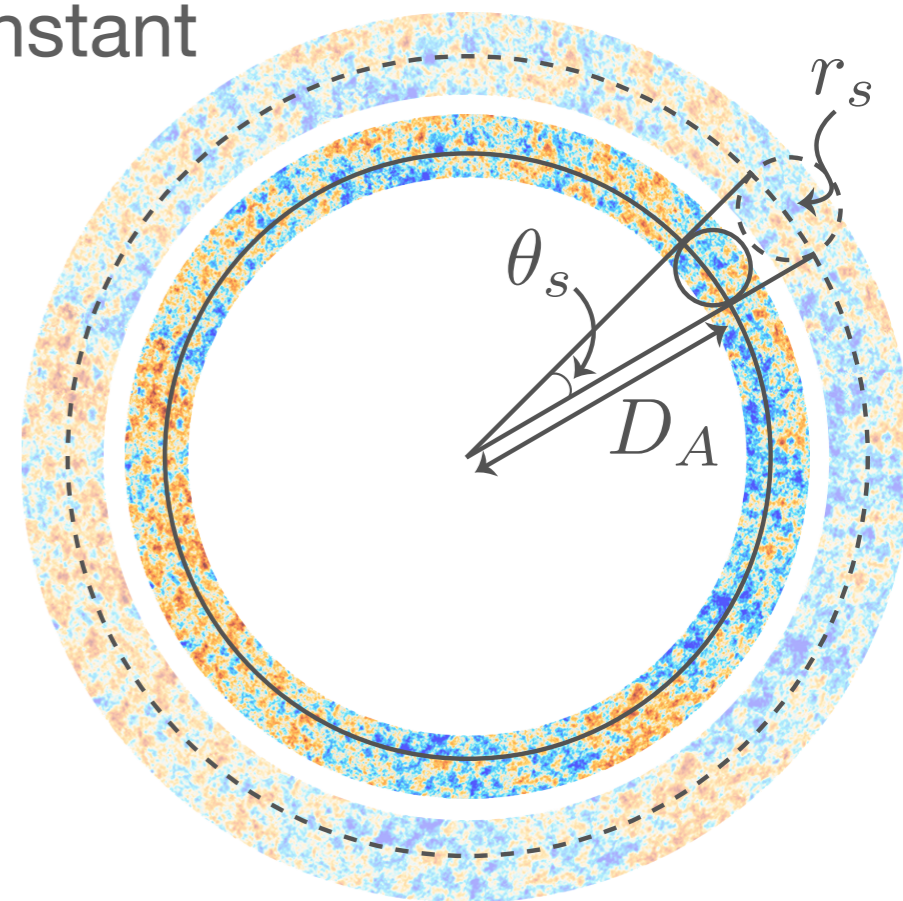


# Pre-recombination resolutions to the Hubble tension

- Angular structure of the CMB must remain  $\simeq$  constant

$$r_s(z_{\text{rec}}) = \int_{z_{\text{rec}}}^{\infty} \frac{c_s(z)}{H(z)} dz$$

$$\theta_s = \frac{r_s(z_{\text{rec}})}{D_A(z_{\text{rec}})} \sim \frac{c_s(z_{\text{rec}})/H(z_{\text{rec}})}{F(\Omega_m)/H_0} = \frac{H_0}{H(z_{\text{rec}})} \frac{c_s(z_{\text{rec}})}{F(\Omega_m)}$$



- If  $H(z_{\text{rec}})$  increases then Silk damping angular scale must increase

$$\theta_D \sim \frac{H_0}{\sqrt{\dot{\tau}(z_{\text{rec}})H(z_{\text{rec}})}} \quad \longrightarrow \quad \delta\theta_D/\theta_D \sim \sqrt{H_0/H_0^{\Lambda\text{CDM}}}$$

“Damping starts at larger scales”

