

Bootstrapping Gravity with Crossing Symmetric Dispersion Relations

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Theory Canada 18

Goal: Derive bounds on the couplings in gravitational EFTs that have a consistent UV completion.

We will use the S -matrix bootstrap to study scattering amplitudes:

$$S = \mathbb{1} + iT, \quad SS^\dagger = \mathbb{1}$$

- Assumptions: unitarity, causality, analyticity and Lorentz invariance
- Restrict to EFT at weak coupling, ignoring any low-energy loop effects
- Use smeared amplitudes:

$$\mathcal{M}_f(s) = \int_0^{p_{\max}} dp f(p) \mathcal{M}(s, -p^2), \quad \lim_{|s| \rightarrow \infty} \frac{\mathcal{M}_f(s, u)}{|s|^2} = 0 \quad \text{for fixed } u < 0.$$

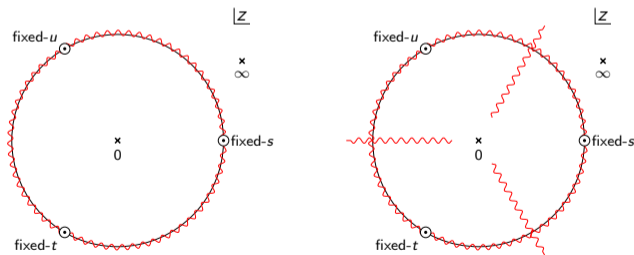
with wavefunctions $f(p)$ that have compact support in momentum space and decay rapidly at large impact parameter b [Caron-Huot et al., 2021, Häring and Zhiboedov, 2024].

Crossing symmetric variables

Mandelstam variables are defined in terms of z and an auxiliary momentum variable p as [Sinha and Zahed, 2021]:

$$s_n = -p^2 + \frac{p^2 (z - z_n)^3}{z^3 - 1}, \quad n = 1, 2, 3, \quad \frac{1}{p^2} = -\frac{1}{s} - \frac{1}{t} - \frac{1}{u}$$

where z_n are cubic roots of unity: $z_1 = 1, z_2 = e^{2\pi i/3}, z_3 = e^{4\pi i/3}$.



The UV branch cuts shown in red, $M^2 = 1$. Left: $p_{\max} = M/\sqrt{3}$, Right: $p_{\max} = M$.

Crossing symmetric variables

Solving z in terms of s , the Mandelstam invariants in (s, p^2) are:

$$t = \frac{1}{2}s \left(-1 - \frac{\sqrt{s - 3p^2}}{\sqrt{s + p^2}} \right), \quad u = \frac{1}{2}s \left(-1 + \frac{\sqrt{s - 3p^2}}{\sqrt{s + p^2}} \right).$$

Note: $u = -(p_1 + p_3)^2$ and in the large s limit, $u \rightarrow -p^2$.

Taking $s = m^2$, the scattering angle is

$$\cos \theta = 1 + \frac{2u}{s} = \frac{\sqrt{m^2 - 3p^2}}{\sqrt{m^2 + p^2}}.$$

Crossing symmetric dispersion relations

The crossing symmetric kernel is

$$\mathcal{K}_k(s, p^2) = \frac{2s + 3p^2}{s(s + p^2)} \left(\frac{s + p^2}{s^3} \right)^{\frac{k}{2}}. \quad k = 2, 4 \dots$$

Deforming the contour around the high-energy branch cuts and the low-energy poles, we get dispersion relations:

$$C_k(p^2) \equiv \text{Res}_{z=0} [\mathcal{K}_k(z, p^2) \mathcal{M}_{\text{low}}] = \left\langle \mathcal{K}_k(m^2, p^2) \pi_J \left(\frac{\sqrt{m^2 - 3p^2}}{\sqrt{m^2 + p^2}} \right) \right\rangle$$

where $s = m^2$ and π_J are partial waves and the high-energy heavy averages are:

$$\langle (\dots) \rangle \equiv \frac{1}{\pi} \sum_J n_J^{(D)} \int_{M^2}^{\infty} \frac{dm^2}{m^2} \rho_J(m^2) (\dots).$$

where unitarity implies $0 \leq \rho_J(s) \leq 2$.

