

Disentangling cosmic distance tensions with early and late dark energy

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with

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This talk

- Cosmic distance tensions
 - CMB+BAO+SN and phantom dark energy
 - Disentangling CMB+BAO and BAO+SN
 - H_0 tension
- Addressing these tensions
 - Early time: CMB+BAO(+ H_0) and early dark energy
 - Late time: BAO+SN and thawing quintessence

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Three probes of the expansion history of the universe

Cosmic background microwave
(CMB)
 $z \sim 1100$

Baryon acoustic
oscillations
(BAO)
 $z \sim 1$

Supernovae
(SN)
 $z \sim 0.1-1$

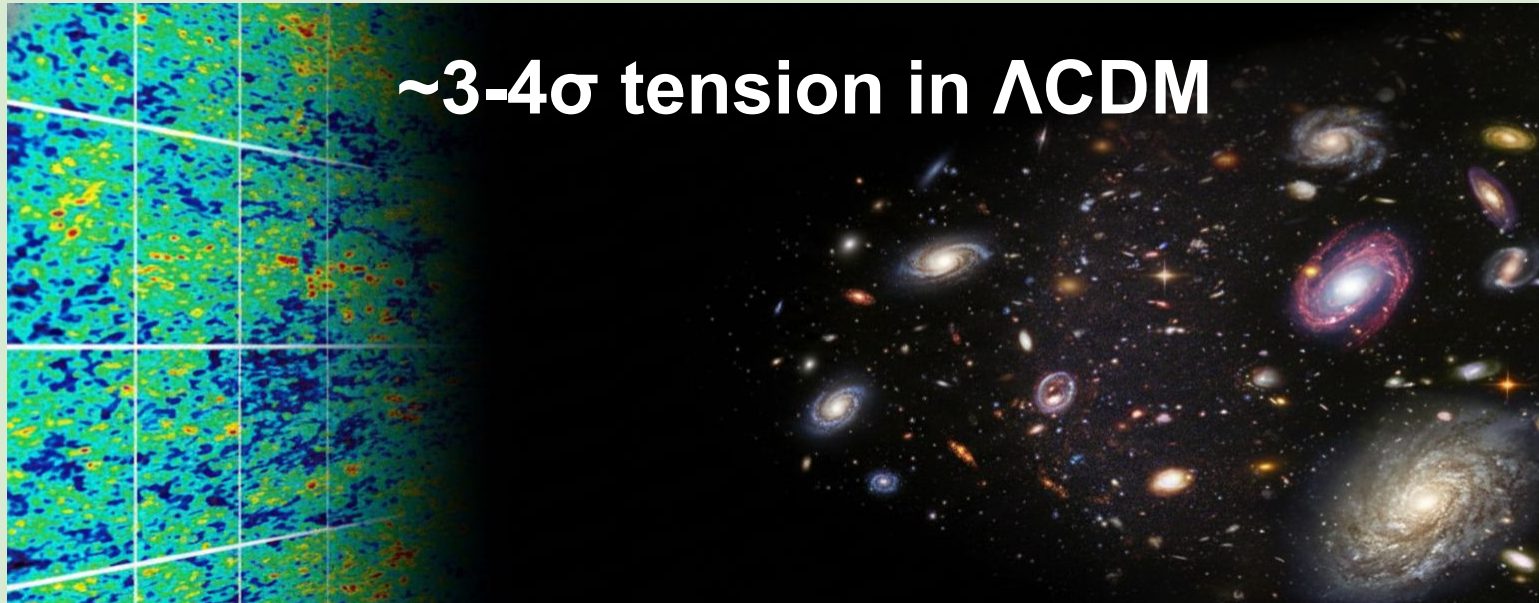


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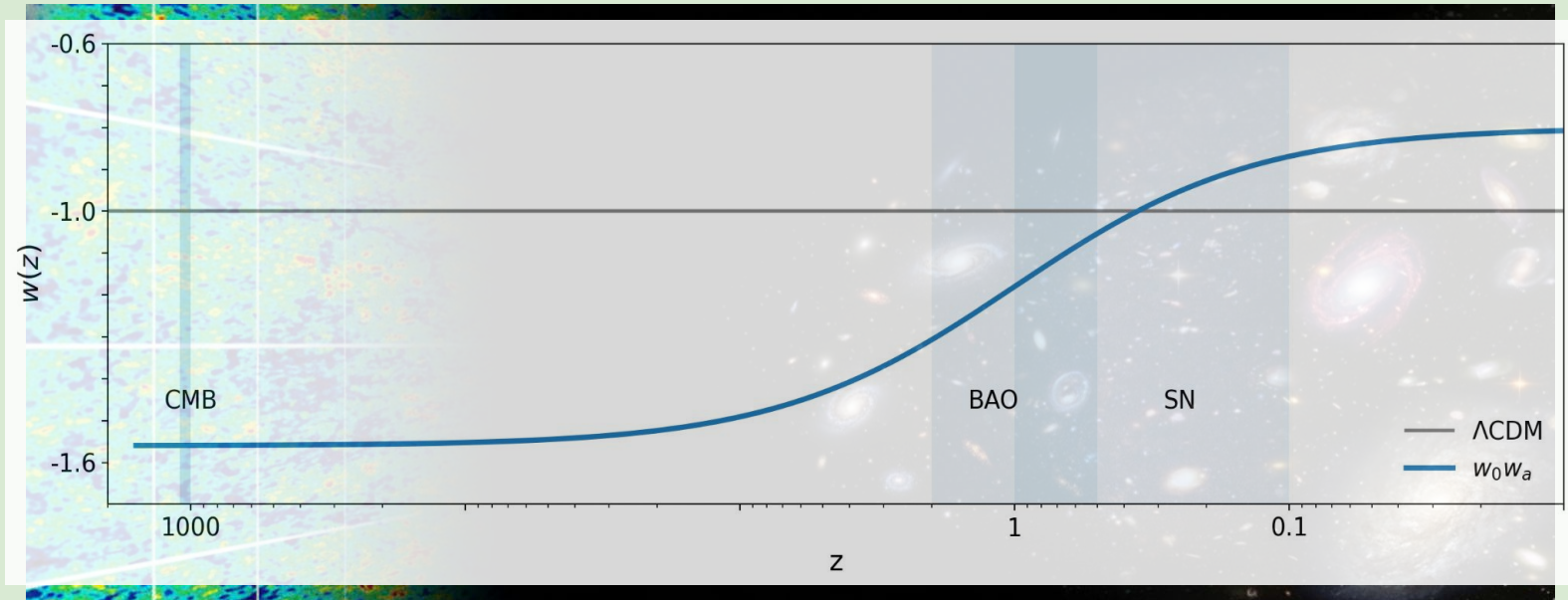
Supernovae
(SN)
 $z \sim 0.1-1$



