

Loop Quantum Cosmology and the trans-Planckian problem

Mercedes Martín-Benito

Based on: **Phys. Rev. D 109, 123534 (2024)**

In collaboration with:

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Adapted from a presentation given by Rita Neves

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Quantum Fields &
Gravity Group



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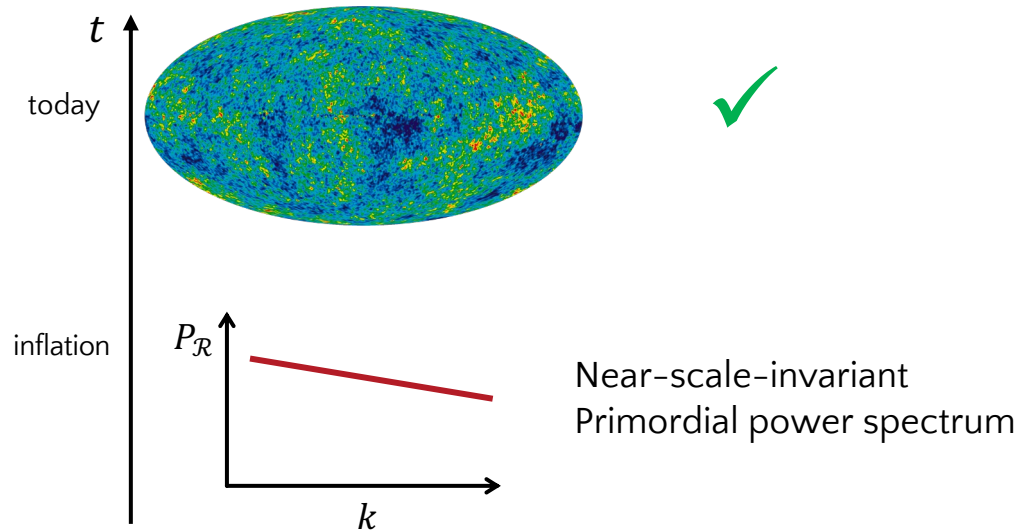
The trans-Planckian problem

Standard cosmology



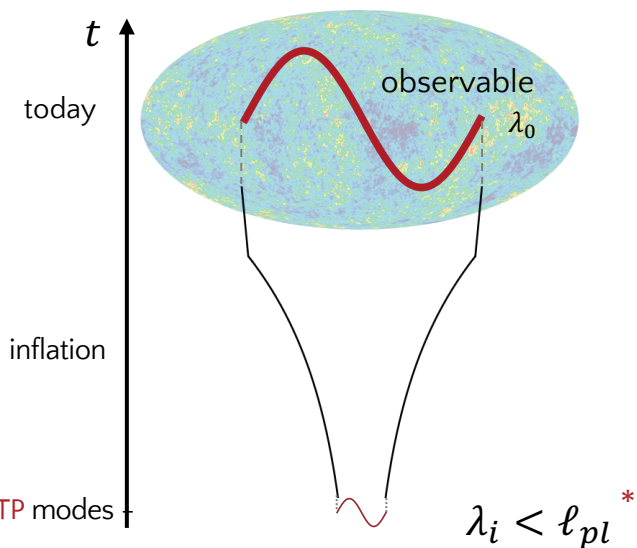
Overview

Inflation + perturbations:



Overview

Scales that are observable today were trans-Planckian at the onset of inflation



* Depends on total # e-folds N

$$\lambda_i = \frac{a_i}{a_0} \lambda_0 = e^{-N} \lambda_0$$

$\lambda_0 \sim 2 \text{ Mpc}$ (most UV scale obs. by Planck)

$$\lambda_i \leq \ell_{pl} \Rightarrow N \gtrsim 130$$

Cosmological perturbations within Inflation

Study of gauge-invariant scalar modes v_k :

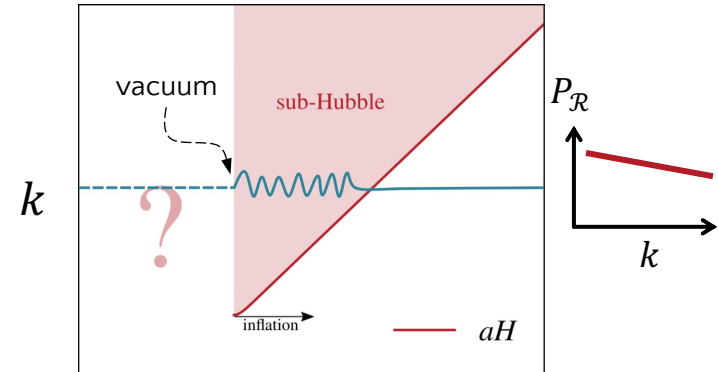
$$v_k'' + [k^2 + s(\eta)]v_k = 0 \xrightarrow{\text{UV}} k^2 \gg s(\eta): \quad v_k'' + k^2 v_k \simeq 0$$

Fix initial conditions s.t. UV modes behave as free waves = **Bunch-Davies (BD) vacuum**

Sub-Hubble: $k \gg aH \Leftrightarrow \lambda \ll R_H$
 $\rightarrow v_k(\eta)$ oscillatory

Super-Hubble: $k \ll aH \Leftrightarrow \lambda \gg R_H$
 $\rightarrow v_k(\eta) \sim \text{constant}$

$R_H = \text{Hubble radius}$





The problem

What if trans-Planckian behaviour is different?

Strategies:

① Ideally:

Obtain trans-Planckian physics

from fundamental theory

→ Quantum Gravity?

