# Imminent test of quantum gravity with gravitational waves

arXiv:2206.06384, 2206.07066 (JHEP 2024a,b) with L. Modesto

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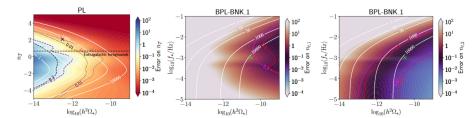
December 5, 2024



#### 01/31- Single- and double-power-law GWB

Braglia, GC et al. [LISA Cosmology Working Group] JCAP 2024



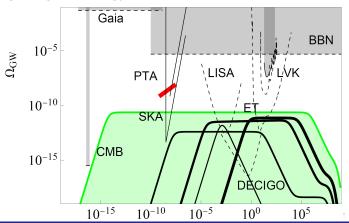


Motivation

## 02/31- Quantum gravity and GWs I

Ben-Dayan, GC et al. JCAP 2024

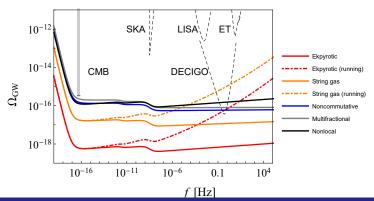
Pre-big-bang cosmology can reach LISA and ET windows.



## 03/31 Quantum gravity and GWs II

GC & Kuroyanagi JCAP 2021; in progress (2024)

DECIGO will be able to see a stochastic background from blue-tilted quantum-gravity-motivated primordial spectra.



#### 04/31- Quantum gravity

- Many proposals: string theory, loop quantum gravity, asymptotic safety, nonlocal quantum gravity (v1.0-1.3), fractional gravity, . . .
- Some of them make contact with observations.
- Very few of them make falsifiable predictions.



#### 04/81- Quantum gravity

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- Some of them make contact with observations.
- Very few of them make falsifiable predictions.

Nonlocal quantum gravity generates falsifiable predictions (v2.0).



#### 05/31- Stelle gravity

Stelle 1977, 1978:

$$\mathcal{L} = R + \gamma_0 R^2 + \gamma_2 R_{\mu\nu} R^{\mu\nu}, \qquad \gamma_{0,2} = \text{const}$$

Renormalizable but non-unitary (spin-2 ghost). (Can be made unitary introducing fakeons [Anselmi & Piva 2017ab,2018])



Motivation

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Ostrogradski instability (ghost) from higher-order derivatives. Example:

$$(\Box + \alpha \Box^2)\phi = 0 \qquad \Rightarrow \qquad \tilde{G}(k) = \frac{1}{k^2 - \alpha k^4} = -\frac{1}{k^2} + \frac{1}{k^2 - \alpha^{-1}}$$



## 06/31 Nonlocal quantum gravity v1.0-1.3

Krasnikov 1987; Kuz'min 1989; Tomboulis 1997; Modesto 2011; Gerwick et al. 2011

$$\mathcal{L} = R + R\gamma_0(\Box)R + R_{\mu\nu}\gamma_2(\Box)R^{\mu\nu} + R_{\mu\nu\sigma\tau}\gamma_4(\Box)R^{\mu\nu\sigma\tau} + \mathcal{V}(\mathcal{R}) + \mathcal{L}_{\mathbf{m}}$$

$$= R + G_{\mu\nu}\gamma(\Box)R^{\mu\nu} + R_{\mu\nu\sigma\tau}\gamma_4(\Box)R^{\mu\nu\sigma\tau} + \mathcal{V}(\mathcal{R}) + \mathcal{L}_{\mathbf{m}}$$

Minimal coupling to matter. Asymp. polynomial form factor:

$$\gamma(\square) = \frac{\mathsf{e}^{\mathsf{H}(\square)} - 1}{\square}, \qquad \mathsf{e}^{\mathsf{H}(\square)} = \mathsf{e}^{\gamma_{\mathsf{E}} + \Gamma[0, p(\square)]} p(\square) \overset{\mathsf{UV}}{\sim} \mathsf{e}^{\gamma_{\mathsf{E}}} p(\square)$$

