

Quantum Transitions, Detailed Balance, Black Holes and Nothingness

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S. Céspedes, S. de Alwis, F. Muia, FQ (to appear)

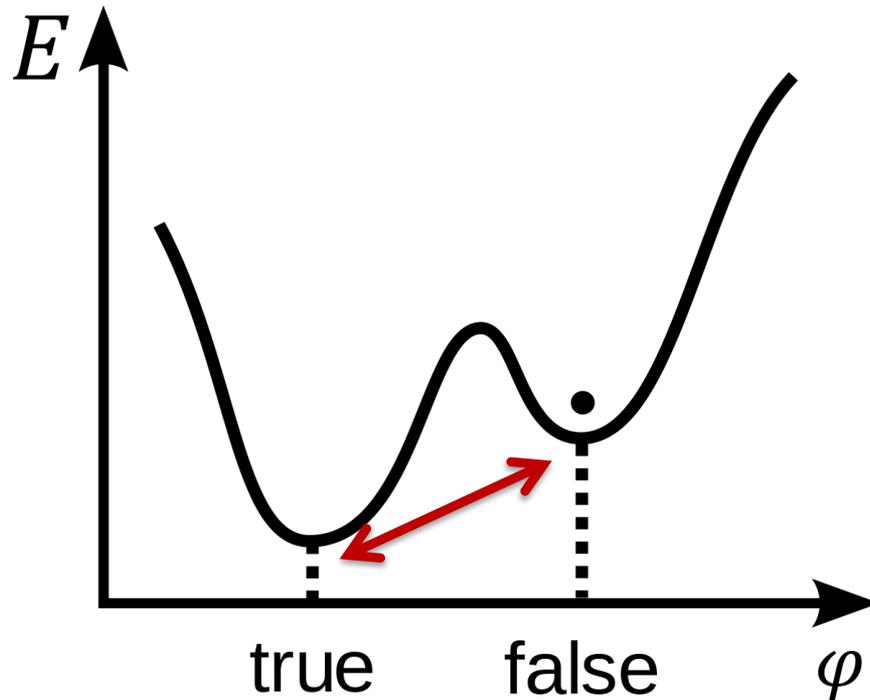
Also: S. de Alwis, F. Muia, V. Pasquarella, FQ [1909.01975](#)

S. Céspedes, S. de Alwis, F. Muia, FQ [2011.13936](#), [2112.11650](#)

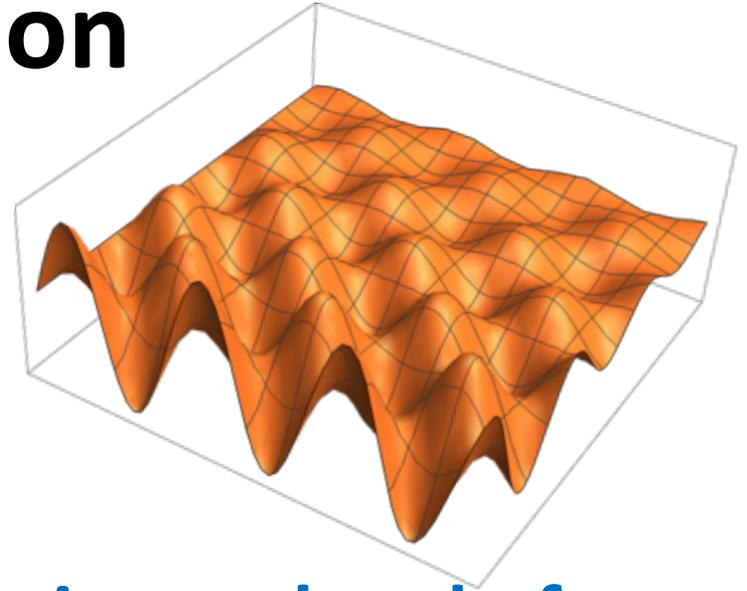
V. Pasquarella, FQ [2211.07664](#)

Old Question: Vacuum Transitions

Transitions among de Sitter, Minkowski and anti de Sitter spacetimes?



Motivation



- **String landscape**
- **Vacuum transitions: beginning and end of our universe?**
- **Theoretical 'laboratory' to study quantum aspects of gravity**

Early History

- Coleman de Luccia (1980)
- Witten (1981)
- Vilenkin + Hartle-Hawking (1982-3)
- Brown-Teitelboim (1987)
- Farhi-Guth-Guven (1990)
- Fischler-Morgan-Polchinski (1990)

Euclidean Approach

Wave functions of the universe

Mini-superspace

$$ds^2 = -N^2(t)dt^2 + a^2(t)(dr^2 + \sin^2 r d\Omega_2^2)$$

Hartle-Hawking vs Vilenkin (tunneling to dS from nothing)

$$\mathcal{P}_{\text{HH}}(\text{Nothing} \rightarrow \text{dS}) = \|\Psi_{\text{HH}}(\mathbb{H}_{\text{dS}})\|^2 \propto e^{\frac{\pi}{GH_{\text{dS}}^2}} = e^{+S_{\text{dS}}}$$

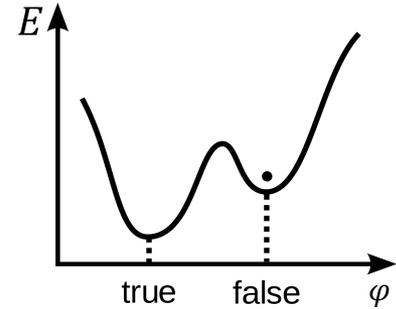
 entropy

$$\mathcal{P}_{\text{T}}(\text{Nothing} \rightarrow \text{dS}) = \|\Psi_{\text{T}}(\mathbb{H}_{\text{dS}})\|^2 \propto e^{-\frac{\pi}{GH_{\text{dS}}^2}} = e^{-S_{\text{dS}}}$$

Two types of vacuum transitions

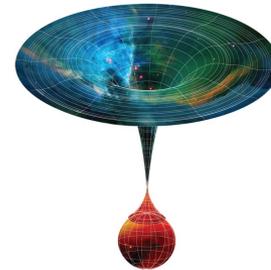
1. Transition between two minima of scalar potential

