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Ultrastrong coupling, nonselective measurement and quantum Zeno dynamics

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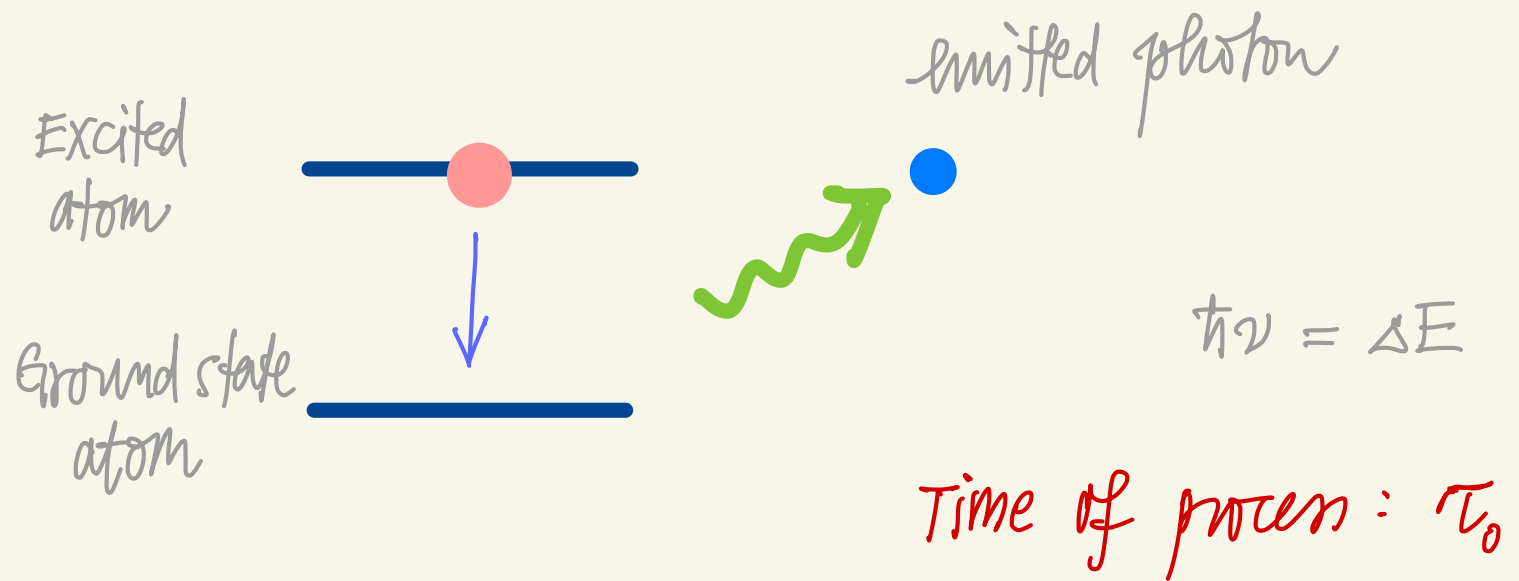
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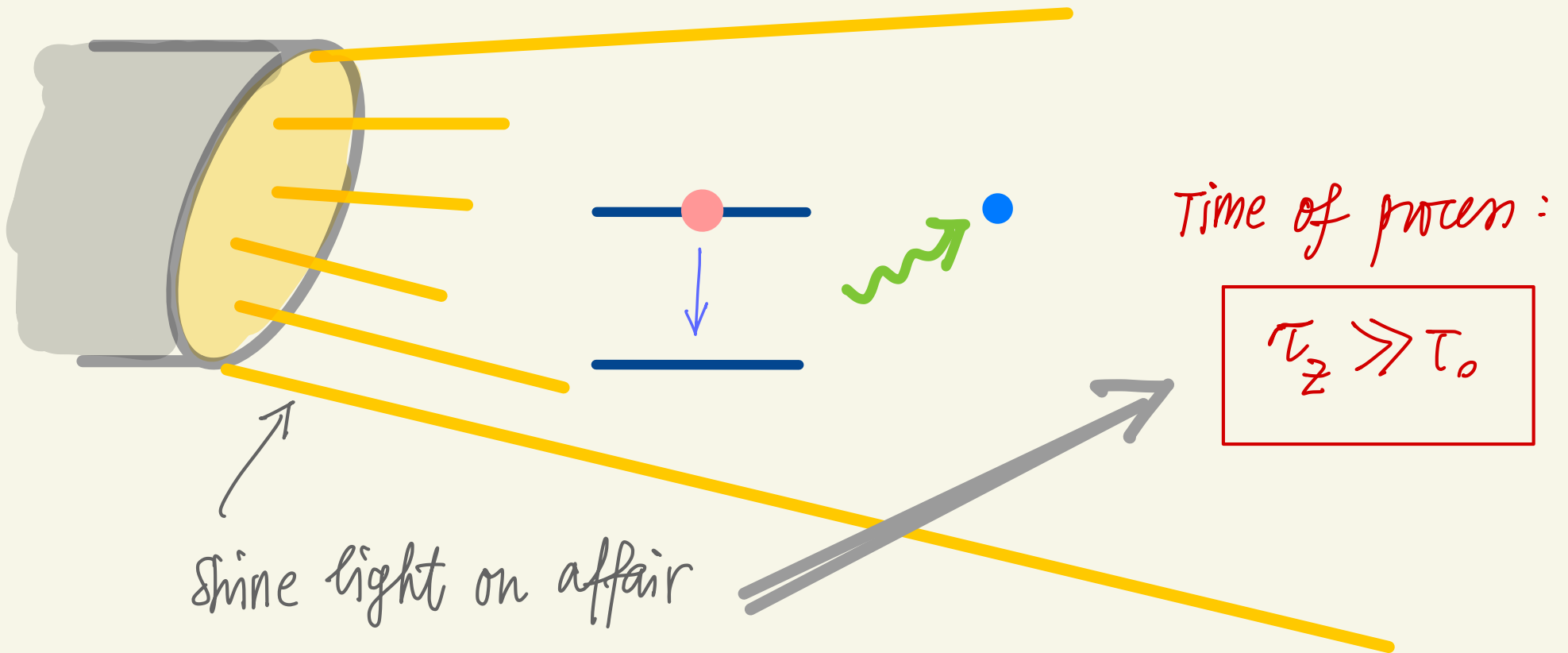
$\langle \lambda \rangle$ quantum *March 2025*