- **v1.0**:  $\gamma_4 \neq 0$ ,  $\mathcal{V}(\mathcal{R}) = 0$
- **v1.1**:  $\gamma_4 = 0$
- v1.2:  $\gamma_4 = 0$ ,  $\mathcal{V}(\mathcal{R}) \neq 0$ , Weyl symmetry
- v1.3: add a mass scale in  $\gamma_{0,2}(\square)$  to get Starobinsky



Motivation

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## Properties of nonlocal quantum gravity v1.0-1.3

- Lorentzian and Euclidean path integrals [GC & Modesto 2024]
- Well-defined Cauchy problem [GC, Modesto & Nardelli 2019]
- Finite number of physical degrees of freedom [GC et al. 2019]
- Super-renormalizable or finite [Modesto & Rachwał 2014,2015]
- Perturbatively unitary [Briscese & Modesto 2019]
- Big-bang singularity resolved classically [Biswas et al. 2005; GC, Modesto & Nicolini 2014]
- Black-hole singularities resolved classically by nonlocality (v1.0,  $\gamma_4 \neq 0$ ) [Modesto et al. 2015; Frolov & Zelnikov 2016; Edholm et al. 2016; Buoninfante et al. 2018; Giacchini & de Paula Netto 2019; Boos 2020] or by conformal symmetry (v1.2,  $\gamma_4 = 0$ , finite) [Modesto & Rachwał 2016; Bambi et al. 2017ab; Zhou et al. 2019]
- Starobinsky inflation naturally embedded (v1.3) [Koshelev et al. 2016,2018,2020; Kumar & Modesto 2018; GC & Kuroyanagi 2021]
- Forces not unified and no soon-falsifiable prediction



#### 08/31- A nonlocal theory of all fields

$$\begin{split} S[\Phi_i] &= \int \mathsf{d}^D x \sqrt{|g|} \left[ \mathcal{L}_{\mathrm{loc}} + E_i F^{ij}(\Delta) \, E_j + \mathcal{V}(E_i) \right] \\ S_{\mathrm{loc}} &= \int \mathsf{d}^D x \sqrt{|g|} \, \mathcal{L}_{\mathrm{loc}}, \qquad \mathcal{L}_{\mathrm{loc}} = \frac{M_{\mathrm{Pl}}^2}{2} \, R + \mathcal{L}_{\mathrm{m}}(\Phi_i) \\ E_i &:= \frac{\delta S_{\mathrm{loc}}}{\delta \Phi_i(x)}, \qquad \Delta_{ki} := \frac{\delta E_i}{\delta \Phi_k} = \frac{\delta^2 S_{\mathrm{loc}}}{\delta \Phi_k \delta \Phi_i} \\ \Phi_i &\in \{g_{\mu\nu}, \Phi, \psi, A_\mu, \dots\} \\ F(\Delta) &:= \frac{\mathsf{e}^{\mathrm{H}(\Delta) - \mathrm{H}(0)} - 1}{2\Delta} \,, \qquad \mathrm{H}(z) = \int_0^{p(z)} \mathsf{d}w \, \frac{1 - \mathsf{e}^{-w}}{w} \\ p(z) &= b_0 - b \, z + z^4 \end{split}$$

## Nonlocal quantum gravity v2.0: equations of motion

Extremals:

$$E_{\mu
u}=rac{1}{2}\left(M_{ extsf{Pl}}^2G_{\mu
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Nonlocal gravitational EOMs:

$$\left[\mathsf{e}^{\bar{\mathsf{H}}(\Delta)}\right]_{\mu\nu}^{\sigma\tau}E_{\sigma\tau}+O(E_{\mu\nu}^2)=0$$

#### 10/31 Conformal invariance

Field redefinitions:

$$g_{\mu 
u} =: \phi^2 \, \hat{g}_{\mu 
u} \, , \quad \Phi = rac{\hat{\Phi}}{\phi} \, , \quad \psi = rac{\hat{\psi}}{\phi^{rac{3}{2}}} \, , \quad A_\mu = \hat{A}_\mu$$

