

# Properties of light relics from cosmological observations

Cosmology in Miramare 2023 - 29 Aug 2023

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Image credit: Sara Zollo

# Neutrinos and Cosmology

Pioneering and stringent bounds on neutrino properties  
from Cosmology already competitive with lab

$$m_\nu < 400 \text{ eV} \quad (\rho_\nu < \rho_{\text{tot}})$$

$$m_\nu < 8 \text{ eV} \quad (\rho_\nu < \rho_{\text{DM}})$$

$$N_\nu < 4$$

Gershtein-Zeldovich (1966)  
Cowsik-McClelland (1972)

Schramm&Kawano (1989)  
Olive+ (1990)

+ lower bounds for very heavy neutrinos  
Szalay&Marx(1976)

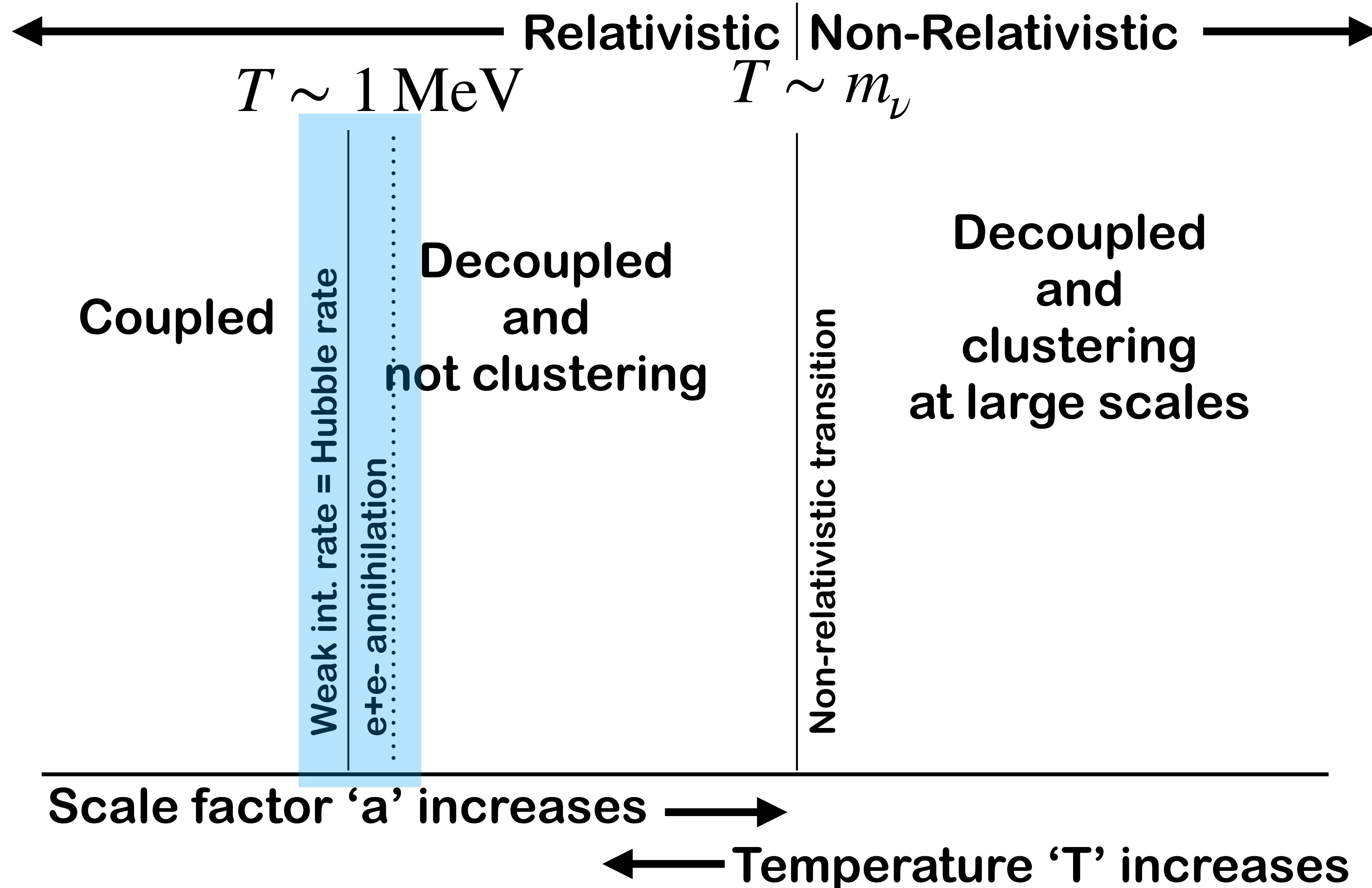
Hut; Lee&Weinberg; Sato&Kobayashi(1977)

(Stringent) bound on the family number  
required not to spoil BBN

+ from numerical sims

structure formation with hot DM is top-down,  
incompatible with observations (1980s)

# Neutrino cosmology



# Neutrino cosmology

← Relativistic Non-Relativistic →

$$\rho_\nu \propto (T_\nu/T_\gamma)^4 N_{\text{eff}}$$

$$N_{\text{eff}} \equiv \frac{\rho_{\text{rad}} - \rho_\gamma}{\rho_\nu^{\text{st}}} = 3.044$$