② Alternatively:

Robustness of predictions:

Consider **modified disp. relations**

→ Simulate effects from QG

→ Linear for $\kappa = k/a \ll \kappa_c$

The problem

What if trans-Planckian behaviour is different?

$$v_k'' + \omega_k^2(\eta)v_k = 0$$

$$\omega_k^2(\eta) = [a(\eta)F(\kappa)]^2 + s(\eta)$$

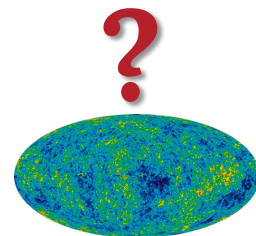
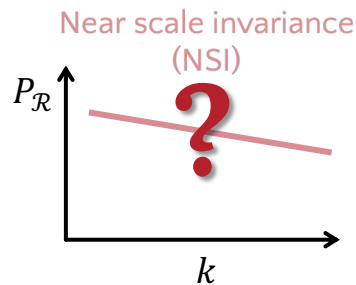
Trans-Planckian corrections

Physical wavenumber $\kappa = k/a$

F linear for $\kappa \ll \kappa_c$:

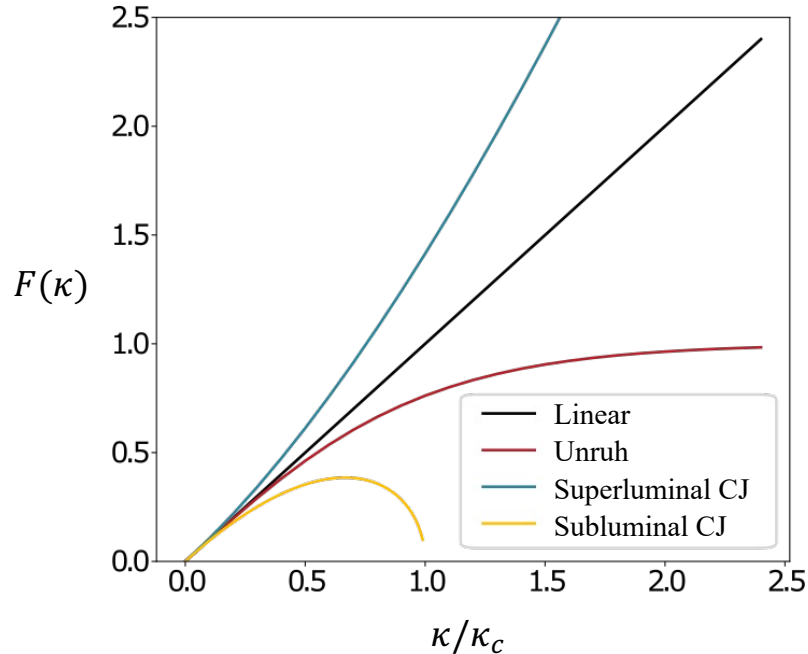
$F(\kappa) = \kappa + \mathcal{O}(\kappa^2) \Rightarrow aF = k + \dots$

$k^2 \gg s(\eta) \rightarrow$ free waves \rightarrow BD vacuum \rightarrow



Are predictions robust under trans-Planckian corrections?

Modified dispersion relations



$$\omega_k^2(\eta) = [a(\eta)F(\kappa)]^2 + s(\eta)$$

Physical wavenumber $\kappa = k/a$

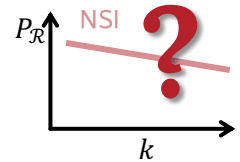
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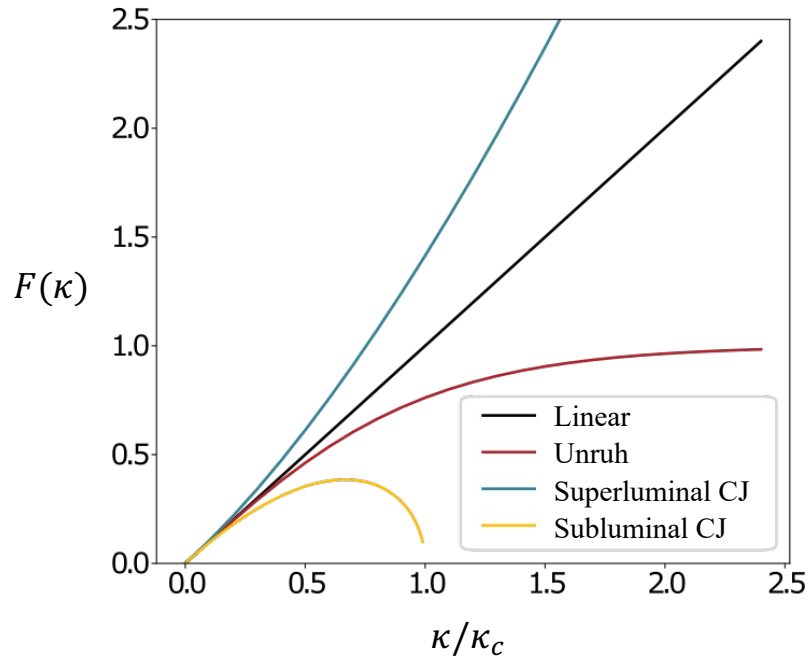
a) Brute force

Each $F(\kappa)$: compute $P_{\mathcal{R}}$

Check if NSI is lost



Modified dispersion relations



$$\omega_k^2(\eta) = [a(\eta)F(\kappa)]^2 + s(\eta)$$

b) Adiabaticity analysis [of TP modes]

$$\epsilon(k, \eta) = \left| \frac{\omega'_k}{\omega_k^2} \right|$$

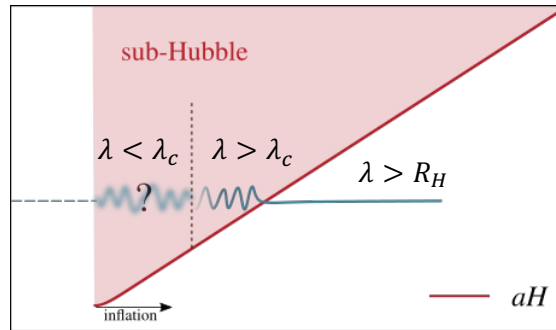
$\epsilon \ll 1 \rightarrow$ power spectrum \sim NSI ✓