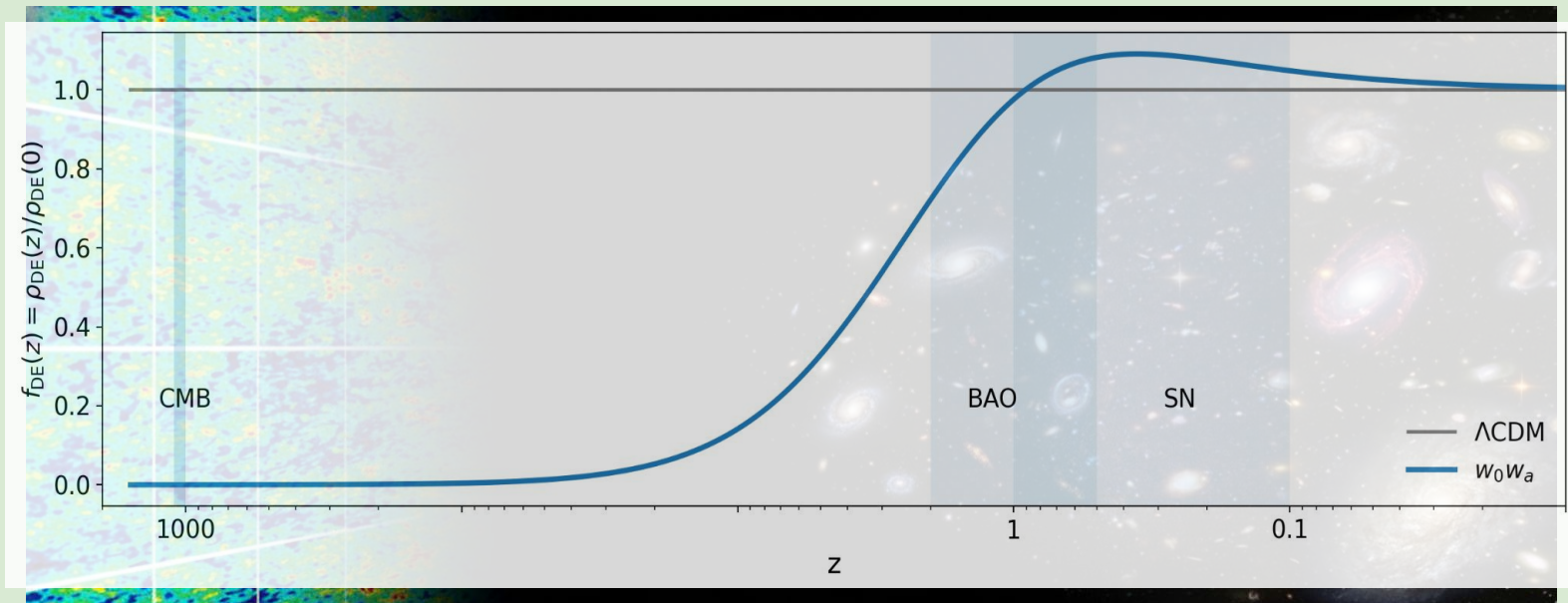
Can be interpreted as a preference for phantom DE

CPL parametrization:

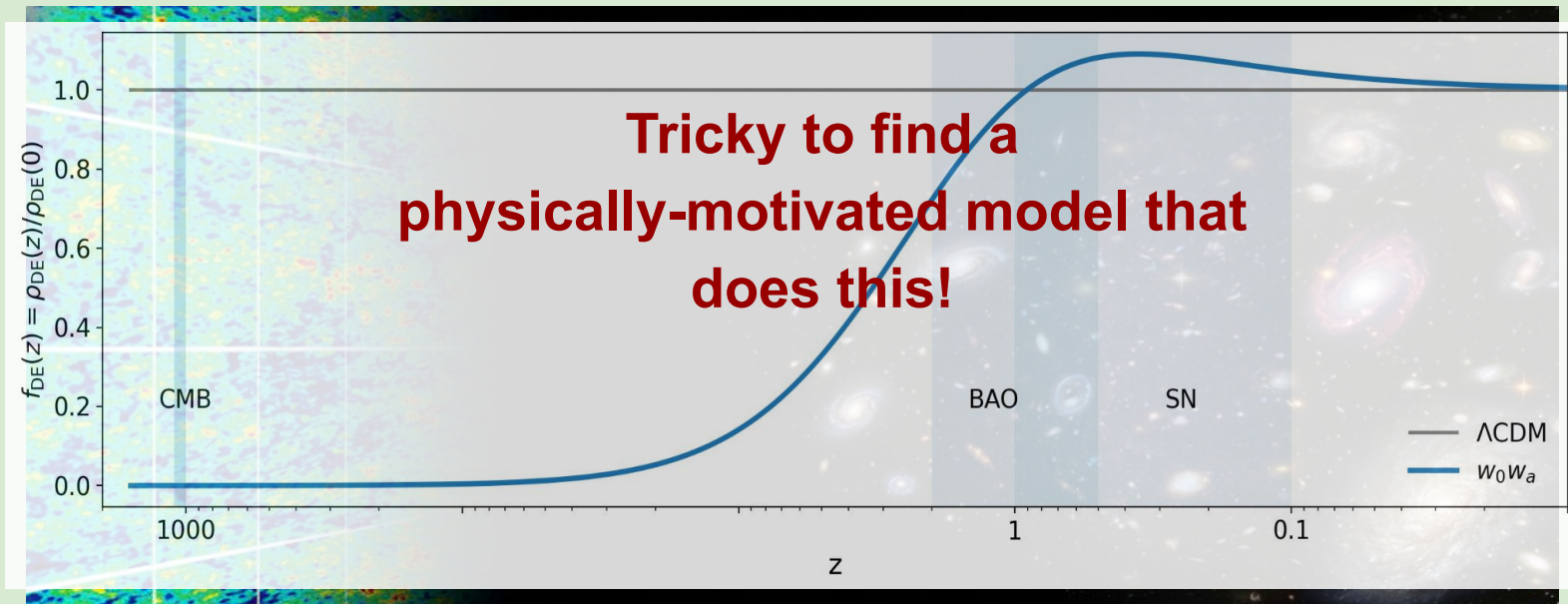
$$w(z) = w_0 + w_a z/(1+z)$$



Energy density of DE appears to grow over time



Energy density of DE appears to grow over time



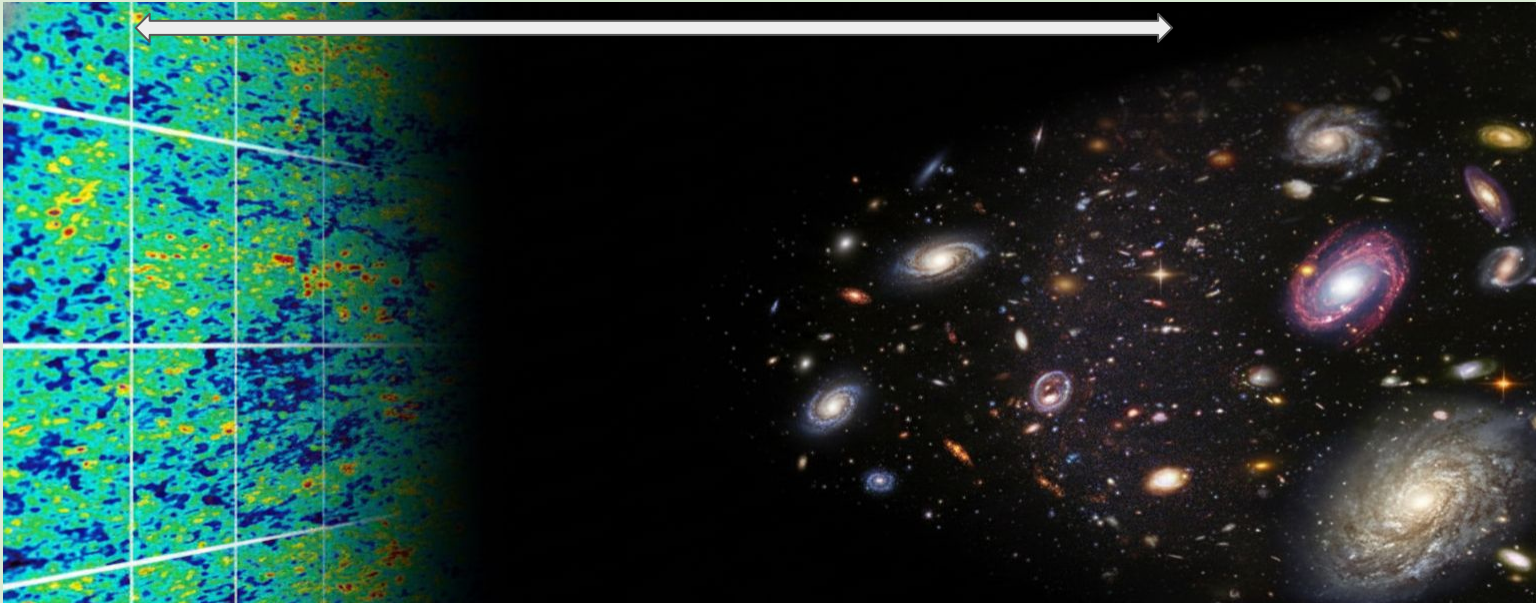
CMB+BAO tension is about high redshift distances