Distorsions due to non-inst decoupling

radiative corrections,

flavour oscillations

Dolgov, 1997, Mangano+, 2005

Bennett+, 2020, Froustey+, 2020, Akita+, 2020

T~m\_nu

$$\rho_\nu \propto \sum m_\nu (T_\nu/T_\gamma)^3$$

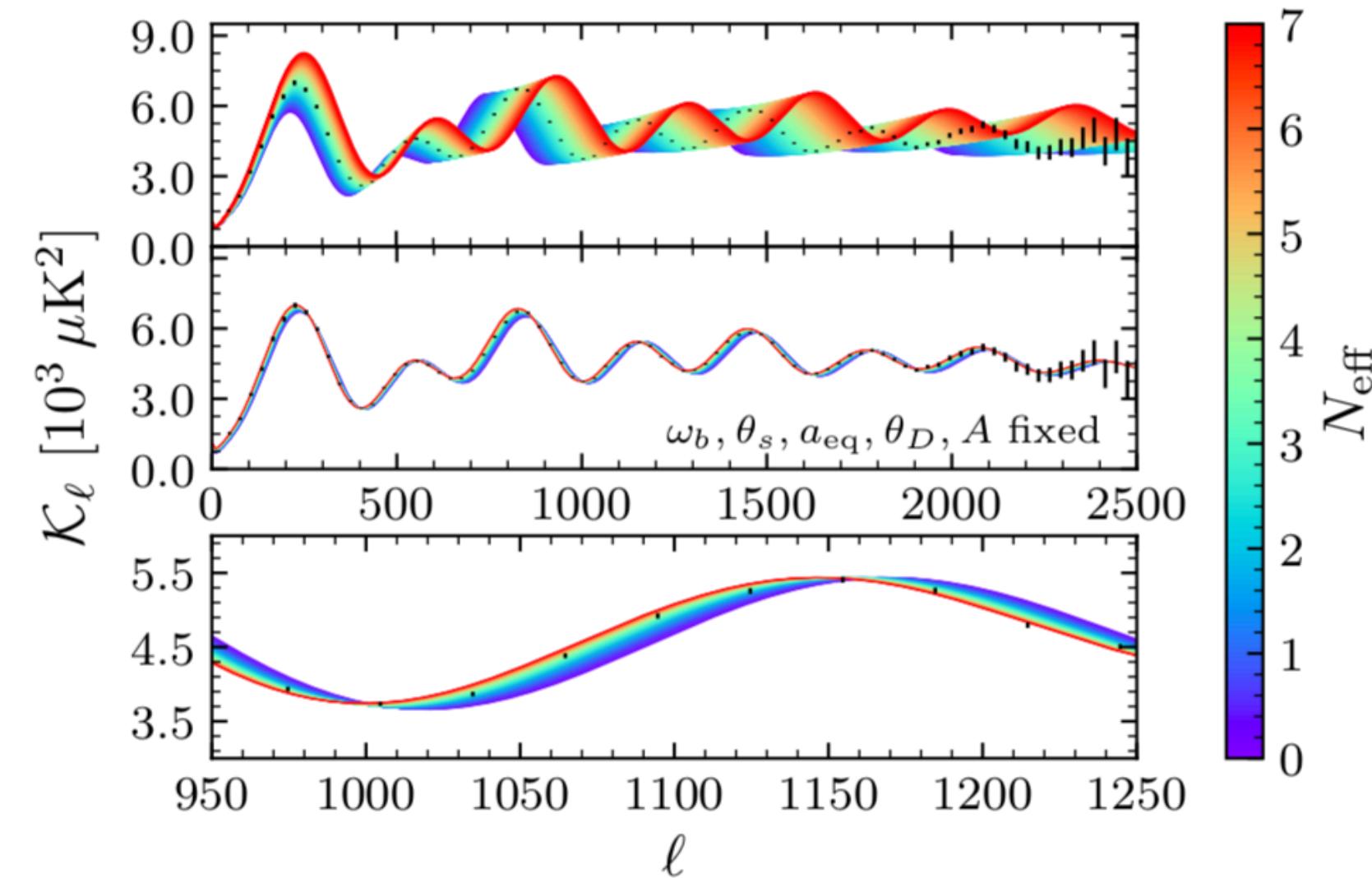
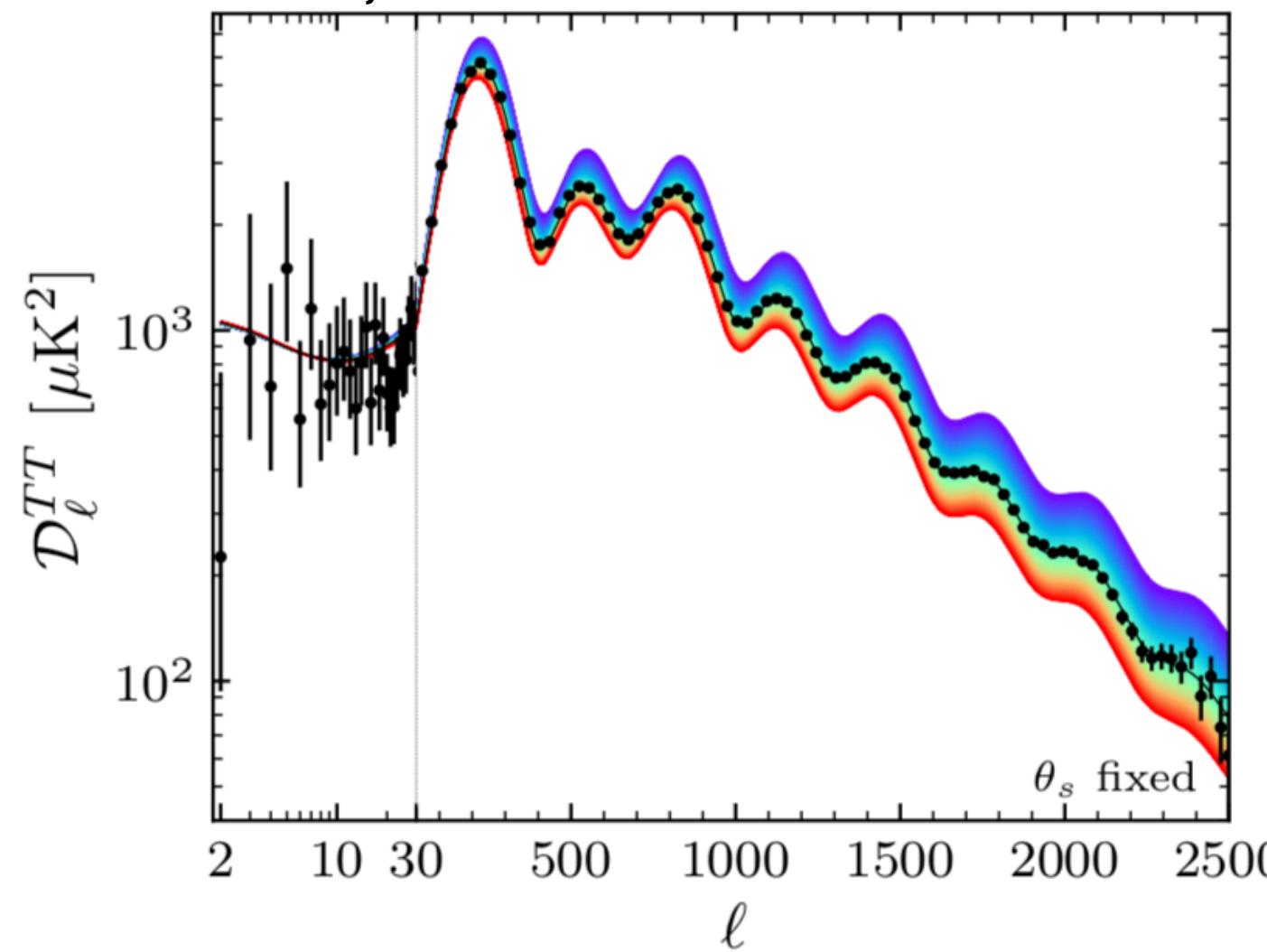
$$\sum m_\nu = \sum_{i=1,2,3} m_{\nu,i}$$