Scalar theory with gravity

2 \rightarrow 2 scalar scattering:

$$\begin{aligned}\mathcal{M}_{\text{low}}(s, u) &= 8\pi G \left(\frac{st}{u} + \frac{su}{t} + \frac{tu}{s} \right) - g^2 \left(\frac{1}{s} + \frac{1}{t} + \frac{1}{u} \right) \\ &\quad - g_0 + g_2 (s^2 + t^2 + u^2) + g_3(stu) + g_4 (s^2 + t^2 + u^2)^2 + \dots \\ &= \text{diagram with } g_{\mu\nu} \text{ wavy line} + \text{diagram with } \phi \text{ horizontal line} + \text{diagram with } \partial^n \text{ crossed lines} + \dots\end{aligned}$$

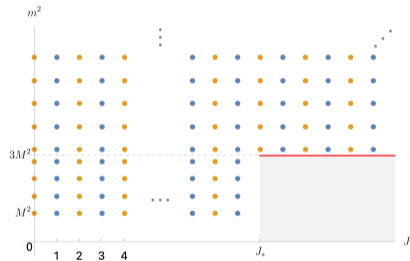
Crossing symmetric sum rules **naturally** isolate a finite subset of Wilson coefficients at each k :

$$k = 2 : \quad \frac{8\pi G}{p^2} + 2g_2 + p^2 g_3 = \left\langle \frac{2m^2 + 3p^2}{m^6} \mathcal{P}_J \left(\frac{\sqrt{m^2 - 3p^2}}{\sqrt{m^2 + p^2}} \right) \right\rangle$$

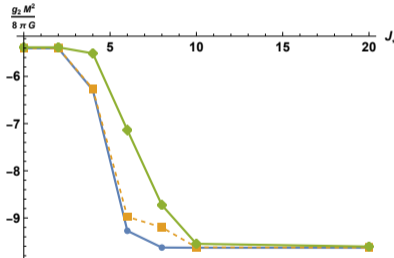
Spectral Assumptions

For a select number of heavy states, we allow for imaginary values in $\cos \theta = \frac{\sqrt{m^2 - 3p^2}}{\sqrt{m^2 + p^2}}$.

We choose a spin J_* and include all $m \geq M$ for $J \leq J_*$, and $m \geq \sqrt{3}M$ for $J > J_*$.



• Even spin
• Odd spin



—•— $n_{\max} = 15, k = 2,4,6$
- -■- - $n_{\max} = 15, k = 2,4,6,8,10$
—◆— $n_{\max} = 18, k = 2,4,6,8,10$

The bounds converge for a given number of functionals if a large enough J_* is used.

Semi-definite programming

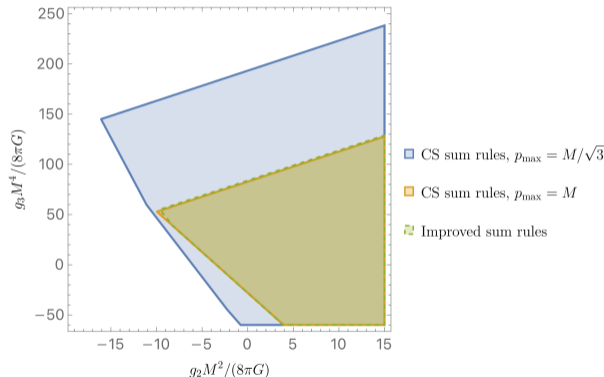
We use semi-definite programming, SDPB [Simmons-Duffin, 2015], to compute the coupling bounds using the following optimization problem:

$$\begin{aligned} \text{maximise} \quad & \sum_i \int_0^{p_{\max}} dp f_i(p) B_i^{\text{low}}(p^2) \\ \text{subject to} \quad & \sum_i \int_0^{p_{\max}} dp f_i(p) B_i^{\text{high}}[p^2, m^2, J] \succeq 0 \quad \forall m \geq M, \forall J. \end{aligned}$$

Label i enumerates the independent dispersive sum rules.

