



Massachusetts Institute of Technology

Nuclear and hypernuclear physics from lattice QCD

Robert Perry

Lattice 2026, University of Maryland, College Park

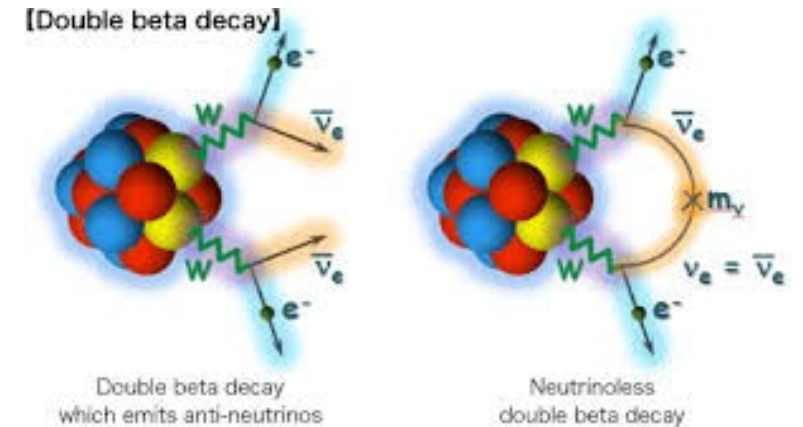
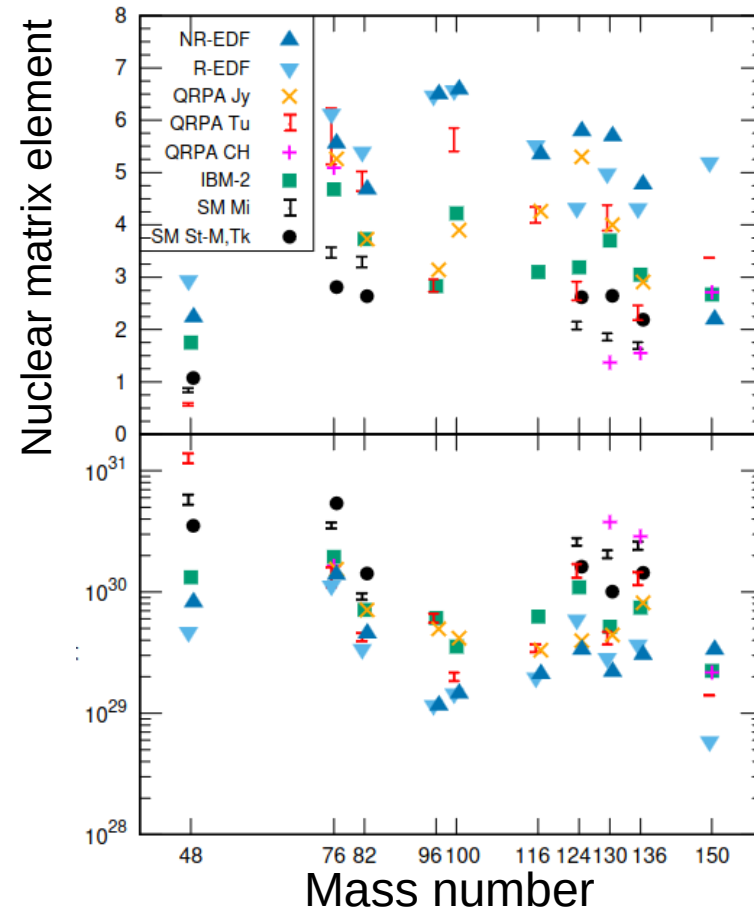
30 July, 2026

Why nuclear physics?

Rept.Prog.Phys. 80 (2017) 4, 046301

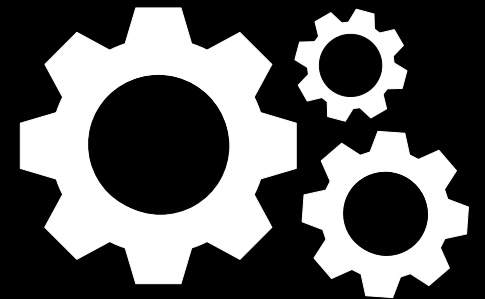
Interesting problem: observe the emergence of nuclear complexity from the Standard Model

Understanding nuclear physics is essential for BSM searches:
“Discovery potential” often limited by systematic uncertainties in nuclear targets



Order of magnitude discrepancy in the decay rate!

“Lattice QCD is the only *ab-initio*,
systematically improvable approach
to the strong nuclear force”



Outline

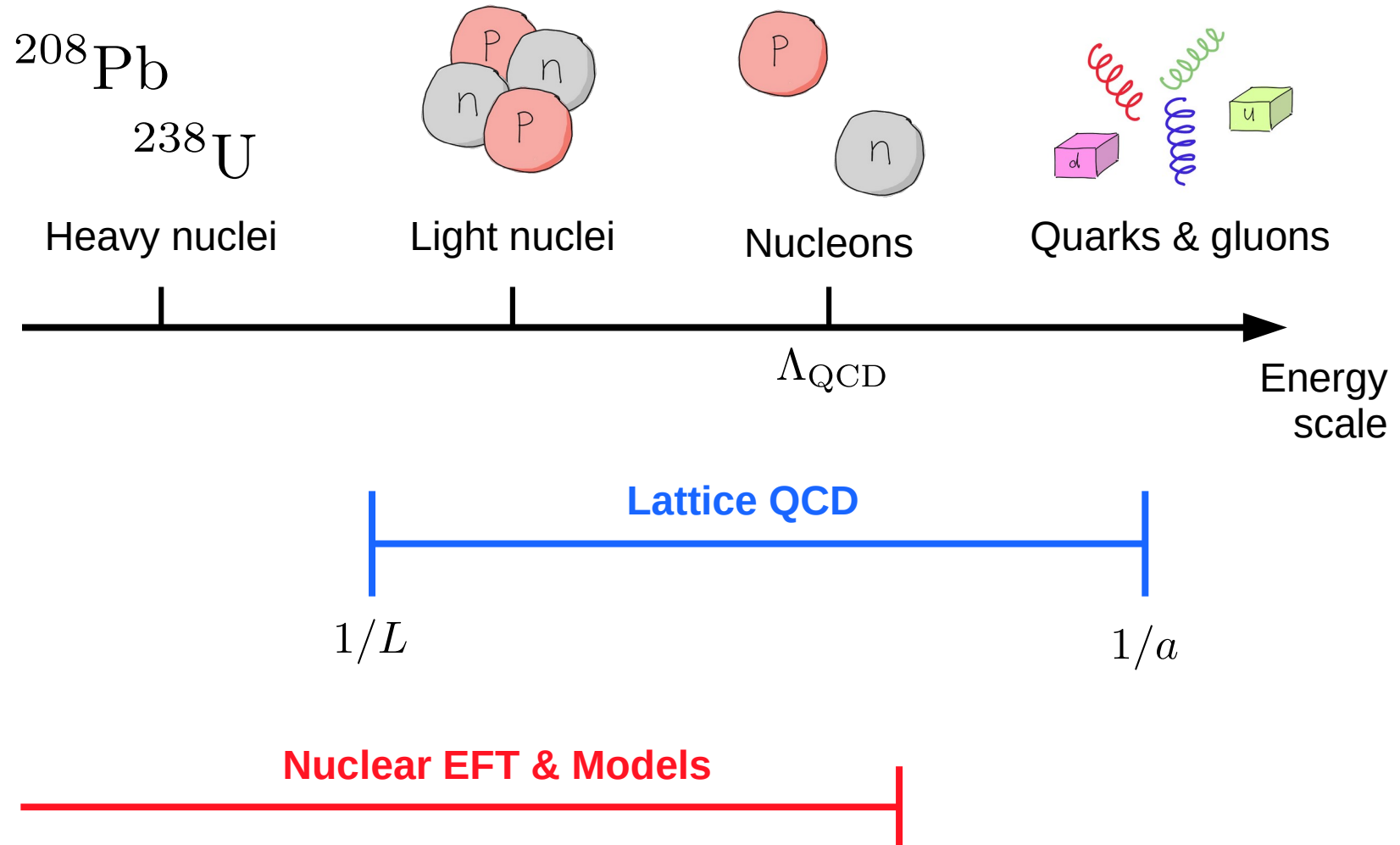
- Why nuclear physics?
- How do we study nuclear physics?
- Why are these calculations challenging?
- A historical perspective
- Towards systematically improvable nuclear physics
- Final thoughts & Conclusions

Nuclear physics is a multi-disciplinary problem

Rosemary Zielinski
Wednesday, 9:40 AM
Margaret Brent B

Matthias Heinz
Wednesday, 10:00 AM
Margaret Brent B

Use information from small nuclear systems to constrain heavier systems



How do we study nuclear physics?

Commun.Math.Phys. 104 (1986) 177

Commun.Math.Phys. 105 (1986) 153-188

Nucl.Phys.B 339 (1990) 222-252

Few Body Syst. 29 (2000) 95-120

Phys.Rev.D 71 (2005) 094504

Phys.Rev.Lett. 99 (2007) 022001

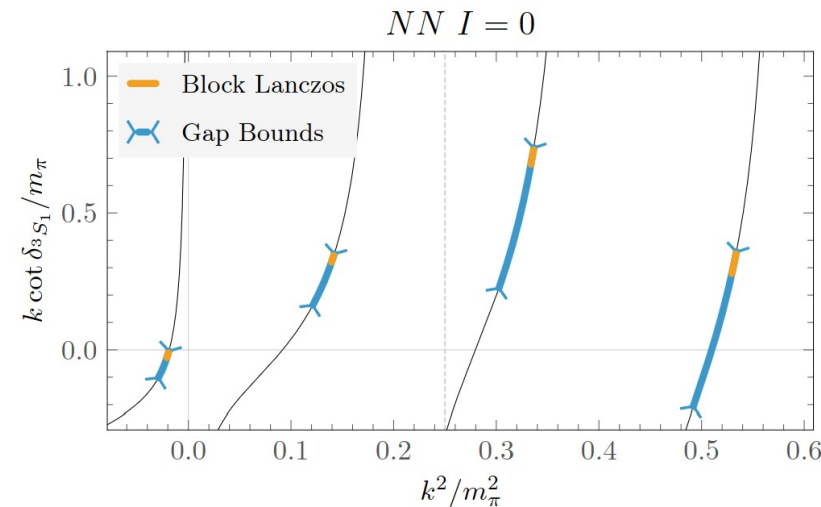
Finite-volume quantization conditions

Compute finite-volume energies

$$\{E_0(L), E_1(L), E_2(L), \dots\}$$

Quantization condition connects FV energies with infinite-volume phase-shift

$$k \cot \delta(k) = \frac{1}{\sqrt{\pi} L} Z_{00}(1, k^2 L^2 / (2\pi)^2)$$



Nambu-Bethe-Salpeter wavefunction

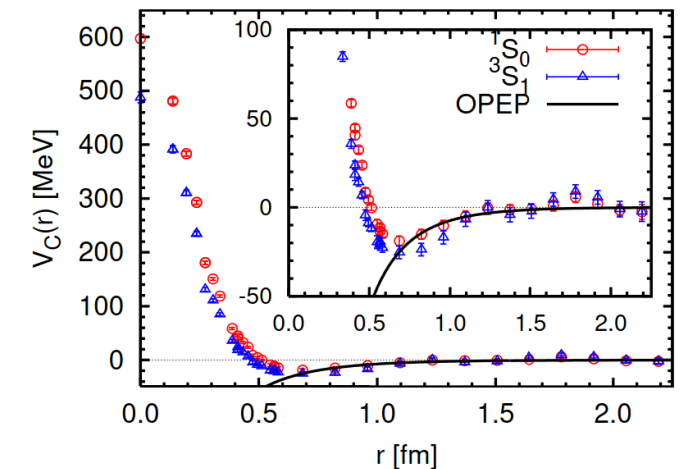
Compute NBS wave function

$$\phi_{k_n}(\vec{r}) e^{-E_n t} = \langle 0 | N(\vec{y}, t) N(\vec{x}, t) | n \rangle$$