Scale factor ‘a’ increases →

← Temperature ‘T’ increases

# Neutrino cosmology

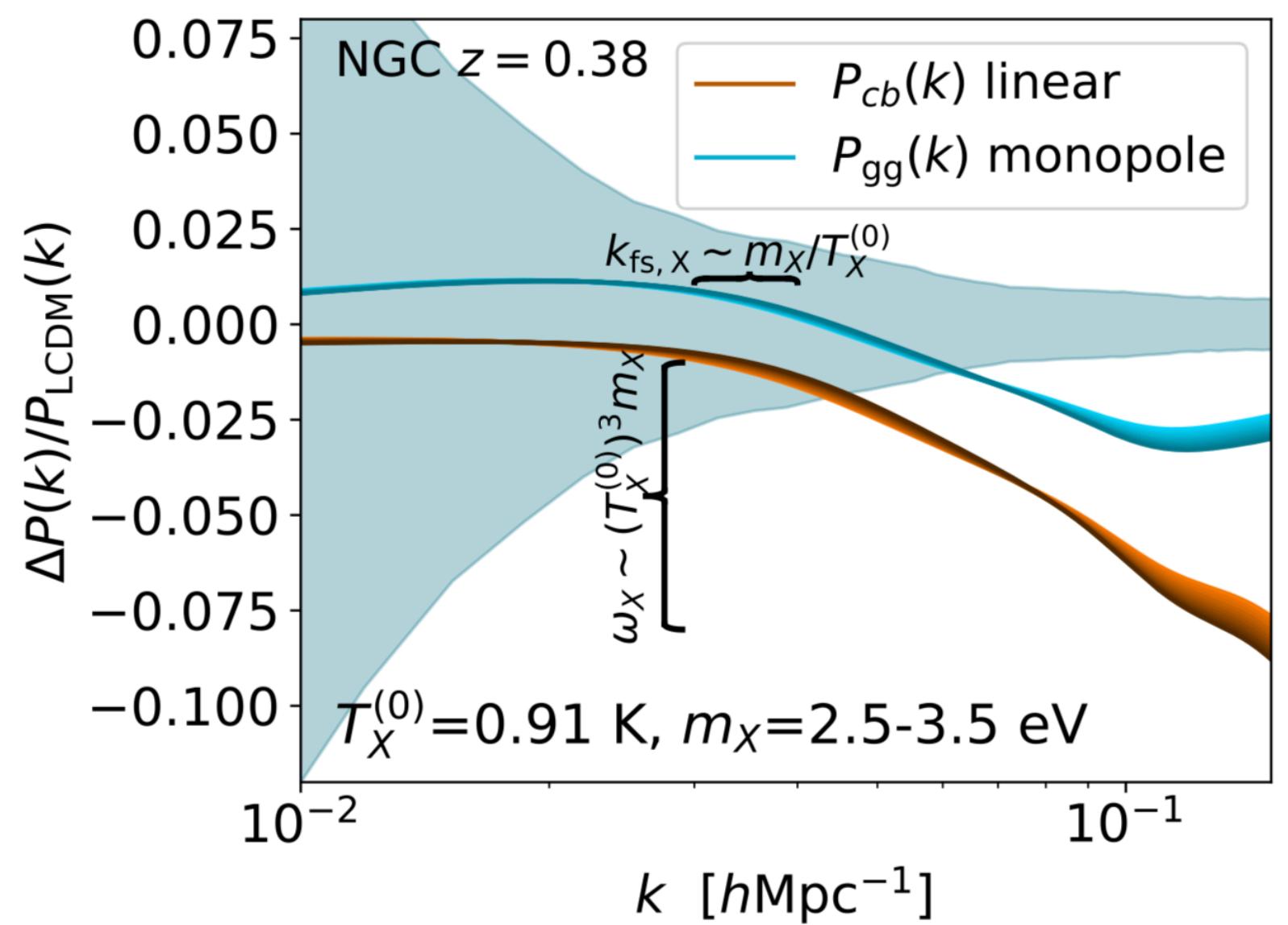
2203.07377, credit: B. Wallisch



Damping tail suppression:  
 $\theta_d \sim \sqrt{H(N_{\text{eff}})}$

Shift of acoustic peak position:  
 $\phi \sim N_{\text{eff}}$

Amplitude from abundance:  $\omega_\nu \propto T_\nu^3 m_\nu$   
 Suppression from free-streaming scale:  $k_{fs} \sim m_\nu / T_\nu$