Action invariant under Weyl transformations

$$\hat{g}'_{\mu\nu} = \Omega^2(x)\,\hat{g}_{\mu\nu}\,, \qquad \phi' = \Omega^{-1}(x)\,\phi\,, \qquad \dots$$

#### Properties of nonlocal quantum gravity v2.0

- Same basic characteristics as v1.0-1.2 [Modesto 2021].
- Super-renormalizable or finite [GC, Giacchini, Modesto, de Paula Netto & Rachwał 2023].
- Tree-level scattering amplitudes are the same as those of the underlying local theory [Modesto & GC 2021].
- Testable top-down cosmology [Modesto & GC 2022; GC & Modesto 2022]



## m/si- Properties of nonlocal quantum gravity v2.0

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Finiteness implies Weyl invariance at the quantum level.



## 12/31- Two phases

$$F(\Delta) := \frac{\mathsf{e}^{\mathrm{H}(\Delta) - \mathrm{H}(0)} - 1}{2\Delta} \,, \qquad \mathrm{H}(z) = \mathrm{Ein}(z) = \int_0^{p(z)} \mathsf{d}w \, \frac{1 - \mathsf{e}^{-w}}{w}$$
  $p(z) = b_0 - b \, z + z^4$ 

- **1** Trans-Planckian Weyl phase  $\Lambda_* \lesssim E \lesssim M_{\rm Pl}$ . Manifest Weyl invariance.
- **2** Post-Planckian Higgs phase  $\Lambda_*/\sqrt{b}=:\Lambda_{\rm hd}\lesssim E\lesssim \Lambda_*.$  Intermediate UV regime  $p(z)\simeq -bz$ , broken Weyl symmetry.

## 13/31– Trans-Planckian Weyl phase $\Lambda_* \lesssim E \lesssim M_{\scriptscriptstyle extsf{Pl}}$

Manifest Weyl invariance, correlation functions of nonconformal fields ( $\Delta_i \neq 0$ ) identically zero [Di Francesco 1997]:

$$\begin{split} \langle O_1(x_1) \dots O_n(x_n) \rangle &:= & \frac{1}{Z_0} \int [\mathcal{D}O] \ O_1(x_1) \dots O_n(x_n) \mathsf{e}^{\mathsf{i}S[O]} \\ &= & \Omega^{\Delta_1}(x_1) \dots \Omega^{\Delta_n}(x_n) \langle O_1(x_1) \dots O_n(x_n) \rangle = 0 \end{split}$$

Gravity disappears!



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#### Gravity disappears!

Quantum corrections are  $O(h^3)$ ,  $O(h^2\phi)$  and do not affect propagators in this phase.

#### 14/31– Post-Planckian Higgs phase $\Lambda_{ m hd} \lesssim E \lesssim \Lambda_*$

Intermediate UV regime  $p(z) \simeq -bz$ :

$$\sqrt{rac{\max(1,b_0)}{b}}\,\Lambda_*=:\Lambda_{
m hd}\lesssim E\lesssim\Lambda_*$$

Choice of vacuum: 
$$\phi \to \langle \phi \rangle = \frac{M_{\rm Pl}}{\sqrt{2}} + \langle \varphi \rangle \simeq \frac{M_{\rm Pl}}{\sqrt{2}}$$
.

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• Adding  $\Lambda_{\rm cc}$  in  $\mathcal{L}_{\rm loc} = \mathcal{L}_{\rm loc}[\phi^2\hat{g}_{\mu\nu},\phi^{-\Delta_i}\hat{\Phi}_i^{\rm SM}]$  generates a  $\sqrt{|g|}\Lambda_{\rm cc} = \sqrt{|\hat{g}|}\Lambda_{\rm cc}\phi^4$  term.