Asymptotic spatial dependence determined by phase-shift

$$\phi_n(\vec{r}) \sim \frac{\sin(kr + \delta_0(k))}{kr}$$

Constrain effective potential



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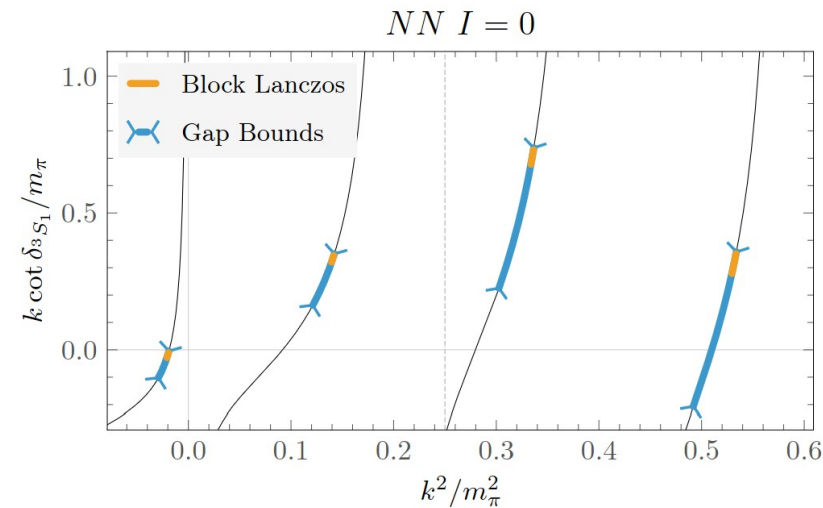
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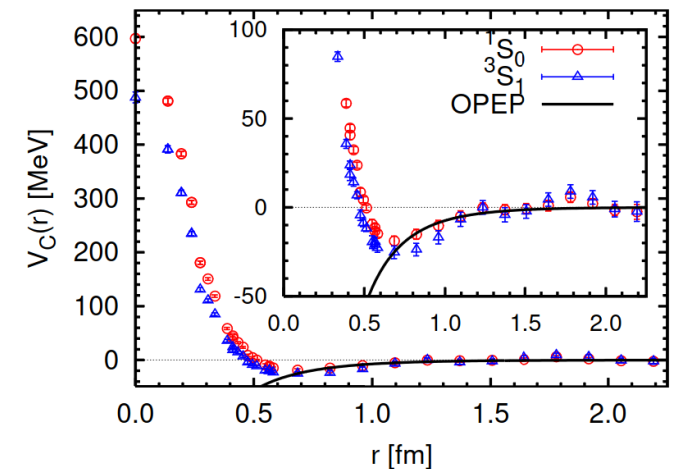
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Introduction to spectroscopy

Study two-point correlation functions

$$C_{ij}(t) = \langle \mathcal{O}_i(t) \mathcal{O}_j^\dagger(0) \rangle$$

Correlator exhibits a spectral decomposition

$$C_{ij}(t) = \sum_n \langle 0 | \mathcal{O}_i(0) | n \rangle \langle n | \mathcal{O}_j^\dagger(0) | 0 \rangle e^{-E_n t}, \quad H | n \rangle = E_n | n \rangle$$

Define the effective mass

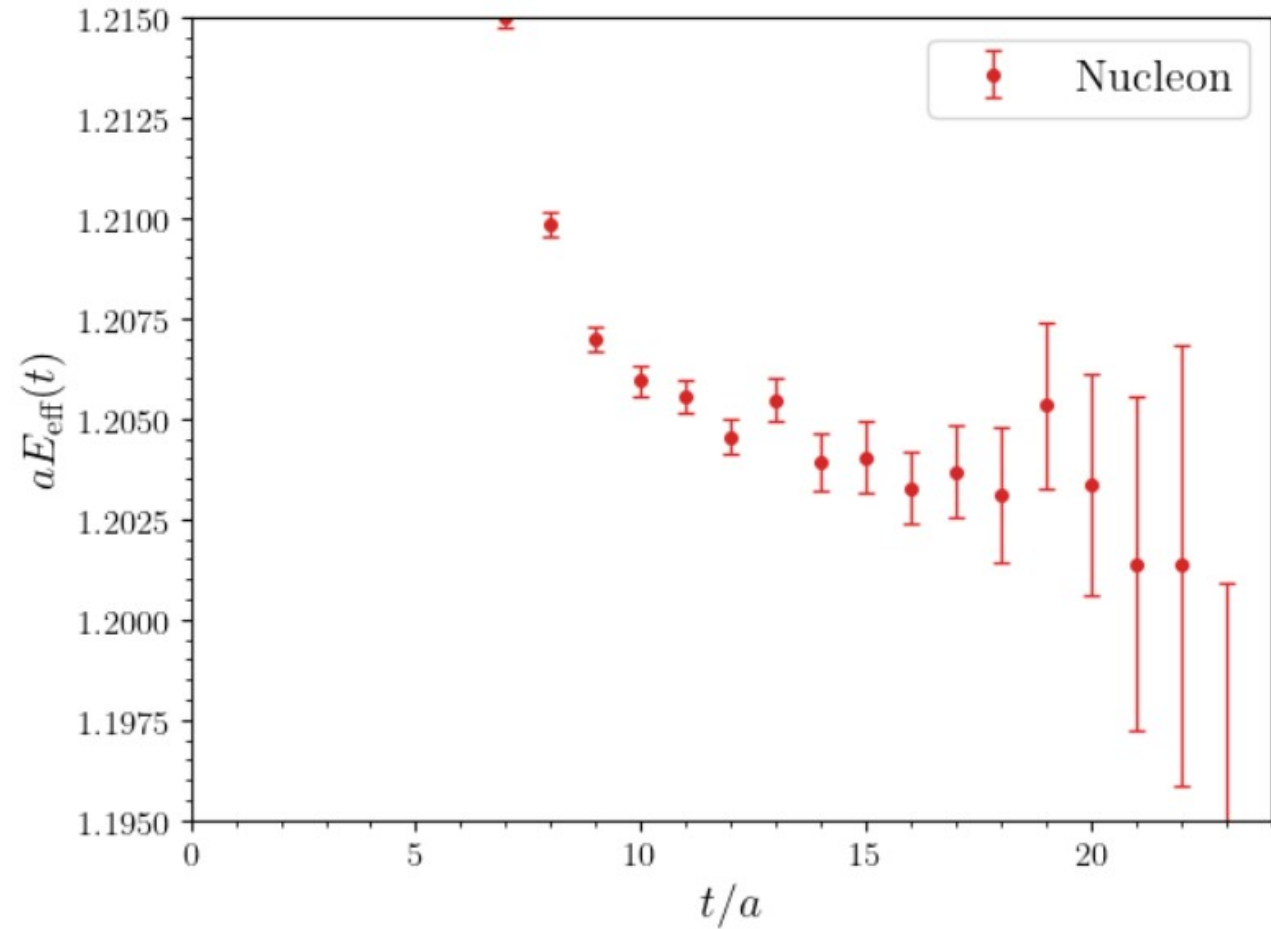
$$E_{\text{eff}}(t) = -\ln \left[\frac{C_{ij}(2t+1)}{C_{ij}(2t)} \right]$$

Large time limit

$$\lim_{t \rightarrow \infty} C_{ij}(t) = a_0 e^{-E_0 t} \quad \implies \quad \lim_{t \rightarrow \infty} E_{\text{eff}}(t) = E_0$$

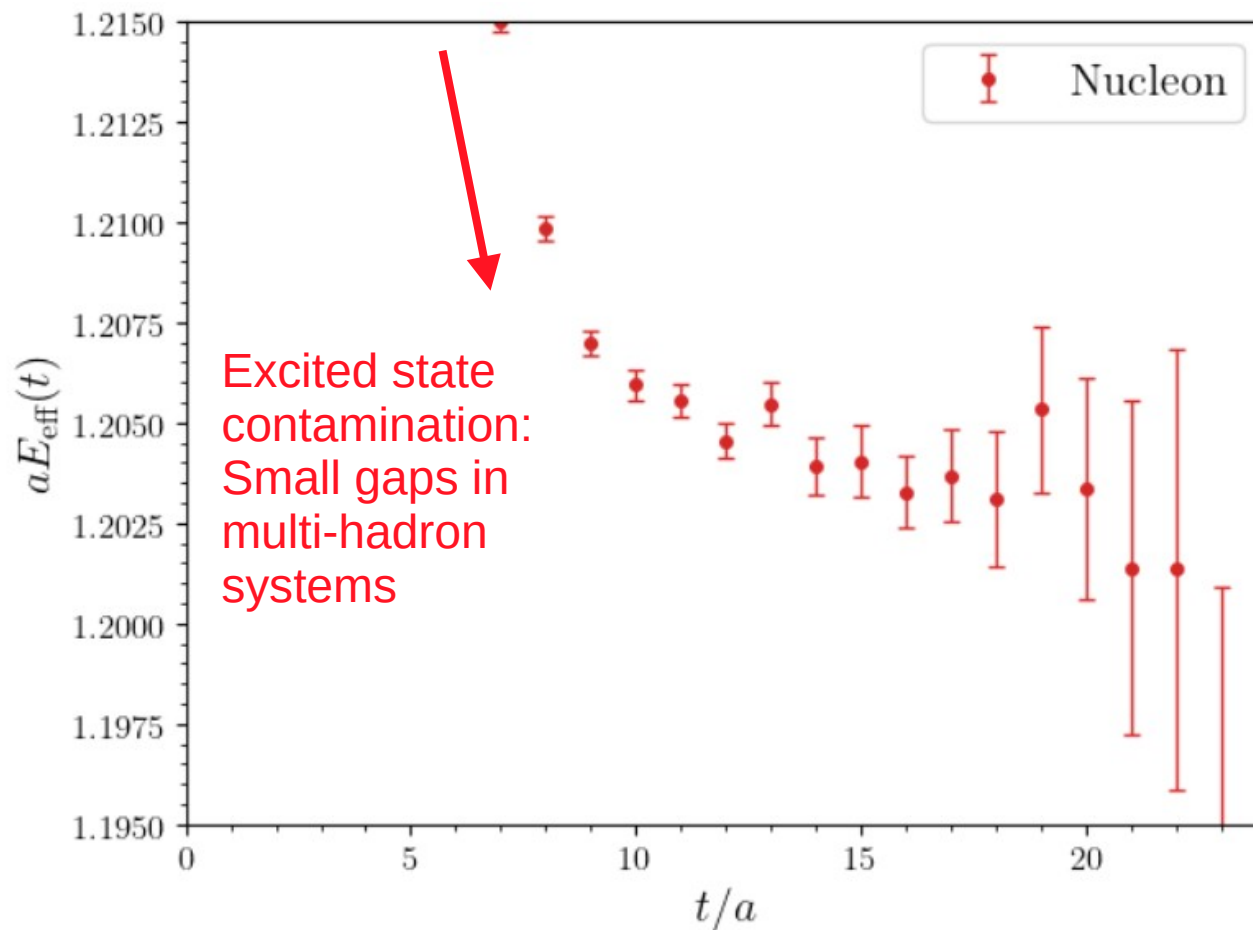
What makes these calculations difficult?

Phys.Rept. 103 (1984) 203-211
Theoretical Advanced Study Institute in
Elementary Particle Physics (1989)



