



## TUNNELING IN QFT

# Production of particles from expanding bubble walls

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miguel.vanvlasselaer@ub.edu

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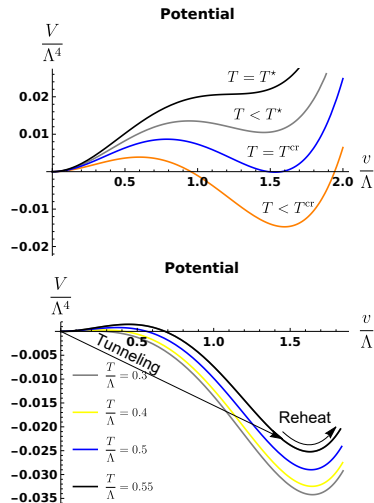
Institut de Ciències del Cosmos  
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# First order phase transition (FOPT) in the early universe

Universe high-T after inflation: cooling of primordial soup



- QFT = landscape of minima  $\Rightarrow$  PT

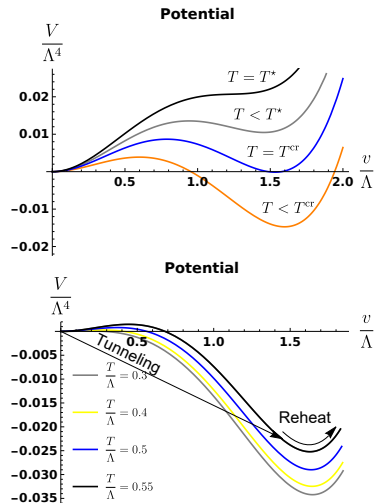


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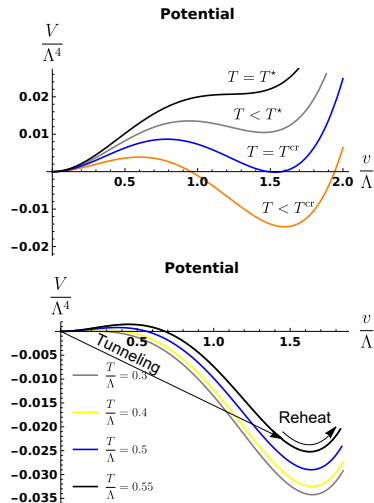


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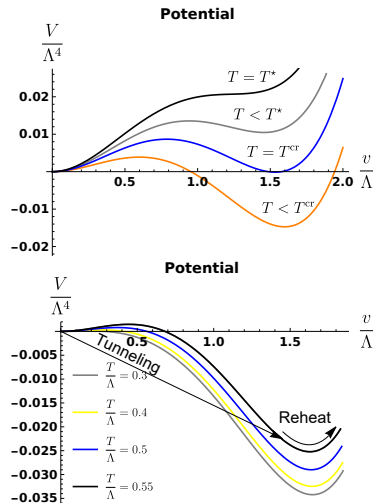


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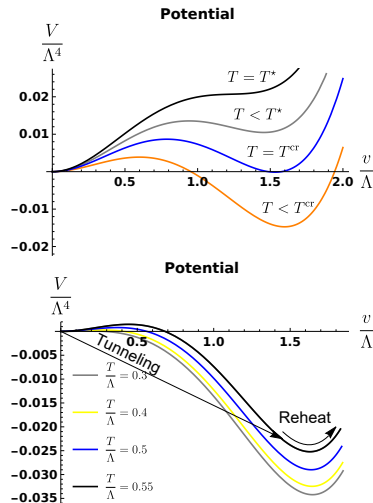
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- Nucleation controlled by bounce solution

$$\Gamma \sim T^4 \text{Exp} \left[ -\frac{S_3}{T} \right]$$

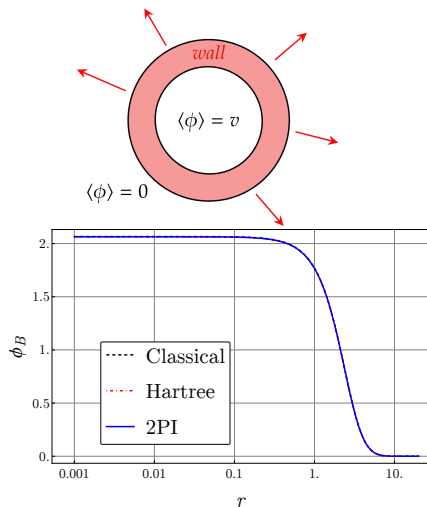


# Nucleation and early expansion

- Energy released  $\Delta V \Rightarrow$  Driving energy:

$$E_{\text{driving}} = -\frac{4}{3}\pi\Delta V R^3 \text{ VS } \Delta\mathcal{P}_{\text{tension}} = 4\pi\sigma R^2$$

Expansion when  $R_{\text{initial}} > R_c \sim \sigma/\Delta V$



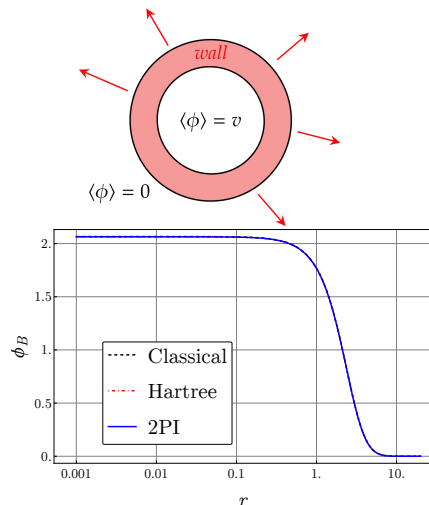
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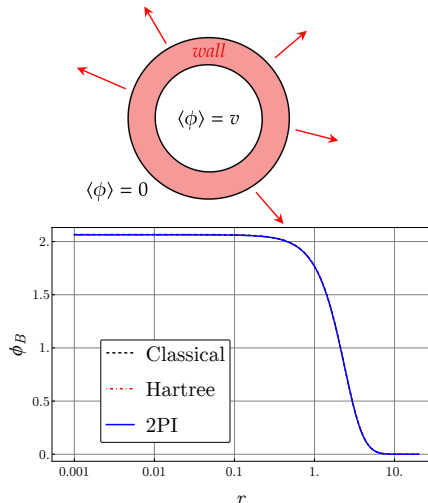
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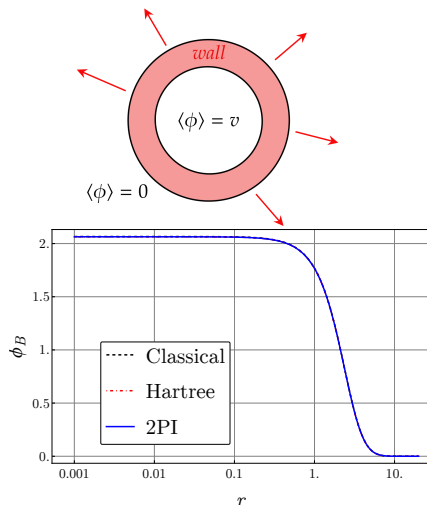
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- Duration of the FOPT

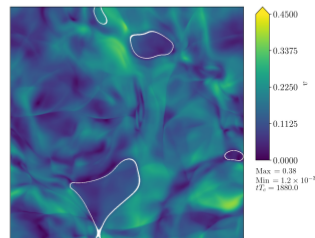
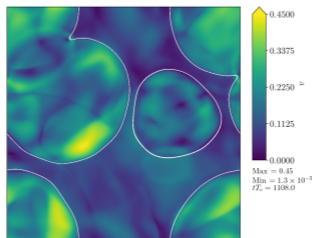
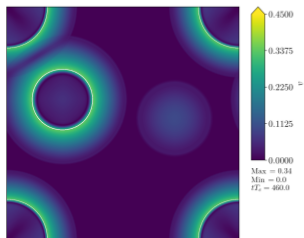
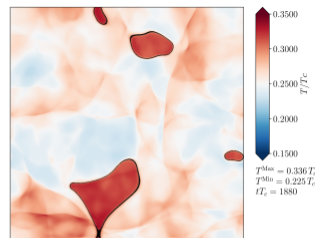
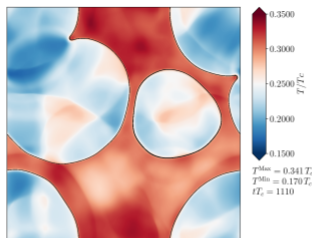
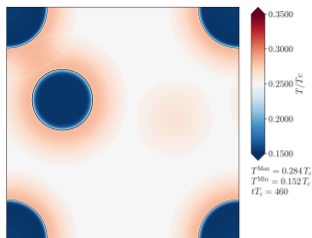
$$\beta \equiv \frac{t_{\text{exp}}}{t_{PT}} = \frac{1}{t_{PT}H} \propto R_{\text{collision}}^{-1}$$



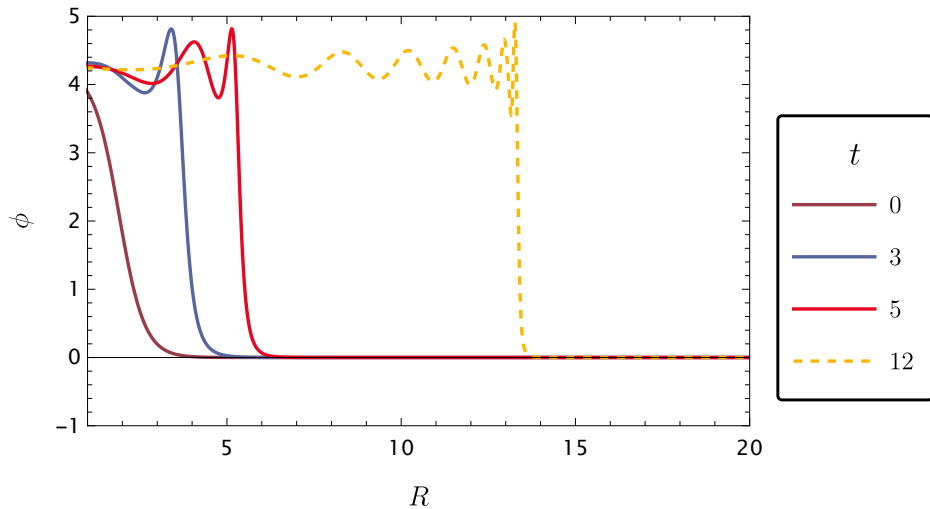
# FOPT pictorially

Cutting, Hindmarsh and Weir:[1906.00480]: video in

<https://vimeo.com/showcase/5968055>



# The bubble wall in time



# Pheno consequences of FOPTs

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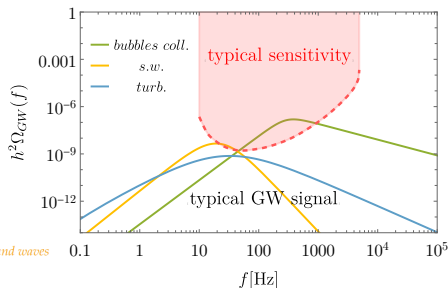
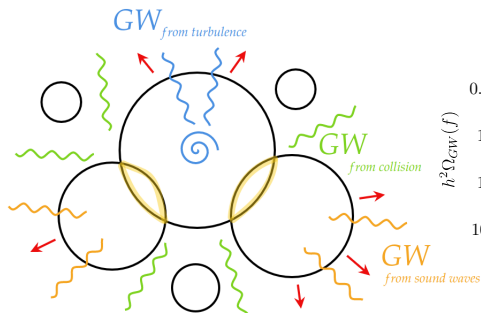
# FOPT and Gravitational waves