$\epsilon \gtrsim 1 \rightarrow$ departure from NSI ≠

Conclusions for standard cosmology [monotonic $F(\kappa)$]

Scale separation

$$\frac{H}{\kappa_c} \ll 1 \Leftrightarrow \lambda_c \ll R_H \Rightarrow \epsilon \ll 1 \Rightarrow \text{NSI preserved} \quad \checkmark$$



[1] Martin, Brandenberger, Phys. Rev. D 63, 1 (2001).
The Trans-Planckian problem of inflationary cosmology.

[2] Niemeyer, Parentani, Phys. Rev. D 64, 101301 (2001).
Trans-Planckian dispersion and scale-invariance of inflationary perturbations.

Conclusions for standard cosmology [monotonic $F(\kappa)$]

Scale separation

$$\frac{H}{\kappa_c} \ll 1 \Leftrightarrow \lambda_c \ll R_H \Rightarrow \epsilon \ll 1 \Rightarrow \text{NSI preserved} \quad \checkmark$$

↪ UV modes (affected by corrections) have enough time to adapt to standard vacuum solution

Satisfied during slow-roll as long as $\kappa_c \sim \text{Planckian}$

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Loop Quantum Cosmology

Pre-inflationary dynamics

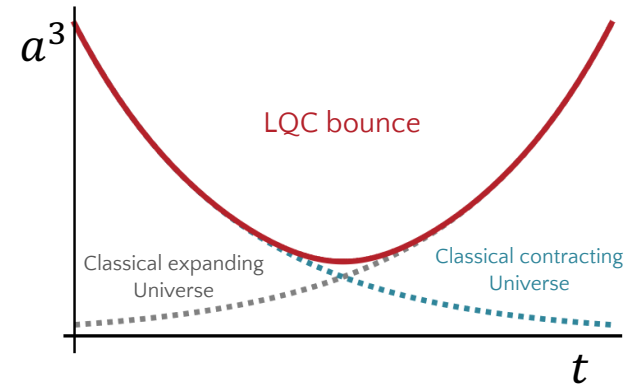
- LQC: big-bang \rightarrow bounce

[defines characteristic scale k_{LQC}]

\Rightarrow well-defined pre-inflationary dynamics

- Bounce dynamics (potential negligible)

$$H^2 = \frac{8\pi G}{3} \rho \left(1 - \frac{\rho}{\rho_{LQC}} \right)$$



Pre-inflationary dynamics

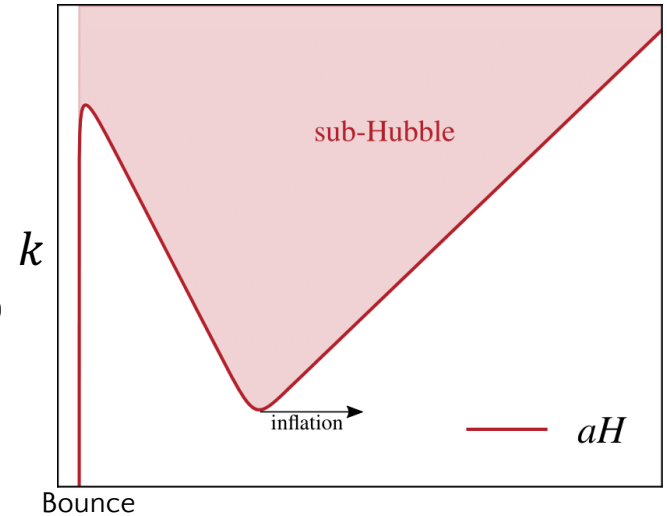
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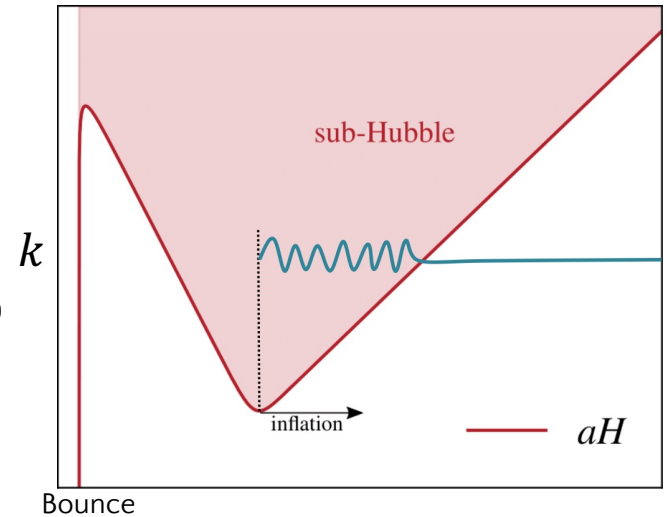
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- No longer start description at onset of inflation

[no obvious natural vacuum]



