

The Electroweak Phase Transition and Standard Model Effective Field Theory

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Based on work with E. Camargo-Molina and J. Löfgren



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STIFTELSE
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The scalar potential = energy density of Higgs field

$$V_{\text{SM}} = -\mu^2 H^\dagger H + \lambda (H^\dagger H)^2 = -\frac{1}{2}\mu^2 \phi^2 + \frac{\lambda}{4}\phi^4$$

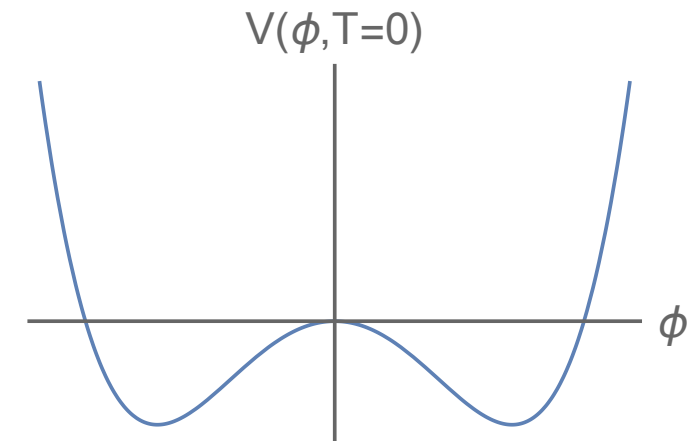
ϕ = neutral component
of Higgs doublet H

The minimum determines the ground state
of the Universe

But why does it look like that? With a negative mass term?

We need to probe the scalar potential further:

- λ is the only SM param we haven't probed in expt
- μ is the only dimensionful parameter in the SM



Probing the potential

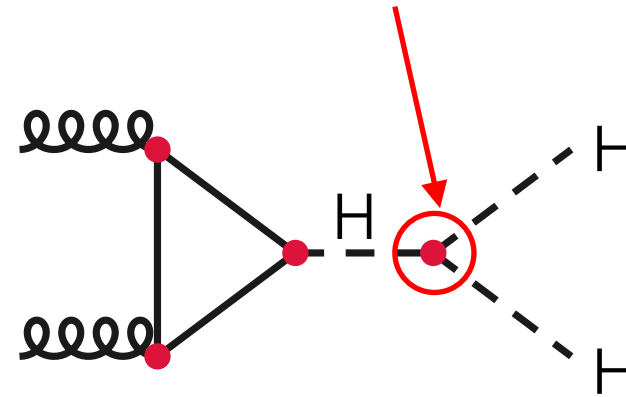
How to test?

- Higgs pair production
- Electroweak phase transition

New BSM physics will often affect the Higgs self-coupling and the scalar potential

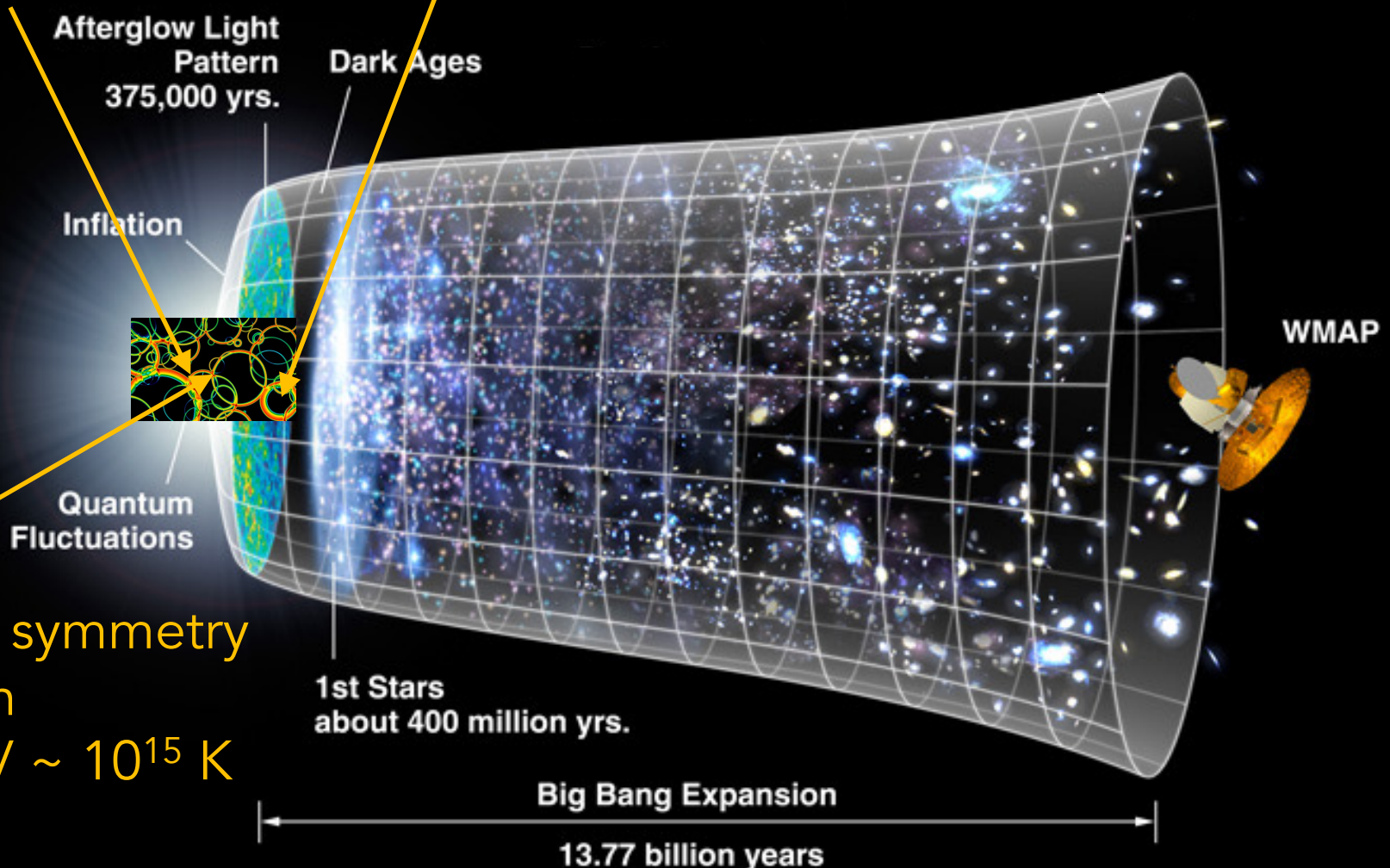
New physics can be heavy or light... We will consider SMEFT