Coleman-De Luccia 1980

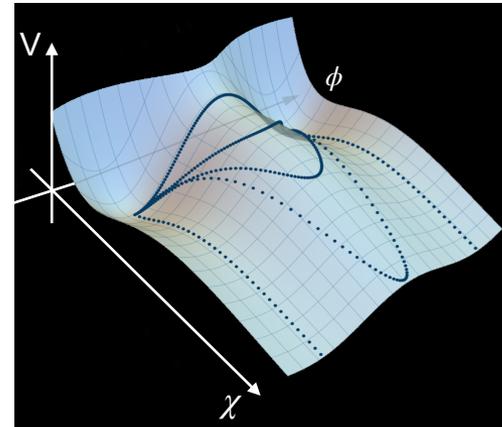
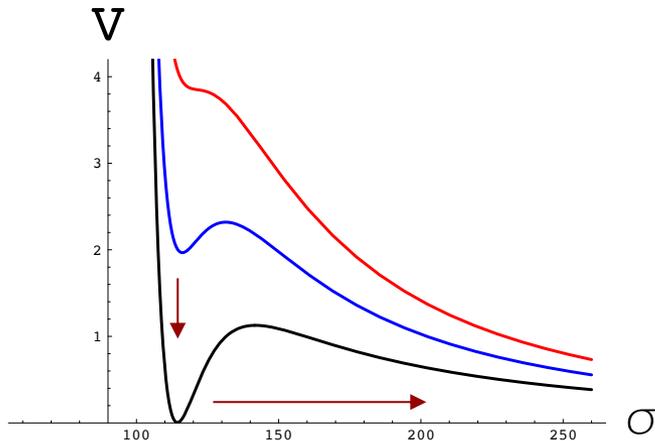


2. No scalar field: M_1 to $M_1 + \text{Wall} + M_2$

Brown-Teitelboim 87

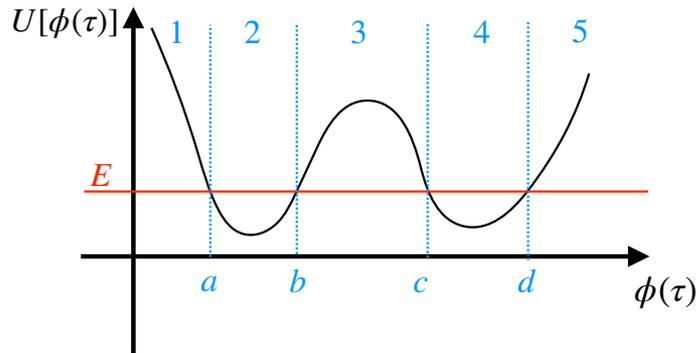


Both realised in string landscape



Approximate picture

WKB in Field Theory



Schrödinger equation

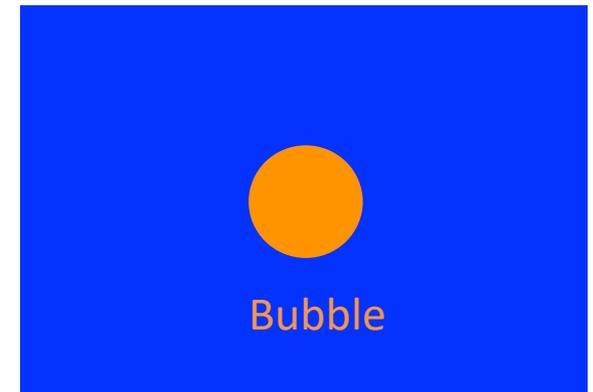
$$\int_X \left[-\frac{\hbar^2}{2} \frac{\delta^2}{\delta\phi(x)^2} + \frac{1}{2} \overbrace{\nabla_x^2 \phi + V(\phi)}^{U[\phi]} \right] \Psi[\phi] = E\Psi[\phi].$$

Infinite volume: Transition local

Decay rate

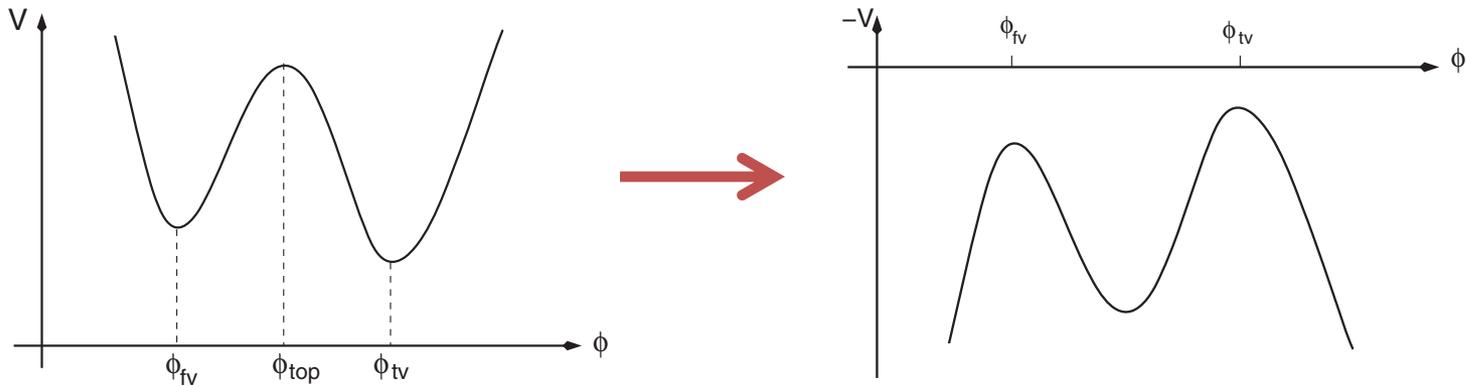
$$\Gamma \sim T^2 \sim \frac{1}{\lambda^2} \propto \exp\left(-2 \int_b^c \kappa d\tau\right)$$

$$T^2 = \frac{|\Psi_4[\phi]|^2}{|\Psi_2[\phi]|^2}$$



Euclidean Approach

Coleman et al. (Field theory and Gravity)



O(4) Instanton (bounce)

$$\xi^2 = |x|^2 + \tau^2$$

$$ds^2 = d\xi^2 + \rho^2(\xi)(d\psi^2 + \sin^2 \psi d\Omega_2^2)$$

Analytic continuation O(3,1)

$$ds^2 = d\tilde{t}^2 - \tilde{t}^2 \left[\frac{d\tilde{r}^2}{1 + \tilde{r}^2} + \tilde{r}^2(d\theta^2 + \sin^2 \theta d\varphi^2) \right]$$

$$\equiv d\tilde{t}^2 - \tilde{t}^2 d\Omega_T^2.$$

Open FLRW geometry!

