

Self-Interacting Dark Matter

Hai-Bo Yu

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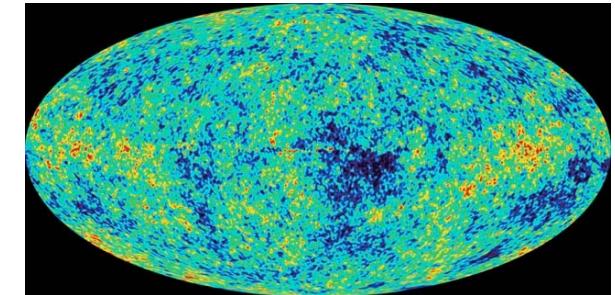
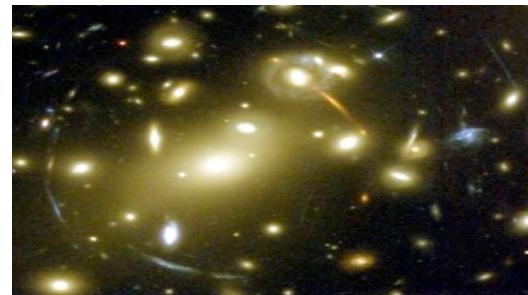
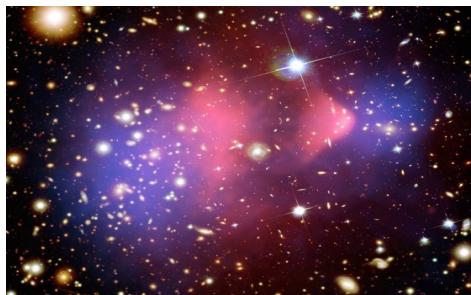


Cosmology 2023 in Miramare
Trieste, Italy, September 1, 2023



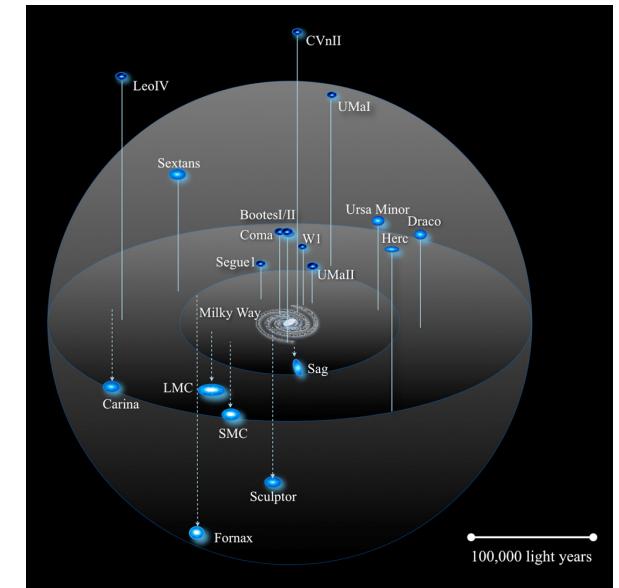
Cold Dark Matter (CDM)

- Large scales: very well

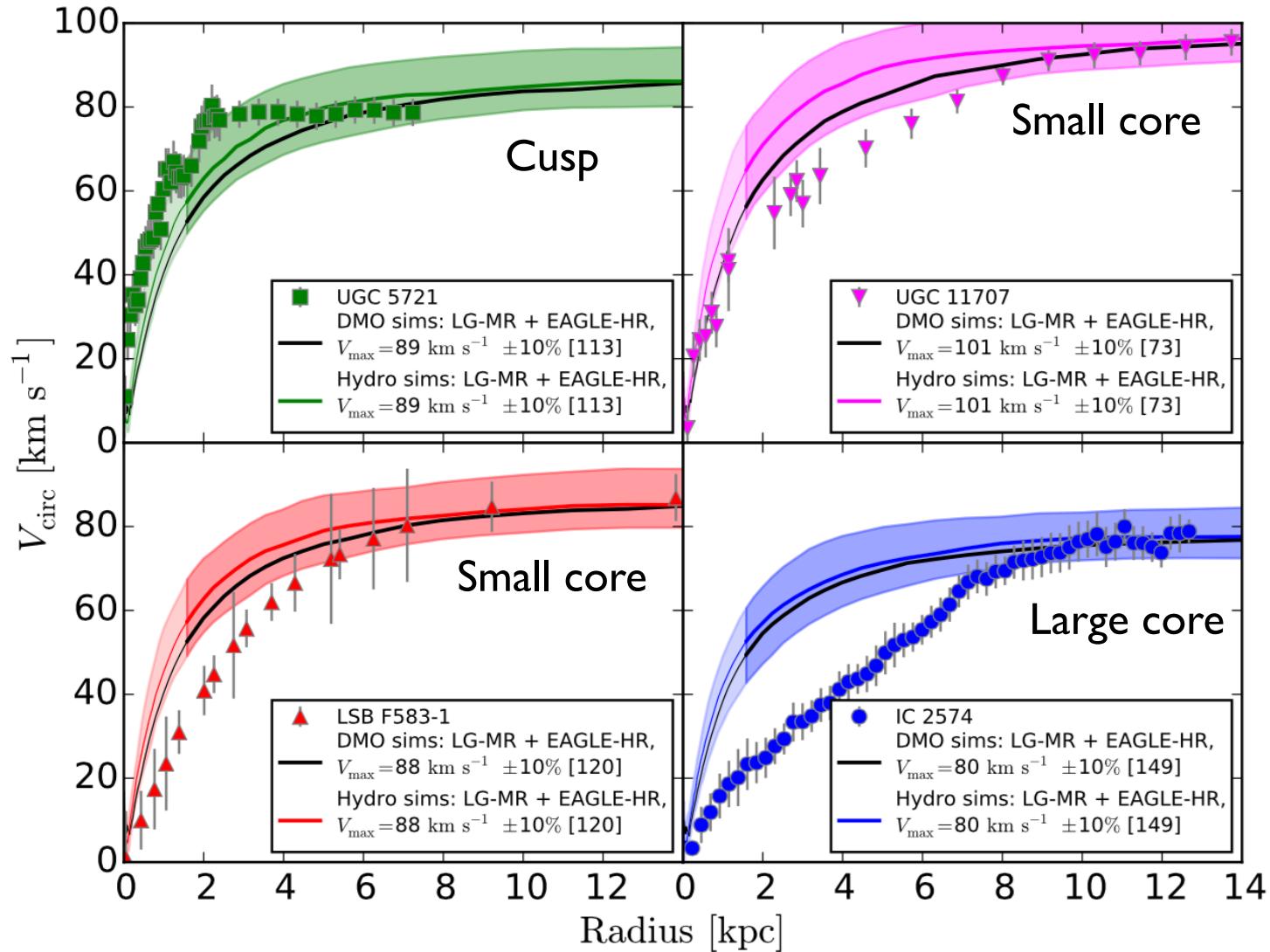


- Small scales (dwarf galaxies, sub-halos, galaxy clusters)

- Core vs Cusp
- Diversity
- Too big to fail
- “Cores” in clusters
- Ultra-diffuse galaxies



The Diversity Problem



All galaxies have the same observed V_{max} !

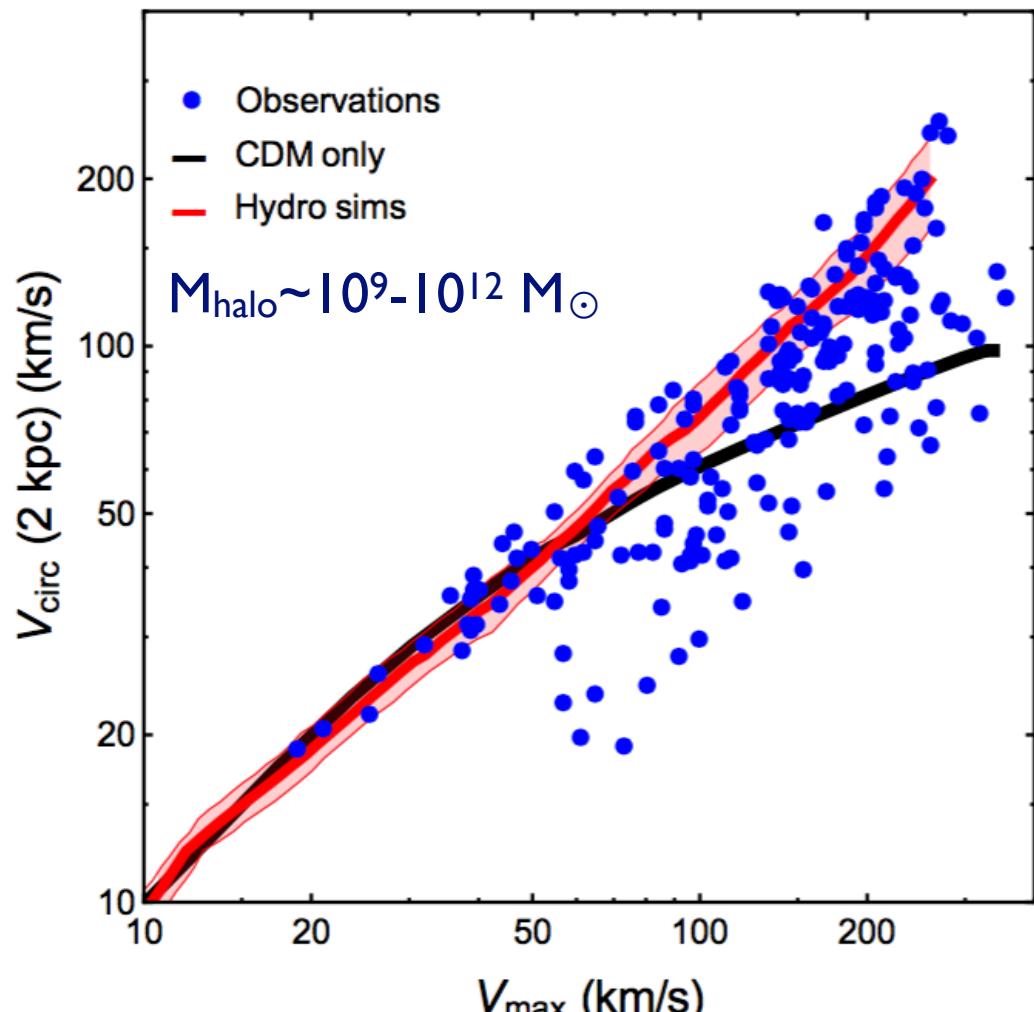
$$V \sim \sqrt{GM/r}$$

Colored bands: hydrodynamical simulations of CDM

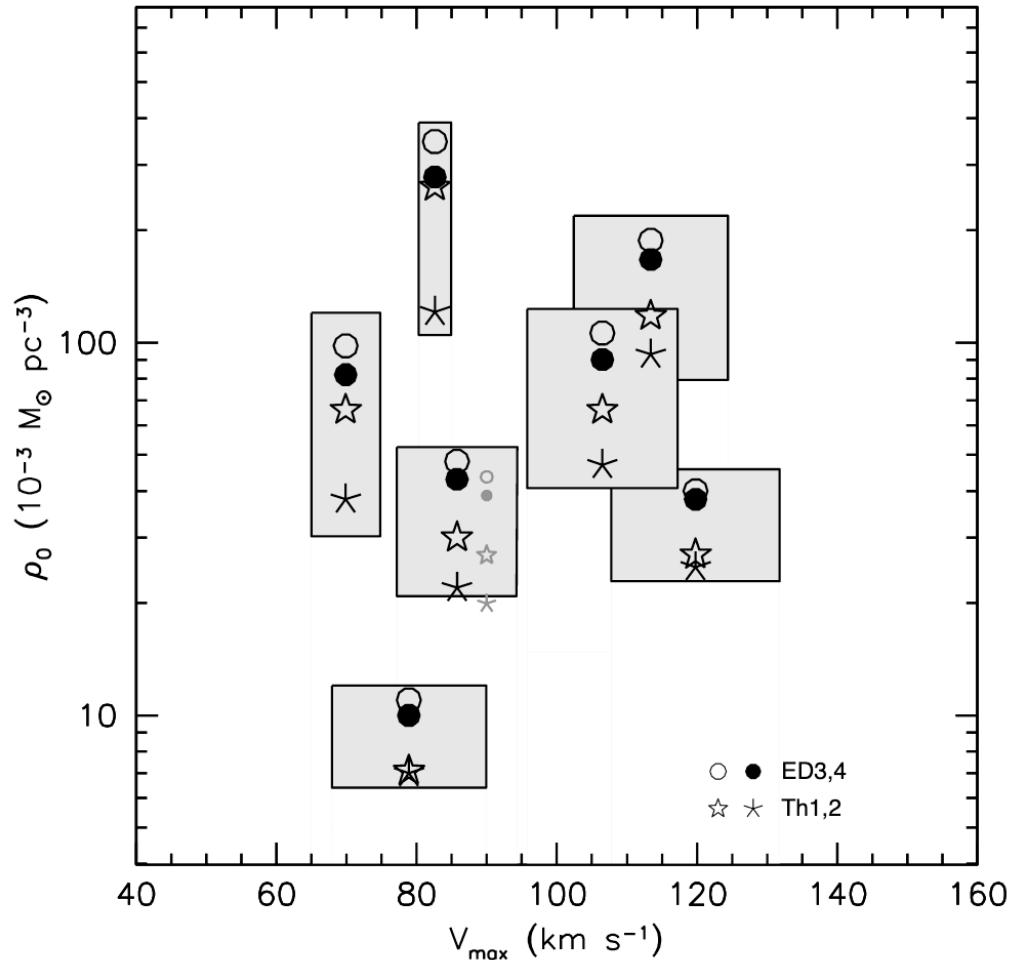
Oman+ (2015)

Baryon/Dark matter distributions are diverse in spiral galaxies

Diversity: A Big Challenge



the data compiled in Oman+ (2015)



Kuzio de Naray, Martinez,
Bullock, Kaplinghat (2010)

Dark matter distributions are diverse in spiral galaxies

The unexpected diversity of dwarf galaxy rotation curves

Kyle A. Oman,^{1★} Julio F. Navarro,^{1†} Azadeh Fattahi,¹ Carlos S. Frenk,² Till Sawala,² Simon D. M. White,³ Richard Bower,² Robert A. Crain,⁴ Michelle Furlong,² Matthieu Schaller,² Joop Schaye⁵ and Tom Theuns²

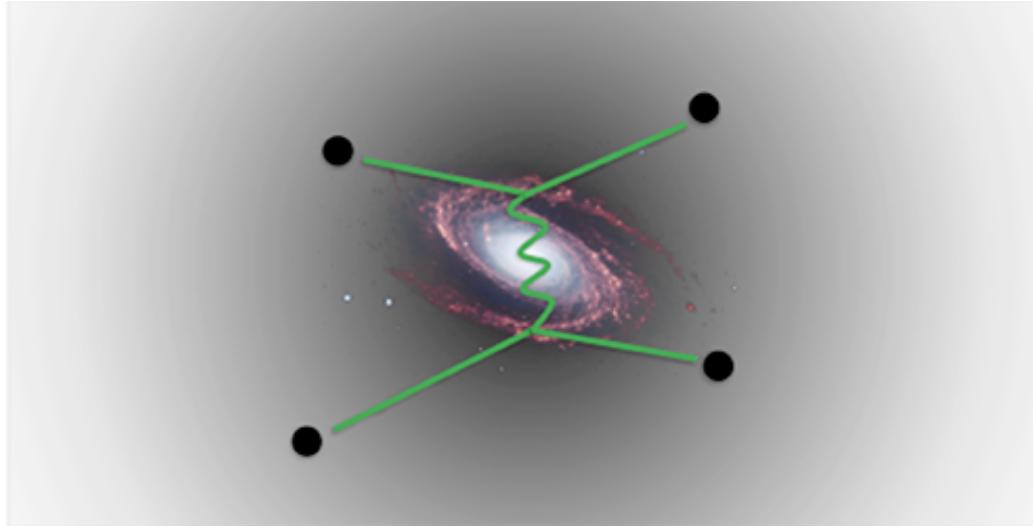
¹*Department of Physics & Astronomy, University of Victoria, Victoria, BC V8P 5C2, Canada*

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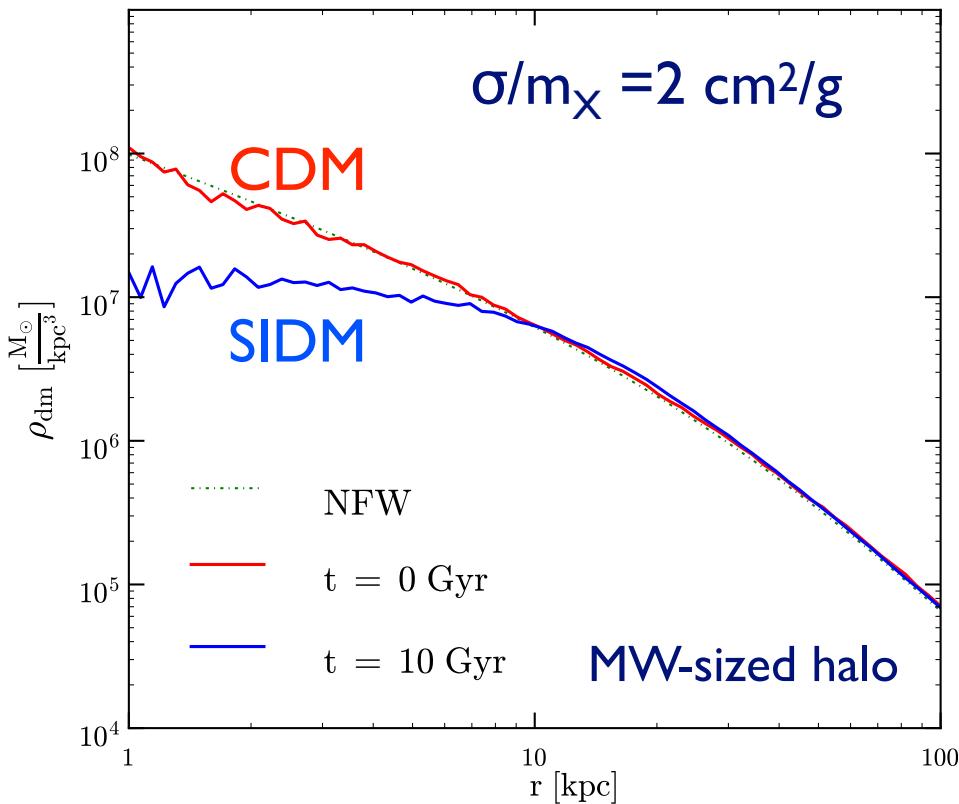
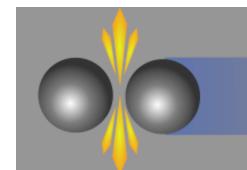
⁵*Leiden Observatory, Leiden University, PO Box 9513, NL-2300 RA Leiden, the Netherlands*



