

# Effective Field Theory Approach to Binary Systems in Scalar-Tensor Theories

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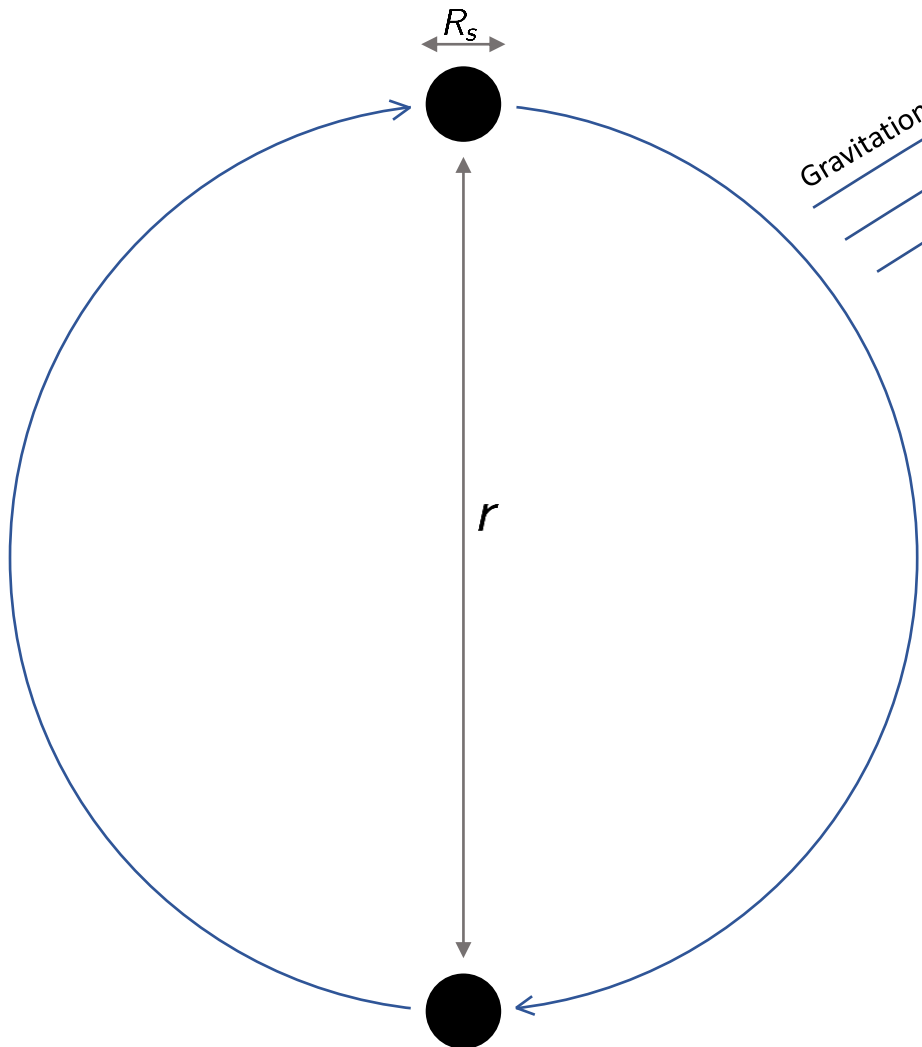
with

**Daniel Schmitt and Laura Sagunski**

Based on: 2311.04274



# Separation of Scales



Gravitational radiation

$$\lambda \sim r/v$$

During the inspiral we have a clear separation of scales!  
 $\lambda > r > R_s$

Full theory:  
 $G_{\mu\nu} = 8\pi G_N T_{\mu\nu}$

$$\mu \sim 1/R_s$$

Effective world line description

$$\mu \sim 1/r$$

Two-body dynamics:  
NRGR

$$\mu \sim 1/\lambda$$

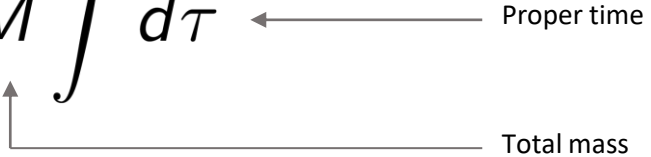
Radiation

Adapted from 2206.14249

Originally presented by Goldberger and Rothstein in 2004 (hep-th/0409156)