Including Gravity

Euclidean approach (Coleman-de Luccia, Lee-Weinberg, Brown-Teitelboim) :

$$\Gamma \sim e^{-B}, \quad B = S[\text{instanton}] - S[\text{background}]$$

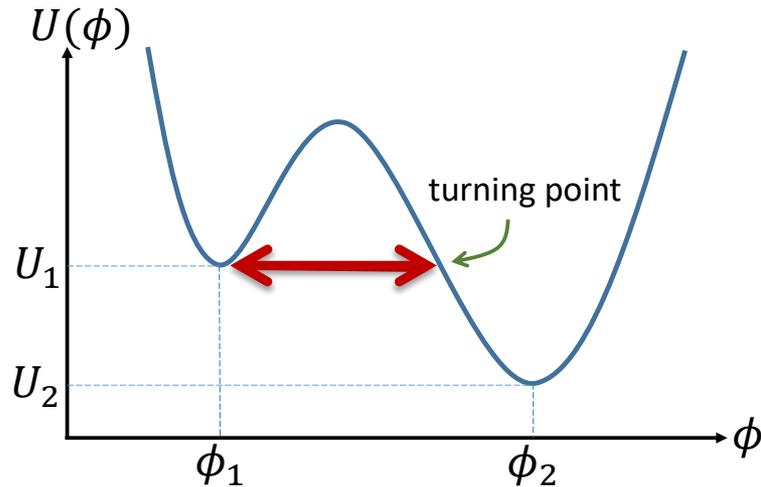
$$B = \frac{\pi}{2G} \left[\frac{[(H_0^2 - H_1^2)^2 + \kappa^2(H_0^2 + H_1^2)] R_o}{4\kappa H_0^2 H_1^2} - \frac{1}{2} (H_1^{-2} - H_0^{-2}) \right]$$

$$R_o^2 = \frac{4\kappa^2}{(H_0^2 - H_1^2)^2 + 2\kappa^2(H_0^2 + H_1^2) + \kappa^4}$$

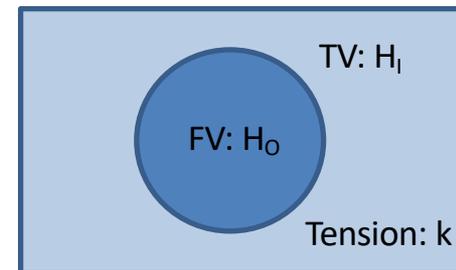
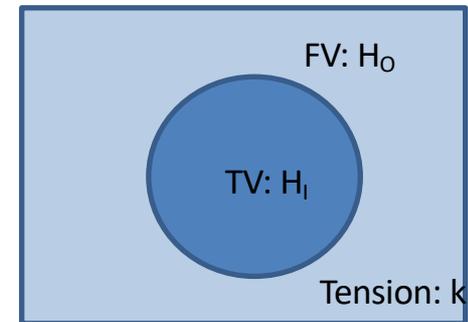
Vacuum transitions

Gravity: Down and Up Tunneling

Lee+ Weinberg



Bubble nucleation



Euclidean CDL

- It reproduces the right decay rate $\Gamma=e^{-B}$ as WKB and direct extension to field theory and gravity
- After bubble materialisation: Analytic continuation from Euclidean to Lorentzian. Implies open universe but just a “guess” (**$O(4)$ symmetry**)
- Minkowski to de Sitter: (creating a universe in the lab), singular instanton?

Hamiltonian Approach

Hamiltonian Approach

Fischler, Morgan, Polchinski 1990

Metric $ds^2 = -N_t^2(t, r)dt^2 + L^2(t, r)(dr + N_r dt)^2 + R^2(t, r)d\Omega_2^2$, **Spherically symmetric**

Action

$$S_{\text{tot}} = \frac{1}{16\pi G} \int_{\mathcal{M}} d^4x \sqrt{g} \mathcal{R} + \frac{1}{8\pi G} \int_{\partial\mathcal{M}} d^3y \sqrt{h} K + S_{\text{mat}} + S_{\text{W}}$$

$$S_{\text{W}} = -4\pi\sigma \int dt dr \delta(r - \hat{r}) [N_t^2 - L^2(N_r + \dot{\hat{r}})^2]^{1/2}$$

$$S_{\text{mat}} = -4\pi \int dt dr L N_t R^2 \rho(r),$$

$$\rho = \Lambda_0 \theta(r - \hat{r}) + \Lambda_1 \theta(\hat{r} - r)$$

Conjugate variables

$$\pi_L = \frac{N_r R' - \dot{R}}{G N_t} R, \quad \pi_R = \frac{(N_r L R)' - \partial_t(LR)}{G N_t},$$

$$\mathcal{H}_g = \frac{G L \pi_L^2}{2R^2} - \frac{G}{R} \pi_L \pi_R + \frac{1}{2G} \left[\left(\frac{2RR'}{L} \right)' - \frac{R'^2}{L} - L \right]$$

$$P_g = R' \pi_R - L \pi_L'.$$

Constraints

$$\mathcal{H} = \mathcal{H}_g + 4\pi L R^2 \rho(r) + \delta(r - \hat{r}) E = 0,$$

$$P = P_g - \delta(r - \hat{r}) \hat{p} = 0,$$

$$E = \sqrt{\frac{\hat{p}^2}{\hat{L}^2} + m^2}, \quad m = 4\pi\sigma \hat{R}^2, \quad \hat{p} = \partial\mathcal{L}/\partial\dot{\hat{r}}$$