Triple Higgs self-coupling



Before: $SU(2)_L \times U(1)_Y$
symmetry, no Higgs field,
all particles massless

After: Only $U(1)_{EM}$
symmetry, Higgs field
nonzero, particles massive



Electroweak symmetry
broken when
 $T \sim 100 \text{ GeV} \sim 10^{15} \text{ K}$
 $t \sim 10 \text{ ps}$
After inflation, long before
nucleosynthesis and CMB



How did this electroweak phase transition occur?

There are different types of phase transitions:

- **First order:** abrupt transition with release of latent heat
- **Second order:** continuous transition, long range correlations, critical phenomena
- **Crossover:** not a phase transition at all (?) according to orthodox definition. Very smooth transition.

We want to know what the EW phase transition was in our Universe!



First order phase transitions are great

They are abrupt, violent affairs with energy released in the form of bubble nucleation of the new phase

The bubbles expand, collide, create sound waves, turbulence

If the transition is "strongly first order" ...

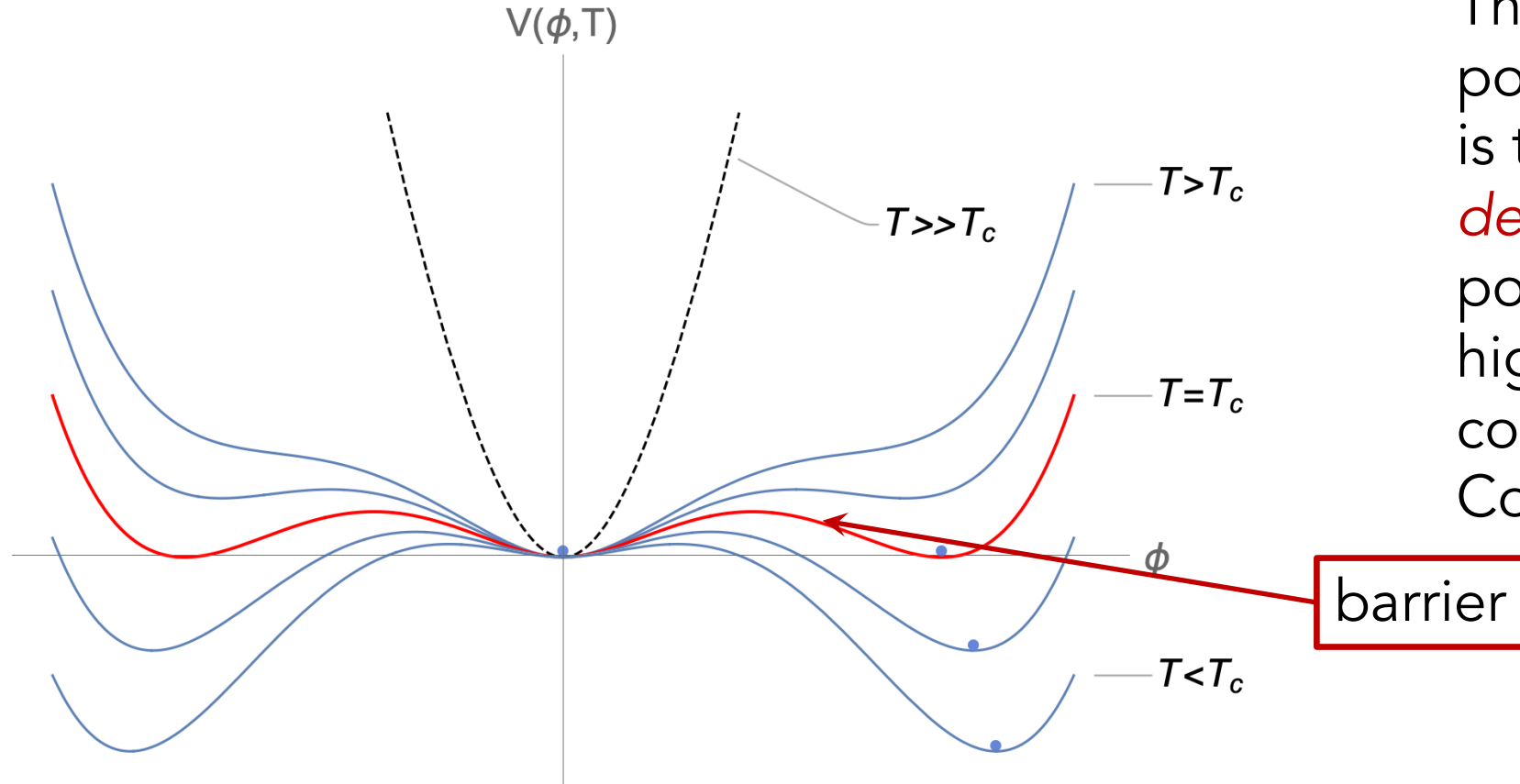
- the bubble dynamics can generate observable **gravitational waves** (with space-based expts like LISA)
- non-perturbative dynamics at the bubble walls can lead to **electroweak baryogenesis**