$n_s$  also generically increases

*See Poulin, TLS, and Karwal 2302.09032*

# Stop calling it the Hubble tension!

*Aylor++ 1811.00537*

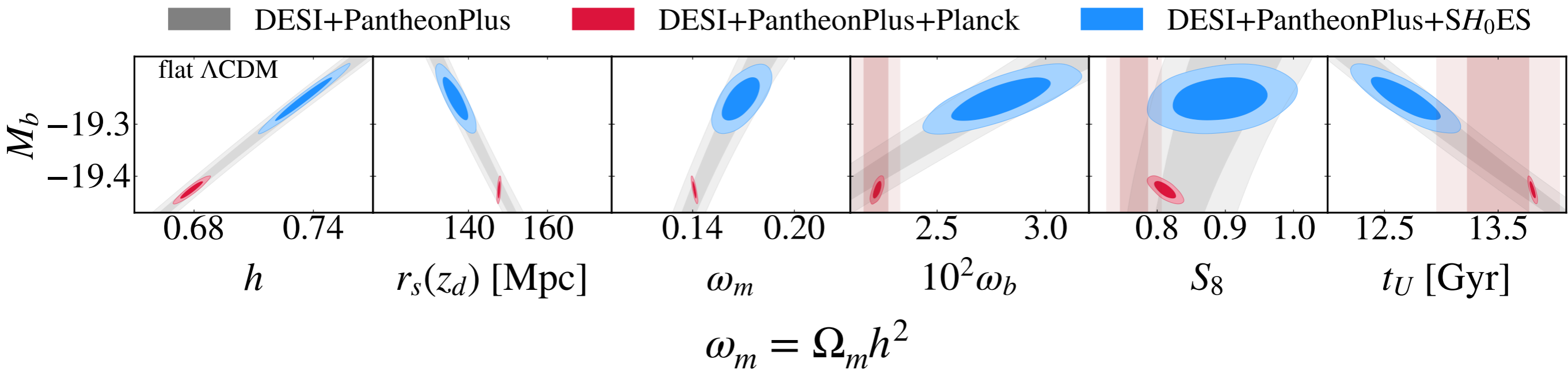
*Knox and Millea 1908.03663*

*Bernal, Verde++ 2102.05066*

*Poulin, TLS++ 2407.18292*

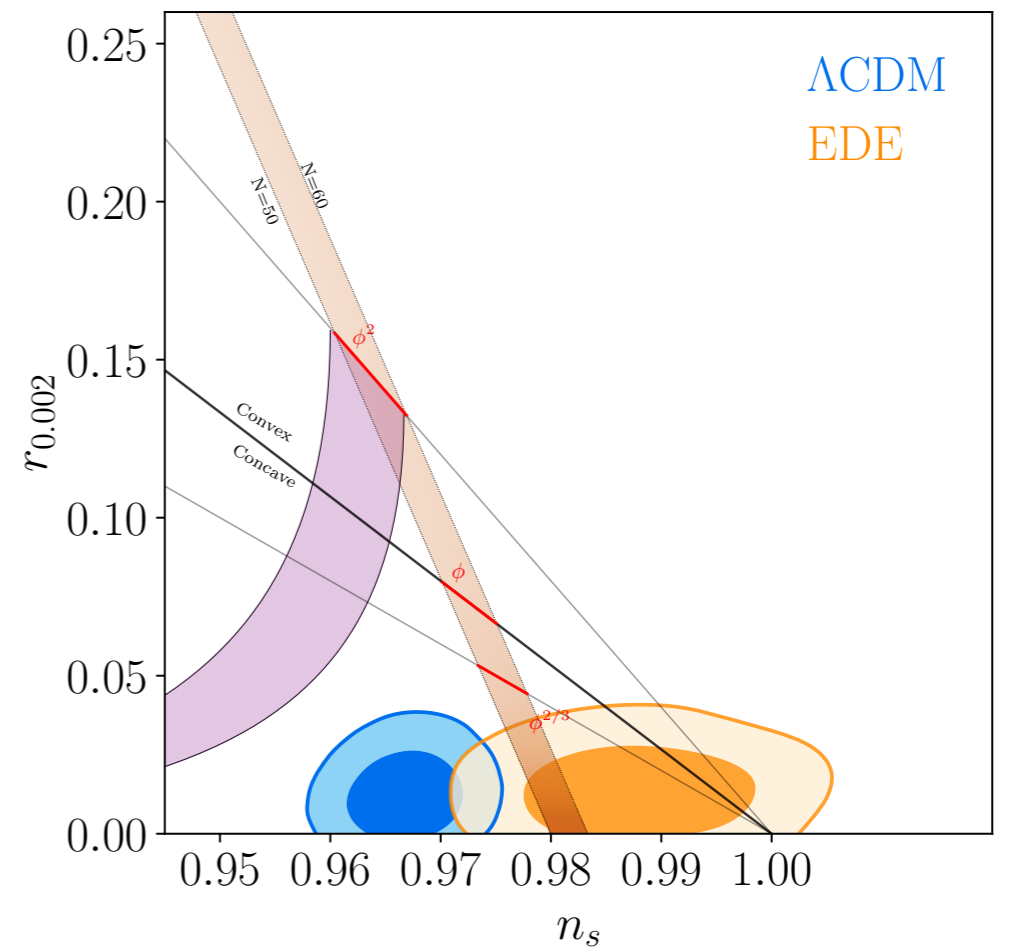
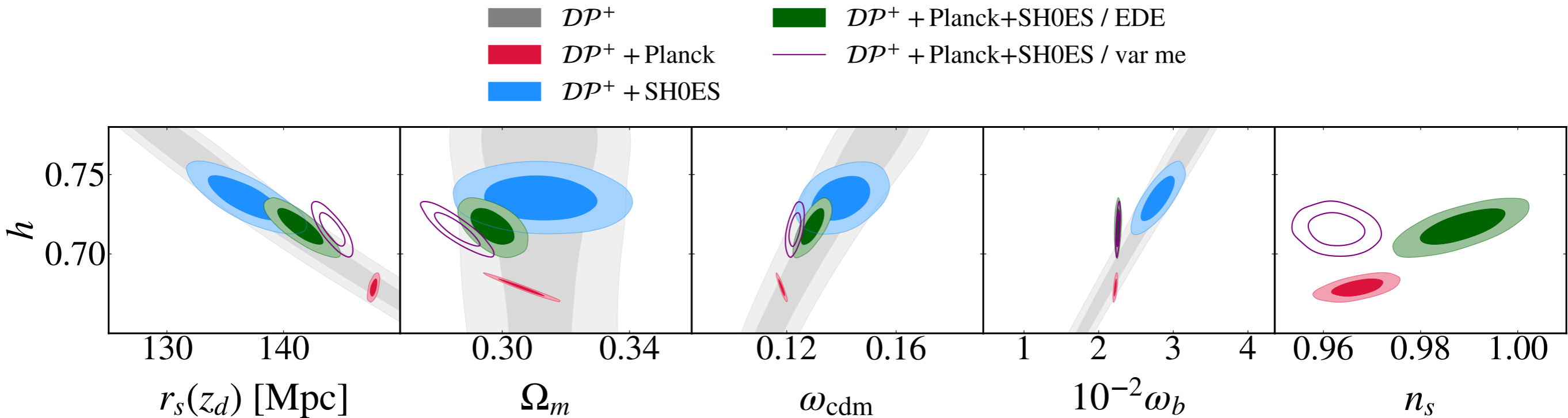
*Pedrotti++ 2408.04530*

In this paper we called it the “cosmic calibration tension”