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- ① Bubbles can produce a stochastic **GW** background from

- bubble collision
- sound waves
- turbulence



**Primordial GWs** could be observed soon: Frequency  $\Rightarrow$  information about  $T_{\text{reh}}$ :  $f_{\text{peak}} \propto T_{\text{reh}}$

# FOPT and PBH

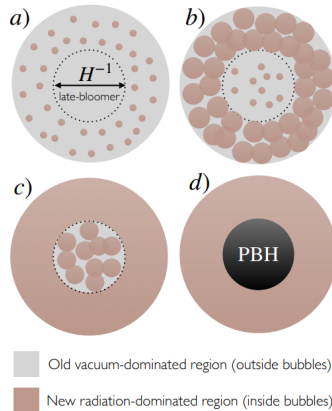
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# FOPT and PBH

- ① FOPT can create a large abundance of **PBH**

K. Sato, M. Sasaki, H. Kodama, and K.-i. Maeda (1981-82), M. Lewicki, P. Toczec, and V. Vaskonen (2023), Gouttenoire, Volansky (2023)



# FOPT and Magnetic fields

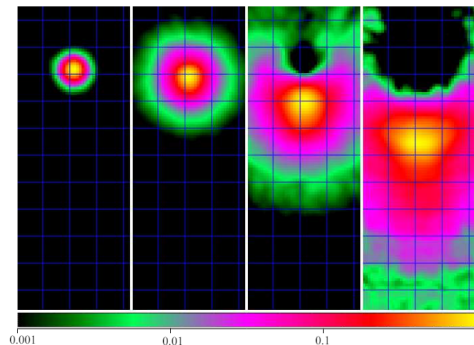
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# FOPT and Magnetic fields

## ① FOPT can create **Magnetic Fields**

Vachaspati, Durrer, Neronov, Balaji, Fairbairn, Olea-Romacho, Vaskonen, Lewicki ...

Suggested by Fermi-LAT/HESS (2306.05132)  $B \sim 10^{-15}$  G and  $\lambda \sim 1$  Mpc



In the SM from dumbbells ? [2412.00641: Brandenburg, Vachaspati](#)

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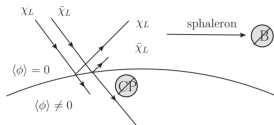
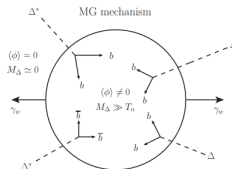
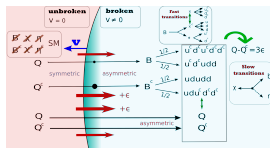


Figure: Credit: T. Konstandin [1302.6713]



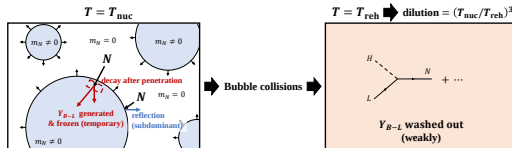
Traditional EWBG:  $v_w \lesssim c_s$



Yin, Azatov, MV 21':

$$\gamma_w \equiv 1/\sqrt{1-v_w^2} \gtrsim M_B^2/vT_{\text{nuc}}$$

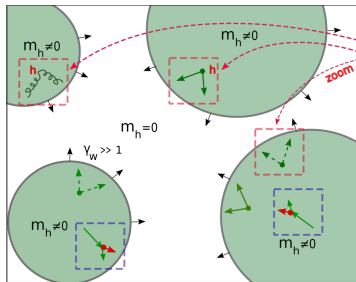
Baldes, Blasi, Mariotti, Sevrin, Turbang 21'  $\gamma_w \gtrsim M_\Delta^2/vT_{\text{nuc}}$



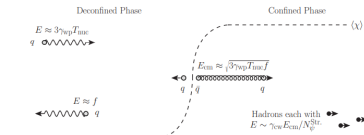
Eung, Dutka, Jung, Nagels, MV, 23':  $\gamma_w \gtrsim M_{\text{RHN}}/T_{\text{nuc}}$

# FOPT and DM

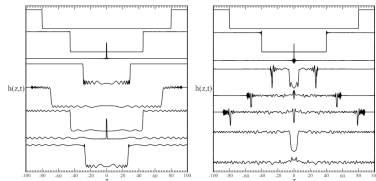
*Supercool DM: Hambye, Strumia, Tesi 18'*



Azatov, Yin, MV 21' ,  
 Baldes, Sala, Gouttenoire, 22'  
 Azatov, Yin, Nagels, MV 24'  
 $\gamma_w \equiv 1/\sqrt{1-v_w^2} \gtrsim M_{\text{DM}}^2/vT_{\text{nuc}}$



Baldes, Gouttenoire, Sala, Servant, 22' :  $\gamma_w \gg 1$



Falkowski, No, 12' Giudice, Pomarol, Lee, Shakya 24' :  
 Runaway walls:  $\gamma_w \sim M_{\text{pl}}/v \rightarrow 10^{15}$

# Production of heavy particles in PT

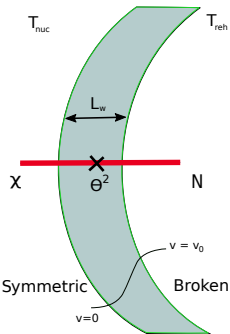
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[arXiv:2010.02590] with *Aleksandr Azatov*

# Production of out-of-equilibrium heavy states via wall[2010.02590]:Idea

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$\phi$  scalar,  $\chi$  light fermion,  $N$  heavy fermion:  $\mathcal{L}_{int} = Y\phi\bar{\chi}N + M\bar{N}N$   
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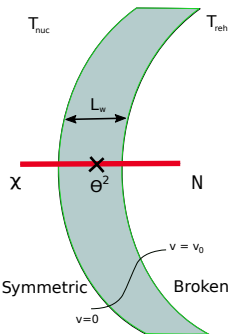


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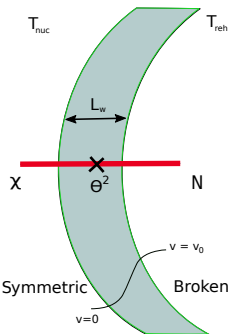
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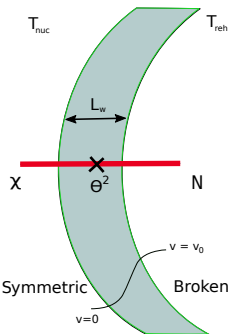
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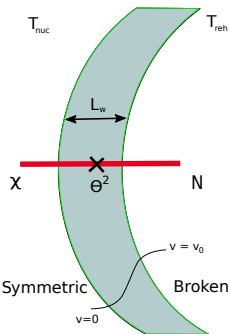
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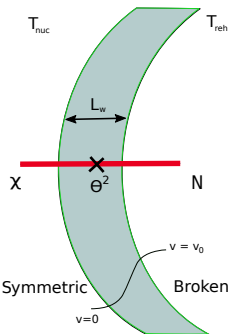
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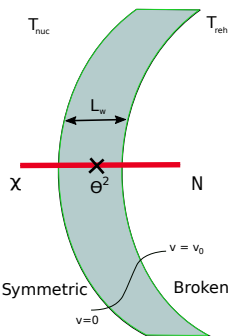
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- Exchange momentum bound:  $\Delta p_z \lesssim 1/L_w \sim v_\phi$   ~~$\Delta p_z \propto E$~~

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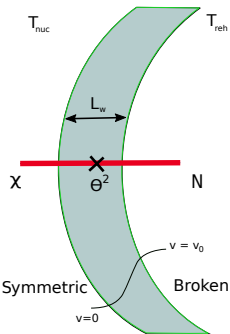


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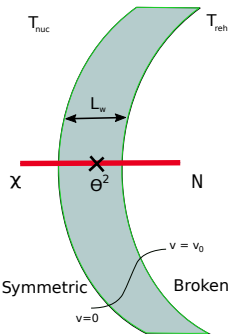


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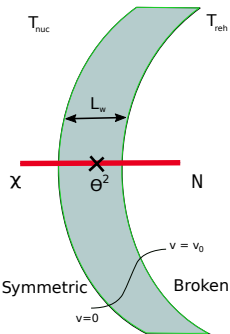
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- $|\mathcal{M}|^2 \approx Y^2 v_\phi^2 \times \frac{E}{\Delta p_z} \left( \frac{\sin \Delta p_z L_w}{\Delta p_z L_w} \right)^2 \quad \Delta p_z = E - \sqrt{E^2 - M^2} \rightarrow \frac{M^2}{2E}$



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$$P(\chi \rightarrow N) \approx \theta^2 \times \Theta(\gamma_{wp}T_{nuc} - M^2 L_w), \quad \theta \equiv \frac{Y v_\phi}{M}$$

# Creation of out-of-equilibrium states: consequences

- Each production induces a kick[2010.02590]:  $\Delta p_z \sim \frac{M^2}{2E}$

$$\Rightarrow \mathcal{P} \propto n_\chi \times \Delta p_z \times P(\chi \rightarrow N) \sim \frac{Y^2 v^2 T^2}{48} \Theta(\gamma_{wp} T_{\text{nuc}} - M^2 L_w) \quad (\text{pressure on the wall})$$

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- Production of stable states (Dark Matter  $\varphi$ ) via portal  $\varphi^2 \phi^2$ [2101.05721]:  $\phi \rightarrow \varphi \varphi$

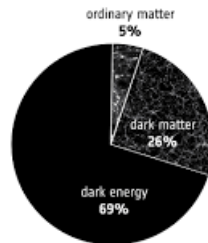
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$$\Rightarrow \mathcal{P} \propto n_\chi \times \Delta p_z \times P(\chi \rightarrow N) \sim \frac{Y^2 v^2 T^2}{48} \Theta(\gamma_{wp} T_{\text{nuc}} - M^2 L_w) \quad (\text{pressure on the wall})$$

- Production of stable states (Dark Matter  $\varphi$ ) via portal  $\varphi^2 \phi^2$ [2101.05721]:  $\phi \rightarrow \varphi\varphi$
- out-of-equilibrium abundance of  $N$  via  $\chi \rightarrow N$  [2106.14913]: baryogenesis

# Baryogenesis with relativistic walls

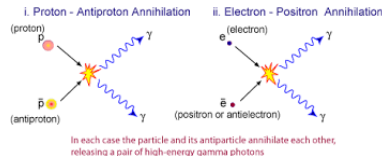


## Production of matter

[arXiv:2106.14913] with *Aleksandr Azatov* and *Wen Yin*

# Problem of baryogenesis and Sakharov conditions

- Inflation: erase the initial conditions
- Inflation produces  $n_B = n_{\bar{B}}$  (likely...)