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- Modify  $\mathcal{L}_{loc} = \mathcal{L}_1^{loc} [\phi^2 \hat{g}_{\mu\nu}, \phi^{-\Delta_i} \hat{\Phi}_i^{SM}] + \mathcal{L}_2^{loc} [\phi, \hat{g}_{\mu\nu}, \hat{\Phi}_i^{SM}]$  and add Weyl-invariant dilaton-Higgs potential [Bars et al. 2006,2014]:

$$\mathcal{L}_2^{\text{loc}}[\phi, \mathfrak{h}] = \lambda (\mathfrak{h}^{\dagger} \mathfrak{h} - \alpha \phi^2)^2 + \lambda' \phi^4$$



#### 5/31- Post-Planckian Higgs phase $\Lambda_{ m hd} \lesssim E \lesssim \Lambda_*$

Local quadratic action + one-loop log quantum corrections:

$$\mathcal{L}_{\Lambda_{\text{hd}}} = \frac{M_{\text{Pl}}^{2}}{2}R + \mathcal{L}_{\text{m}} + F(0)E_{\mu\nu}E^{\mu\nu} + \mathcal{V}(E_{\mu\nu}) + \mathcal{L}_{Q}$$

$$\mathcal{L}_{Q} = \beta_{R}R\ln\left(-\frac{\square}{\Lambda_{*}^{2}\delta_{0}^{2}}\right)R + \beta_{\text{Ric}}R_{\mu\nu}\ln\left(-\frac{\square}{\Lambda_{*}^{2}}\right)R^{\mu\nu}$$

 $\delta_0$ ,  $\beta_R$ ,  $\beta_{Ric}$  numerical constants (not beta functions!). Overconstrained Stelle limit:

$$egin{align} E_{\mu
u}E^{\mu
u} &= -rac{M_{ extsf{Pl}}^4}{4}\left(R_{\mu
u}R^{\mu
u} + rac{D-4}{4}R^2
ight) \ \mathcal{L}_{\Lambda_{ extsf{hd}}}^{D=4} &= -rac{ extsf{e}^{ ilde{\gamma}_{ extsf{E}}}M_{ extsf{Pl}}^2}{2\Lambda}rac{2}{2}R_{\mu
u}R^{\mu
u} + \mathcal{L}_{ extsf{m}} + \mathcal{L}_{Q} \ \end{aligned}$$

#### 16/31 Early universe

#### I. Solutions of hot-big-bang problems

All problems of the hot big-bang model are solved without inflation in the Weyl phase

#### II. Primordial perturbations

Quasi-scale-invariant primordial spectra generated by quantum and thermal fluctuations in the Higgs phase

#### III. Testable prediction

Large tensor-to-scalar ratio, **observable by BICEP Array** and **LiteBIRD** 



#### 17/31 Conformal invariance

- Conformal invariance as an alternative to inflation is not New [Antoniadis et al. 1997,2012; Amelino-Camelia et al. 2013,2015; Agrawal et al. 2020] . . .
- ...but until now it was not known how to make it work in a fundamental theory.
- We provide a concrete setting thanks to UV finiteness...
- ... and extract rigid, falsifiable predictions on the tensor sector.
- Such rigidity comes from the fact that our cosmological model is derived *directly* from the full theory.



## 18/31- Initial conditions in the Higgs phase

The metric at the onset of the Higgs phase is either Minkowski or flat FLRW:

```
\begin{array}{ll} \text{Conformal} \\ \text{invariance} \end{array} \Longrightarrow \begin{array}{l} \text{(A) homogeneity} \longrightarrow \text{Bianchi I,V,IX} \\ \text{(B) isotropy} \\ \text{(C) } FLRW_{\kappa=\pm1} \equiv FLRW_{\kappa=0} \end{array} \end{array} \\ \end{array} \Longrightarrow \begin{array}{l} \text{Minkowski} \\ FLRW_{\kappa=0,\pm1} \end{array} \\ \Longrightarrow \begin{array}{l} \text{Minkowski} \\ \text{FLRW}_{\kappa=0} \end{array}
```

#### 19/31- Big-bang problem

Singularity issue not solved: it simply becomes meaningless.



## 19/31- Big-bang problem

Singularity issue not solved: it simply becomes meaningless.