Free energy density = effective potential

The effective potential is equivalent to the free energy and determines the ground state of the theory



The effective potential $V_{\text{eff}}(\phi, T)$ is the *temperature-dependent* Higgs potential with higher order corrections (e.g. Coleman-Weinberg)

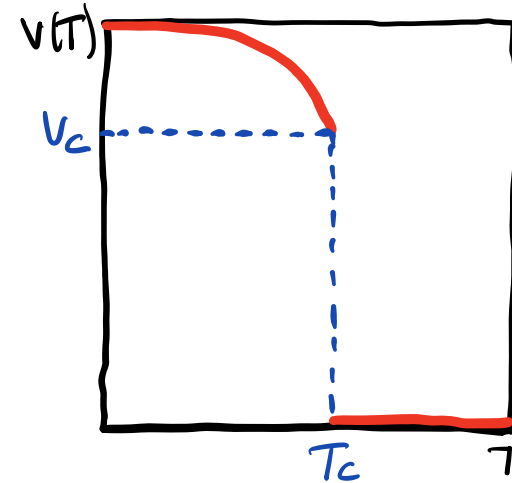
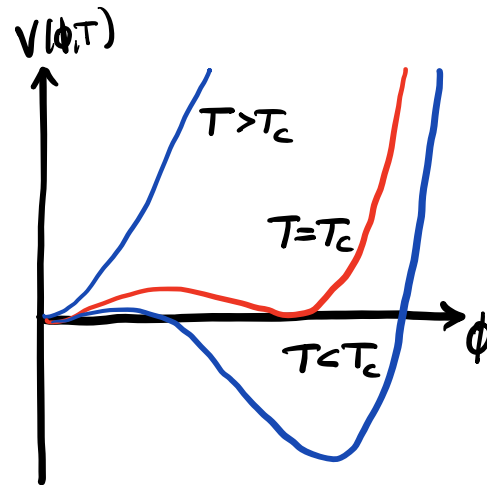


Order of phase transition depends on V_{eff}

A barrier means tunneling to the new ground state



abrupt, discontinuous
1st order transition
with **latent heat**



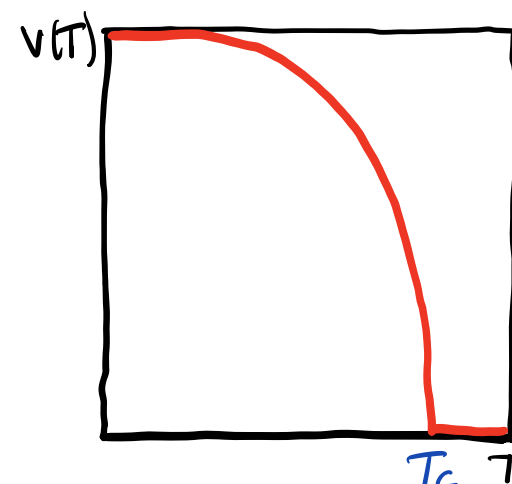
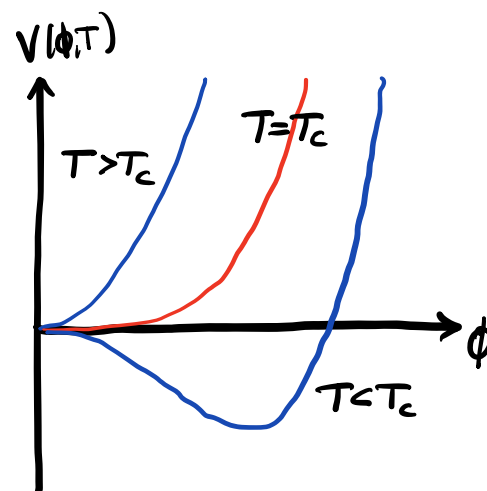
1st order transition

(order parameter is discontinuous)