- $\frac{n_B - n_{\bar{B}}}{n_\gamma} \rightarrow 0 (10^{-20} \dots)$  (naive expectation): empty universe
- $\frac{n_B - n_{\bar{B}}}{n_\gamma} \rightarrow 10^{-10}$  (observation): need a process that turns **one out of  $10^{10}$**  anti-baryon  $\rightarrow$  baryon

## Idea of baryogenesis with relativistic bubble walls

- **Out-of-equilibrium situation**; Automatically embedded via the process of production in  $\chi \rightarrow N$
- **CP-violation**:  $\Gamma(\chi \rightarrow N_I) \neq \Gamma(\bar{\chi} \rightarrow \bar{N}_I)$
- **B-number violation**

# Possible baryogenesis in our production setting?

Idea of baryogenesis with relativistic bubble walls

- **Out-of-equilibrium situation:**  $\chi \rightarrow N$  via relativistic bubble expansion

# Possible baryogenesis in our production setting?

## Idea of baryogenesis with relativistic bubble walls

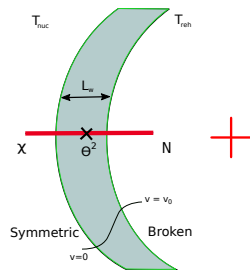
- **Out-of-equilibrium situation:**  $\chi \rightarrow N$  via relativistic bubble expansion
- **CP-violation:**  $\Gamma(\chi \rightarrow N_I) \neq \Gamma(\bar{\chi} \rightarrow \bar{N}_I)$  ??



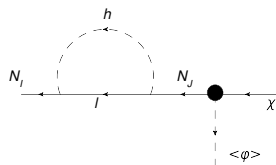
# CP violation inside the bubble wall [2101.05721]: Azatov, MV, Yin

Ingredients: Higgs field  $H$ ,  $\phi$  scalar, 2 heavy  $N_I$ , SM  $SU(2)_L$ -fermions  $L_\alpha$ , and  $\chi_i$  light fermions

$$\mathcal{L} = -M_I \bar{N}_I N_I - Y_{iI} \phi \bar{N}_I P_R \chi_i - y_{I\alpha} (H \bar{L}_\alpha) P_R N_I + h.c.$$



$$A(\chi_i \rightarrow N_I)_{\text{tree}} \propto Y_{iI}$$



$$A(\chi_i \rightarrow N_I)_{1\text{-loop}} \propto \sum_{\alpha, J} Y_{iJ} y_{\alpha J}^* y_{\alpha I} \times f_{IJ}^{(HL)}$$



$$\frac{\Gamma(\chi \rightarrow N_I) - \Gamma(\bar{\chi} \rightarrow \bar{N}_I)}{\Gamma(\chi \rightarrow N_I) + \Gamma(\bar{\chi} \rightarrow \bar{N}_I)} =$$

$$\frac{2 \sum_{\alpha, J, i} \text{Im}(Y_{iI} Y_{iJ}^* y_{\alpha J} y_{\alpha I}^*) \text{Im} f_{IJ}^{(HL)}}{\sum_i |Y_{iI}|^2}.$$

and

$$\text{Im}[f_{IJ}^{(HL)}(x)] = \frac{1}{16\pi} \frac{\sqrt{x}}{1-x}, x = \frac{M_J^2}{M_I^2}$$

# Possible baryogenesis in our production setting?

## Idea of baryogenesis with relativistic bubble walls

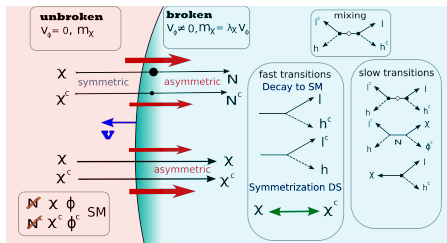
- **Out-of-equilibrium situation:**  $\chi \rightarrow N$  via relativistic bubble expansion
- **CP-violation:** CP-violating phase in the yukawas  $y_{I\alpha}$  from interference tree-loop level
- **B-number violation:** B or L-violating interactions

# Possible baryogenesis ? [2101.05721]: Azatov, MV, Yin

## Idea of baryogenesis with relativistic bubble walls

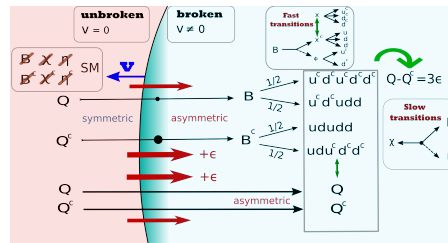
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### Phase transition induced leptogenesis



Or

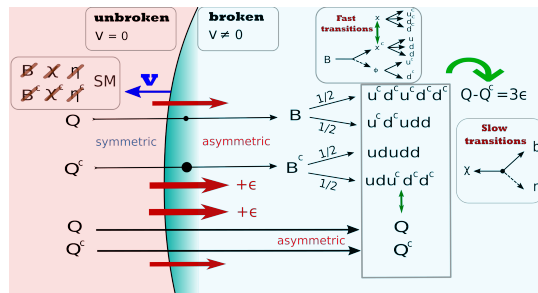
### EWPT Baryogenesis with relativistic walls



# Low energy baryogenesis [2101.05721]: Azatov, MV, Yin

$$\mathcal{L}_{SM} + \underbrace{\sum_{I=1,2} Y_I (\bar{B}_I H) P_L Q + M_I \bar{B}_I B_I}_{\text{production}} + \underbrace{y_I \eta \chi^c P_L B_I + \kappa \eta^c b t}_{\text{decay dark sector}} + \underbrace{\frac{1}{2} m_\chi \bar{\chi}^c \chi + m_\eta^2 |\eta|^2}_{\text{B-violating}}.$$

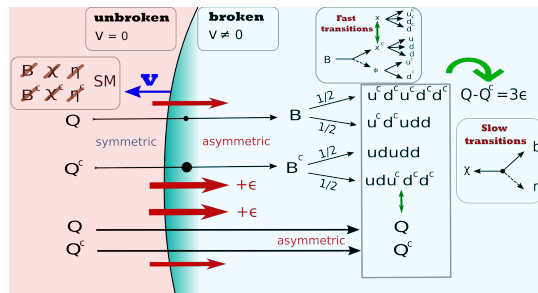
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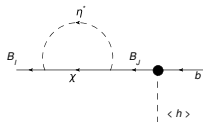
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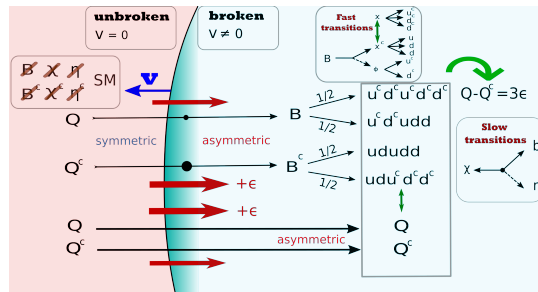
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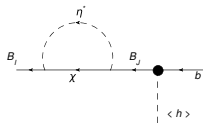
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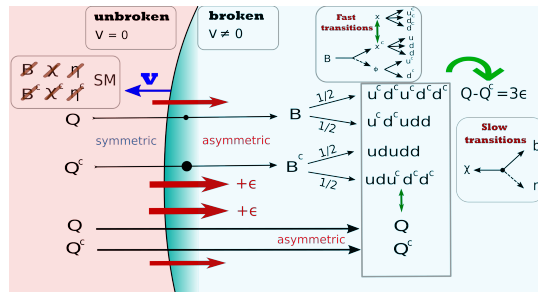
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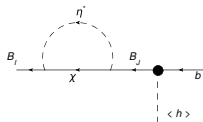
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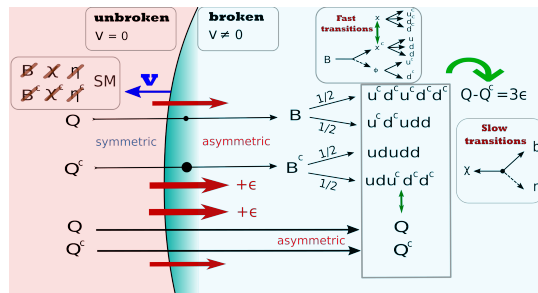
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- CP violation:
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- $\Delta n_B \equiv n_{SM-q} - n_{SM-\bar{q}} \approx 3n_b^0 \sum_I \theta_I^2 \epsilon_I$

$$\text{IF} : \gamma_w \equiv \sqrt{1/(1-v_w^2)} > M_B^2/(T v_{EW})$$



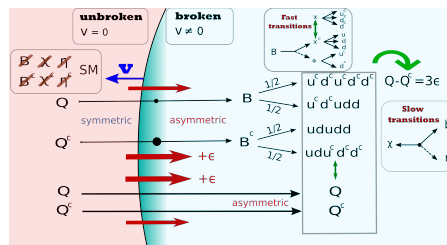


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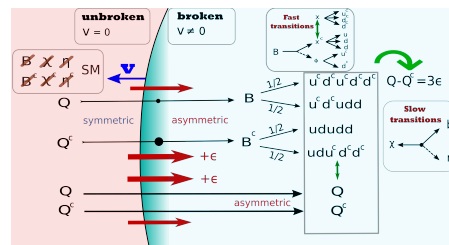
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- Flavor and collider:  $2 \text{ TeV} \lesssim m_\chi \sim m_\eta \sim M_B$