- Conformal gravity evades BGV theorem because it is impossible to talk about expanding backgrounds. Average expansion condition not a conformally invariant statement.
- Independent of the underlying theory but requires finiteness.
- Example:
  - Solutions of the EOMs grouped into equivalence classes:

$$\hat{g}_{\mu\nu}^* := S(x)\,\hat{g}_{\mu\nu}\,, \qquad \phi^* := S^{-\frac{1}{2}}(x)\,\phi$$

- 2 Flat FLRW is a solution, conformally equivalent to Minkowski (plus dilaton).
- Oilaton decouples from the geodesic equation of massless particles. Minkowski spacetime is geodesically complete.

#### 20/31 Horizon problem

- In the Weyl phase, spacetime distances do not have any physical meaning: large and small distances are actually the same.
- After breaking Weyl symmetry, distance between particles always smaller than Hubble radius.
- Independent of the underlying theory but requires finiteness.

#### 21/31- Flatness problem

• In any theory, any FLRW line element is conformally ( $\neq$  physically) equivalent to Minkowski (inhomogeneous if  $\kappa = \pm 1$ ).

$$\mathrm{d}\hat{s}_{\mathrm{FLRW}}^2 \ = \ \omega^2(T,\rho) \left[ -\mathrm{d}T^2 + \mathrm{d}\rho^2 + \rho^2 \left( \mathrm{d}\theta^2 + \sin^2\theta \, \mathrm{d}\varphi^2 \right) \right]$$

• In any Weyl×Diff invariant theory, any FLRW solution with  $\kappa=0,\,\pm 1$  is physically equivalent to FLRW with  $\kappa=0.$ 

$$\hat{g}'_{\mu\nu} = \Omega^2 \hat{g}_{\mu\nu}$$
,  $\Omega^2 = a^2(T)/\omega^2(T,\rho)$ 

- A Diff×Weyl transformation changes  $\kappa=0,\pm 1$ , so during the Weyl phase  $\kappa=0$  FLRW is selected by symmetry (analogy with longitudinal polarization of photon) and holds through symmetry breaking by analytic continuation of  $g_{\mu\nu}$ .
- <u>Independent</u> of the underlying theory but requires finiteness.



#### 22/31-

## Flat spacetime approximation

#### Two assumptions

- **1** Quadratic-gravity limit,  $\Lambda_{hd} \lesssim E \lesssim \Lambda_*$ .
- 2 One-loop quantum corrections in the propagator subdominant with respect to classical part,  $E \gtrsim \Lambda_*/10$ .

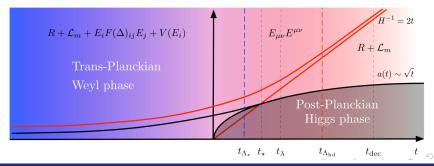
$$\Longrightarrow$$
  $E \simeq \frac{\Lambda_*}{10}$ 



#### 23/31 Evolution of perturbations

$$t_{\Lambda_*}: \qquad \lambda = rac{1}{\Lambda_*} \quad ext{(end of Weyl phase)}$$

 $t_{\star}$ :  $\lambda = aH$  (recovery of standard cosmology)



#### 24/31 Tensor spectrum

From sub-horizon quantum fluctuations. Graviton two-point correlation function:

$$\langle h_{ij}(x)h_{kl}(x')\rangle = -\frac{\mathsf{C}}{\Lambda}_*^{2\epsilon_2}\,P_{ijkl}^{(2)}(\partial_x)\int \frac{\mathsf{d}^4k}{(2\pi)^4}\,\,\frac{\mathsf{e}^{\mathrm{i}k\cdot(x-x')}}{k^{4+2\epsilon_2}} = -P_{ijkl}^{(2)}(\partial_x)\int_0^{+\infty}\,\frac{\mathsf{d}k}{k}\,\Delta_h^2(k)\,\frac{\sin(kr)}{kr}$$

$$\mathbf{C} := rac{4\Lambda_*^2}{b\, \mathsf{e}^{ ilde{\gamma}_\mathsf{E}} M_\mathsf{Pl}^2}\,, \qquad oldsymbol{\epsilon_2} = -rac{2eta_\mathsf{Ric}\Lambda_*^2}{b\, \, \mathsf{e}^{ ilde{\gamma}_\mathsf{E}} M_\mathsf{Pl}^2}\,$$

