Contribution ID: 19 Type: Talk

## Dark energy with the help of interacting dark sectors

Monday 7 April 2025 10:50 (20 minutes)

We analyze theories that do not have a de Sitter vacuum and cannot lead to slow-roll quintessence, but which nevertheless support a transient era of accelerated cosmological expansion due to interactions between a scalar  $\varphi$  and either a hidden sector thermal bath, which evolves as dark radiation, or an extremely light component of dark matter. We show that simple models can explain the present-day dark energy of the Universe consistently with current observations. This is possible both when  $\varphi$ 's potential has a hilltop form and when it has a steep exponential runaway, as might naturally arise from string theory. We also discuss a related theory of multifield quintessence, in which  $\varphi$  is coupled to a sector that sources a subdominant component of dark energy, which overcomes many of the challenges of slow-roll quintessence.

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Session Classification: Contributed talks

Track Classification: UK Cosmo