CMB

$z \sim 1100$

BAO

$z \sim 1$



BAO+SN tension is about low redshift distances

BAO

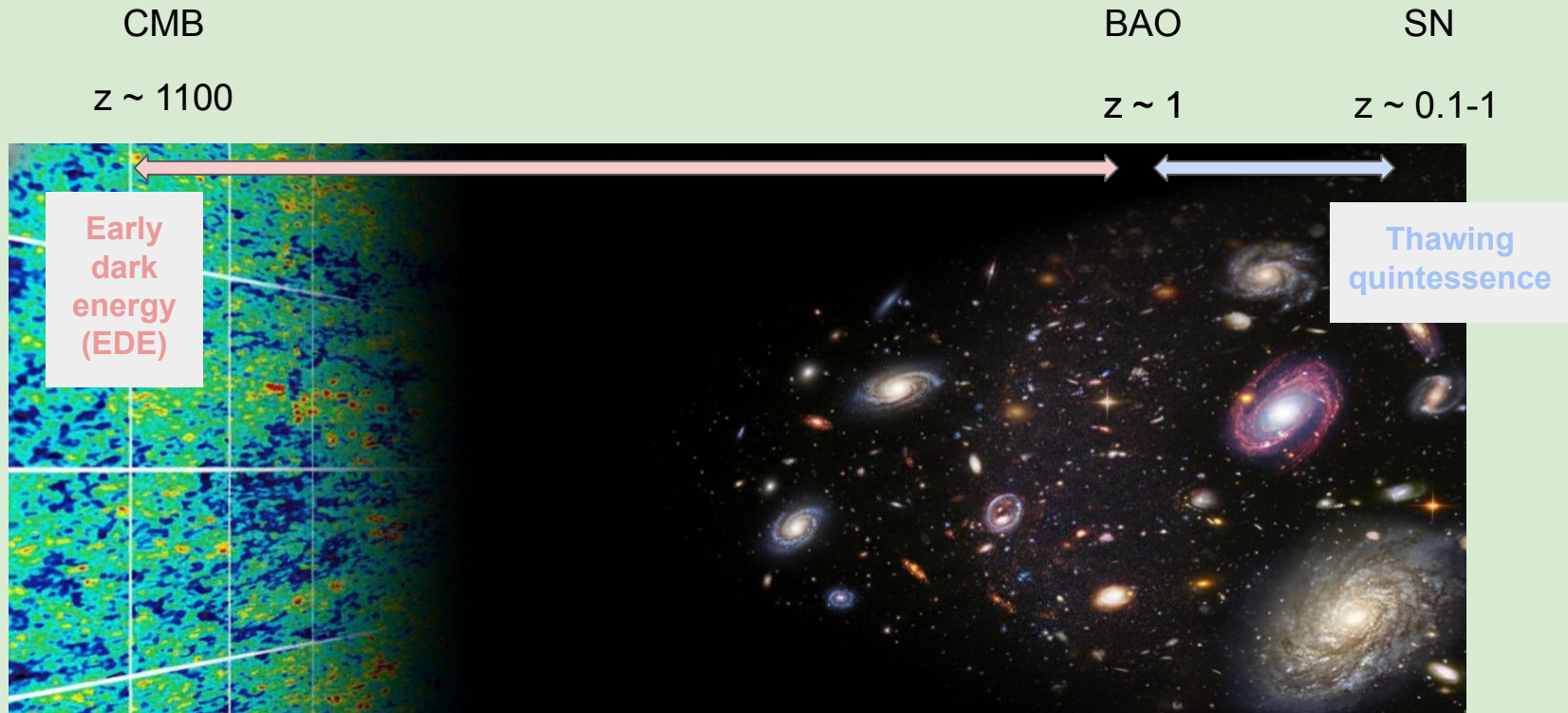
SN

$z \sim 1$

$z \sim 0.1-1$



Disentangle the tensions



EDE: potential resolution to the Hubble tension



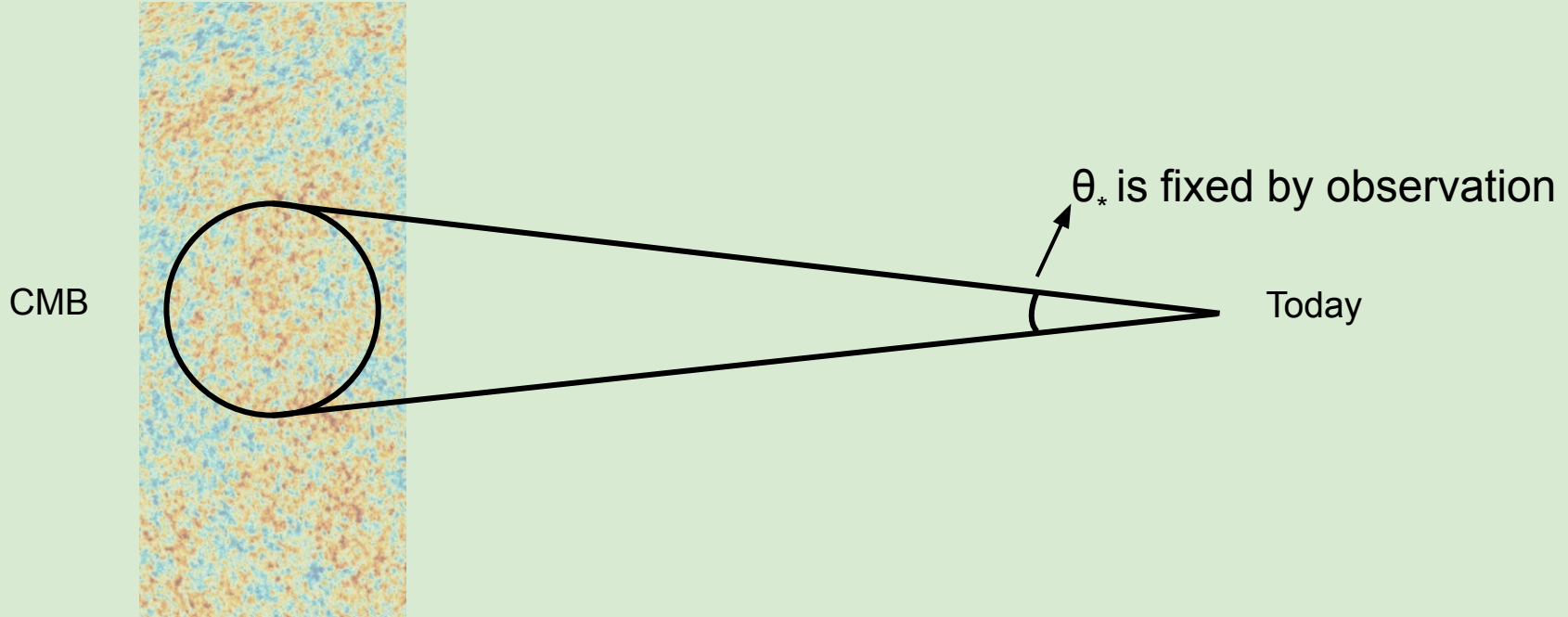
EDE: potential resolution to the Hubble tension

$\sim 7\sigma$ tension

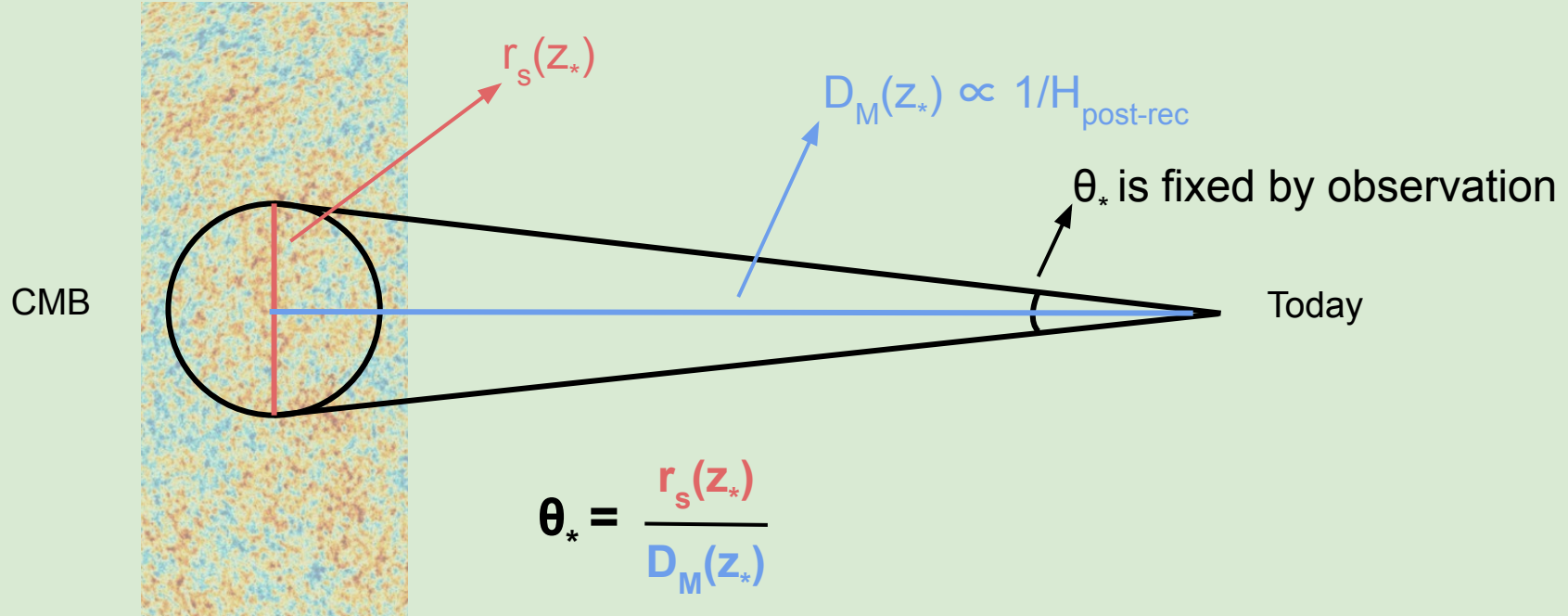
Fit Λ CDM to the early universe
 $H_0 = 67.24 \pm 0.35$
km/s/Mpc

Directly measure in current universe
 $H_0 = 73.50 \pm 0.81$
km/s/Mpc [H0DN]