Xu,Munoz,Dvorkin,2022

# What next in neutrino cosmology

The new generation of cosmological surveys is approaching: Simons Observatory, Euclid, LiteBIRD, CMB-S4, DESI, Rubin, SPHEREx, SKA ...

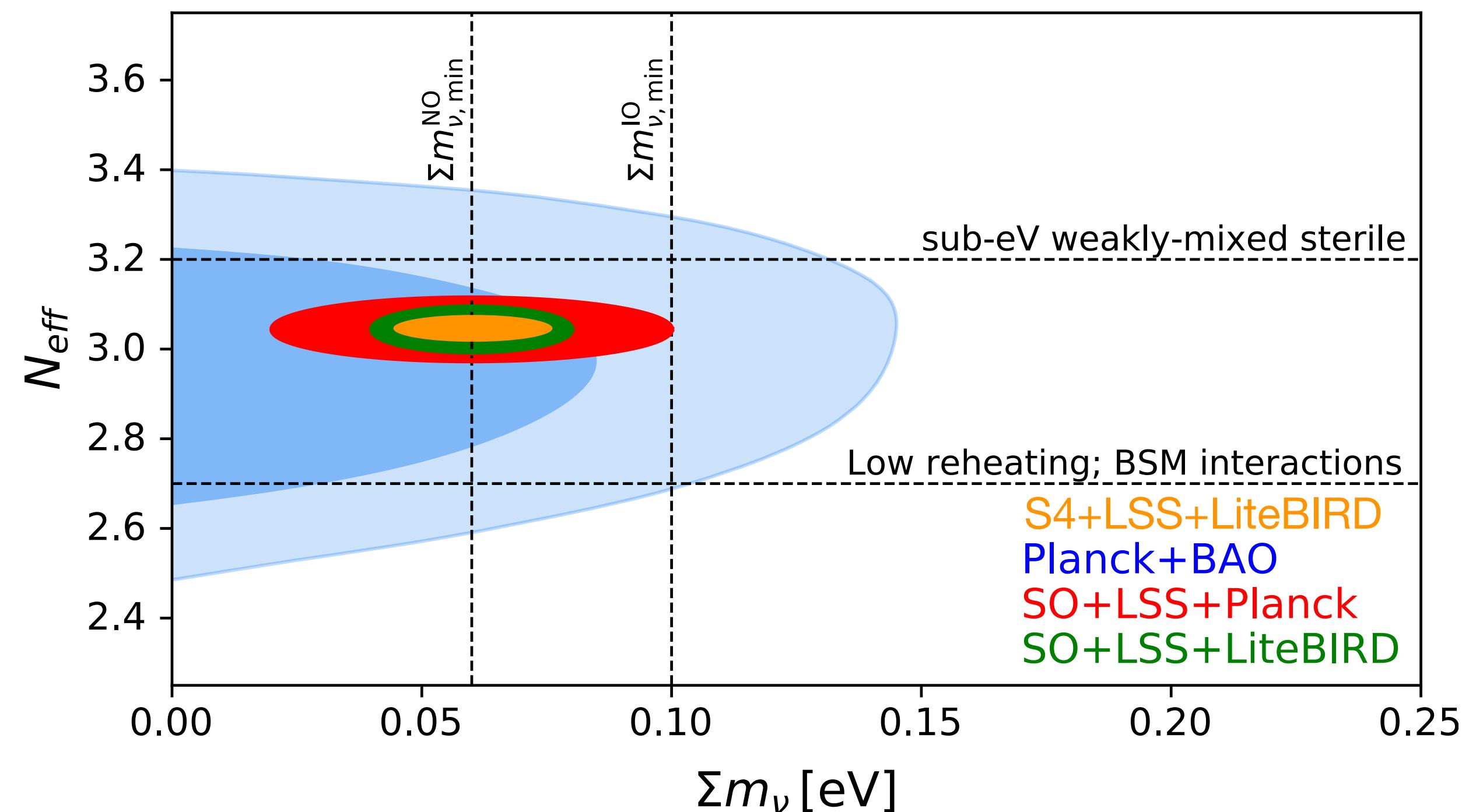
Does it mean that we are moving:

- 1) Towards the first detection of the neutrino mass scale?