Pre-inflationary dynamics

- LQC: big-bang \rightarrow bounce

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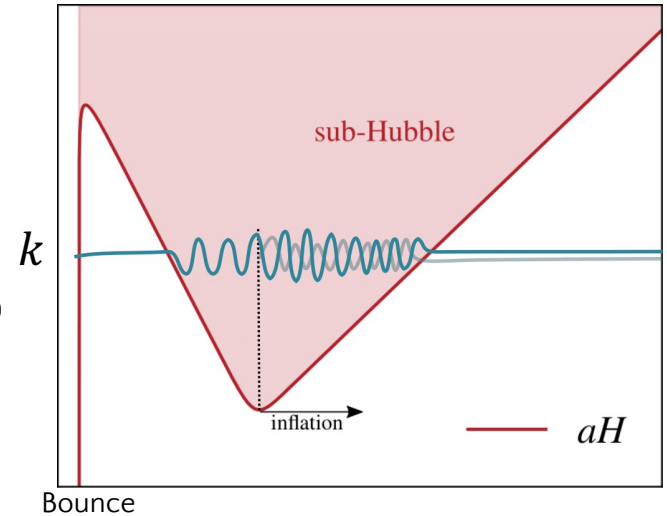
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Perturbations

⊙ Different approaches: *

○ Both take background + perturbations

quantisation

Loops

QFT

⊙ Corrected equations of motion:

$$v_k'' + \omega_k^2(\eta)v_k = 0$$

$$\omega_k^2(\eta) = k^2 + s_{LQC}(\eta)$$

*

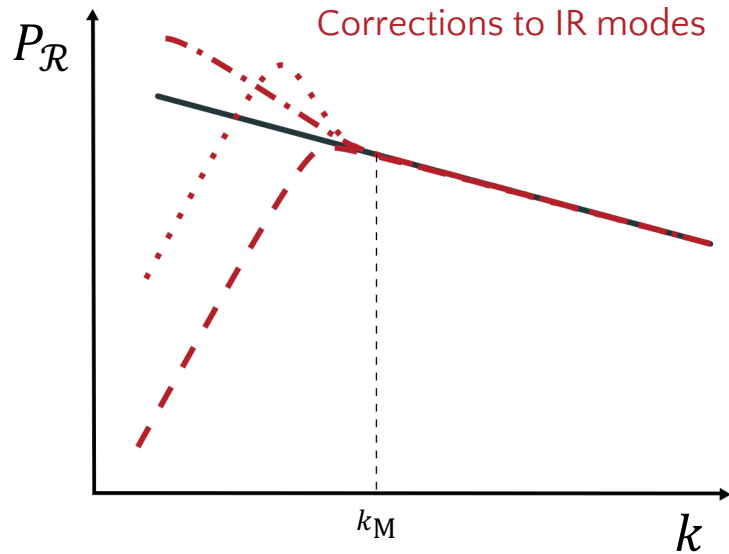
Hybrid: $s_{LQC}(\eta) > 0$ always, $s_{LQC}(\eta = B) \simeq \kappa_{LQC}^2/3$

Dressed metric: $s_{LQC}(\eta = B) \simeq -\kappa_{LQC}^2 < 0$

$\Rightarrow \omega_k^2(\eta) < 0$ for some scales at the bounce

● Primordial power spectrum

- ⊙ Depends on vacuum

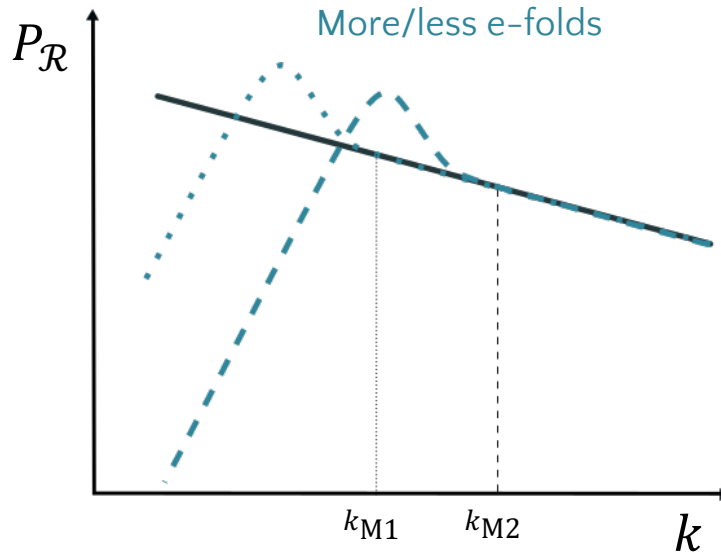


Primordial power spectrum

● Depends on vacuum



● + parameters of background



3

The trans-Planckian problem

in LQC

Models – background (Starobinski inflation in LQC)

Model	Number of e-folds		
	Pre-inflation	Inflation	Total until today
A [3]	4.9	72	141
B [4]	4.9	61	132

- Both compatible with observations (for different vacua)
- Will stretch physical scales differently

[3] Ashtekar, Gupt, Class. Quant. Grav. 34, 014002 (2017).
Quantum Gravity in the Sky: Interplay between fundamental theory and observations.



From dressed metric
(background parameters)

[4] Martín-Benito, Neves, Olmedo, Phys. Rev. D 108, 103508 (2023).
Alleviation of anomalies from the nonoscillatory vacuum in loop quantum cosmology.

● Strategy

1. Track observable window.
2. For each modified dispersion relation:

$$v_k'' + \omega_k^2(\eta)v_k = 0 \quad \omega_k^2(\eta) = [a(\eta)F(\kappa)]^2 + s_{LQC}(\eta)$$