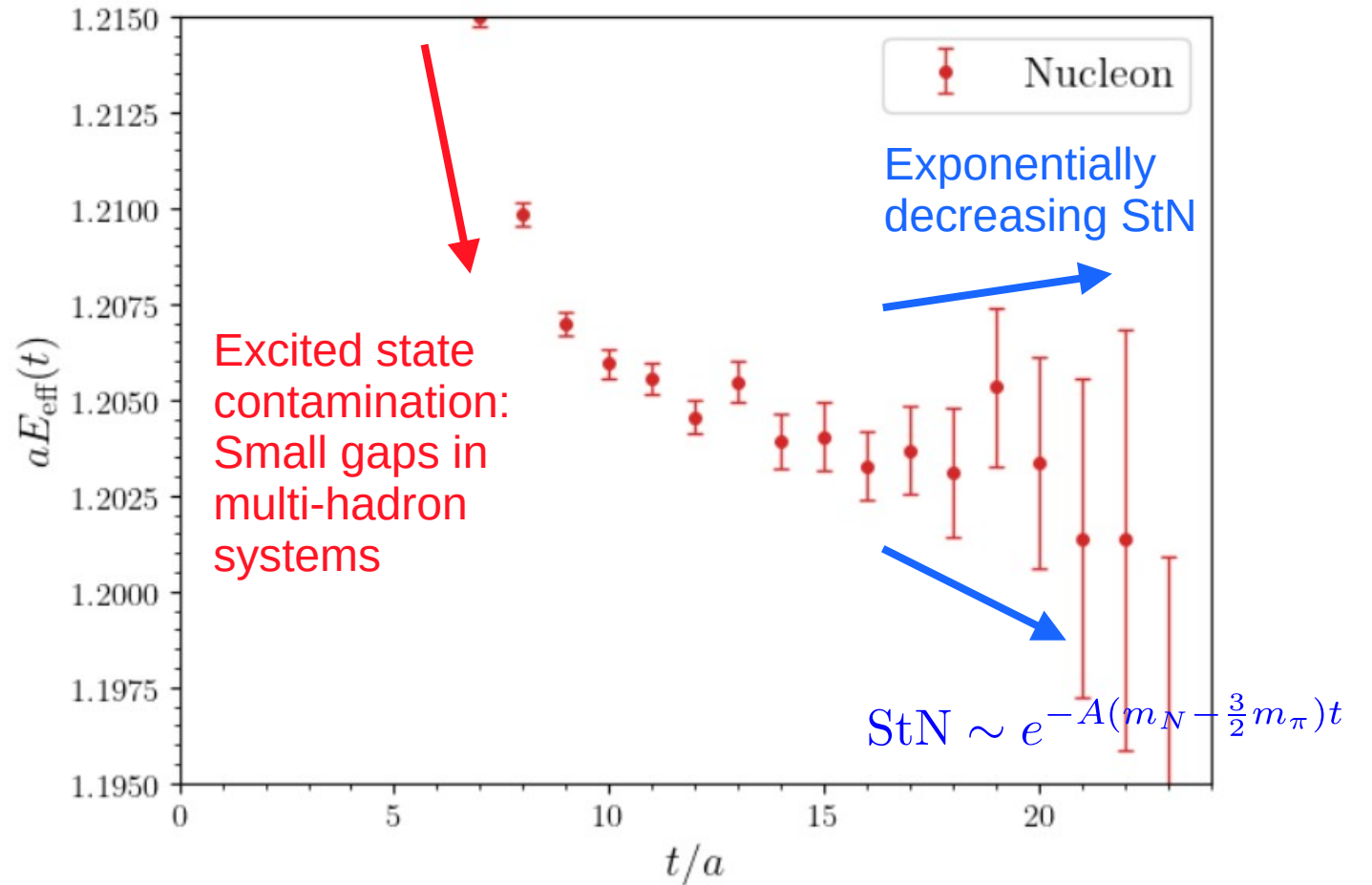
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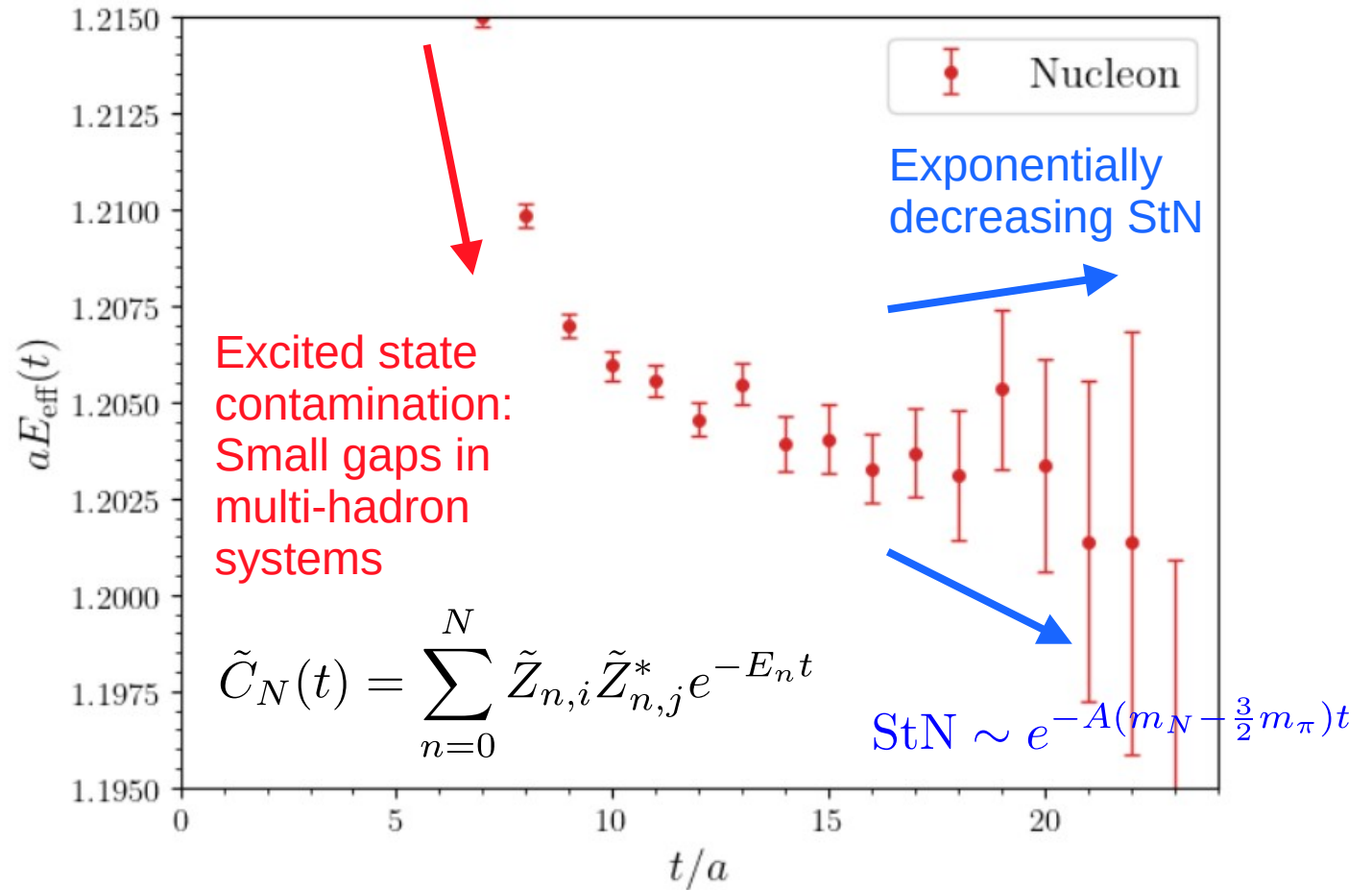
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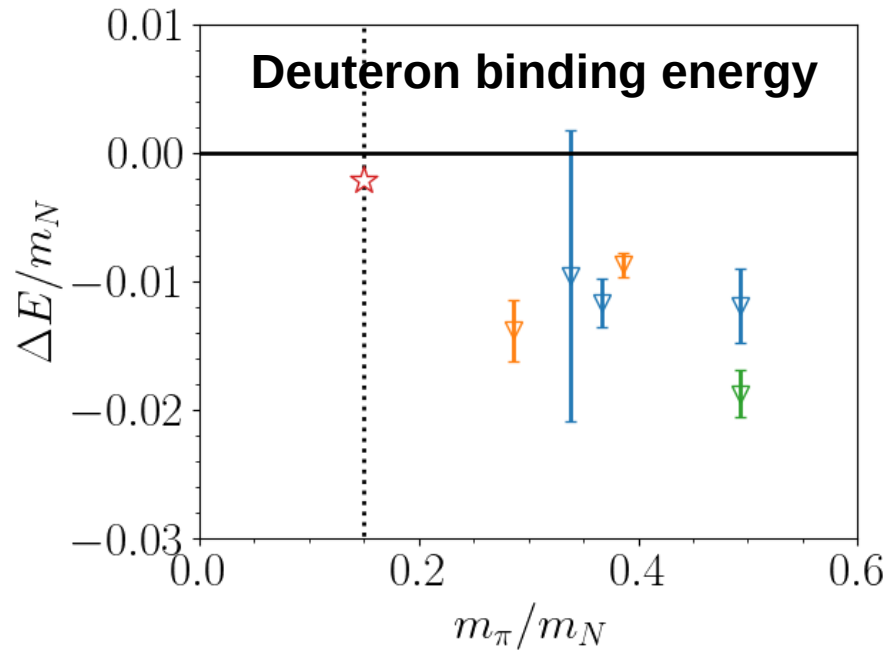


Regularizing assumption: N-state-saturation

There exists a region of Euclidean time in which the correlator is accurately described by a truncated spectral decomposition with $M \geq N$ states, where N states approximate genuine energy eigenstates up to statistical noise (e.g., the N lowest-energy states).

Do two baryons bind at heavy quark masses? (circa 2018)

Phys.Lett.B 712 (2012) 437-441
Phys.Rev.D 85 (2012) 054511
Phys.Rev.D 86 (2012) 074514
Phys.Rev.D 87 (2013) 3, 034506
Phys.Rev.D 92 (2015) 1, 014501
Phys.Rev.D 92 (2015) 11, 114512
PoS CD15 (2016) 020
Phys.Lett.B 765 (2017) 285-292

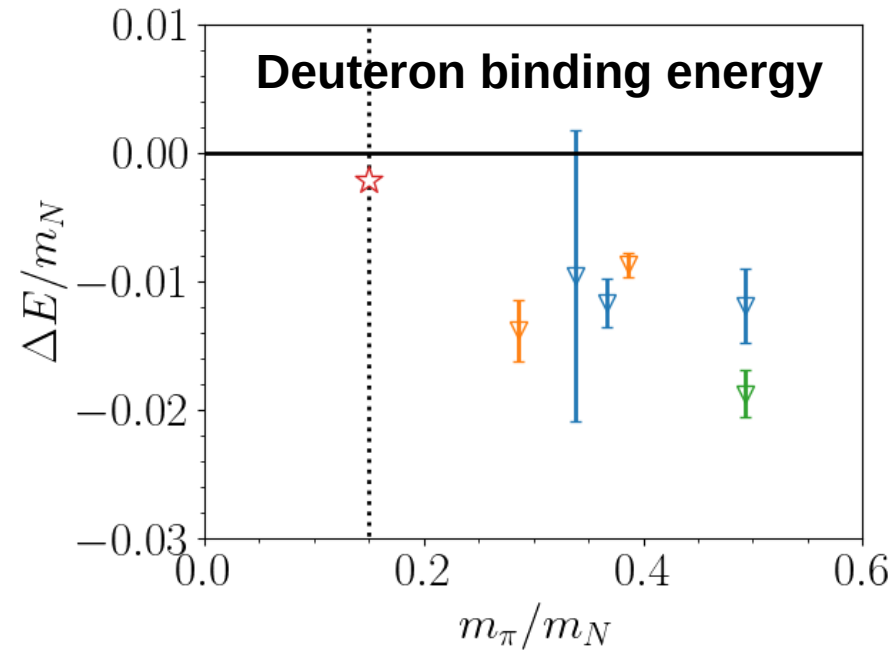


Spectroscopy: bound deuteron

HAL QCD: No bound state

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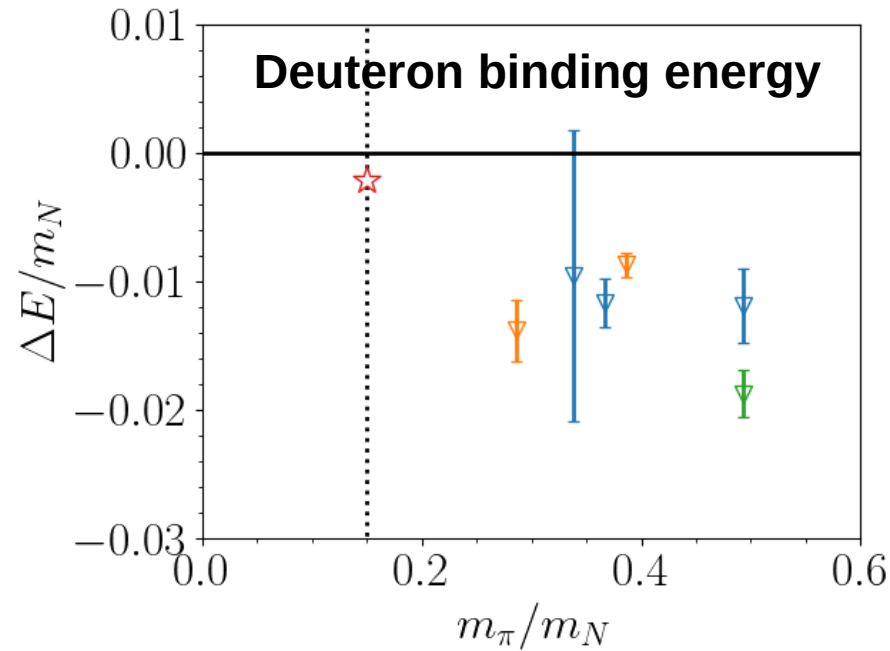
Proof-of-principle calculations, but some combination of:

- ✗ Limited operator set
- ✗ Single volume
- ✗ No continuum limit

under **N-state saturation assumption**

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Proof-of-principle calculations, but some combination of:

✗ Limited operator set

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under **N-state saturation assumption**

**Recent developments
in all of these areas!**

Variational methods

Nucl.Phys.B 215 (1983) 433-446
Nucl.Phys.B 339 (1990) 222-252

Phys.Rev.D 80 (2009) 054506

Phys.Rev.D 104 (2021) 3, 034502

Phys.Rev.Lett. 134 (2025) 24,
241901

Juan Andres Urrea Nino
Monday, 2:00 PM
Juan Ramon Jimenez

Nilmani Mathur
Monday, 2:20 PM
Juan Ramon Jimenez

Sinya Aoki
Monday, 3:20 PM
Juan Ramon Jimenez

Distillation and *Sparsening* provide numerically tractable approaches to compute bilocal source operators: enables symmetric correlation functions & variational methods (GEVP, ...)

$$C_{ij}(t) = \left[\begin{array}{cc} \text{Diagram 1} & \text{Diagram 2} \\ \text{Diagram 3} & \text{Diagram 4} \end{array} \right]$$

Symmetric correlation functions satisfy variational bounds

$$E_{\text{eff}}(t) = -\log \left[\frac{C_{ii}(2t+1)}{C_{ii}(2t)} \right] \geq E_0$$

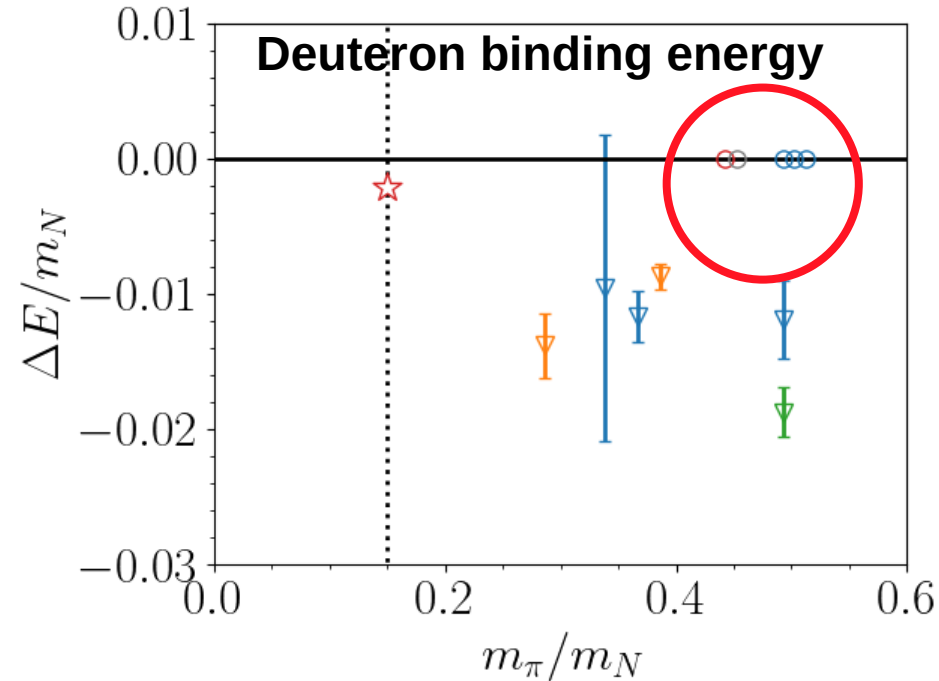
Protect you from overestimating binding: can still underestimate if interpreted as a point estimate rather than bound

Formally, subtract out energy eigenstates: make correlator look more like single hadron (increase mass-gap)

Recent variational calculations

Phys.Rev.D 99 (2019) 7, 074505
Phys.Rev.C 103 (2021) 1, 014003
Phys.Rev.D 107 (2023) 9, 094508
Phys.Rev.D 111 (2025) 11, 114501
Phys.Rev.C 113 (2026) 2, 024002
e-Print: 2601.22272 [hep-lat]

Under an **N-state saturation** assumption, **no evidence** for bound deuteron or dineutron



Has been argued that previous deep bound states arise from use of asymmetric correlator: **not variational bound**

What about at lighter pion mass?

Left-hand cuts become relevant at lighter pion mass

Phys.Rev.D 76 (2007) 034502

JHEP 10 (2021) 051

JHEP 06 (2024) 051

Phys.Rev.D 109 (2024) 7, L071506

JHEP 05 (2024) 168

JHEP 08 (2024) 075

Phys.Lett.B 864 (2025) 139442

JHEP 06 (2025) 186

Sebastian Dawid

Wednesday, 9:00 AM

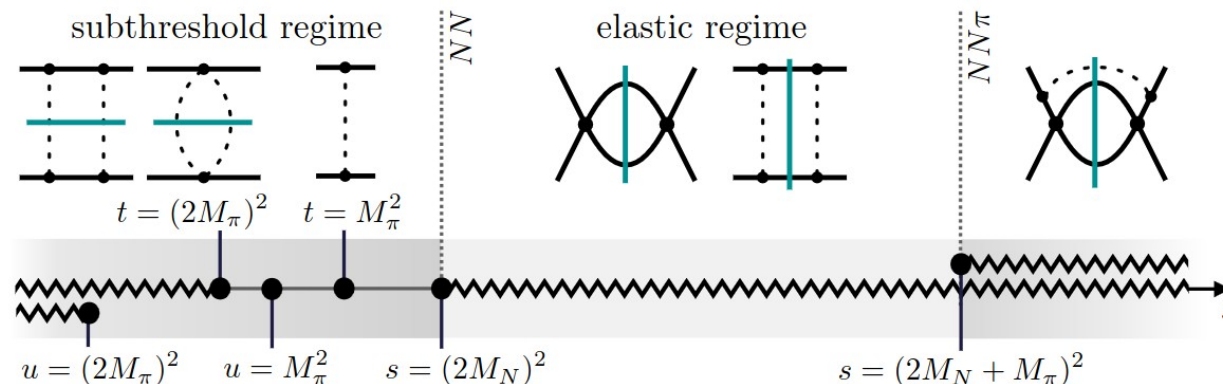
Margaret Brent B

Lu Meng

Saturday, 11:00 AM

Colony Ballroom

Quantization conditions rely on analytic structure of FV amplitude



Luscher: right hand (unitarity) cut

Generalizations exist for 3-to-3 etc

For systems with light t-channel exchange, partial-wave projected amplitudes have additional branch cut singularities from crossed-channel exchanges.

Important for nuclear systems with **light** pions!

Now have several approaches to deal with this LHC

Some studies at lighter pion mass suggest a virtual bound state...

e-Print: 2605.16977 [hep-lat]

Miguel Salg
Wednesday, 9:20 AM
Margaret Brent B

Malcolm Lazarow
Friday, 2:20 PM
Juan Ramon Jimenez

Joseph Moscoso
Friday, 3:00 PM
Juan Ramon Jimenez

Jorge Baeza-
Ballesteros
Poster session

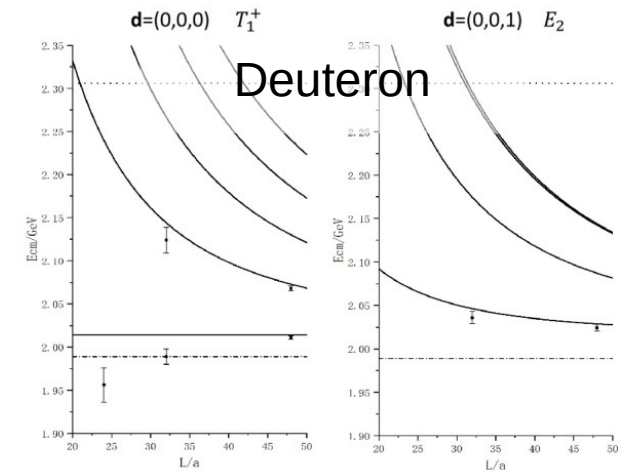
Zhang et al: Two-nucleon systems at
 $m_\pi \approx 292$ MeV from lattice QCD

3 ensembles with different volumes

$a = 0.11$ fm

Variational calculation: 2x2 correlation matrix

Hamiltonian framework to incorporate LHC



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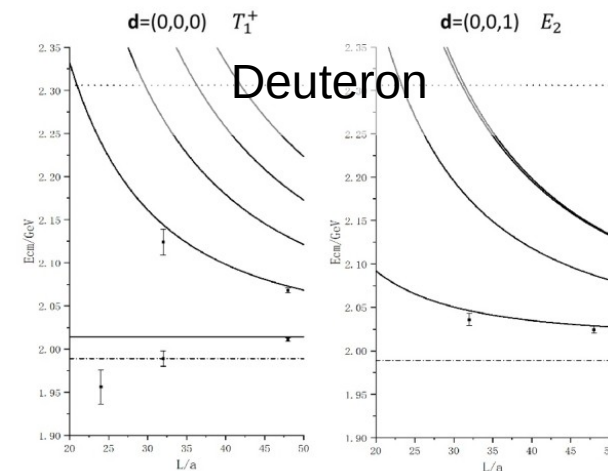
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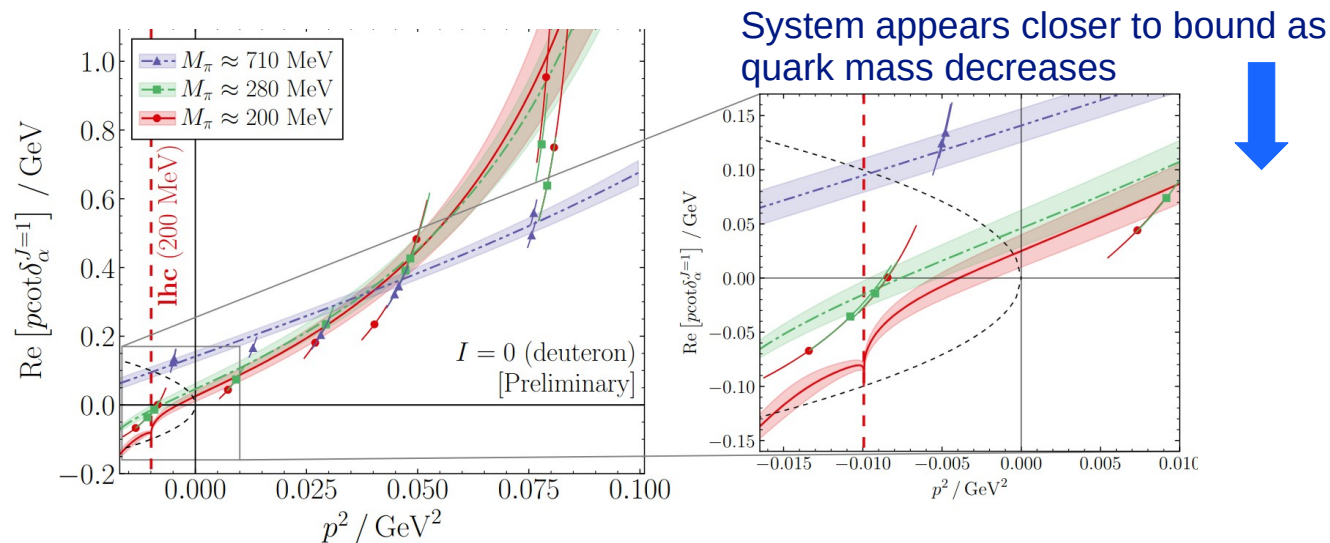
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BaSC: Quark mass dependence of two-nucleon systems