Quantum Zeno effect

If a quantum system is measured frequently then its evolution is slowed down.

Physical reality: atomic de-excitation





Shine light on affair
= observe = measure

Experimentally verified!

Mathematical description

Quantum theory:

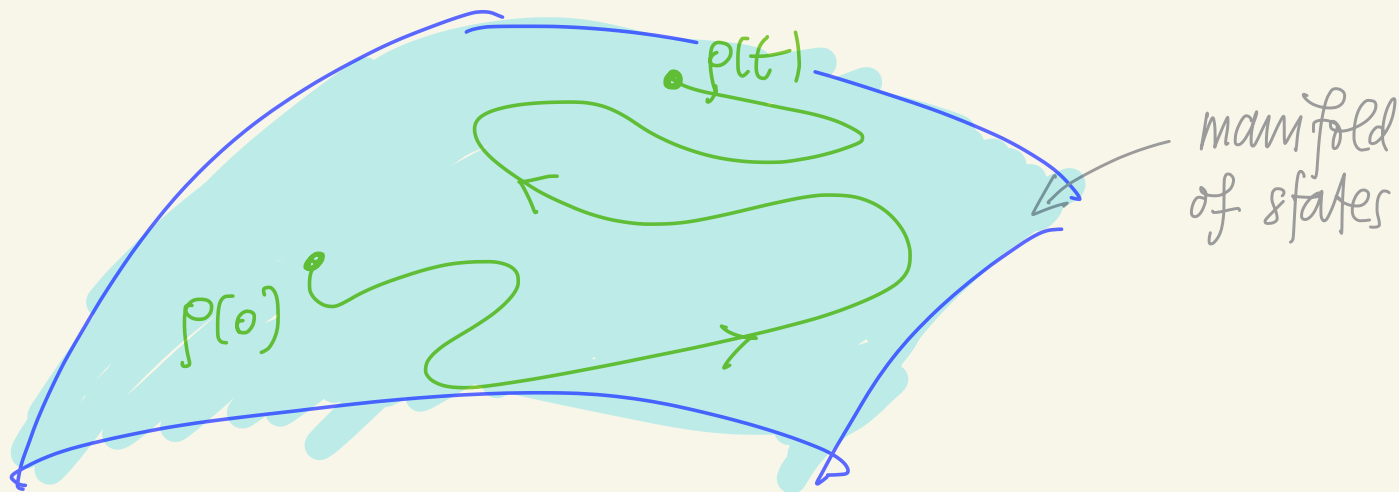
① states of a system are given by a density matrix ρ on a Hilbert space \mathcal{H} .