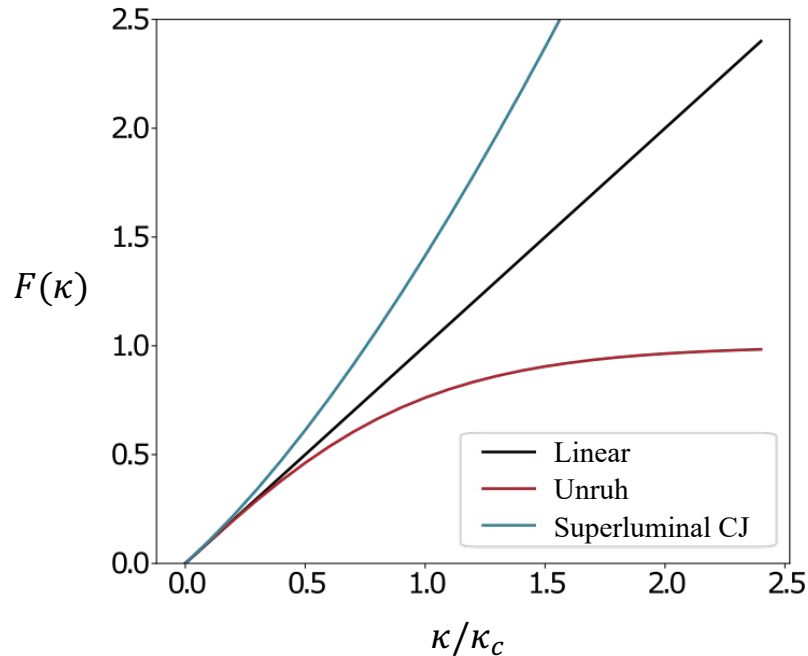
Study the adiabaticity coefficient: $\epsilon(k, \eta) = \left| \frac{\omega_k'}{\omega_k^2} \right|$

(instead of computing the PPS as done in [5], without really understanding the origin of possible modifications)

[5] K. Martineau, A. Barrau, and J. Grain, Int. J. Mod. Phys. D 27, 1850067 (2018).

A first step towards the inflationary trans-planckian problem treatment in Loop Quantum Cosmology.

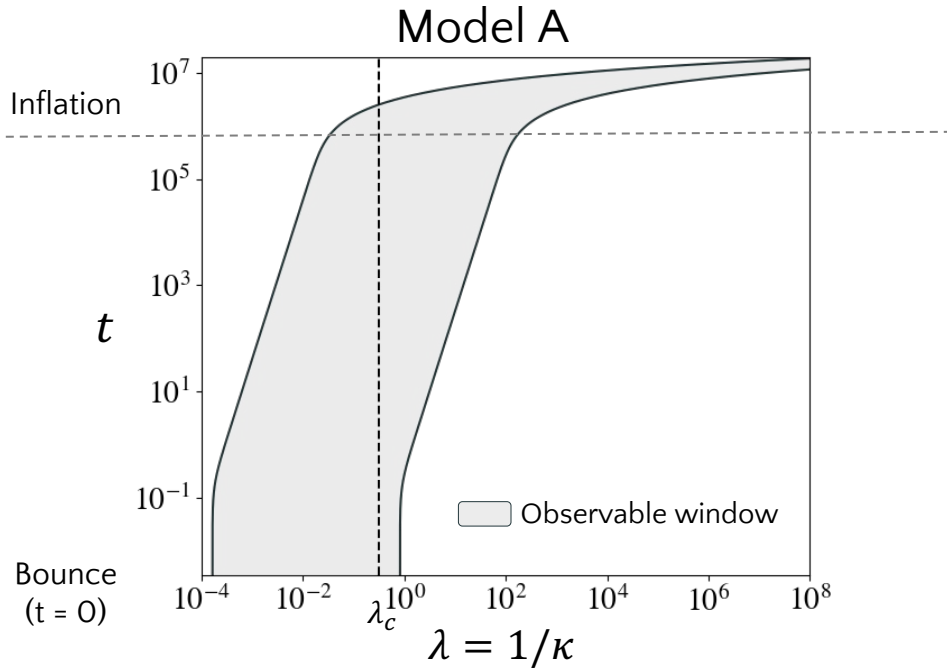
Strategy – dispersion relations



- Monotonous $F(\kappa)$
- Choose $\kappa_c = \kappa_{LQC} = 3.21 m_{pl}$
 $\lambda_c = 0.31 \ell_{pl}$
(bounce scale)

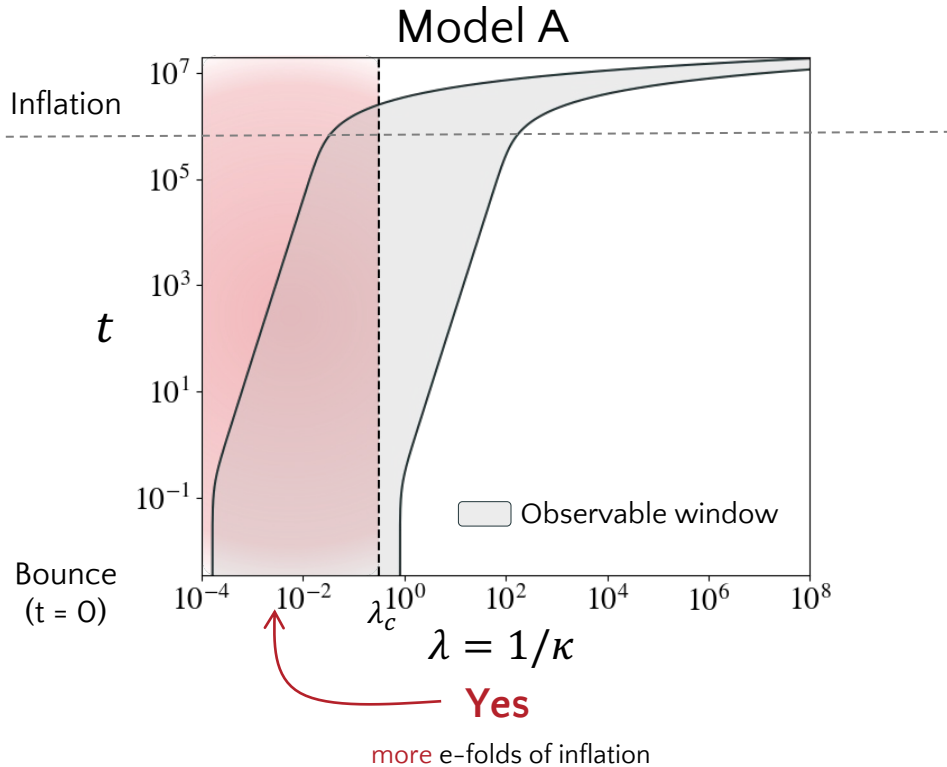
1

Are observable modes trans-Planckian?