CLS ensembles, lattice spacing $a = 0.064$ fm, $m_\pi \approx 280$ and 200 MeV

Two different approaches for LHC; plane wave, relativistic Lüscher-like QC



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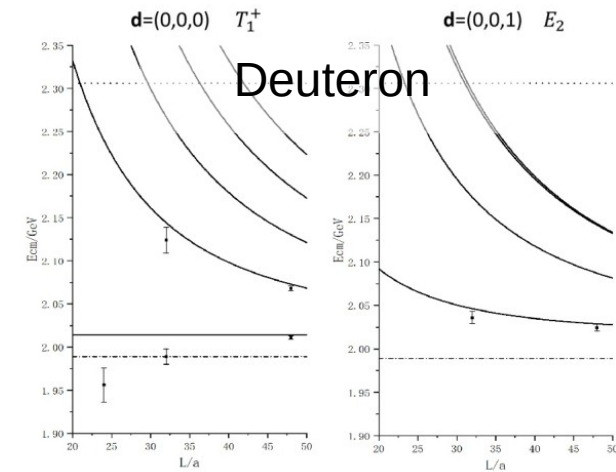
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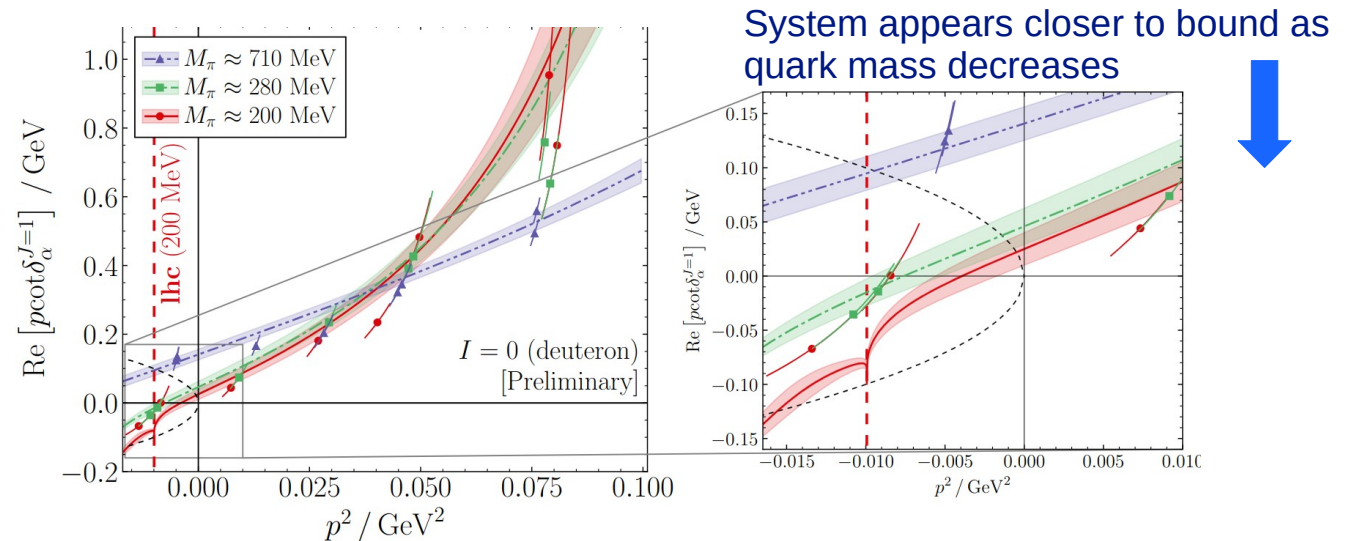
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Under **N-state saturation**, results predict a **virtual bound state**

**...while others find
evidence for a bound state**

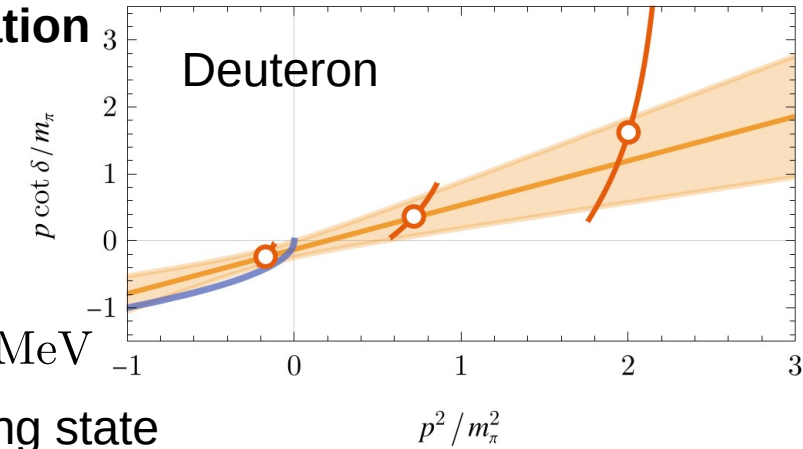
e-Print: 2603.09554 [hep-lat]
e-Print: 2603.28872 [hep-lat]

**Wang et al., First-Principles Determination
of the Proton-Proton Fusion Matrix
Element from Lattice QCD**

Variational calculation: 3x3 matrix

Single ensemble, $a = 0.11$ fm, $m_\pi \approx 432$ MeV

Favor a shallow bound state, but scattering state
cannot be ruled out. ERE above t-channel cut



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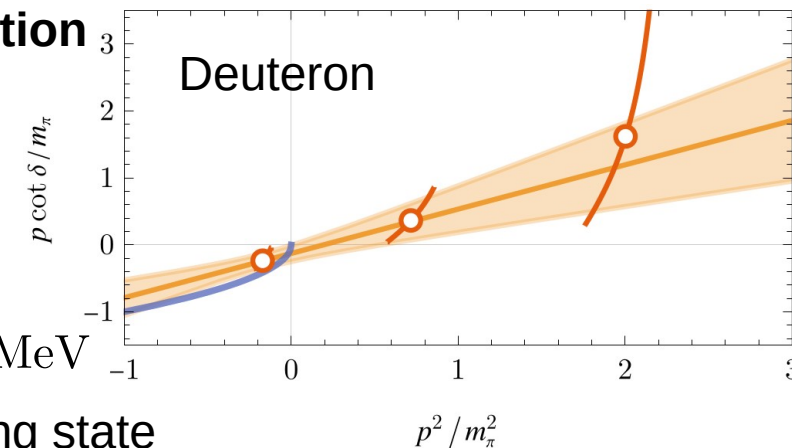
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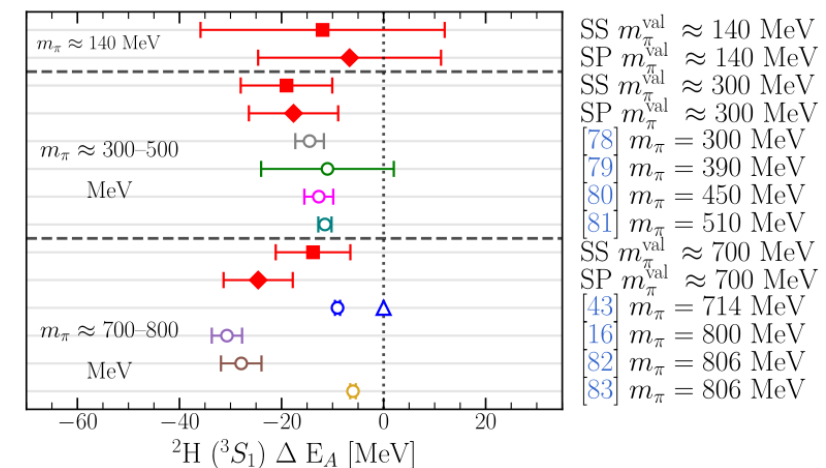
Chakraborty et al., Quark-Mass Dependence of Light-Nuclei Masses from Lattice QCD and Trace-Anomaly Contributions to Nuclear Bindings

Single ensemble, $a = 0.076$ fm,
physical sea quarks

valence quarks $m_\pi \approx 700$ to 140 MeV

Symmetric correlator analysis

Observe evidence for bound state



...while others find evidence for a bound state

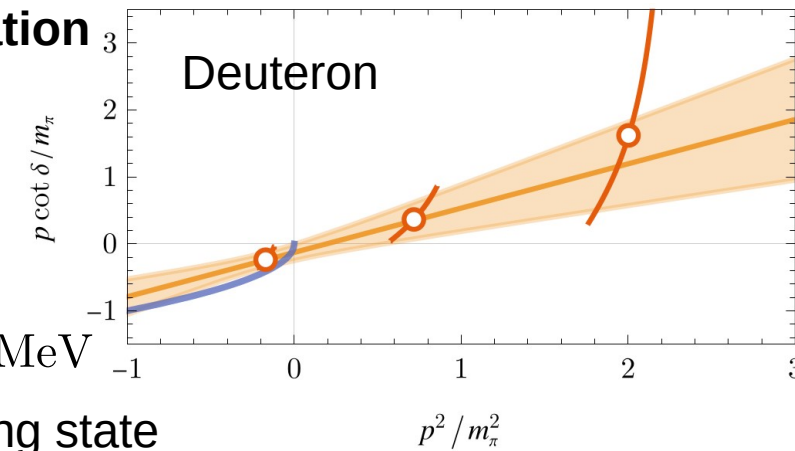
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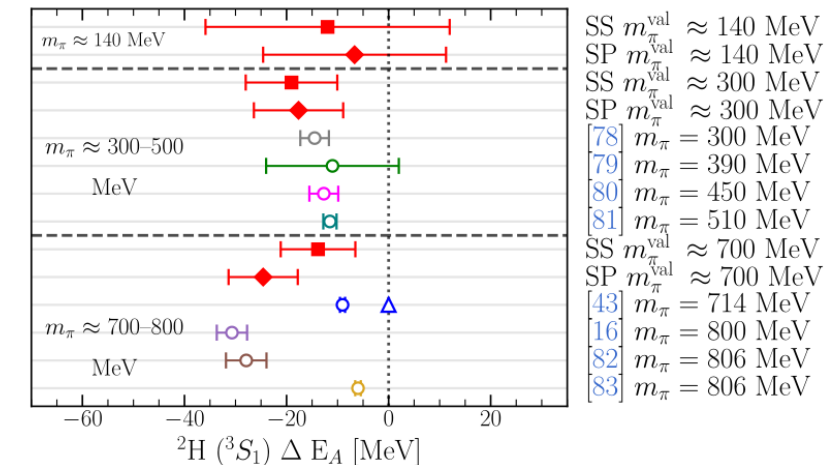
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Under **N-state saturation**, results predict a **bound state**

Lattice artifacts can be important

Phys.Rev.Lett. 127 (2021) 24, 242003
PoS CD2024 (2026) 019

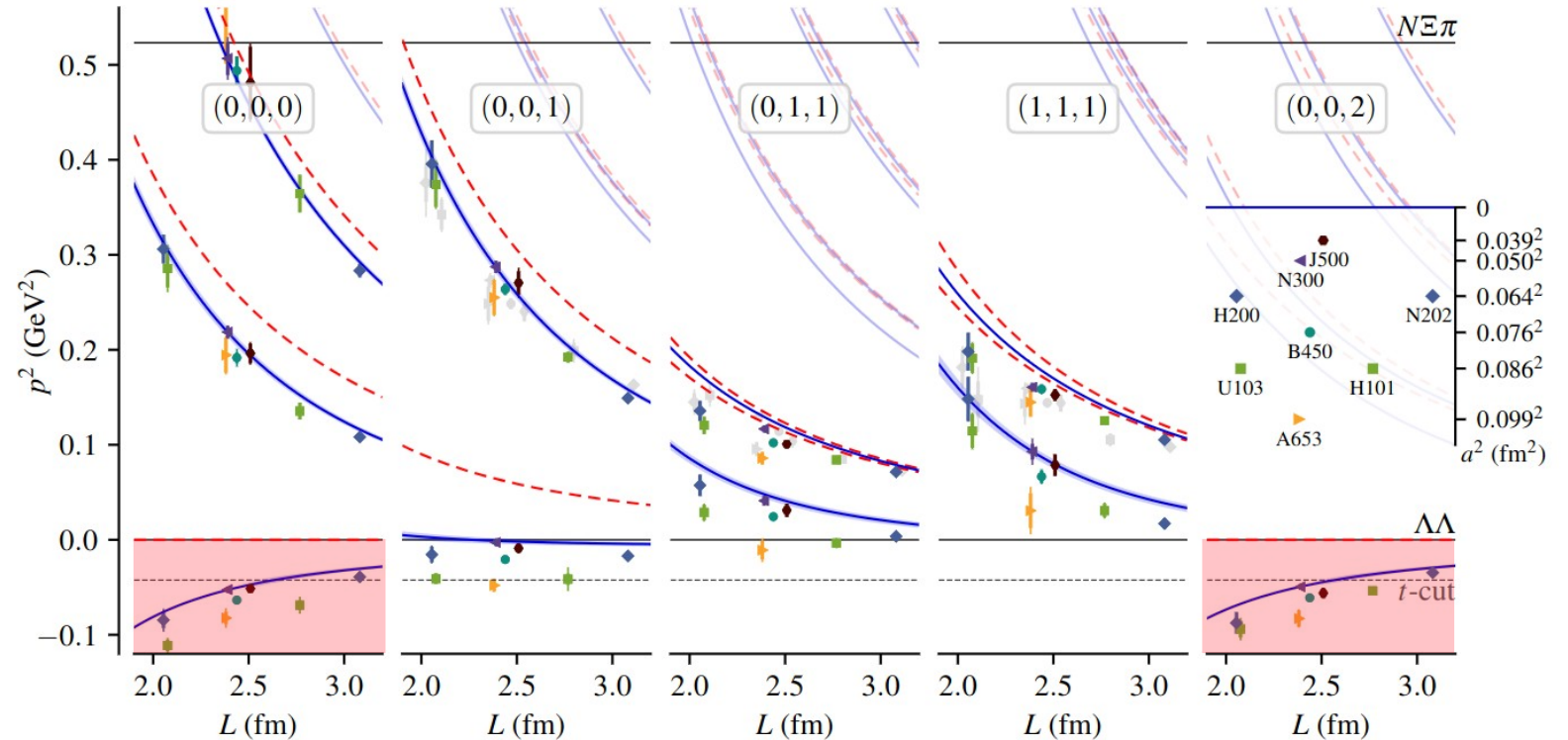
Juan Fernandez-de la Garza
Friday, 5:10 PM
Juan Ramon Jimenez