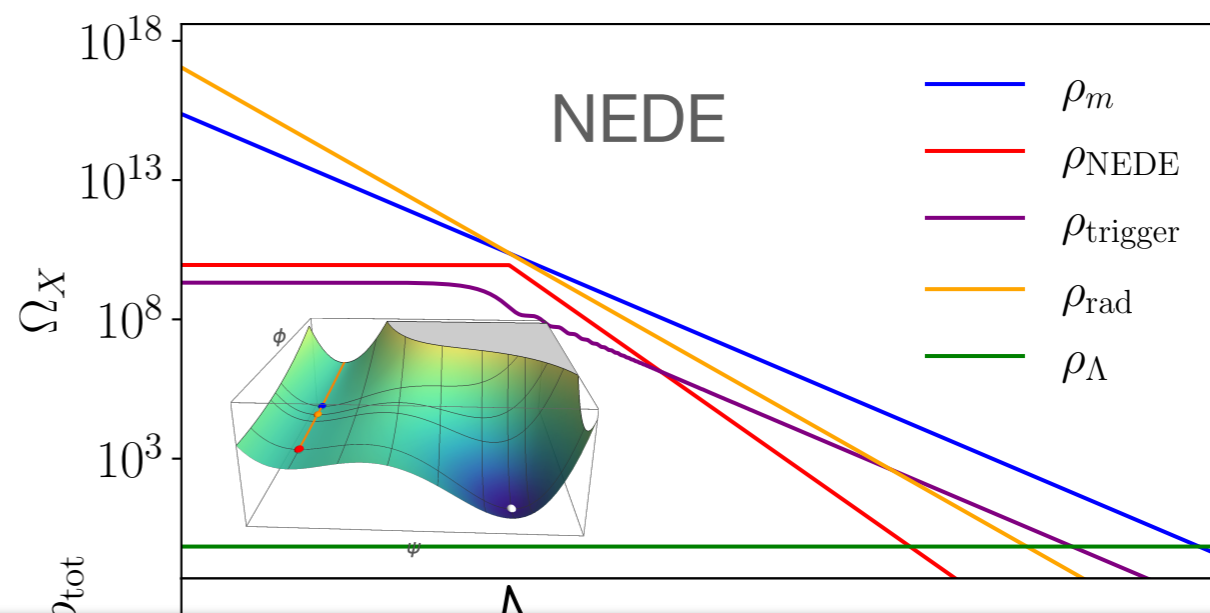
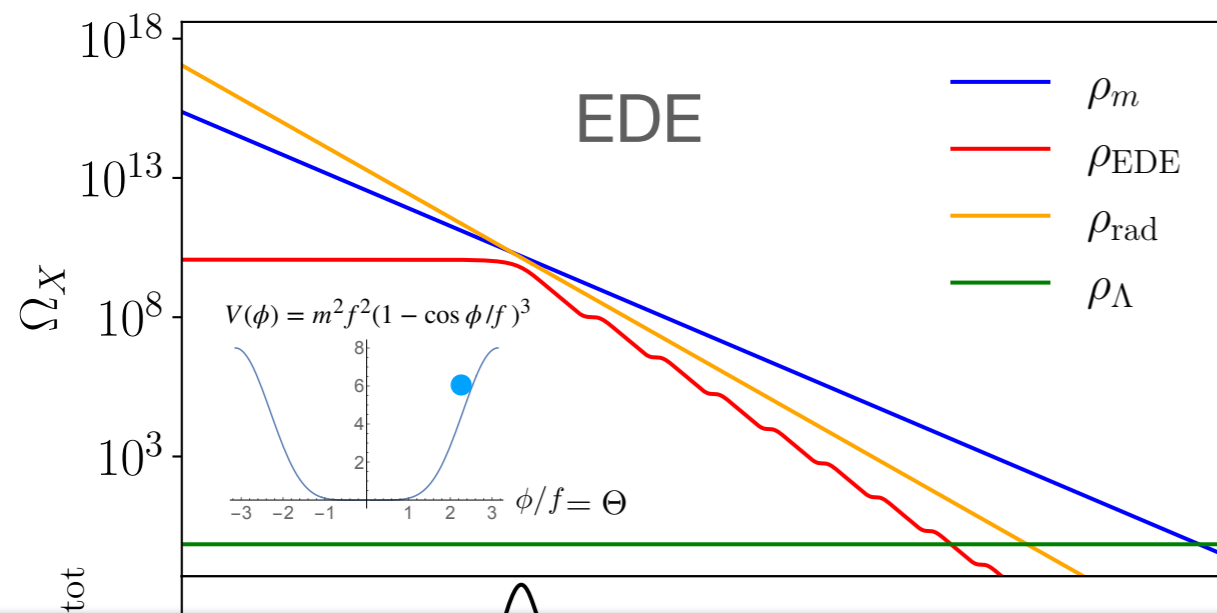
# Stop calling it the Hubble tension!

See Poulin, TLS++ 2407.18292

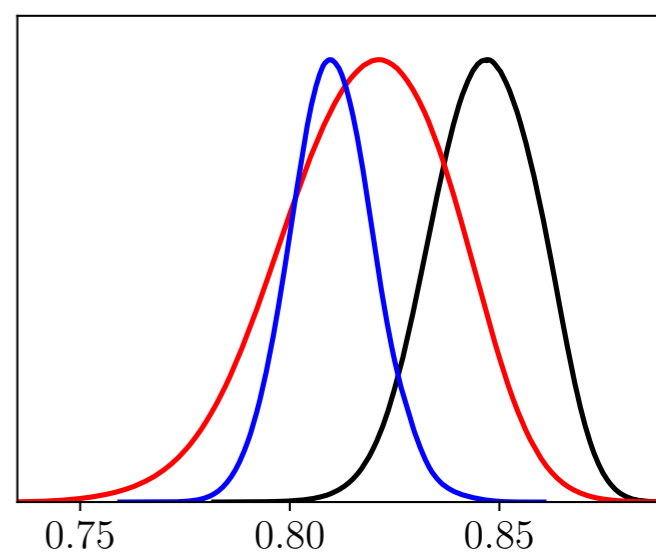
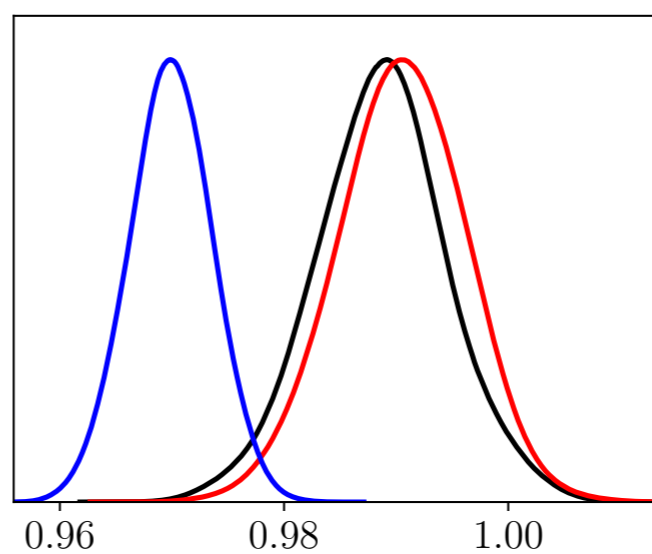
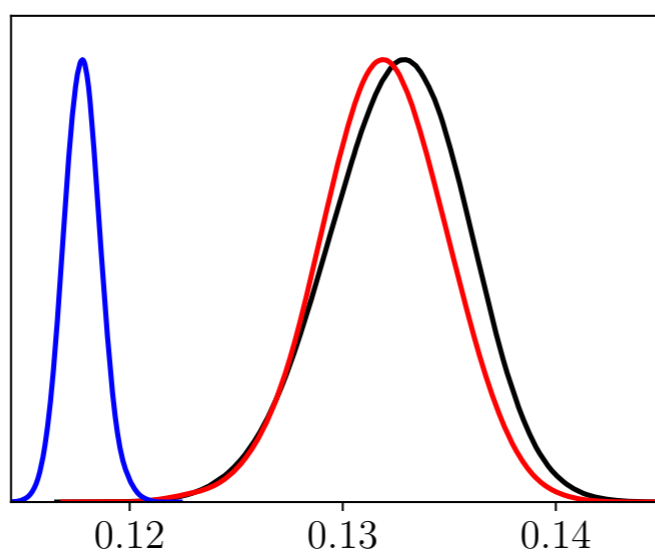
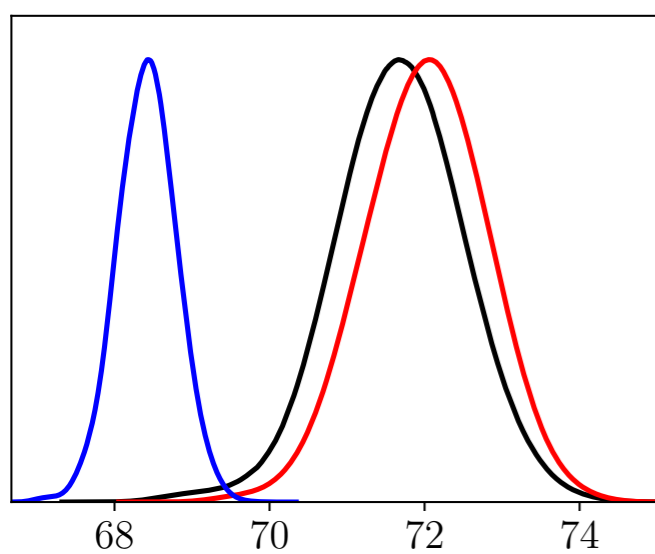