# Constructing the EFT

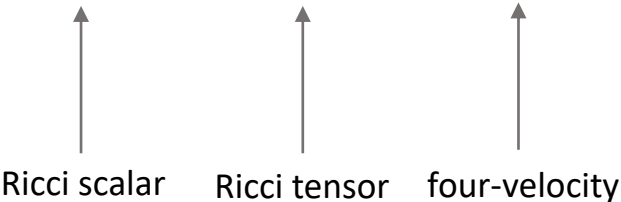
In pure GR the point particle action is

$$S_{\text{pp}} = -M \int d\tau$$


Proper time

Total mass

Finite-size effects are encoded in higher order operators

$$S_{\text{pp}} = -M \int d\tau (1 + c_R R + c_V R_{\mu\nu} u^\mu u^\nu + \dots)$$


Ricci scalar

Ricci tensor

four-velocity

# Expanding the PP Action

Using

$$d\tau = \sqrt{v^\mu v^\nu g_{\mu\nu}} dt \quad \text{and} \quad g_{\mu\nu} = \eta_{\mu\nu} + h_{\mu\nu}$$

We can expand the pp action:

$$S_{\text{PP}}^{(0)} = -M \int dt \left( 1 - \frac{1}{2} \mathbf{v}^2 - \frac{1}{8} \mathbf{v}^4 \right), \quad \longrightarrow \quad \text{_____}$$

$$S_{\text{PP}}^{(1)} = -\frac{M}{2M_{\text{pl}}} \int dt \left( h_{00} + 2h_{0i} \mathbf{v}^i + h_{ij} \mathbf{v}^i \mathbf{v}^j + \frac{h_{00}}{2} \mathbf{v}^2 + h_{0i} \mathbf{v}^i \mathbf{v}^2 + \frac{h_{ij}}{2} \mathbf{v}^i \mathbf{v}^j \mathbf{v}^2 + \frac{3}{8} h_{00} \mathbf{v}^4 \right), \quad \longrightarrow \quad \text{_____} \begin{matrix} \uparrow \\ \text{Metric perturbation} \\ \downarrow \\ \text{Velocity} \end{matrix}$$

$$S_{\text{PP}}^{(2)} = +\frac{M}{8M_{\text{pl}}^2} \int dt \left( h_{00}^2 + 4h_{00} h_{0i} \mathbf{v}^i + 4(h_{0i} \mathbf{v}^i)^2 + 2h_{00} h_{ij} \mathbf{v}^i \mathbf{v}^j + \frac{3}{2} h_{00}^2 \mathbf{v}^2 + 4h_{0i} h_{jk} \mathbf{v}^i \mathbf{v}^j \mathbf{v}^k + 6h_{00} h_{0i} \mathbf{v}^i \mathbf{v}^2 \right. \\ \left. + (h_{ij} \mathbf{v}^i \mathbf{v}^j)^2 + 6(h_{0i} \mathbf{v}^i)^2 \mathbf{v}^2 + 3h_{00} h_{ij} \mathbf{v}^i \mathbf{v}^j \mathbf{v}^2 + \frac{15}{8} h_{00}^2 \mathbf{v}^4 \right). \quad \longrightarrow \quad \text{_____} \begin{matrix} \uparrow \\ \text{Metric perturbation} \\ \downarrow \\ \text{Velocity} \end{matrix}$$

# Expanding the Einstein-Hilbert Action

Likewise we obtain

$$-2M_{\text{Pl}}^2 \int d^4x \sqrt{-g} R \approx \int d^4x \left( (\partial h)^2 + \frac{1}{M_{\text{pl}}} h(\partial h)^2 + \mathcal{O}(h^4) \right)$$

$$\approx \text{wavy line} + \text{tree diagram} + \dots$$

Propagator:

$$\langle T(h_{\mu\nu}(x)h_{\alpha\beta}(y)) \rangle = P_{\mu\nu;\alpha\beta} \int \frac{d^4k}{(2\pi)^4} \frac{ie^{-ik(x-y)}}{k^2 + i\epsilon},$$