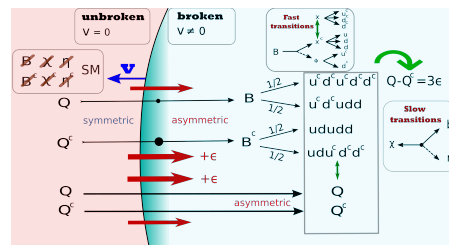
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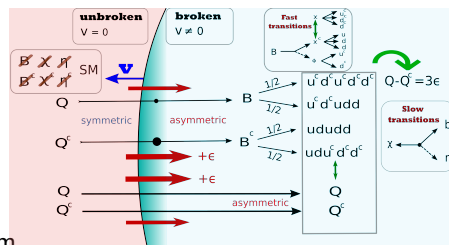
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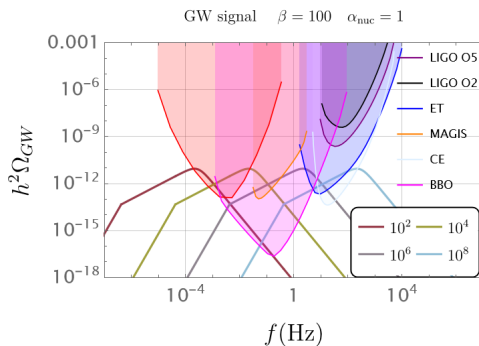
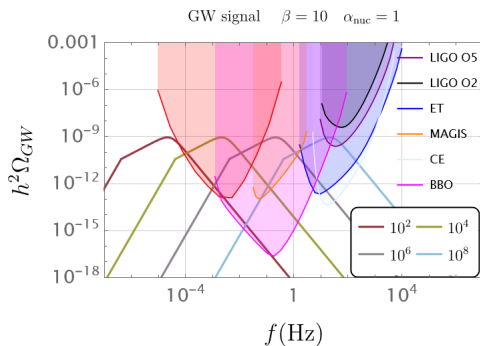
- Flavor and collider:  $2 \text{ TeV} \lesssim m_\chi \sim m_\eta \sim M_B$
- EDM bounds

$$\frac{d_e}{e} \sim \frac{m_e (y_Y Y_e)^2}{(4\pi)^6} \left( \frac{1}{\Lambda_{EDM}^2} \right) \sim 3 \times 10^{-33} \times \left( \frac{10 \text{ TeV}}{\Lambda_{EDM}} \right)^2 \text{ cm}$$



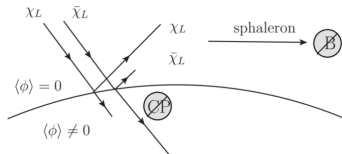
# Observation prospects of GW

$$\left( T_{\text{reh}}, \quad \beta, \quad \alpha_n, \quad v_w \right) \Rightarrow \left( \Omega_{\text{peak}}^{\text{GW}}, \quad f_{\text{peak}}^{\text{GW}} \right)$$



Using Bulk flow model: Konstandin, Jinno, Takimoto, ...

# EW bubble and EWBG



Relation BAU and velocity:

$$\text{BAU} \rightarrow 0, \quad v_w \rightarrow 1$$

Credit: T. Konstandin [1302.6713]

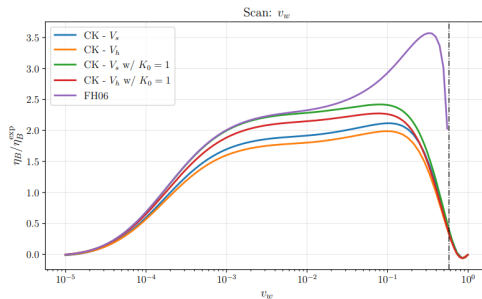
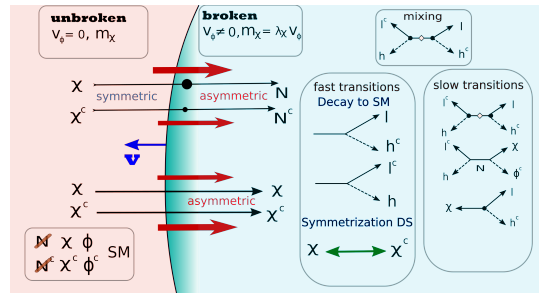


Figure: Credit: Giulio Barni

# Phase transition induced leptogenesis

$$\sum_{iI} \underbrace{\left( Y_{iI}(\phi \bar{\chi}_i) P_L N_I + Y_{iI}^* \bar{N}_I P_R (\phi^\dagger \chi_i) \right)}_{\text{production sector}} - V(\phi) + \underbrace{\sum_i \lambda_\chi \phi \bar{\chi}_i^c \chi_i}_{\text{Majorana mass}} + \sum_I M_I \bar{N}_I N_I + \underbrace{\sum_{\alpha I} y_{\alpha I} (H \bar{L}_{\alpha, SM}) P_R N_I}_{\text{CP-violation}}$$

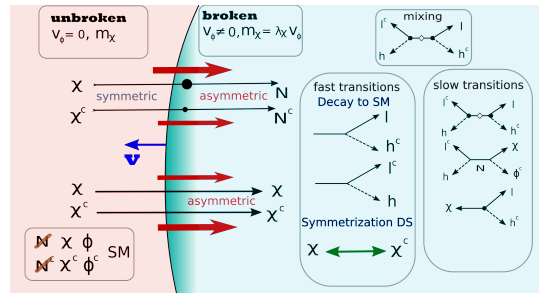
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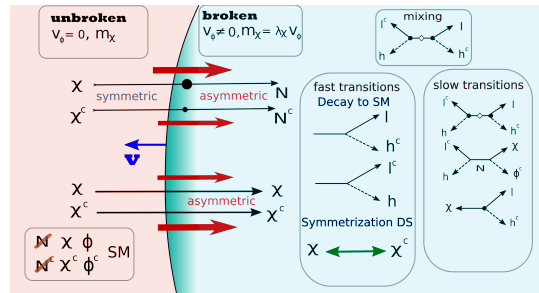




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- $\frac{\Delta n_L}{s} \sim \sum_{iI\alpha} \epsilon_{iI} \times \frac{\theta_{iI}^2}{g_*} \left( \frac{T_{nuc}}{T_{reh}} \right)^3 \times \frac{|y_{I\alpha}|^2}{|y_{I\alpha}|^2 + |Y_{iI}|^2}$

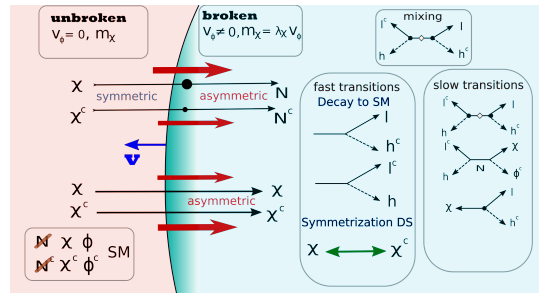


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- Wash-outs impose:

$$10^9 \text{ GeV} \lesssim v \lesssim 10^{13} \text{ GeV}, \quad \frac{\lambda_\chi v}{T_{reh}} \gtrsim 15$$



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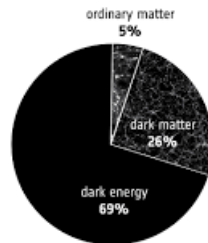
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- EDM bounds are relaxed
- Typical GW signal from this scenario is enhanced: likely observable in LISA

# Production of Dark Matter



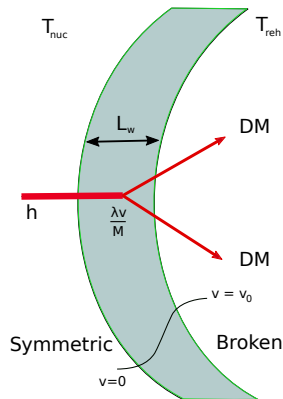
## Production of Dark Matter

[arXiv:2101.05721] with *Aleksandr Azatov* and *Wen Yin*



# Production mechanism [2101.05721]

- Portal Dark Matter:  $\mathcal{L} \supset -\frac{\lambda}{2} h^2 \phi^2 - M_\phi^2 \phi^2 - V(h)$



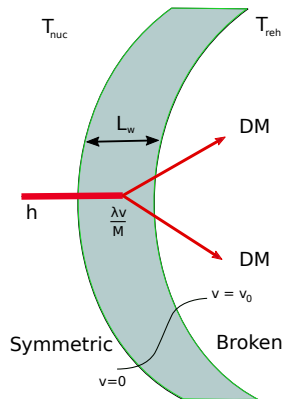
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- Non-vanishing VEV:

$$h \rightarrow h + v$$

trilinear coupling

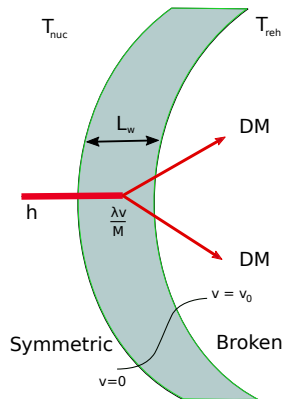
$$\mathcal{L} \supset -\lambda v h \phi^2$$



# Production mechanism [2101.05721]

- Portal Dark Matter:  $\mathcal{L} \supset -\frac{\lambda}{2}h^2\phi^2 - M_\phi^2\phi^2 - V(h)$
- Non-vanishing VEV:  
 $h \rightarrow h + v$  trilinear coupling  $\boxed{\mathcal{L} \supset -\lambda v h \phi^2}$
- In the *wall frame*:  $E_h \sim p_{z,h} \sim \gamma_{wp}T \gg T$

$$P_{h \rightarrow \phi\phi} \sim \frac{\lambda^2 v^2}{M_\phi^2} \Theta(\gamma_{wp}T - M_\phi^2 L_w)$$