# Two case studies: axion-like EDE and 'new' EDE

- Axion-like EDE is a cosmological scalar field initially fixed by Hubble friction which then oscillates
- 'New' EDE is a field in a false vacuum which undergoes a phase transition



— EDE    — NEDE    —  $\Lambda$ CDM



$H_0$

$\omega_{\text{cdm}}$

$n_s$

$S_8$



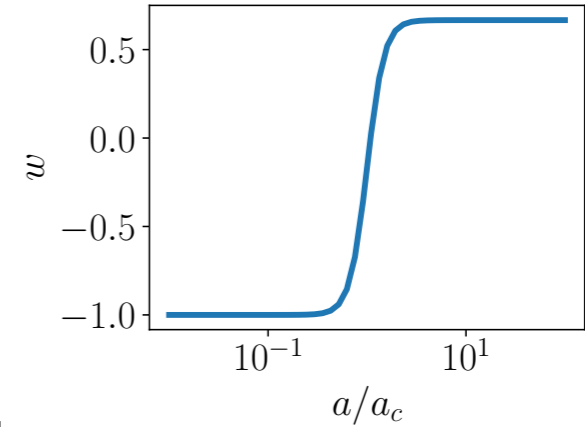
# What we learn from a fluid model

Lin++ 1905.12618

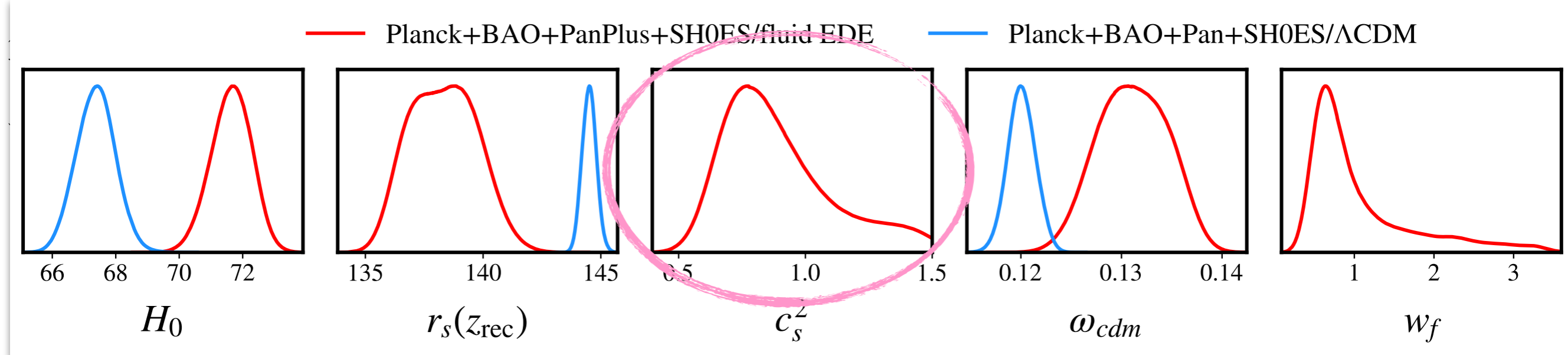
Poulin, TLS, Karwal 2302.09032

$$\rho_{\text{EDE}}(a) = \rho_{\text{EDE},0} e^{3 \int_a^1 [1+w_{\text{EDE}}(a)] da/a}$$

$$w_{\text{EDE}}(a) = \frac{1 + w_f}{1 + (a_c/a)^{3(1+w_f)}} - 1$$



**Perturbations are important!**

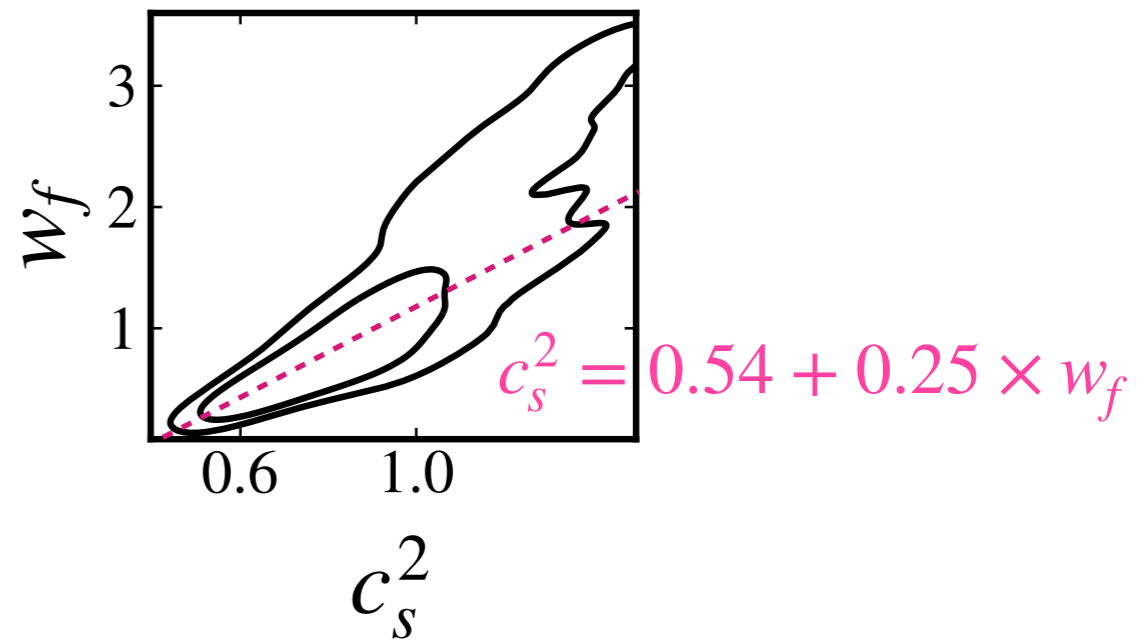


Perturbation equations:

$$\frac{d}{d\eta} \left( \frac{\delta_{\text{EDE}}}{1 + w_{\text{EDE}}} \right) = -(\theta_{\text{EDE}} + h'_\delta) - 3 \frac{a'}{a} (c_s^2 - c_a^2) \left( \frac{\delta_{\text{EDE}}}{1 + w_{\text{EDE}}} + 3 \frac{a'}{a} \frac{\theta_{\text{EDE}}}{k^2} \right)$$

$$\theta'_{\text{EDE}} = -\frac{a'}{a} (1 - 3c_s^2) \theta_{\text{EDE}} + c_s^2 k^2 \frac{\delta_{\text{EDE}}}{1 + w_{\text{EDE}}} + k^2 h_v,$$

$$c_a^2 = \frac{\rho'_{\text{EDE}}}{P'_{\text{EDE}}} = w_{\text{EDE}} - \frac{1}{3} \frac{dw_{\text{EDE}}/d \ln a}{1 + w_{\text{EDE}}}$$