# From Einstein to Newton

$$S_{\text{eff}} = 2x \text{ ————— } + \begin{array}{c} \text{—————} \\ | \\ \text{H}_{00} \\ | \\ \text{—————} \end{array} + \dots$$

$$\begin{array}{c} \text{—————} \\ | \\ \text{H}_{00} \\ | \\ \text{—————} \end{array} = P_{00;00} \left( \frac{-i}{2M_{\text{pl}}} \right)^2 M_1 M_2 \int dt_1 \int dt_2 \int \frac{dk^4}{(2\pi)^4} \frac{-ie^{-ik(x-y)}}{|\mathbf{k}|^2}$$

$$= P_{00;00} \left( \frac{-i}{2M_{\text{pl}}} \right)^2 M_1 M_2 \int dt \frac{1}{4\pi r} = i \int dt \frac{G_N M_1 M_2}{r}$$

$$\Rightarrow S_{\text{eff}} = \int dt \left( \frac{M_1}{2} \mathbf{v}_1^2 + \frac{M_2}{2} \mathbf{v}_2^2 + \frac{G_N M_1 M_2}{r} + \dots \right)$$

# Adding a Scalar

$$S_{\text{pp}} = - \int d\tau \left( M + q \frac{\phi}{M_{\text{Pl}}} + p \left( \frac{\phi}{M_{\text{Pl}}} \right)^2 + \mathcal{O}(\phi^3) \right)$$

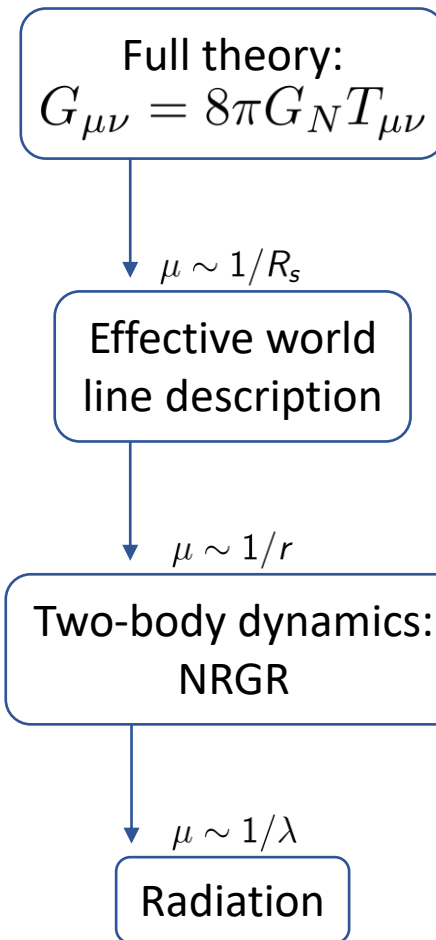
$$S = \int d^4x \sqrt{-g} \left( -2M_{\text{Pl}}^2 R + \frac{1}{2}(\partial\phi)^2 - \frac{1}{2}m_s^2\phi^2 - M_{\text{Pl}} \frac{c_3}{3!}\phi^3 + \dots \right)$$

Example:  $R^2$  Gravity

$$S = -2M_{\text{Pl}}^2 \int d^4x \sqrt{-g} (R + a_2 R^2)$$

$$\Rightarrow \tilde{S} = -2M_{\text{Pl}}^2 \int d^4x \sqrt{-\tilde{g}} \left( \tilde{R} + \frac{1}{2}(\partial\phi)^2 - \frac{3}{4}M_{\text{Pl}}^2 m_s^2 \left[ 1 - e^{-\sqrt{\frac{2}{3}} \frac{\phi}{M_{\text{Pl}}}} \right]^2 \right)$$

$$\Rightarrow m_s = \sqrt{\frac{1}{6a_2}}, \quad c_3 = -\sqrt{6} \frac{m_s^2}{M_{\text{Pl}}^2}$$