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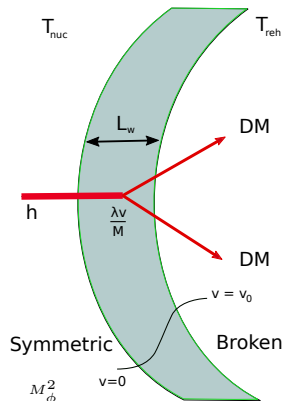
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- Behind the wall, accumulation of relics  $\phi$

$$n_\phi^{\text{BE}} \approx \frac{T^3}{12\pi^4} \frac{\lambda^2 v^2}{M_\phi^2} e^{-\frac{M_\phi^2}{2vT\gamma_{wp}}} + \mathcal{O}(1/\gamma_w)$$

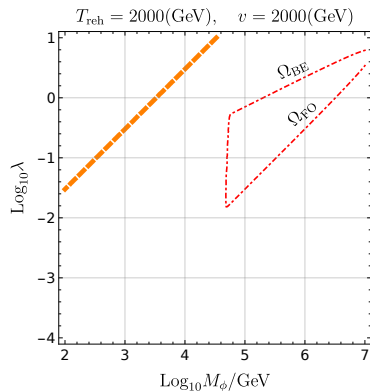
$$\Rightarrow \Omega_{\phi,\text{BE}}^{\text{today}} h^2 \approx 5.4 \times 10^5 \times \left( \frac{1}{g_{\star S}(T_{\text{reh}})} \right) \left( \frac{\lambda^2 v}{M_\phi} \right) \left( \frac{v}{\text{GeV}} \right) \left( \frac{T_{\text{nuc}}}{T_{\text{reh}}} \right)^3 e^{-\frac{M_\phi^2}{2vT\gamma_{wp}}}$$



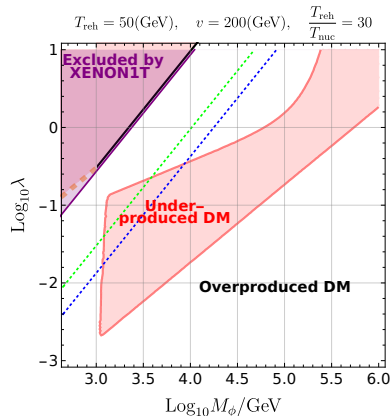
# The DM is Heavy ...

[2101.05721]: Azatov, Yin, MV

$h$  is a dark Higgs



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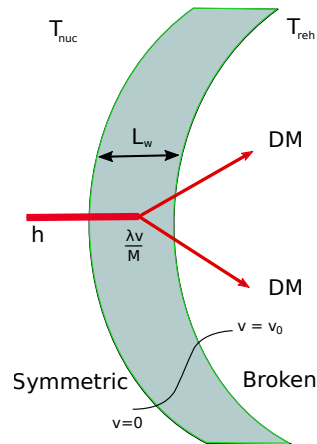
... and fast !

[2207.05096]: Baldes, Gouttenoire, Sala

- Warm Dark Matter

$$V_{\text{eq}} \lesssim 4.2 \times 10^{-5} \quad \text{From Lyman-}\alpha$$

$$\Rightarrow M_{\text{WDM}} \sim \text{keV}$$



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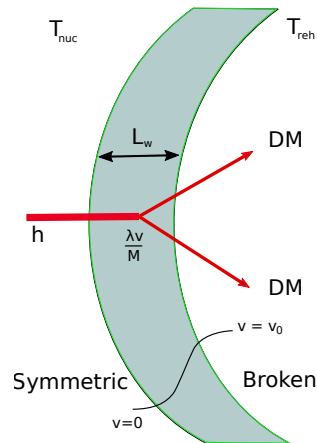
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$$\bar{E}_{\phi, \text{plasma}} \approx \frac{1}{2} \frac{M_{\phi}^2}{T_{\text{nuc}}}$$



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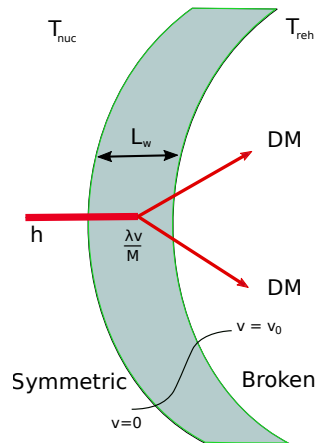
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$$V_{\text{eq}} \approx 0.3 \frac{T_{\text{eq}} \bar{E}_{\phi}}{T_{\text{reh}} M_{\phi}} \approx 10^{-10} \frac{\text{GeV} \times M_{\phi}}{T_{\text{reh}} T_{\text{nuc}}}$$





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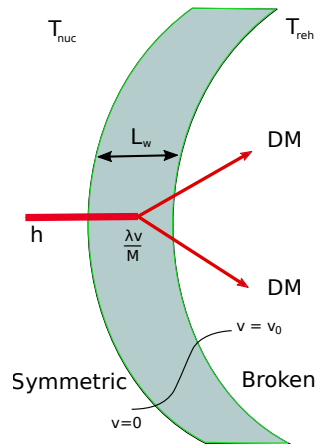
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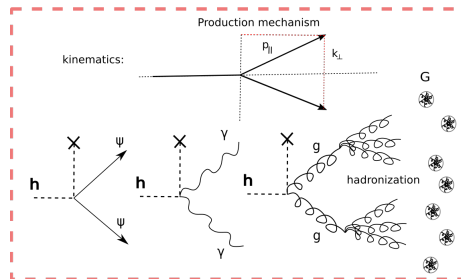
- Heavy WDM for

$$V_{\text{eq}} \sim 10^{-5}, \quad v \sim 10^2 \text{ GeV}, \quad M_{\phi} \sim 10^8 \text{ GeV}$$



# Secluded sectors ?

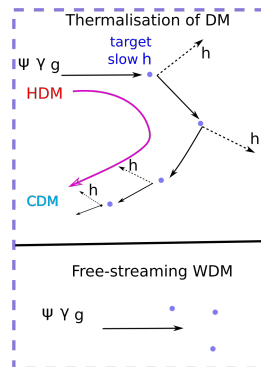
[2101.05721]: Azatov, Yin, MV, [2406.12554]:Azatov, Yin, Nagels, MV



$$\frac{\lambda}{2} h^2 \phi^2, \quad \frac{h^2 \psi \bar{\psi}}{\Lambda}, \quad \frac{h^2 F F}{\Lambda^2}$$

$$P_{h \rightarrow \psi \bar{\psi}}(p_0) \approx |V|^2 \Theta(1 - \Delta p_z L_w) \Theta(\Lambda^2 - 2p_0 v)$$

$$h \rightarrow \phi\phi, \psi\bar{\psi}, \gamma\gamma,$$



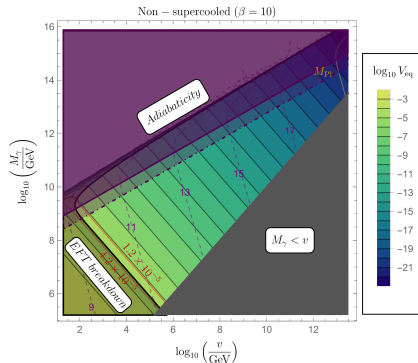
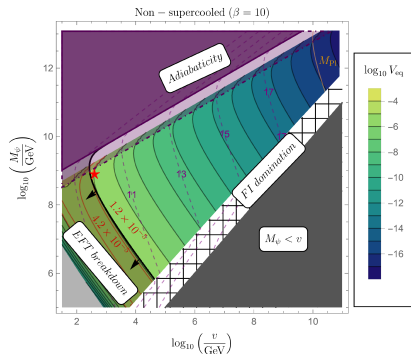
- Free-streaming regime
- Thermalised regime
- Transition between the regimes

# Secluded sectors ?

[2101.05721]: Azatov, Yin, MV, [2101.05721]:Azatov, Yin, Nagels, MV

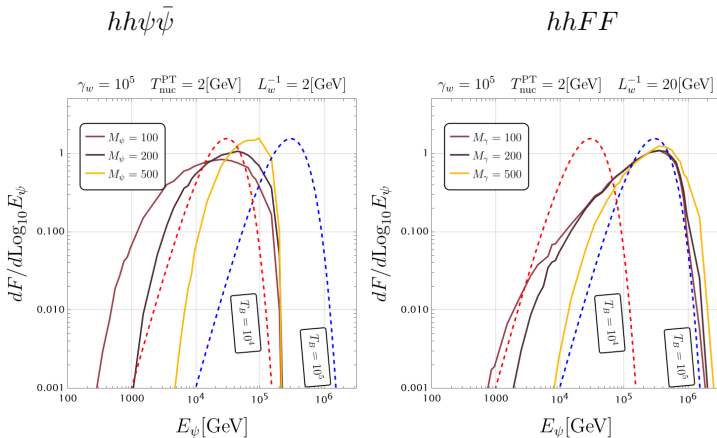
$$\gamma_w(R) \approx \frac{2R}{3R_{\text{nuc}}} \quad \rightarrow \quad \gamma_w^{\text{coll}} \approx 0.06 \frac{M_{\text{pl}} T_{\text{nuc}}}{\beta v^2}$$

EFT bound :  $s \approx \gamma_w T v < \Lambda^2$ ,      adiabaticity :  $s > M^2$



## DM from bubble wall

[2101.05721]: Azatov, Yin, MV, [2406.12554]: Azatov, Yin, Nagels, MV



## About the pressure on the bubble wall

# About the velocity of the bubble wall

# The problem at hand

In vacuum:  $\gamma_w \propto \frac{R}{R_{\text{initial}}} \approx RT_{\text{nuc}} \rightarrow \frac{M_p}{\beta v}$  (Runaway)

$$\gamma_w \equiv \frac{1}{\sqrt{1 - \xi_w^2}}$$

In plasma:  $\Delta V = \underbrace{\Delta \mathcal{P}(\gamma_w = \gamma_w^{MAX})}_{??}$  (Runaway or terminal velocity)

Code for  $v_w, L_w$ : [2411.04970]: Ekstedt, Gould, Hirvonen, Laurent, Niemi, Van de Vis

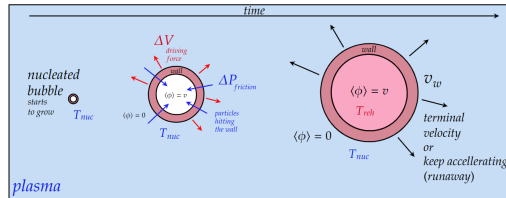


Figure: Credit: Giulio Barni, thanks to him

# Kinetic vs. kick (big thanks to Matthias Carosi for the slides)

Two main approaches exist for studying the dynamics of a single bubble

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## **Kinetic picture**

[Moore and Propokopec '95]

Set of dynamical equations

$$\begin{cases} \square\varphi + U'(\varphi) + \sum_i \frac{\partial m_i^2}{\partial \varphi} \int_{\vec{p}} \delta f_i(\vec{p}, x) = 0 \\ \frac{\partial f_i}{\partial t} = -\mathcal{C}_i[f, \varphi] \end{cases}$$



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[Dine et al. '92, Bodeker and Moore '09, '17]

Pressure from the flux of particles

$$\mathcal{P}_{\text{kick}} = \sum_{i,X} \int_{\vec{p}} \partial \mathbb{P}_{i \rightarrow X}(\vec{p}) f_i(\vec{p}) \Delta p_{\perp, i \rightarrow X}$$

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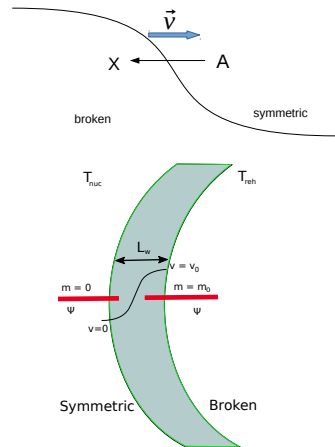
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Why would we care about processes which are higher order in the couplings?