ρ operator on \mathcal{H} , positive ($\rho \geq 0$), normalized ($\text{tr } \rho = 1$)

② Dynamics of isolated system: given by Schrödinger equation

$$\rho(t) = U_t \rho(0) = e^{-itH} \rho(0) e^{itH}$$

H : Hamiltonian



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Physical quantities \leftrightarrow hermitian operators M on \mathcal{H}
"observables"

$$M = \sum_j m_j P_j$$

↑ ↑
eigenvalues eigenprojections

spectral decomposition

Measurement outcome is m_j with probability $p_j = \text{tr}(P_j \rho)$

If m_j is measured \Rightarrow state collapses to new density matrix

$$\frac{P_j \rho P_j}{p_j} \Rightarrow \underline{\text{Non-selective measurement process}}$$

$$\rho \mapsto \mathcal{E}\rho = \sum_j P_j \rho P_j$$

Process of evolution interspersed with measurements

$$\rho \mapsto \rho(t, N) = (\rho U_{t/N})^N \rho$$

[Misra-Sudarshan '76, Facchi-Pascazio '00, '08, many more]

$$\lim_{N \rightarrow \infty} \rho(t, N) = e^{-itH_Z} \left(\sum_j P_j \rho P_j \right) e^{itH_Z}$$

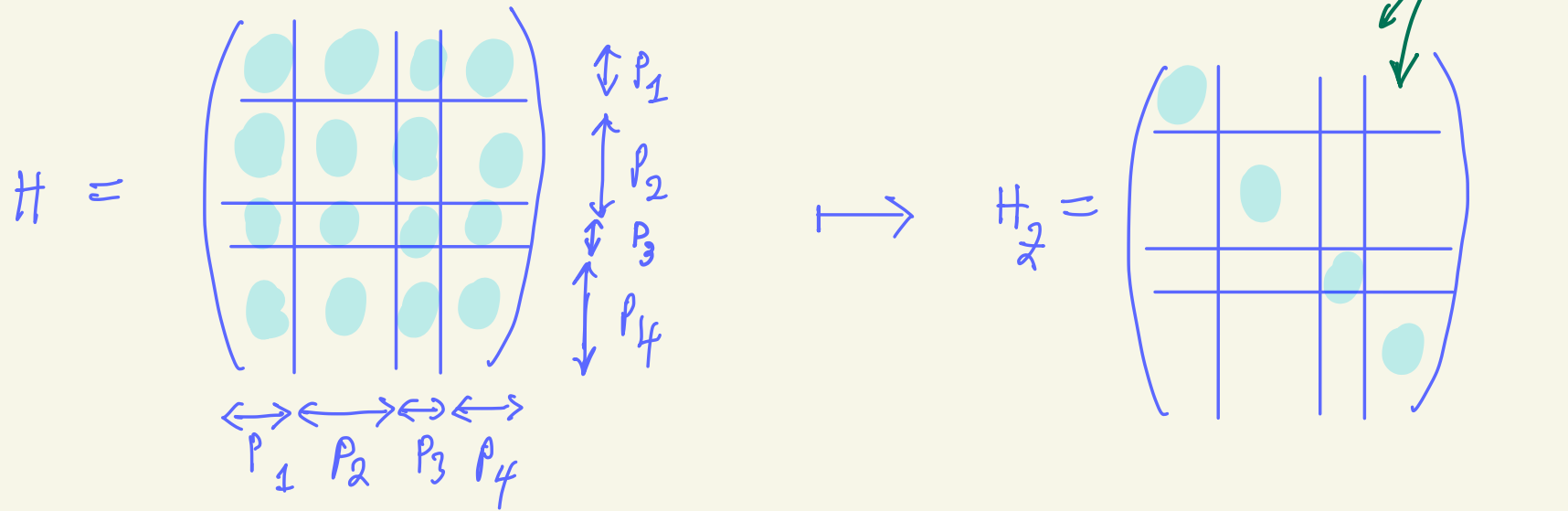
where $H_Z = \sum_j P_j H P_j$

In the limit of infinitely frequent measurements the dynamics is stopped

within so-called Zeno subspaces $\text{Ran } P_n$

Block picture:

$$\mathcal{H} = \bigoplus_j \text{Ran } P_j$$



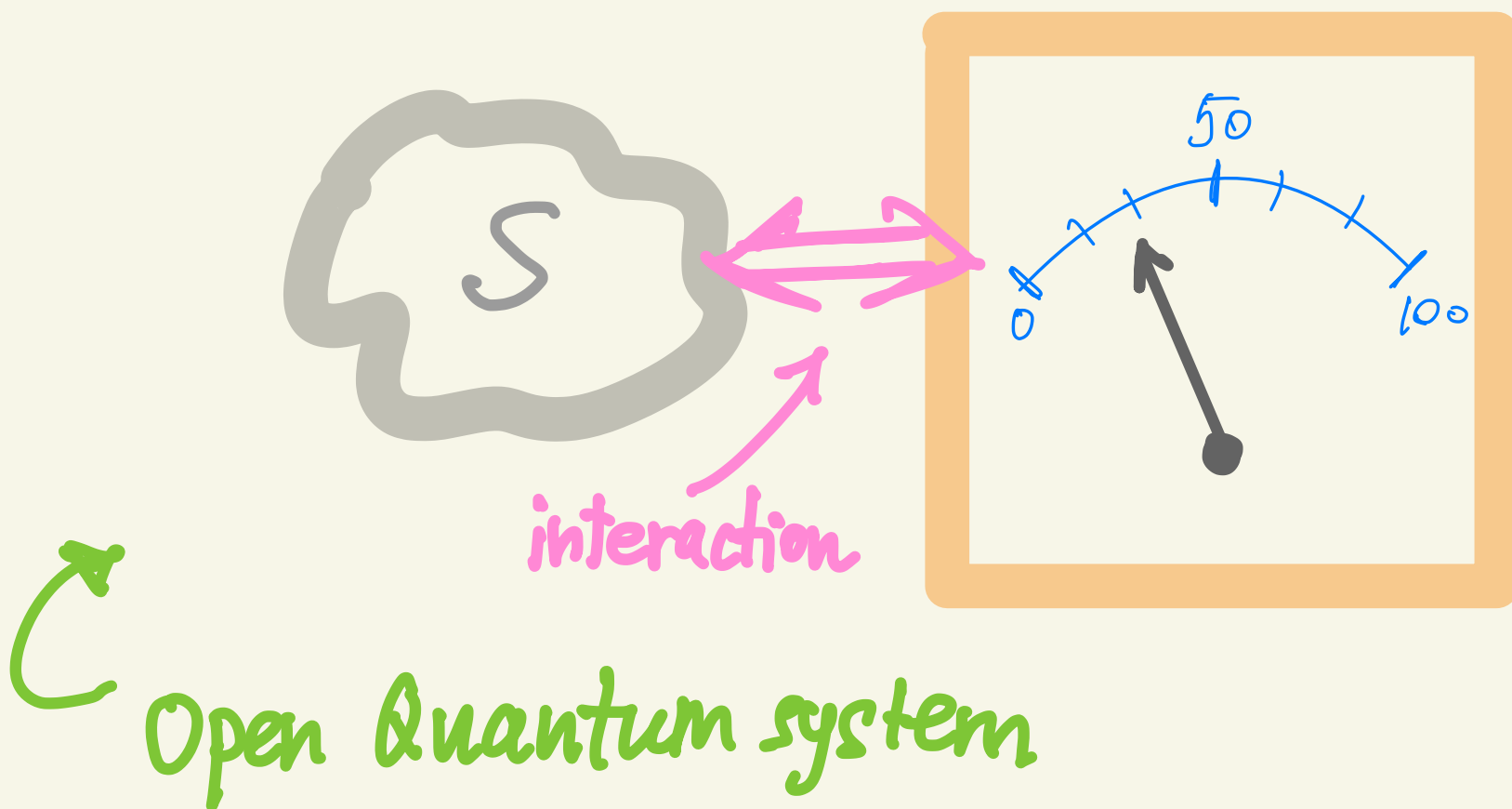
Off-diagonal blocks erased ($=0$) by taking $\sum_j P_j \circ P_j$

Happens for state ρ & dynamics H .

