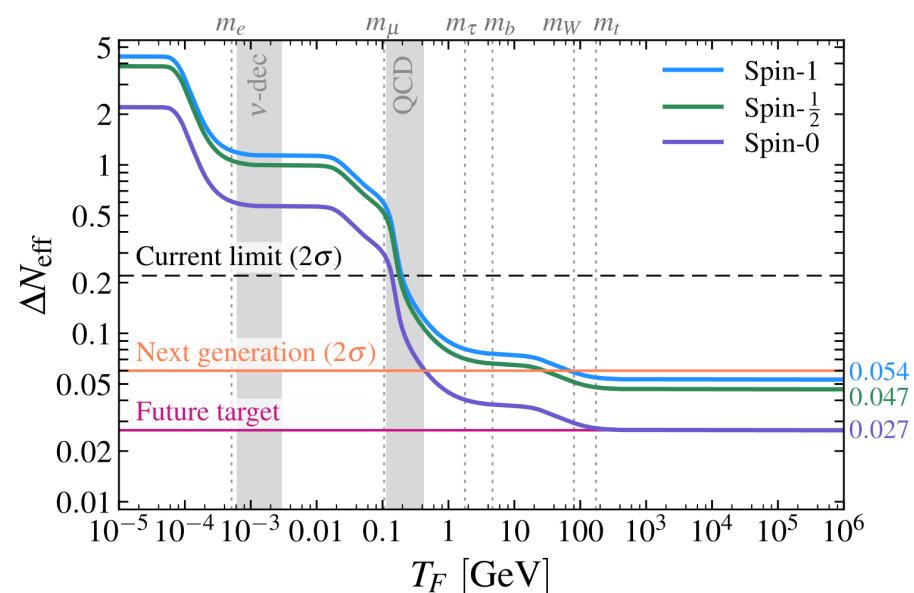
# Neff constraints applicable for wide class of hidden sectors: B-L model

$$L_{int} \supset -\frac{1}{4} F'_{\mu\nu} F^{\mu\nu'} + g' Z'_\mu J_{B-L,SM}^\mu - g' Z'_\mu \sum_i \bar{\nu}_{R,i} \gamma^\mu \nu_{R,i} + \frac{1}{2} M_{Z'}^2 Z'^\mu Z'_\mu$$



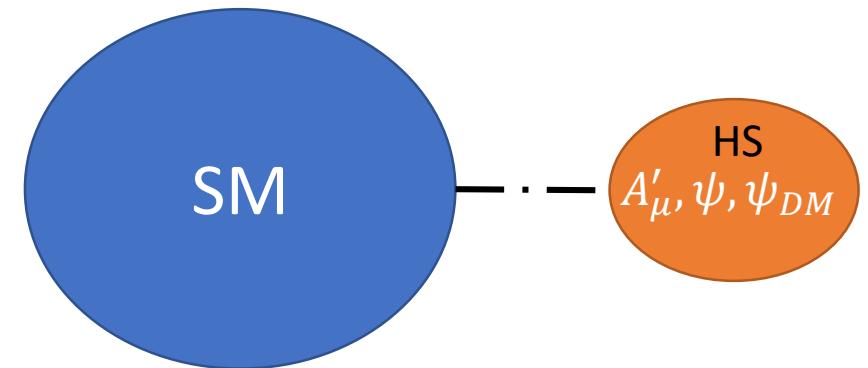
# Summary

- With improving  $N_{\text{eff}}$  measurements, we should interpret them as constraints on portal interactions with out-of-equilibrium sectors
- $N_{\text{eff}}$  constraints on out-of-equilibrium particles are:
  - Most relevant for portal interactions mediated by a particle heavier than 0.1 MeV
  - Orders of magnitude stronger than collider experiments
  - Constraints largely independent of internal hidden sector model
- Simple way to calculate:  $L < g_*^{3/4}(4\Lambda) g_*^{1/3}(\Lambda) \frac{\Lambda}{M_{\text{Pl}}} (\Delta N_{\text{eff}})_{\text{max}}$



# Backup slides

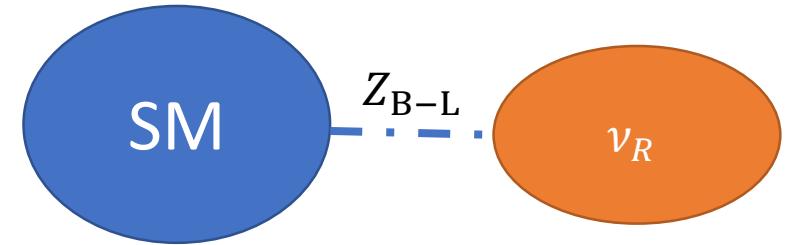
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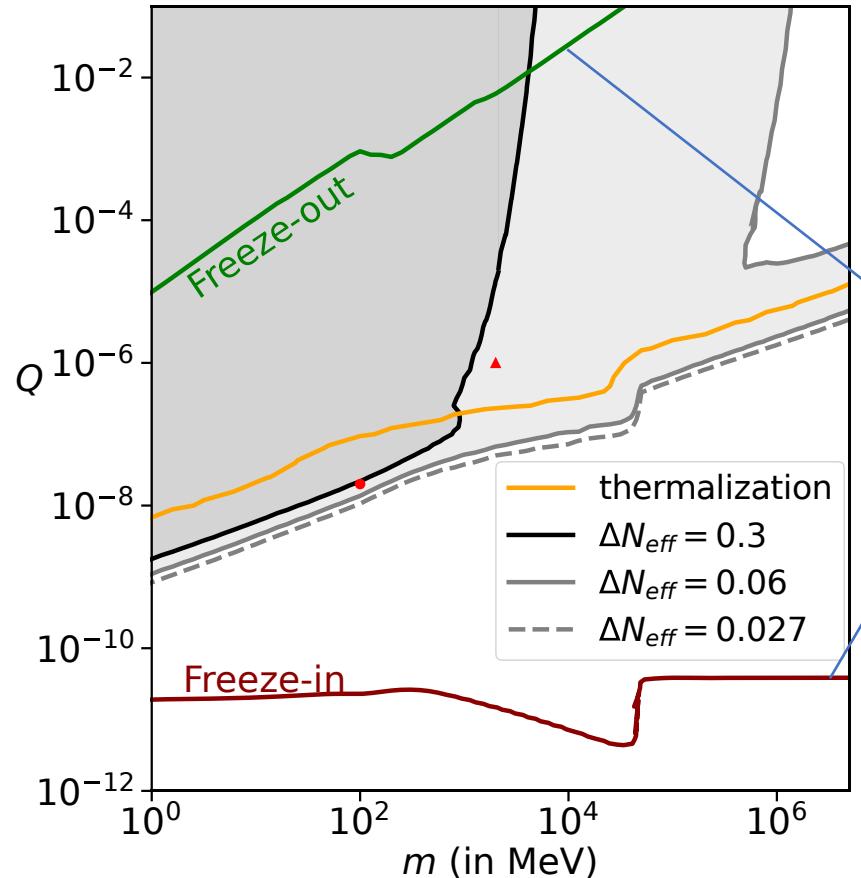
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# Millicharged particles must dominantly annihilate into dark photons



Millicharged particle abundance= dark matter abundance  
Assuming negligible interaction with dark photon