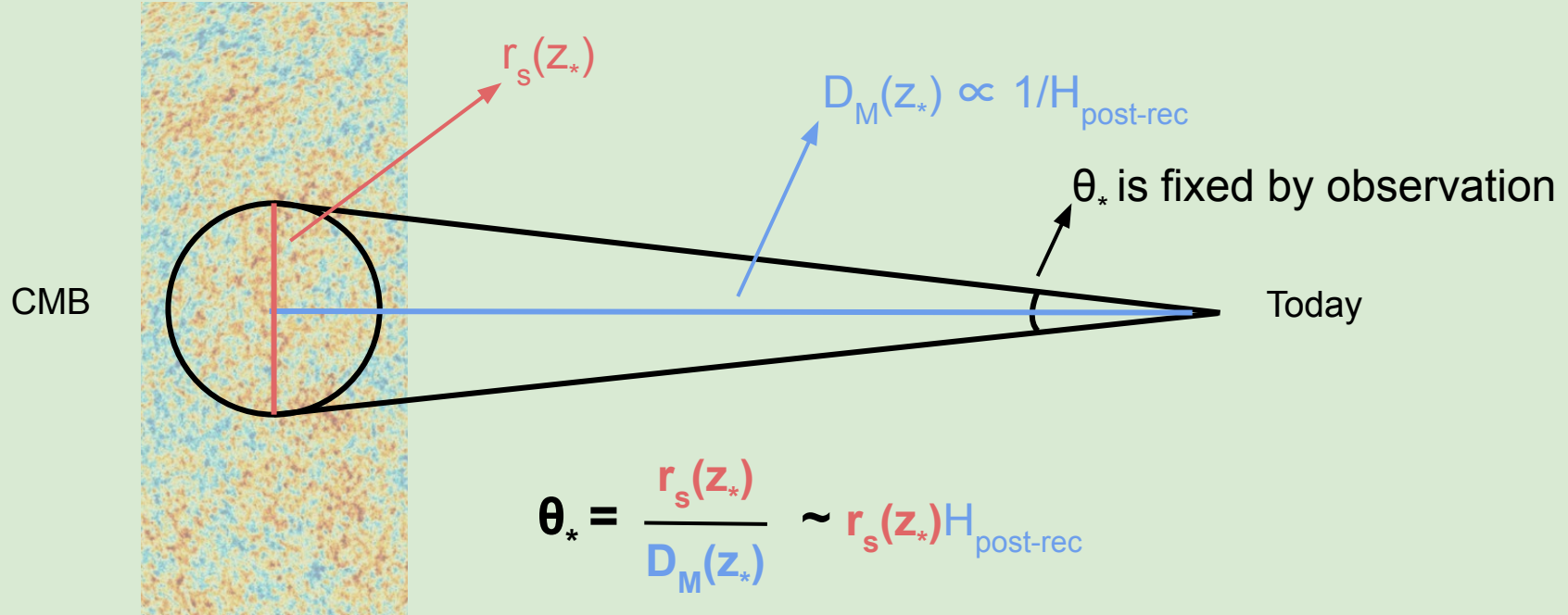
CMB primer



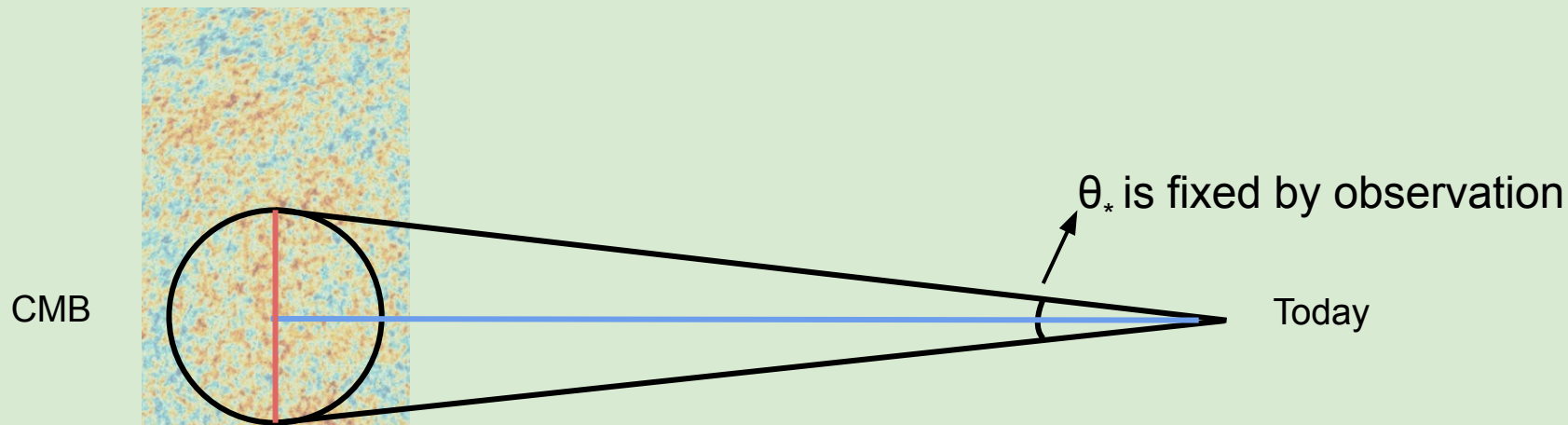
CMB primer



CMB primer



CMB primer

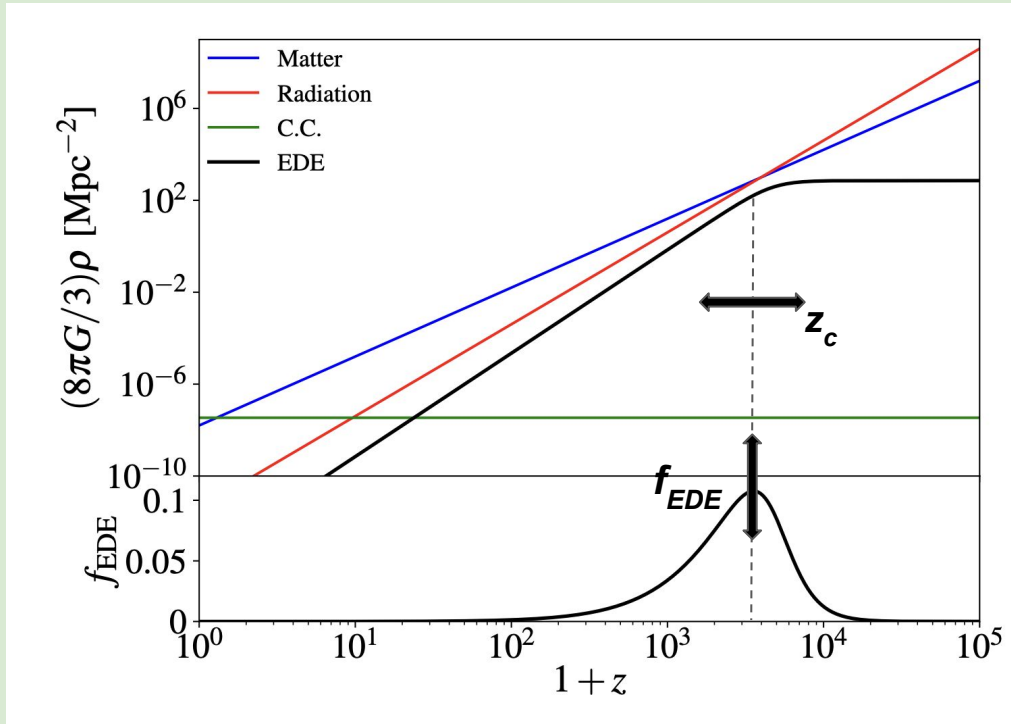


$$\theta_* = \frac{r_s(z_*)}{D_M(z_*)} \sim r_s(z_*) H_{\text{post-rec}}$$