The diversity can be explained if dark matter has strong self-interactions

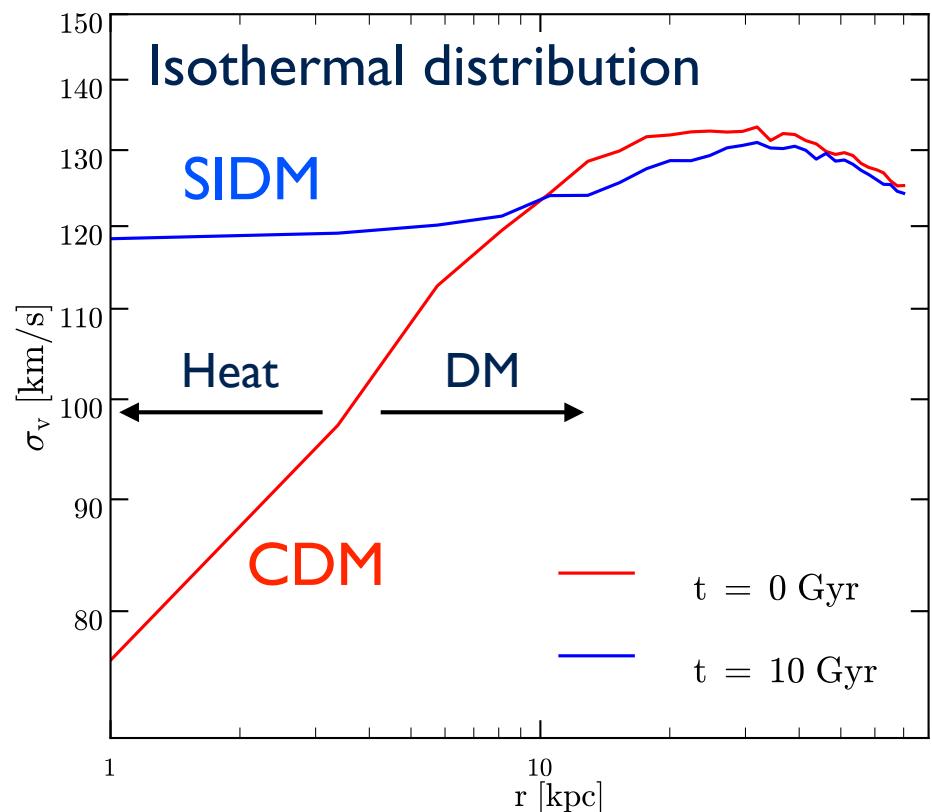
Self-Interacting Dark Matter

- Self-interactions thermalize the inner halo



$\sigma/m_X \sim 1 \text{ cm}^2/\text{g}$ (nuclear scale)

$$\Gamma \simeq n\sigma v = (\rho/m_X)\sigma v \sim H_0$$



Review: Tulin, HBY (Physics Reports 2017)

Modelling SIDM Halos

Inner halo

Ideal gas: $PV=nRT$

isothermal distribution

$$\rho_0 e^{-\Phi_{\text{tot}}/\sigma_0^2}$$

$$\Phi_{\text{tot}} = \Phi_{\text{dm}} + \underline{\Phi_b}$$

Known

$$\nabla^2 \Phi_{\text{tot}} = 4\pi G(\rho_{\text{dm}} + \underline{\rho_b})$$

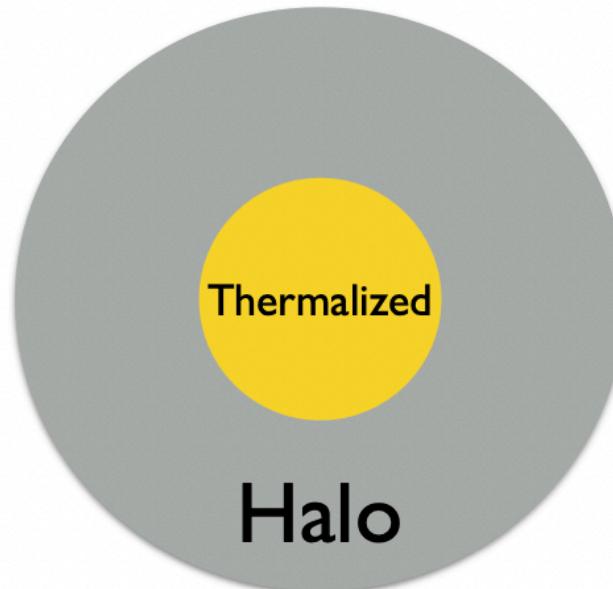
with Kaplinghat, Keeley, Linden (PRL 2014)

with Kaplinghat, Linden (RPL 2015)

with Kaplinghat, Tulin (PRL 2016)

with Kamada, Kaplinghat, Pace (PRL 2017)

semi-analytical approach



Outer halo

$$\frac{\rho_s}{r/r_s(1+r/r_s)^2}$$

The boundary is set by

$$\text{rate} \times \text{time} \approx \frac{\langle \sigma v \rangle}{m} \rho(r_1) t_{\text{age}} \approx 1$$

$$(\rho_0, \sigma_0) \leftrightarrow (\rho_s, r_s) \leftrightarrow (V_{\text{max}}, r_{\text{max}})$$



VS



The surprising accuracy of isothermal Jeans modelling of self-interacting dark matter density profiles

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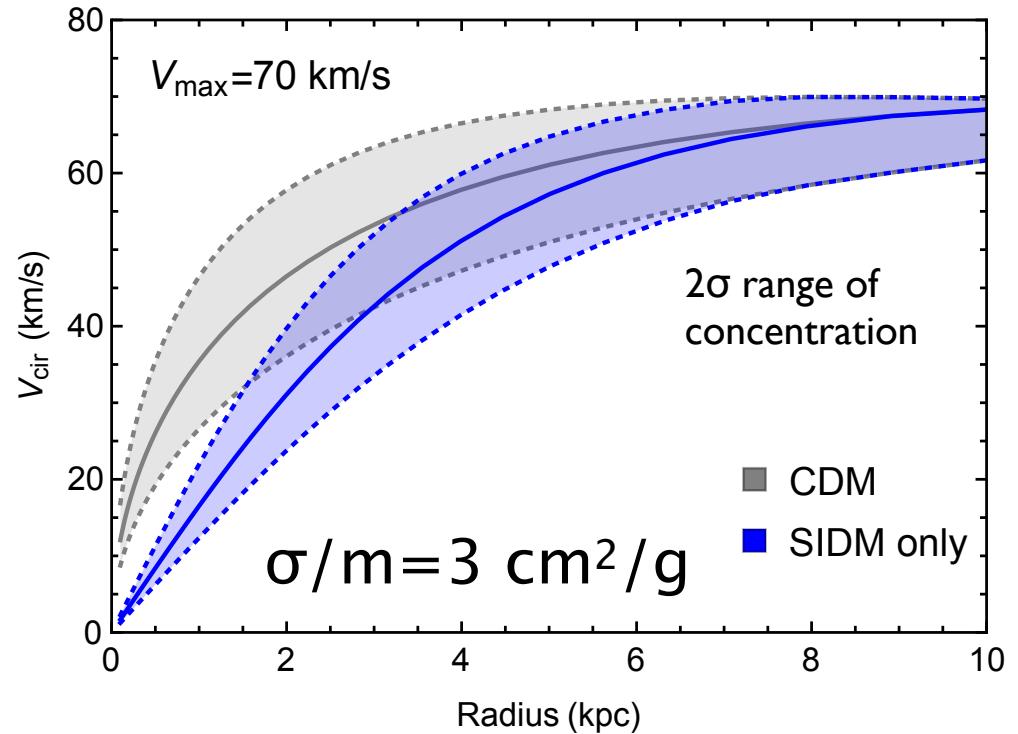
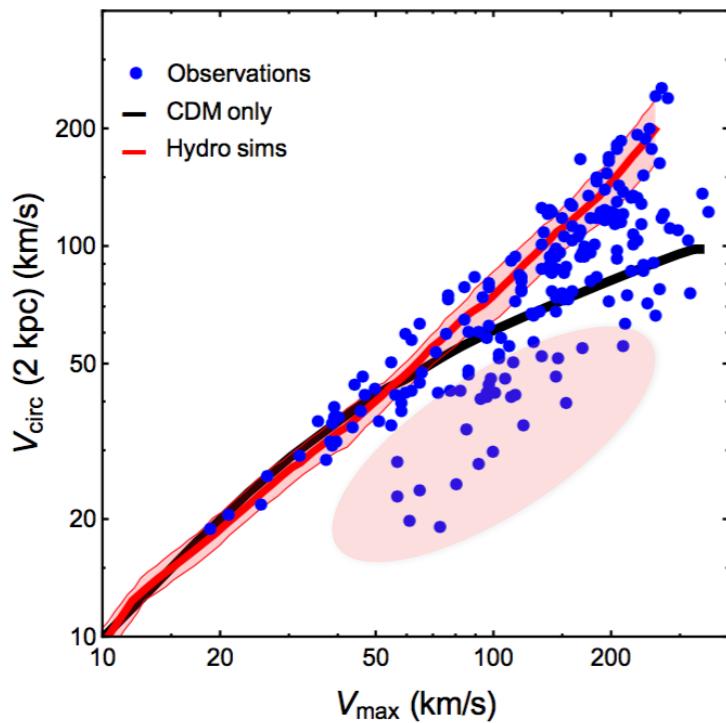
1 February 2021

ABSTRACT

Recent claims of observational evidence for self-interacting dark matter (SIDM) have relied on a semi-analytic method for predicting the density profiles of galaxies and galaxy clusters containing SIDM. We present a thorough description of this method, known as isothermal Jeans modelling, and then test it with a large ensemble of haloes taken from cosmological simulations. Our simulations were run with cold and collisionless dark matter (CDM) as well as two different SIDM models, all with dark matter only variants as well as versions including baryons and relevant galaxy formation physics. Using a mix of different box sizes and resolutions, we study haloes with masses ranging from 3×10^{10} to $3 \times 10^{15} M_{\odot}$. Overall, we find that the isothermal Jeans model provides as accurate a description of simulated SIDM density profiles as the Navarro-Frenk-White profile does of CDM halos. We can use the model predictions, compared with the simulated density profiles, to determine the input DM-DM scattering cross-sections used to run the simulations. This works especially well for large cross-sections, while with CDM our results tend to favour non-zero (albeit fairly small) cross-sections, driven by a bias against small cross-sections inherent to our adopted method of sampling the model parameter space. The model works across the whole halo mass range we study, although including baryons leads to DM profiles of intermediate-mass ($10^{12} - 10^{13} M_{\odot}$) haloes that do not depend strongly on the SIDM

Low Surface Brightness Galaxies

- DM self-interactions thermalize the inner halo



DM-dominated galaxies: Lower the central density and the circular velocity

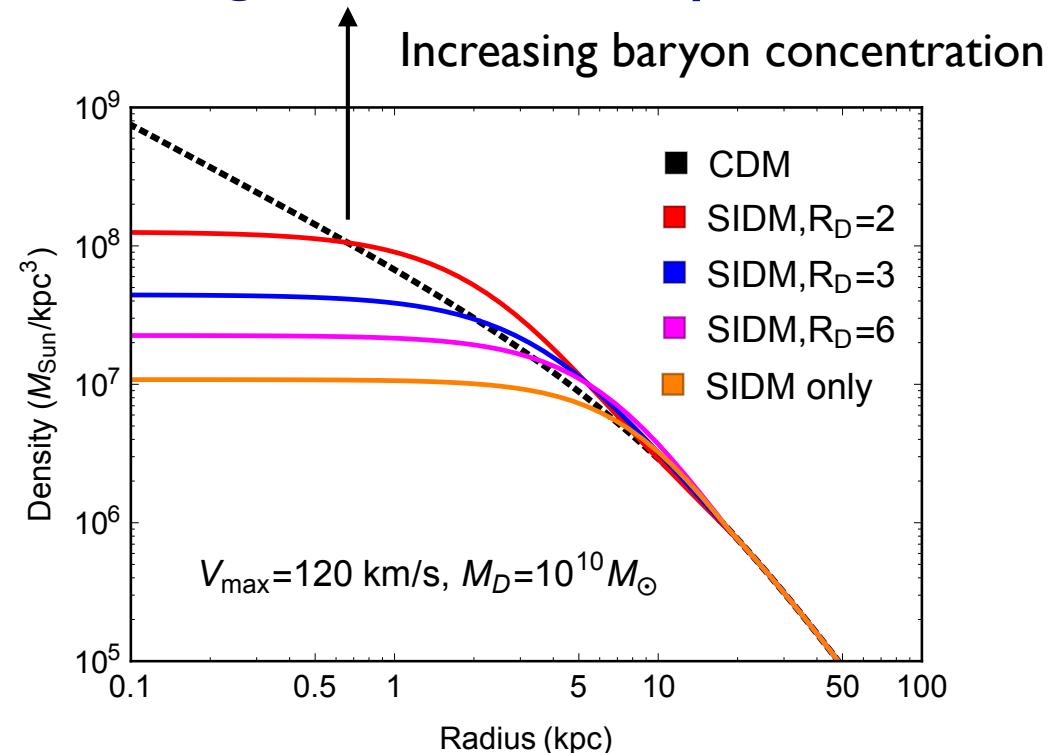
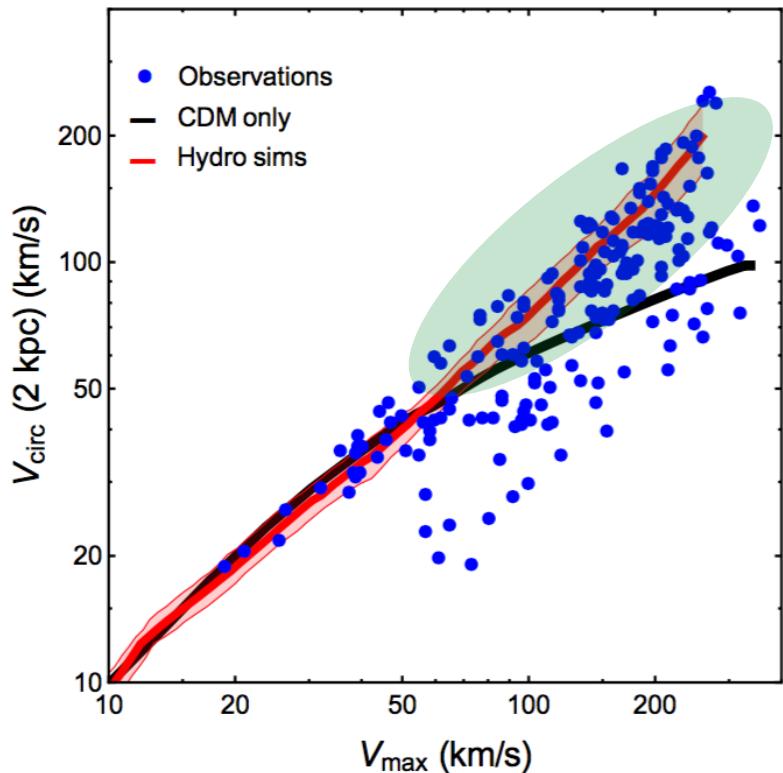
Isothermal
distribution

$$\rho_X \sim e^{-\Phi_{\text{tot}}/\sigma_0^2} \sim e^{-\Phi_X/\sigma_0^2}$$

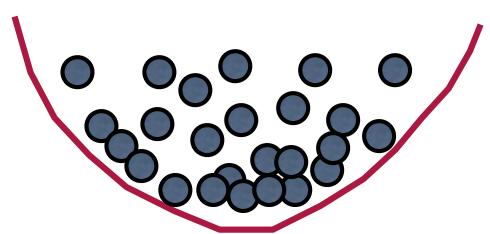
Most of them, but not all...