Scalar theory with gravity (D=6)

By smearing up to $p_{\max} = M = 1$ we reproduce bounds for g_2 , g_3 found in [Caron-Huot et al., 2021]:



Taking $p_{\max} = \frac{M}{\sqrt{3}}$:

We reproduce suboptimal bounds found in [Chang and Parra-Martinez, 2025, Beadle et al., 2025].

2 → 2 Graviton scattering (D=4)

Consider the maximal-helicity violating (MHV) amplitude:

$$\mathcal{M}(1^+2^-3^-4^+) = \langle 23 \rangle^4 [14]^4 f(s, u)$$

where $f(s, u)$ is only crossing symmetric in $s \leftrightarrow u$,

$$f_{\text{low}}(s, u) = \frac{8\pi G}{stu} + \frac{2\pi Gsu}{t} |\hat{g}_3|^2 + g_4 + g_5 t + g_6 t^2 - g'_6 su + \dots$$

$\propto \text{Riem}^3 \quad \propto \text{Riem}^4 \quad \dots$

Goal:

Bound couplings of higher derivative operators that are modifications to GR.

2 → 2 Graviton scattering

We take the following combinations of $f(s, u)$ to ensure crossing symmetry in s, t, u [Mahoux et al., 1974]:

$$\mathcal{M}^{(1)} = \bar{f}(s, t) + \bar{f}(t, u) + \bar{f}(s, u)$$

$$\mathcal{M}^{(2)} = \frac{\bar{f}(s, t) - \bar{f}(s, u)}{t - u} + \text{cyc perm}$$

$$\mathcal{M}^{(3)} = \left(\frac{\bar{f}(s, t) - \bar{f}(s, u)}{t - u} - \frac{\bar{f}(s, t) - \bar{f}(t, u)}{s - u} \right) \frac{1}{s - t} + \text{cyc perm}$$

where we define

$$\bar{f}(s, t) = u^4 f(s, t), \quad \bar{f}(t, u) = s^4 f(t, u), \quad \bar{f}(s, u) = t^4 f(s, u).$$

to ensure the combinations in $\mathcal{M}^{(n)}$ all have the same Regge limit since:

$$\lim_{|s| \rightarrow \infty} f(s, u) \leq Cs^{-3}, \quad \lim_{|s| \rightarrow \infty} f(s, t) \leq Cs$$

2 → 2 Graviton scattering

For the high-energy side, we use the partial wave expansion for spinning particles

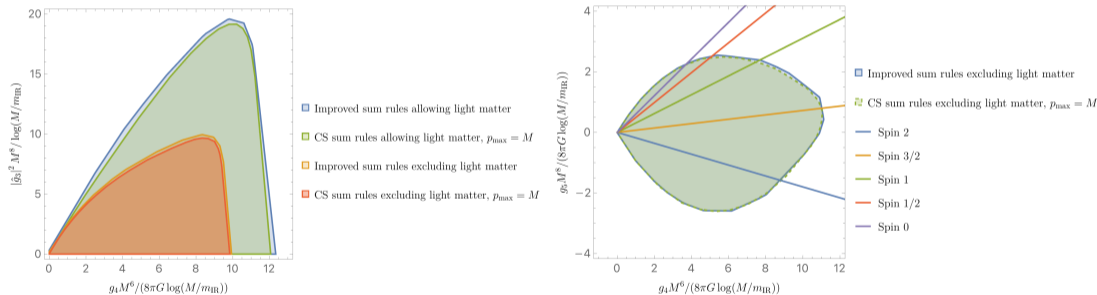
$$\mathcal{M} \left(1^{h_1} 2^{h_2} 3^{h_3} 4^{h_4} \right) = 16\pi \sum_J (2J+1) a_J^{\{h\}}(s) d_{h_{12}, h_{34}}^J \left(-\frac{\sqrt{m^2 - 3p^2}}{\sqrt{m^2 + p^2}} \right).$$