Classical Trajectories

Solutions of constraints

$$\pi_L = \eta \frac{R}{G} \left[\frac{R'^2}{L^2} - A_\alpha \right]^{1/2}, \quad \alpha = \text{O, I}, \quad \eta = \pm 1,$$

$$A_\alpha = 1 - \frac{2GM_\alpha}{R} - H_\alpha^2 R^2, \quad H_\alpha^2 = \frac{8\pi G}{3} \Lambda_\alpha,$$

$$ds_\alpha^2 = -A_\alpha(R) d\tau^2 + A_\alpha^{-1}(R) dR^2 + R^2 d\Omega_2^2.$$

Dynamics

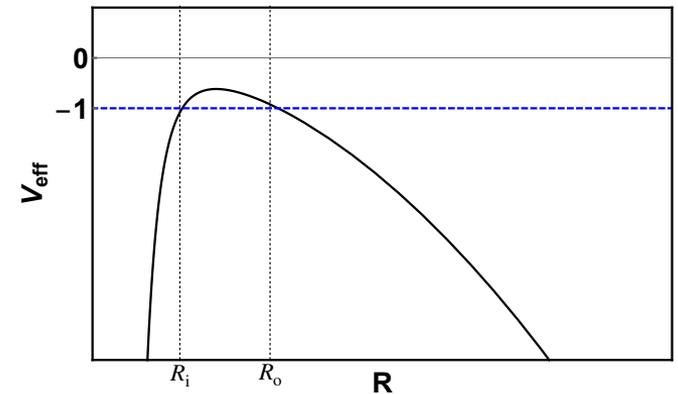
$$\dot{\hat{R}}^2 + V = -1$$

$$V = -\frac{1}{(2\kappa\hat{R})^2} \left((\hat{A}_I - \hat{A}_O) - \kappa^2 \hat{R}^2 \right)^2 + (\hat{A}_O - 1)$$

Matching conditions

$$\frac{\hat{R}}{\hat{L}} (R'(\hat{r} + \epsilon) - R'(\hat{r} - \epsilon)) = -GE,$$

$$\pi_L(\hat{r} + \epsilon) - \pi_L(\hat{r} - \epsilon) = \frac{\hat{p}}{\hat{L}} = 0,$$



Tunneling Probability and WDW

Wheeler DeWitt Equation

$$\mathcal{H}\Psi = 0 \quad \text{(no time evolution)}$$

WKB

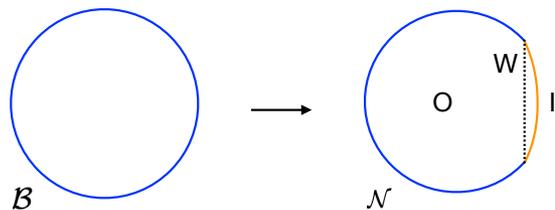
$$\Psi = ae^I + be^{-I} \quad iS = I$$

Transition Probability

$$\mathcal{P}(\mathcal{B} \rightarrow \mathcal{N}) = \left| \frac{\Psi_{\mathcal{N}}}{\Psi_{\mathcal{B}}} \right|^2 \quad \mathcal{P}(\mathcal{B} \rightarrow \mathcal{N}) \equiv \Gamma_{\mathcal{B} \rightarrow \mathcal{N}}$$

$$\mathcal{P}(\mathcal{B} \rightarrow \mathcal{N}) \simeq \exp \left[2 \operatorname{Re} (I_{\text{tot}}(\mathcal{N}) - I(\mathcal{B})) \right]$$

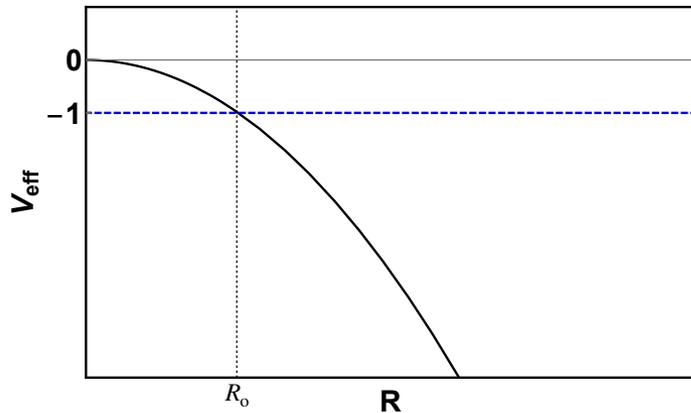
$$\mathcal{P}(A \rightarrow A/B \oplus W) = \frac{|\Psi(A/B \oplus W)|^2}{|\Psi(A)|^2}$$



De Sitter to de Sitter

(M=0)

$$\mathcal{P}(\text{dS} \rightarrow \text{dS}/\text{dS} \oplus \text{W}) = \frac{|\Psi(\text{dS}/\text{dS} \oplus \text{W})|^2}{|\Psi(\text{dS})|^2}$$



$$A_{\text{O}} = 1 - H_{\text{O}}^2 R^2, \quad A_{\text{I}} = 1 - H_{\text{I}}^2 R^2$$

$$I_{\text{tot}} \Big|_{\text{tp}} - \bar{I} = -\frac{\eta\pi}{G} \left[\frac{[(H_{\text{O}}^2 - H_{\text{I}}^2)^2 + \kappa^2(H_{\text{O}}^2 + H_{\text{I}}^2)] R_{\text{o}}}{8\kappa H_{\text{O}}^2 H_{\text{I}}^2} - \frac{1}{4} (H_{\text{I}}^{-2} - H_{\text{O}}^{-2}) \right]$$