# Pressure from 1 to 1 (Relativistic regime)

- $1 \rightarrow 1, A = X$  with  $m_h > m_s$ :

$$\frac{dE}{dz} = 0, \quad E = \sqrt{p_{\perp}^2 + p_z^2 + m^2(z)}$$



# Pressure from 1 to 1 (Relativistic regime)

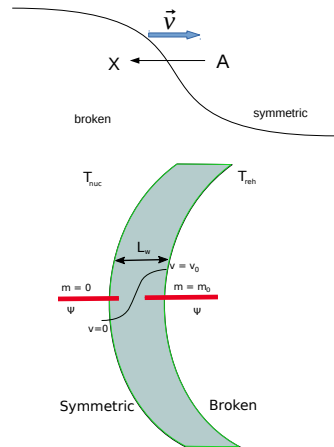
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$$\int dP_{A \rightarrow A} \rightarrow 1, \quad (p_h^Z - p_s^Z) \approx -\frac{\Delta m_i^2}{2E}$$

$$\Rightarrow \boxed{\mathcal{P}_{1 \rightarrow 1} \rightarrow \sum_i \frac{\Delta m_i^2 T^2}{24}}, \quad \Delta m_i^2 \equiv m_{bro,i}^2 - m_{sym,i}^2$$



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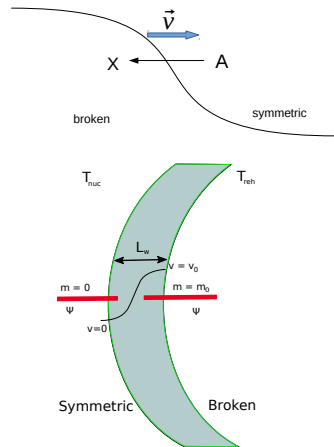
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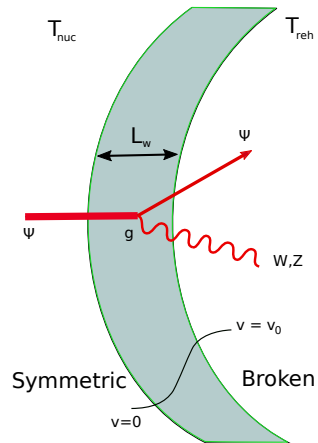
- Entering in the wall ? need  $p_{z,s} \sim \gamma T > \Delta m$

$$\gamma T \gg \Delta m$$



# Pressure by splitting

- NLO relativistic pressure; gauge bosons  $V$  [1703.08215]



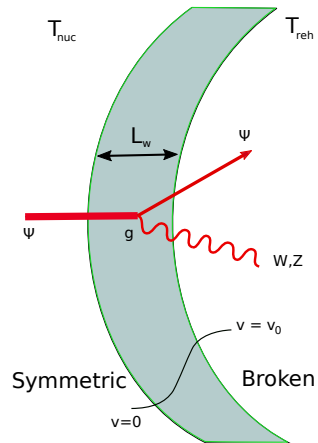


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$$\int dP_{A \rightarrow V A} \sim \begin{cases} 0 & \text{if TS} \\ \frac{g^3 v}{16\pi^2} & \text{Wall breaks TS} \end{cases}$$



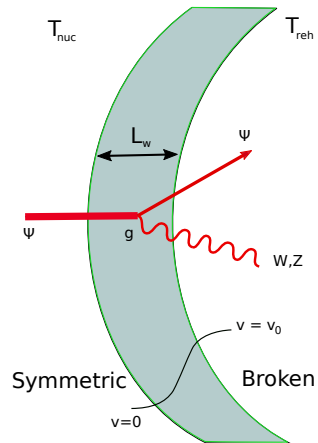
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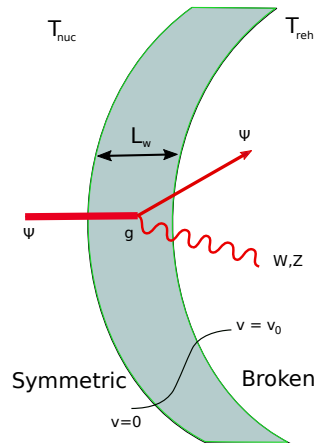
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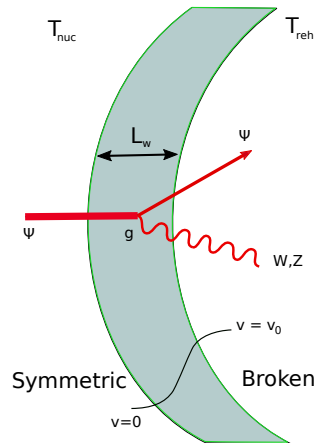
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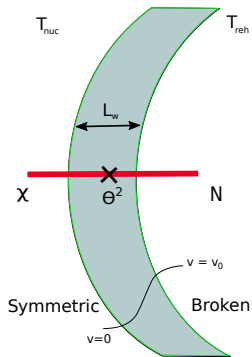
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- What about  $1 \rightarrow N$ ?: claim  $\mathcal{P}_{1 \rightarrow N} \sim \alpha \gamma^2 T^4$  in [arXiv:2007.10343] but disputed in [arXiv:2010.02590] and in [arXiv:2112.07686]:  $\mathcal{P}_{1 \rightarrow N} \approx \mathcal{P}_{1 \rightarrow 2} \times \log \frac{v}{T}$



# Pressure by mixing with heavy states [2010.02590]

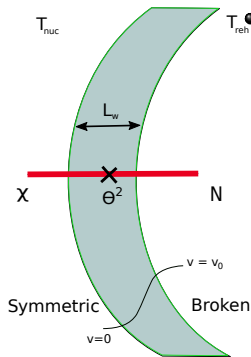
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$$\Delta P_{X \rightarrow N} \sim \frac{Y^2 v^2}{M_N^2}, \quad \langle \phi \rangle \equiv v$$

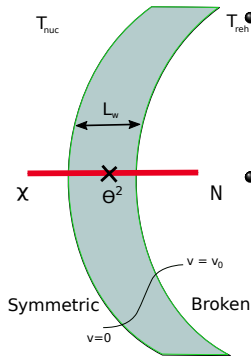
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$$\Delta P_{\chi \rightarrow N} \sim \frac{Y^2 v^2}{M_N^2}, \quad \langle \phi \rangle \equiv v$$

- $p_\chi = (E, 0, 0, E)$      $p_N = (E, 0, 0, \sqrt{E^2 - M_N^2})$      $\Rightarrow \Delta p \sim \frac{M_N^2}{2\gamma T}$



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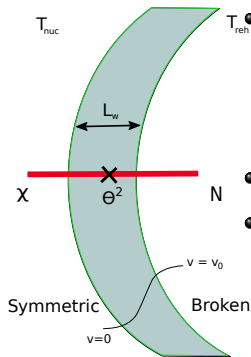
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- Non-adiabatic regime;  $\Delta p L_w < 1 \Rightarrow$  multiply by  $\Theta(\gamma T - M_N^2 L_w)$





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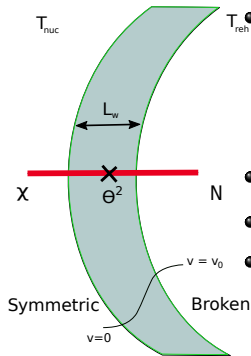
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- Pressure on the wall

$$\Delta \mathcal{P}_{mixing} \approx \frac{Y^2 T^2 v^2}{48} \Theta(\gamma T - M^2 L_w)$$

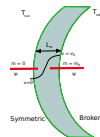
**Pressure depends on  $M$  only in the  $\Theta$ -function**



# How to compute the velocity of the bubble wall ? Contributions

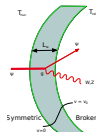
Mass Gain pressure [0903.4099], BM

$$\Delta\mathcal{P}_{LO} \approx \sum_i \frac{\Delta m_i^2 T^2}{24}, \quad \Delta m_i^2 \equiv m_{bro,i}^2 - m_{sym,i}^2$$



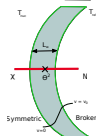
Soft bosons emission pressure [1703.08215], BM

$$\Delta\mathcal{P}_{NLO} \sim \sum_i g_i \frac{g_{\text{gauge}}^3 v}{16\pi^2} \gamma_{wp} T^3$$



Mixing pressure [2010.02590]  $\Delta p_z \sim \frac{M^2}{2E}$

$$\Delta\mathcal{P}_{\text{mixing}} \sim \frac{Y^2 v^2 T^2}{48} \Theta(\gamma_{wp} T_{\text{nuc}} - M^2 L_w)$$



Regime of expansion:

$\Delta V > \Delta\mathcal{P}_{\text{tot}}$  : Runaway

VS

$\Delta V = \Delta\mathcal{P}_{\text{tot}} (\gamma = \gamma_{\text{ter}})$  : Terminal velocity

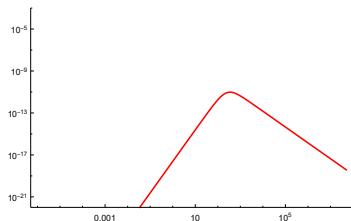
# Different regimes give different GW signal

Transition strong enough for relativistic walls :  $\Delta V > \Delta \mathcal{P}_{LO}$

**Runaway regime:** acceleration until collision



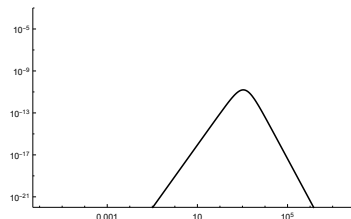
Energy in the thin bubble wall: *scalar field*



**Terminal velocity regime:**  $\gamma \rightarrow \gamma^{MAX}$

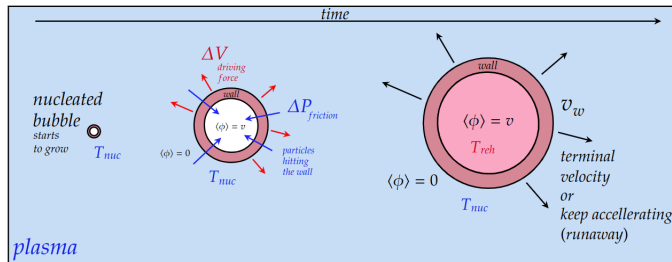


Energy in the plasma through *sound waves*



Observable effects ??

