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## Light Dirac neutrino portal dark matter with observable $\Delta N_{\text{eff}}$

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We propose a Dirac neutrino portal dark matter scenario by minimally extending the particle content of the Standard Model (SM) with three right-handed neutrinos ( $\nu_R$ ), a Dirac fermion dark matter candidate ( $\psi$ ) and a complex scalar ( $\phi$ ), all of which are singlets under the SM gauge group. An additional  $\mathbb{Z}_4$  symmetry has been introduced for the stability of dark matter candidate  $\psi$  and also ensuring the Dirac nature of light neutrinos at the same time. Both the right-handed neutrinos and the dark matter thermalise with the SM plasma due to a new Yukawa interaction involving  $\nu_R$ ,  $\psi$  and  $\phi$  while the latter maintains thermal contact via the Higgs portal interaction. The decoupling of  $\nu_R$  occurs when  $\phi$  loses its kinetic equilibrium with the SM plasma and thereafter all three  $\mathbb{Z}_4$  charged particles form an equilibrium among themselves with a temperature  $T_{\nu_R}$ . The dark matter candidate  $\psi$  finally freezes out within the dark sector and preserves its relic abundance. We have found that in the present scenario, some portion of low mass dark matter ( $M_\psi \leq 10$  GeV) is already excluded by the Planck 2018 data for keeping  $\nu_{RS}$  in the thermal bath below a temperature of 600 MeV and thereby producing an excess contribution to  $N_{\text{eff}}$ . The next generation experiments like CMB-S4, SPT-3G etc. will have the required sensitivities to probe the entire model parameter space of this minimal scenario, especially the low mass range of  $\psi$  where direct detection experiments are still not capable enough for detection.

### Session

Astroparticle Physics and Cosmology

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