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Tensor spectrum:

$$\mathcal{P}_{\mathsf{t}}(k) := 2\Delta_h^2(k) = \frac{n_{\mathsf{t}}}{(2\pi)^2 \, \beta_{\mathsf{Ric}}} \left(\frac{k}{\Lambda_*}\right)^{n_{\mathsf{t}}}$$

Tensor spectral index:

$$n_{
m t} := rac{\mathsf{d} \ln \mathcal{P}_{
m t}}{\mathsf{d} \ln k} = -2\epsilon_2 = rac{4eta_{
m Ric}}{b\, \mathsf{e}^{ ilde{\gamma}_{
m E}}} rac{\Lambda_*^2}{M_{
m Pl}^2} > 0$$



#### 25/31 Scalar spectrum

From thermal fluctuations. Radiation-dominated universe.

$$\delta h \stackrel{\delta {
m EOM}}{\longrightarrow} \delta T_{00} = \delta 
ho \Big|_{E \simeq rac{\Lambda_*}{\Omega_*}} \stackrel{{
m Poisson \, eq.}}{\longrightarrow} \delta \Phi \Big|_{
m ISS} \longrightarrow rac{\delta T_{
m CMB}}{T_{
m CMB}} \Big|_{
m ISS}$$

#### 25/31 Scalar spectrum

From thermal fluctuations. Radiation-dominated universe.

$$\delta h \quad \stackrel{\delta {\rm EOM}}{\longrightarrow} \quad \delta T_{00} = \delta \rho \Big|_{E \simeq \frac{\Lambda_*}{10}} \quad \stackrel{{\rm Poisson \, eq.}}{\longrightarrow} \quad \delta \Phi \Big|_{\rm ISS} \quad \longrightarrow \quad \frac{\delta T_{\rm CMB}}{T_{\rm CMB}} \Big|_{\rm ISS}$$

Scalar spectrum:

$$\mathcal{P}_{s}(k) = \frac{9}{4} \Delta_{\Phi}^{2}(k) = \frac{15}{64} \frac{(n_{s} - 1)^{2}}{(2\pi)^{2} \beta_{Ric}} \left(\frac{k}{\Lambda_{*}}\right)^{n_{s} - 1}$$

Scalar spectral index:

$$n_{\mathrm{s}} - 1 := rac{\mathsf{d} \ln \mathcal{P}_{\mathrm{s}}}{\mathsf{d} \ln k} = 2\epsilon_2 = -rac{4eta_{\mathrm{Ric}}\Lambda_{*}^2}{b\,\mathrm{e}^{ ilde{\gamma}_{\mathrm{E}}}M_{\mathrm{Pl}}^2} < 0$$

# 26/31- Tensor-to-scalar ratio and consistency relation

Tensor-to-scalar ratio:

$$r := rac{\mathcal{P}_{t}(k_{0})}{\mathcal{P}_{s}(k_{0})} = rac{64}{15(1-n_{s})} \left(rac{k_{0}}{\Lambda_{*}}
ight)^{2(1-n_{s})}$$

### 26/31— Tensor-to-scalar ratio and consistency relation

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ight)^{2(1-n_{s})}$$

Consistency relation:

$$n_{\rm t}=1-n_{\rm s}>0$$

Typical of non-inflationary scenarios such as string-gas cosmology [Brandenberger 2015; Bernardo et al. 2020] and new ekpyrotic model [Brandenberger & Wang 2020ab].

# 27/31- Parameter space

$$\mathcal{P}_{\rm s}(k_0) \simeq \frac{7.9 \times 10^{-4}}{\beta_{\rm Ric}} \approx 2.2 \times 10^{-9}$$

How to explain the observed small value of  $\mathcal{P}_s$ ?