Adapted from 2206.14249

# Scalar Corrections to the Newtonian Potential

$$S_{\text{eff}} = 2x \text{ --- } + \begin{array}{c} \text{---} \\ | \\ H_{00} \\ | \\ \text{---} \end{array} + \begin{array}{c} \text{---} \\ | \\ \bar{\Phi} \\ | \\ \text{---} \end{array} + \dots$$

$$\begin{array}{c} \text{---} \\ | \\ \bar{\Phi} \\ | \\ \text{---} \end{array} = \left( \frac{-i}{M_{\text{pl}}} \right)^2 q_1 q_2 \int dt_1 \int dt_2 \int \frac{dk^4}{(2\pi)^4} \frac{-ie^{-ik(x-y)}}{|\mathbf{k}|^2 + m_s^2}$$

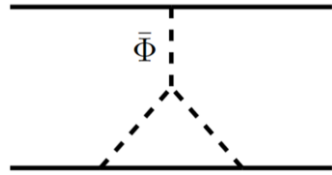
$$= \left( \frac{-i}{M_{\text{pl}}} \right)^2 q_1 q_2 \int dt \frac{1}{4\pi r} e^{-m_s r} = 8i \int dt \frac{G_N q_1 q_2}{r} e^{-m_s r}$$

$$\Rightarrow S_{\text{eff}} = \int dt \left( \frac{M_1}{2} \mathbf{v}_1^2 + \frac{M_2}{2} \mathbf{v}_2^2 + \frac{G_N M_1 M_2}{r} + 8 \frac{G_N q_1 q_2}{r} e^{-m_s r} + \dots \right)$$

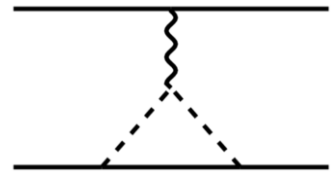
$$\Rightarrow \omega^2 = \frac{GM}{r^3} \left[ 1 + 8 \frac{q_1 q_2}{M_1 M_2} (1 + m_s r) e^{-m_s r} + \dots \right]$$



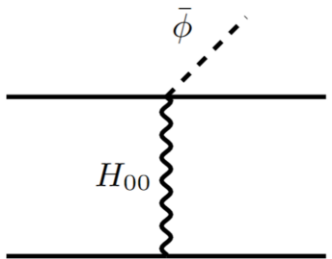
# Higher-order diagrams



$$= i \frac{G_N}{2\pi} \frac{q_1 q_2 (q_1 + q_2) c_3}{m_s} \int dt \frac{1}{r} \left[ -\text{Ei}(-3m_s r) e^{m_s r} + \text{Ei}(-m_s r) e^{-m_s r} + \log(3) e^{-m_s r} \right]$$