$$\sigma(\sum m_\nu) = 0.02 \text{ eV}$$

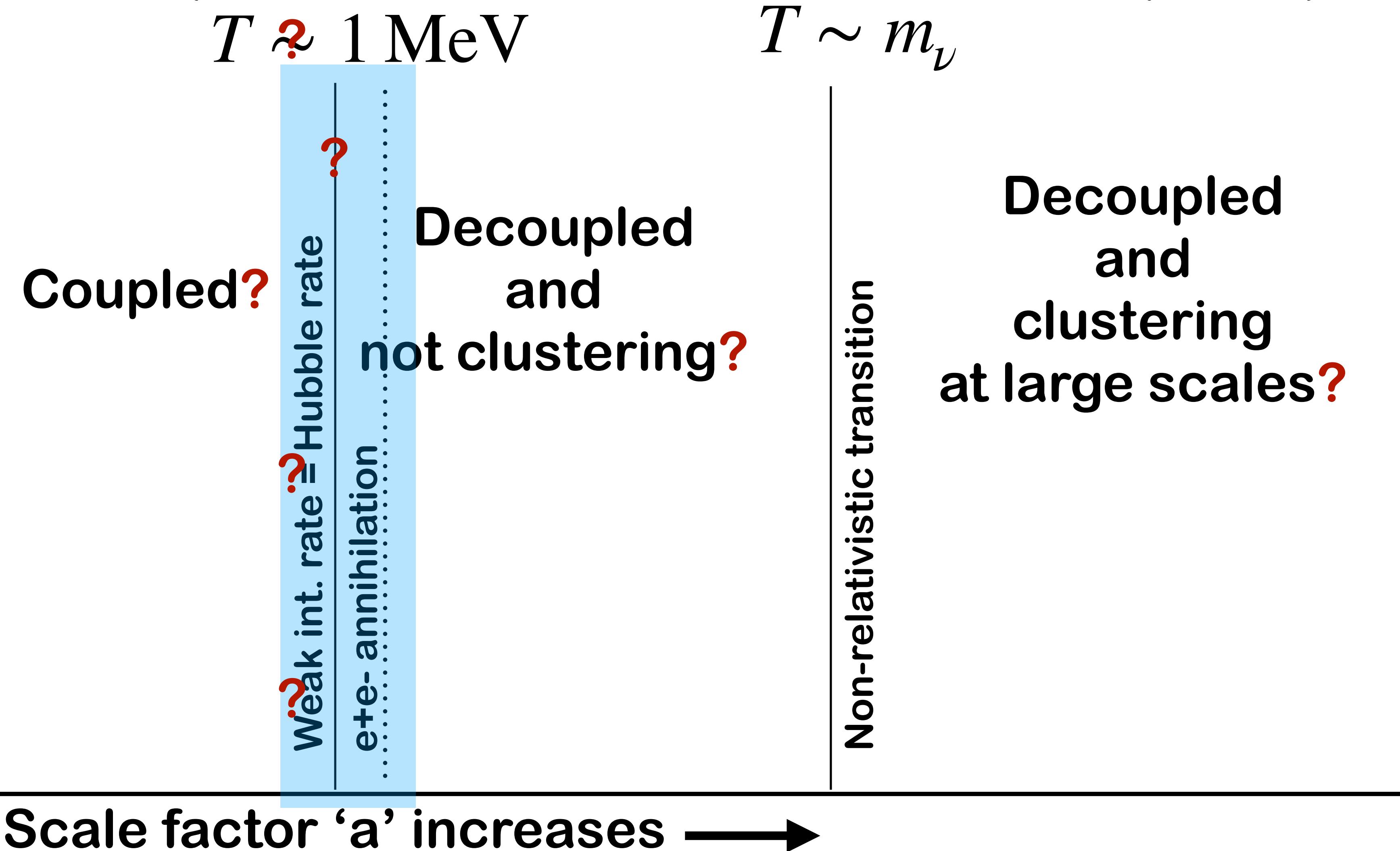
- 2) Towards the first probe of the physics of neutrino decoupling, and of BSM content at very early times?

$$\sigma(N_{\text{eff}}) = 0.03$$



# BSM neutrinos?

What if they are not what we think?  
(or: how sensitive are we to standard assumptions?)



# Thanks to many collaborators!

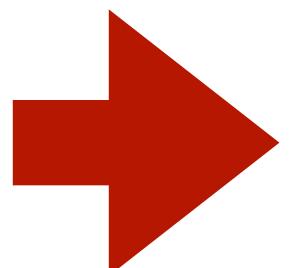
Results shown in the next slides are in collaboration with several amazing people:

**Junior:** L. Caloni (UniFE), P. Carenza (Stockholm),  
F. Forastieri (UniFE), G. Lucente (UniBA -> SLAC)

**Staff:** T. Brinckmann (UniFE), M. Lattanzi (INFN FE),  
M. Giannotti (Miami), L. Visinelli (Shanghai)

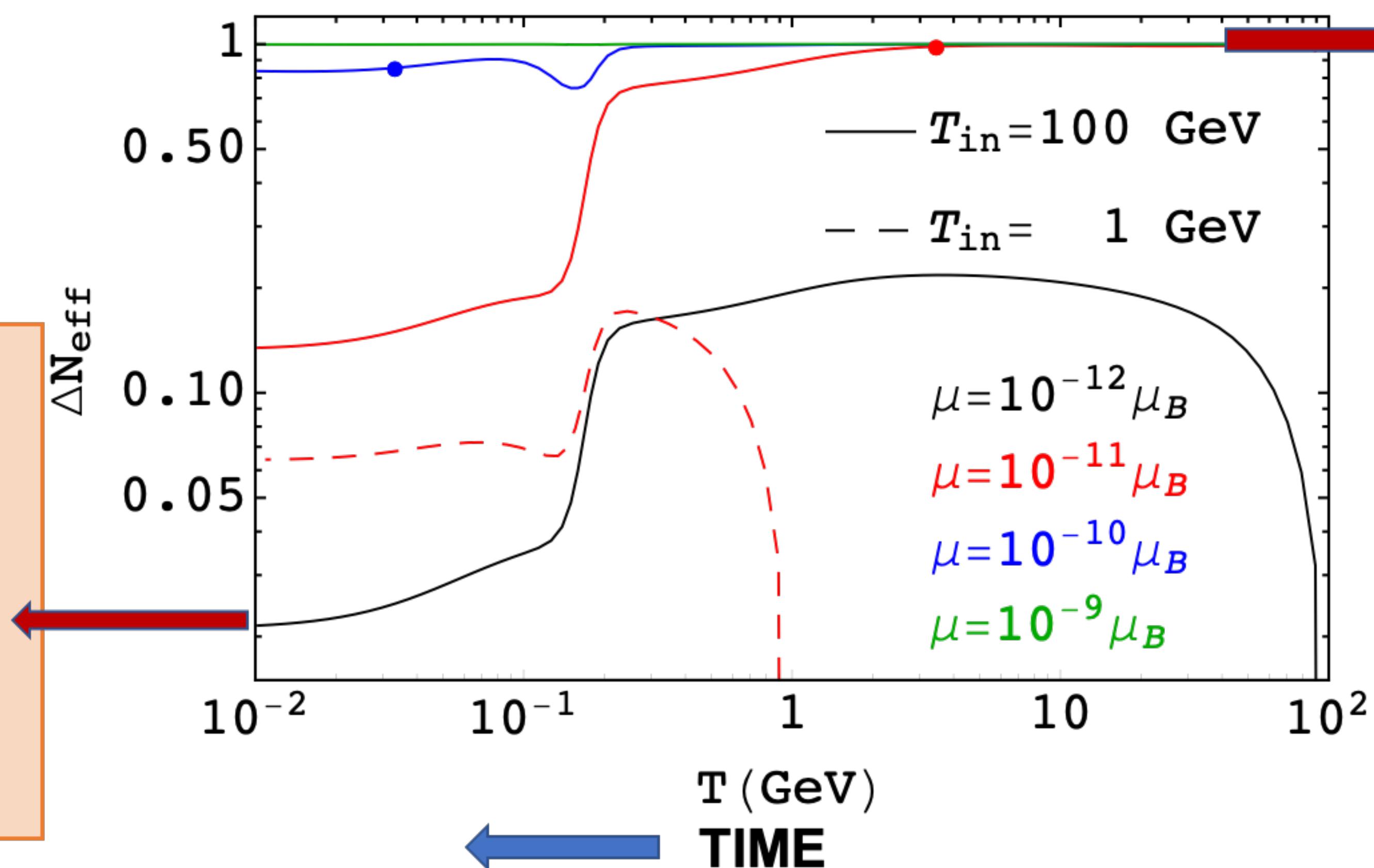
# Neutrino magnetic moment

If neutrinos have a magnetic moment,  
e.m. interactions in the plasma  
can flip the  $\nu$  helicity



A population of right-handed neutrinos is created  
from a purely left-handed initial ensemble

“Small” magnetic  
moment: thermal  
equilibrium never  
established. Freeze-in  
production.  
Abundance depends  
on initial temperature.



“Large” magnetic  
moment: thermal  
equilibrium is established  
at early times.

In both cases,  
abundance is diluted by  
entropy production after  
decoupling

Carenza+(incl. MG), 2022;  
Slide: courtesy of M. Lattanzi

# Neutrino magnetic moment

CMB experiments can provide competitive constraints on the neutrino magnetic moment

$\mu < 4.6 \times 10^{-12} \mu_B$  (Planck+BAO)  
 $\mu < 1.7 \times 10^{-12} \mu_B$  (Planck+BBN)  
( $T_{\max} \geq 100$  GeV)

Carenza+ (incl ML, arXiv:2211.0432)