# Extensions:

- Coupling DM & EDE to address  $S_8$

*Karwal ++ 2106.13290*  
*McDonough ++ 1811.04083*

$$\mathcal{L} = \frac{1}{2}(\partial\phi)^2 + i\bar{\psi}\not{D}\psi - V(\phi) - m_{\text{DM}}(\phi)\bar{\psi}\psi$$

$$m_{\text{DM}}(\phi) = m_0 e^{c\phi/M_{\text{pl}}}$$

Leads to enhanced DM growth:

$$G_{\text{eff}} = G_N \left( 1 + \frac{2c^2 k^2}{k^2 + a^2 d^2 V/d\phi^2} \right)$$

*Bean ++ 0808.1105*

- Modified gravity

*Adi and Kovetz 2011.13853*  
*Abellan, Braglia++ 2308.12345*

$$S = \int d^4x \sqrt{-g} \left[ \frac{F(\sigma)}{2} R - \frac{g^{\mu\nu}}{2} \partial_\mu \sigma \partial_\nu \sigma - \Lambda - V(\sigma) + \mathcal{L}_m \right]$$

$$V(\sigma) = \lambda \sigma^4 / 4$$

- Non-minimal coupling to address fine tuning

*Sakstein and Trodden 1911.11760*

*Gonzalez, Liang, Sakstein and Trodden 2011.09895*

$$S = \int d^4x \sqrt{-g} \left[ \frac{M_{\text{pl}}^2 R(g)}{2} - \frac{1}{2} \nabla_\mu \phi \nabla^\mu \phi - V(\phi) \right]$$

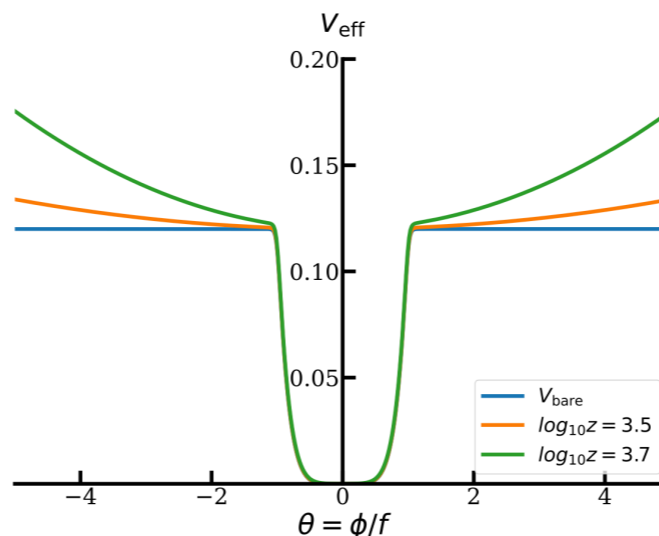
$$+ S_\nu[\tilde{g}_{\mu\nu}],$$

$$\ddot{\phi} + 3H\dot{\phi} + V'(\phi) = \frac{\beta}{M_{\text{pl}}} \Theta(\nu),$$

*Lin, McDonough, Hill, and Hu 2212.08098*

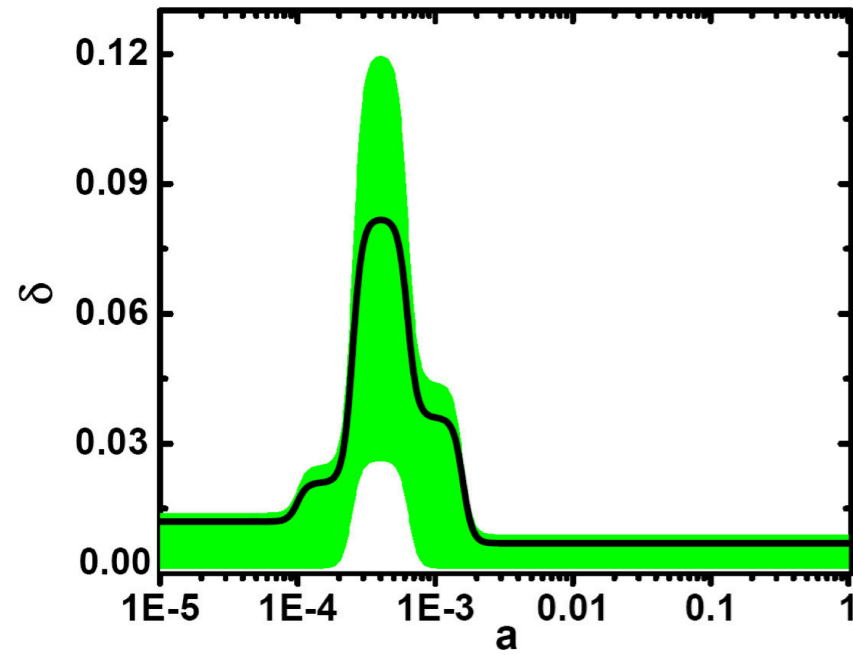
$$m_{\text{DM}}(\phi) = m_0 \left( 1 + g \frac{\phi^2}{M_{\text{pl}}^2} \right)$$

$$V_{\text{eff}} \approx V(\phi) + g \frac{\phi^2}{M_{\text{pl}}^2} \rho_{\text{DM}}$$