H-dibaryon (uuddss) possible bound state

2+1 Wilson-clover fermions, Lüscher-Weisz gauge action

Multi-ensemble with $a = 0.1$ to 0.04 fm, $m_\pi = m_K \approx 420$ MeV

At time did not have formalism for LHC: **exclude energies at/below cut**



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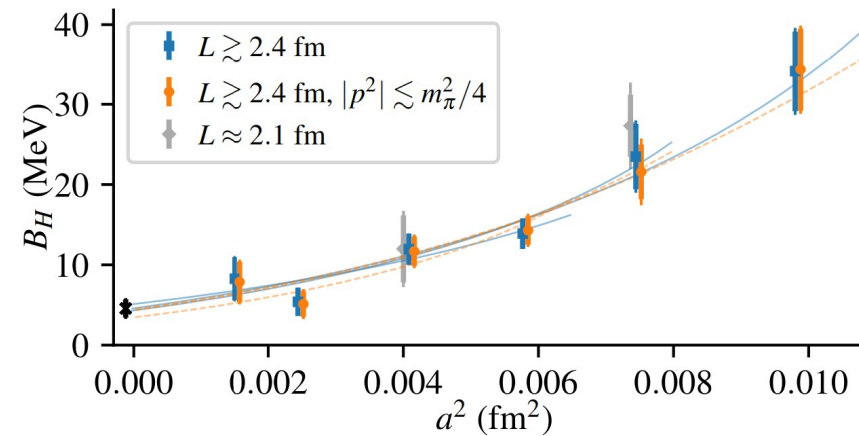
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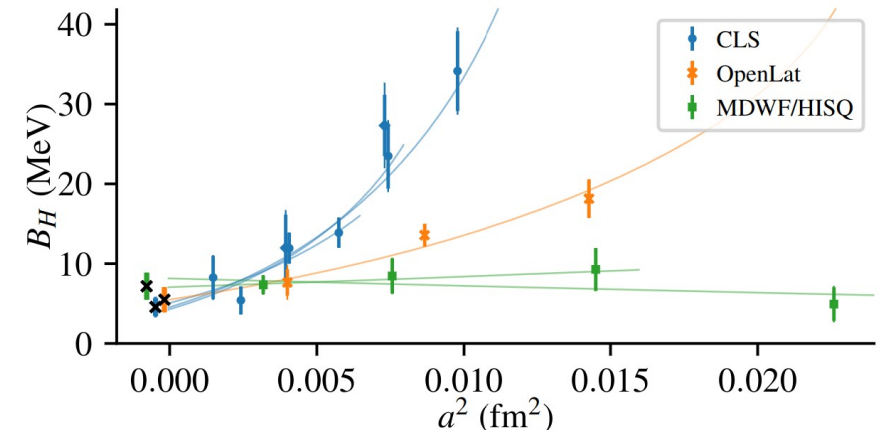
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$$B_H^{\text{SU}(3)} = 4.56 \pm 1.13 \pm 0.63 \text{ MeV}$$



Different actions
produce different lattice
artifacts



Reanalysis of the H-dibaryon

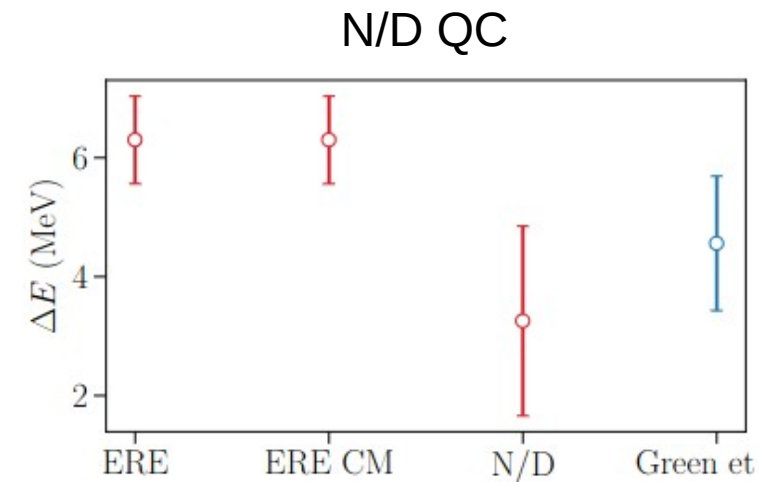
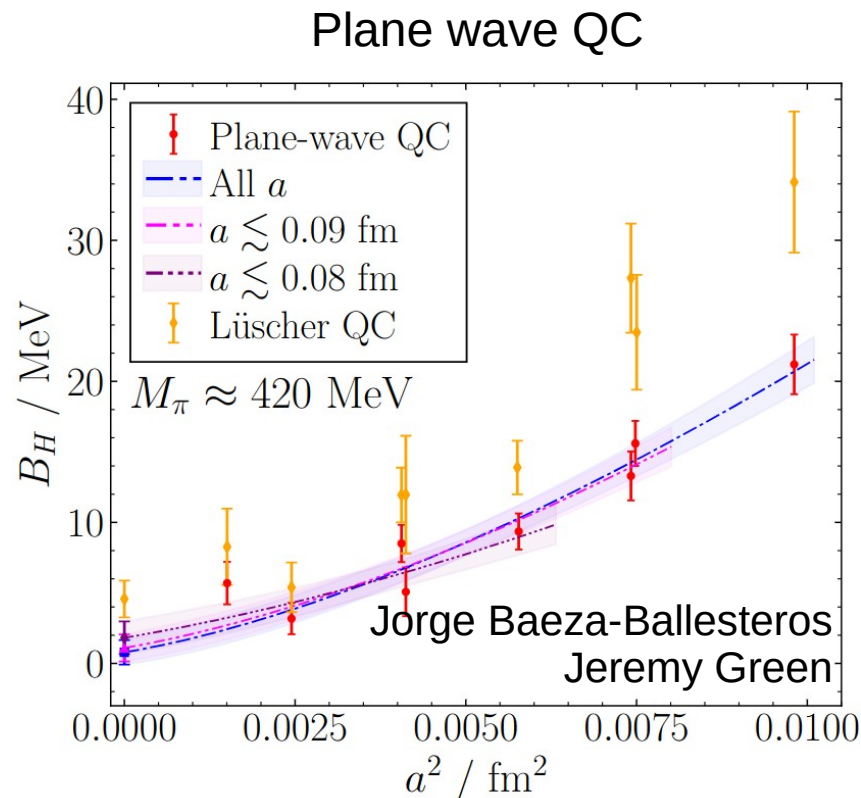
e-Print: 2605.22957 [hep-lat]

Lin Qiu

Friday, 4:50 PM

Juan Ramon Jimenez

Two independent reanalyses employ QC which account for LHC and therefore allow for full dataset to be analyzed: updated binding energy



Roughly 2 sigma shift from
previous analysis: system very
close to unbound

Limited but non-negligible
effect on the extraction of these
observables
Result also prefers weaker
bound state

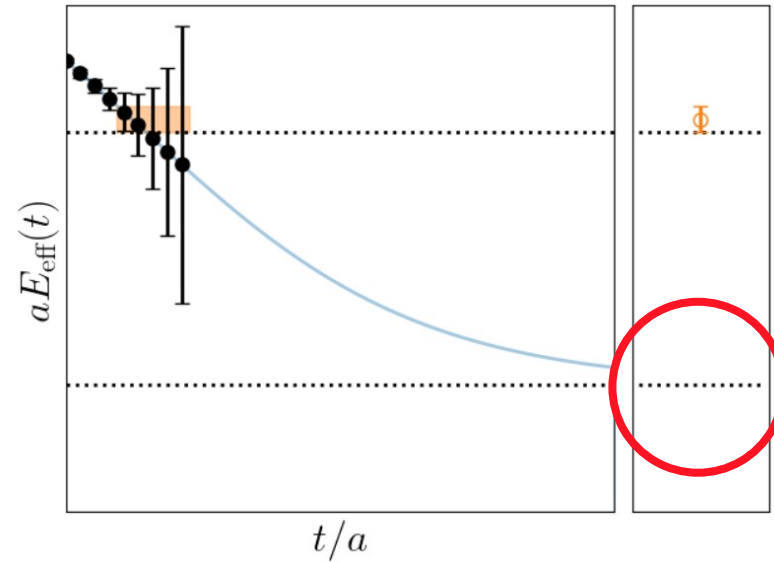
Assumption of N-state saturation can fail

At least two failure modes to be worried about:

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States **missing** from
numerically determined
spectrum*

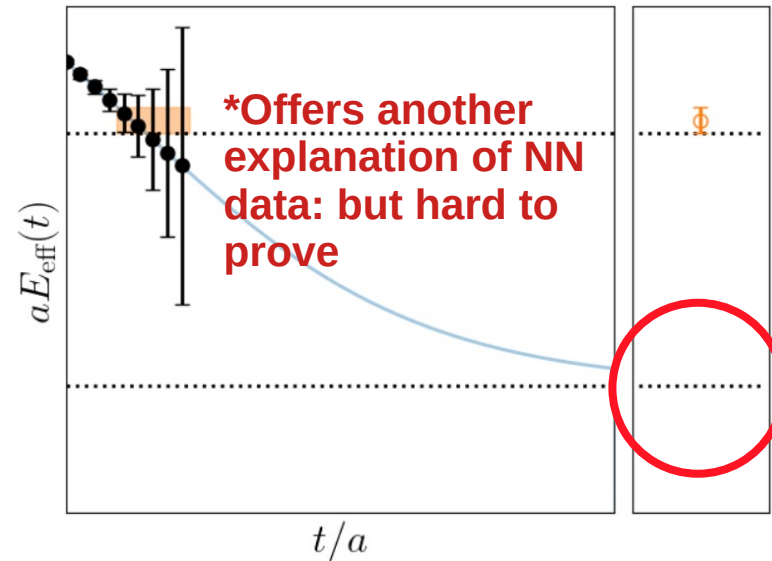


Nightmare scenario, but
cannot exclude

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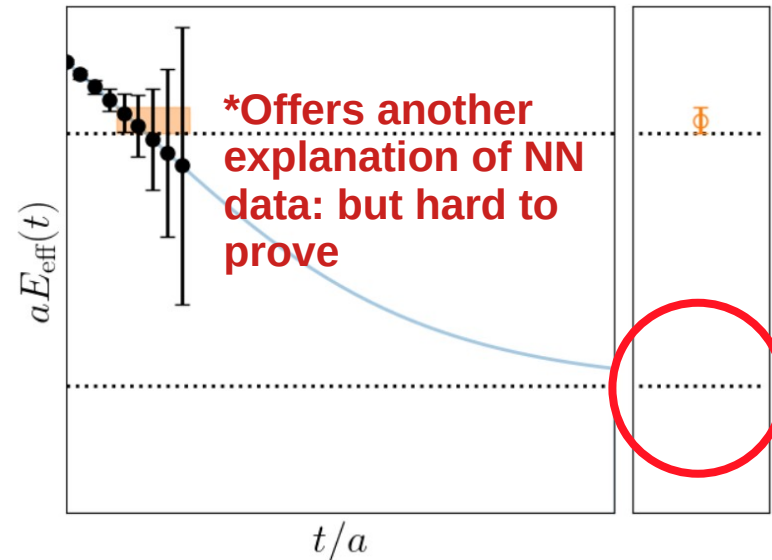