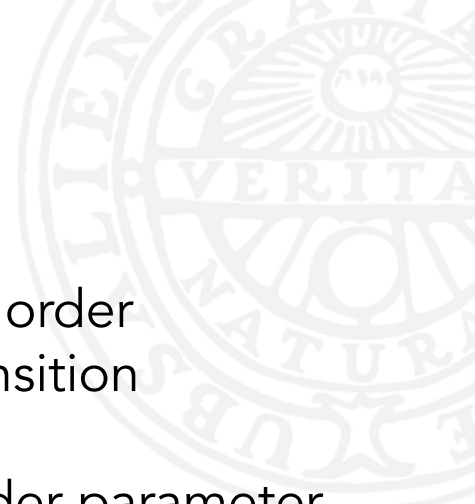
No barrier



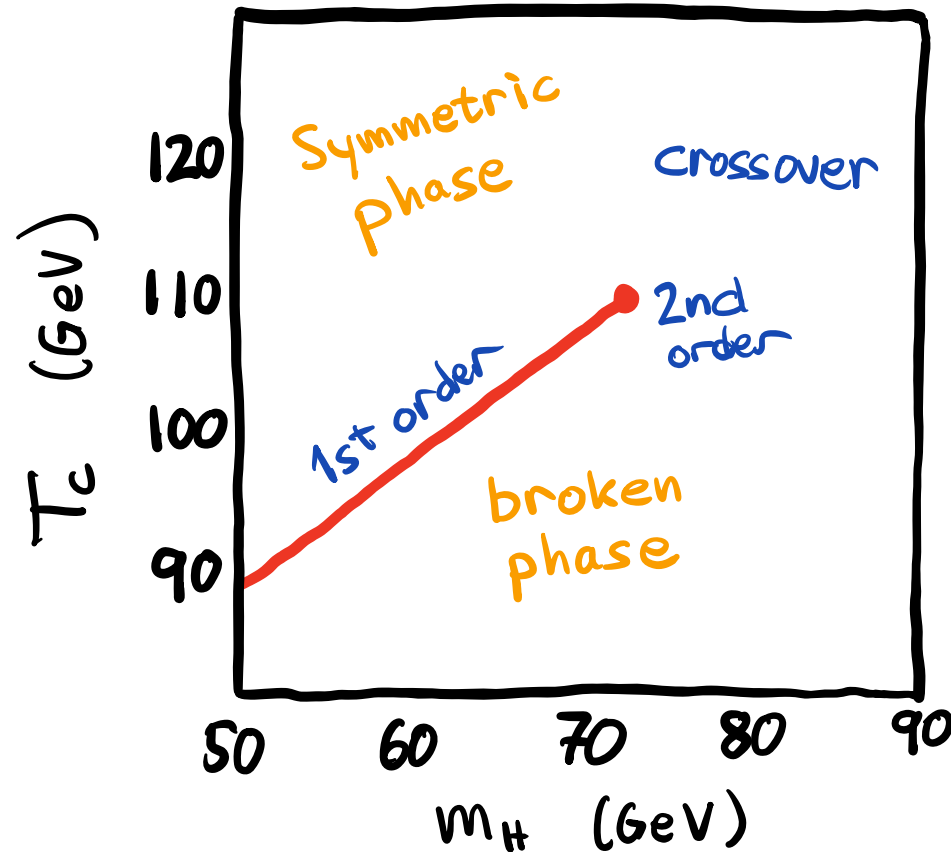
smooth, continuous
2nd order or crossover



2nd order transition



Electroweak phase diagram of the SM



Plot adapted from
Kajantie, Laine
Rummukainen,
Shaposhnikov
(1996 and 1998)

Critical point at
 $m_H = m_{H_c} = 72$ GeV
 $T = T_c = 109$ GeV

A first order phase transition is only possible if $m_H < 72$ GeV
– in our universe, it was a smooth crossover transition

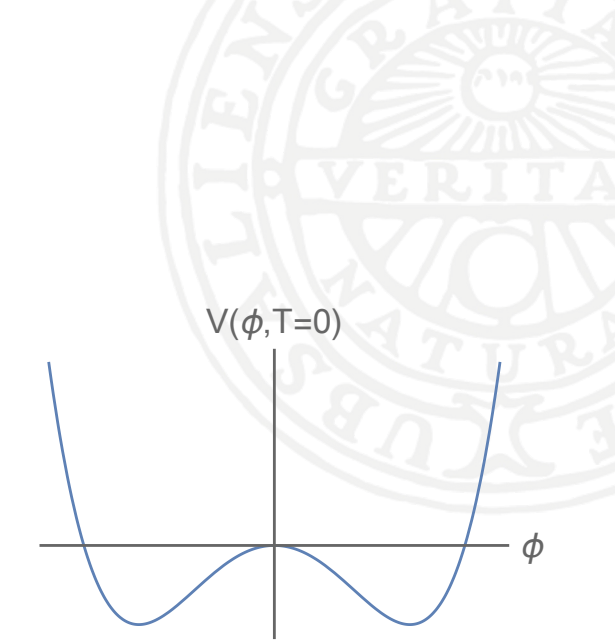
So how do you get a barrier?