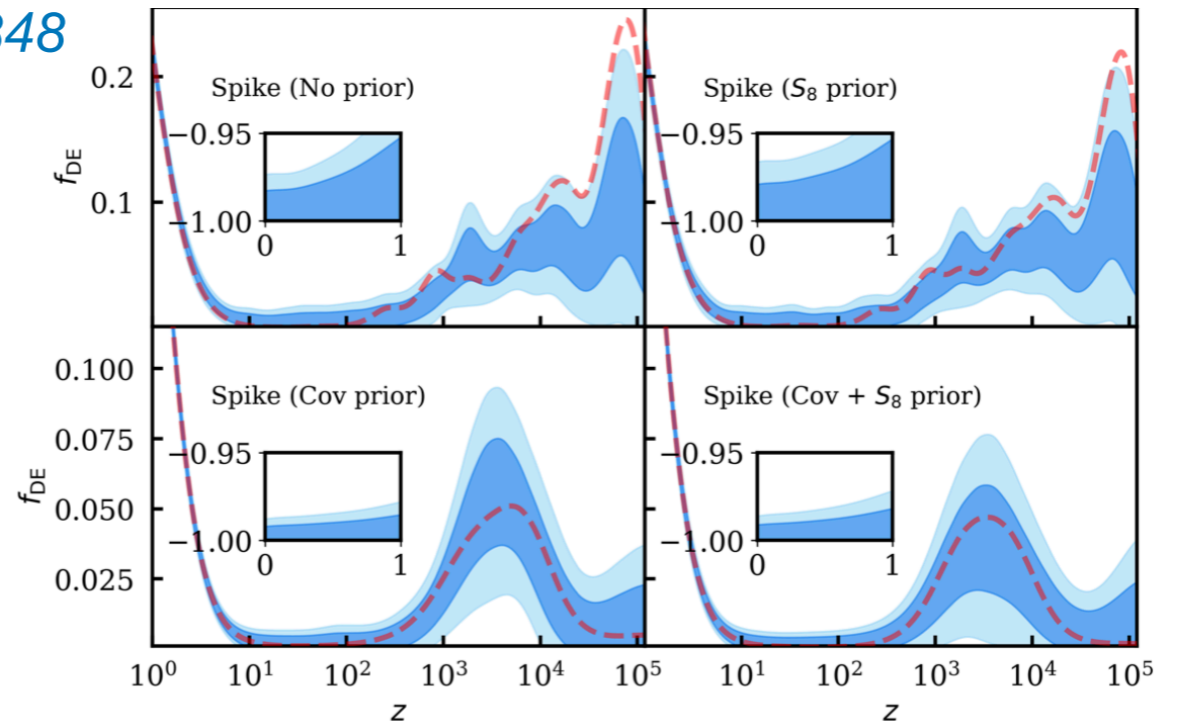
# 'Model independent' approaches?

*Hojjati et al. 1304.3724*  $H^2(a) = \frac{8\pi G}{3} [\rho_m(a) + \rho_r(a) + \rho_\Lambda] [1 + \delta(a)]$   $\delta = \sum_i \delta_i \left[ \frac{1}{1 + e^{(\ln a - \ln a_{i+1})/\tau}} - \frac{1}{1 + e^{(\ln a - \ln a_i)/\tau}} \right]$