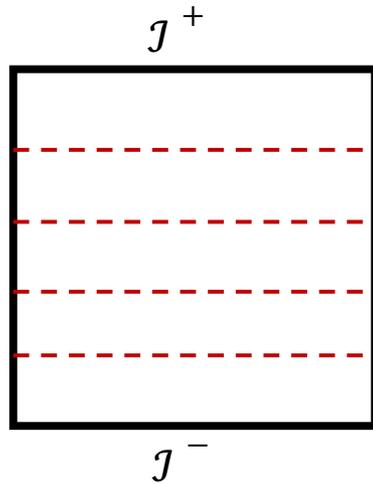
Same result as Euclidean approach

$\eta = +1$ **Background Hartle-Hawking**

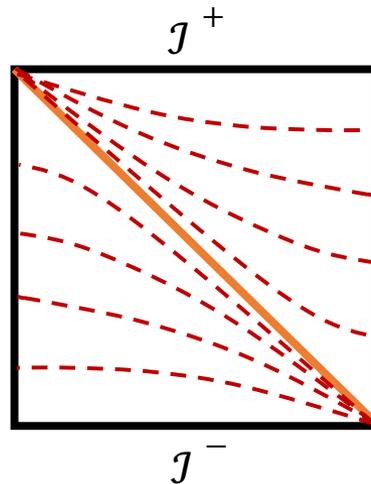
$\eta = -1$ **Background Vilenkin**

$$V = -\frac{1}{4\kappa^2} \hat{R}^2 [(H_{\text{O}}^2 - H_{\text{I}}^2)^2 + 2\kappa^2(H_{\text{O}}^2 + H_{\text{I}}^2) + \kappa^4]$$

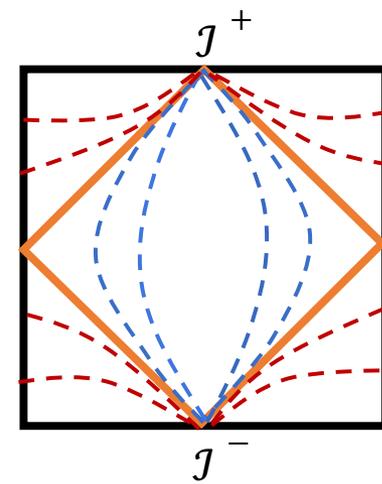
De Sitter Slicings



Closed



Flat



Open

From Hamiltonian approach: $O(3)$ symmetry, closed slicing.
Universe inside the bubble is closed for global slicing.

Up-Tunneling and Minkowski limit

Detailed balance

$$\Gamma_{\text{up}} = \Gamma_{\text{down}} \exp \left[\frac{\pi}{G} \left(\frac{1}{H_I^2} - \frac{1}{H_O^2} \right) \right] = \Gamma_{\text{CDL}} \exp (S_I - S_O)$$

 entropies

For HH sign only!

De Sitter to Minkowski ?

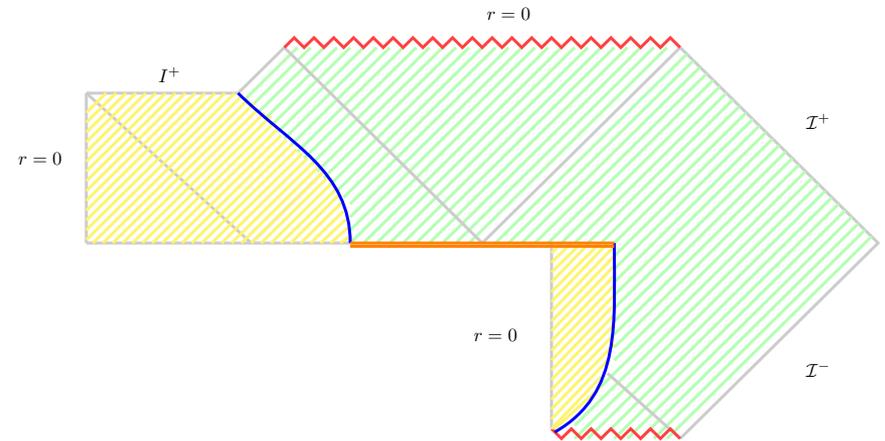
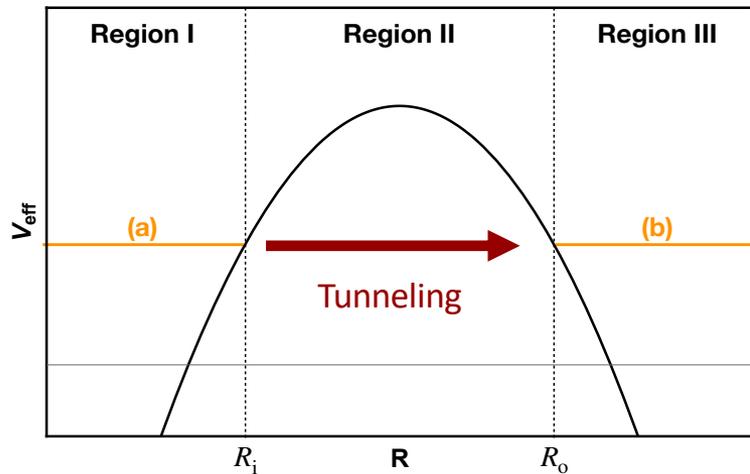
$$H_I \rightarrow 0, \quad \Gamma_{\text{down}} \rightarrow \exp \left[-\frac{\pi}{2G} \frac{\kappa^4}{H_O^2 (H_O^2 + \kappa^2)^2} \right]$$

$$H_O \rightarrow 0, \quad \Gamma_{\text{up}} \rightarrow 0$$

Schwarzschild to de Sitter

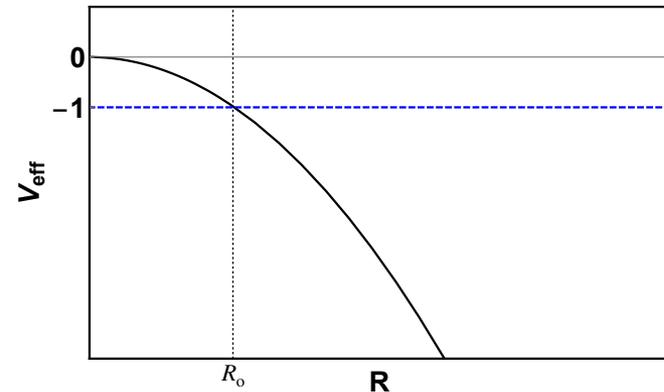
$(H_0=0)$

Farhi, Guth, Guven (Euclidean) + Fischler, Morgan, Polchinski (Hamiltonian)