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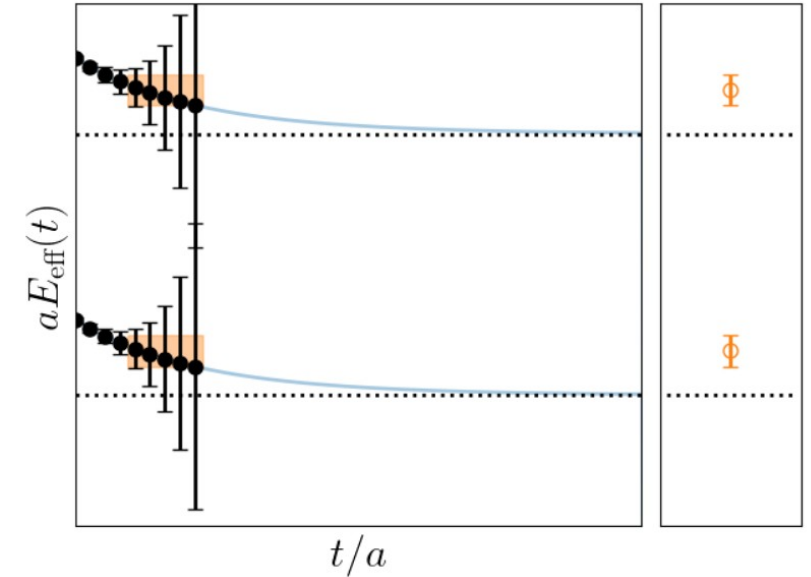
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States **missing** from numerically determined spectrum*



Nightmare scenario, but cannot exclude

Spectrum is **known qualitatively**, but energy estimators are **biased by excited state effects**



Very plausible: can we do spectroscopy **without N-state saturation?**

Two-sided bounds exist for eigenvalues

Phys.Rev.Lett. 134 (2025) 24, 241901
e-Print: 2601.22272 [hep-lat]

William Detmold
Friday, 4:10 PM
Juan Ramon Jimenez

Given an effective eigenvalue,

$$\tilde{\lambda} = \frac{C(2t+1)}{C(2t)} = \frac{\langle \mathcal{O} T^t | T | T^t \mathcal{O} \rangle}{\langle \mathcal{O} T^t | T^t \mathcal{O} \rangle}$$

Assuming **only** that T is Hermitian, **Residual bound:**

$$B = \frac{C_{ii}(2t+2)}{C_{ii}(2t)} - \left[\frac{C_{ii}(2t+1)}{C_{ii}(2t)} \right]^2$$

defines a two-sided window which **guarantees** the presence of **at least** one transfer-matrix eigenvalue.

$$\lambda_n \in [\tilde{\lambda} - \sqrt{B}, \tilde{\lambda} + \sqrt{B}]$$

Monotonicity of logarithm implies two-sided bounds on FV energies

$$E_n \in [-\ln(\tilde{\lambda} + \sqrt{B}), -\ln(\tilde{\lambda} - \sqrt{B})]$$

Assuming **no missing states** can use tighter **Gap bounds:**

$$E_n \in [-\ln(\tilde{\lambda} + B/G), -\ln(\tilde{\lambda} - B/G)]$$

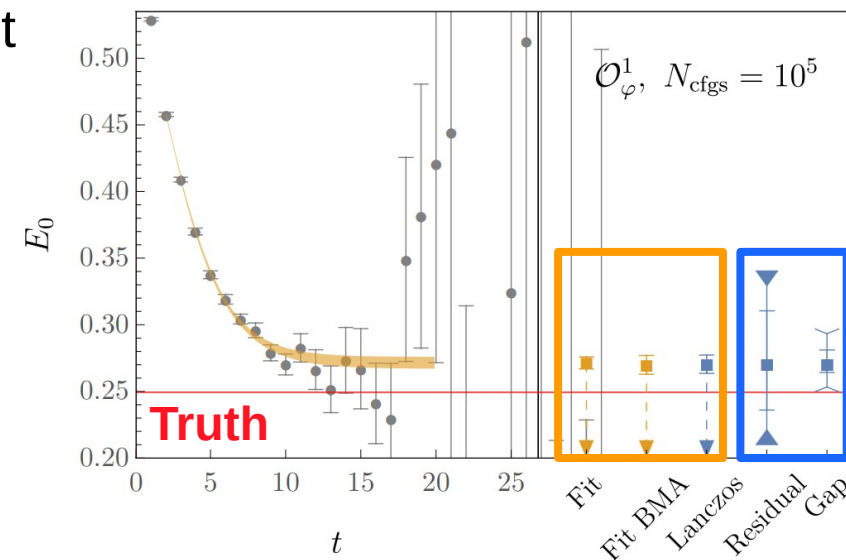
Bounds produce better calibrated uncertainties

Phys.Rev.Lett. 134 (2025) 24, 241901
e-Print: 2601.22272 [hep-lat]
e-Print: 2601.22273 [hep-lat]

Validate in toy model where exact solution is known

Fits to correlator **wrong** at multiple sigma

Residual and gap bounds **cover** true solution



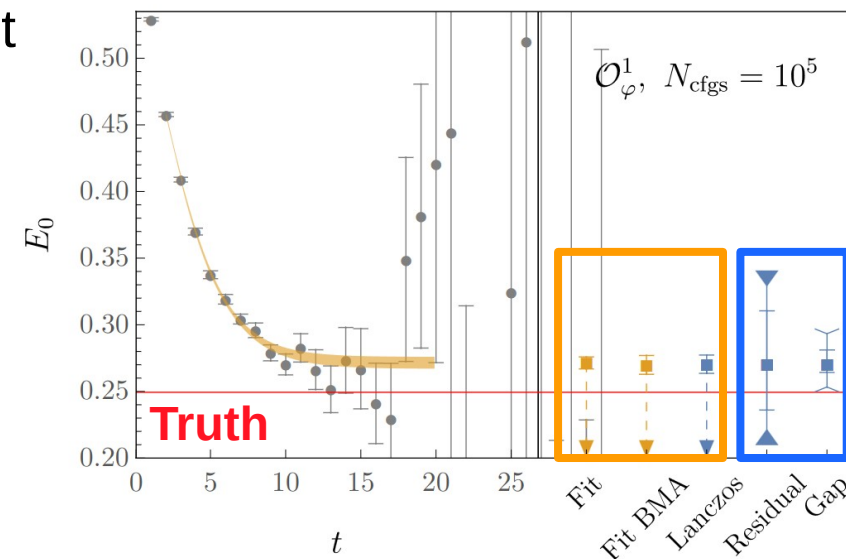
Bounds produce better calibrated uncertainties

Phys.Rev.Lett. 134 (2025) 24, 241901
e-Print: 2601.22272 [hep-lat]
e-Print: 2601.22273 [hep-lat]

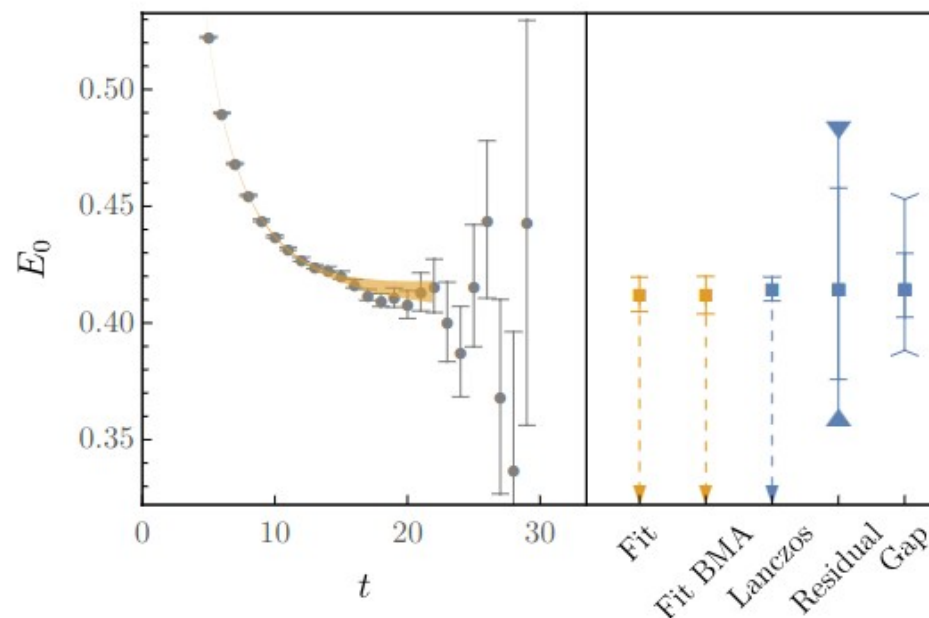
Validate in toy model where exact solution is known

Fits to correlator **wrong** at multiple sigma

Residual and gap bounds **cover** true solution



Nucleon mass



Constrain nucleon mass to 9-14% using residual bounds;

Constrain nucleon mass to 3-6% using gap bounds

Systematically improvable bounds offer path forward.

NPLQCD: Multi-ensemble analysis of H-dibaryon

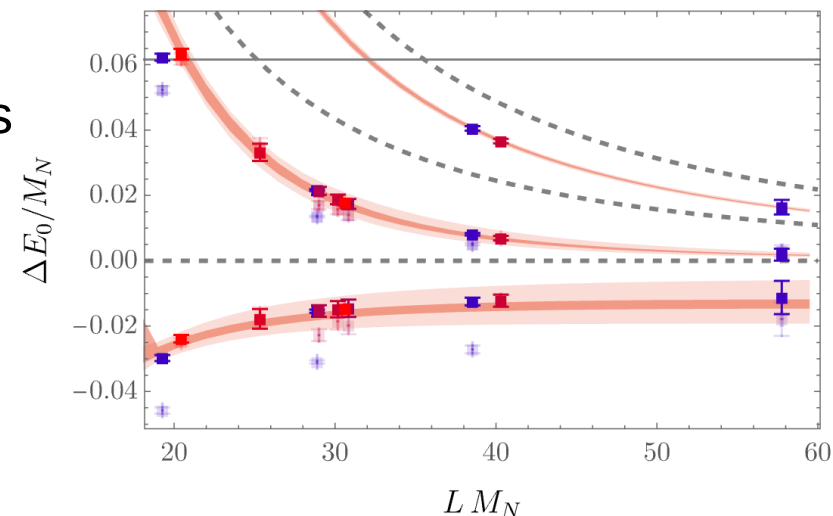
Michael Wagman
Friday, 4:30 PM
Juan Ramon Jimenez

Gap bounds tight enough to be useful: H-dibaryon at $m_\pi \approx 800$ MeV
11 Wilson-clover ensembles spanning $a = 0.077$ fm to 0.15 fm

$L = 2.5$ fm to 7.2 fm

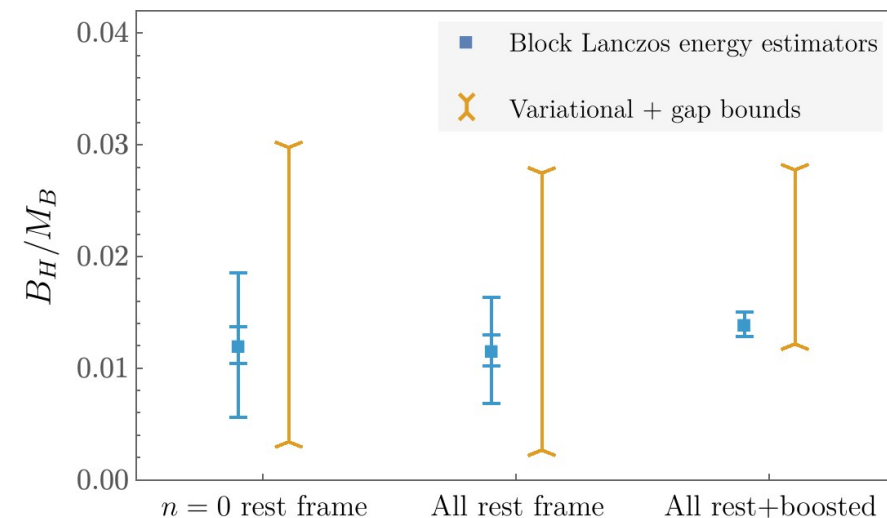
Spectroscopy using block Lanczos
with **48 operators, 4 boosts**

Gap bounds computed under
no-missing-states assumption



Expand K-matrix with effective
range expansion

After accounting for lattice
artifacts, mass mistuning,
determine H-dibaryon binding
energy $B_H/M_B = 0.0140^{+14}_{-2}$