High Surface Brightness Galaxies

- DM self-interactions tie DM together with baryons

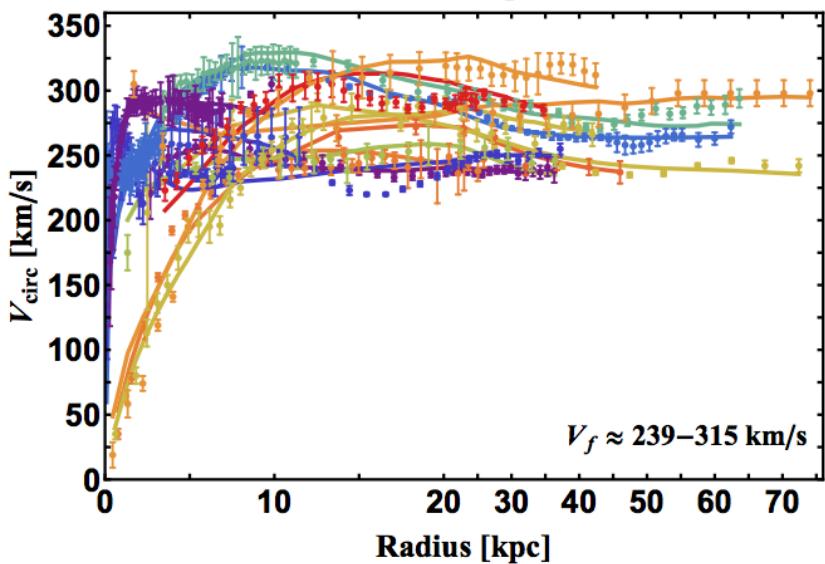
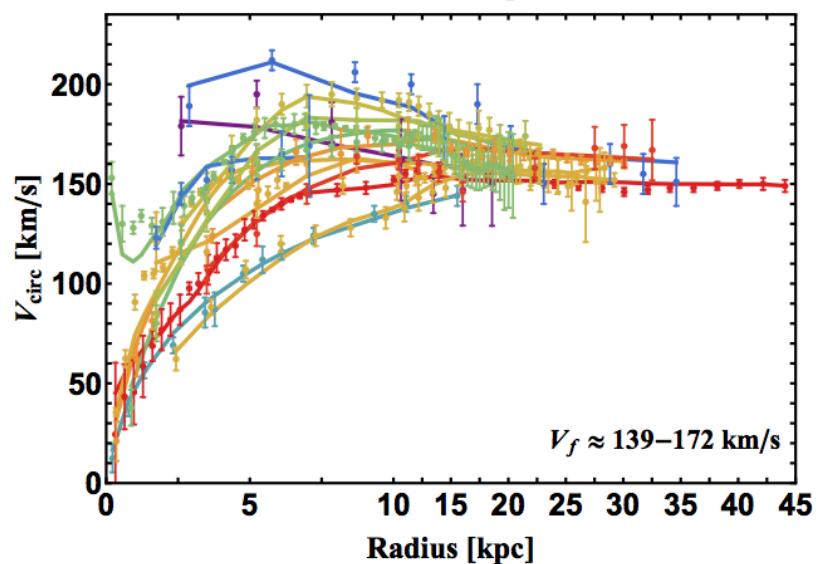
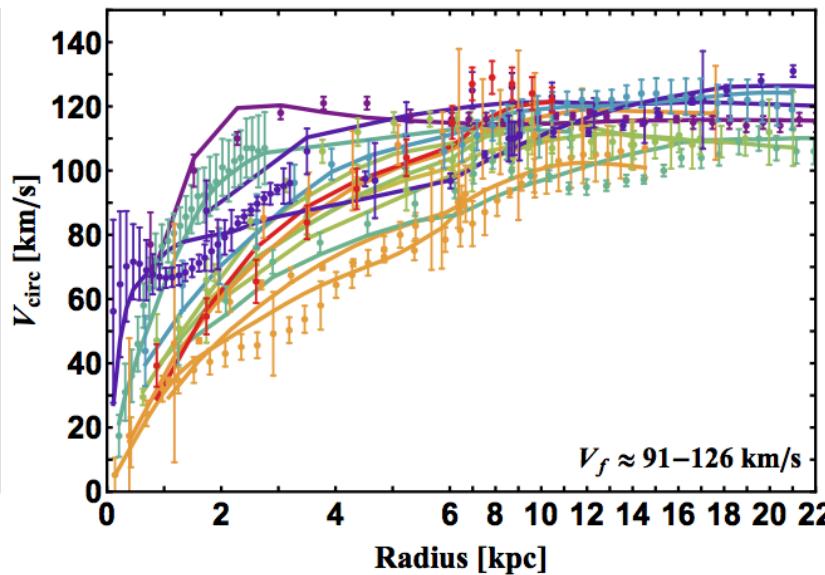
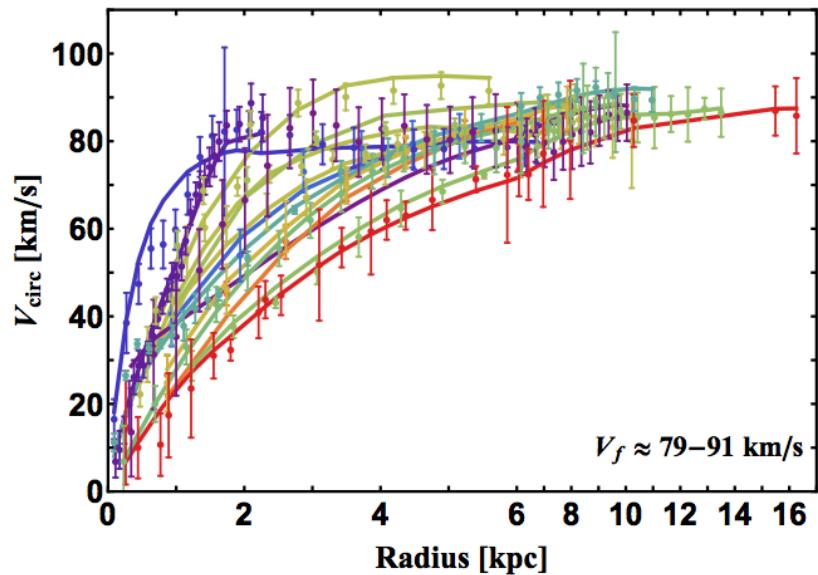


Thermalization leads to higher DM density due to the baryonic influence



$$\rho_X \sim e^{-\Phi_{\text{tot}}/\sigma_0^2} \sim e^{-\Phi_B/\sigma_0^2}$$

Addressing the Diversity Problem

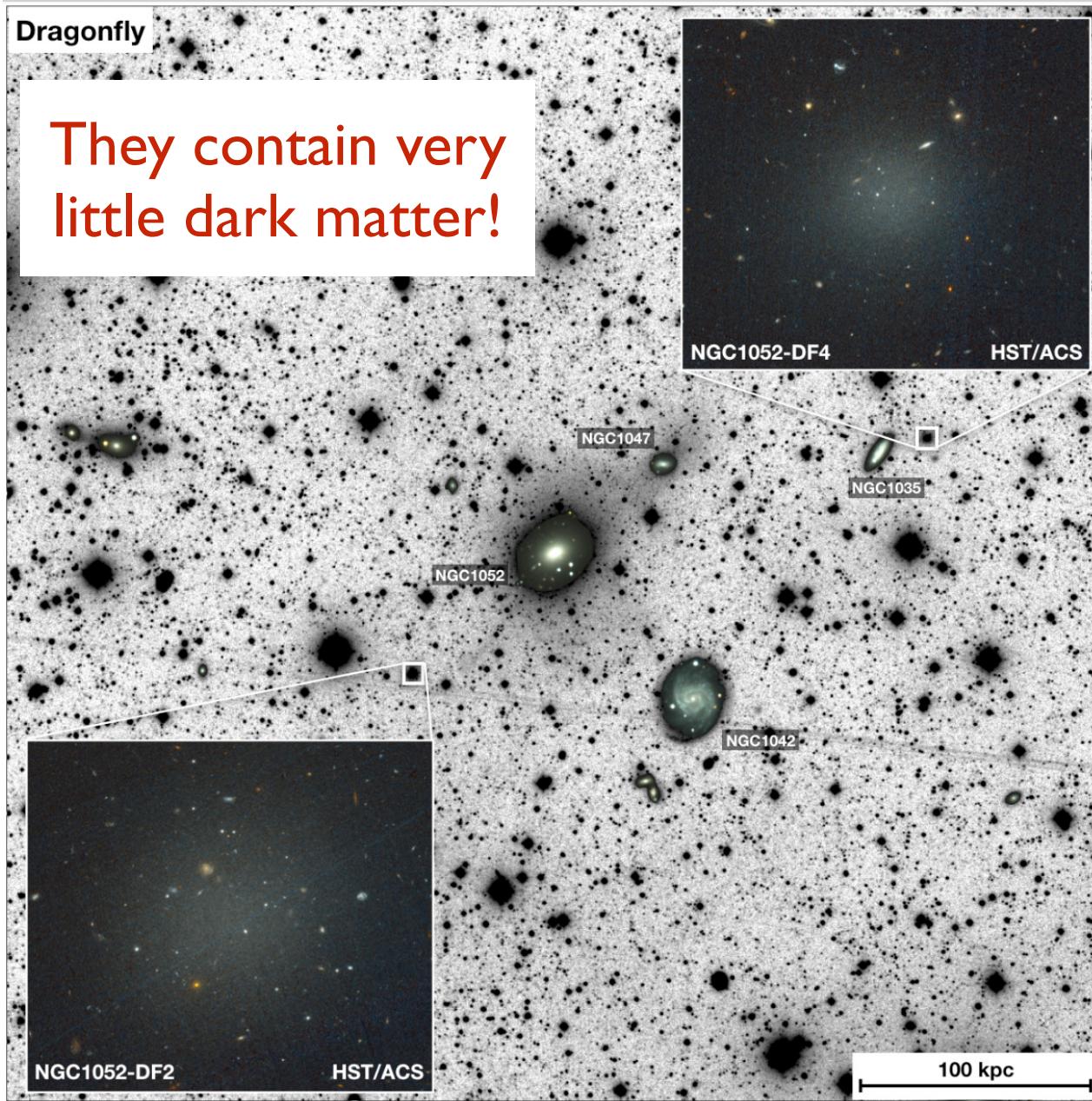


$\sigma/m = 3 \text{ cm}^2/\text{g}$
DM/Baryon
concentration

We analyzed 135 galaxies (3.6 μm band)!
SPARC dataset, Lelli, McGaugh, Schombert (2016)

w/Ren, Kwa, Kaplinghat (PRX 2018)
w/Kamada, Kaplinghat, Pace (PRL 2017)
w/Creasey, Sameie, Sales+ (MNRAS 2017)

Ultra-Diffuse Galaxies



Dragonfly team, van Dokkum+ (Nature 2018, APJL 2019)

Milky Way

$$M_{\text{DM}}/M_{\text{star}} \approx 30$$

DF2 and DF4

$$M_{\text{star}} \approx 10^8 M_{\odot}$$

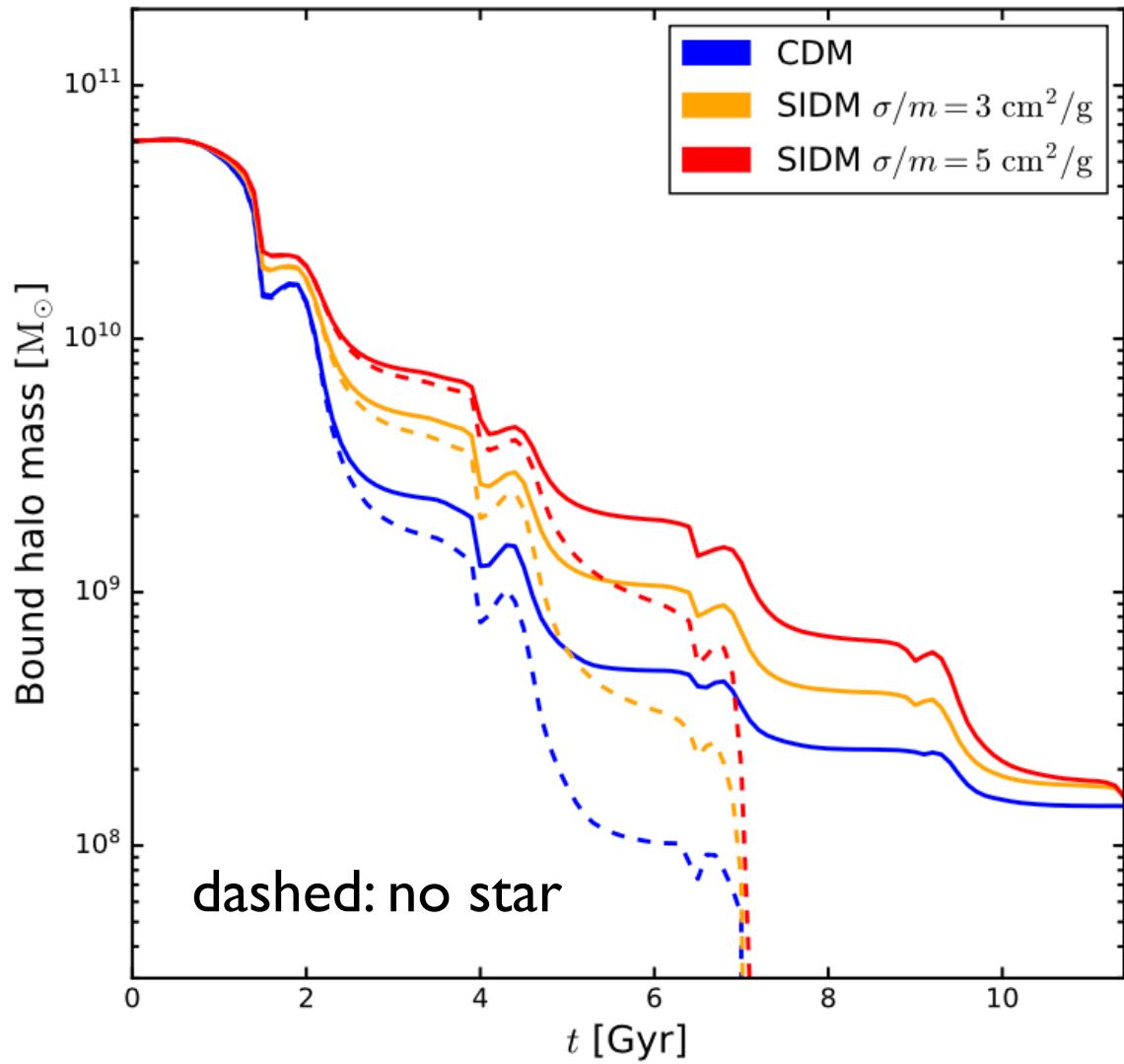
Expected

$$M_{\text{DM}}/M_{\text{star}} \sim 200$$

Observed

$$M_{\text{DM}}/M_{\text{star}} \lesssim 1$$





Halo concentration c_{200}
 CDM: 4 (-4σ)
 SIDM3: 7 (-1.8σ)
 SIDM5: 10 (-0.4σ)

Initial, $t=0$ Gyr

$$M_{200} = 6 \times 10^{10} M_{\odot}$$

$$M_* = 3.2 \times 10^8 M_{\odot}$$

$$M_{200}/M_* \approx 188$$

Final, $t=11$ Gyr

$$M_{\text{DM}} = 1.5 \times 10^8 M_{\odot}$$

$$M_{\text{star}} = 1.3 \times 10^8 M_{\odot}$$

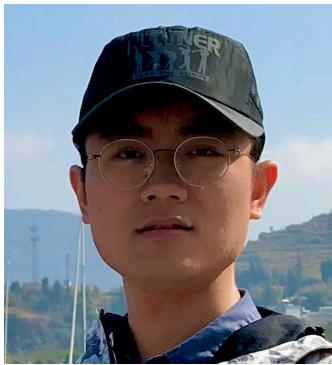
$$M_{\text{DM}}/M_{\text{star}} \approx 1$$

SIDM leads to core formation, boosting tidal mass loss

w/Yang, An (PRL 2020)

CDM FIRE2: Moreno+(Nature Astronomy, 2022)

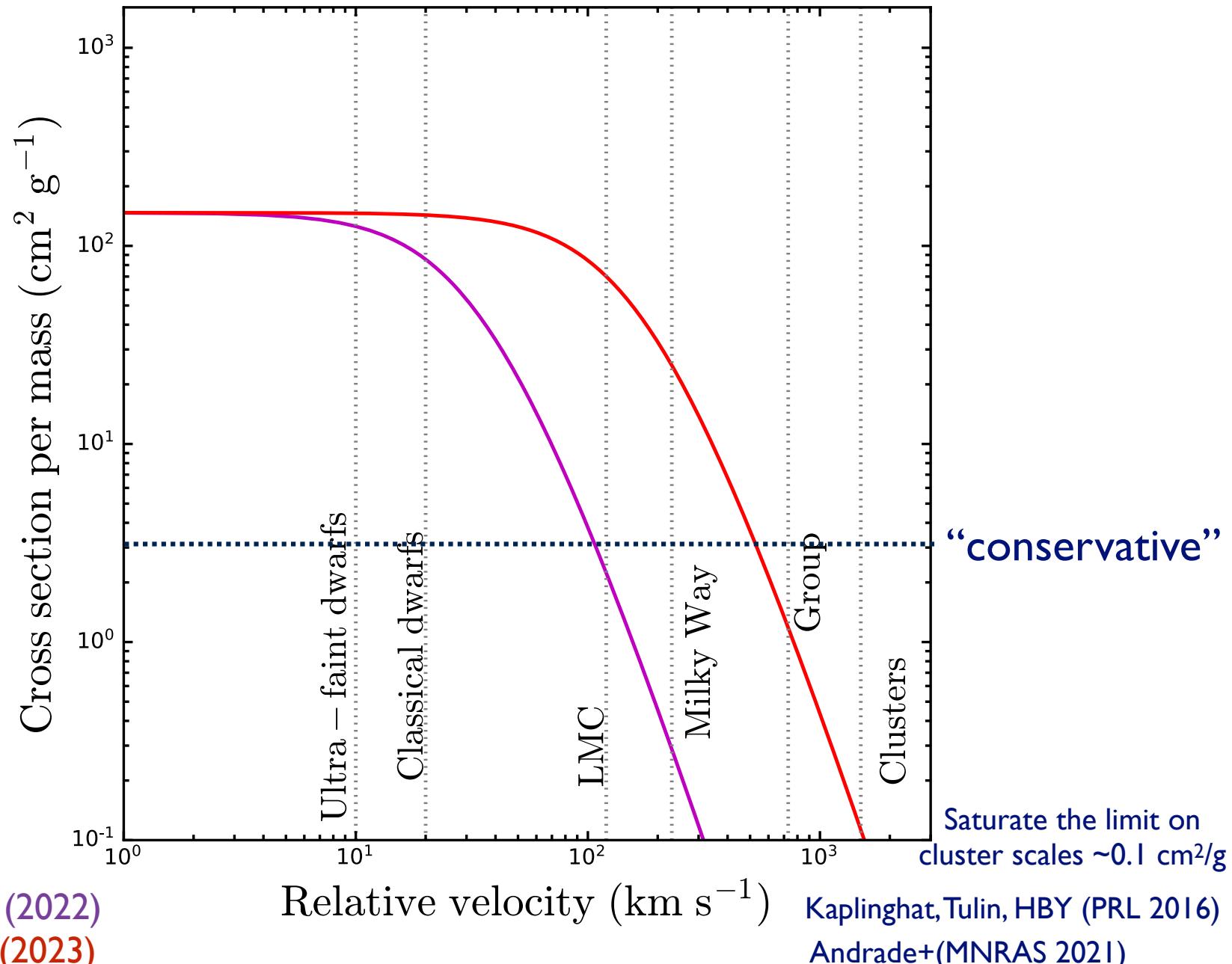
Even Stronger DM Self-Interactions



Daneng Yang (UCR)