# Bubble dynamics from first principles



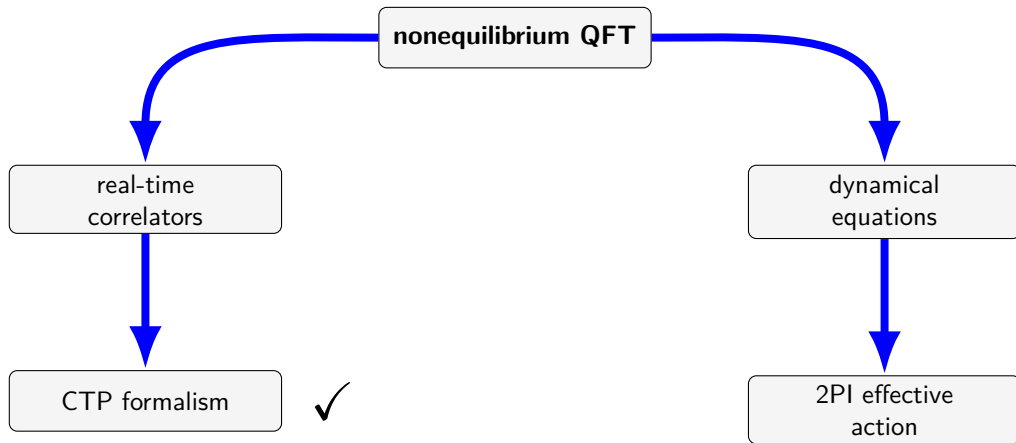
# Bubble dynamics from first principles

[arXiv: 2504.13725] with *Wen-Yuan Ai, Matthias Carosi, Bjorn Garbrecht and Carlos Tamarit*

# Bubble dynamics from first principles

**Goal:** develop a description of the bubble expansion from first principles using *nonequilibrium quantum field theory* and bridge the gap between kinetic and kick approaches.

# The tools of nonequilibrium QFT



# The in-out formalism

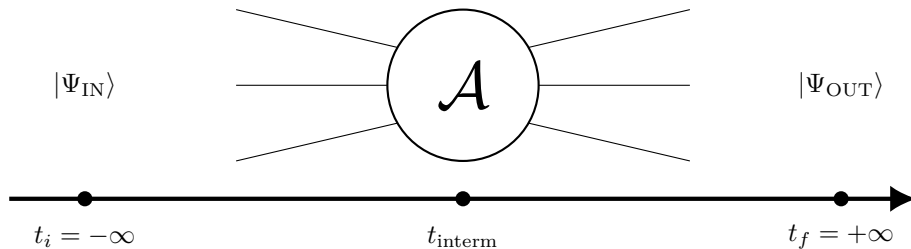
# The in-out formalism

The path integral formulation of QFT is built to study transition rates: the *in-out formalism*



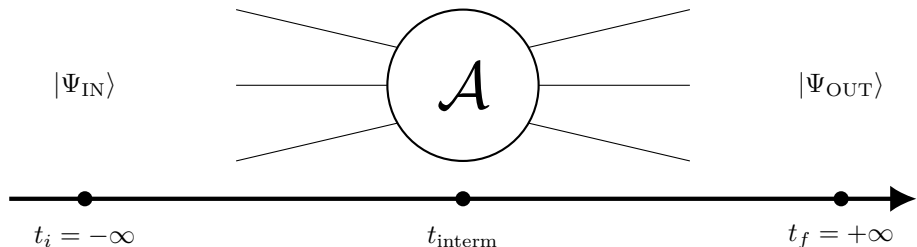
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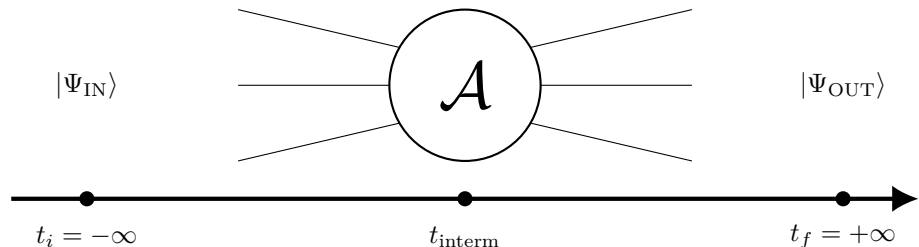


Using it, we compute transition amplitudes between **asymptotic states**

$$\mathcal{A} = \langle \Psi_{\text{OUT}} | \mathcal{O}(\hat{\phi}) | \Psi_{\text{IN}} \rangle = \mathcal{N} \int [\mathcal{D}\phi] \Psi_{\text{OUT}}^*(\phi) \mathcal{O}(\phi) \Psi_{\text{IN}}(\phi) e^{iS[\phi]}$$

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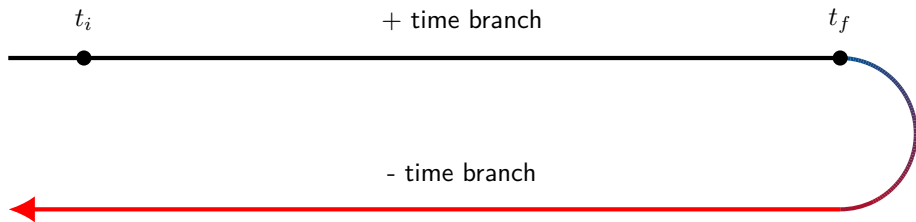
But how can we compute time (and space) dependent correlators?

# The CTP formalism

We obtain the in-in, or *closed time path* (CTP) formalism

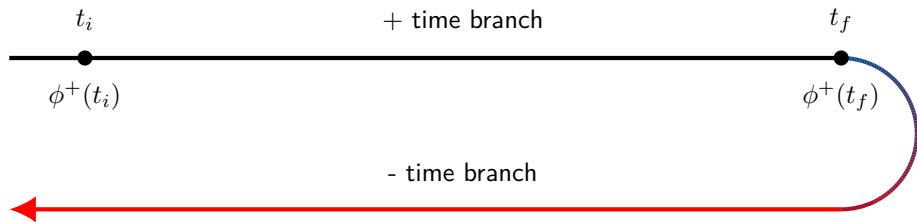
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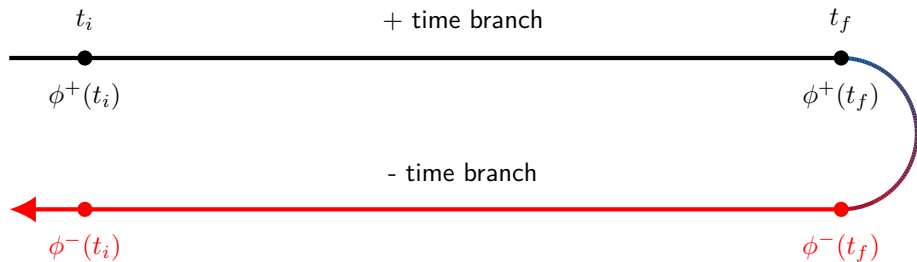
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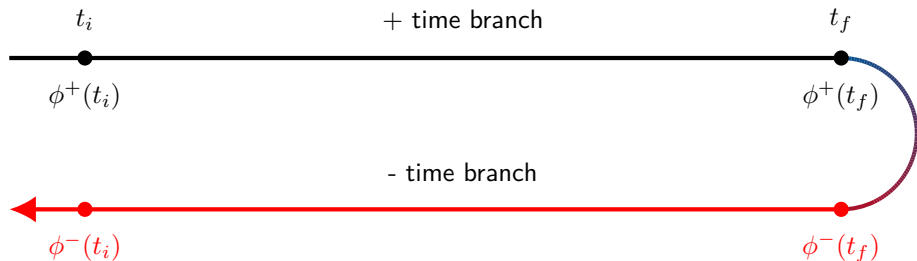
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We introduce the label  $\pm$  for the time branch, double our degrees of freedom, and can now use all the tools from the path integral formalism.



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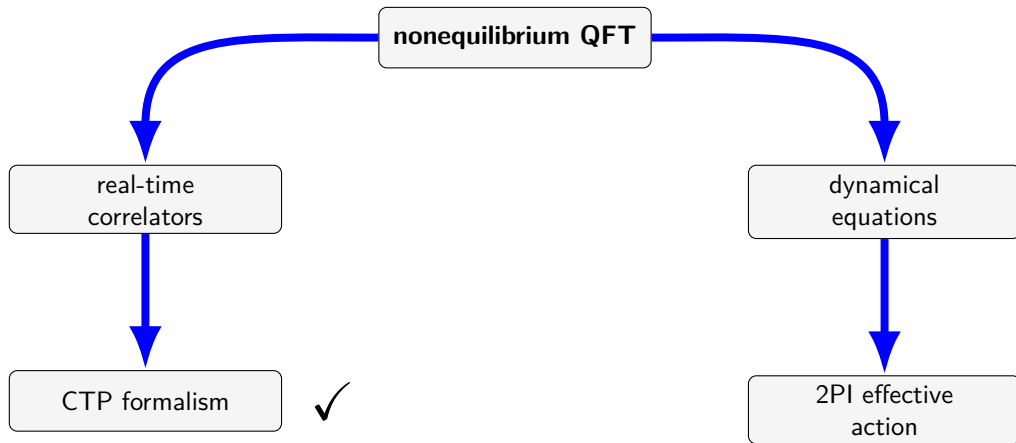
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We can then do perturbation theory, but in particular, we will be interested in generating equations of motion. For this, we work with the effective action.