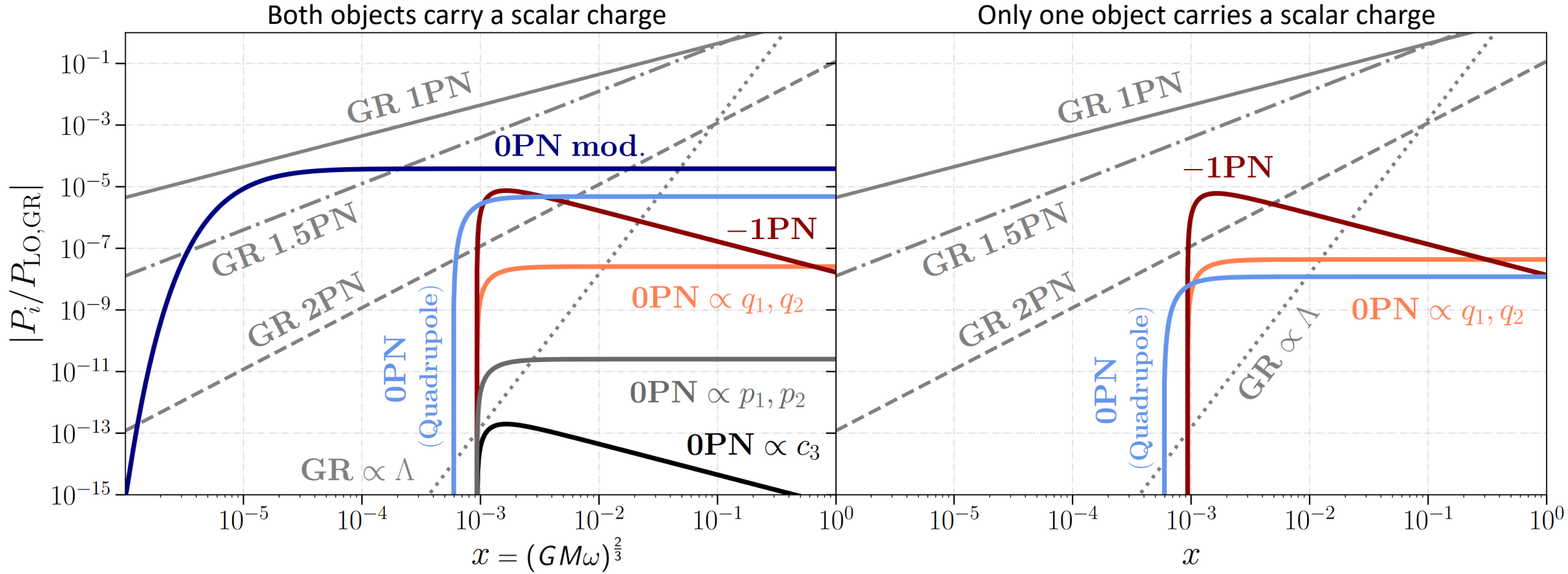


$$= -i 4 G^2 (q_2^2 M_1 + q_1^2 M_2) \int dt \left[ -2m_s^2 \text{Ei}(-2m_s r) + \frac{m_s}{r} - \frac{m_s}{r} e^{-2m_s r} \right]$$



$$= i \frac{q_1 M_2 + q_2 M_1}{32\pi M_{\text{Pl}}^2} \int dt \frac{1}{r} \frac{\bar{\phi}}{M_{\text{Pl}}}$$