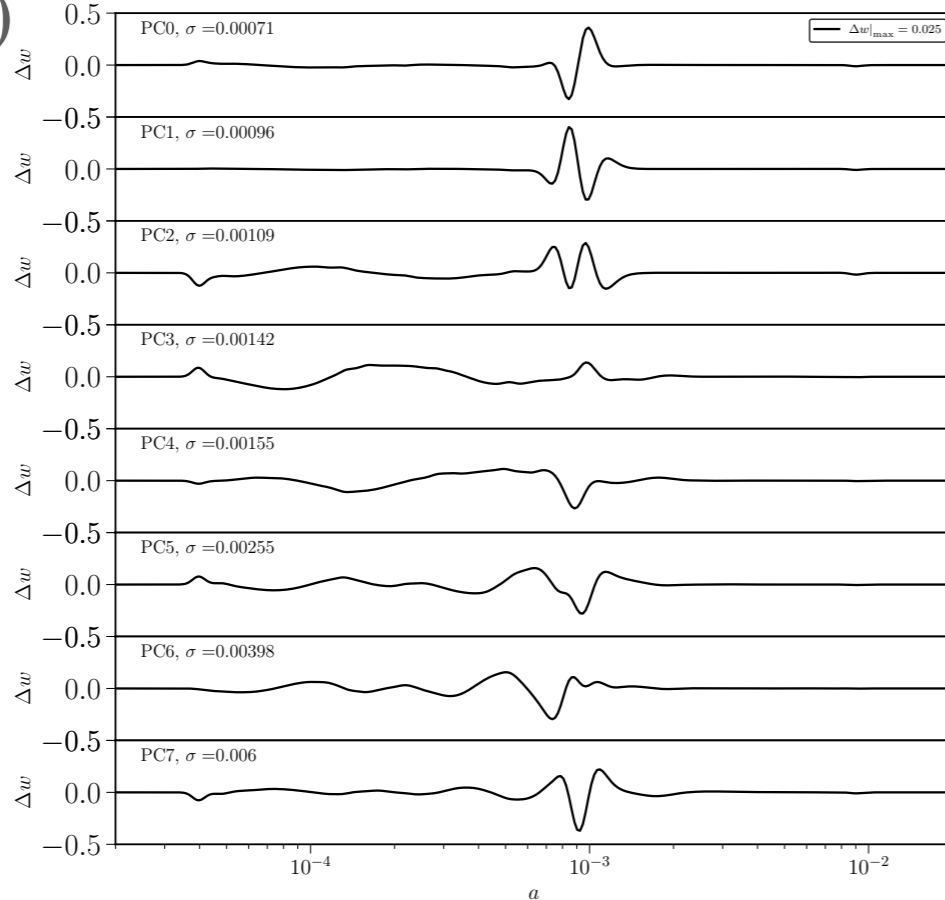
*Moss et al. 2109.14848*

- Binned  $\Delta\rho(a_i)$



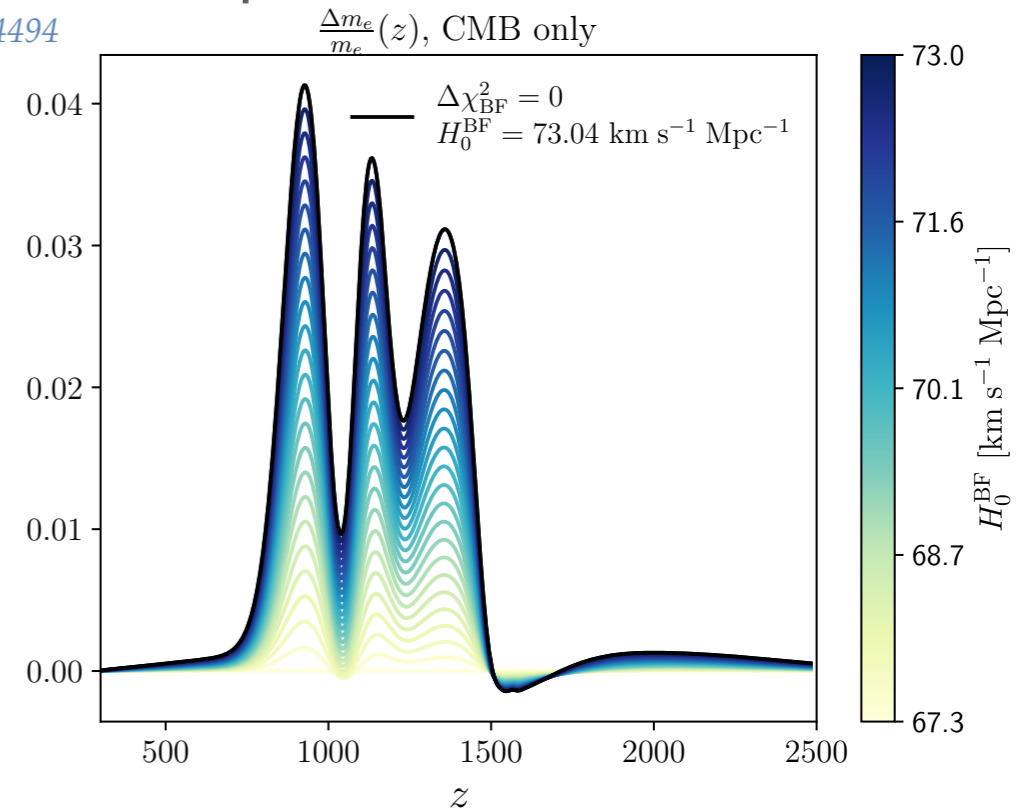
- PCA of  $w(a)$

*TLS and Grin, in prep.*



- 'constrained optimization'

