



Block VIII: Cosmological Stasis

Fei Huang

**PITT PACC Workshop:
Non-Standard Cosmological Epochs
and Expansion Histories**

Sep 07, 2024

So far, we have examined many non-standard types of cosmological epochs.

However, there is yet another kind that might be relevant for this workshop.

“COSMOLOGICAL STASIS”

First, we'll review the main ideas of cosmological stasis so that we can all be on the same page

Then we can springboard to a discussion about how it differs from other kinds of epochs and what signatures this might have

The Standard Lore: Λ CDM

Equation of State $w_i = \frac{P_i}{\rho_i} \rightarrow \rho_i \sim a^{-3(1+w_i)}$

Vacuum Energy $w_\Lambda = -1 \rightarrow$

$$\rho_\Lambda \sim a^0$$

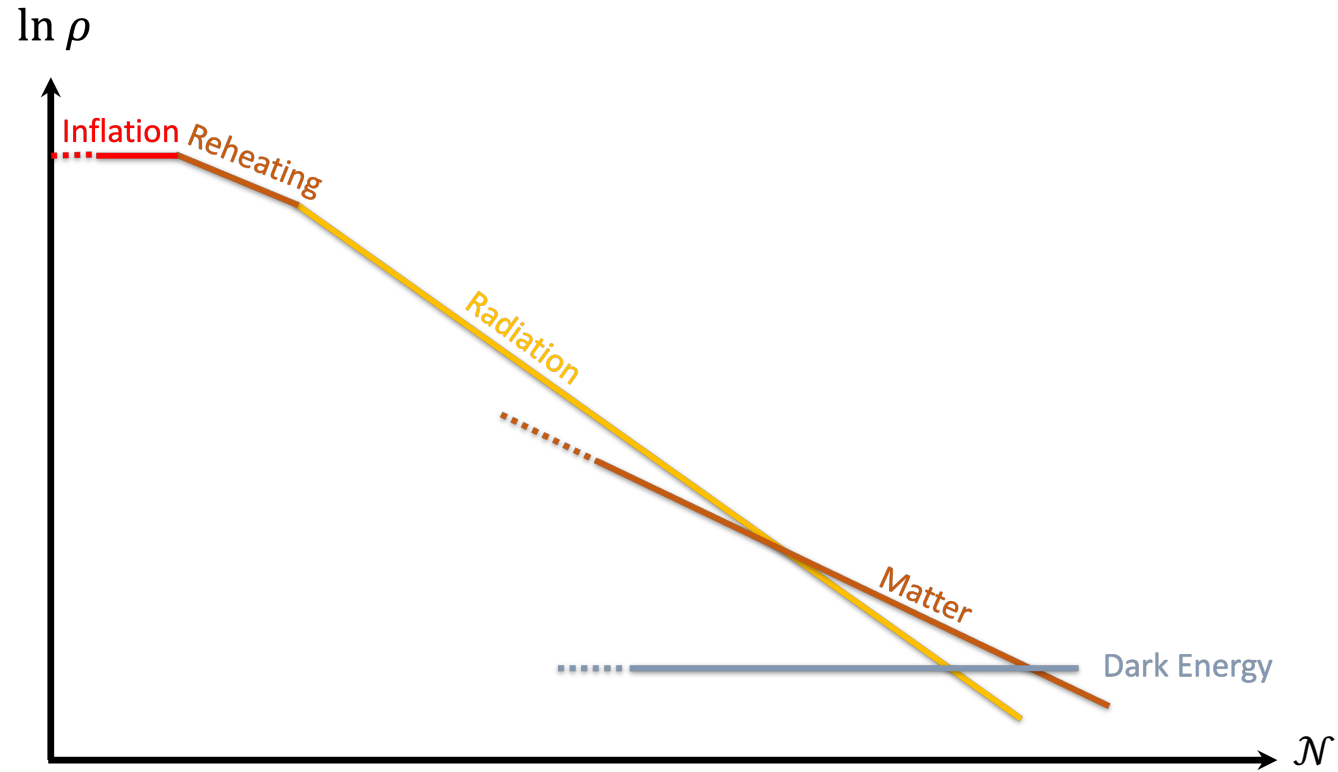
Matter $w_M = 0 \rightarrow$

$$\rho_M \sim a^{-3}$$

Radiation $w_\gamma = \frac{1}{3} \rightarrow$

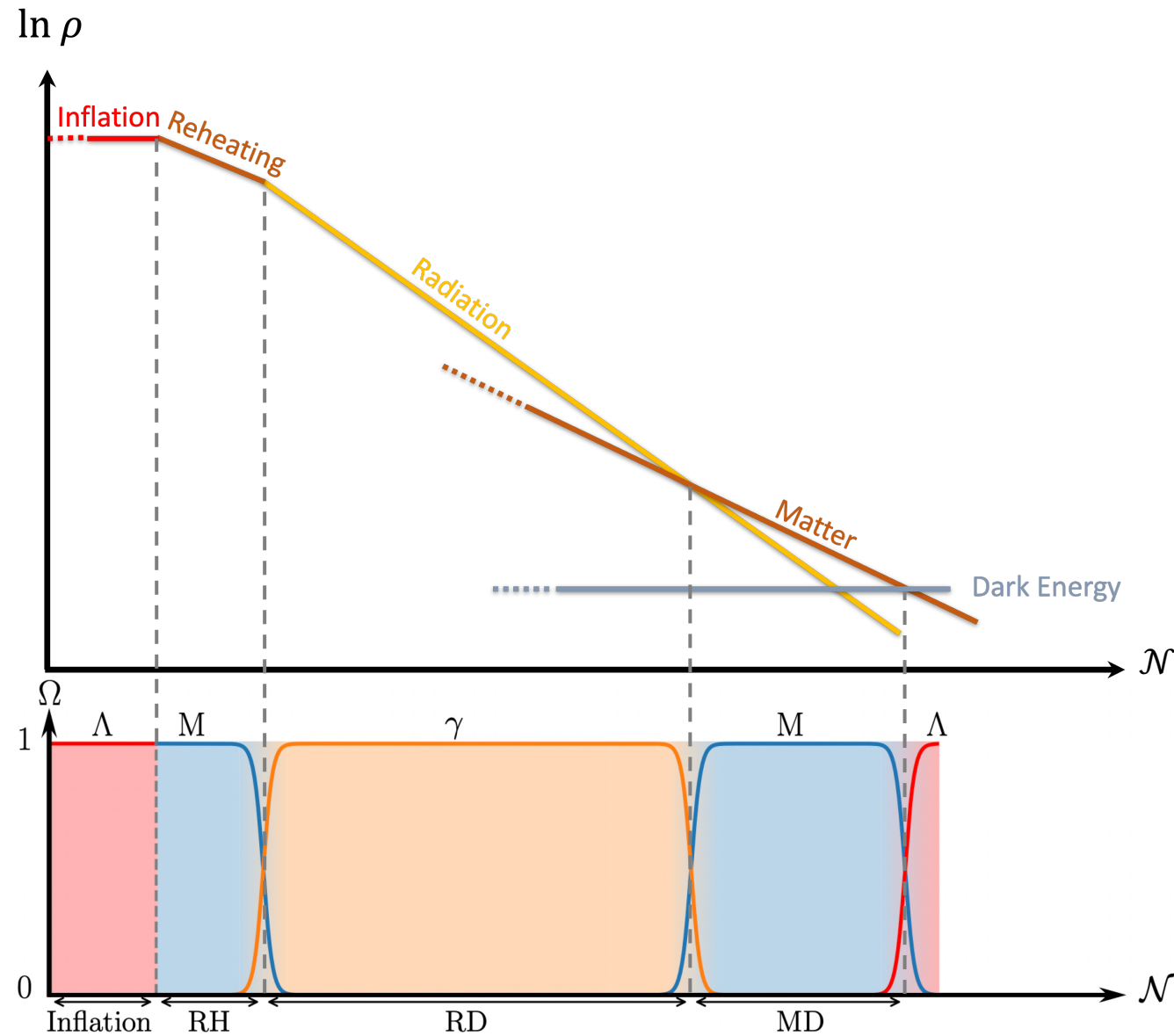
$$\rho_\gamma \sim a^{-4}$$

The Standard Lore: Λ CDM



$$\begin{aligned}\rho_{\Lambda} &\sim a^0 \\ \rho_M &\sim a^{-3} \\ \rho_{\gamma} &\sim a^{-4}\end{aligned}$$

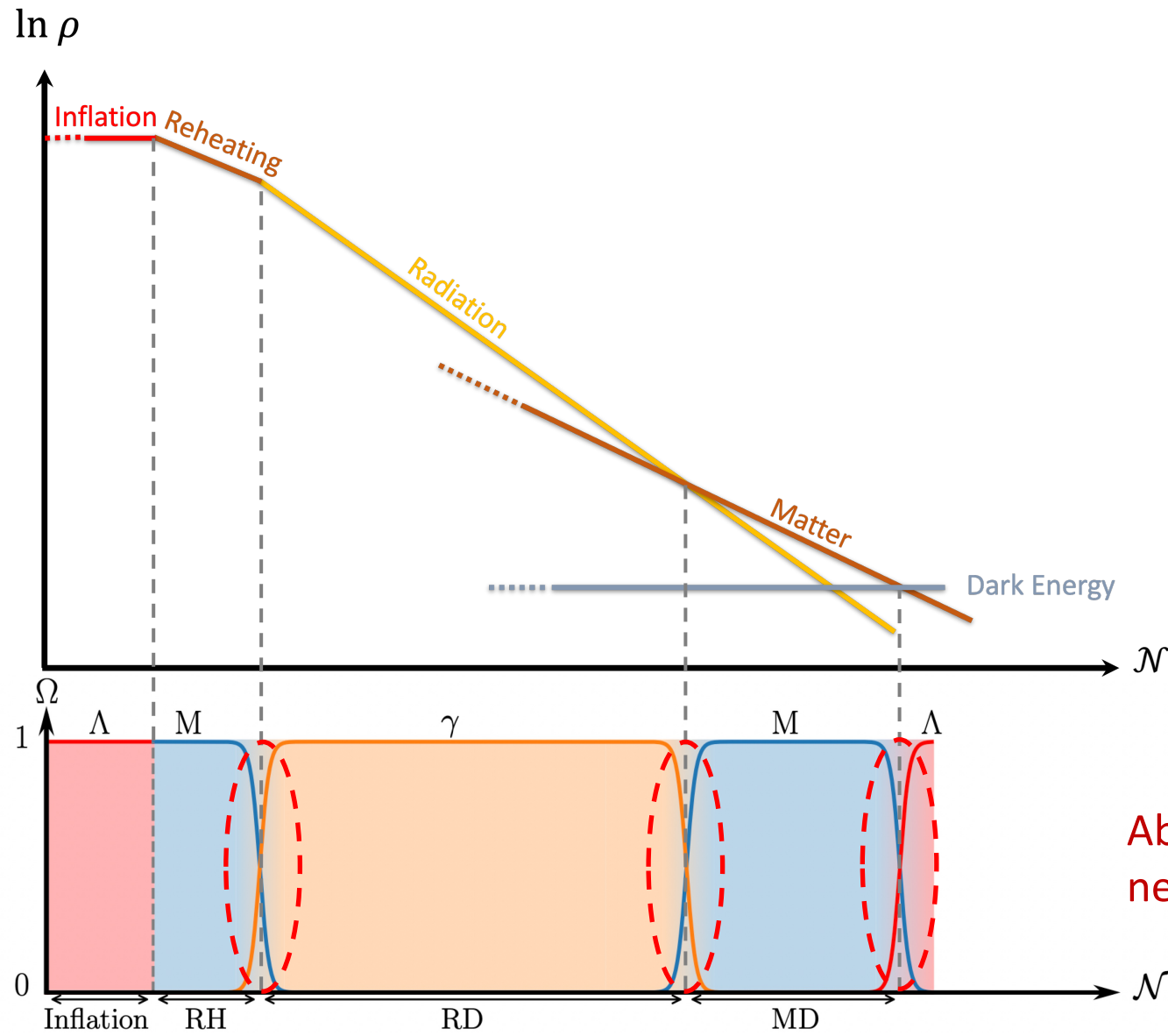
The Standard Lore: Λ CDM



$$\begin{aligned}\rho_\Lambda &\sim a^0 \\ \rho_M &\sim a^{-3} \\ \rho_\gamma &\sim a^{-4}\end{aligned}$$

Most parts are dominated by a single energy component.