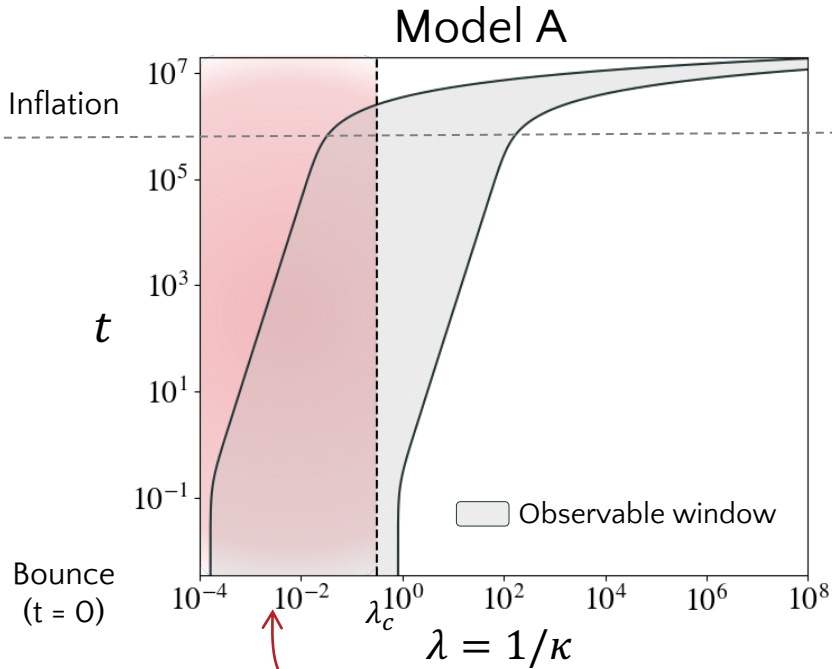
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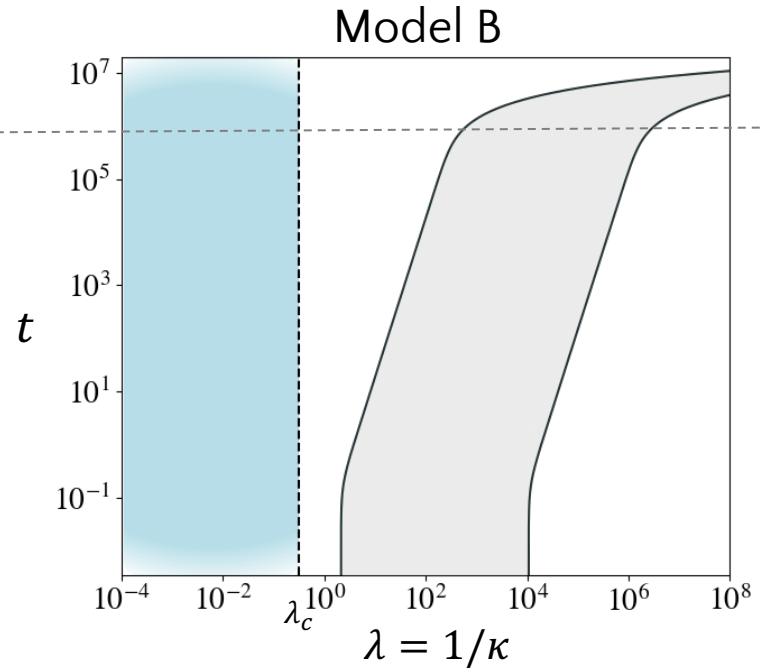


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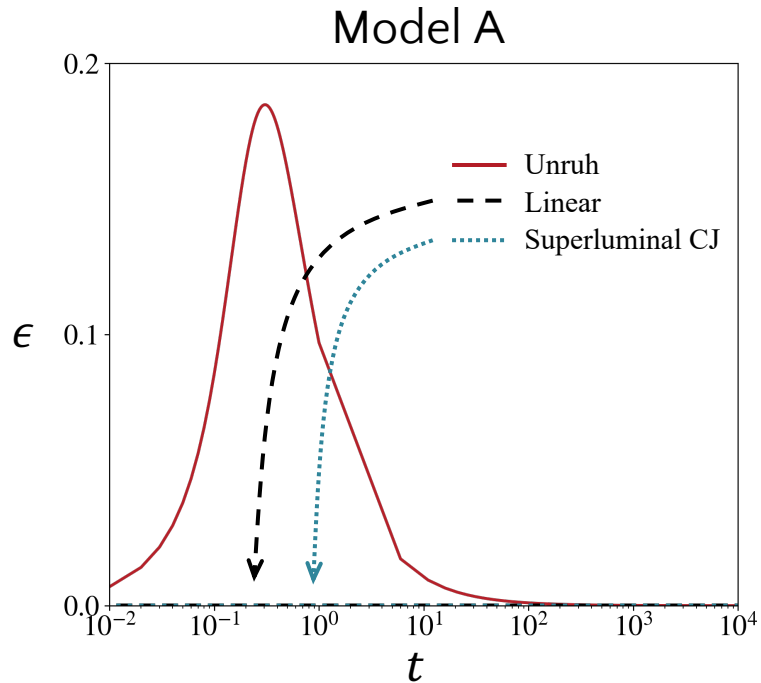
**Yes**

more e-folds of inflation

**No!**

less e-folds of inflation

2 Are they adiabatic?



(most UV scale obs. by Planck)