There is no barrier at $T=0$ so it must be created radiatively:

$$V_0(\phi) = -\frac{1}{2}\mu^2\phi^2 + \frac{\lambda}{4}\phi^4$$

Gauge boson contributions at finite T give a cubic term:

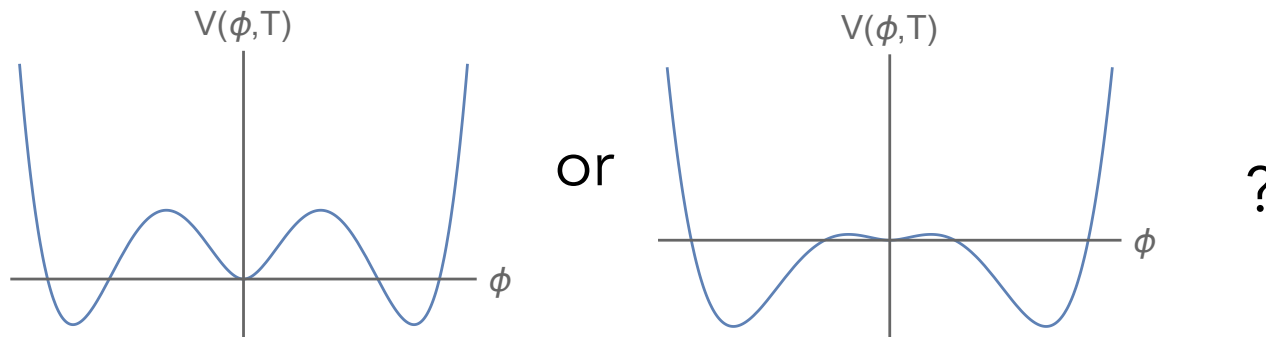
$$V_{\text{eff}}(\phi, T) = -\frac{1}{2}\mu_{\text{eff}}^2(T)\phi^2 - e^3 \frac{T}{12\pi}\phi^3 + \frac{\lambda}{4}\phi^4,$$



$$\mu_{\text{eff}}^2(T) = \mu^2 - \alpha T^2/12$$

$$e^3 = \frac{1}{2}g^3 + \frac{1}{4}(g^2 + g'^2)^{3/2}$$

...but is it large enough to give a substantial barrier?





Why does m_H determine the barrier?

In order to have a large barrier, the cubic term must be about the same size as the quadratic and quartic terms:

$$V_{\text{eff}}(\phi, T) = -\frac{1}{2}\mu_{\text{eff}}^2(T)\phi^2 - e^3 \frac{T}{12\pi}\phi^3 + \frac{\lambda}{4}\phi^4,$$

Power counting (Arnold and Espinosa): **we need scaling $\lambda \sim e^3$** , which is not satisfied in the SM: λ is ~ 5 times too large

The Higgs mass is given by **$m_H^2 = 2\lambda v^2$** : we need smaller λ and thereby smaller m_H for a 1st order transition



Use higher dimension operators to do this!

- Grojean, Servant, Wells (and others later) considered EWPT with dimension-6 operators
- They took $\lambda < 0$ to get a barrier at tree-level with the ϕ^6 term providing the Mexican Hat-type potential
- This does not work so well because it requires a rather small cutoff scale ~ 700 GeV
- We will instead consider $\lambda > 0$ as in SM but **small**. This makes a 1st order EWPT possible with correct Higgs mass, because we can get the right Higgs mass anyway



Standard Model Effective Field Theory (SMEFT)

Effective field theory with SM symmetries and dimension-6 operators built out of SM fields:

$$\mathcal{L}_{\text{SMEFT}} = \mathcal{L}_{\text{SM}} + \sum_{\text{dim } 6} \frac{C^i}{\Lambda^2} Q_i$$

There are 59 such operators (with B and L conservation) but the ones relevant for the Higgs sector are

$$Q_H = (H^\dagger H)^3,$$

$$Q_{H\Box} = (H^\dagger H)\Box(H^\dagger H),$$

$$Q_{HD} = (H^\dagger D_\mu H)^* (H^\dagger D^\mu H)$$





Phase transition in the SMEFT

SMEFT at $T=0$:

$$V_0(\phi) = -\frac{m^2}{2}\phi^2 + \frac{\lambda}{4}\phi^4 - \frac{C^H}{8}\phi^6$$

but power-counting at high $T \rightarrow$ dimension-6 term does not influence the phase transition!

Thus we can use the same EWPT calculation as in the SM* but for smaller λ ! However:

$$m_H^2 = 2\lambda v^2 - \left(3C^H - 4\lambda C^{H\Box} + \lambda C^{HD} \right) \frac{v^4}{\Lambda^2}$$