The first few sum rules are:

$$B_2^{(1)} : \frac{2(8\pi G)}{p^2} = \left\langle \left(\frac{2m^2 + 3p^2}{m^6} \right) (\bar{f}(s, u) + \bar{f}(s, t) + \bar{f}(t, u)) \right\rangle$$
$$B_3^{(2)} : -3p^2 g_4 = \left\langle \left(\frac{2m^2 + 3p^2}{m^6} \right) \left(\frac{\bar{f}(s, t) - \bar{f}(s, u)}{t - u} + \text{cyc.} \right) \right\rangle.$$

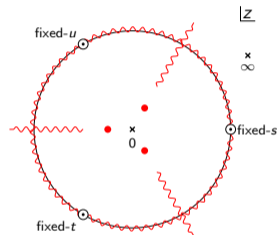
2 → 2 Graviton scattering: Numerical bounds

Comparing bounds using improved sum rules and CS sum rules for $|\hat{g}_3|$ and g_4 (left), g_5 and g_4 (right) for which we allow heavy matter loops of various spin:



Bounds with higher spin spectral assumptions

Assume an additional massive state with mass m_χ is integrated in below the new EFT cut-off M' where $M' \geq m_\chi$.



For the MHV amplitude we have:

$$f(s, u) = \frac{(g_{GG4}^{+-})^2 \tilde{d}_{4,4}^4 \left(1 + \frac{2u}{s}\right)}{m_{J=4}^2 - s} + \frac{(g_{GG4}^{++})^2 \tilde{d}_{0,0}^4 \left(1 + \frac{2u}{t}\right)}{m_{J=4}^2 - t} + \frac{(g_{GG4}^{+-})^2 \tilde{d}_{4,4}^4 \left(1 + \frac{2s}{u}\right)}{m_{J=4}^2 - u} + \text{analytic}.$$

Spin-4 exchange

The upper bound on the coupling of gravitons with the massive spin-4 state are shown as a function of the mass ratio of the spin-4 mass to the EFT cut-off M .

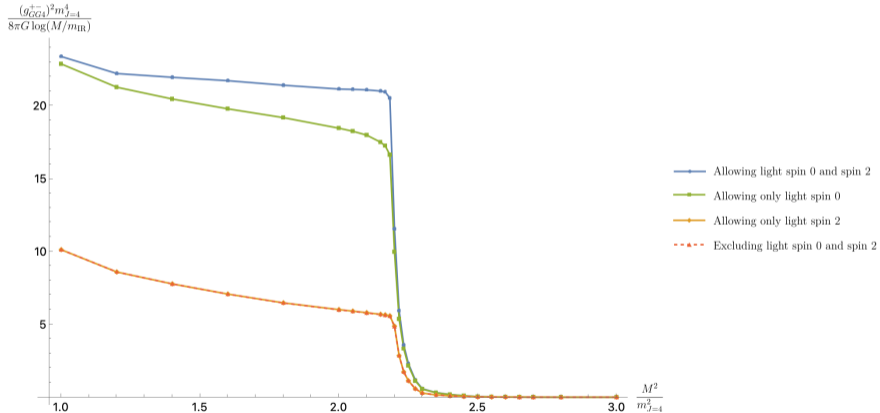


Figure: Upper bound on the coupling between gravitons and a massive spin-4 state including different combinations of heavy spin-0 and spin-2 states below the cut-off M .

Summary:

- Crossing symmetric (CS) dispersion relations naturally isolate EFT Wilson coefficients
- CS bounds exactly match previous work for amplitudes with s, t, u -symmetry
- CS sum rules can be applied to amplitudes that do not have crossing symmetry
- New bounds on the coupling of gravitons with massive spin-4 exchange computed

Future directions:

- apply CS relations to amplitudes with even less crossing symmetry
- bootstrapping massive spin-2 KK couplings
(WIP with Simon, Junsei, Julia - presented yesterday)

Thank you!

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