⊙ $\epsilon \sim 0.2 \rightarrow$ small* but non negligible

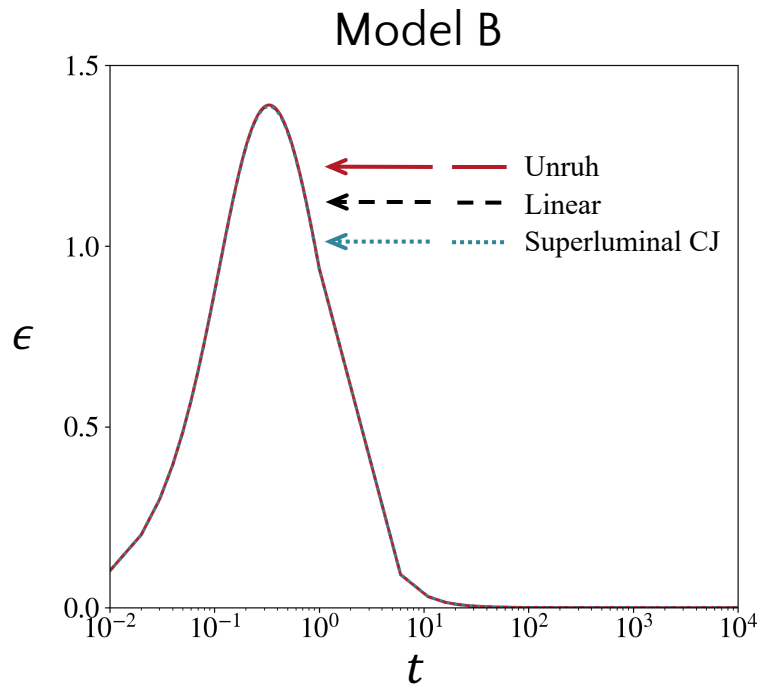
⊙ Depends heavily on $F(\kappa)$

⊙ While modes are TP

\Rightarrow (soft?) Trans-Planckian problem

* In hybrid LQC.

2 Are they adiabatic?



(most UV scale obs. by Planck)

Definitely not: $\epsilon > 1$

But not trans-Planckian!

[that is why there is no dependence on $F(\kappa)$

\Rightarrow no effect on observable power spectrum]

\Rightarrow Avoids the trans-Planckian problem

4

Conclusions



Conclusions

- ① LQC models do not *necessarily* present a trans-Planckian problem.
 - Model A: more e-folds lead to modes that are trans-Planckian and (slightly) non-adiabatic,
 - Model B: less e-folds, avoids the issue.



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- Our work complements [4], where the PPS with modified dispersion relations were computed in different LQC approaches, but no insight was placed in understanding the origin of the modifications to those PPS.

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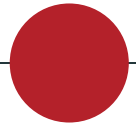
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- Caveat:
 - Trans-Planckian modifications directly rooted at the quantum nature of geometry?



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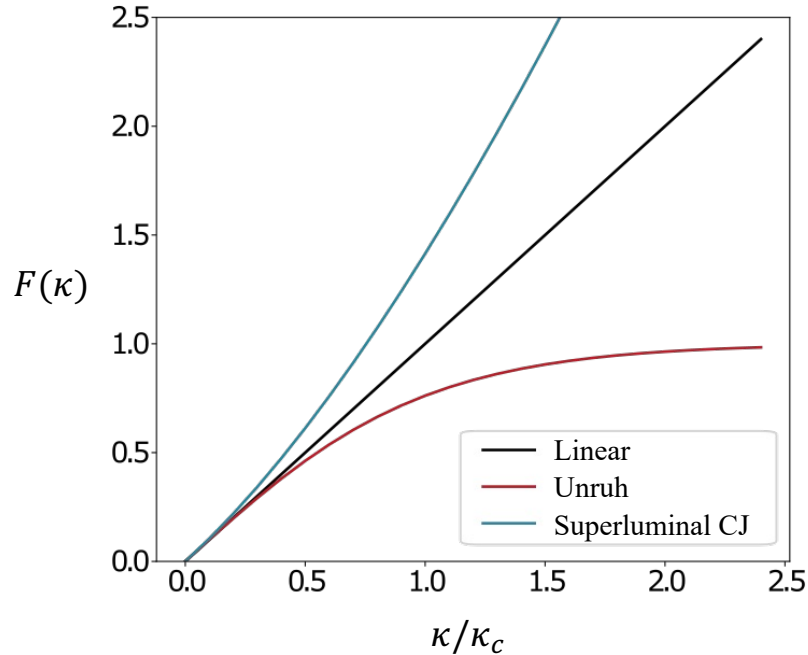
Thank you for your attention!