Zero Schwarzschild mass limit

(Minkowski \approx Schwarzschild in the $M=0$ limit)



$$V = -\frac{(H^2 + \kappa^2)^2}{4\kappa^2} \hat{R}^2$$

$$\mathcal{P}(\mathcal{M} \rightarrow \mathcal{M}/\text{dS} \oplus \text{W}) = \exp \left[\frac{\eta\pi}{GH^2} \left(1 - \frac{\kappa^4}{(H^2 + \kappa^2)^2} \right) \right]$$

Up-tunneling

$$\mathcal{P}(\text{dS} \rightarrow \text{dS}/\mathcal{M} \oplus \text{W}) = \exp \left[\frac{\eta\pi}{GH^2} \left(-\frac{\kappa^4}{(H^2 + \kappa^2)^2} \right) \right]$$

Down-tunneling

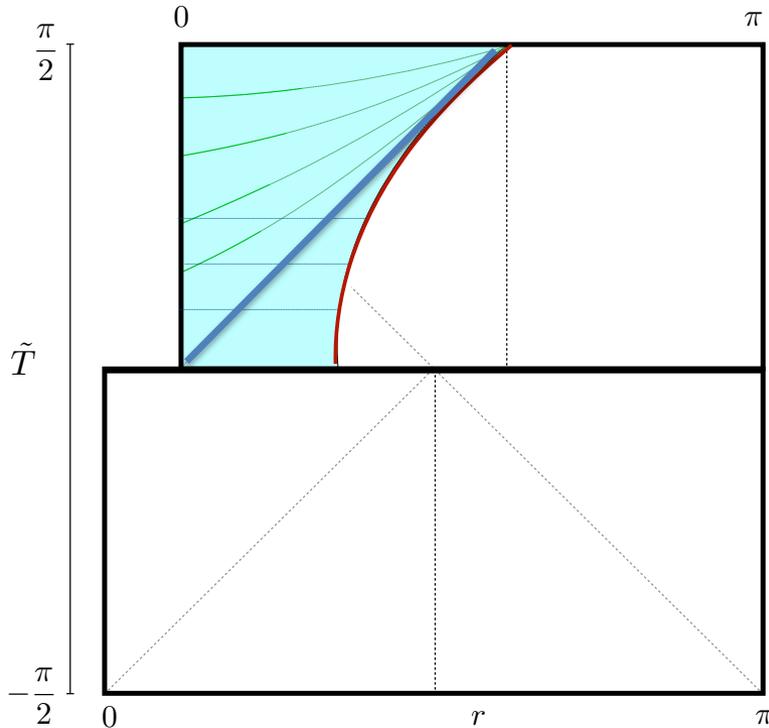
Detailed Balance

$$\frac{\mathcal{P}(\mathcal{M} \rightarrow \mathcal{M}/\text{dS} \oplus \text{W})}{\mathcal{P}(\text{dS} \rightarrow \text{dS}/\mathcal{M} \oplus \text{W})} = \exp \left[\eta \frac{\pi}{G} \frac{1}{H^2} \right]$$

Entropy

$M=0$ Schwarzschild \neq $H=0$ de Sitter
(Difference on background wave function)

Bubble Trajectory



$$\dot{\hat{R}}^2 + V = -1; \quad V = -\frac{\hat{R}^2}{R_0^2},$$

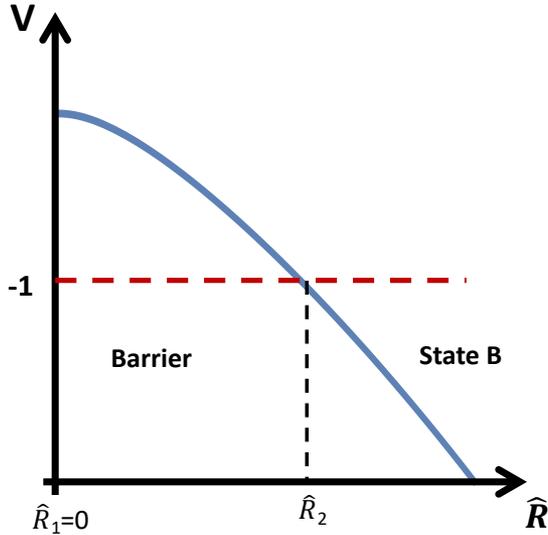
$$R(t) = R_0 \cosh \frac{t}{R_0}$$

$$\cos(\rho) = \sqrt{1 - H^2 R_0^2} \cos T$$

Asymptotic speed= speed of light – $(M/M_p)^2 < c!$

Even though calculation done in global slicing, trajectories follow geodesics of open slicing

AdS to AdS



$$\kappa < \left| \sqrt{|H_I^2|} - \sqrt{|H_O^2|} \right|, \quad \text{or} \quad \kappa > \left| \sqrt{|H_I^2|} + \sqrt{|H_O^2|} \right|,$$

$$B = -\frac{\eta\pi}{2G} \left[\frac{(|H_I^2| - |H_O^2|)^2 - \kappa^2 (|H_I^2| + |H_O^2|)}{2\kappa |H_I^2| |H_O^2|} R_0 - \left(\frac{1}{|H_O^2|} - \frac{1}{|H_I^2|} \right) \right]$$

$$\mathcal{P}_{\text{up}}^{\text{AdS} \rightarrow \text{AdS}} = \mathcal{P}_{\text{down}}^{\text{AdS} \rightarrow \text{AdS}},$$

Detailed balance if Entropy of AdS = 0 !

