

Gravitational time dilation, free fall, and matter waves

Outline:

- Ocean waves vs. de Broglie waves:
- gravitational time dilation explains the free fall
- motion along geodesics follows; not postulated

Gravitational time dilation, free fall, and matter waves

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Gravitational time dilation



$$\Delta t = \frac{gh}{c^2} t$$

h

Example: a weekend trip from Seattle to Mount Rainier,
 $t = 40$ hours, elevation $h = 1340$ metres,

$$\Delta t = \frac{gh}{c^2} t = \frac{9.8 \cdot 1340}{9 \cdot 10^{16}} 40 \cdot 3600 \text{ s} = 21 \text{ ns.}$$



For $h = 1$ cm, $\Delta t/t = 10^{-18}$

This tiny difference of time flow makes things fall!

How does this tiny difference cause falling?

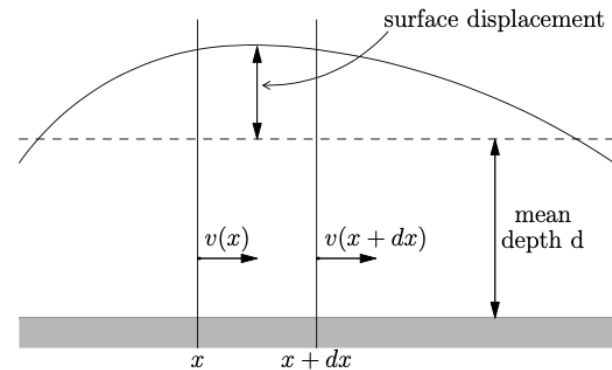
Matter waves evolve faster at a higher elevation.

Intuitive example: ocean waves; why do they always approach the beach?