Backup slides



Modified dispersion relations



Unruh

$$F(\kappa) = \kappa_c \tanh\left(\frac{\kappa}{\kappa_c}\right)$$

Superluminal Corley-Jacobson

$$F(\kappa) = \kappa \sqrt{1 + \left(\frac{\kappa}{\kappa_c}\right)^2}$$

Hybrid LQC – scalar perturbations

$$v_k'' + \omega_k^2(\eta)v_k = 0 \quad \omega_k^2(\eta) = k^2 + s(\eta)$$

$$s(\eta) = -\frac{4\pi G}{3} a^2(\rho - 3p) + a^2 U$$

$$U = V''(\phi) + 48\pi G V(\phi) \left(1 - \frac{V(\phi)}{\rho}\right) + 6 \frac{a'\phi'}{a^3\rho} V'(\phi)$$

Inflaton potential



Models A and B

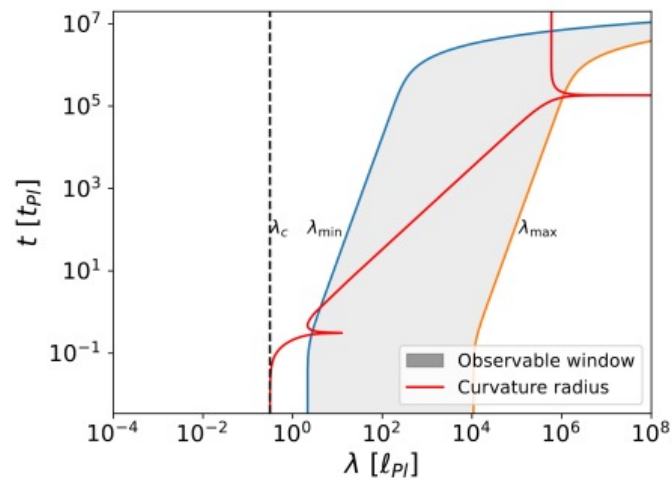
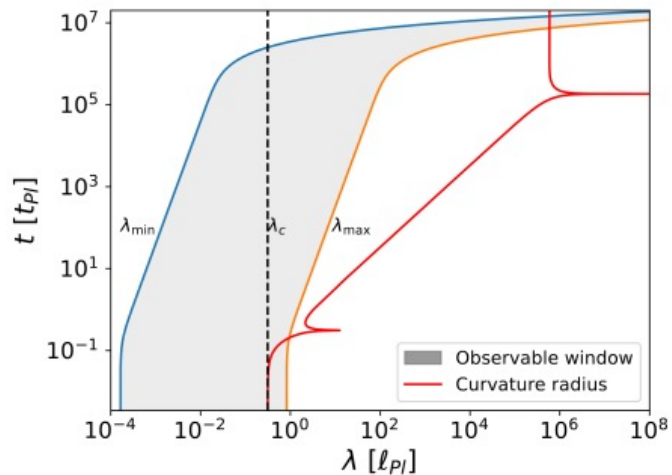


FIG. 4. Evolution of the observable window (shaded region) from the bounce to inflation. Upper panel: Model A. A big part of the window is trans-Planckian during the evolution (even at the onset of inflation) before exiting the horizon. Lower panel: Model B. The whole window is always above the ultraviolet scale λ_c .



Model B

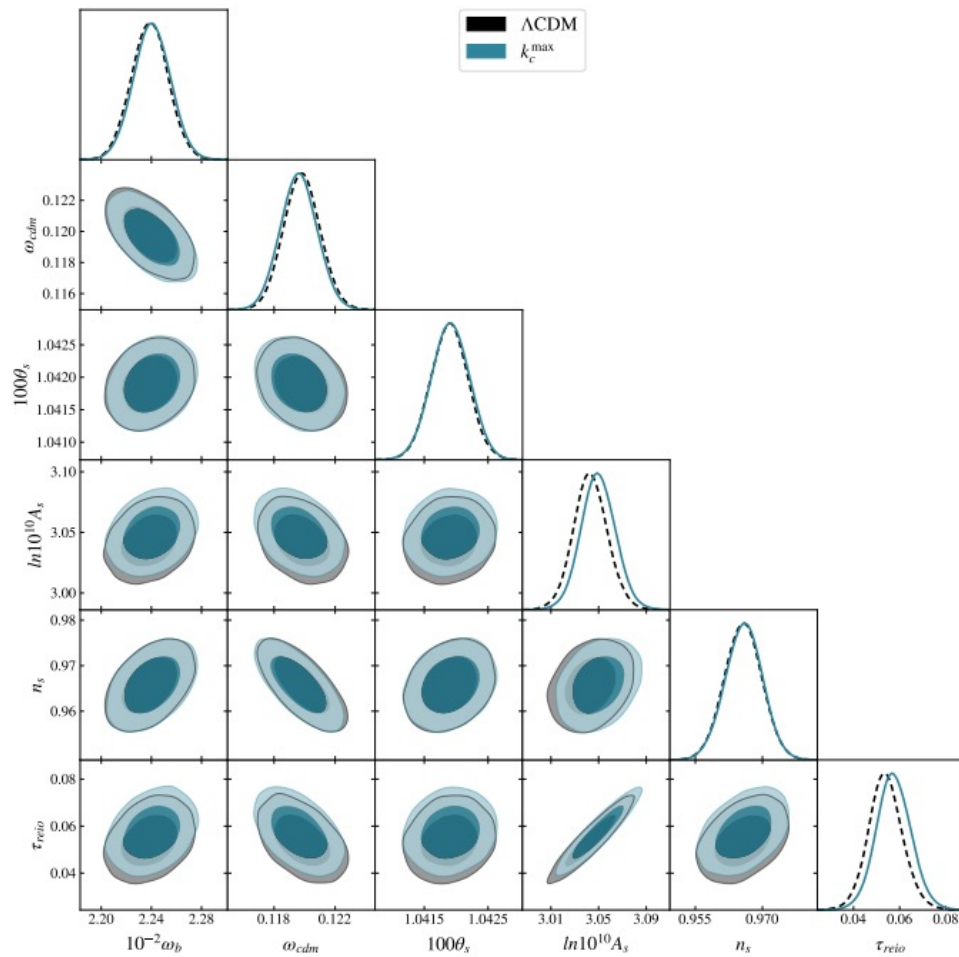


FIG. 3. 1 and 2- σ C.L. 2D contours for the 6 Λ CDM parameters, plus 1D marginalized posteriors, for Λ CDM (black) and LQCNO with k_c^{\max} (blue).