Minkowski to AdS

$$H_0 \rightarrow 0 \quad B = 2 (I_{\text{tot}|_{\text{tp}}} - \bar{I}) = -\frac{\eta\pi}{2G|H_I|^2} \left[\frac{2\kappa^4}{(|H_I|^2 - \kappa^2)^2} \right],$$

As in CDL

AdS to dS

$$B^{\text{AdS} \rightarrow \text{dS}} = \frac{\eta\pi}{G} \left\{ \frac{\{ (|H_B^2| + H_A^2)^2 + \kappa^2(-|H_B^2| + H_A^2) \} R_o}{4\kappa|H_B^2|H_A^2} + \frac{1}{2} \left(\frac{1}{H_A^2} - \frac{1}{|H_B^2|} \right) \right\},$$

$$\frac{P^{\text{AdS} \rightarrow \text{dS}}}{P^{\text{dS} \rightarrow \text{AdS}}} = \frac{e^{B^{\text{AdS} \rightarrow \text{dS}}}}{e^{B^{\text{dS} \rightarrow \text{AdS}}}} = \frac{\exp\left(\frac{\eta\pi}{2G} \frac{1}{H_A^2}\right)}{\exp\left(-\frac{\eta\pi}{2G} \frac{1}{H_A^2}\right)} = e^{\eta(S_{\text{dS}} - (S_{\text{AdS}}=0))},$$

Detailed balance if AdS entropy=0!

Minkowski limit from dS blows-up but from AdS is finite!?

To Nothingness and Back?

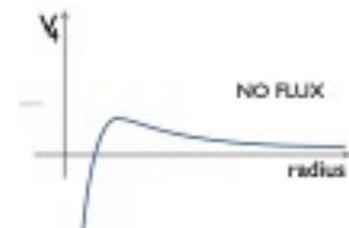
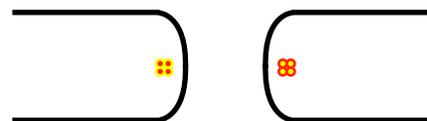
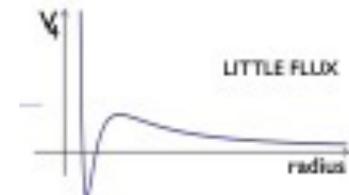
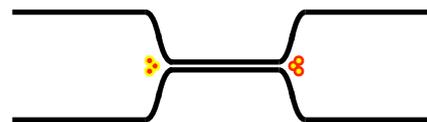
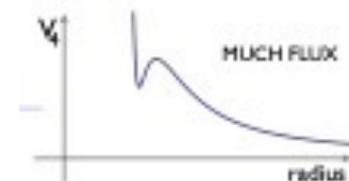
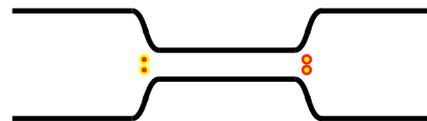
For SAdS to dS $H_0 \gg H_I, M, \kappa$

$$B^{\text{AdS} \rightarrow \text{dS}} \rightarrow \frac{\eta\pi}{G} \left\{ \frac{\{(|H_B^2|)^2\} 2\kappa/|H_B^2|}{4\kappa|H_B^2|H_A^2} + \frac{1}{2} \left(\frac{1}{H_A^2} + 0 \right) \right\} = \frac{\eta\pi}{2G} \frac{1}{H_A^2}.$$

The same as Vilenkin, Hartle-Hawking wave functions!

\approx Brown-Dahlen:
Nothing as AdS

$H_0 \rightarrow \infty$



General: $S(A)dS$ to $S(A)dS$

Total Action

$$I_{\text{tot}} = I_B + I_W$$

$$I_B = \frac{\eta}{G} \int_0^{\hat{r}-\epsilon} dr R \left[\sqrt{A_I L^2 - R^2} - R' \cos^{-1} \left(\frac{R'}{L\sqrt{A_I}} \right) \right] + \int_{\hat{r}+\epsilon}^{\pi} dr [I \rightarrow O],$$

$$I_W = \frac{\eta}{G} \int \delta \hat{R} \hat{R} \cos^{-1} \left(\frac{R'}{L\sqrt{\hat{A}}} \right) \Big|_{\hat{r}-\epsilon}^{\hat{r}+\epsilon},$$

$$I_W = -\frac{\eta}{G} \int dR R \cos^{-1} \left(\frac{\frac{2G}{R}(M_O - M_I) + R^2(\pm H_O^2 \mp H_I^2 - \kappa^2)}{2\kappa R \sqrt{1 - \frac{2GM_O}{R} \mp H_O^2 R^2}} \right) \\ + \frac{\eta}{G} \int dR R \cos^{-1} \left(\frac{\frac{2G}{R}(M_O - M_I) + R^2(\pm H_O^2 \mp H_I^2 + \kappa^2)}{2\kappa R \sqrt{1 - \frac{2GM_I}{R} \mp H_I^2 R^2}} \right).$$

Wall integrals cannot be done analytically but symmetric under



Bulk Contributions

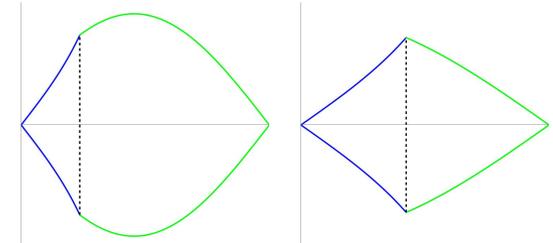
SdS to SdS

Turning point geometry $\pi_L = 0$ $\frac{R'^2}{L^2} = A(R) = 1 - \frac{2MG}{R} - H^2 R^2$ $I_B \propto \int R dR \Theta(-R')$

$$I_B [\hat{R}] = \frac{\eta\pi}{2G} \left[\theta(-\hat{R}'_-) (R_{I,c}^2 - \hat{R}^2) + \theta(-\hat{R}'_+) (\hat{R}^2 - R_{O,s}^2) \right]$$

$$+ \frac{\eta\pi}{2G} \left[\theta(\hat{R}'_+) (R_{O,c}^2 - \hat{R}^2) + \theta(\hat{R}'_-) (\hat{R}^2 - R_{I,s}^2) \right].$$

$$I_B [R_2] = \frac{\eta\pi}{2G} [(R_{I,c}^2 - R_{O,s}^2)], \quad I_B [R_1] = \frac{\eta\pi}{2G} [(R_{O,c}^2 - R_{I,s}^2)]$$