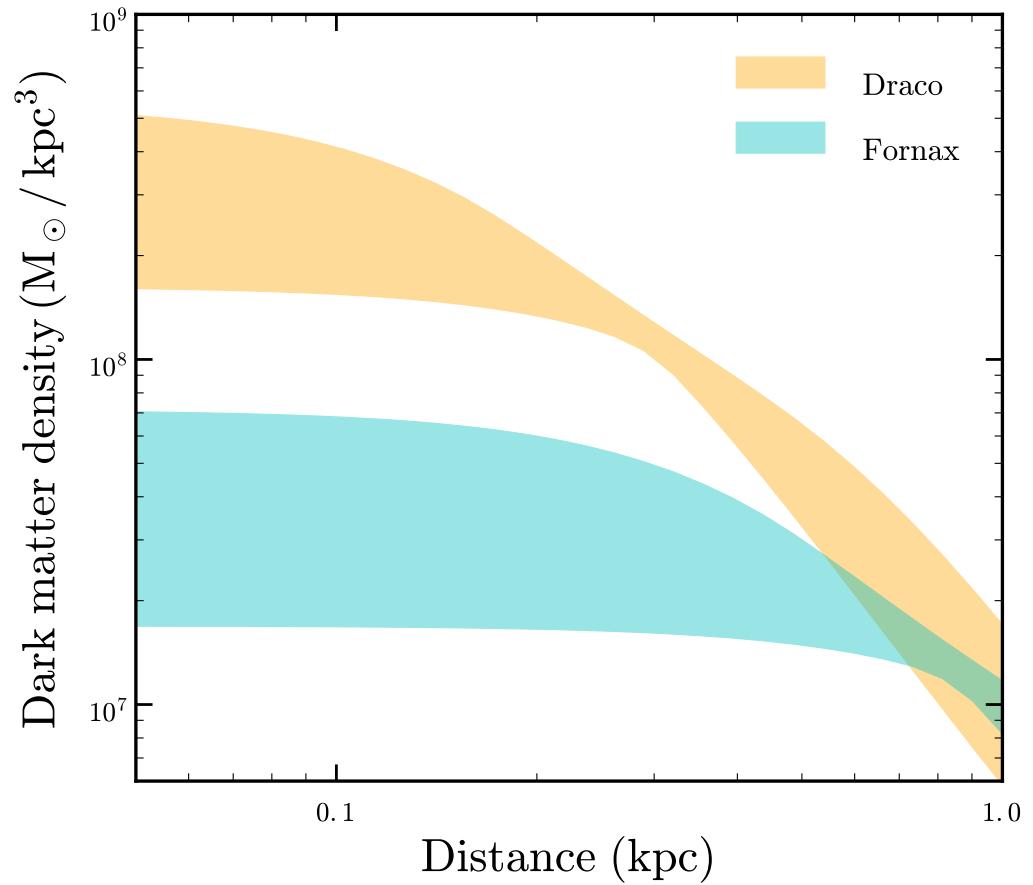
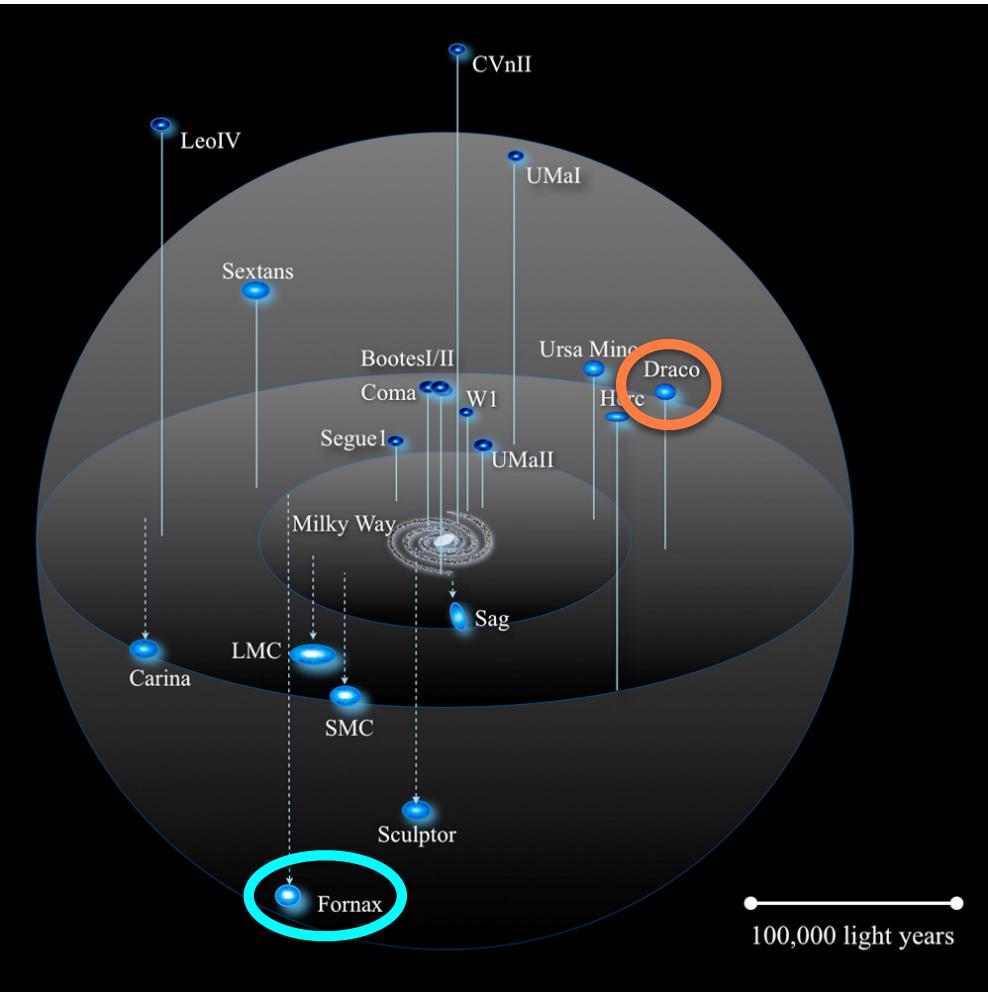


Ethan Nadler
(USC/Carnegie)



Milky-Way Satellite Galaxies

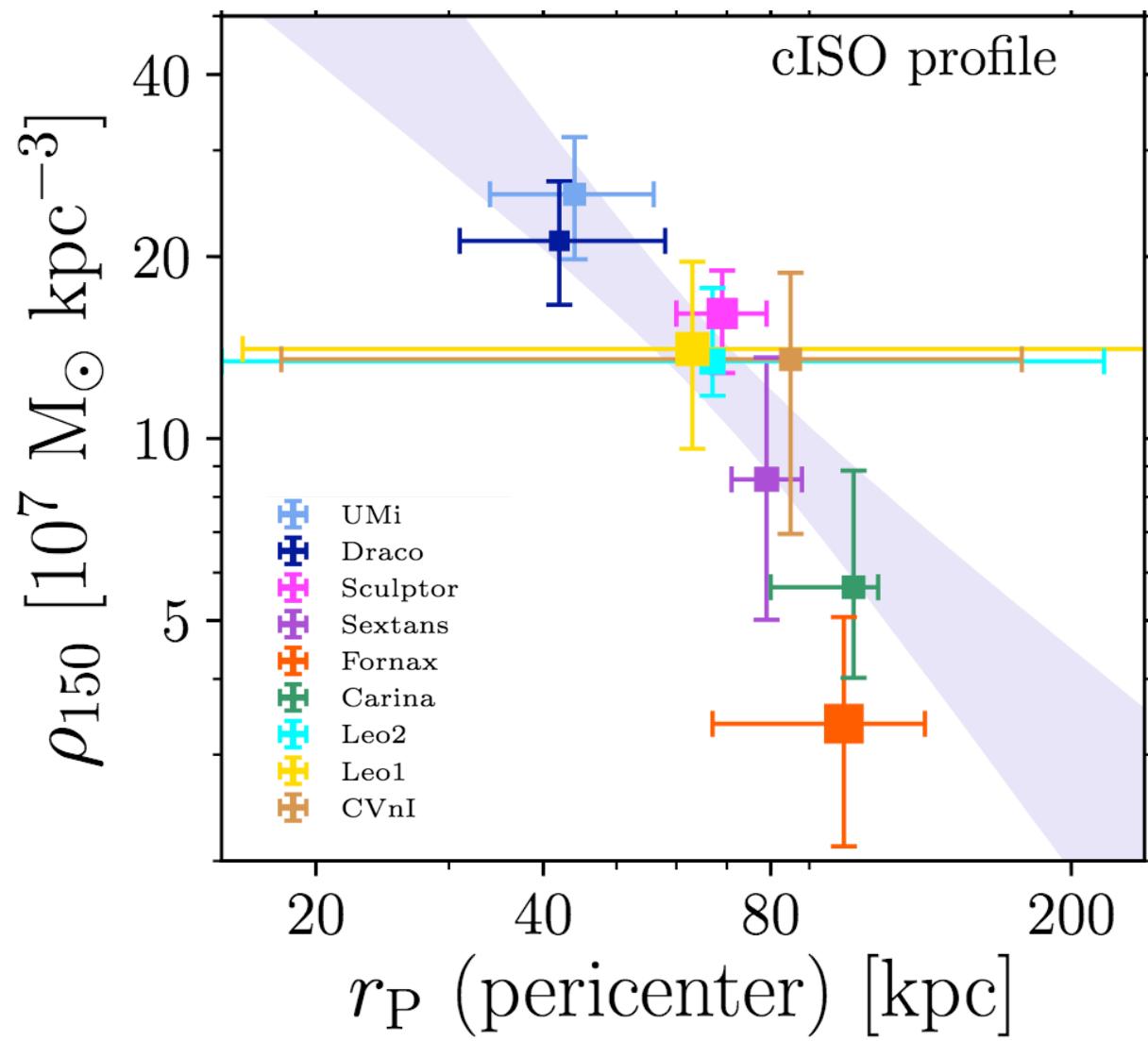
Observations



- Dark matter distributions are also diverse in the satellite galaxies
- **Naively**, we would get $\sigma/m_X \sim 30 \text{ cm}^2/\text{g}$ for Fornax, but $\sigma/m_X < 0.3 \text{ cm}^2/\text{g}$ for Draco

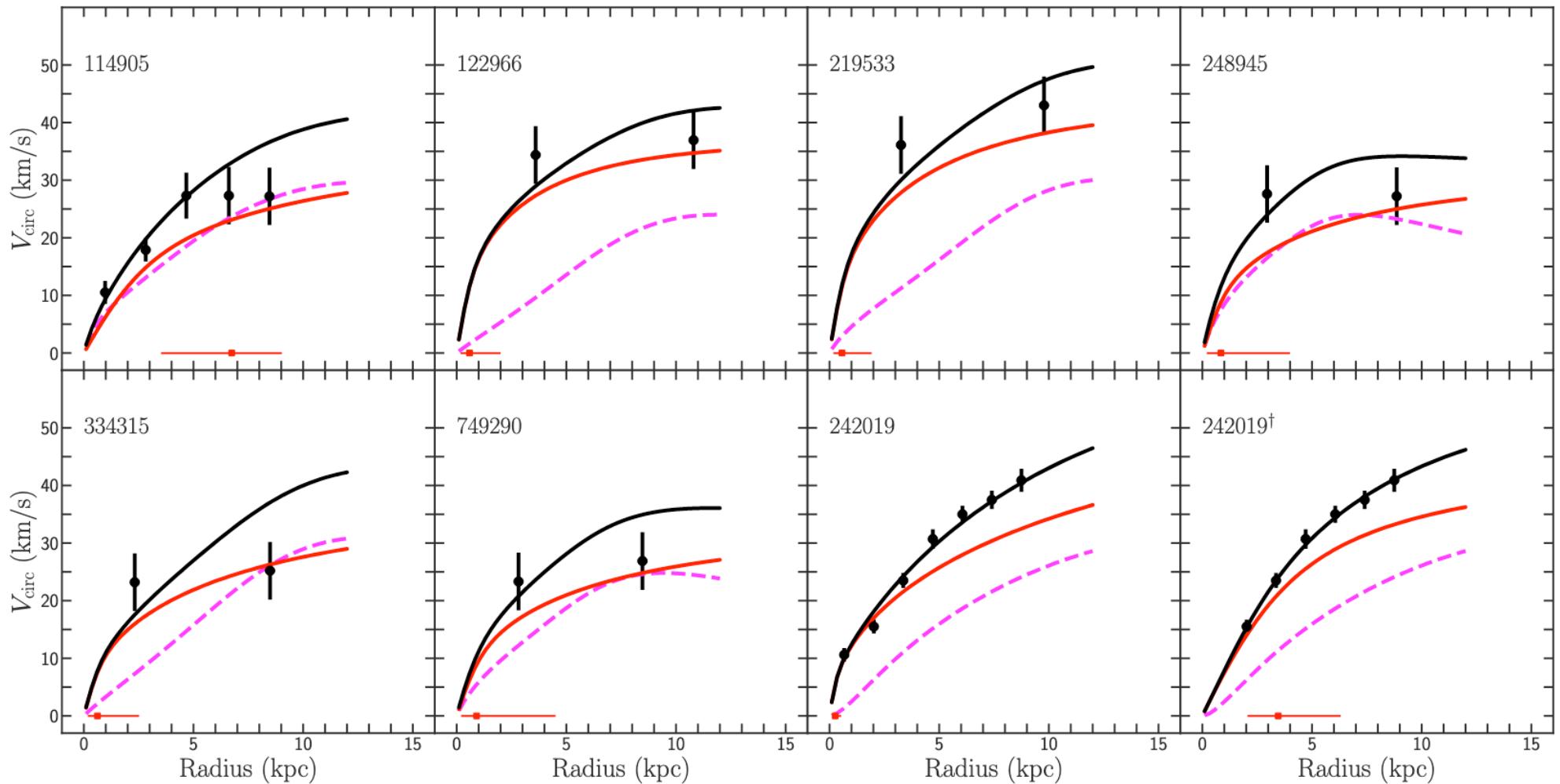
w/Valli (Nature Astronomy 2018); Read+(2018); w/Kaplinghat, Valli (MNRAS, 2019); w/Sameie et al. (PRL 2019); Zavala+(PRD, 2019); Correa (MNRAS 2020); Turner+(MNRAS 2020); Nishikawa+(PRD, 2020); Silverman+(MNRAS, 2022); Slone+(PRD, 2023)

Anti-Correlation



Kaplinghat, Valli, HBY (MNRAS, 2019)

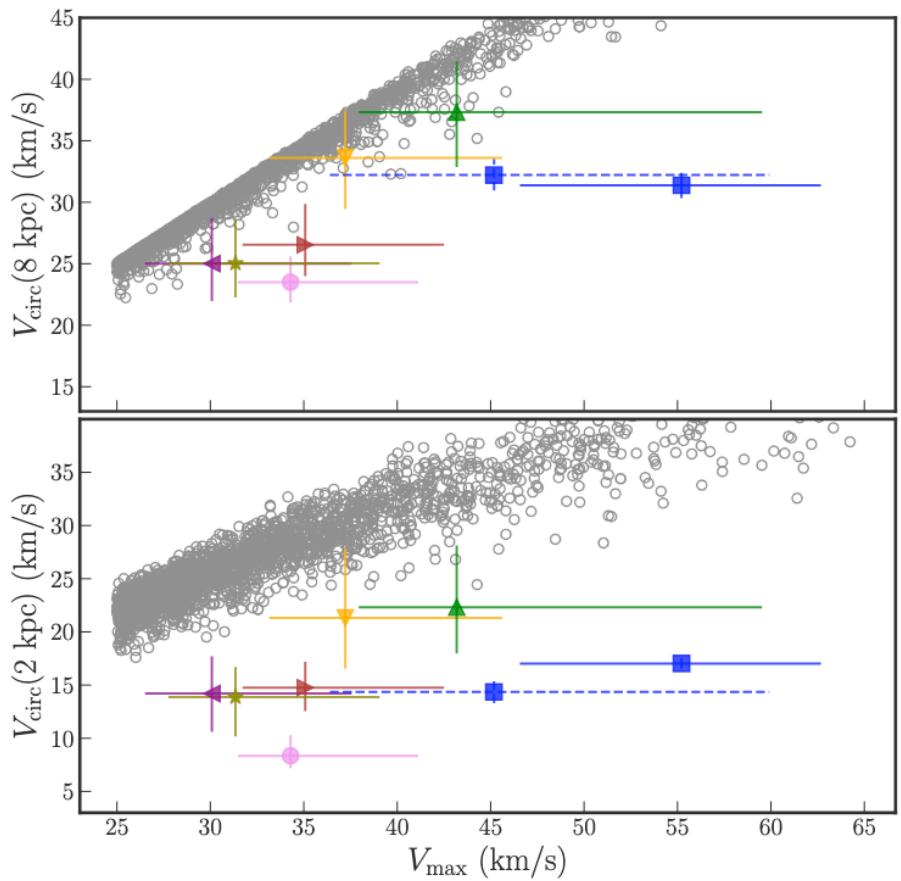
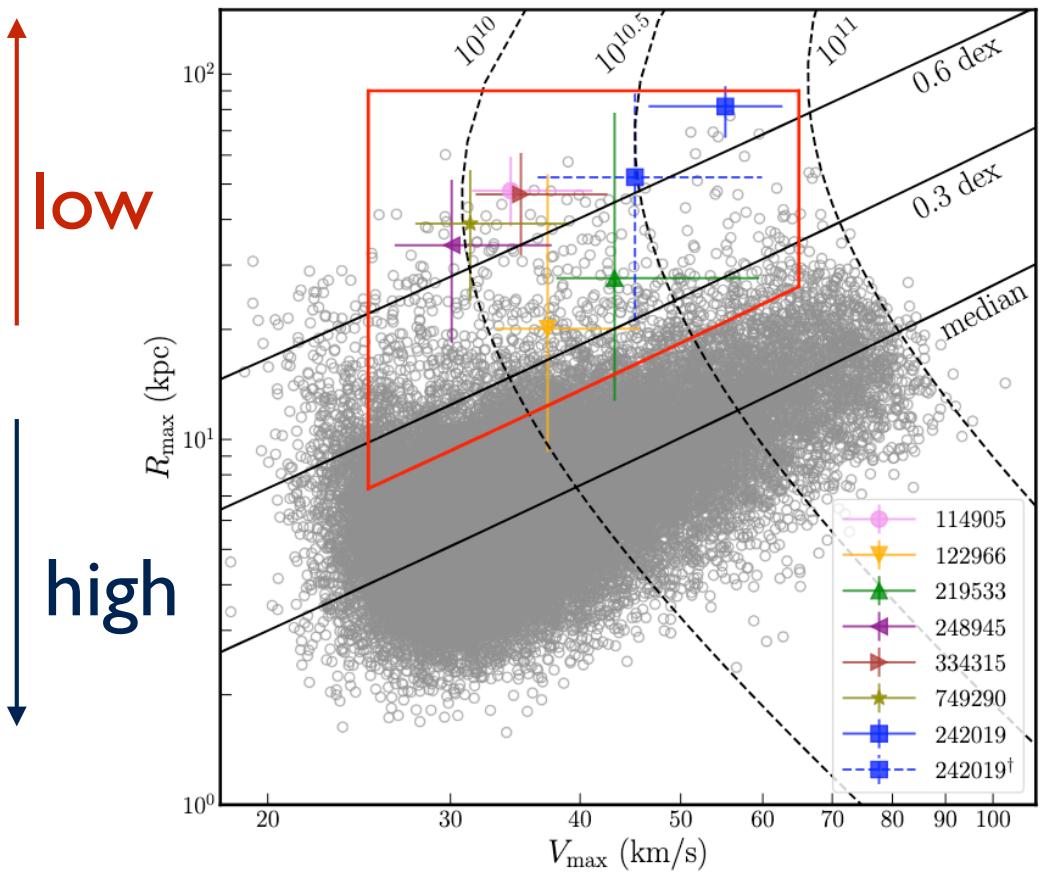
Ultra-diffuse Galaxies in the Field



w/Kong, Kaplinghat, Fraternali, Mancera Piña (ApJ 2022)