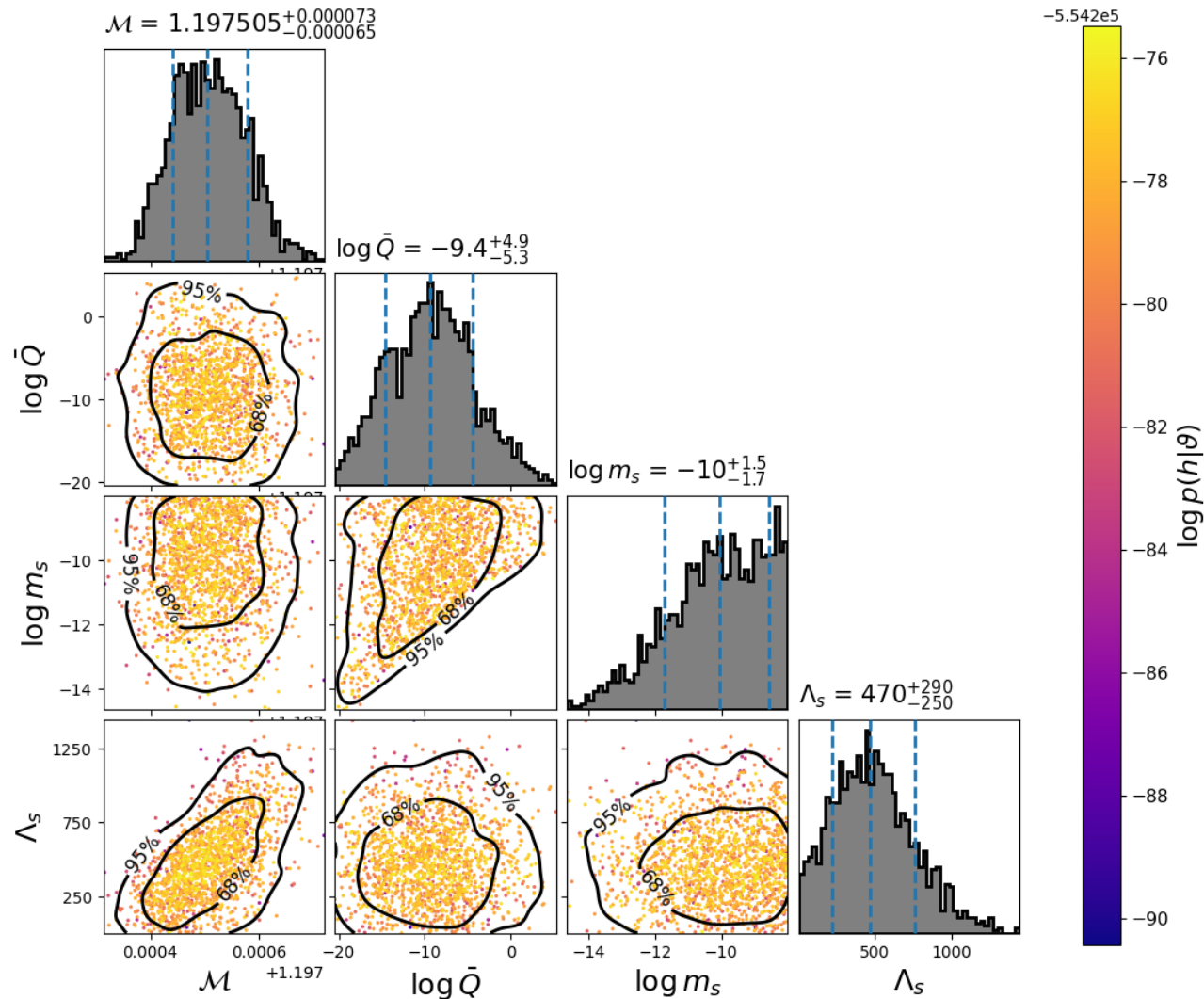
# Powerloss



$$P_{\bar{\phi}}^{l=1,LO} = \frac{8}{3} G \frac{(M_1 q_2 - M_2 q_1)^2}{M^2} r^2 \omega^4 \left(1 - \frac{m_s^2}{\omega^2}\right)^{3/2}$$

	$m_s$ [eV]	$q_1$ [ $M_1$ ]	$q_2$ [ $M_2$ ]	$p_1$ [ $q_1$ ]	$p_2$ [ $q_2$ ]	$c_3$
Left	$10^{-15}$	$10^{-3}$	$10^{-3}$	$5 \times 10^{-2}$	$5 \times 10^{-2}$	$m_s^2/M_{Pl}^2$
Right	$10^{-15}$	$10^{-4}$	0	$5 \times 10^{-3}$	0	$m_s^2/M_{Pl}^2$

# Constraints from GW170817

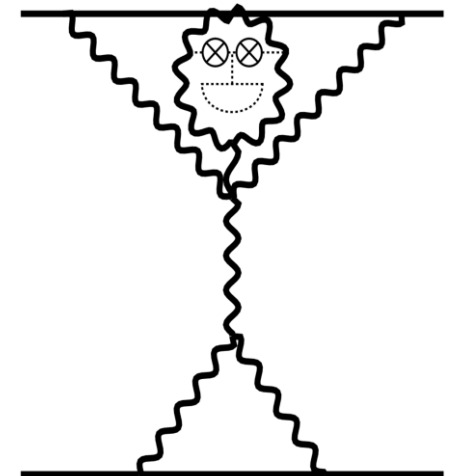


## Conclusion

- Effective field theory provides a systematic and elegant way to calculate PN corrections!
- Easy to extend to beyond GR scenarios!
  - Can Investigate generic scalar-tensor theories such as
    - $f(R)$  gravity
    - Axion models

## Outlook

- Get constraints on the deviations to GR from LIGO/Virgo/KAGRA data
- Push to higher PN orders



Thank you!