*Lee++ 2212.04494*

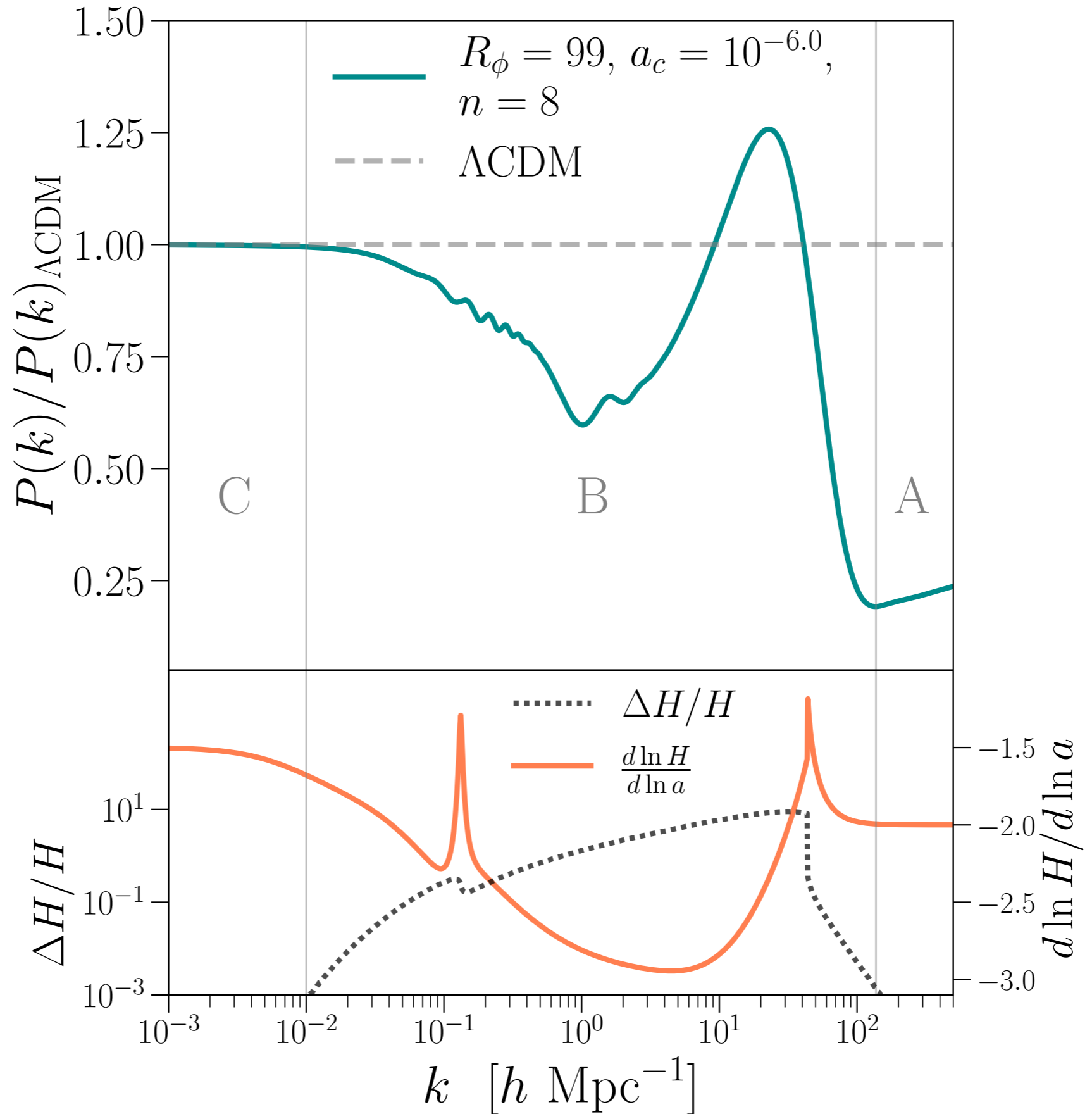


# Very Early Dark Energy

*Sobotka, Erickcek, and TLS, in prep.*

$$V(\phi) = f^2 m^2 (1 - \cos \theta)^8$$

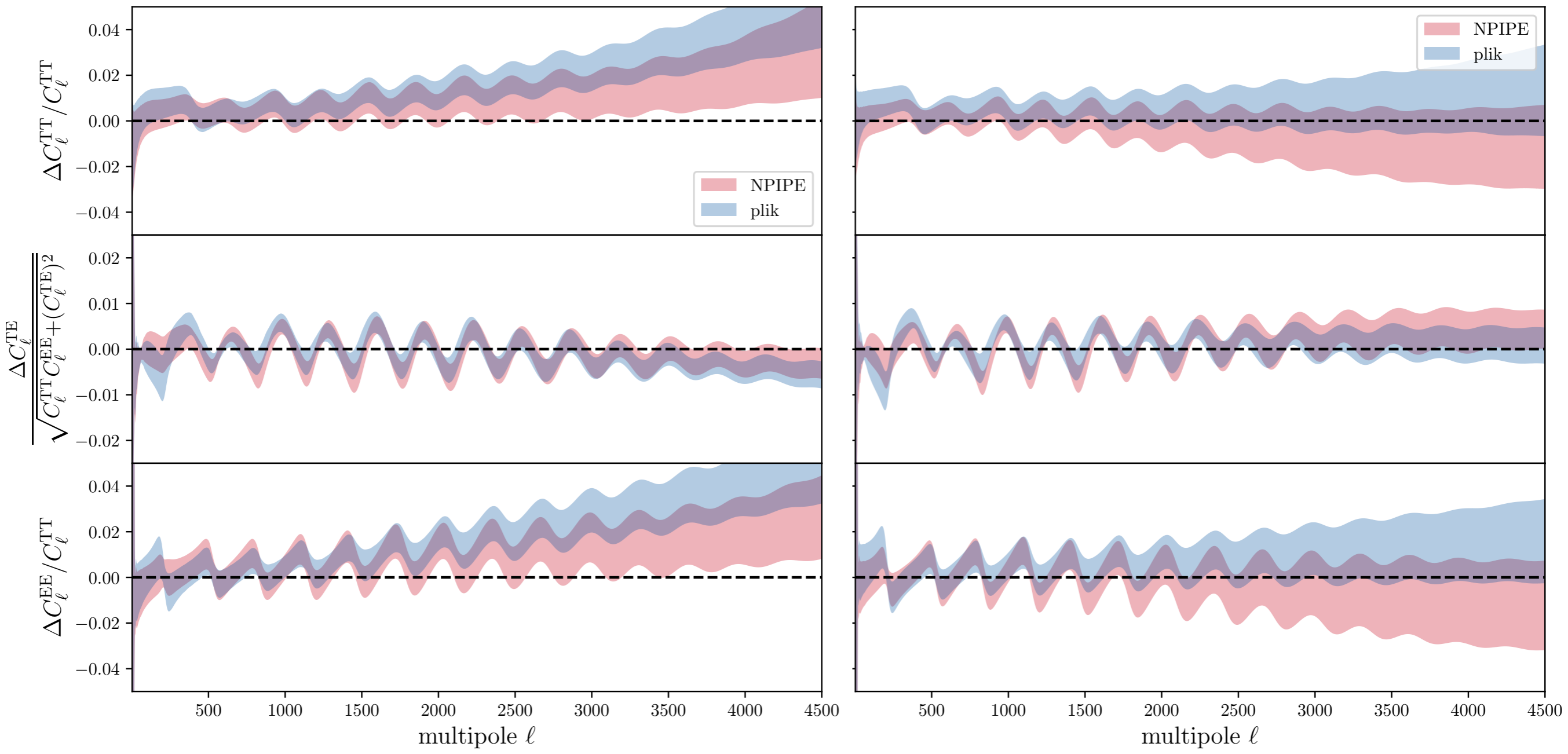
$$R_\phi \equiv \frac{\rho_\phi(a_c)}{\rho_{\text{tot}}(a_c) - \rho_\phi(a_c)}$$



# Projecting into the future

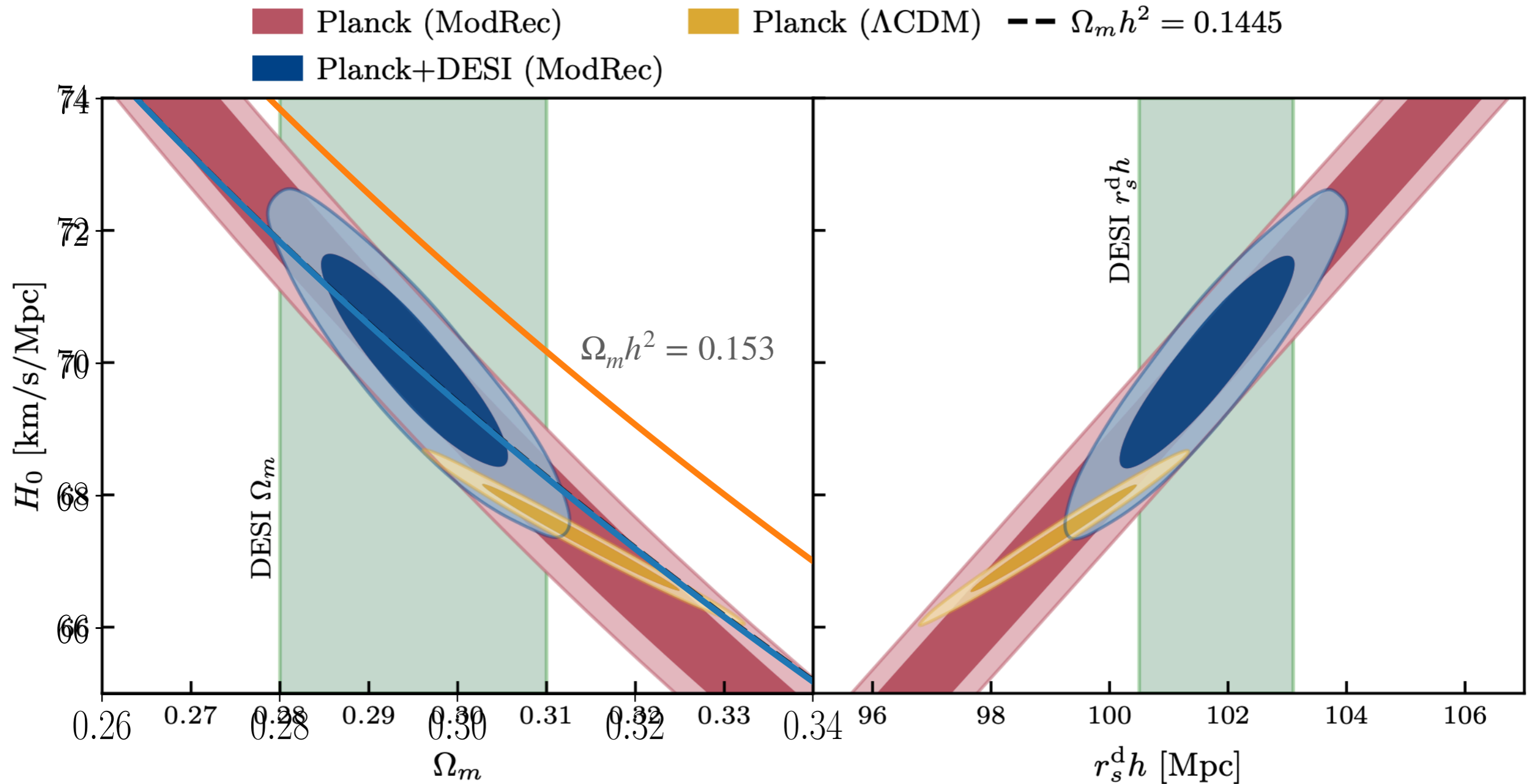
axEDE fit to  $\mathcal{DH}$

WZDR fit to  $\mathcal{DH}$



# Stop calling it the Hubble tension!

Lynch, Knox, and Chluba, 2406.10202





# The preferred shape of the potential

$$V(\phi) = m^2 f^2 E(\theta \equiv \phi/f)$$

Axion-like:  $E = (1 - \cos \theta)^3$

Double power law:  $E = (1 + \theta^{2n})^{q/(2n)} - 1$