DECOUPLED subspaces. $\dim = 1 \Rightarrow$ no dynamics!

But how do you actually measure a system?

→ You must bring it in contact with a measurement apparatus.

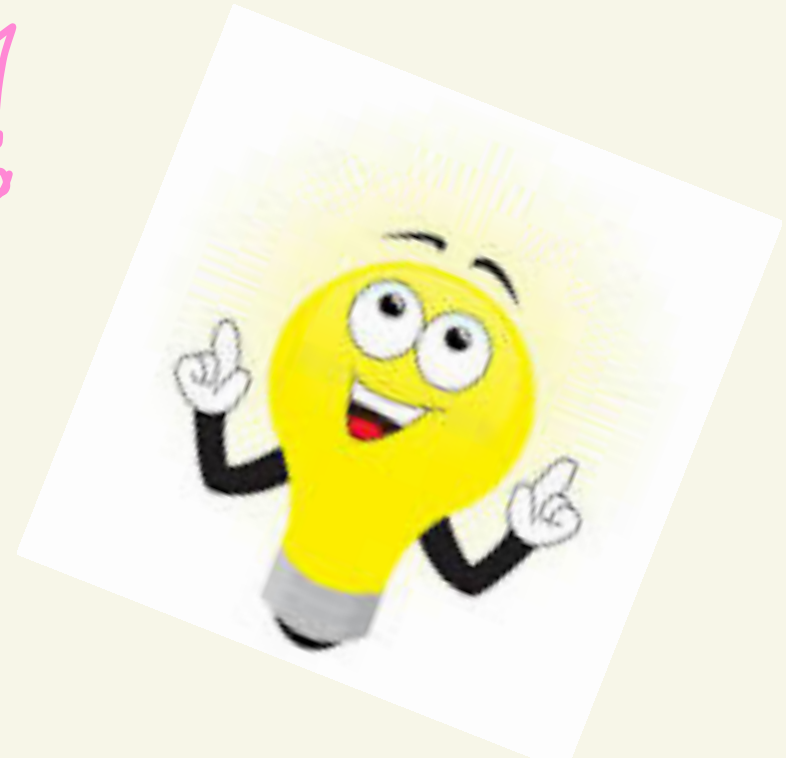


One would then think:



Strong interaction \leftrightarrow zero effect

We show that this is correct!



The model

"Spin-Boson" type.

$$\mathcal{H} = \mathcal{H}_S \otimes \mathcal{H}_R$$

$\mathbb{C}^N \otimes$ Bosonic Fock space over $L^2(\mathbb{R}^3, d^3k)$

$$H = H_S + H_R + \lambda G \otimes \varphi(g)$$

$$G = \sum_n \gamma_n P_n$$

eigenvalues

eigenprojections

$$H_R = \int_{\mathbb{R}^3} \omega(k) a^*(k) a(k) d^3k$$

$$\varphi(g) = \int_{\mathbb{R}^3} (g(k) a^*(k) + \text{h.c.}) d^3k$$

Dynamics of system part : marginal of full SR state:

$$\rho_S(t) = \text{Tr}_R \left(e^{-itH} \underbrace{\rho_S(0) \otimes \rho_R(0)} e^{itH} \right)$$

↑ assumed : Gaussian state.

$\rho_S(0)$: arbitrary system state

$\rho_R(0)$: Gaussian reservoir state:

$$\langle W(f) \rangle_{\rho_R(0)} = e^{-\langle f, \epsilon f \rangle}$$

Conditions : $g(k)$ and $\omega(k)$ continuous in a neighbourhood of some $k_0 \in \mathbb{R}^3$
 $g(k_0) \neq 0$ & $\omega(k)$ not constant around k_0

Our theorem: $\forall t > 0,$

$$\lim_{|\lambda| \rightarrow \infty} \rho_S(t) = e^{-itH_Z} \left(\sum_n P_n \rho_S(0) P_n \right) e^{itH_Z}$$

$$H_Z = \sum_n P_n H_S P_n$$

- Ultrastrong coupling with R induces Zeno dynamics
— measurement of coupling operator G
- The system dynamics does not depend on details of reservoir !!!