EDE reduces $r_s(z_*)$

Which increases
inferred H_0

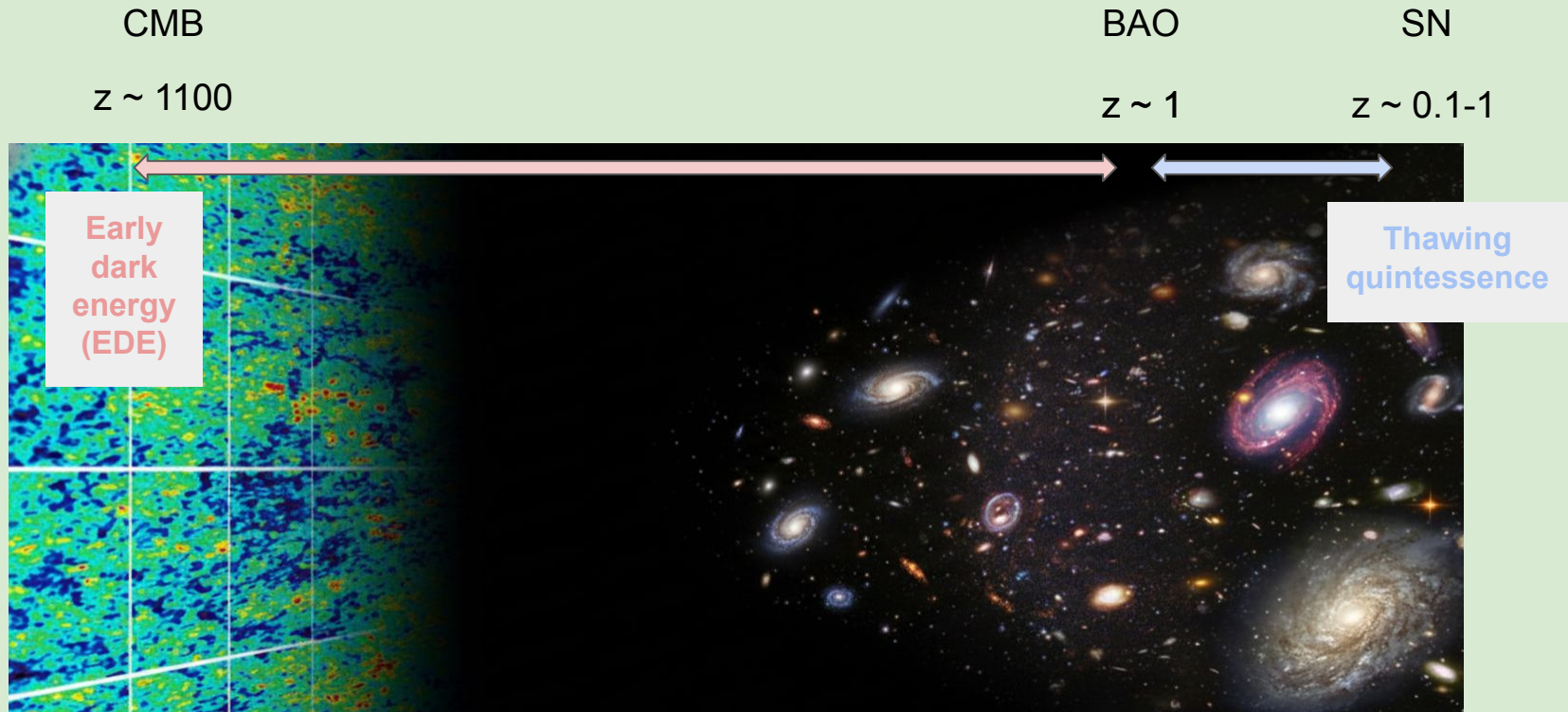
Early dark energy



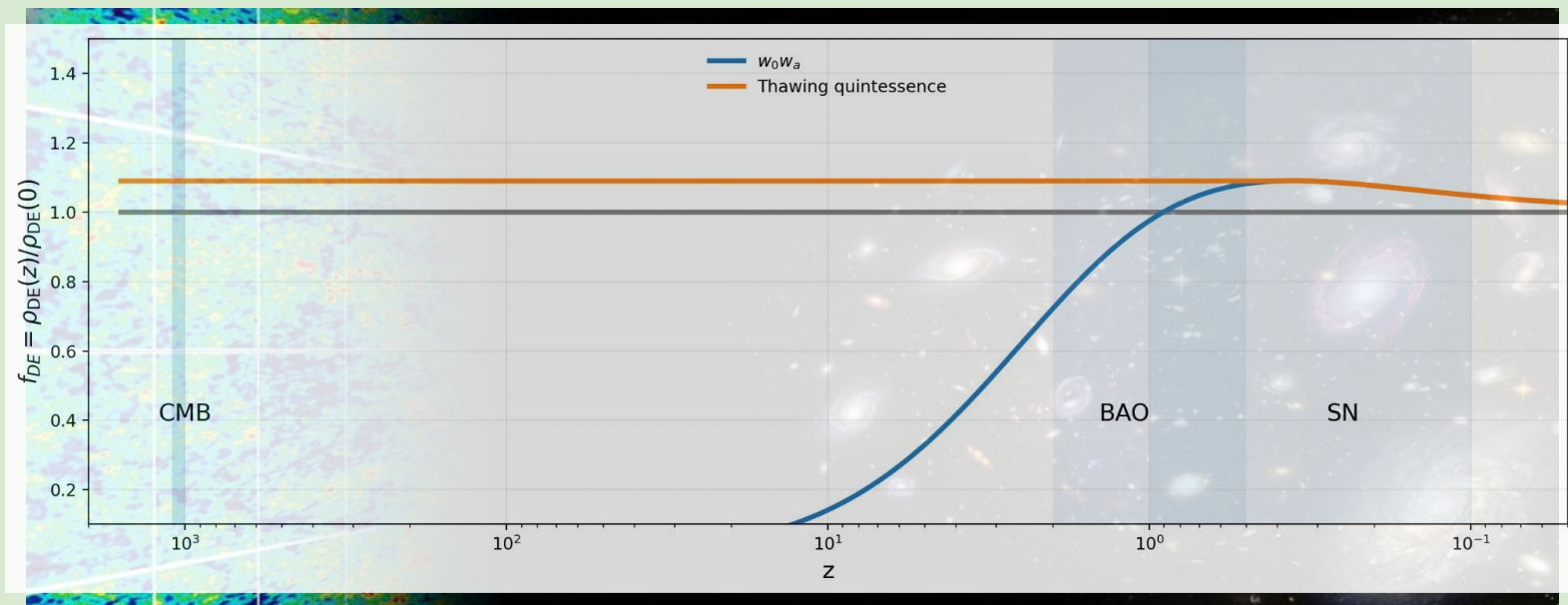
EDE model parameters

- f_{EDE} → how much EDE
- z_c → when it appears
- ϕ_i → initial value of scalar field