The Standard Lore: Λ CDM



$$\rho_\Lambda \sim a^0$$

$$\rho_M \sim a^{-3}$$

$$\rho_\gamma \sim a^{-4}$$

Most parts are dominated by a single energy component.

Abundances only similar near transition points!

However, this picture is likely to be *incorrect* in the presence of many kinds of BSM physics...

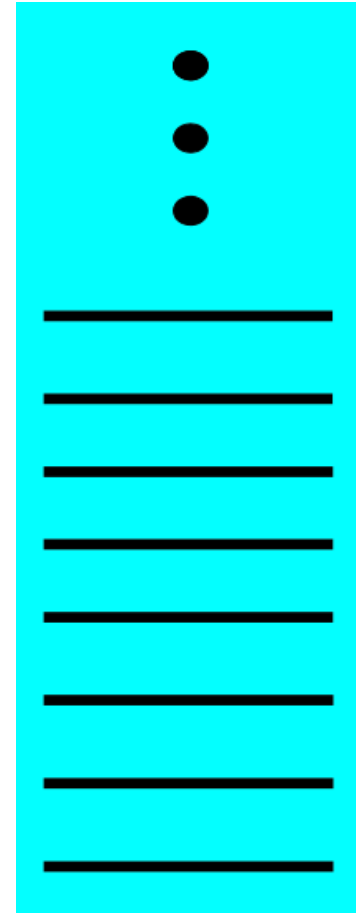
A wide variety of scenarios for BSM physics predict towers of unstable states with a broad spectrum of masses, lifetimes and cosmological abundances, for example

- Theories with extra spacetime dimensions (KK towers)
- String theory (string moduli, axions, KK towers, oscillator states)
- Scenarios with confining dark/hidden-sector gauge groups (bound-state resonances)
- PBHs with extended mass spectrum

If any of these towers exists in the early universe, dynamics across the entire tower can affect the evolution of the universe significantly.

- Towers of states, potentially infinite (or bounded by a relevant cutoff) – generally stretch across many orders of magnitude in mass.
- Such states are generally unstable and can decay.
- Heavy states at top of tower tend to have largest decay widths and decay first, then lighter ones. Decays thus proceed “down the tower”.
- For any state, the dominant decay mode is to the lightest states available. Such decay products are therefore produced with huge amounts of kinetic energy (relativistic), and are effectively radiation.

m



A sequential process down the tower which continually converts matter into radiation.

Sequential decays of tower states $\Omega_M \rightarrow \Omega_\gamma$

Cosmological expansion $\Omega_\gamma \rightarrow \Omega_M$

Can these two effects balance? Seems like too much to ask for!

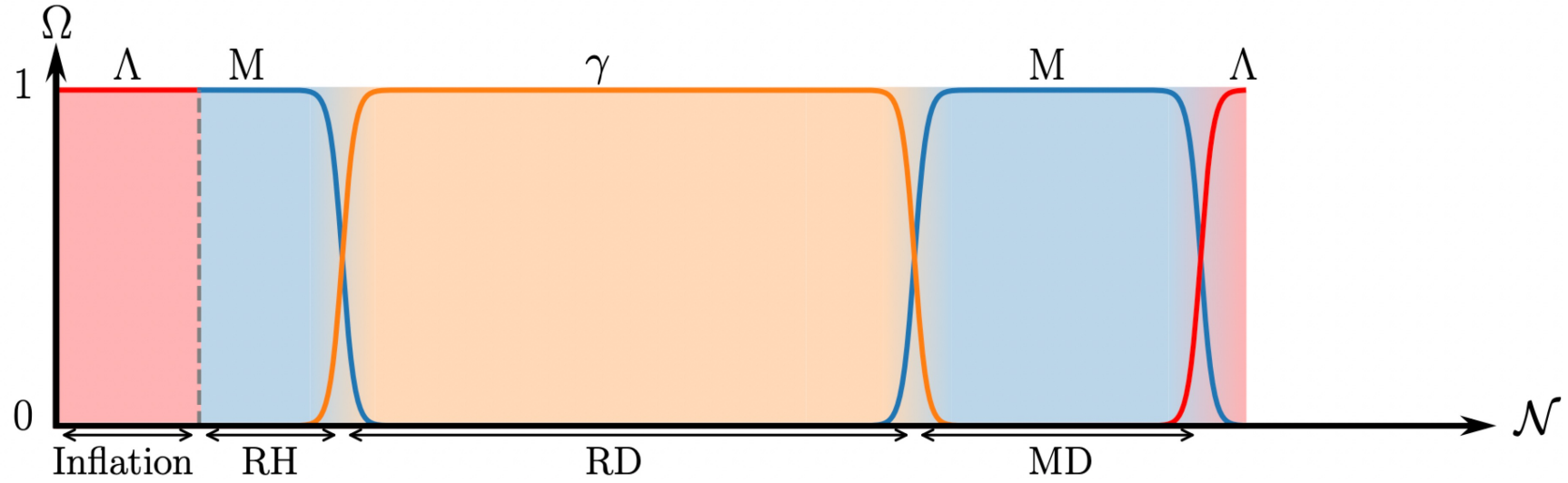
But, they **CAN** balance. In fact, they **DO** balance.

Even if they don't start out by balancing, the system will quickly come into balance all by itself!

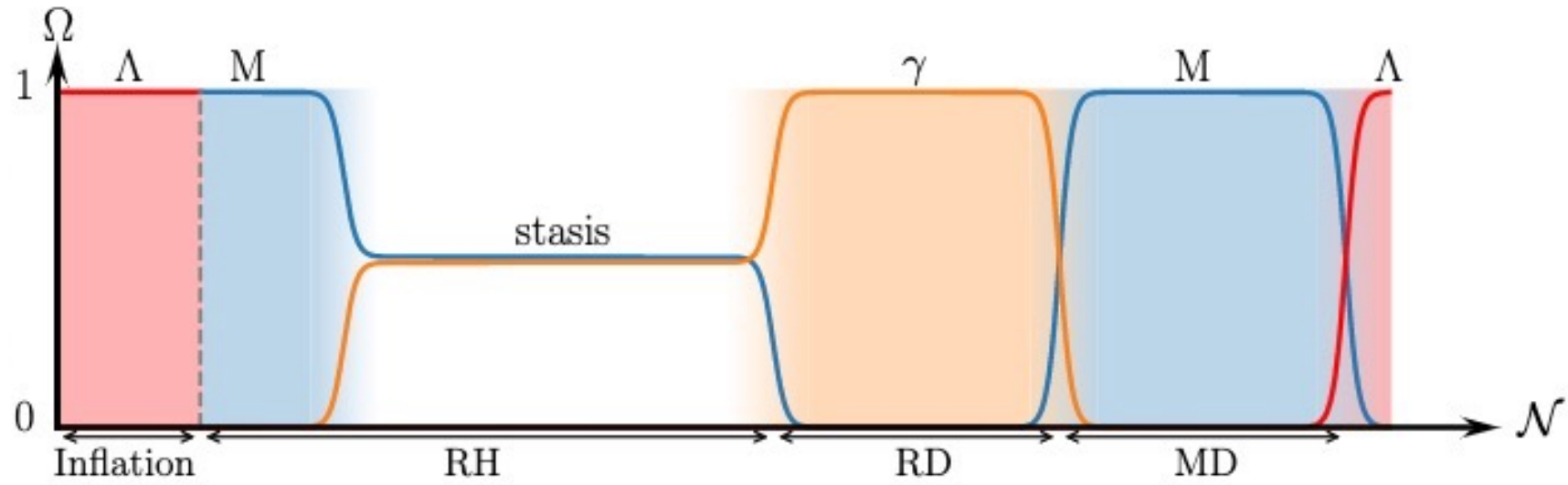
The balanced solution is an ***attractor!***

Especially remarkable because particle decay and cosmological expansion are very different things --- one is particle physics, the other cosmology!

Therefore, Instead of a picture like this ...

