



# ABSTRACT SUBMISSION GUIDELINES

## FSHMT Scientific Conference 2026

*“Future Challenges in the Era of Population Ageing and Chronic Diseases”*

**11–12 December 2026 | Tirana, Albania**

Please read the following instructions carefully before submitting your abstract. All submissions must comply with these requirements to ensure consistent scientific review and publication in the conference materials.

|                                 |                                               |                                               |
|---------------------------------|-----------------------------------------------|-----------------------------------------------|
| <b>LANGUAGE</b><br>Albanian     | <b>ABSTRACT LENGTH</b><br>Maximum 350 words   | <b>TITLE</b><br>Maximum 20 words              |
| <b>KEYWORDS</b><br>3–5 keywords | <b>FILE FORMAT</b><br>Official .docx template | <b>SUBMISSION DEADLINE</b><br>26 October 2026 |

### 1. Abstract format

Abstracts must not exceed 350 words and must be written in clear, concise scientific language in Albanian.

The abstract must follow the structured format below:

**Introduction** – briefly describe the background, rationale and objective of the study.

**Methods** – describe the study design, participants or materials, procedures and methodology.

**Results** – present the principal findings of the study clearly and objectively.

**Conclusion** – state the main conclusions and their scientific, clinical or professional relevance.

#### Do not include

Tables, figures and references must not be included in the abstract.

### 2. Title

The abstract title must be concise, informative and limited to a maximum of 20 words. Avoid unnecessary abbreviations and acronyms in the title.

### 3. Authors and affiliations

Provide the full name and institutional affiliation of every author. One author must be clearly identified as the presenting author/speaker.

Please verify all names and affiliations carefully. The information entered at submission may subsequently be used in the scientific programme, Book of Abstracts and participation or presentation certificates.

## 4. Keywords

Provide 3–5 keywords that accurately describe the subject, methodology or clinical/scientific area of the contribution.

## 5. Scientific track

Each abstract must be assigned to one scientific track. Select the track that best reflects the main focus of the contribution.

| Track     | Scientific area                            |
|-----------|--------------------------------------------|
| <b>T1</b> | Epidemiology and Public Health             |
| <b>T2</b> | Chronic Diseases and Multimorbidity        |
| <b>T3</b> | Nursing and Long-Term Care                 |
| <b>T4</b> | Rehabilitation and Quality of Life         |
| <b>T5</b> | Medical Imaging and Diagnostics            |
| <b>T6</b> | Digital Health and Artificial Intelligence |
| <b>T7</b> | Education and Clinical Simulation          |
| <b>T8</b> | Policy, Ethics and Health Systems          |

The Scientific Board reserves the right to transfer an abstract to another track when this is considered more appropriate for the scientific programme.

## 6. Presentation preference

Authors must indicate their preferred presentation format during submission:

|                            |                                                |
|----------------------------|------------------------------------------------|
| <b>Oral Presentation</b>   | 10 minutes presentation + 5 minutes discussion |
| <b>Poster Presentation</b> | A0 portrait format (84 × 119 cm)               |

The requested presentation type represents the author's preference. The final presentation format will be determined by the Scientific Board following scientific review and programme planning.

## 7. Abstract document

Upload the abstract using the official FSHMT Scientific Conference 2026 abstract template in Microsoft Word (.docx) format.

Before final submission, verify that the information entered in the online submission form corresponds exactly to the information contained in the uploaded document, particularly the title, authors, affiliations and presenting author.

**Conference submission portal**  
<https://indico.global/event/19185/>

## 8. Submission and scientific review

All submitted abstracts will undergo scientific review. Submissions may be evaluated for scientific quality, clarity, methodological appropriateness, relevance to the selected track and suitability for the conference programme.

Following review, the Scientific Board may accept the abstract as an Oral Presentation, accept it as a Poster Presentation, request revision, or reject the submission.

Authors are responsible for the accuracy of all submitted information and for obtaining the agreement of all listed co-authors before submission.

## IMPORTANT DATES

| Milestone                                  | Date                    |
|--------------------------------------------|-------------------------|
| Abstract submission deadline               | <b>26 October 2026</b>  |
| <b>Presentation/poster upload deadline</b> | <b>10 November 2026</b> |
| Notification of acceptance                 | <b>20 November 2026</b> |
| Author registration deadline               | <b>5 December 2026</b>  |

### EDITORIAL CHECK BEFORE PUBLICATION

The provided presentation/poster upload deadline (10 November 2026) occurs before the notification of acceptance (20 November 2026). Please confirm whether this date is correct before publishing the final guidelines.

## Conference enquiries

For conference-related enquiries, please contact the FSHMT Scientific Conference 2026 Secretariat.

Conference page: [indico.global/event/19185/](https://indico.global/event/19185/) | Faculty website: [fshmt.edu.al](https://fshmt.edu.al)