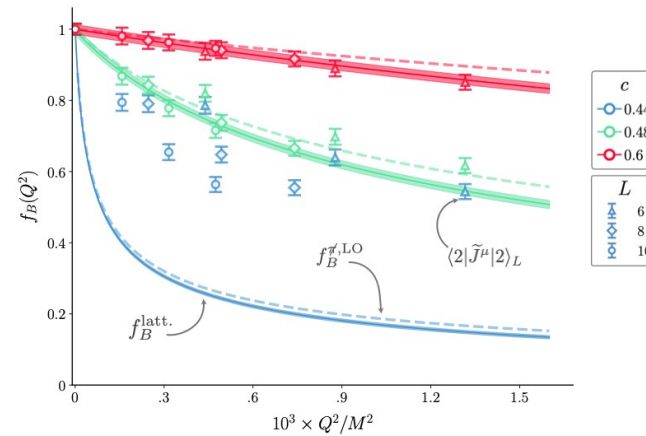


Other progress in the field

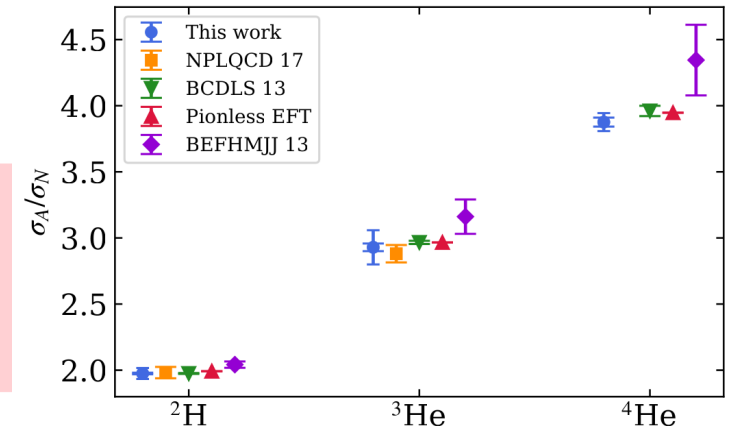
e-Print: 2602.20373 [hep-lat]
e-Print: 2603.28872 [hep-lat]
e-Print: 2603.09554 [hep-lat]

Takumi Doi
Jul 31, 2026, 2:00 PM
Juan Ramon Jimenez

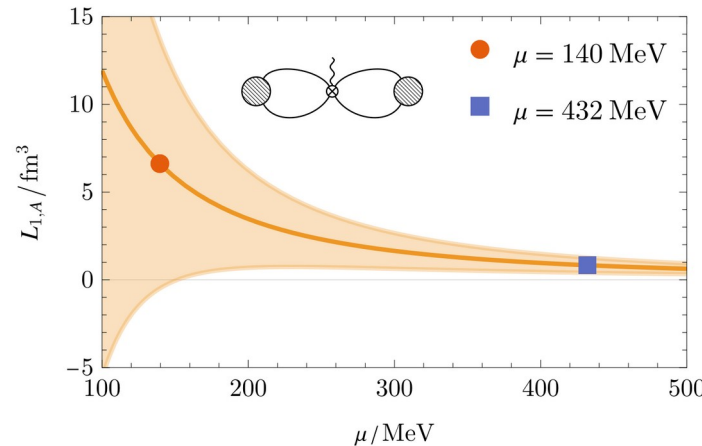
Koichi Murase
Jul 31, 2026, 2:40 PM
Juan Ramon Jimenez



Moscoso et al: Implemented $2 \rightarrow \mathcal{J} \rightarrow 2$ formalism in NN lattice EFT, Good agreement with theory

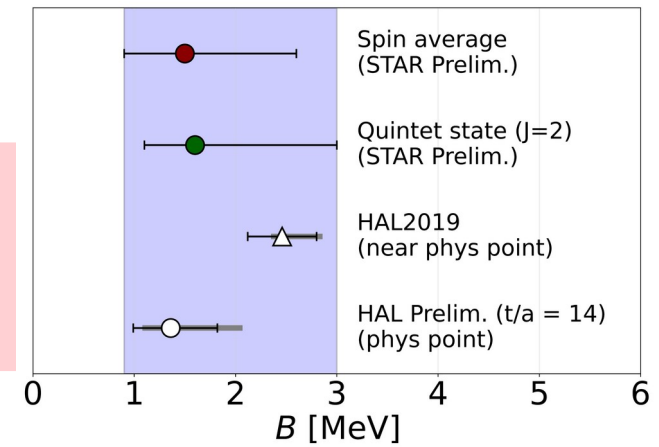


Chakraborty et al: masses of the deuteron, dineutron, ^3He , ^4He , nuclear sigma terms



Wang et al.: Constrained two-body LEC relevant for pp-fusion
 $L_{1,A} = 6.0(7.1) \text{ fm}^3$

HAL QCD: $p\Omega$ quasi-bound state at the physical point, agrees with recent STAR femtoscopy result



Conclusions

Systematically improvable nuclear physics essential for ongoing experimental programs.

Previous LQCD calculations demonstrated that nuclear physics was possible, but did not control all sources of systematics

Modern calculations are starting to explore these systematics

- ✓ Large operator basis
- ✓ Multiple volumes
- ✓ Lattice spacing dependence
- ✓ Spectroscopy assumptions

Need more calculations which address all of these systematics

Backup slides

The variational method

Possible to make these statements clear.

$$C_{ii}(t) = \langle 0 | \mathcal{O}_i(t) \mathcal{O}_i^\dagger(0) | 0 \rangle$$

Define wave function

$$|\psi_t\rangle = T^t \mathcal{O}_i^\dagger(0) |0\rangle \quad C_{ii}(2t+1) = \langle \psi_t | T | \psi_t \rangle$$

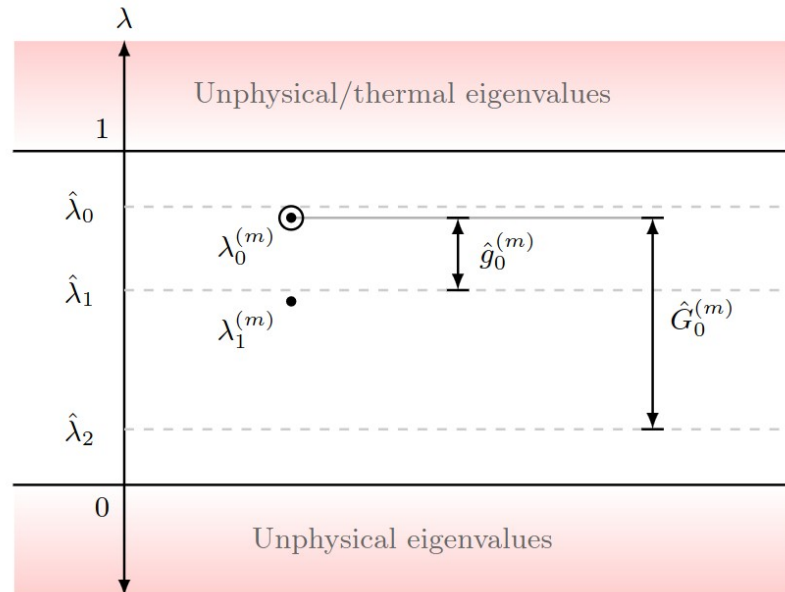
The variational principle from quantum mechanics:

$$\tilde{\lambda} = \frac{\langle \psi_t | T | \psi_t \rangle}{\langle \psi_t | \psi_t \rangle} = \frac{C(2t+1)}{C(2t)} \geq \lambda_0, \quad T |n\rangle = \lambda_n |n\rangle$$

$$E_{\text{eff}}(t) = -\log \left[\frac{C(2t+1)}{C(2t)} \right] \geq E_0$$

Bounds in the Lanczos framework

Phys.Rev.Lett. 134 (2025) 24, 241901
 Phys.Rev.D 112 (2025) 5, 054506
 Phys.Rev.D 112 (2025) 1, 1
 e-Print: 2503.17357 [hep-lat]



Residual bounds: eigenvalue guaranteed to exist in two-sided window

$$\lambda_k^{(m)} \pm \sqrt{B_k^{L/R(m)}}$$

where

$$B_k^{R/L(m)} = \frac{\langle y_k^{R/L(m)} | [T - T^{(m)}]^2 | y_k^{R/L(m)} \rangle}{\langle y_k^{R/L(m)} | y_k^{R/L(m)} \rangle}$$

Gap bounds: When gaps between states are (approximately) known,

$$\lambda_k^{(m)} \pm \frac{B_k^{L/R(m)}}{G_k^{(m)}}$$

Where $G_k^{(m)}$ is gap to first “missing” state.

$$\hat{G}_k^{(m)} \equiv \left| e^{-E_{\text{miss}}} - \lambda_k^{(m)} \right|$$

E_{miss} : energy non in 1-1 correspondence with energy estimator

Assumptions in spectroscopy

Slide from M. Wagman

Assume nothing

- **Lanczos residual bounds**

[MW, PRL 134 \(2025\)](#)

$$O(\sqrt{B})$$

New directly calculable small parameter for quantifying systematic errors

Assume no missing levels in some energy range

- **Lanczos gap bounds** $O(B)$ calculable error bounds

[Detmold, MW, et al \[NPLQCD\], arXiv:2601.22272](#)

[Detmold, MW, et al \[NPLQCD\], arXiv:2601.22273](#)

Assume energy estimators have saturated their asymptotic values

- **Statistical uncertainties on fits / energy estimators**

$O(e^{-\delta_1 t})$ systematics, no calculable error bounds

Requires strong assumptions about energy spectrum and operator overlaps for multi-hadron systems where $e^{-\delta_1 t}$ is not a small parameter

More conservative

More precise

Assumptions in spectroscopy

JHEP 10 (2016) 101
Phys.Rev.C 113 (2026) 2, 024002
e-Print: 2601.22272 [hep-lat]

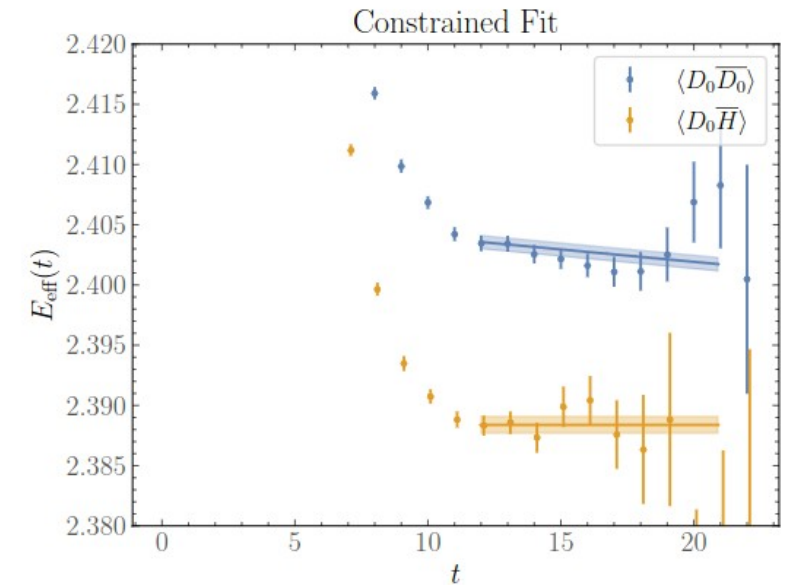
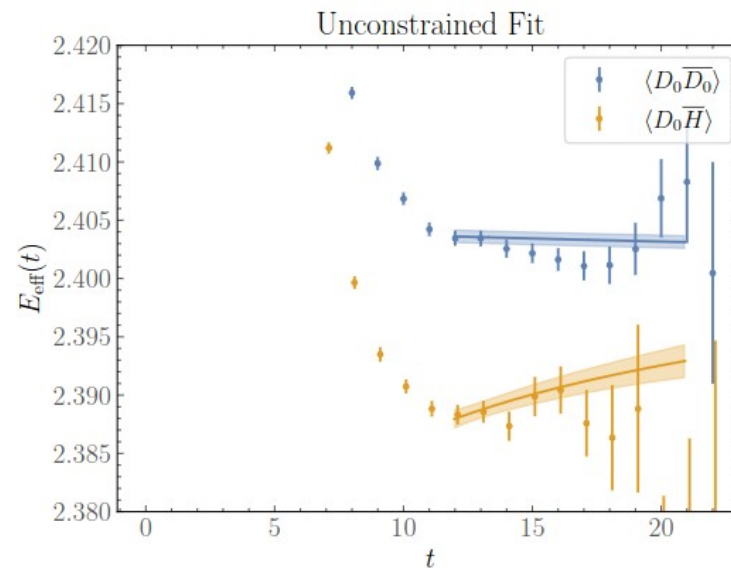
Compare symmetric and asymmetric correlators

$$C_{\text{sym}}(t) = \sum_n |z_n|^2 e^{-E_n t} > 0$$

$$C_{\text{asym}}(t) = \sum_n z_n z_n'^* e^{-E_n t} \not> 0$$

Excited states can interfere to cause false plateaus in asymmetric correlators

20 Million propagators:



Data precision **not sufficient** to make conclusion without additional assumptions

Asymmetric solution “unnatural”