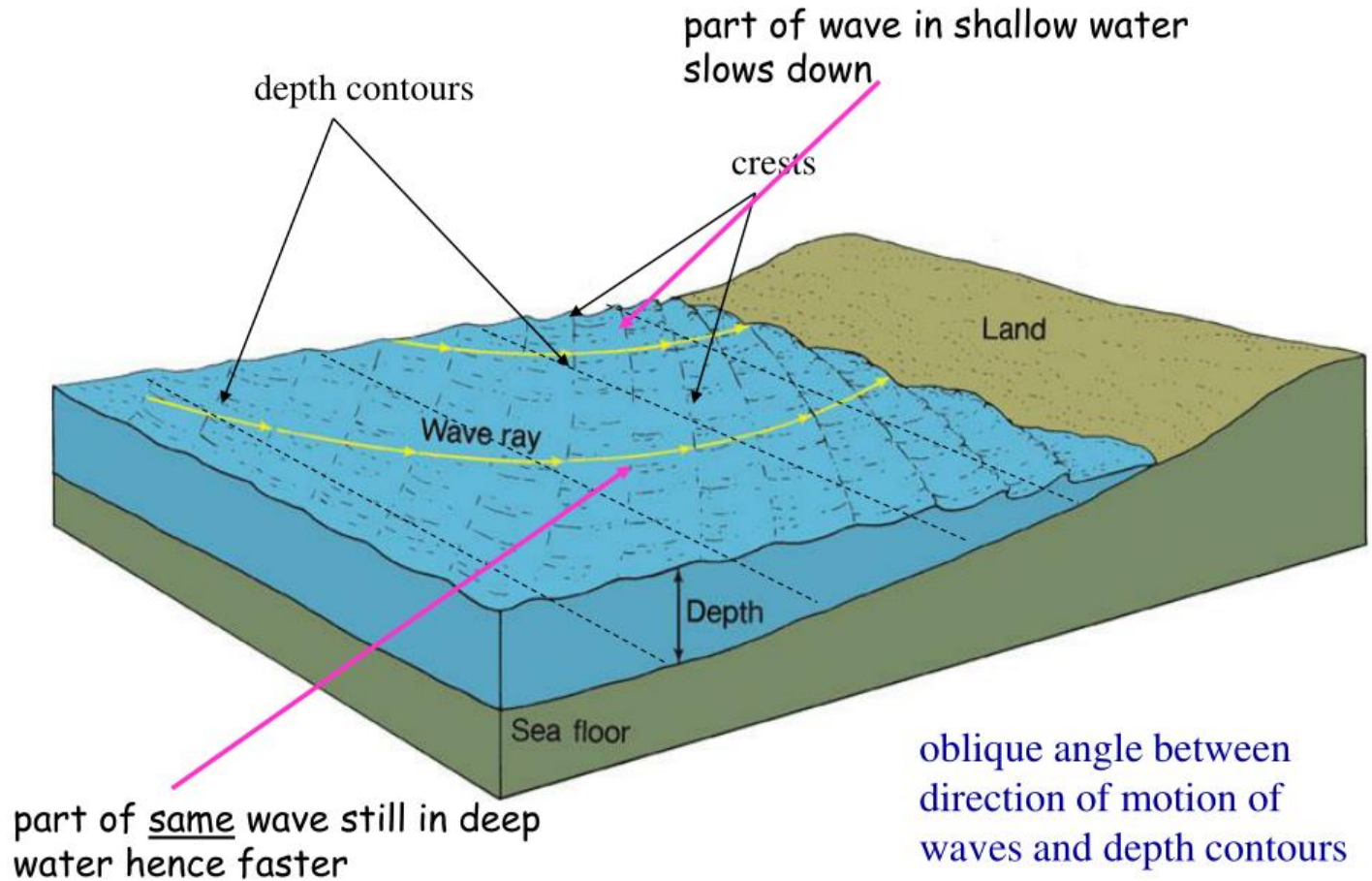


Reason: waves are slower in shallower water,

$$gd \frac{\partial^2 \zeta}{\partial x^2} = \frac{\partial^2 \zeta}{\partial t^2}$$
$$u = \sqrt{gd}$$



Wave Refraction - slowing and bending of waves as they approach shore at an angle



What does this mean for matter waves?

Consider a free particle traveling vertically: a plane wave

$$\psi = \exp \frac{ipz - i\sqrt{m^2c^4 + p^2c^2}t}{\hbar}$$
$$\simeq \exp \frac{1}{\hbar} \left(ipz - imc^2t - i\frac{p^2}{2m}t \right)$$

we usually neglect this term: an overall phase,
independent of particle's motion;
but **near the earth**, time t has a slight z -dependence

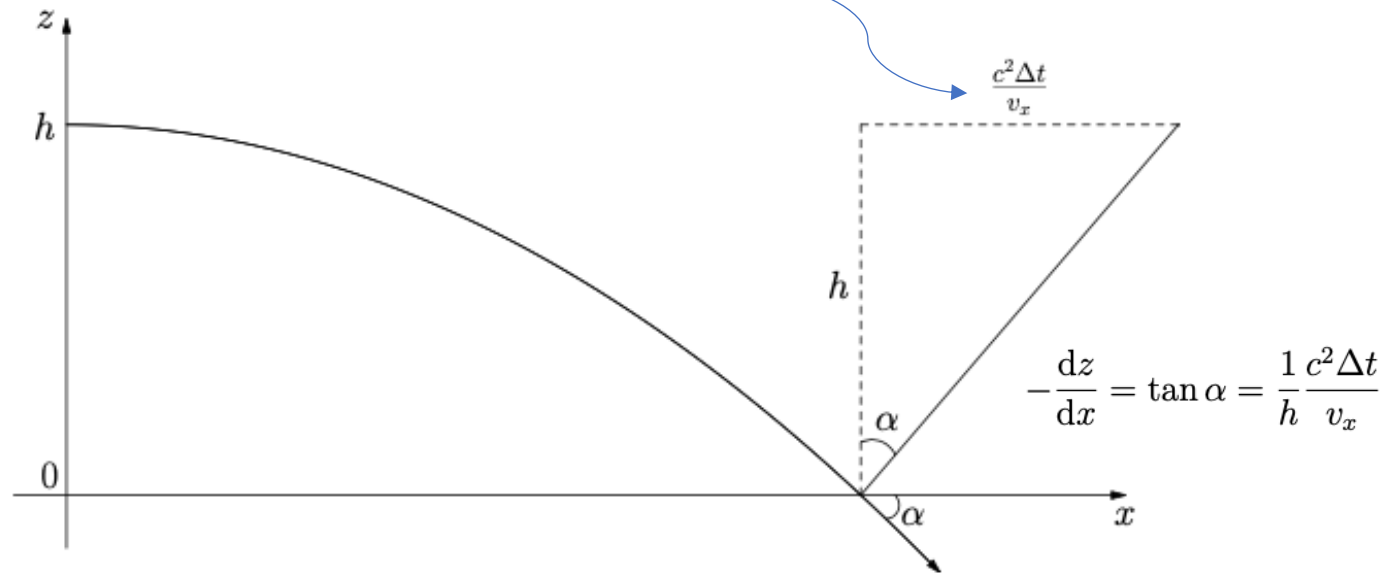
$$t \rightarrow t \left(1 + \frac{gz}{c^2} \right)$$

$$\psi \simeq \exp \frac{1}{\hbar} \left(i(p - mgt)z - imc^2t - i\frac{p^2}{2m}t \right)$$

this is just the free-fall evolution of momentum

Another point of view: projectile motion

$$\begin{aligned}\psi &\simeq \exp \frac{1}{\hbar} \left(imv_x x - imc^2 t - i \frac{mv_x^2}{2} t \right) \\ &\simeq \exp \frac{1}{\hbar} \left[imv_x \left(x - \frac{c^2 t}{v_x} \right) \right]\end{aligned}$$