# Powerloss

$$P_{\bar{\phi}}^{l=1,\text{LO}} = \frac{8}{3}GM^2\delta q^2 r^2\omega^4,$$

$$P_{\bar{\phi}}^{l=1,p_1,p_2} = \frac{256}{3}G^2M^3\Xi_p r\omega^4,$$

$$P_{\bar{\phi}}^{l=1,c_3} = \frac{GM_1M_2M}{3\pi m_s}\Xi_c(m_s r - 1)r^2\omega^4,$$

$$P_{\bar{\phi}}^{l=1,\text{NLO}} = \frac{8GM^2}{15}\delta q \left[ -10g_1GM \right. \\ \left. + g_2r^3(m_s^2 - 6\omega^2) \right] r\omega^4,$$

# Lagrangian

$$\begin{aligned} L_\phi = & 8Gq_1q_2 \frac{e^{-m_s r}}{r} \left[ 1 - G \frac{M_1 + M_2}{r} - \frac{\mathbf{v}_1^2 + \mathbf{v}_2^2}{2} - \frac{(\mathbf{v}_1 \cdot \mathbf{r}_1)(\mathbf{v}_2 \cdot \mathbf{r}_2)}{2r^2} (1 + m_s r) + \frac{\mathbf{v}_1 \cdot \mathbf{v}_2}{2} \right] \\ & - 64G^2(p_1q_2^2 + p_2q_1^2) \frac{e^{-2m_s r}}{r^2} + 4m_s G^2 \frac{M_1q_2^2 + M_2q_1^2}{r} \left[ e^{-2m_s r} + 2m_s r \text{Ei}(-2m_s r) \right] \\ & - 8m_s G^2 q_1 q_2 \frac{M}{r} \left[ \log(2m_s r) e^{-m_s r} - \text{Ei}(-2m_s r) e^{m_s r} \right] \\ & + Gc_3 q_1 q_2 \frac{q_1 + q_2}{2\pi m_s r} \left[ \text{Ei}(-m_s r) e^{-m_s r} - \text{Ei}(-3m_s r) e^{m_s r} \right], \end{aligned}$$

# Phase

$$\Psi_E^{0\text{PN}} = \frac{5\bar{Q}}{6\nu\bar{m}_s^{5/2}} \left[ \Gamma\left(\frac{5}{2}, \frac{\bar{m}_s}{v^2}\right) + \Gamma\left(\frac{7}{2}, \frac{\bar{m}_s}{v^2}\right) + 2\Gamma\left(\frac{9}{2}, \frac{\bar{m}_s}{v^2}\right) \right] \\ - v^3 \frac{5\bar{Q}}{6\nu\bar{m}_s^4} \left[ \Gamma\left(4, \frac{\bar{m}_s}{v^2}\right) + \Gamma\left(5, \frac{\bar{m}_s}{v^2}\right) + 2\Gamma\left(6, \frac{\bar{m}_s}{v^2}\right) \right],$$

$$\Psi_{l=1}^{-1\text{PN}} = \delta q^2 \frac{5}{896\nu^3} \left[ -\frac{1}{v^7} {}_3F_2\left(-\frac{3}{2}, \frac{5}{3}, \frac{7}{6}; \frac{8}{3}, \frac{13}{6}; \frac{\bar{m}_s^2}{v^6}\right) - \frac{90 \cdot 2^{1/3} 3^{1/2} v^3 \Gamma\left(\frac{2}{3}\right)^3}{247\pi\bar{m}_s^{10/3}} + \frac{63 \Gamma\left(\frac{1}{3}\right)^3}{256 \cdot 2^{1/3} \pi \bar{m}_s^{7/3}} \right]$$