- I. Large  $\beta_{\rm Ric} \propto N_{\rm fields} \approx 3.6 \times 10^5$  [Buchbinder et al. 1992; Avramidi 2000]. Assumption compatible with a many-particle GUT scenario:  $\Lambda_{\rm hd} = M_{\rm Pl}/\sqrt{b} = 5 \times 10^{14}\,{\rm GeV}$ .
- II. Conformal rescaling of the metric from Minkowski to

$$\mathsf{d} s^{*2} = -\left(A + B \tanh \frac{\tau}{\tau_{\mathsf{Pl}}}\right) \left(-\mathsf{d} \tau^2 + \mathsf{d} x^2\right), \quad \lim_{\tau \to \pm \infty} a^2 = A \pm B > 0$$

$$\mathcal{P}'_{s,t} = \Omega^4 \mathcal{P}_{s,t}, \qquad r' = r.$$

 $\mathcal{P}_{s}'$  consistent with observations if, e.g.,  $\beta_{Ric}=1$  and

$$A + B = 1.7 \times 10^{-3}$$
 or  $\beta_{Ric} = 40$  and  $A + B = 10^{-2}$ 

# 28/31- Advantages over inflation

• It is a model from a fundamental theory, not a mechanism  $\implies$  fewer free parameters  $(\Lambda_*, b)$ 



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- From r < 0.036, energy-scale strong lower bound  $H \sim \Lambda_* > 8.5 \times 10^{10} \, \mathrm{GeV}$  instead of upper bound  $H_{\mathrm{infl}} < 10^{-5} M_{\mathrm{Pl}}$

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- From r < 0.036, energy-scale strong lower bound  $H \sim \Lambda_* > 8.5 \times 10^{10} \, \mathrm{GeV}$  instead of upper bound  $H_{\mathrm{infl}} < 10^{-5} M_{\mathrm{Pl}}$
- No mismatch between quantum scale  $M_{\rm Pl}$  (symmetry breaking) and initial scale  $H \sim \Lambda_* = M_{\rm Pl}$

GC & Modesto JHEP 2024b [arXiv:2206.07066]

PLANCK Legacy with  $dn_s/d \ln k = 0$  [Aghanim et al. 2020],  $k_0 = 0.05 \, {\rm Mpc}^{-1}$ ,  $n_{\rm t}$  and r uniquely specified:

$$n_{\rm t} \approx 0.0351$$
,  $r_{0.05} = 0.009 - 0.011$ 

For  $\Lambda_* = M_{\rm Pl}$ :

$$r_{0.05} = 0.011$$

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For  $\Lambda_* = M_{\rm Pl}$ :

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• Three times larger than  $r_{\text{Starobinsky}} = 0.0037$ .

GC & Modesto JHEP 2024b [arXiv:2206.07066]

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- Three times larger than  $r_{\text{Starobinsky}} = 0.0037$ .
- Within reach of **BICEP Array** (uncertainty  $\sigma(r) \lesssim 0.003$ ) by **2027** [Ade et al. 2021]. Detection if r > 0.009, implication if r < 0.006 0.009, exclusion if r < 0.006.



GC & Modesto JHEP 2024b [arXiv:2206.07066]

PLANCK Legacy with  $dn_s/d \ln k = 0$  [Aghanim et al. 2020],  $k_0 = 0.05 \, {\rm Mpc}^{-1}$ ,  $n_{\rm t}$  and r uniquely specified:

$$n_{\rm t} \approx 0.0351$$
,  $r_{0.05} = 0.009 - 0.011$ 

For  $\Lambda_* = M_{\rm Pl}$ :

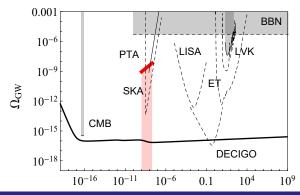
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- LiteBIRD:  $\sigma(r) \sim 0.001$  (exclusion if r < 0.002) [Allys et al. 2022].

### 30/31- GW background

GC & Modesto JHEP 2024b [arXiv:2206.07066]

Blue-tilted tensor spectrum at CMB scales, GWB observable by DECIGO. Discriminator against other high-*r* models.





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- Investigate value of  $\beta_{Ric}$ .
- Dark energy?  $H_0$  and  $\sigma_8$ ?





#### TO BE CONTINUED ...