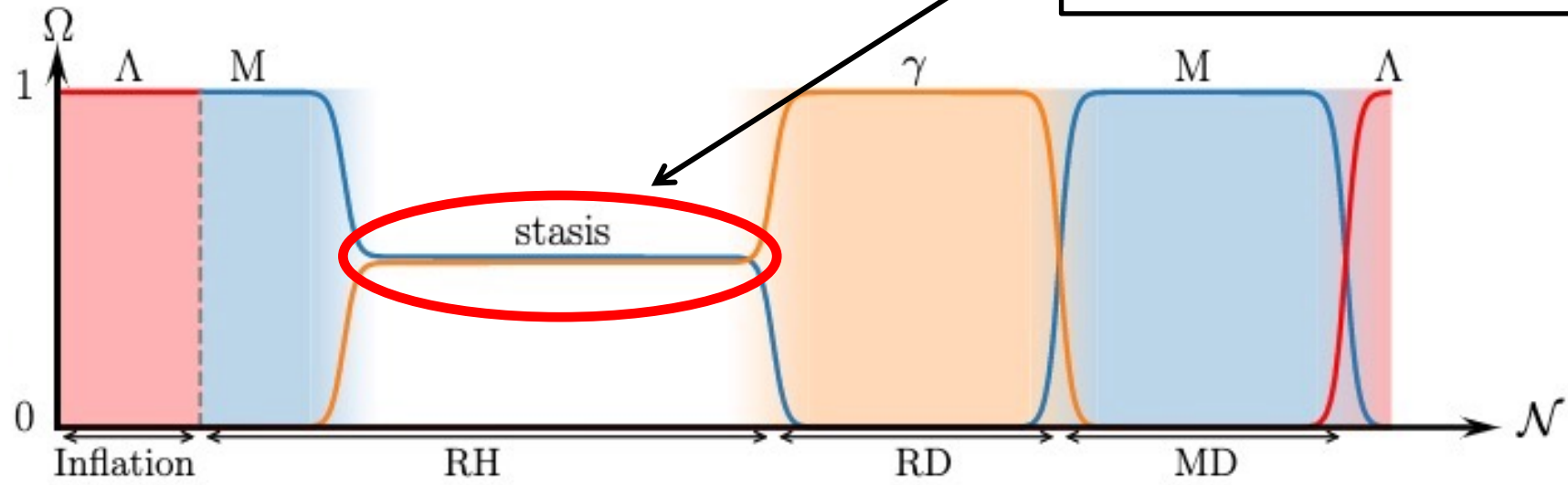


The universe may more likely evolve like this

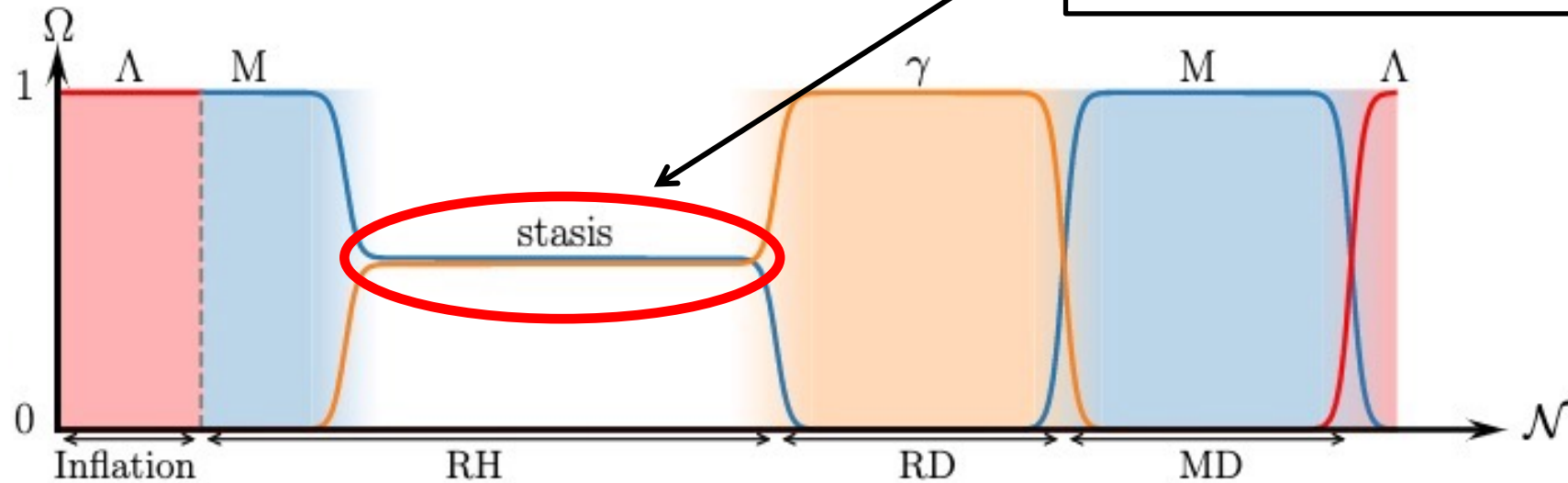


The universe may more likely evolve like this

- constant abundances
- nothing dominates
- any constant abundances are possible



The universe may more likely evolve like this



This may seem surprising, but ...

- Naturally occurs for a variety of models and for a wide range of parameters
- No finetuning required
- Global Attractor – Even unavoidable!!!

For example, we can parameterize

Mass Spectrum $m_\ell = m_0 + (\Delta m)\ell^\delta$

Decay Widths $\Gamma_\ell = \Gamma_0 \left(\frac{m_\ell}{m_0}\right)^\gamma$

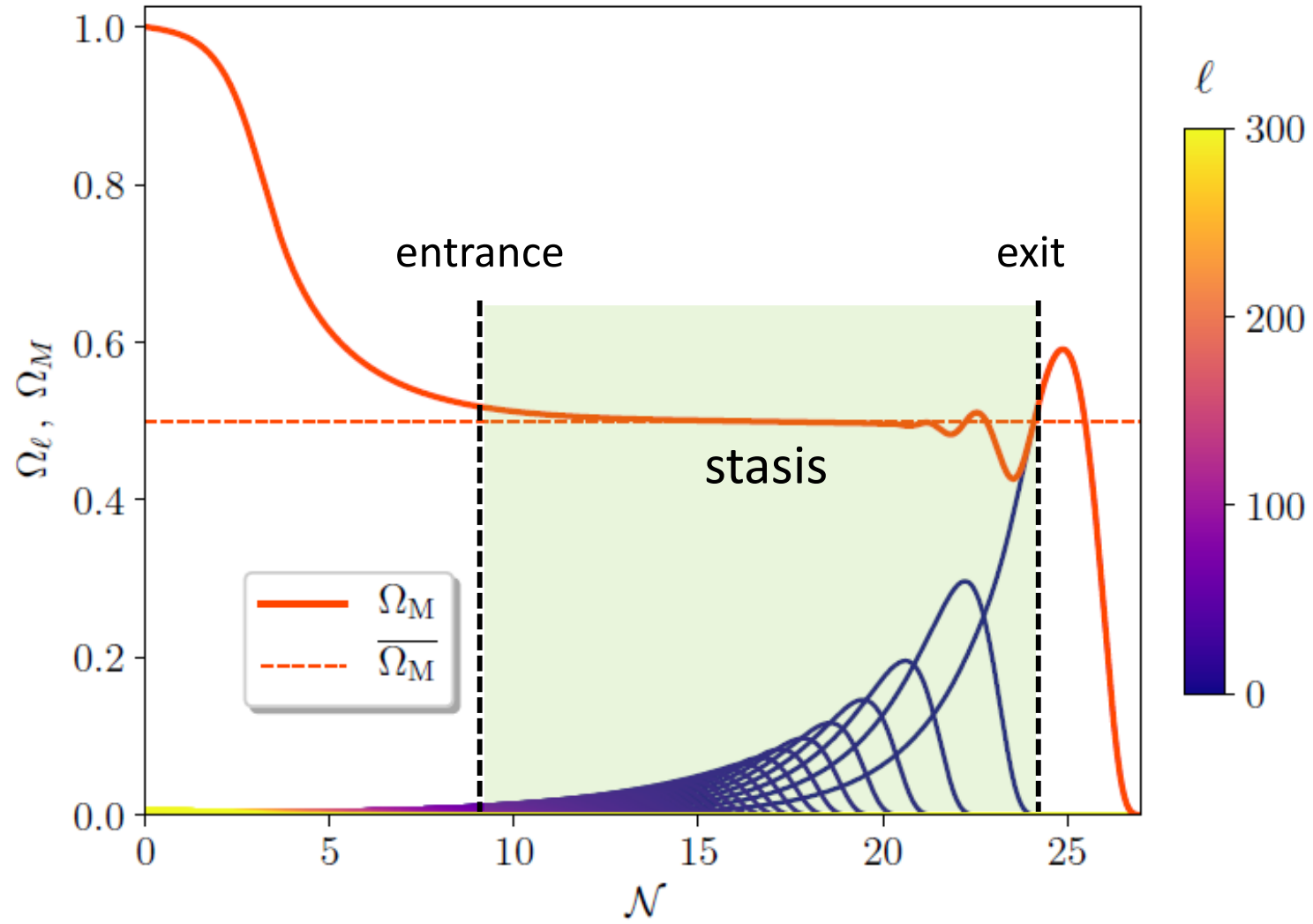
Initial Abundances $\Omega_\ell^{(0)} = \Omega_0^{(0)} \left(\frac{m_\ell}{m_0}\right)^\alpha$

Stasis arises for all values of these parameters within the range

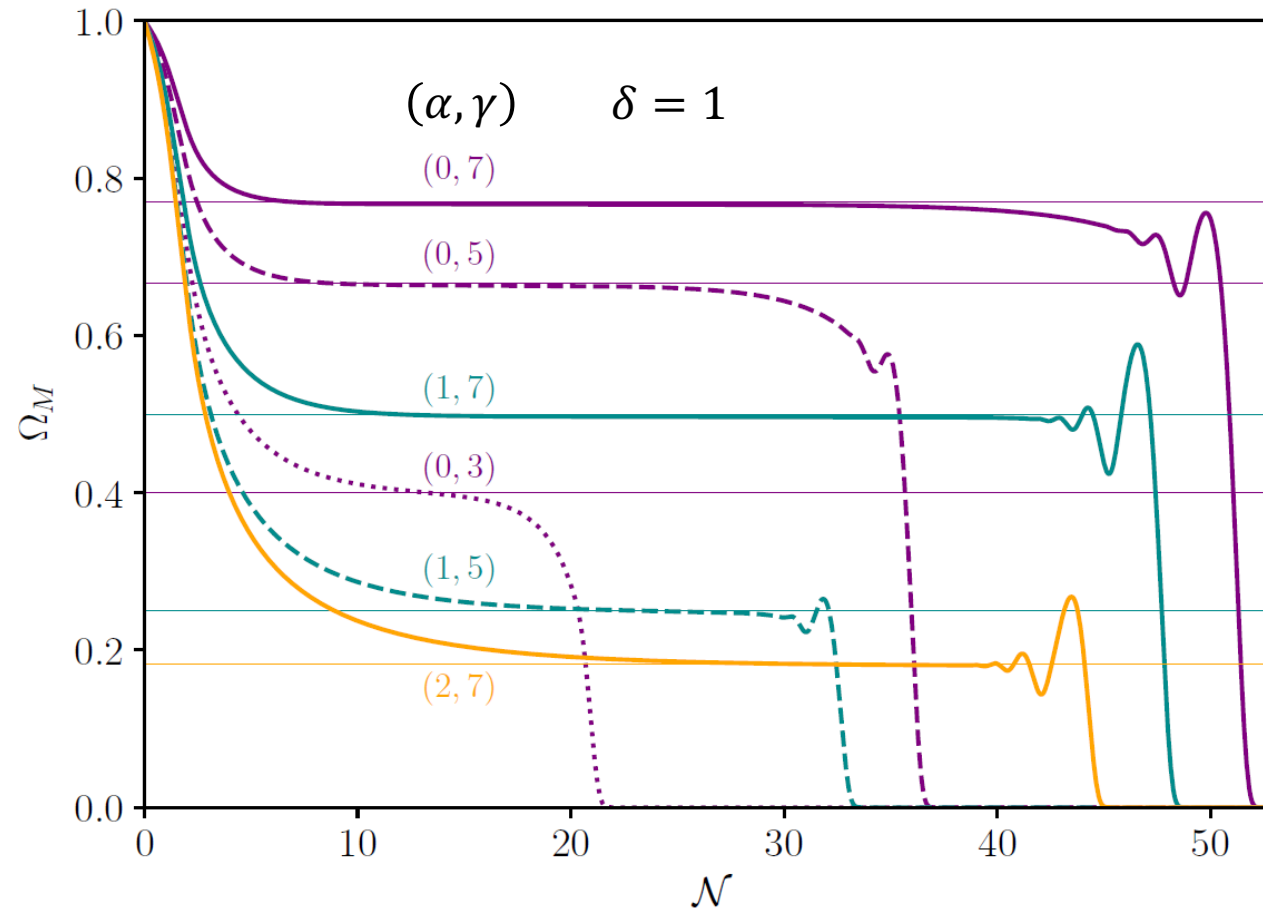
$$0 < \alpha + 1/\delta \leq \gamma/2$$

regardless of $m_0, \Delta m, \Gamma_0, \Omega_0^{(0)}$.