- Red: dark matter halo; Magenta: baryons; Black: total
- These UDGs are extremely gas-rich, and largely baryon-dominated
- The UDG halo properties are inconsistent with CDM predictions

“Low-concentration” Halos



Kong+(ApJ 2022)

- The gas-rich UDGs strongly favor low-concentration halos, “~ 5σ ” below the median
- These “low-concentration” halos can be found in the IllustrisTNG simulations!
- But the inner densities of the simulated halos are too high
- SIDM with a few cm^2/g would not work as the concentration is too low!

Detection of a Dark Substructure through Gravitational Imaging

S. Vegetti¹★, L.V.E. Koopmans¹, A. Bolton², T. Treu³ & R. Gavazzi⁴

¹Kapteyn Astronomical Institute, University of Groningen, P.O. Box 800, 9700 AV Groningen, the Netherlands

²Institute for Astronomy, University of Hawaii, 2680 Woodlawn Drive, Honolulu, HI 96822-1897, USA

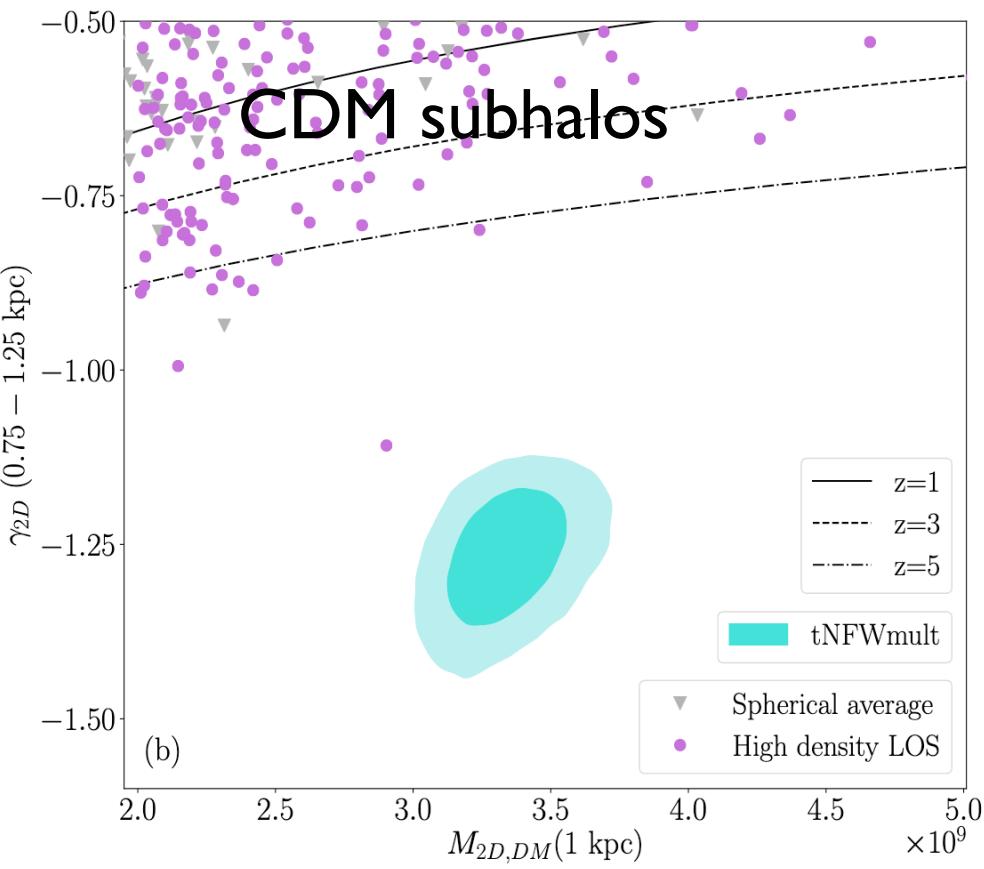
(MNRAS 2010)

³Department of Physics, University of California, Santa Barbara, CA 93101, USA

⁴Institut d'Astrophysique de Paris, CNRS, UMR 7095, Universite Pierre et Marie Curie, 98bis Bd Arago, 75014 Paris, France

SDSSJ0946+1006 (the “Double Einstein Ring”)

JVAS B1938+666 as well



Minor, Kaplinghat, Vegetti (MNRAS, 2020)

- The substructure is extremely dense
- CDM subhalos are **not** dense enough
- Compared to the IllustrisTNG simulations, the **tension** with CDM is at the > 99% confidence level; no core!
- The substructure does not have a detectable luminous component

**Opposite extremes:
the UDGs and cored spirals vs the
substructure**

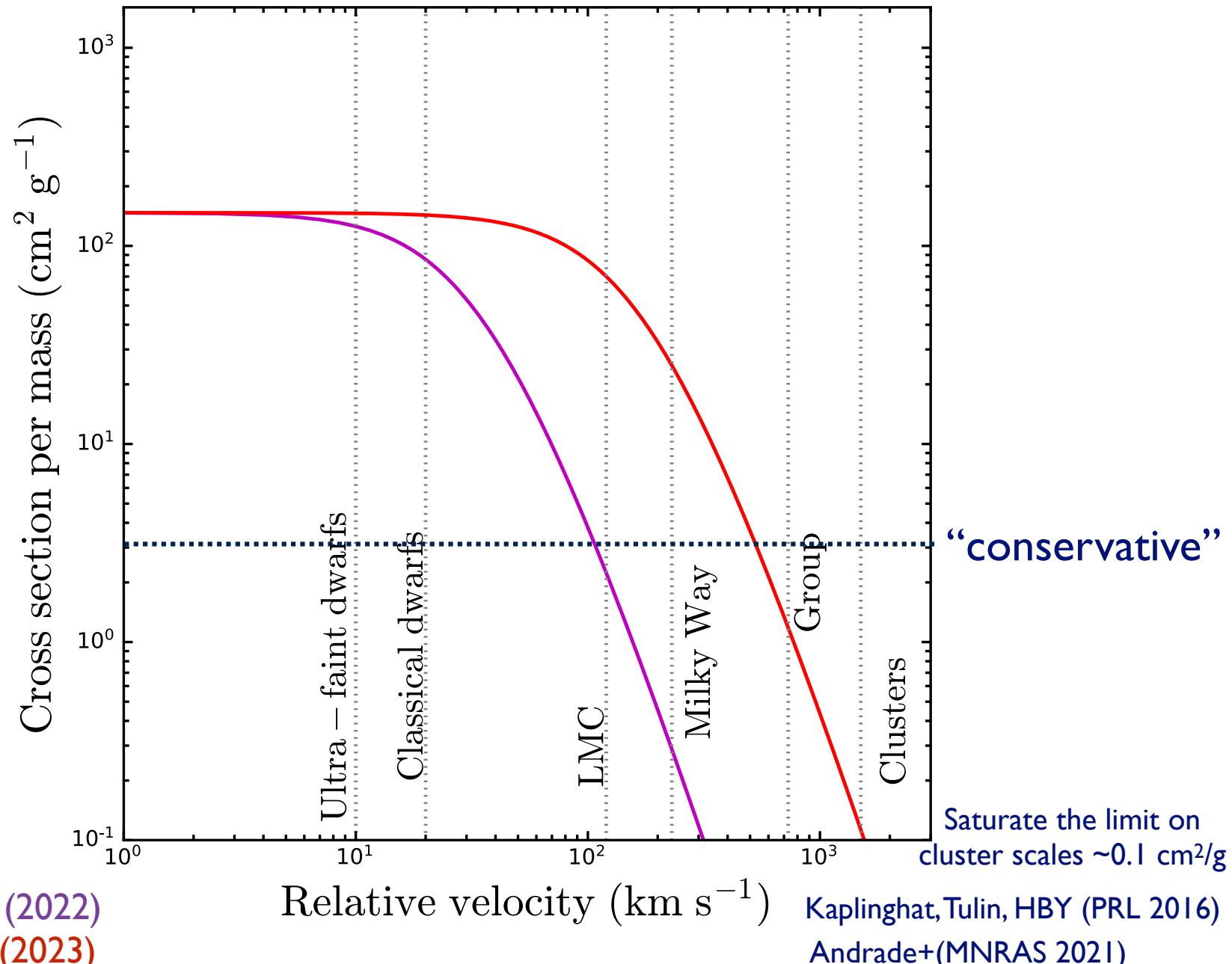
Even Stronger DM Self-Interactions



Daneng Yang (UCR)



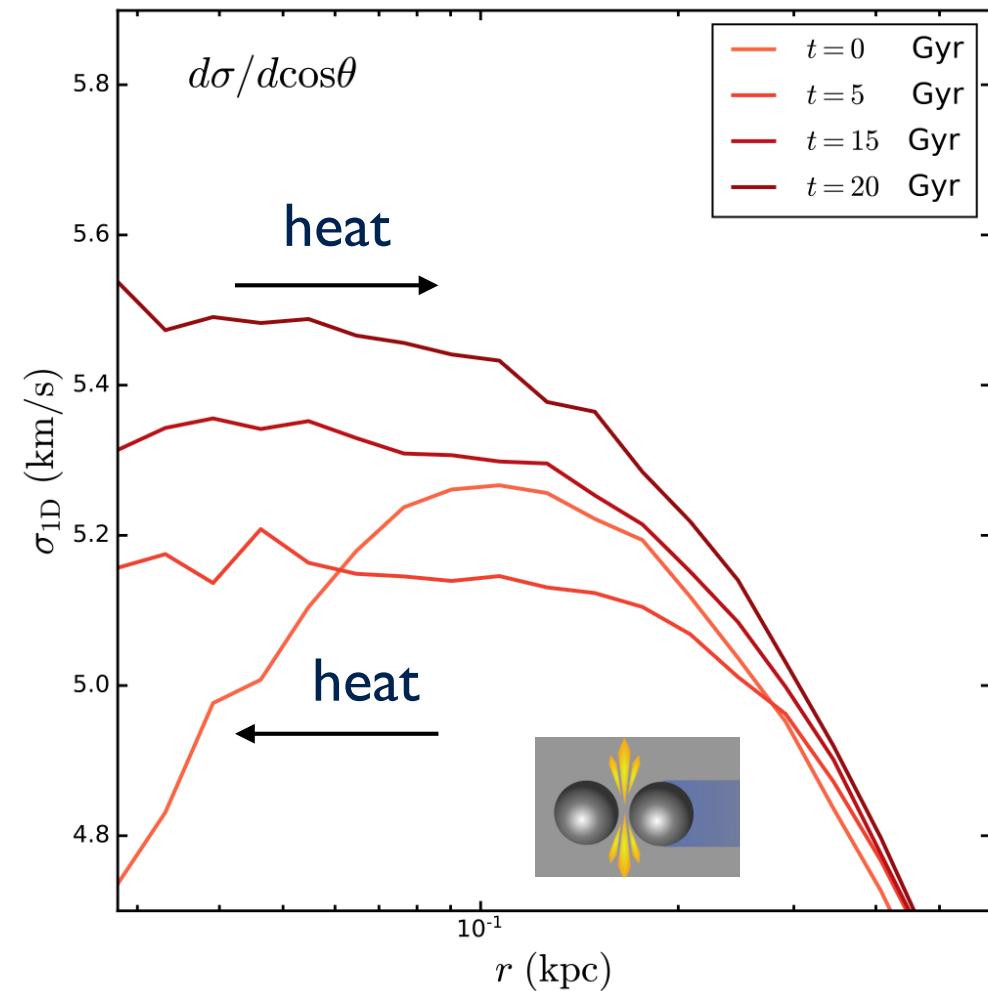
Ethan Nadler
(USC/Carnegie)



Yang, Nadler, HBY (2022)
Nadler, Yang, HBY (2023)

Kaplinghat, Tulin, HBY (PRL 2016)
Andrade+ (MNRAS 2021)

Gravothermal Evolution

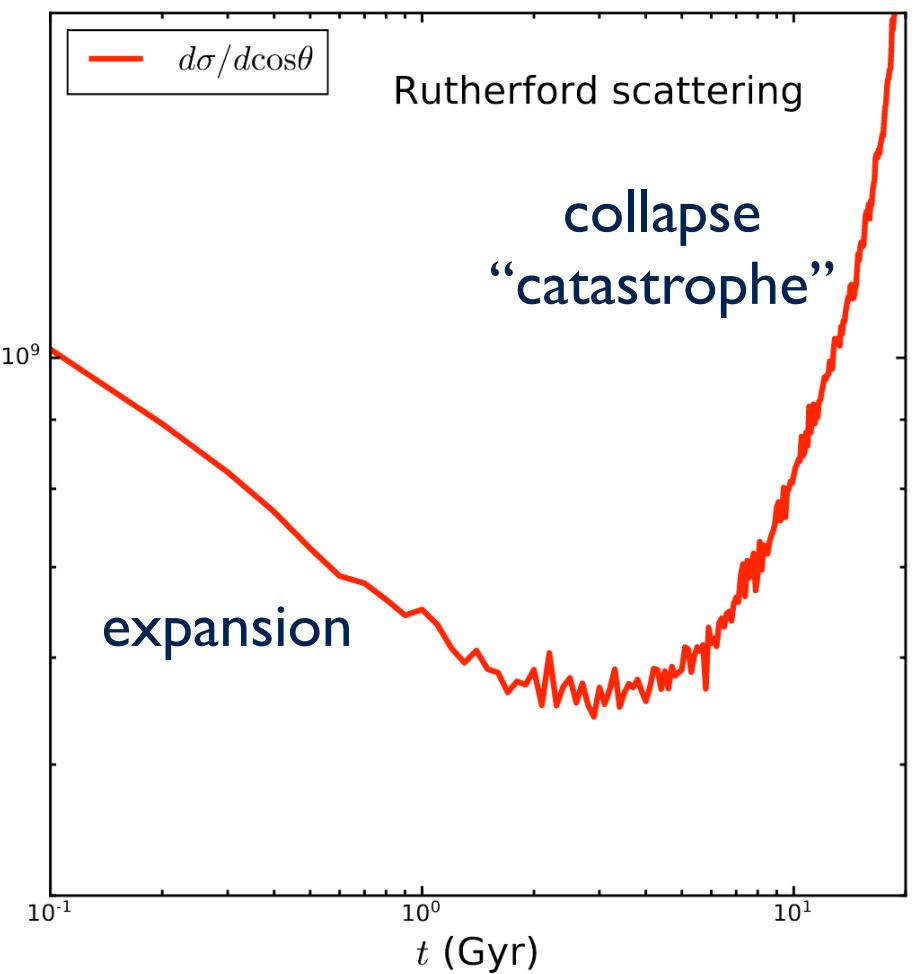


$$2K.E. + P.E. = 0 \quad \frac{E_{\text{tot}}}{T} < 0$$

$$E_{\text{tot}} = -K.E.$$

Balberg+(ApJ 2002)