Main tool in proof:

Dyson series

$$H = H_S + H_R + \lambda G \otimes \Psi = H_S + K$$

$= K$

① Compare dynamics generated by H and by K :

$$e^{-itH} = \left[\mathbb{1} + \sum_{n \geq 1} i^n \int_{0 \leq t_n \leq \dots \leq t_1 \leq t} H_S(t_n) \dots H_S(t_1) \right] e^{-itK}$$

where $H_S(t) = e^{-itK} H_S e^{itK}$.

Then

$$\rho_S(t) = \text{tr}_R \left[e^{-itH} \left(\rho_S(0) \otimes \rho_R(0) \right) e^{itH} \right]$$

$$= \text{tr}_R \left[\left[\mathbb{1} + \sum_{n \geq 1} i^n \int \dots \right] e^{-itK} \left(\rho_S(0) \otimes \rho_R(0) \right) e^{itK} \left[\mathbb{1} + \sum_{n \geq 1} (-i)^n \int \dots \right]^* \right]$$

Only terms $e^{itK} \times e^{-itK}$ are present

② Dynamics generated by e^{itK} is "easy" for $|\lambda| \rightarrow \infty$.

③ Take $|\lambda| \rightarrow \infty$ in each term of series

④ Resum the series to get final result.

Core point of ②:

For X : operator on system

$$e^{itK} X e^{-itK}$$

$$\stackrel{=}{=} \underbrace{\sum_{m,n} P_m X P_n}_{S} \otimes \underbrace{e^{it(H_R + \lambda \gamma_m \varphi)} e^{-it(H_R + \lambda \gamma_n \varphi)}}_R$$

$$K = H_R + \lambda G \otimes \varphi, \quad G = \sum_n \gamma_n P_n$$

core point of ③ : Take marginal over reservoir :

$$\text{tr}_R \left(\rho_A^{(0)} e^{it(H_R + \lambda \gamma_m \varphi)} e^{-it(H_R + \lambda \gamma_n \varphi)} \right) \sim e^{-\lambda^2 |\gamma_m - \gamma_n|^2 f(t)}$$

$$\xrightarrow{|\lambda| \rightarrow \infty} \begin{cases} 0 & \gamma_m \neq \gamma_n \\ 1 & \gamma_m = \gamma_n \end{cases}$$

some nonzero
function of t

This selects terms $m=n$ only ($|\lambda| \rightarrow \infty$)

$$\Rightarrow \lim_{|\lambda| \rightarrow \infty} \text{tr}_R \left(\rho_A^{(0)} e^{itK} \chi e^{-itK} \right) = \sum_n P_n \chi P_n$$

Using this property in every term of (double) series

$$\lim_{|\lambda| \rightarrow \infty} \rho_S(t) = \lim_{|\lambda| \rightarrow \infty} \text{tr}_R \left[\mathbb{1} + \sum_{n \neq 1} i^n \int \dots \right] e^{-itk} \left(\rho_S(0) \otimes \rho_R(0) \right) e^{itk} \left[\mathbb{1} + \sum_{n \neq 1} (-i)^n \int \dots^* \right]$$

gives a new series which can be resummed to yield

$$\lim_{|\lambda| \rightarrow \infty} \rho_S(t) = e^{-itH_2/2} \left(\sum_n P_n \rho_S(0) P_n \right) e^{itH_2/2}$$

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# Upshot

Quantum Zeno dynamics  $\equiv$  Dynamics of system interspersed with frequent measurements  $\mathcal{P}$ . Limit of infinitely frequent measurements yields

$$\rho(t) = e^{-itH_2/2} (\mathcal{P} \rho(0)) e^{itH_2/2}$$

This formalism • does not model actual measurement apparatus  
• assumes measurement process is instantaneous (apply  $\mathcal{P}$  by hand!)

$\Rightarrow$  We introduce open system model where system couples strongly to environment. In ultrastrong coupling limit ( $|g| \rightarrow \infty$ ) system dynamics is shown indeed to equal

**EFFECT IS LARGELY INDEPENDENT OF DETAILS OF ENVIRONMENT.**