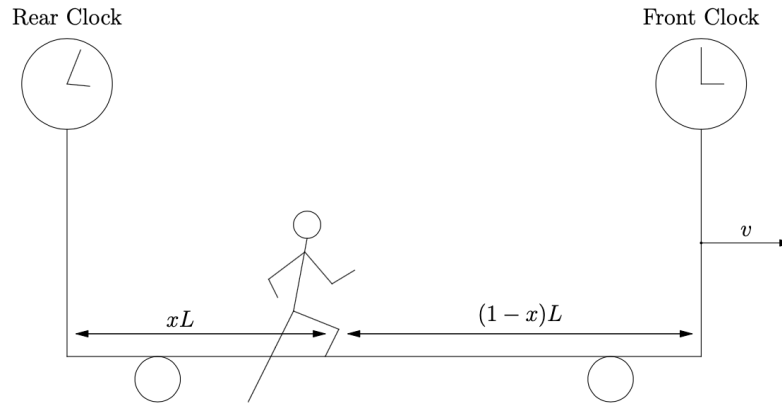
But $dx = v_x dt$ and $\Delta t = \frac{gh}{c^2} t$

$$-\frac{dz}{dt} = \frac{c^2 \Delta t}{h} = gt$$

Application: twin paradox (local version)

Rear clock
is ahead by

$$\Delta t = \frac{Lv}{c^2}$$



duration of the spurt is $t = v/g$ (here "g" is the average acceleration)

$$\Delta t_R = gxLt/c^2$$

$$\Delta t_F = g(1-x)Lt/c^2$$

$$\Delta t = \Delta t_F + \Delta t_R = \frac{gLt}{c^2} = \frac{Lv}{c^2}$$

When the observer settles on the train,
both clocks show the same time.

Summary

Free fall explained by the evolution rate of matter waves at various altitudes.

Analogy: ocean waves near beaches.

Take-home message: non-relativistic matter follows geodesics because of the phase evolution of its wave function.

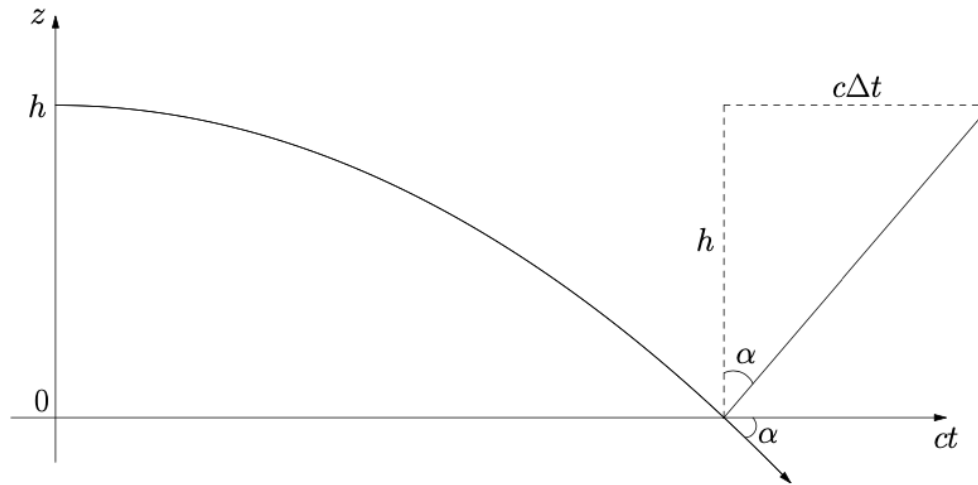
The role of the mc^2t term in the phase: discussed previously,
Sagnac effect:

Relativistic aspects of nonrelativistic quantum mechanics

Dennis Dieks^{a)} and Gerard Nienhuis^{b)}

Am. J. Phys. **58** (7), July 1990

Phase of matter waves in space-time



Note: this plot shows a one-dimensional motion (only vertical), not a two-dimensional projectile motion.

Velocity from the slope: $\frac{v}{c} = -\tan \alpha$

$$\frac{v}{c} = -\frac{c\Delta t}{h} \quad h \text{ cancels with } \Delta t = \frac{gh}{c^2}t$$

We reproduce the familiar result,

$$v = -gt$$