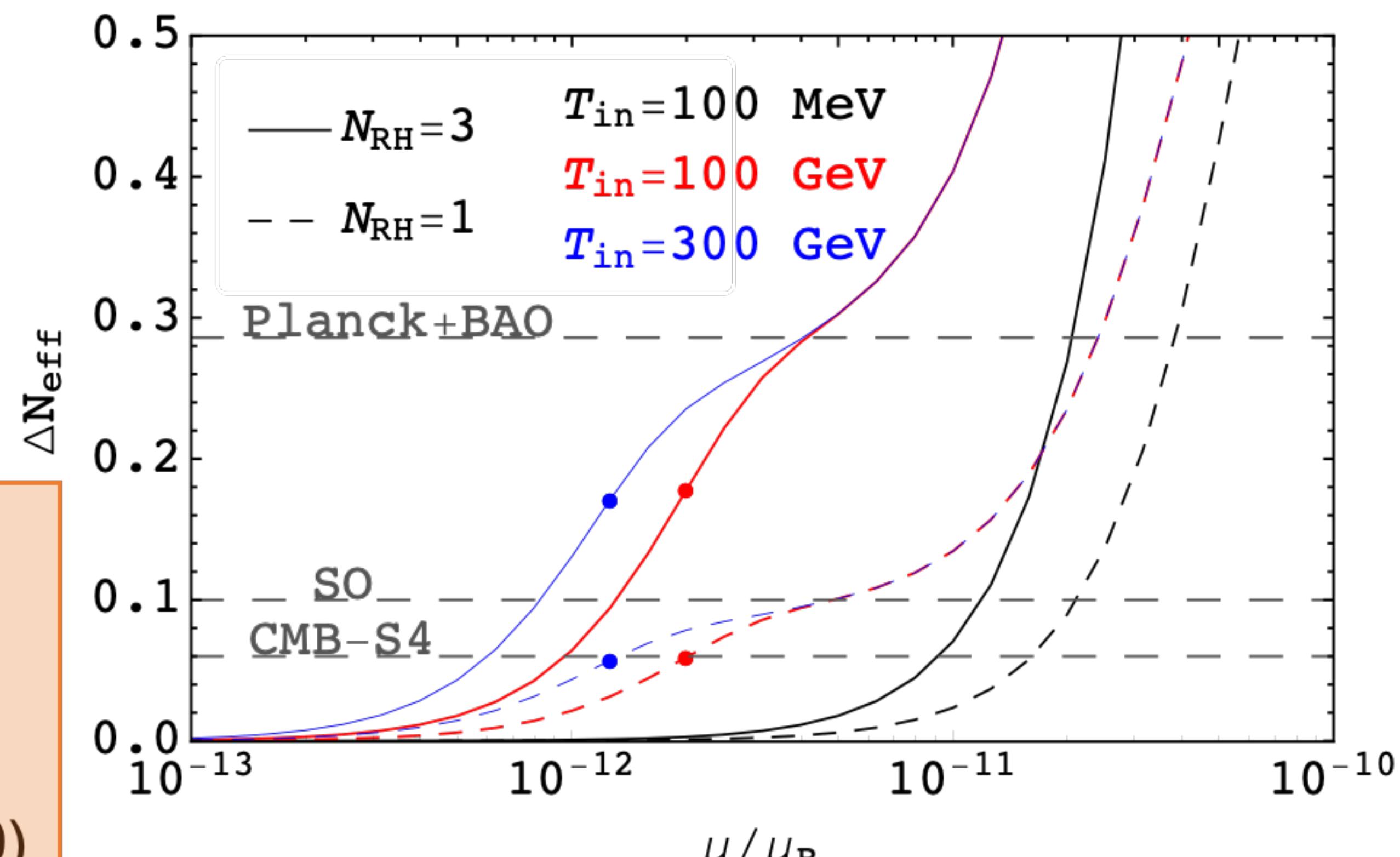
Compare with

$\mu < 6 \times 10^{-11} \mu_B$  (cosmo, EERS87, assumes th. eq)

$\mu < 2.7 \times 10^{-12} \mu_B$  (cosmo, Li&Xu arXiv:2211.04669)  
(assumes th. eq)

$\mu < 6.4 \times 10^{-11} \mu_B$  (lab, XENONnT arXiv:2207:11330)

$\mu < 1.2 \times 10^{-12} \mu_B$  (astro, Capozzi&Raffelt PRD2020)



(95% CL bounds)

Carenza+ (incl. MG), 2022;  
Slide: courtesy of M. Lattanzi

# Axion-like Particles (ALPs)

**QCD axions introduced to solve the strong CP problem**

(Peccei&Queen,77; Weinberg,78; Wilczek,78; Georgi+,76)

**Axions are light and weakly coupled**  $\rightarrow g_a \propto m_a \propto 1/f_a$

**Generic axion-like particles are common in many theories (e.g., string theory)**  
**Mass and couplings decoupled**

**ALPs can be produced in the early Universe. Cosmology can help constrain their properties**

**Thermally produced axions via coupling with gluons and photons in the early Universe**

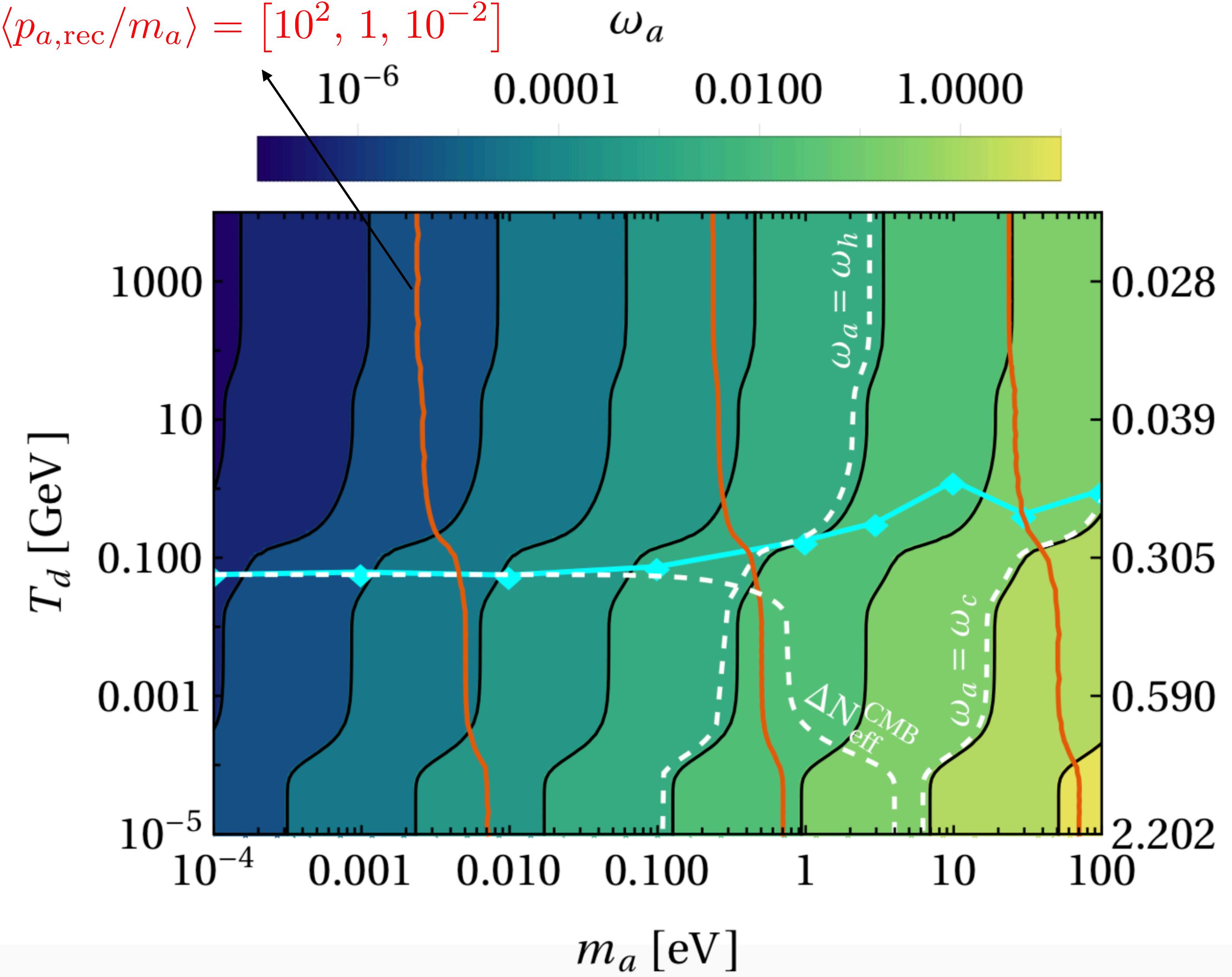
**Freeze-out condition**  $H(T_d) \simeq \Gamma(T_d)$