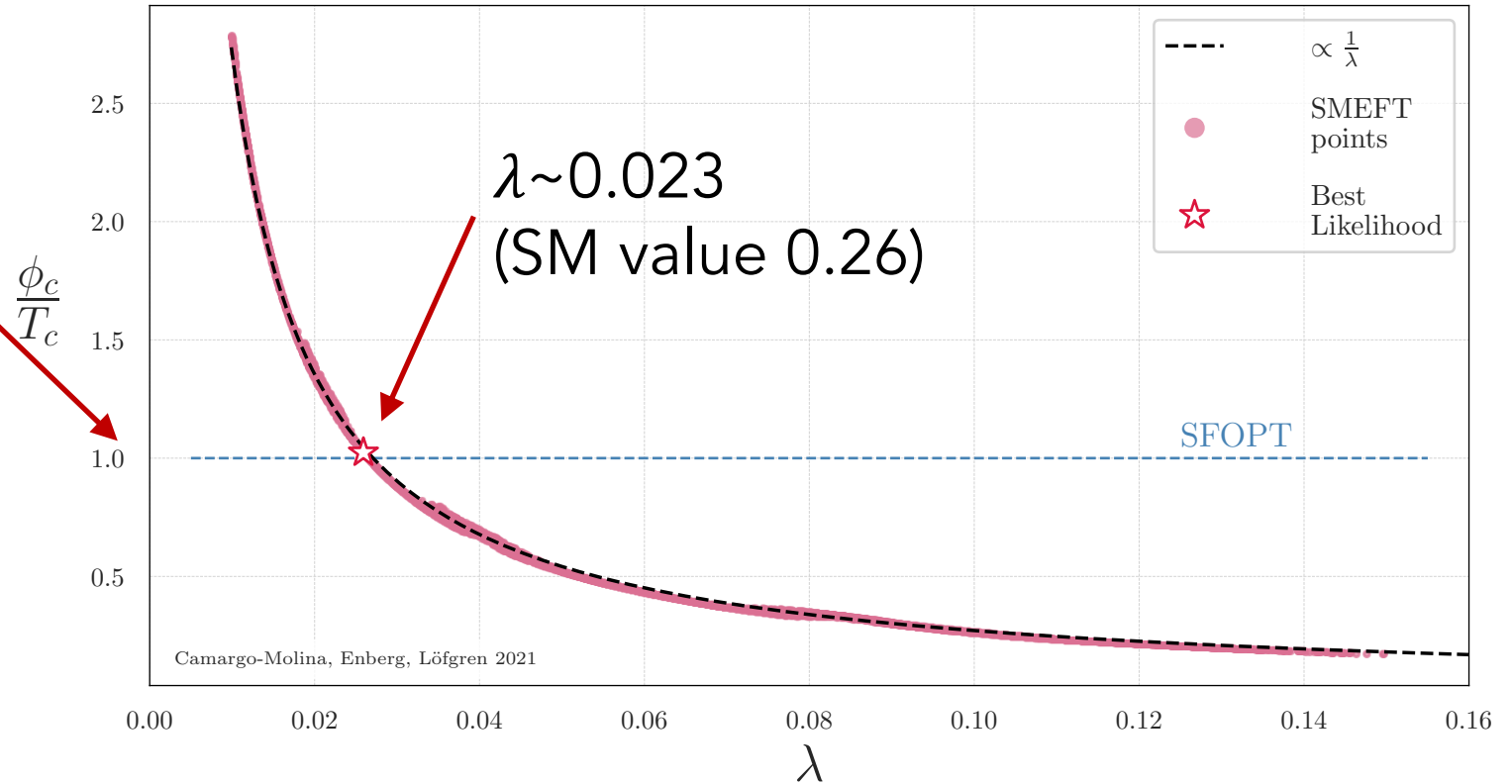
* μ_{eff} gets a contribution from SMEFT Wilson coefficients