$$\bar{\Omega}_M = \frac{2\gamma\delta - 4(1 + \alpha\delta)}{2\gamma\delta - (1 + \alpha\delta)}$$

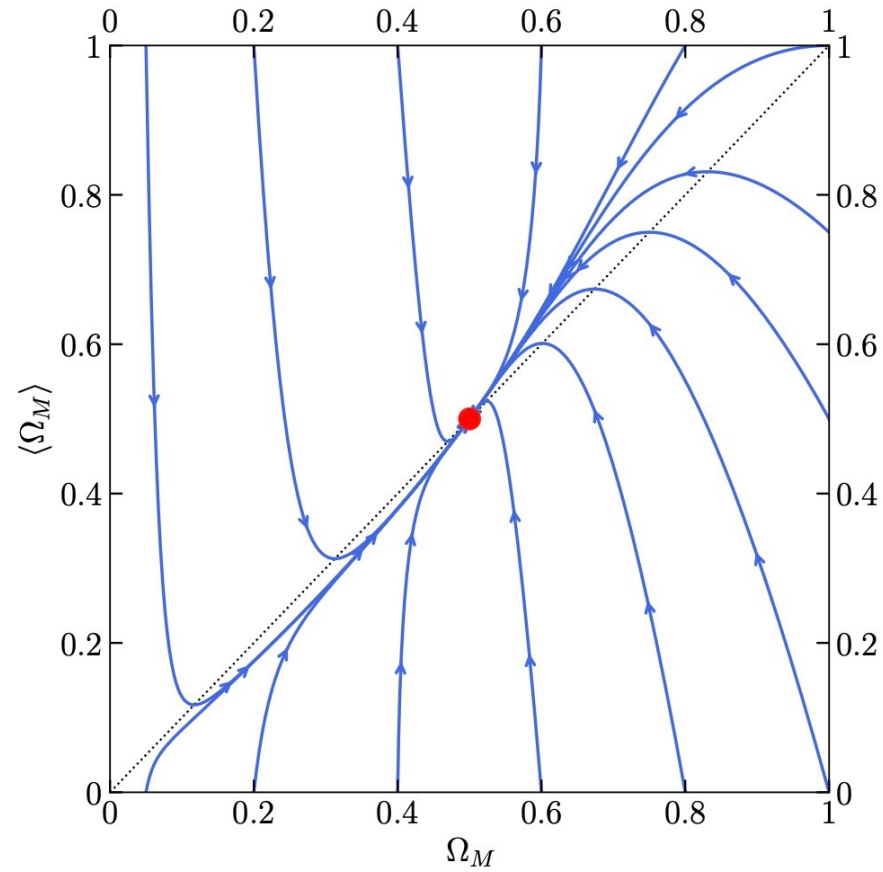


Similar behavior for other parameter choices

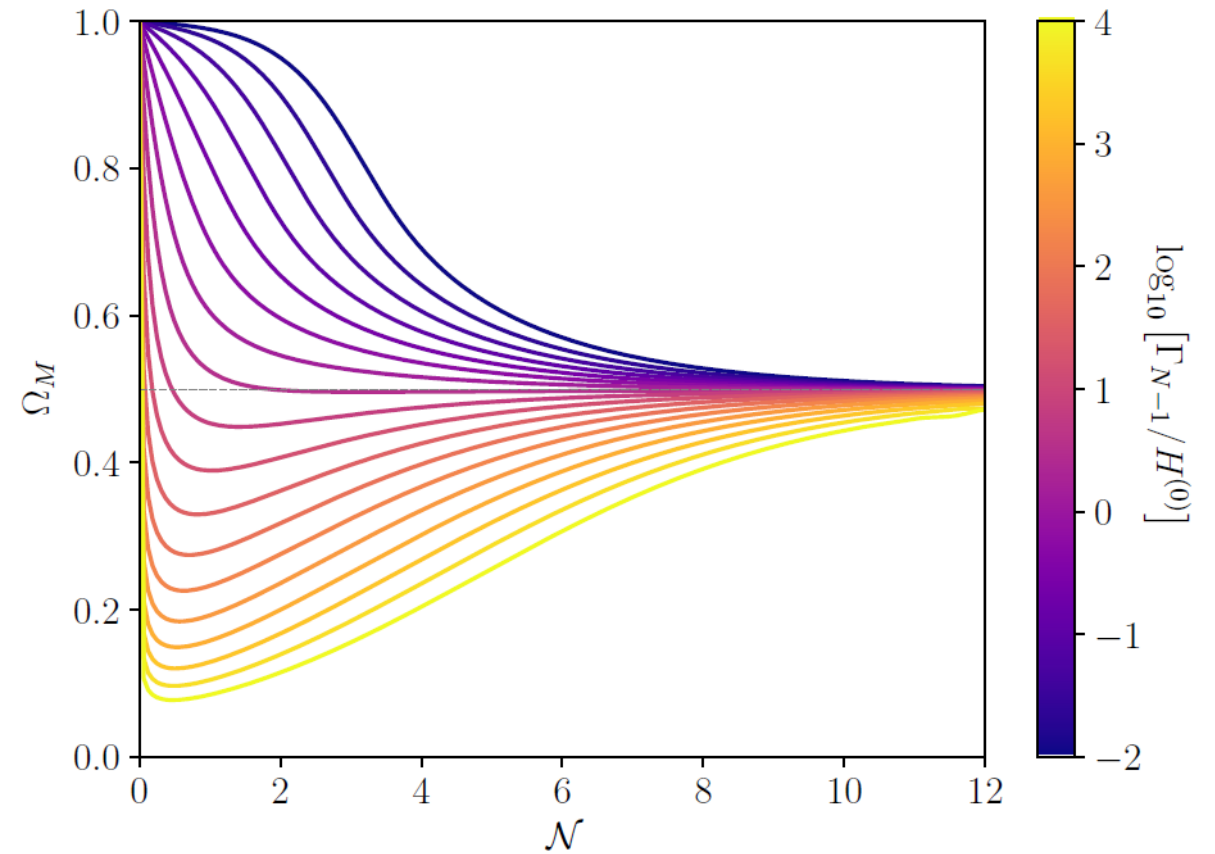


Stasis always emerges, only the stasis abundance changes

Moreover, stasis is a Global Attractor



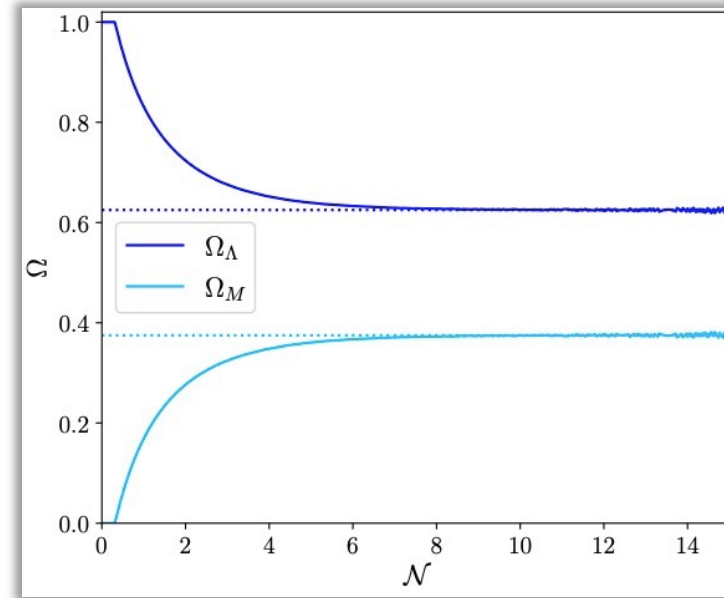
$$(\alpha, \gamma, \delta) = (1, 7, 1) \rightarrow \bar{\Omega}_M = 1/2$$



This has been a stasis between matter and radiation. But there are also other kinds of stasis:

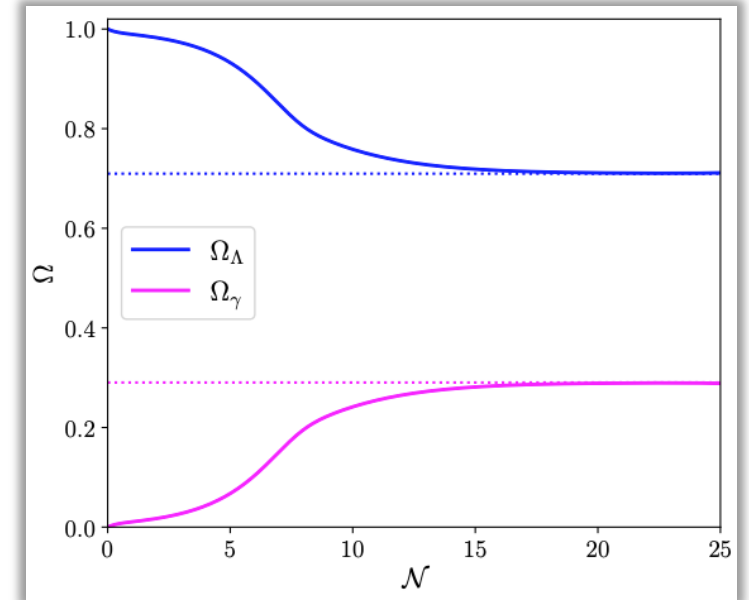
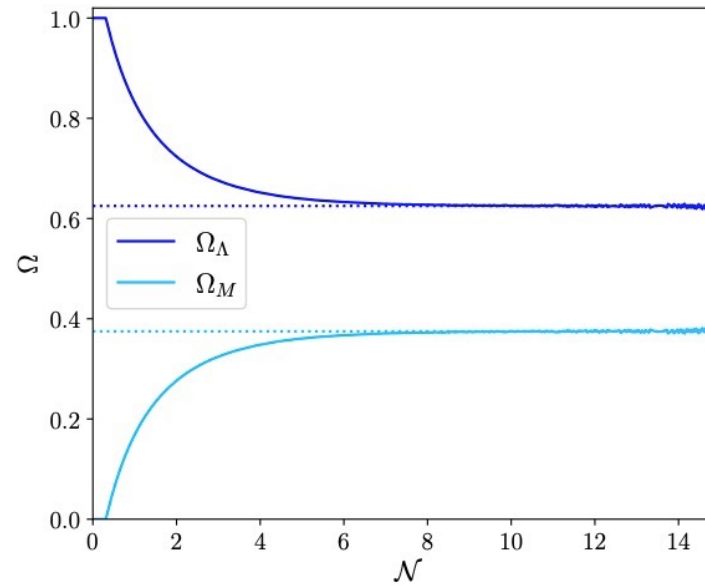
This has been a stasis between matter and radiation. But there are also other kinds of stasis:

- Vacuum energy/Matter stasis



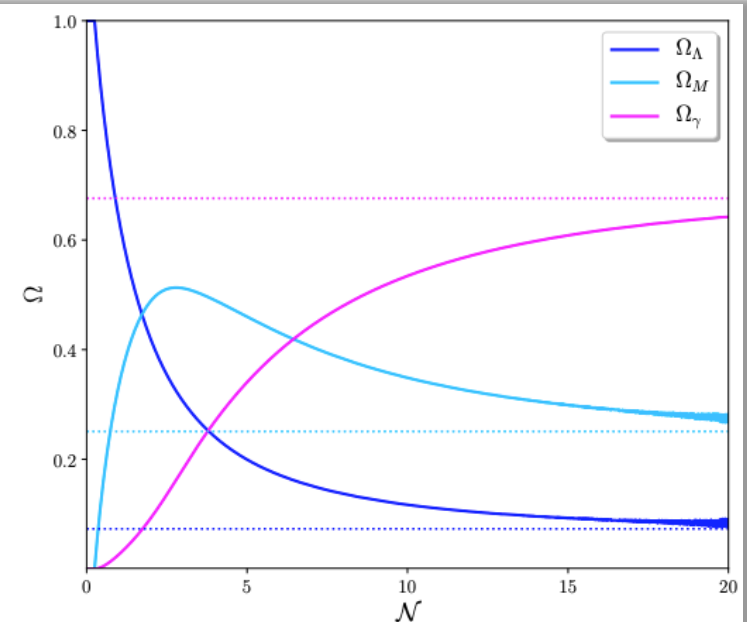
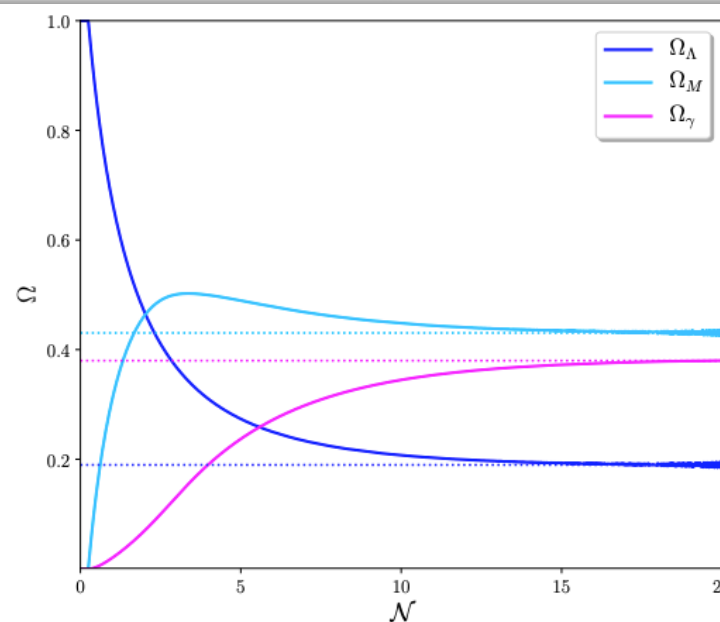
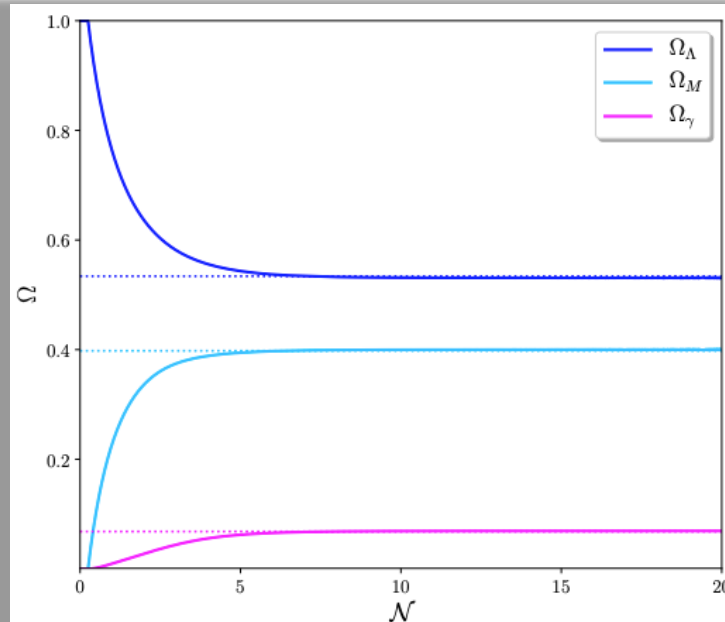
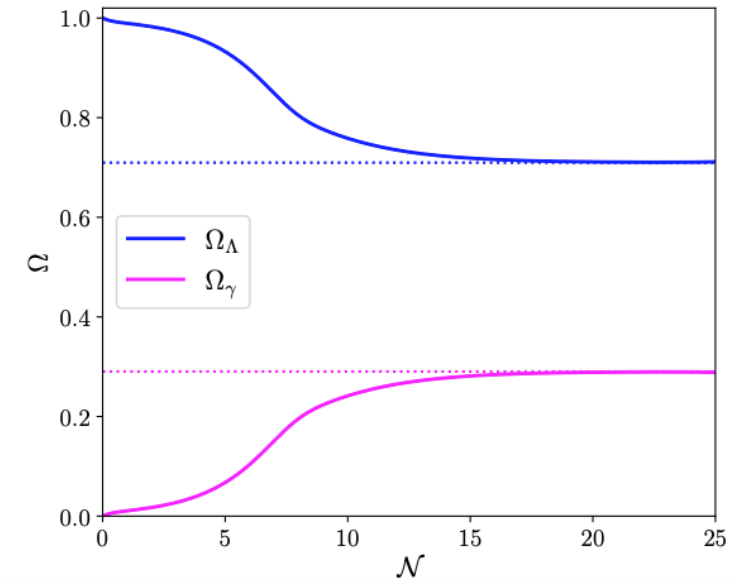
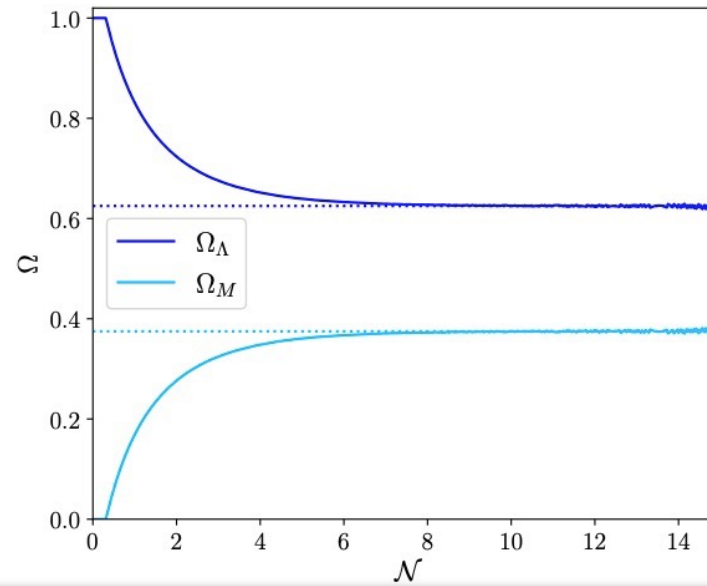
This has been a stasis between matter and radiation. But there are also other kinds of stasis:

- Vacuum energy/Matter stasis
- Vacuum energy/Radiation stasis



This has been a stasis between matter and radiation. But there are also other kinds of stasis:

- Vacuum energy/Matter stasis
- Vacuum energy/Radiation stasis
- Triple stasis between vacuum energy, matter and radiation simultaneously



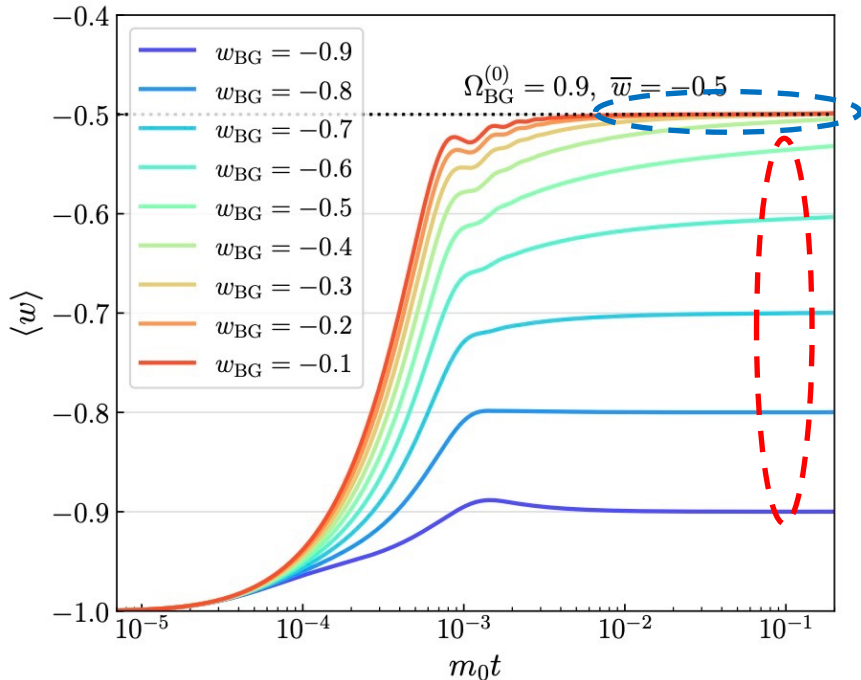
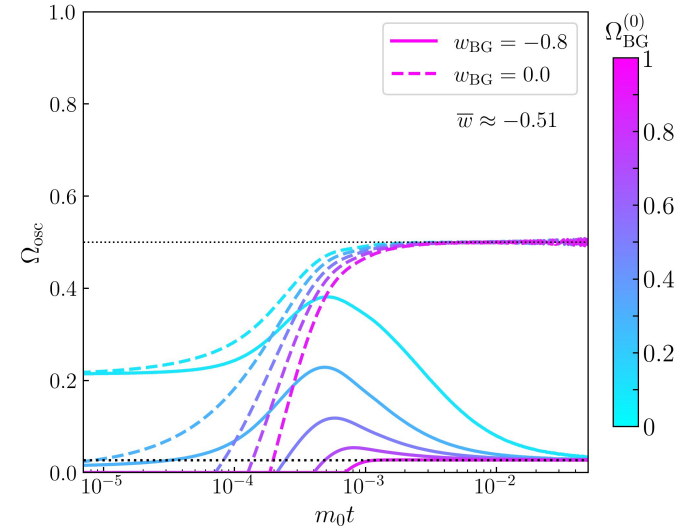
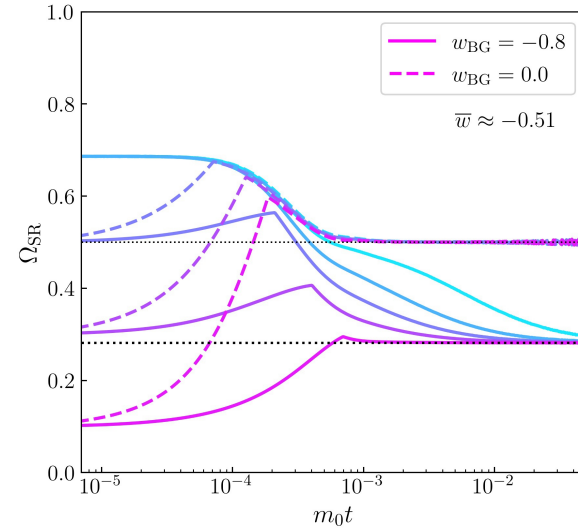
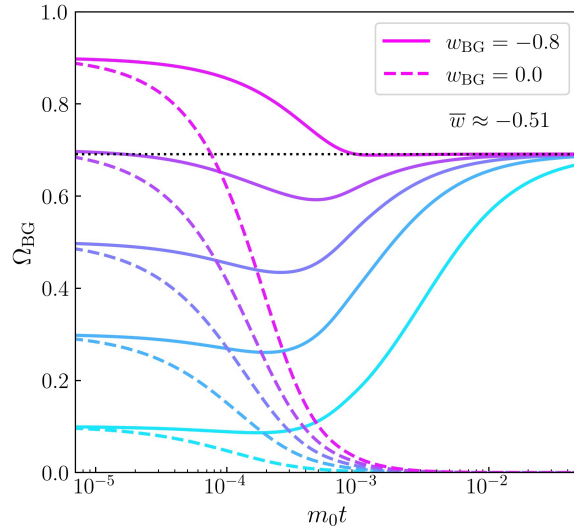
Can even have tracking behavior in vacuum energy/matter stasis