**Decoupling temperature  $T_d$  sets axion abundance:**

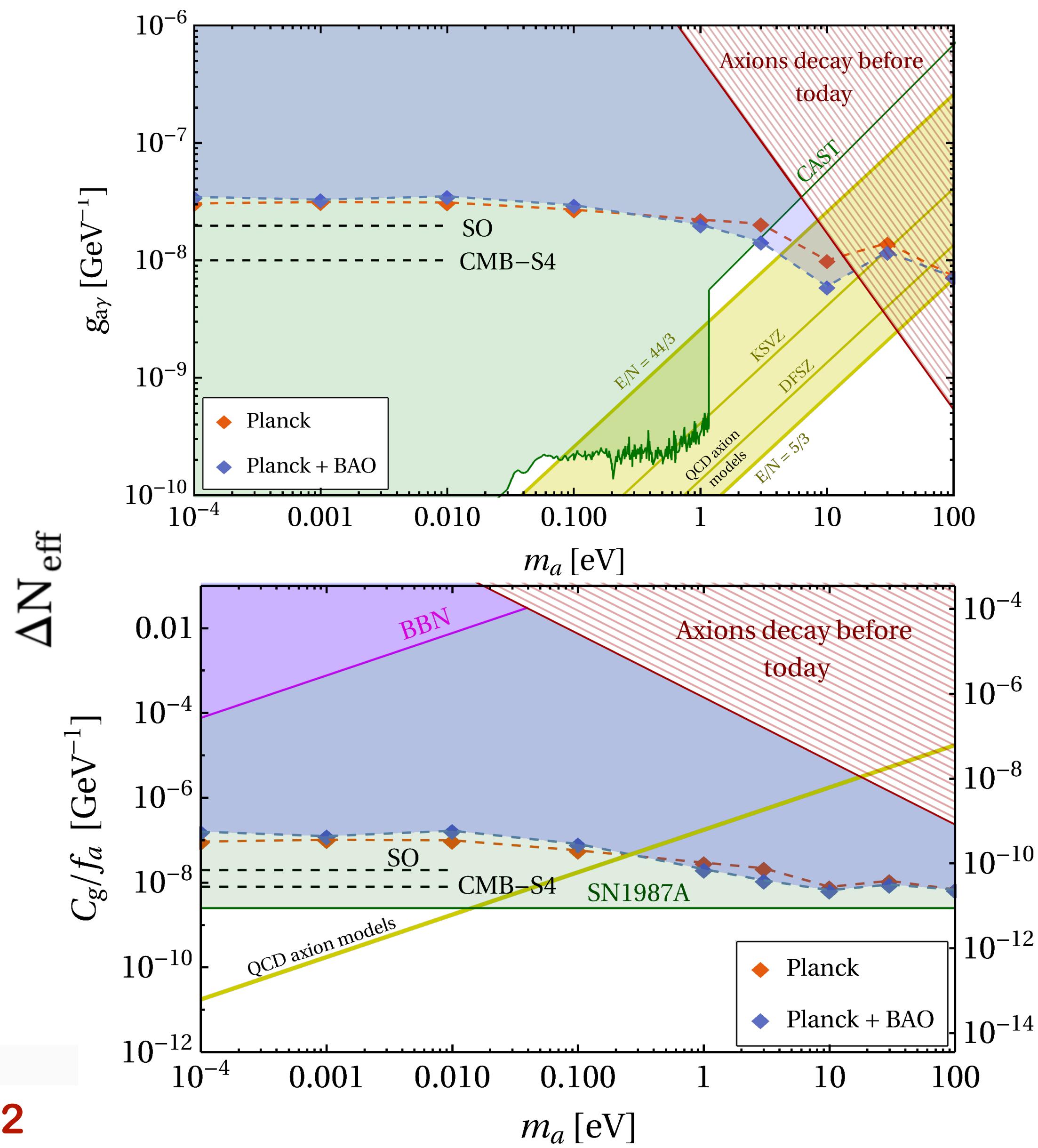
$$\Delta N_{\text{eff}}^{\text{CMB}} \equiv \frac{\rho_a(m_a)}{\rho^{\text{mless}}} \propto m_a g_{*,s}(T_d)^{1/3}$$

$$\omega_a \simeq m_a n_a \simeq \left( \frac{m_a}{130 \text{ eV}} \right) \left( \frac{g_{*,s}(T_d)}{10} \right)^{-1} = 0.011 \left( \frac{m_a}{\text{eV}} \right) \Delta N_{\text{eff}}^{3/4}$$

# Axion-like Particles (ALPs)



Caloni, MG+, 2022



# Conclusions?

**Massive light relics: very similar phenomenology (contribution to energy density). How to disentangle?**

**Enhanced sensitivity of future surveys demands enhanced accuracy: is it possible and feasible to achieve?**

**Entering the synergy epoch: CMB alone can do a lot for BSM particle physics; can do much more when combined with LSS; can do even more when cosmology meets astro&lab searches**