B \rightarrow A vs A \rightarrow B

$$P_{\uparrow}(\hat{R}) = \frac{|a|^2 e^{2I_{\text{Bu}}^{AB}(\hat{R}) + 2I_{\text{W}}^{AB}(\hat{R})} + \dots}{|a|^2 e^{2I_{\text{Bu}}^{AB}(R_1) + 2I_{\text{W}}^{AB}(R_1)} + \dots}, \quad P_{\downarrow}(\hat{R}) = \frac{|a|^2 e^{2I_{\text{Bu}}^{BA}(\hat{R}) + 2I_{\text{W}}^{BA}(\hat{R})} + \dots}{|a|^2 e^{2I_{\text{Bu}}^{BA}(R_1) + 2I_{\text{W}}^{BA}(R_1)} + \dots}$$

$$\frac{P_{\uparrow}}{P_{\downarrow}} = e^{\frac{\pi}{G} [(R_{B,c}^2 - R_{A,s}^2) - (R_{A,c}^2 - R_{B,s}^2)]} = e^{S_B - S_A}$$

SAdS to dS

$$I_B \Big|_{\text{tp}} \equiv I_B \Big|_{R_I}^{R_O} = \begin{cases} \frac{\eta\pi}{2G} (R_O^2 - R_I^2), & M > M_S, \\ \frac{\eta\pi}{2G} (R_O^2 - R_S^2), & M_S > M > M_D \\ \frac{\eta\pi}{2G} (R_{\text{dS}}^2 - R_S^2), & M_D > M. \end{cases}$$

$$M_S = \frac{H_O^2 + H_I^2 + \kappa^2}{2G(H_I^2 + \kappa^2)^{3/2}}, \quad M_D = \frac{H_O^2 + H_I^2 - \kappa^2}{2GH_I^3}.$$

Need numerical estimates for wall contribution but the transition is allowed however detailed balance is OK only for $M_D > M$ (?)

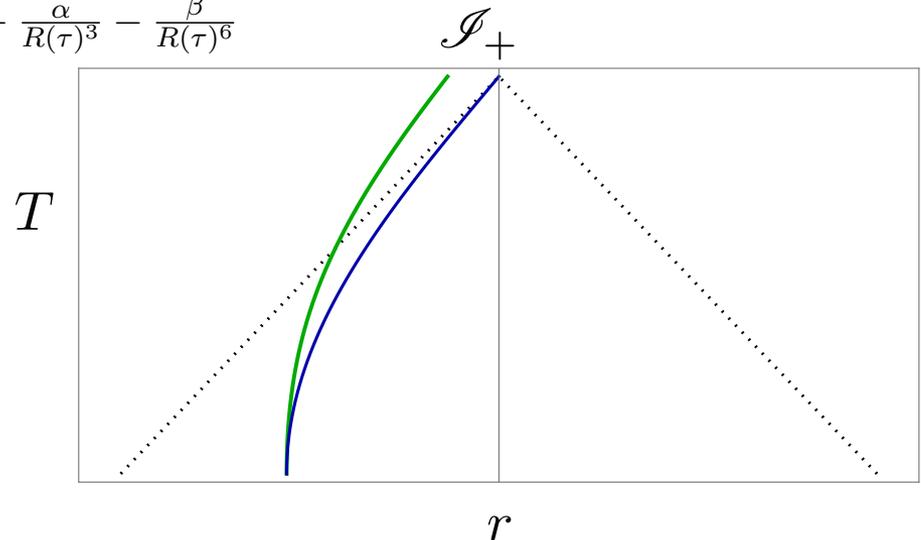
$$\frac{P_{\text{AdS} \rightarrow \text{dS}}}{P_{\text{dS} \rightarrow \text{AdS}}} = \frac{e^{B_{\text{AdS} \rightarrow \text{dS}}}}{e^{B_{\text{dS} \rightarrow \text{AdS}}}} = \frac{\exp\left(\frac{\eta\pi}{2G} \frac{1}{H_A^2}\right)}{\exp\left(-\frac{\eta\pi}{2G} \frac{1}{H_A^2}\right)} = e^{\eta(S_{\text{dS}} - (S_{\text{AdS}}=0))},$$

Wall Trajectory

$$ds^2 = -dt^2 + \hat{R}^2(t)d\Omega^2$$

Acceleration:

$$-K_{\tau\tau} = \frac{\ddot{R} - H^2 R}{\sqrt{1 - H^2 R^2 + \dot{R}^2}} = \frac{\frac{(1-H_0^2 R_*^2)}{R_0^2} - \frac{\alpha}{2R(\tau)^3} - \frac{2\beta}{R(\tau)^6}}{\sqrt{\frac{(1-H_0^2 R_*^2)}{R_0^2} - \frac{\alpha}{R(\tau)^3} - \frac{\beta}{R(\tau)^6}}}$$



Non open universe geodesics !
Observable implications?

Vacuum Transitions

Standard

- Euclidean
- No Minkowski to dS
- Open Universe
- Unrelated to V, HH

Non-Standard

- Hamiltonian
- BH, Minkowski/AdS to dS
- Closed Universe
- Related to V, HH

* Hamiltonian approach only available in minisuperspace or transitions without scalar potential

Conclusions

- Hamiltonian approach to quantum transitions
- Minkowski BH and AdS BH to de Sitter not forbidden (**no $O(4)$ symmetry**)
- Minkowski entropy from $M \rightarrow 0$ BH or $|H| \rightarrow 0$ AdS and no $H \rightarrow 0$ dS!
- Consistent with a closed universe after bubble nucleation (**predictions?**).
- Wall trajectory not an open universe geodesic
- Up-tunneling from AdS, Minkowski if their entropies vanish!
- Up-tunneling from AdS limit $H \rightarrow \infty$ = Hartle-Hawking/Vilenkin from nothing!
- Hartle-Hawking vs Vilenkin (**detailed balance**)
- Many open questions (very few closed)
e.g **Transition with scalar potentials beyond mini-superspace**

THANK YOU !