K. Dienes, L. Heurtier, FH, T. Tait, B. Thomas
arXiv: 2406.06830

Tower which leads to stasis with \bar{w} if it dominates



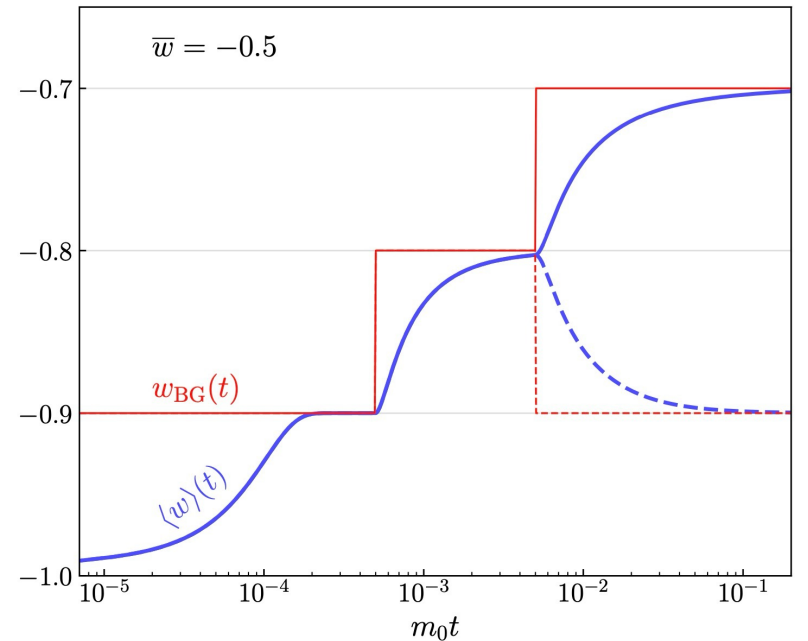
Non-interacting background fluid with w_{BG}



If $w_{BG} > \bar{w}$, background inflates away, EoS stays at \bar{w}

If $w_{BG} < \bar{w}$,
 $\bar{w} \rightarrow \bar{w}' = w_{BG}$

Tracking is dynamical!



An intriguing possibility

If stasis involves *vacuum energy*

An intriguing possibility

If stasis involves ***vacuum energy***

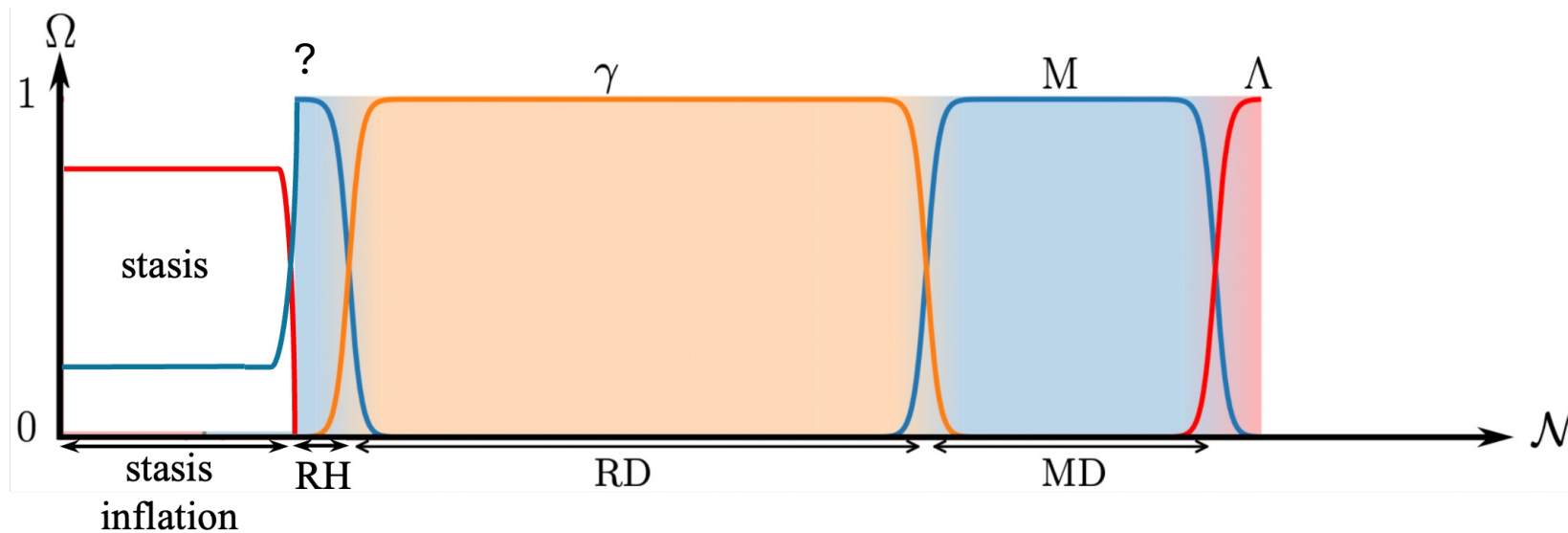
- EoS extends to $-1 < \bar{w} < 1/3$
- Accelerated expansion if $\bar{w} < -1/3$

An intriguing possibility

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If stasis involves vacuum energy

- EoS extends to $-1 < \bar{w} < 1/3$
- Accelerated expansion if $\bar{w} < -1/3$
- Stasis can potentially be the **inflation** epoch!



Stasis inflation!

- Stasis inflation does NOT require a complicated potential. Dynamics reflects the structure of the underlying theory, not the shape of the inflaton potential.
- Any $\bar{w} < -1/3$ is possible, and not restricted to $\bar{w} \approx -1$
- Number of e-folds (cosmology) \leftrightarrow hierarchies between *particle-physics* scales, e.g., in KK models, the start and end of stasis is related to the UV cutoff and the compactification radius
- Graceful exit: naturally occurs when transitions reach the bottom of the tower
- A non-zero matter (and potentially even radiation) abundance can be carried throughout inflation (abundances do not inflate away), thus may significantly change conditions needed for reheating.

Other types of stasis: Recent Developments

Extension of stasis into the thermal domain, no tower needed and utilizes annihilation of a single particle species instead of decay

J. Barber, K. Dienes, B. Thomas
arXiv: 2408.16255

Other stasis related research

Applying machine learning to stasis, developing methods to maximize the number of stasis e-folds and to analyze other mass spectra.

J. Halverson and S. Pandya
arXiv: 2408.00835

In all cases, the universe continues to expand, but the abundances stay fixed. Time passes as measured in e-folds, but not as measured by abundances! The two clocks have decoupled.

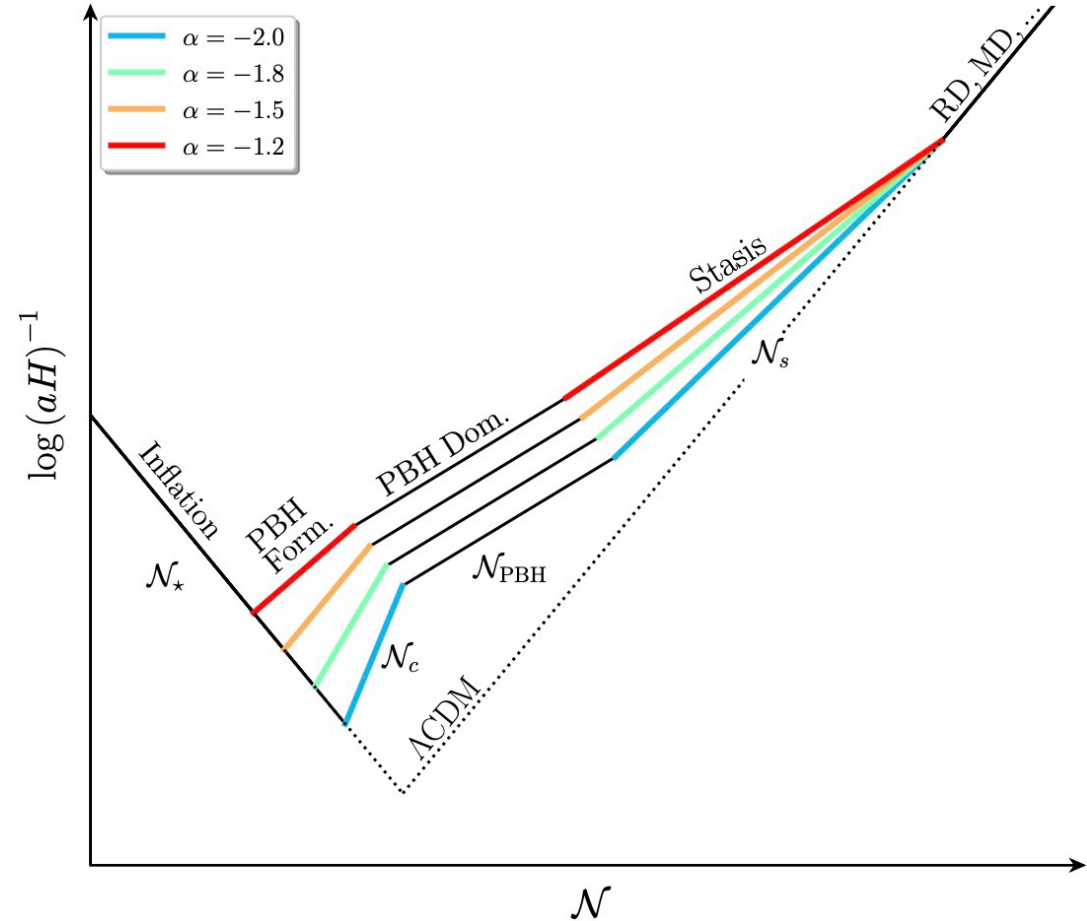
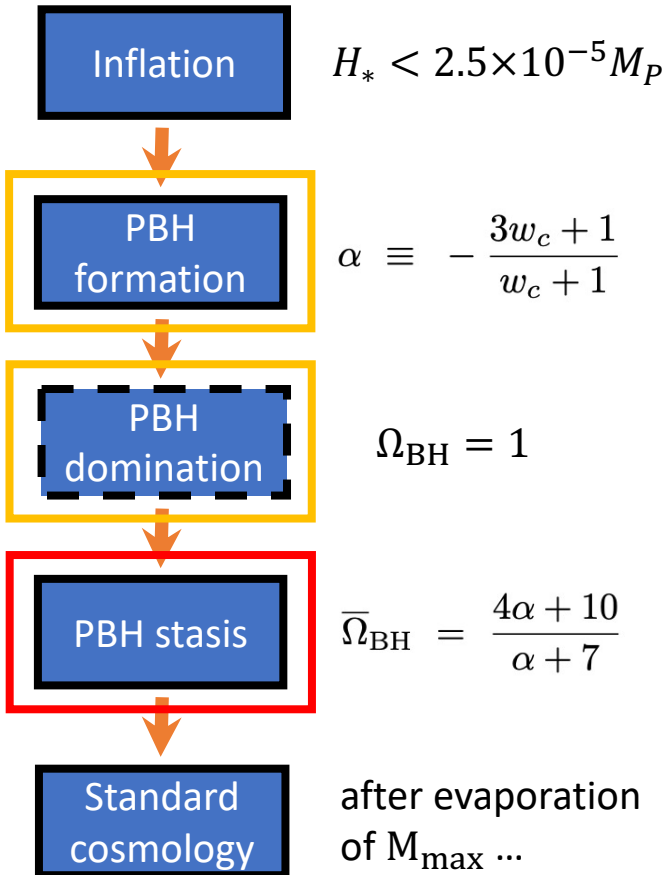
Discussion topics