# The tools of nonequilibrium QFT



# Introducing the 2PI effective action

We introduce the generator of connected one-point functions

$$e^{W[J]} = Z[J] = \int [\mathcal{D}\phi] e^{iS[\phi] + \int_x J(x)\phi(x)}$$

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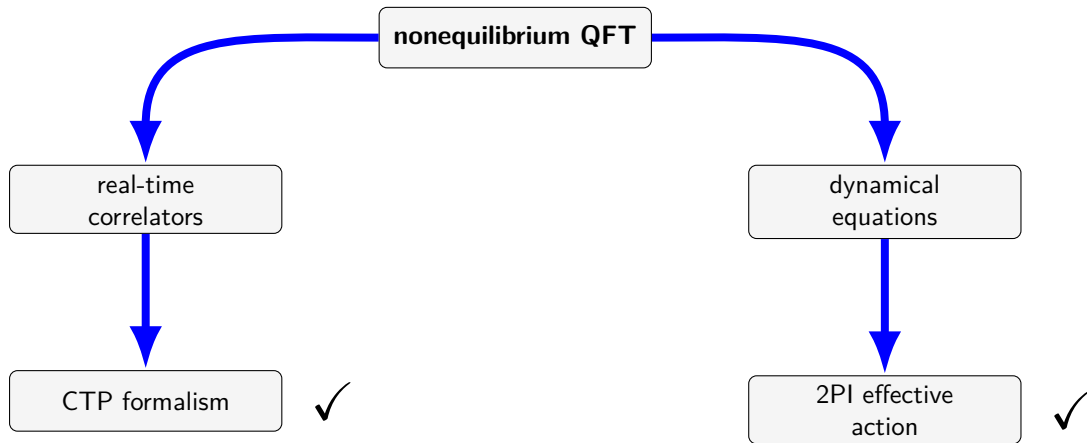
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$$\Gamma_{2\text{PI}}[\varphi, \Delta] = \max_{J, R} -W[J, R] + \int_x J(x)\varphi(x) + \frac{1}{2} \int_{x,y} \Delta(x,y)R(x,y)$$

Equations for the one- and two-point functions are then easily generated

$$\frac{\delta \Gamma_{2\text{PI}}}{\delta \varphi(x)} = 0 \qquad \frac{\delta \Gamma_{2\text{PI}}}{\delta \Delta(x,y)} = 0$$

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2PI effective action + CTP formalism  $\implies$  out-of-equilibrium dynamical equations



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Loop expansion of the effective action:

$$\Gamma_{2\text{PI}}[\varphi^a, \Delta^{ab}] = S[\varphi^+] - S[\varphi^-] + \frac{i}{2} \text{tr} \log \Delta^{-1} + \frac{i}{2} \text{tr} G_{\varphi}^{-1} \Delta + \Gamma_2[\varphi^a, \Delta^{ab}]$$

and the trace runs over the CTP indices as well.

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All terms of loop order larger than two are inside  $\Gamma_2$

$\Gamma_2 \supset$  two-particle-irreducible vacuum diagrams with two or more loops

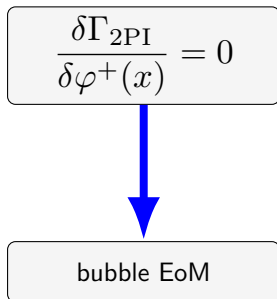
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bubble EoM

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Schwinger-Dyson eqs.  
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We obtain a system of coupled equations that include all **thermal**, **quantum** and **nonequilibrium** effects at the given perturbative order.



# The bubble wall equation of motion

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Having solved for the two-point function at leading order in the gradients, we have the EoM for the bubble wall

$$\square\varphi(x) + U'_0(\varphi(x)) + \frac{1}{2} \frac{\partial m_\varphi^2}{\partial\varphi(x)} \int \frac{\partial^4 k}{(2\pi)^4} \overline{\Delta}^T(k, x) + \int_y \underbrace{\Pi^R(x, y)}_{\sim \frac{\delta^2 \Gamma_2}{\delta\varphi(x)\delta\varphi(y)}} \varphi(y) = 0$$

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- Packing it into a more familiar form

$$\square\varphi(x) + U'(\varphi(x)) + \sum_i \frac{\partial m_i^2}{\partial\varphi(x)} \int_{\mathbf{p}} \delta f_i(\mathbf{p}, x) + \int_y \Pi^R(x, y) \varphi(y) = 0$$

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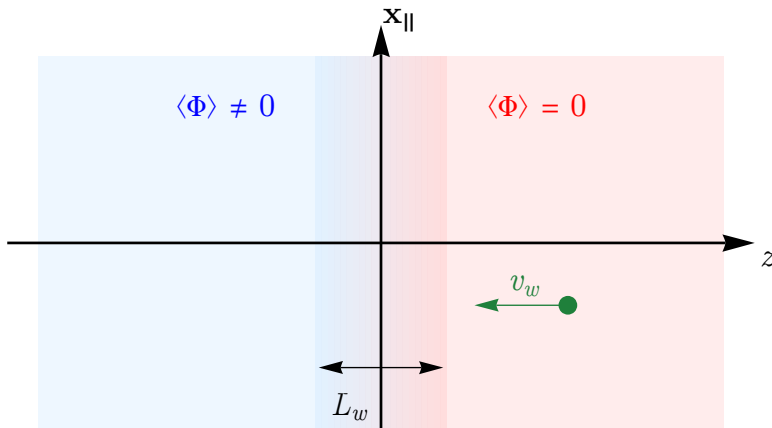
NEW TERM!



# Identifying sources of friction

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In the *stationary planar* wall limit  $\varphi(x) = \varphi(z)$ , with the wall centered at  $z = 0$  **in the wall frame**



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$$\frac{\partial^2}{\partial z^2} \varphi(z) + U'(\varphi(z), T) + \frac{\partial m_\varphi^2}{\partial \varphi(z)} \int_{\vec{k}} \delta f(\vec{k}, z) + \int \underbrace{\partial z' \pi^R(z, z')}_{\int \partial \vec{x}_\parallel \partial \vec{x}'_\parallel \Pi^R(\vec{x}, \vec{x}')} \varphi(z') = 0$$

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$$\Rightarrow \int_{-\delta}^{\delta} \partial z \frac{\partial}{\partial z} \left[ \frac{1}{2} \left( \frac{\partial \varphi(z)}{\partial z} \right)^2 + U(\varphi(z), T) \right] = \int_{-\delta}^{\delta} \partial z \left[ \frac{\partial U}{\partial T} \frac{\partial T}{\partial z} - \frac{\partial m_{\varphi}^2}{\partial z} \int_{\vec{k}} \delta f(\vec{k}, z) - \frac{\partial \varphi(z)}{\partial z} \int \partial z' \pi^R(z, z') \varphi(z') \right]$$

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$$\int_{-\delta}^{\delta} \partial z \frac{\partial}{\partial z} \varphi(z) \left( \frac{\partial^2}{\partial z^2} \varphi(z) + U'(\varphi(z), T) + \frac{\partial m_{\varphi}^2}{\partial \varphi(z)} \int_{\vec{k}} \delta f(\vec{k}, z) + \int \partial z' \pi^R(z, z') \varphi(z') \right) = 0$$

$$\Rightarrow \underbrace{\int_{-\delta}^{\delta} \partial z \frac{\partial}{\partial z} \left[ \frac{1}{2} \left( \frac{\partial \varphi(z)}{\partial z} \right)^2 + U(\varphi(z), T) \right]}_{\Delta U \equiv \mathcal{P}_{\text{driving}}} = \int_{-\delta}^{\delta} \partial z \left[ \frac{\partial U}{\partial T} \frac{\partial T}{\partial z} - \frac{\partial m_{\varphi}^2}{\partial z} \int_{\vec{k}} \delta f(\vec{k}, z) - \frac{\partial \varphi(z)}{\partial z} \int \partial z' \pi^R(z, z') \varphi(z') \right]$$

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# Particle production

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- Introduce a heavy scalar field  $\chi$  in the Lagrangian

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The diagram inside the brackets is a bubble diagram with a solid horizontal line labeled  $\phi$  and a dashed circle labeled  $\chi$ . The diagram to the right of the equals sign is a tree-level diagram with a solid horizontal line labeled  $\phi$  and two dashed lines labeled  $\chi$  branching off from it.

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Fourier tf. of the wall

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$$\mathcal{P}_{\text{vertex}} \approx \underbrace{\text{recall: } \mathcal{P}_{\text{kick}} = \sum_{i,X} \int_{\vec{p}} \partial \mathbb{P}_{i \rightarrow X}(\vec{p}) f_i(\vec{p}) \Delta p_{\perp, i \rightarrow X}}_{\chi} = \left| \begin{array}{c} \phi \\ \swarrow \chi \\ \searrow \chi \end{array} \right|^2$$

$$= \frac{g^2}{2} \int_{\vec{p}, \vec{k}_1, \vec{k}_2} (2\pi)^2 \delta^{(2)}(\vec{p}_{\parallel} - \vec{k}_{1,\parallel} - \vec{k}_{2,\parallel}) (2\pi) \delta(E_{\vec{p}}^{(\phi)} - E_{\vec{k}_1}^{(\chi)} - E_{\vec{k}_2}^{(\chi)}) \times$$

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# The ultrarelativistic regime

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Analytic formula for an ultrarelativistic (tanh) wall  
in the limit of light  $\phi$ -particles

$$\mathcal{P}_{\phi \rightarrow \chi\chi}^{\gamma_w \rightarrow \infty} \approx \frac{g^2 v_b^2 T^2}{24 \times 32\pi^2} \log \left( \frac{\gamma_w T}{2\pi L_w m_\chi^2} \right)$$

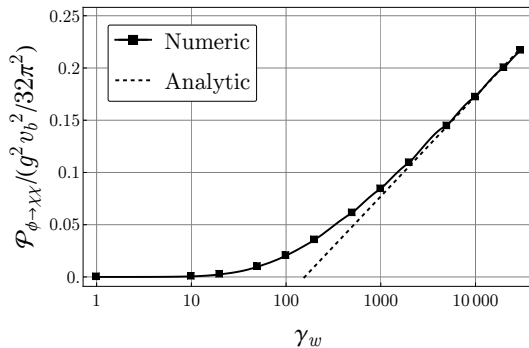
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which approaches the result from the kick picture. Similarly, we show in our work that particle mixing and transition radiation are also captured within this framework.