The scan and the results

For small λ we can get a strong 1st order PT

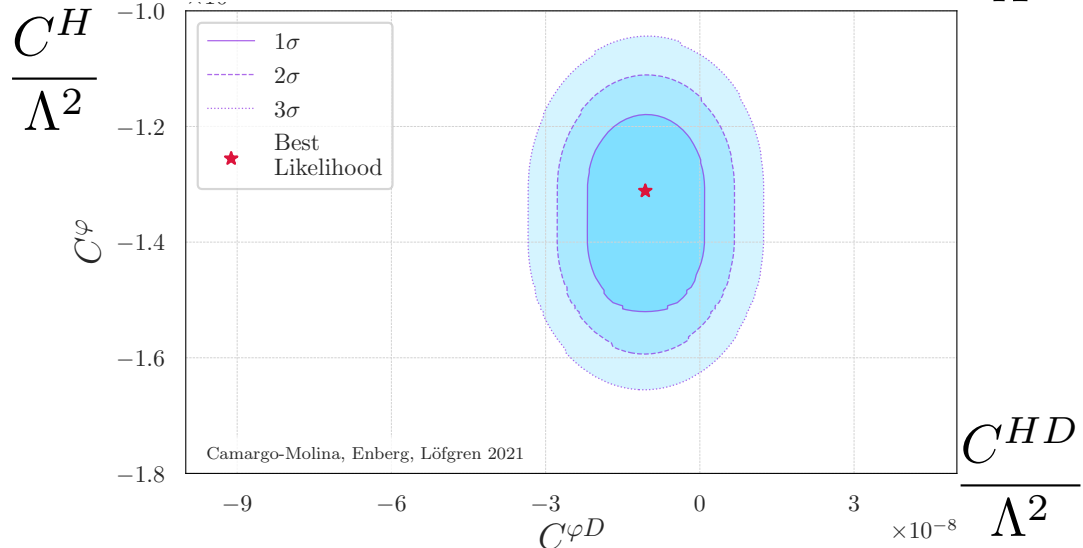
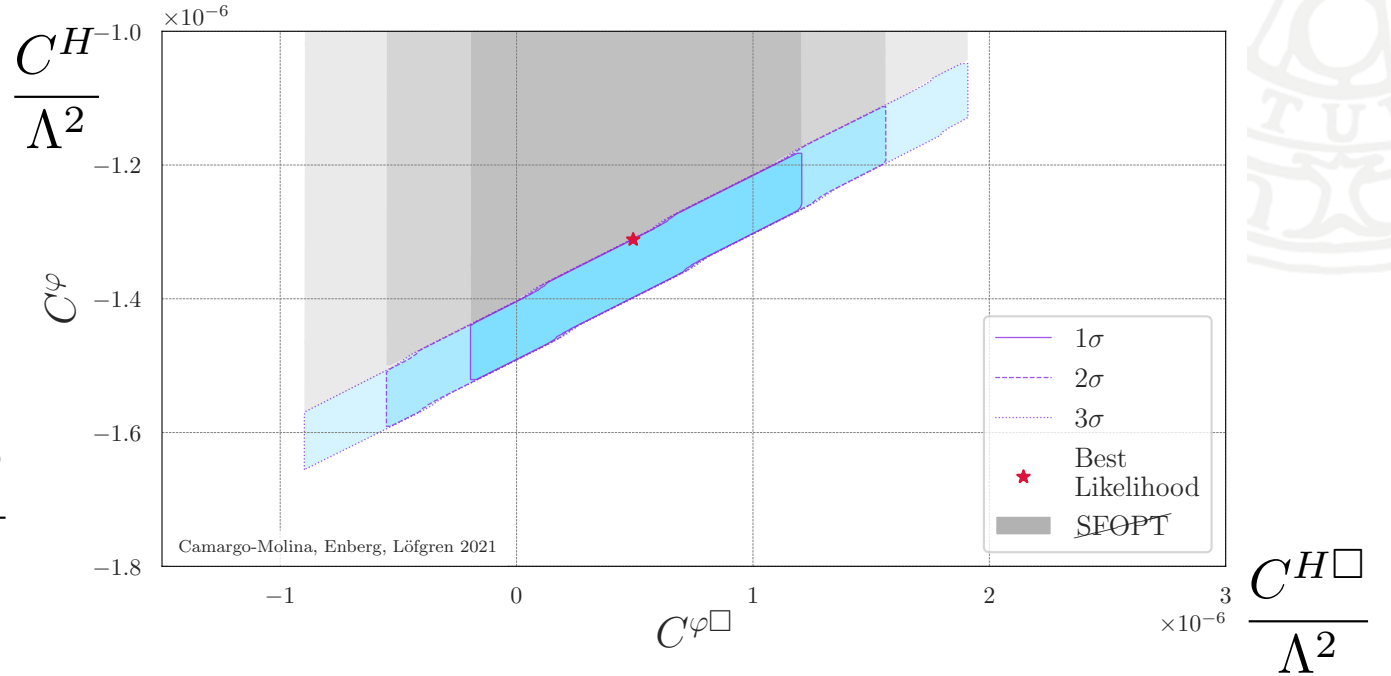
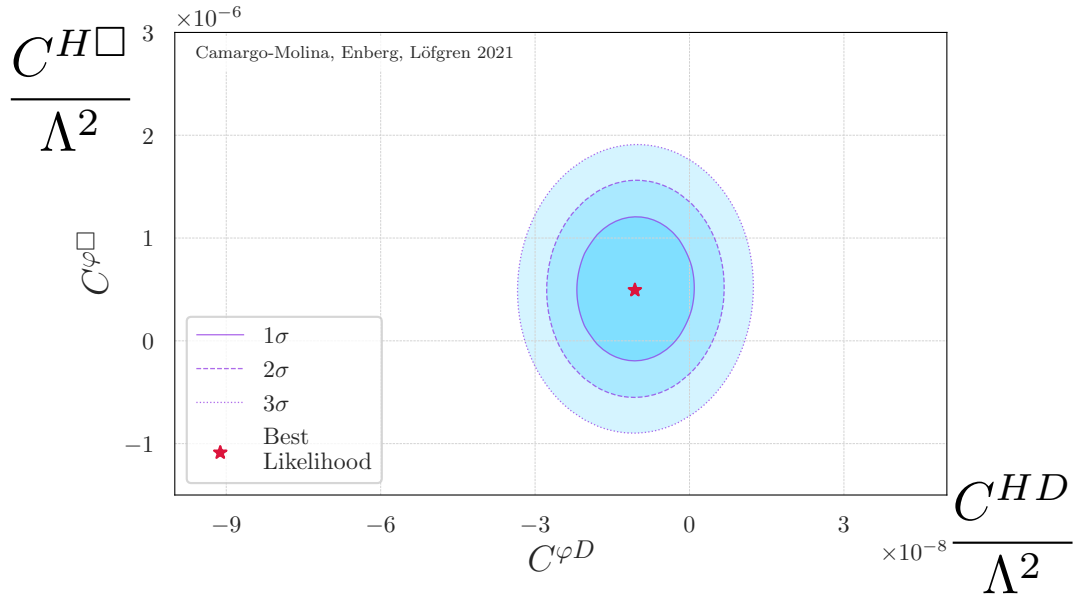
(The $1/\lambda$ dependence comes from the power counting in the potential)