- Model building:
 - What are the other types of stasis that can be realized?
 - Where in the cosmological timeline can it arise?
 - How does it end (“graceful exit”)?
- Top-down picture:
 - What are the motivations from fundamental theory?
 - Relationship between properties of stasis and fundamental scales/parameters?
- Phenomenological/observational implications:
 - Gravitational waves
 - Inflationary observables
 - Density perturbations
 - Effects on other early-universe processes (e.g., dark-matter production, baryogenesis, ...)

Cosmological implications: Cosmological timeline

K. Dienes, L. Heurtier, FH, D. Kim, T. Tait, B. Thomas
arXiv: 2212.01369

PBH-induced stasis implies a sequence of epochs that modifies the standard cosmological timeline



Slopes of each epoch depend on EoS parameter of each epoch, can be fully determined by α

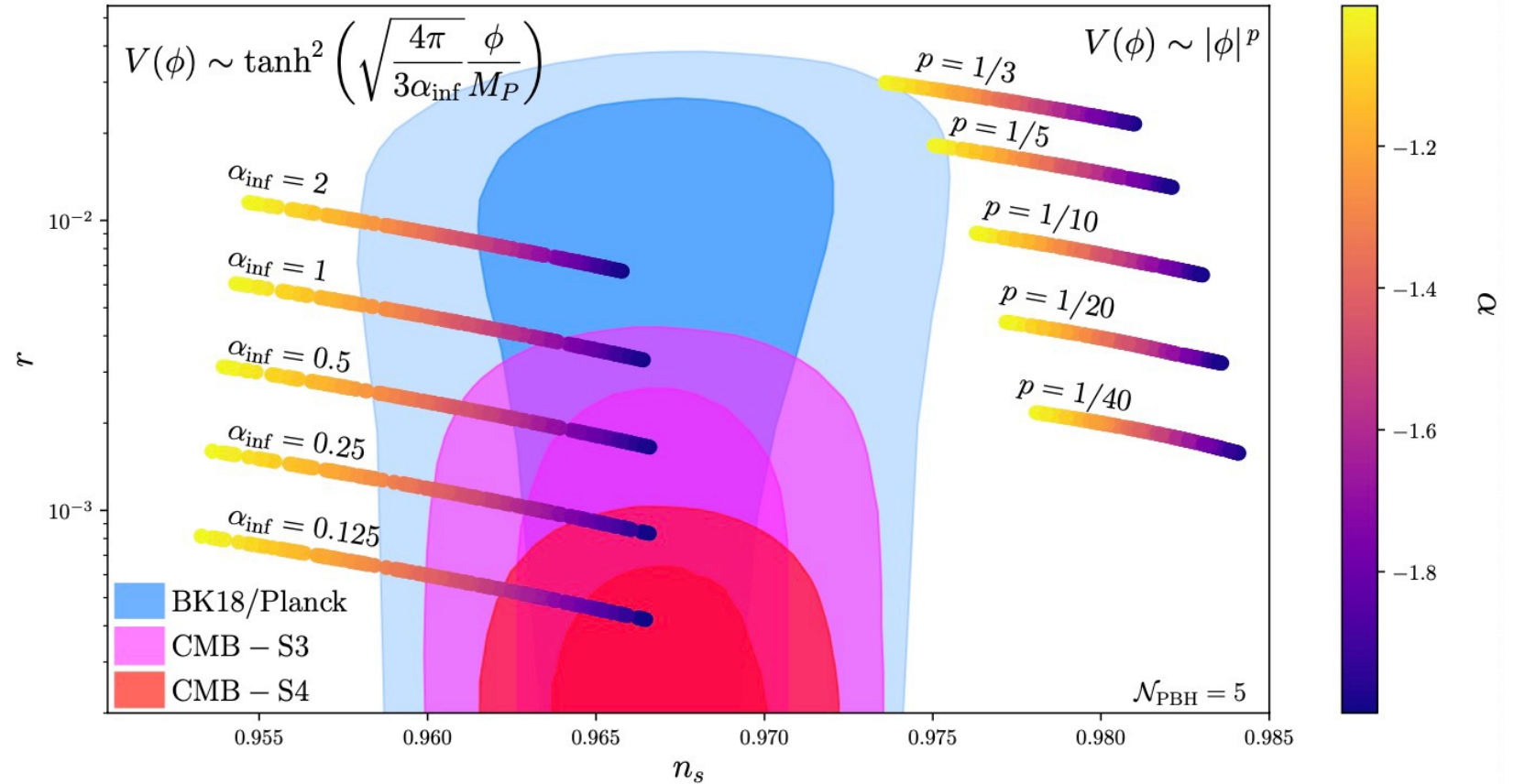
Cosmological implications: Inflationary observables

K. Dienes, L. Heurtier, FH, D. Kim, T. Tait, B. Thomas
arXiv: 2212.01369

The modification to the cosmological timeline is tightly constrained by the CMB measurements through **Spectral index** n_s and **tensor-to-scalar ratio** r

With increasing α

- n_s tends to decrease
- r tends to increase
- increases the tension for α -attractor potentials
- reduces the tension for polynomial potentials



Cosmological implications: Gravitational waves

K. Dienes, L. Heurtier, FH, D. Kim, T. Tait, B. Thomas

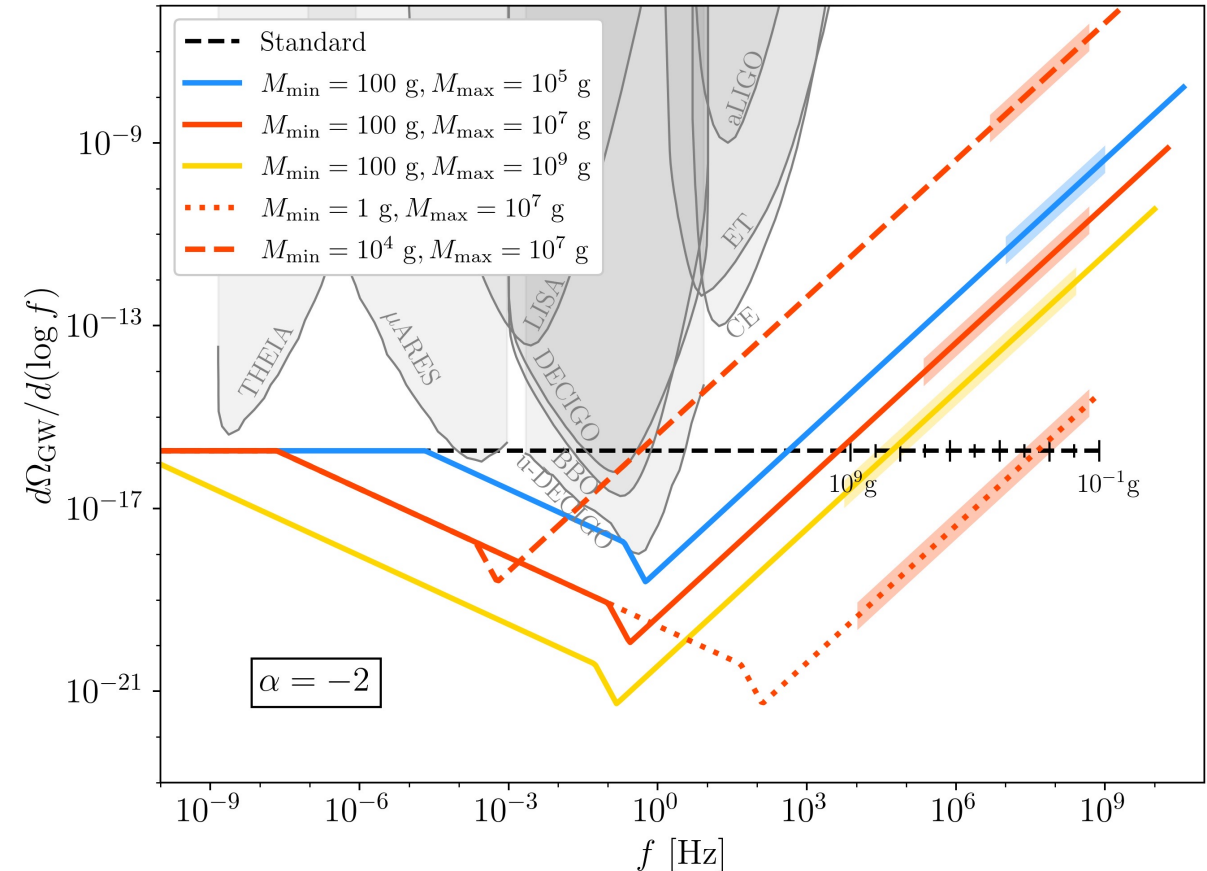
arXiv: 2212.01369

The sequence of non-standard epochs also modifies the spectrum of **SGWB** from *inflation* by modifying a_k at horizon reentry $k = (aH)_k$

- **flat** if $w = 1/3$
- **increasing function of k** if $w > 1/3$
- **decreasing function of k** if $w < 1/3$

A GW spectrum that would be scale-invariant if produced in RD will be modified if PBH-induced stasis occurs