Negative heat capacity!
⇒ gravothermal collapse

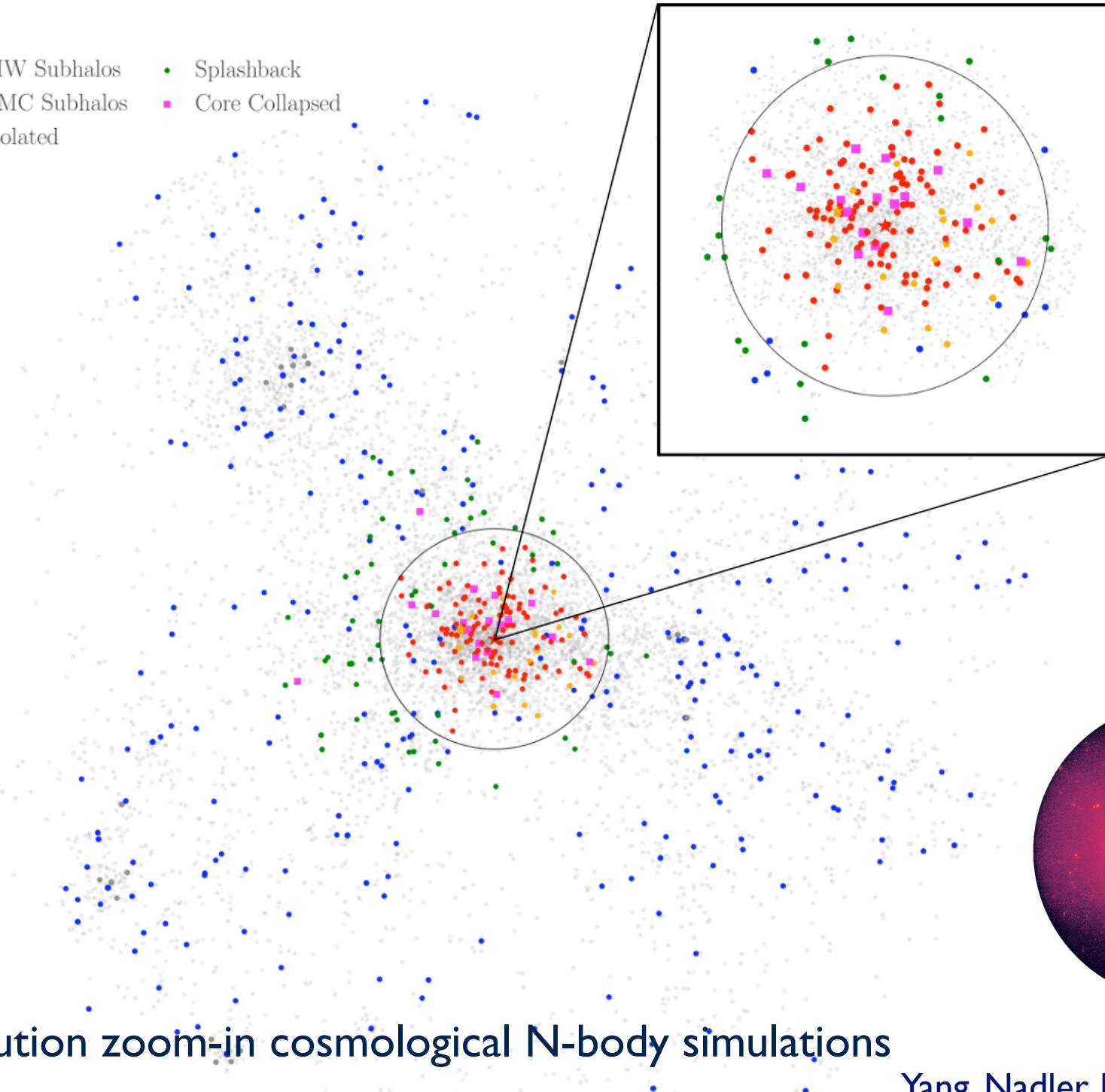


Yang, HBY (JCAP 2022)

$$t_c \propto (\sigma/m)^{-1} M_{200}^{-1/3} c_{200}^{-7/2}$$

w/Essig, McDermott, Zhong (PRL 2019)

- MW Subhalos
 - LMC Subhalos
 - Isolated
- Splashback
 - Core Collapsed



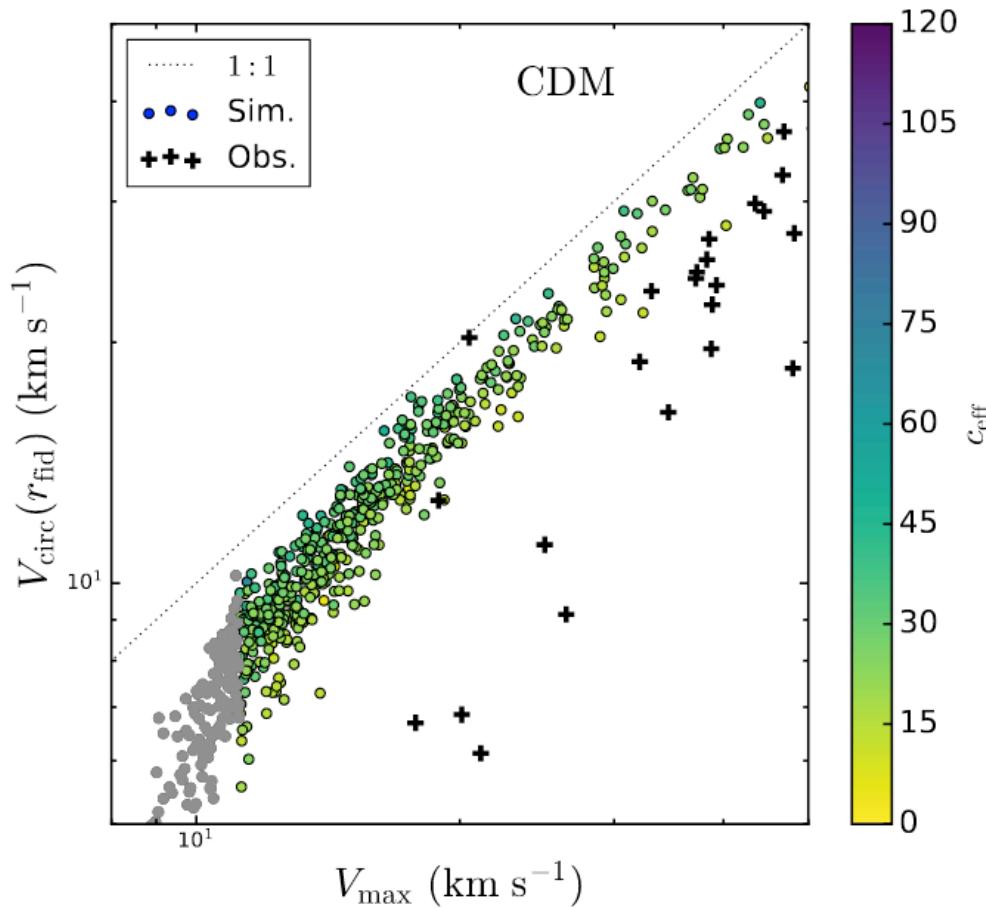
High-resolution zoom-in cosmological N-body simulations

• •

Yang, Nadler, HBY (2022)

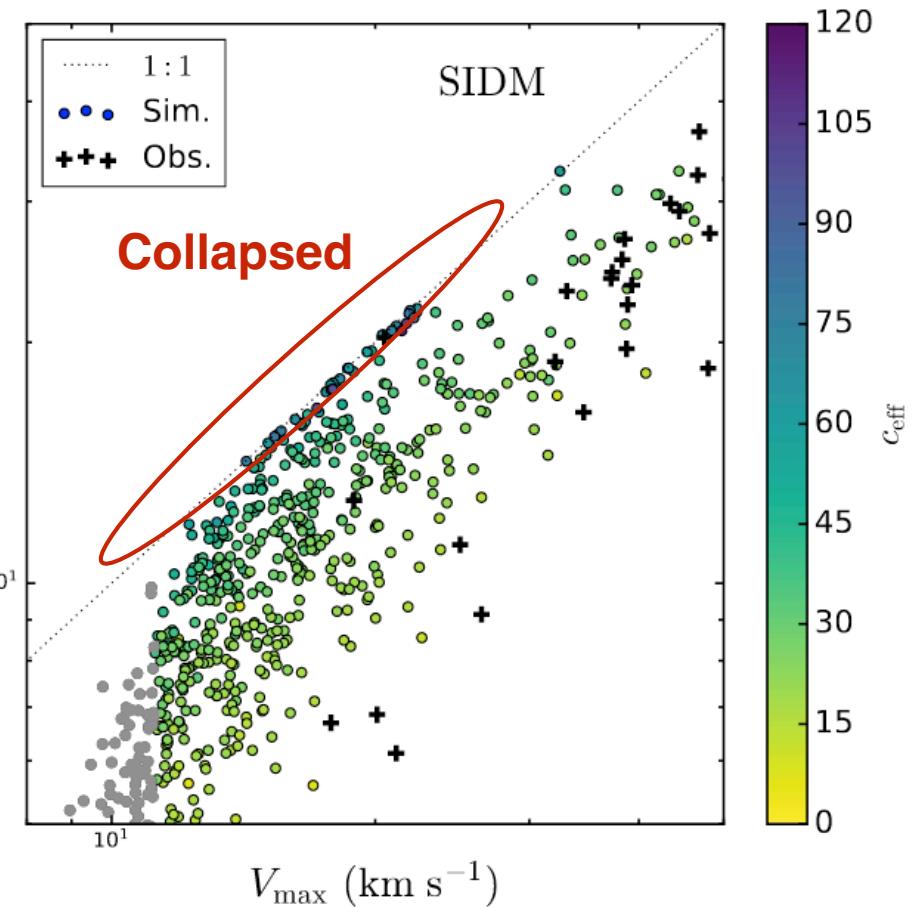
Even Larger Diversity

Isolated halos



$$r_{\text{fid}} \equiv 2V_{\text{max}}/(70 \text{ km/s}) \text{ kpc}$$

Isolated halos



$$t_c \propto (\sigma/m)^{-1} M_{200}^{-1/3} c_{200}^{-7/2}$$

- Stronger dark matter self-interactions produce larger diversity
- A constant cross section $\sim 3 \text{ cm}^2/\text{g}$ is conservative

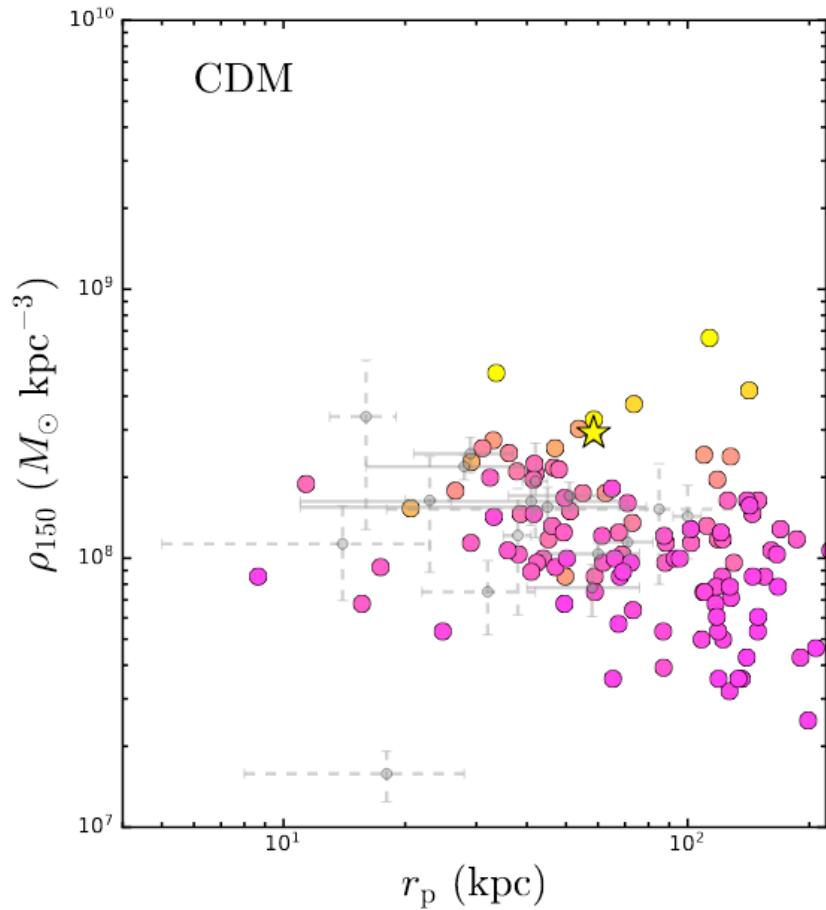
"+" from Santos-Santos+(2022)

Yang, Nadler, HBY (2022)

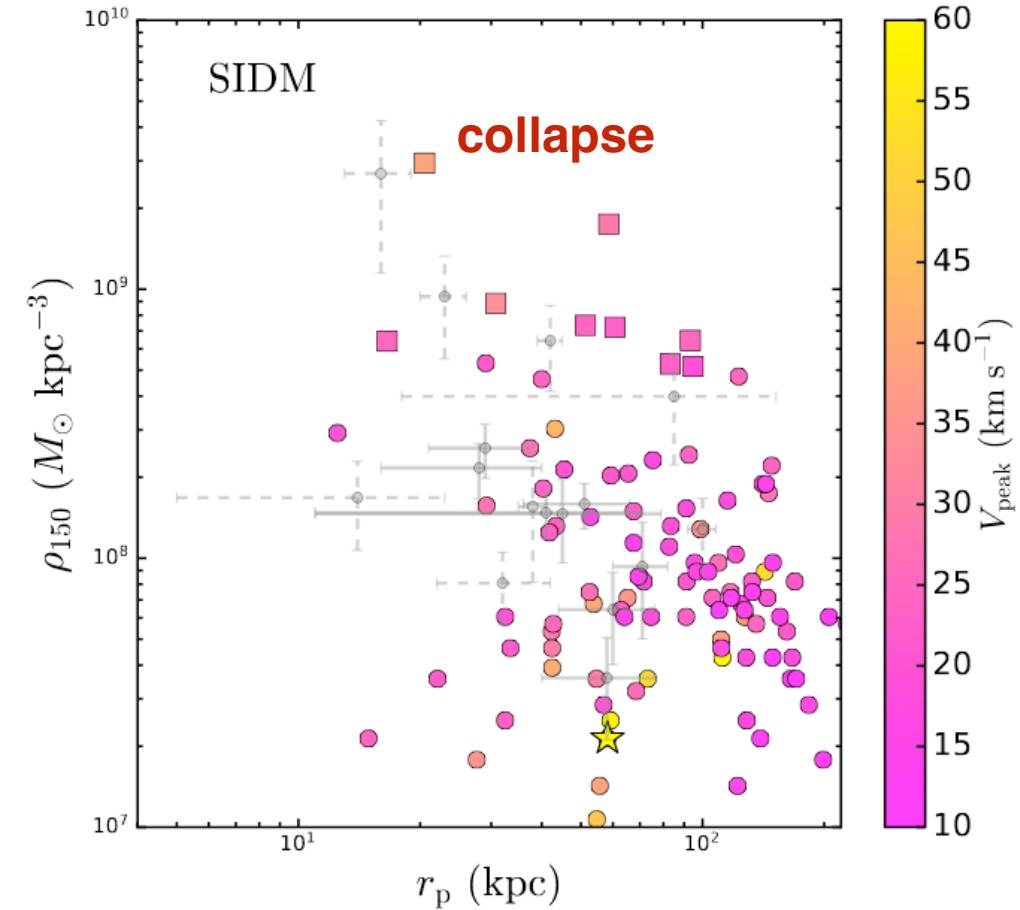
MW scale

Central Density vs Pericenter

Subhalos



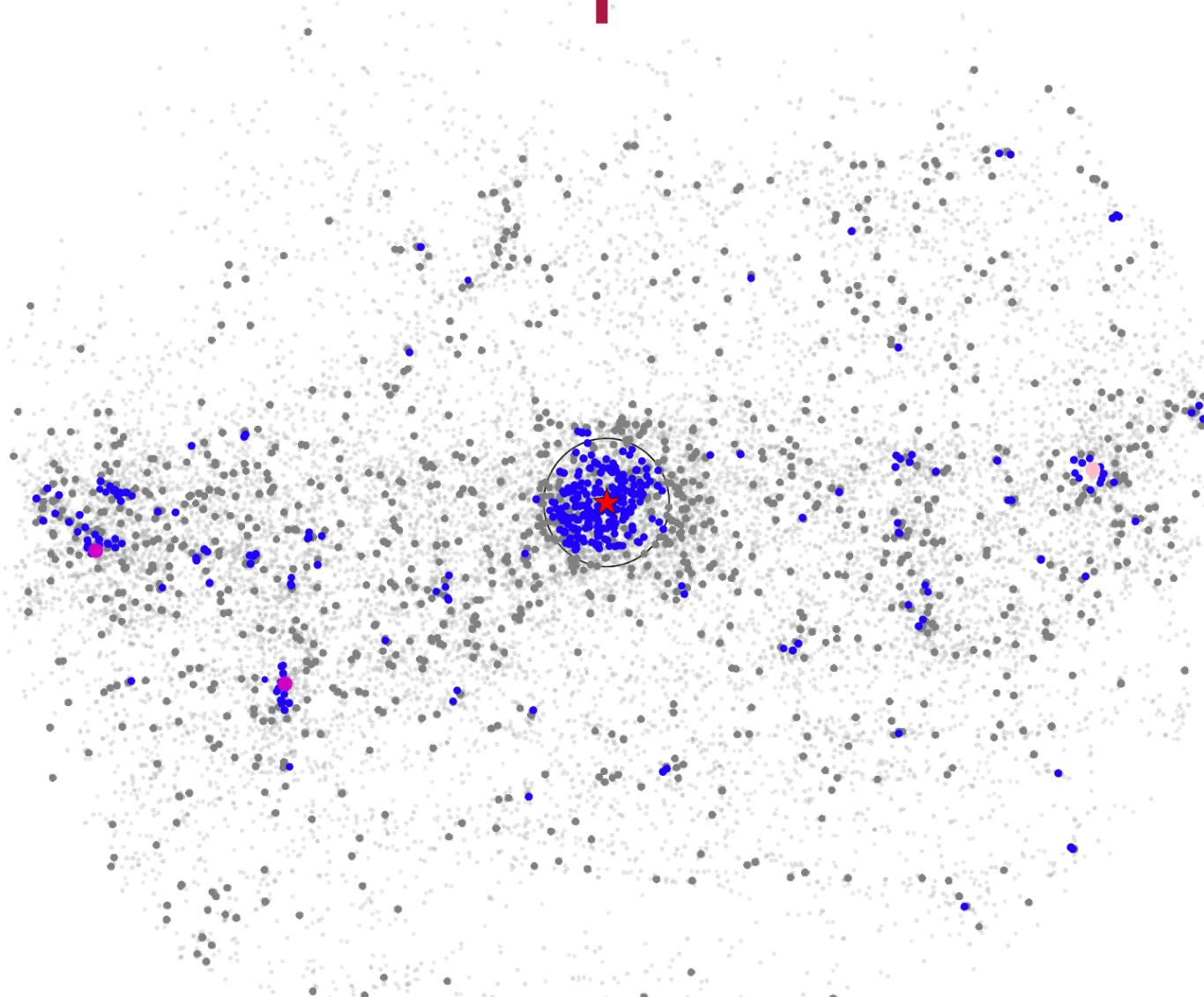
Subhalos



- Strong dark matter self-interactions increase the spread and amplify anti-correlation
- For the most ~ 15 massive subhalos, the CDM simulation does **not** show the anti-correlation trend
- The stellar disk would “destroy” the subhalos near the bottom