Camargo-Molina, RE, Löfgren, JHEP 10 (2021) 127, arXiv:2103.14022

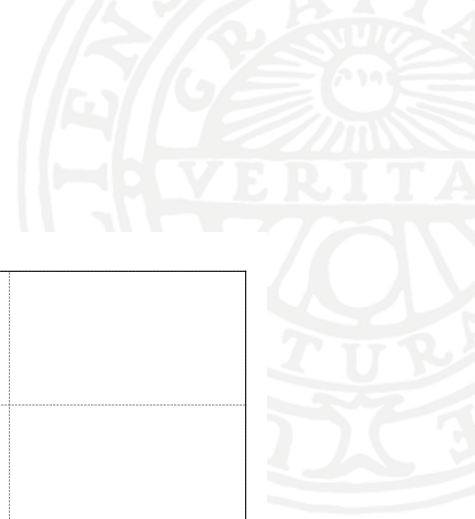


Scan over Wilson coefficients: $\Lambda \sim 1$ TeV



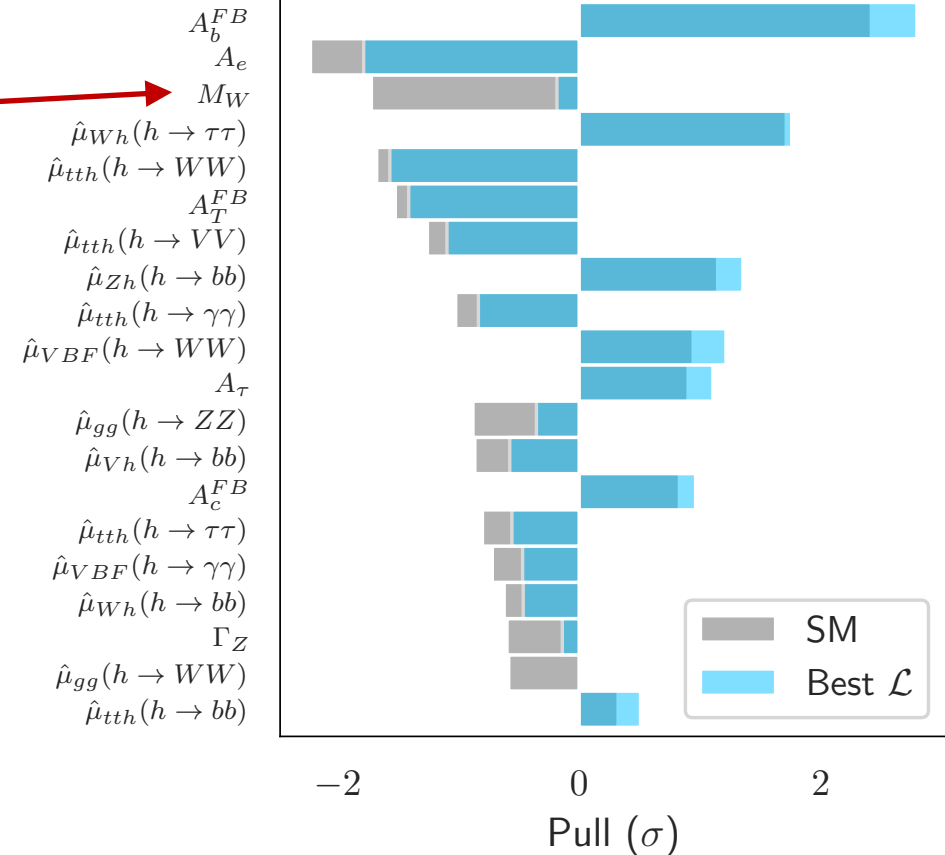
The best fit to data is a point with a strongly 1st order phase transition

The fit uses the codes `smelli`, `flavio` and `wilson` (Aebischer, Kumar, Stangl, Straub)

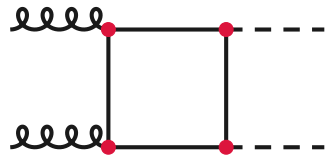
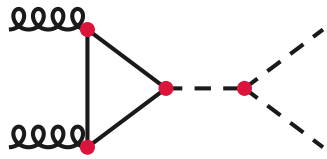


W mass!

- In fact the fit gives a better fit to the W mass than the SM, because it predicts a slightly larger m_W
- The Wilson coefficients relax some of the parameter relations in the Standard Model

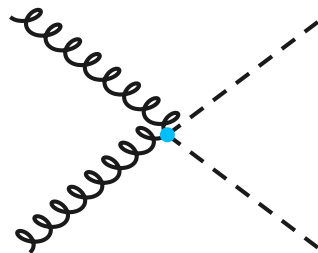
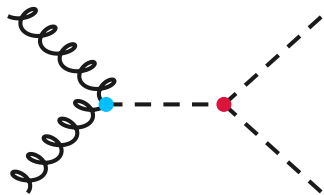


Higgs pair production in SMEFT

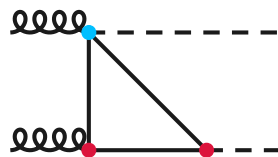
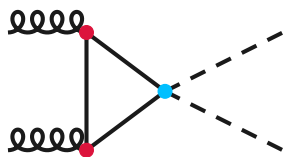


These exist in the SM but are modified in SMEFT by dim-6 operators, including a new p -dependence. But roughly

$$\frac{\lambda_{HHH}}{\lambda_{HHH}^{\text{SM}}} \simeq 1 - \frac{2v^4}{m_h^2} \frac{C^H}{\Lambda^2}, \quad \text{here: } C^H < 0$$



These are new diagrams that can modify the rate and the kinematical dependence of the cross section



Next steps

- Investigate Higgs pair production in this small λ scenario
Part of SHIFT activities; see related talks by Christina Dimitriadi and Elin Bergeås Kuutmann
- Gravitational waves?
Best way: dimensional reduction, see next talk by Andreas Ekstedt
- Electroweak baryogenesis?
Need to include CP-violation: more operators