Disentangle the tensions

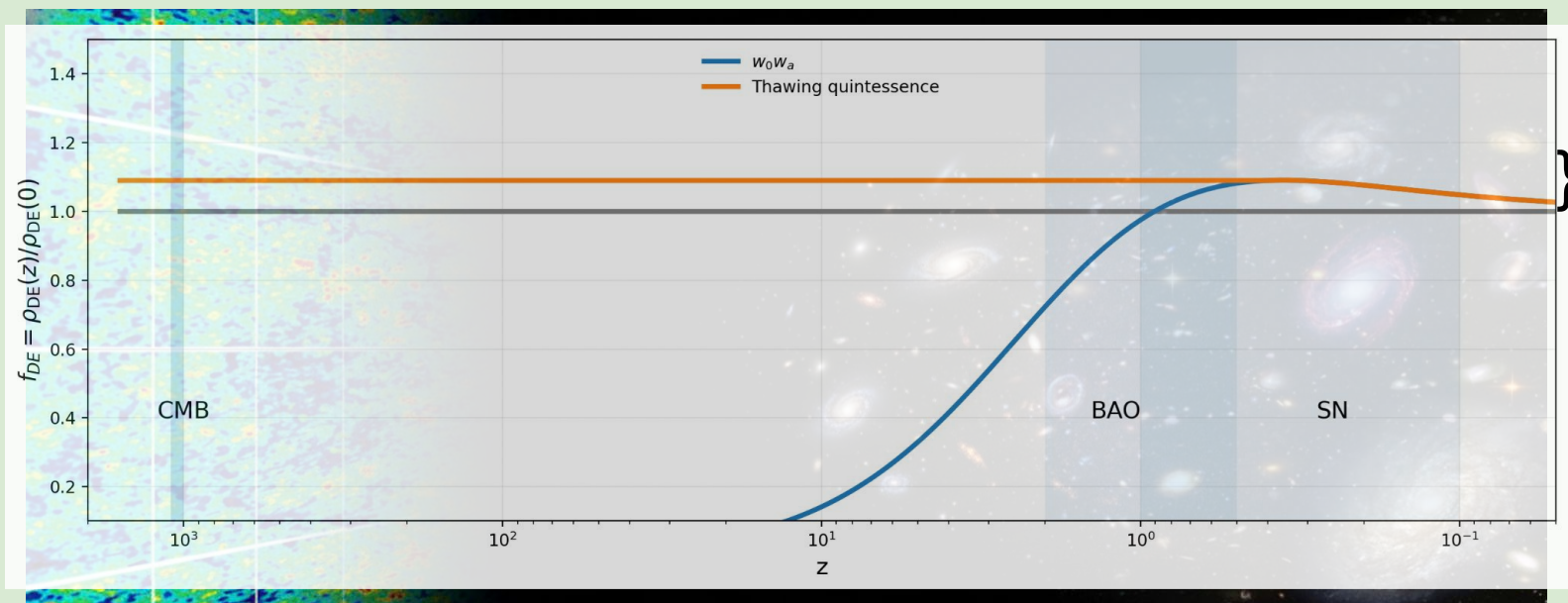


Thawing quintessence models start “frozen” at constant ρ and then “thaw”



Thawing quintessence models start “frozen” at constant ρ and then “thaw”

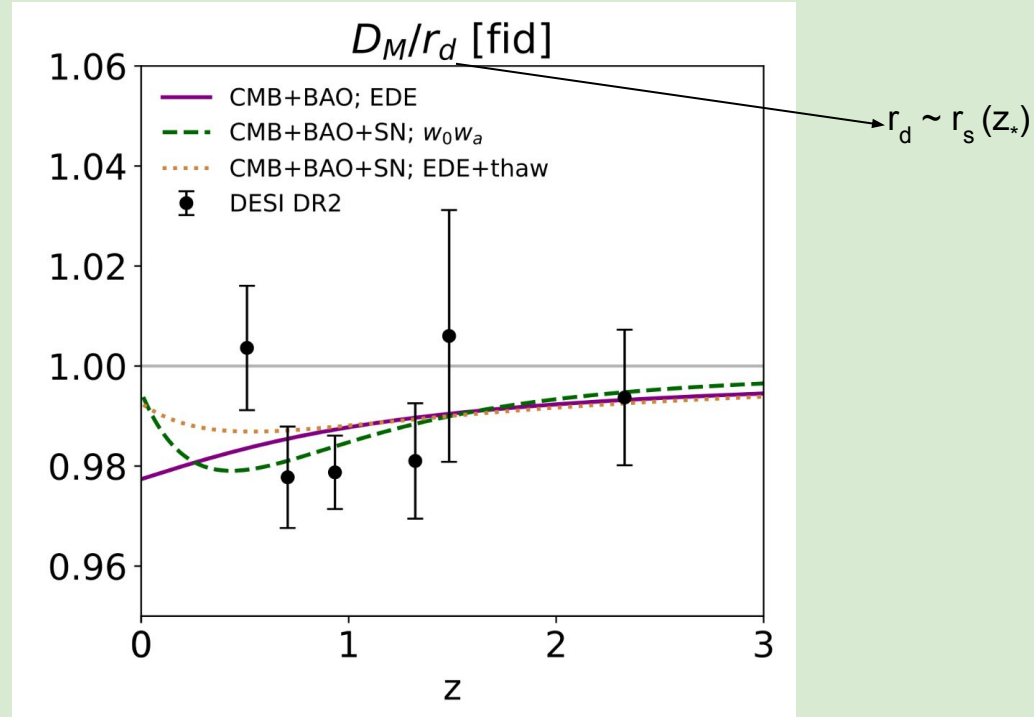
Deviation from Λ
given by one free
parameter w_0



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 - Disentangling CMB+BAO and BAO+SN
 - H_0 tension
- **Addressing these tensions**
 - **Early time: CMB+BAO(+ H_0) and early dark energy**
 - **Late time: BAO+SN and thawing quintessence**