- Evade detection at frequencies relevant for space- or ground-based interferometer
- opportunity for GW experiment at ultra-high frequencies



$$\frac{d\Omega_{\text{GW}}}{d \log f} \equiv \frac{1}{\rho_{\text{crit}}(a_{\text{now}})} \frac{d\rho_{\text{GW}}(a_{\text{now}})}{d \log f}$$

A Model of Stasis

Mass Spectrum

$$m_\ell = m_0 + (\Delta m)\ell^\delta$$

Decay Widths

$$\Gamma_\ell = \Gamma_0 \left(\frac{m_\ell}{m_0}\right)^\gamma$$

Initial Abundances

$$\Omega_\ell^{(0)} = \Omega_0^{(0)} \left(\frac{m_\ell}{m_0}\right)^\alpha$$

Free parameters

$$\{\alpha, \gamma, \delta, m_0, \Delta m, \Gamma_0, \Omega_0^{(0)}, t^{(0)}, N\}$$

initial
conditions

Depends on particle physics model

- KK excitations of a 5-d scalar field compactified on a circle of radius R
 - $\delta \sim 1$ for $mR \ll 1$
 - $\delta \sim 2$ for $mR \gg 1$
- Bound states of strongly-coupled gauge theory
 - $\delta \sim 1/2$

Depends on decay mode

- if ϕ_ℓ decays to photons through contact operator $\mathcal{O}_\ell \sim c_\ell \phi_\ell \mathcal{F} / \Lambda^{d-4}$, $\gamma = 2d - 7$, e.g., $\gamma \sim \{3, 5, 7\}$

Depends on the production mechanism

- $\alpha < 0$ for misalignment production
- both $\alpha > 0$ or $\alpha < 0$ for thermal freeze-out
- $\alpha = 1$ for universal inflaton decay

backup

A Model of Stasis

Mass Spectrum

$$m_\ell = m_0 + (\Delta m)\ell^\delta$$

Decay Widths

$$\Gamma_\ell = \Gamma_0 \left(\frac{m_\ell}{m_0}\right)^\gamma$$

Initial Abundances

$$\Omega_\ell^{(0)} = \Omega_0^{(0)} \left(\frac{m_\ell}{m_0}\right)^\alpha$$

Free parameters

$$\{\alpha, \gamma, \delta, m_0, \Delta m, \Gamma_0, \Omega_0^{(0)}, t^{(0)}, N\}$$

initial
conditions

Depends on particle physics model

• KK excitations of a 5-d scalar field
see, e.g.,

arXiv: 1106.4546

1107.0721

1203.1923

1609.09104

1712.09919

Depends on decay mode
• if ϕ_ℓ decays to photons through
contact operator $\mathcal{O}_\ell \sim c_\ell \phi_\ell F / \Lambda^{d-4}$,
.....

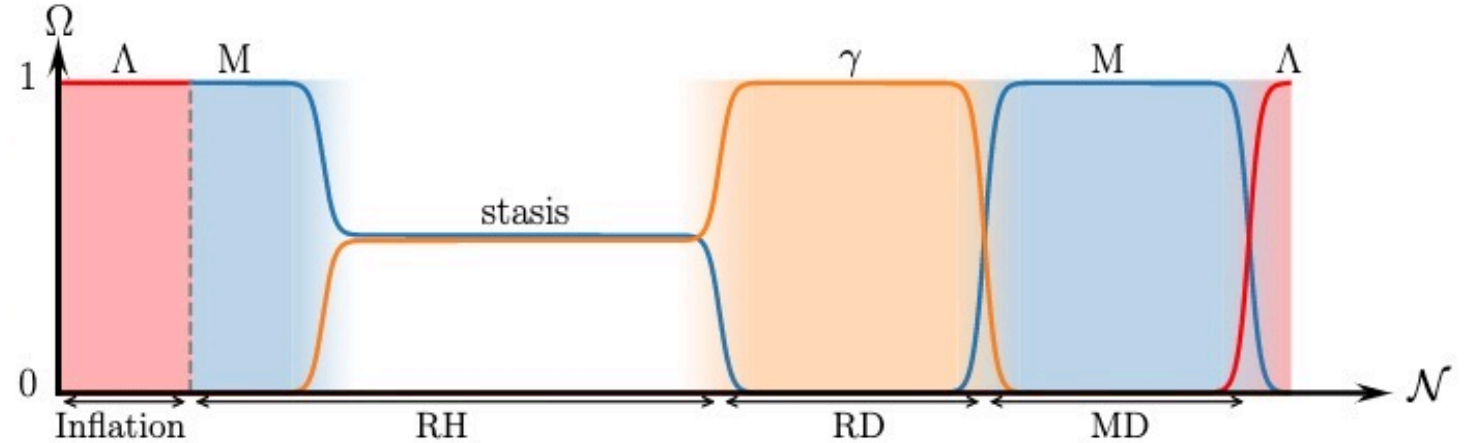
for specific models and

production scenarios

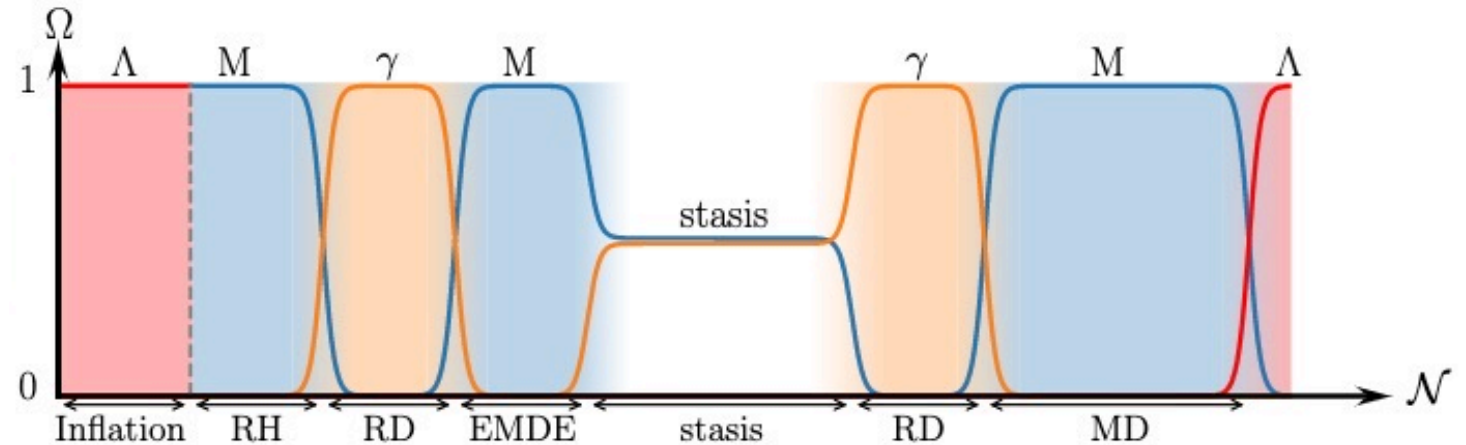
- $\alpha < 0$ for misalignment production
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- $\alpha = 1$ for universal inflaton decay

Where does stasis arise?

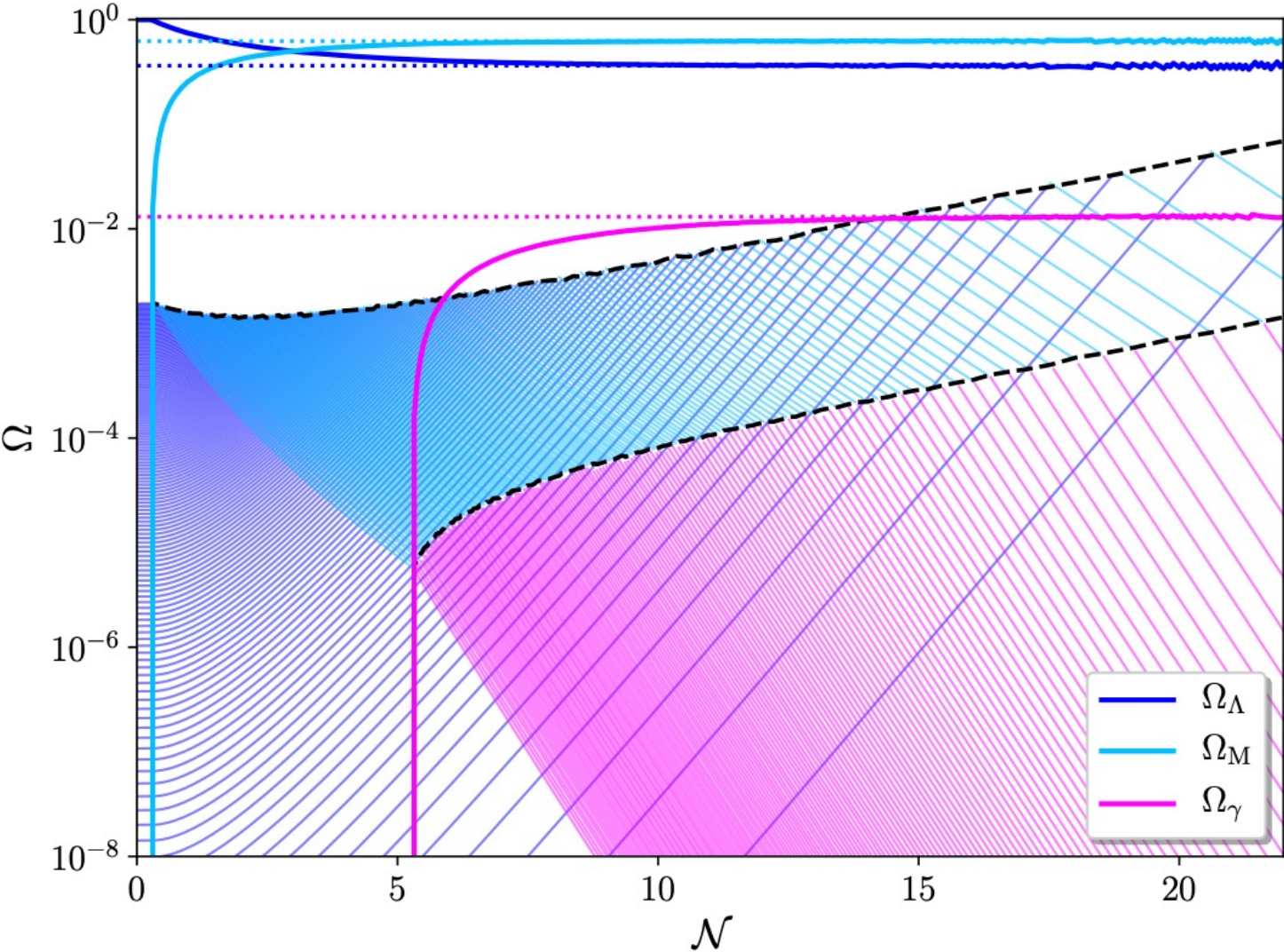
Reheating occurs during the stasis epoch and results from the decays of ϕ_ℓ



The presence of multiple matter fields first leads to an early matter-dominated era (EMDE), then stasis occurs when decays start



Fields drop-out



Fields drop-out