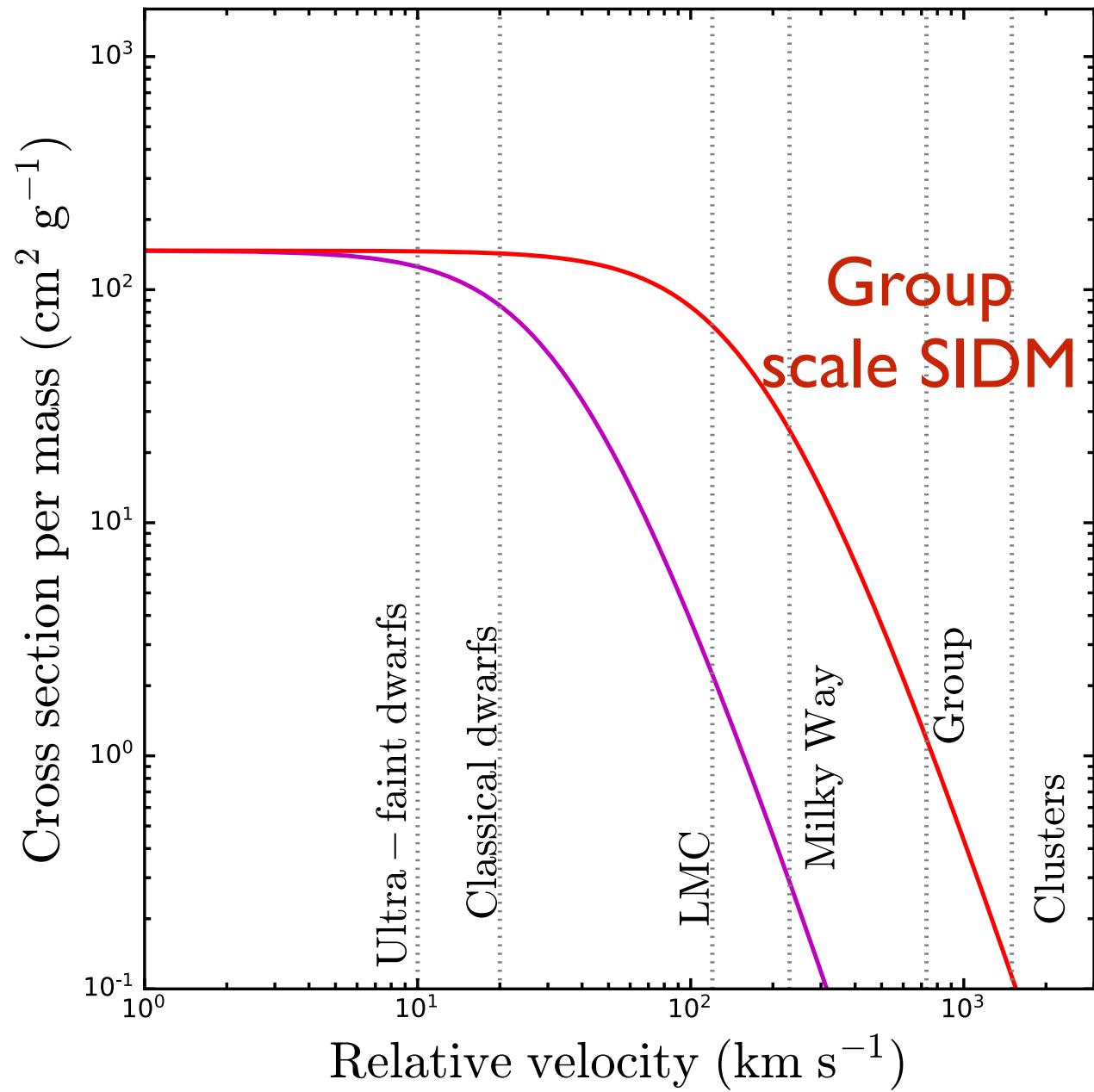
MW scale

Group Scales

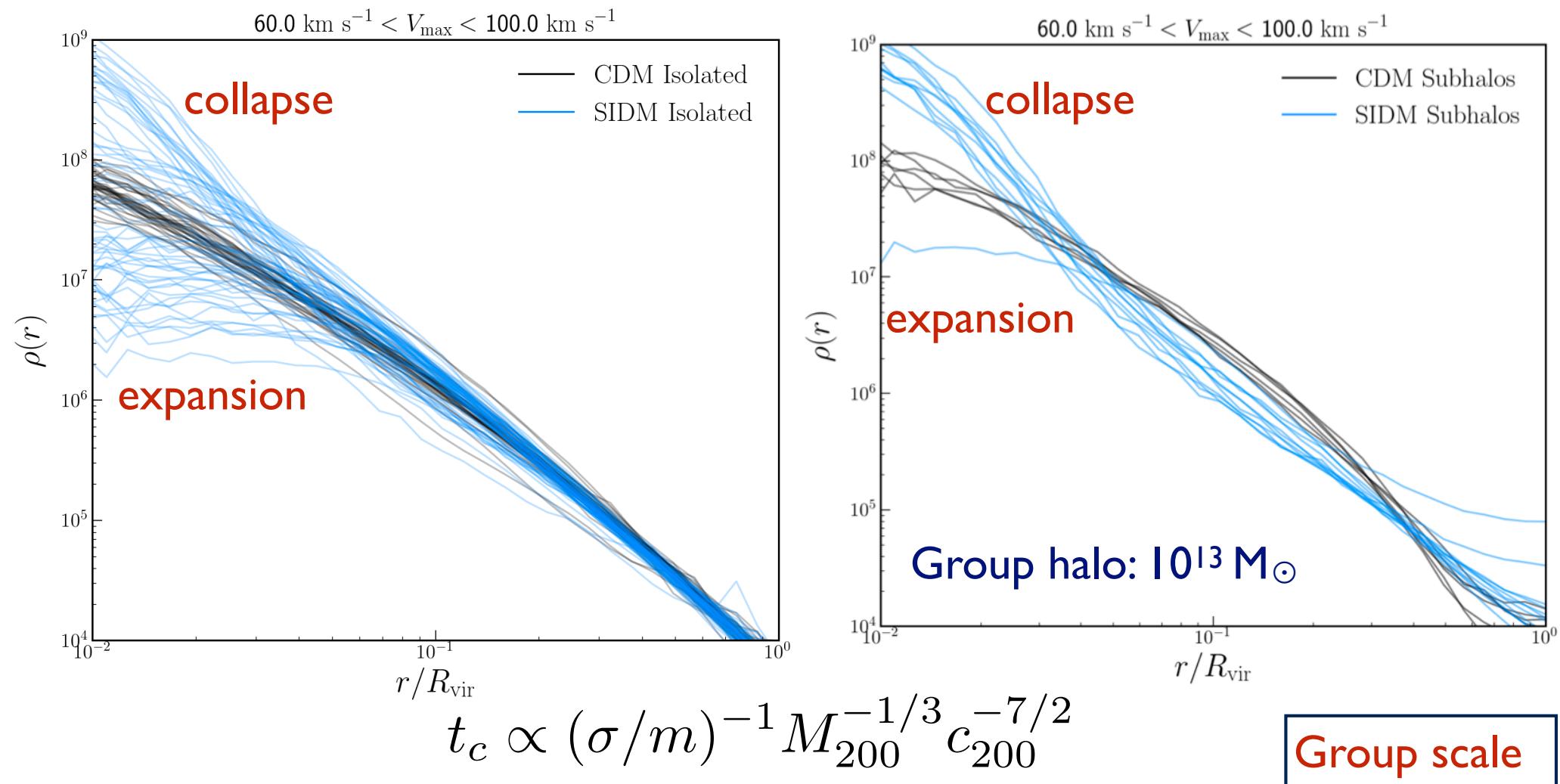


- High-resolution zoom-in cosmological simulations Nadler, Yang, HBY (2023)
- The main halo mass: $\sim 10^{13} M_\odot$, containing a Milky Way-like halo: $\sim 9 \times 10^{11} M_\odot$

More Spicy

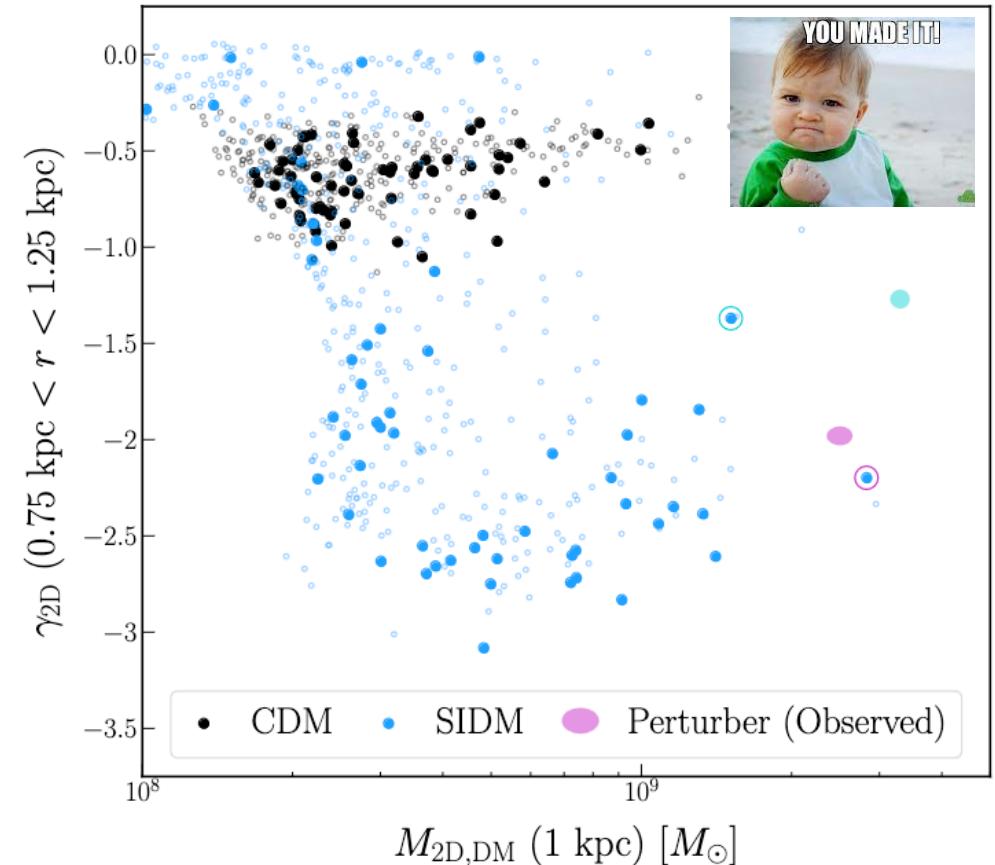
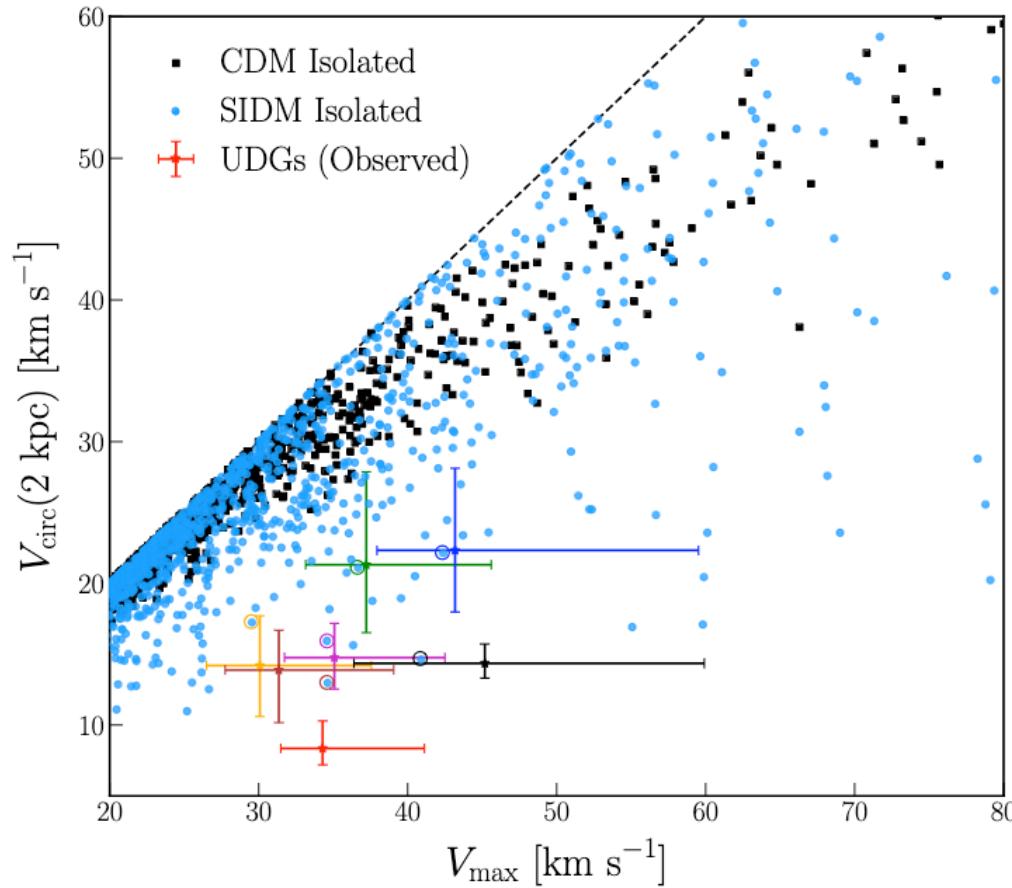


SIDM Isolated Halos and Subhalos



- Strong dark matter self-interactions can greatly diversify the inner halo density, due to core expansion and collapse
- Amplify the scatter in the concentration-mass relation

Reconciling UDGs & Lens Perturber

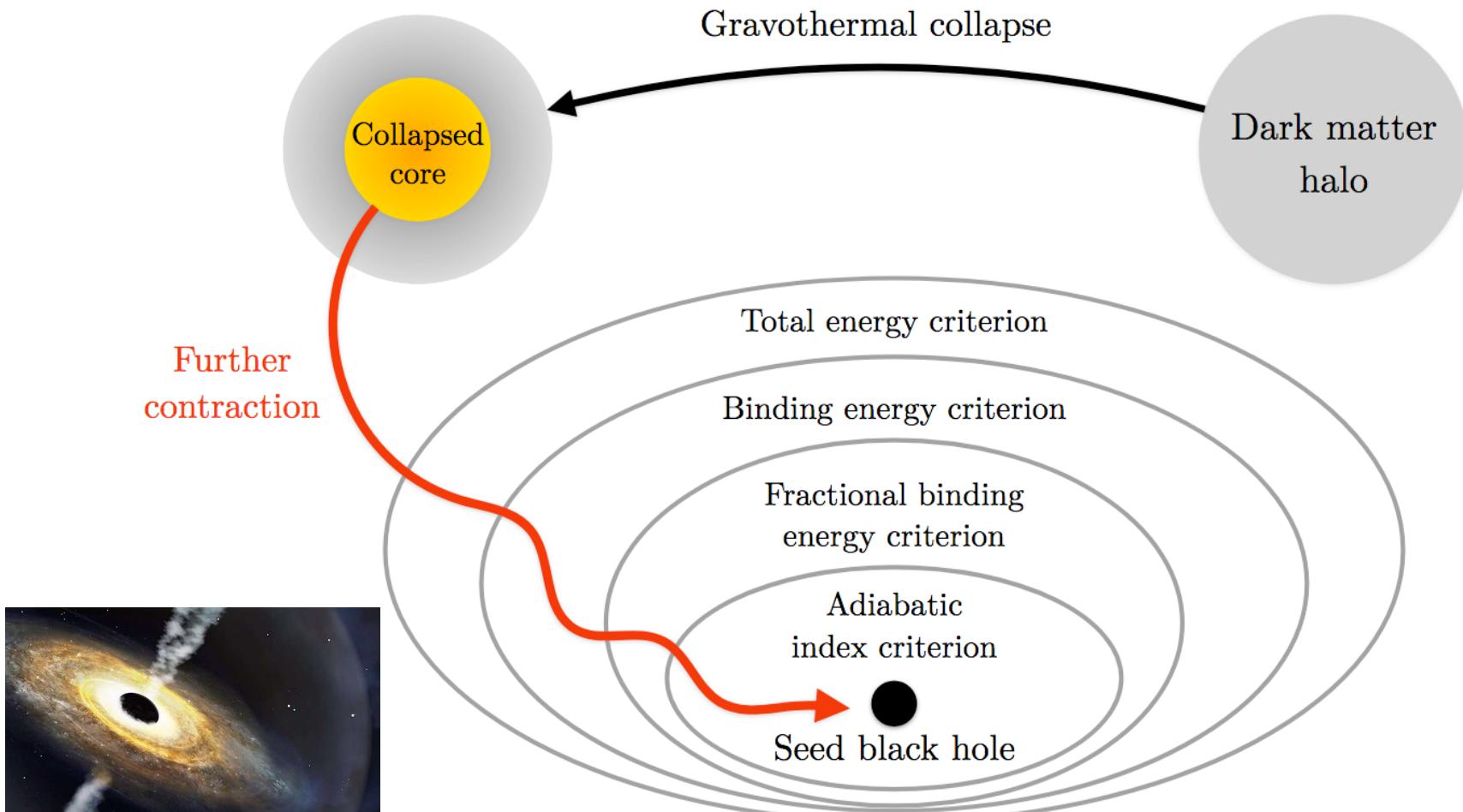


Group scale

For the lens perturber, there is a slight offset in mass, as the main halo mass is $10^{13} M_\odot$ on the lower end of the favored range $\sim 10^{13}\text{-}6\times 10^{13} M_\odot$

Nadler, Yang, HBY (2023)

Collapsing into a Black Hole



Wei-Xiang Feng

Truncated Maxwell-Boltzmann distribution

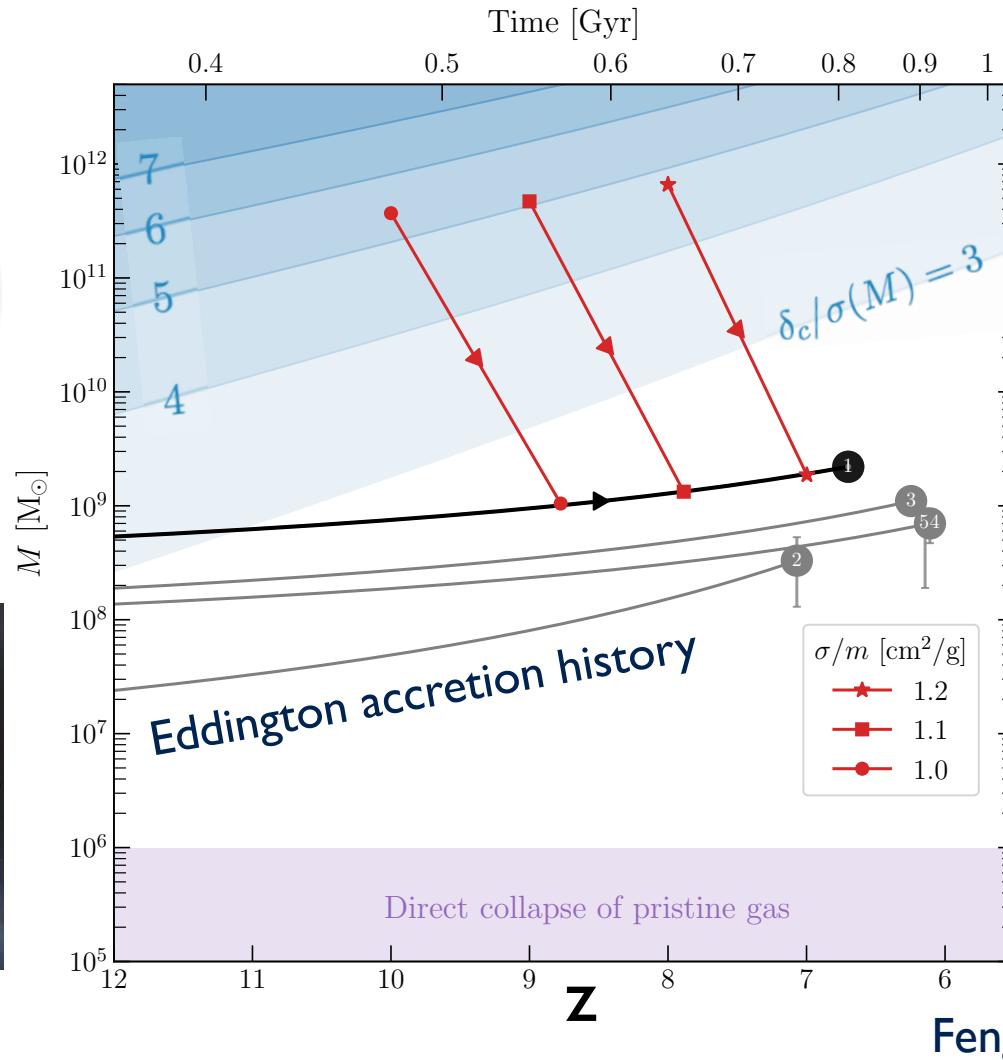
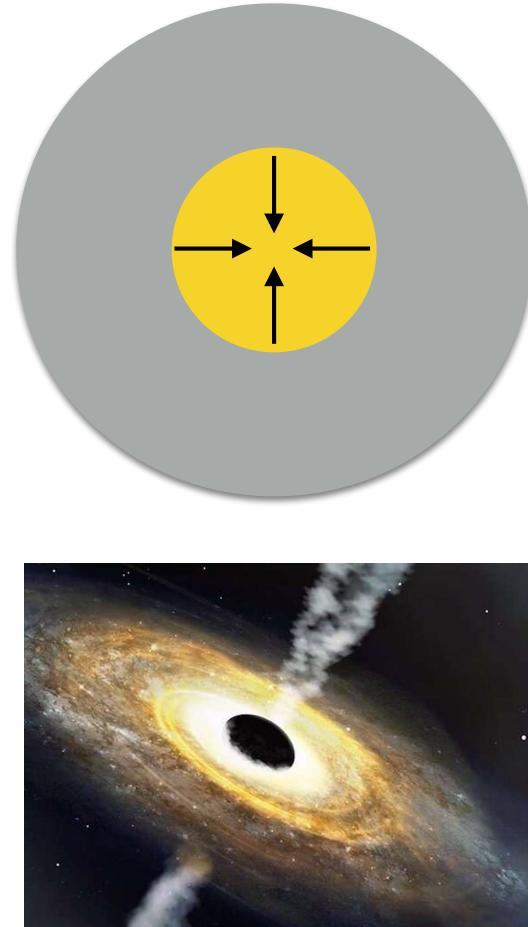
$$\begin{cases} (e^{-\epsilon/kT} - e^{-\epsilon_c/kT})d^3p(\epsilon) & (\epsilon \leq \epsilon_c) \\ 0 & (\epsilon > \epsilon_c), \end{cases}$$

Central 3D velocity dispersion $> 0.57c$

Find GR configurations using the Tolman-Oppenheimer-Volkov (TOV) equation; Check GR instability criteria

Feng, HBY, Zhong (ApJL 2021, JCAP 2022)

Bonus: Seeding Supermassive Black Holes



The most challenging one, J1205-0000

Mass $2.2 \times 10^9 M_\odot$

$z=6.7$

$f_{\text{Edd}}=0.16$

Onoue et al. (2019)

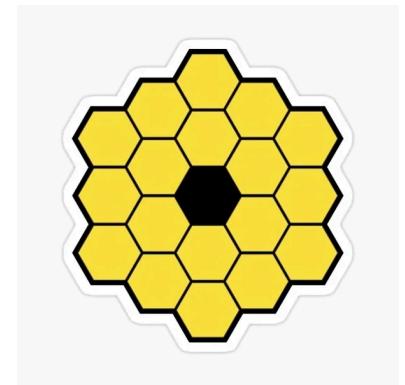
~800 Myr after the Big Bang

Feng, HBY, Zhong (ApJL, 2020)

- A conservative cross section is enough; the presence of baryons can speed the onset of collapse by a factor of 100!
- The mechanism predicts massive halos at high redshifts

A population of red candidate massive galaxies ~600 Myr after the Big Bang

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Massive galaxies exist in the early Universe at $z \sim 8$!

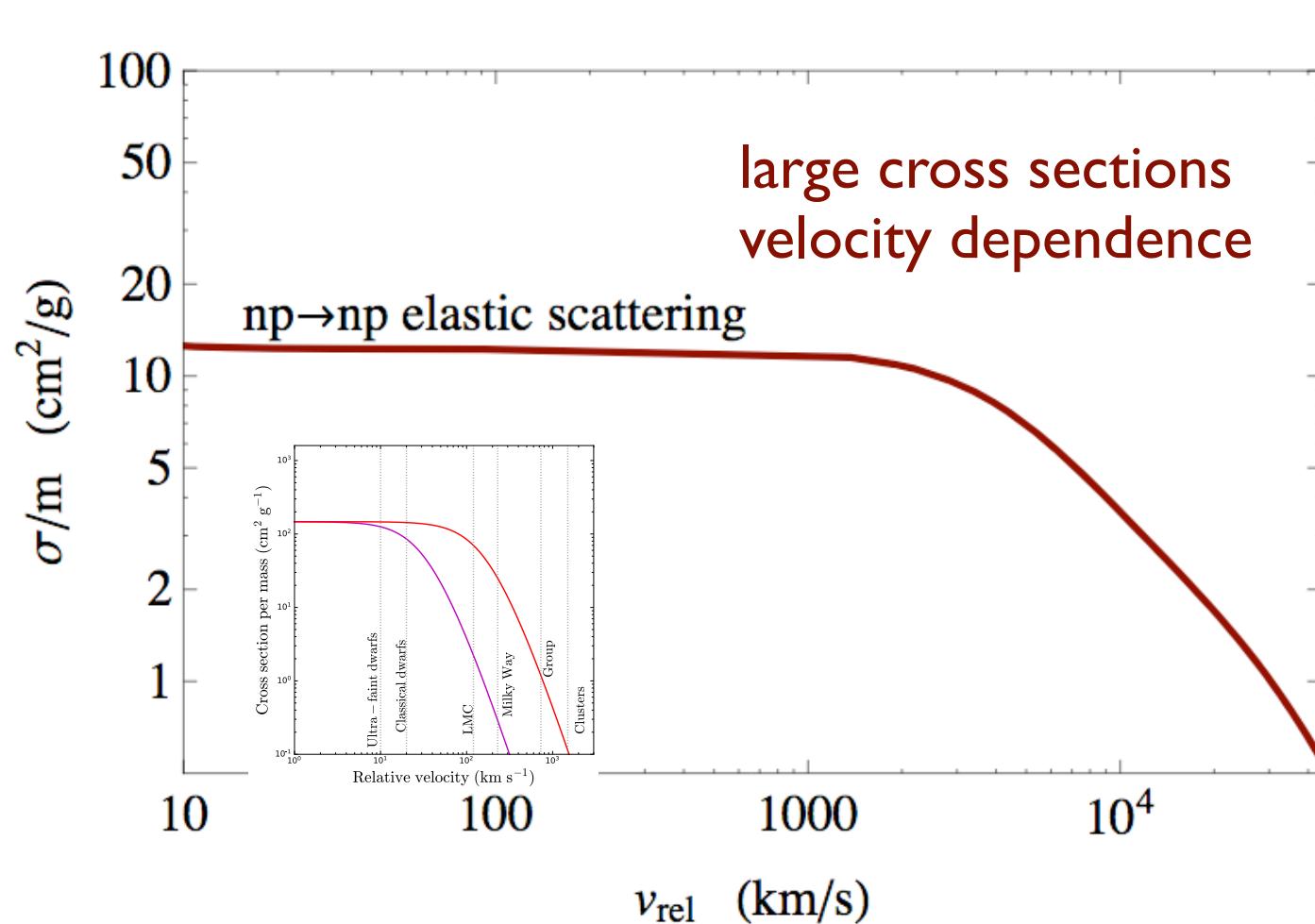
Abstract

Galaxies with stellar masses as high as $\sim 10^{11}$ solar masses have been identified^{1–3} out to redshifts $z \sim 6$, approximately one billion years after the Big Bang. It has been difficult to find massive galaxies at even earlier times, as the Balmer break region, which is needed for accurate mass estimates, is redshifted to wavelengths beyond $2.5\text{ }\mu\text{m}$. Here we make use of the $1\text{--}5\text{ }\mu\text{m}$ coverage of the *JWST* early release observations to search for intrinsically red galaxies in the first ≈ 750 million years of cosmic history. In the survey area, we find six candidate massive galaxies (stellar mass $> 10^{10}$ solar masses) at $7.4 \leq z \leq 9.1$, 500–700 Myr after the Big Bang, including one galaxy with a possible stellar mass of $\sim 10^{11}$ solar masses. If verified with spectroscopy, the stellar mass density in massive galaxies would be much higher than anticipated from previous studies based on rest-frame ultraviolet-selected samples.

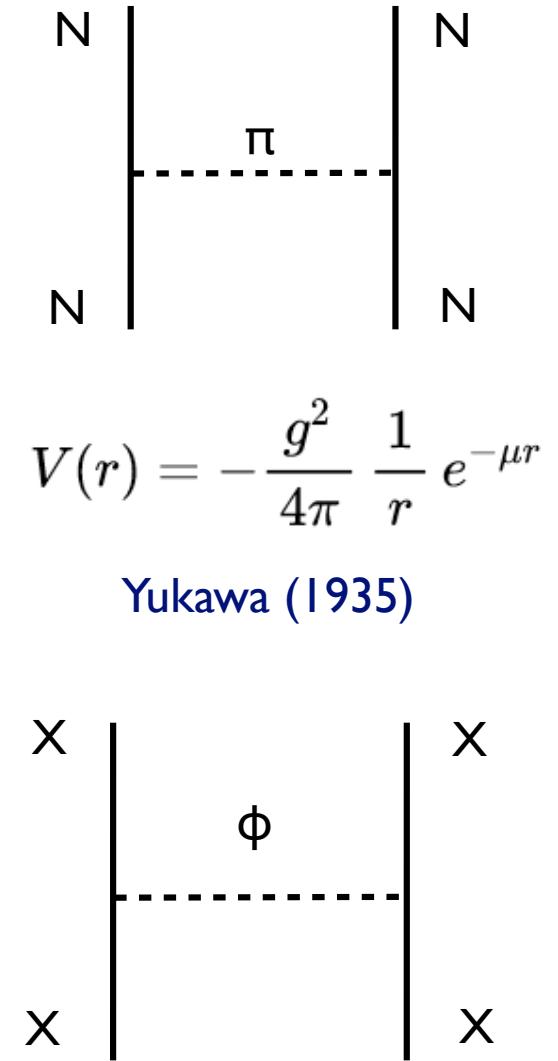
The expected halo mass $\sim 10^{11}\text{--}10^{12}\text{ M}_\odot$ at $z \sim 8$

see, e.g., Boylan-Kolchin (2022); Nadler, Benson, Driskell, Du, Gluscevic (2022)

N-P vs. DM-DM Scatterings



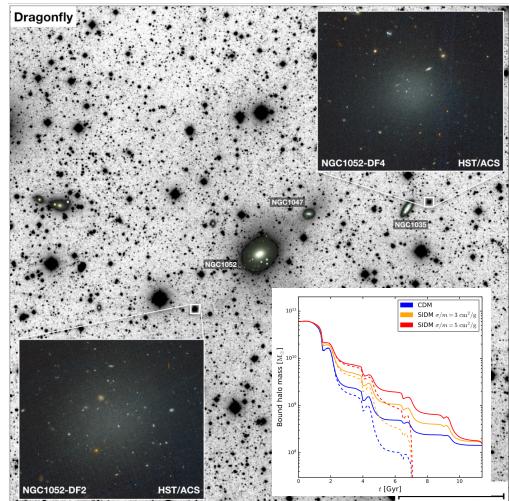
Tulin, HBY (2017); data from Obloinsky+ (2011)



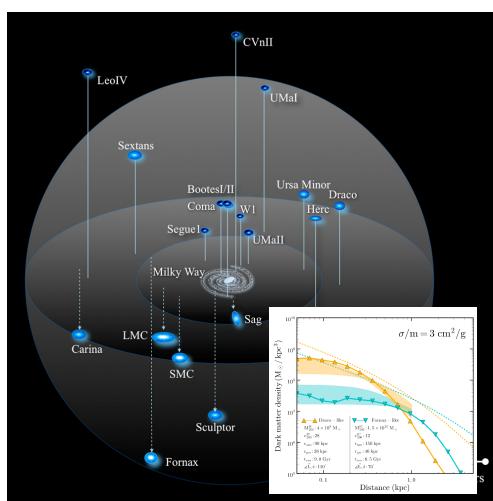
w/Feng, Kaplinghat (PRL, 2010)...

SIDM from Dwarfs to Clusters

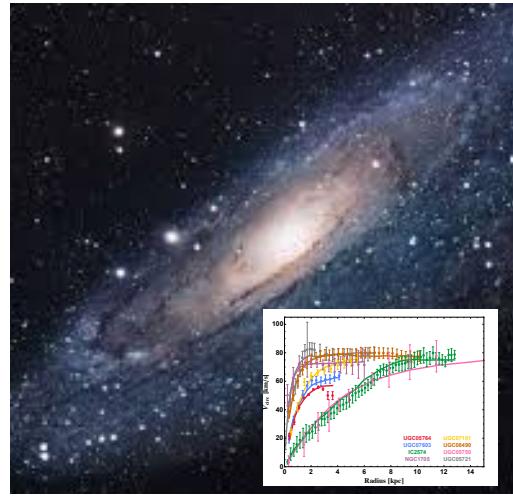
Ultra-diffuse galaxies
(dark-matter-deficient)



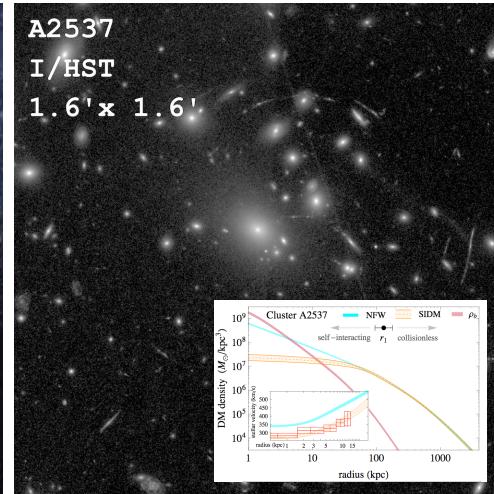
Milky Way satellites



Spiral galaxies



Galaxy clusters



$M_{\text{halo}} < \sim 10^8 M_{\odot}$

$M_{\text{halo}} \sim 10^8 M_{\odot}$

$M_{\text{halo}} \sim 10^9 - 10^{13} M_{\odot}$

$M_{\text{halo}} \sim 10^{15} M_{\odot}$

- SIDM can explain **diverse** dark matter distributions over a wide range of galactic systems (halo mass $\sim 10^8 - 10^{15} M_{\odot}$); **bonus**: seeding SMBHs
- Dark matter self-interactions occur at fundamental scales $\sim 10^{-12} \text{ cm}$; change the dark matter distribution at astro scales $\sim 10^{22} \text{ cm}$, which can be detected!
- We may have detected strong dark matter self-interactions

Thank You!