BAO measure distances relative to the sound horizon

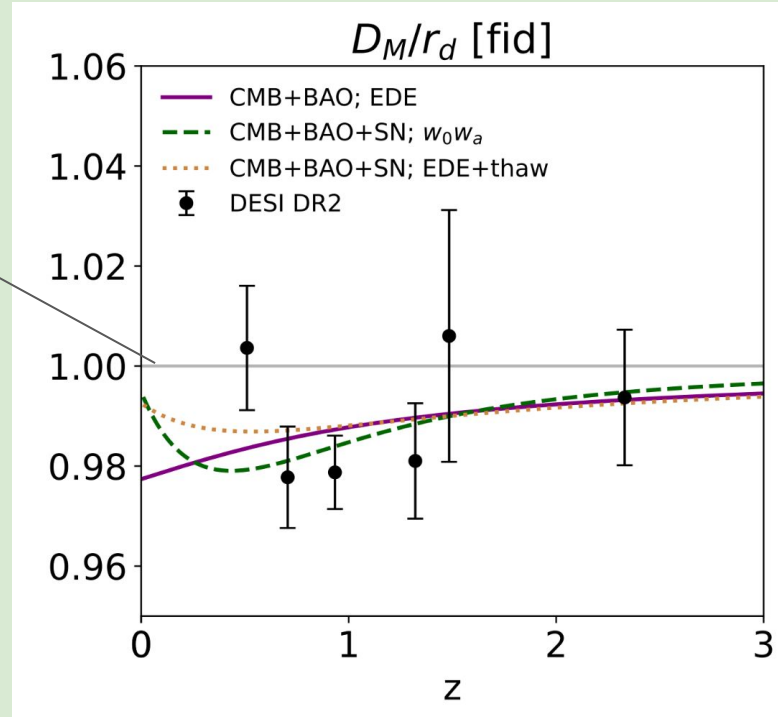


CMB+BAO tension

CMB = Planck + ACT DR6 +
SPT3G (incl. lensing)

BAO = DESI DR2

Fid. LCDM
model

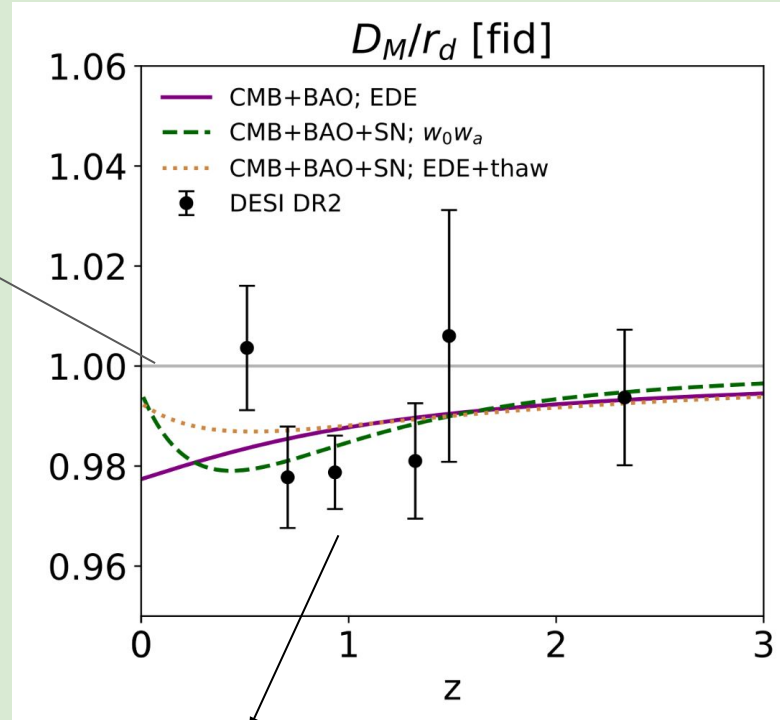


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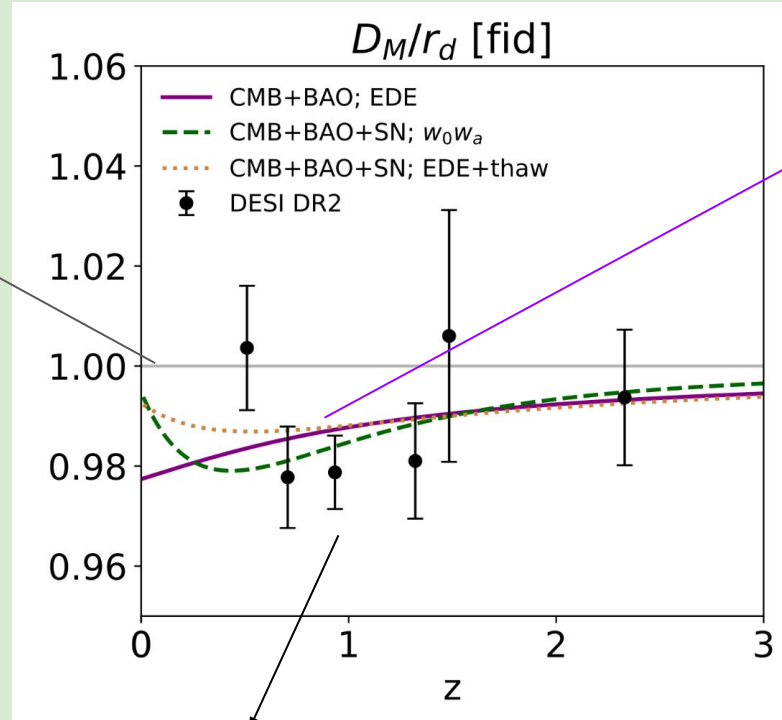
BAO data 1-2% lower D_M/r_d

CMB+BAO tension

CMB = Planck + ACT DR6 +
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BAO = DESI DR2

Fid. LCDM
model



EDE lowers D_M/r_d

BAO data 1-2% lower D_M/r_d

EDE reduces both the **CMB+BAO** and **Hubble** tensions

For CMB+BAO data:

$$\chi^2_{\text{EDE}} - \chi^2_{\text{LCDM}} = -9.4$$

LCDM

$$H_0 = 68.16$$

EDE

$$H_0 = 70.87$$

EDE reduces both the CMB+BAO and Hubble tensions

For CMB+BAO data:

[Note that this does not include H_0 data]

$$\chi^2_{\text{EDE}} - \chi^2_{\text{LCDM}} = -9.4$$

LCDM

$$H_0 = 68.16$$

EDE

$$H_0 = 70.87$$

$7.1\sigma \rightarrow 2.1\sigma$

Disentangle the tensions

CMB
 $z \sim 1100$



BAO
 $z \sim 1$



SN
 $z \sim 0.1-1$



What about SN?

**1) Does adding SN data
disfavor the EDE solution to the
CMB+BAO(+ H_0) tension?**

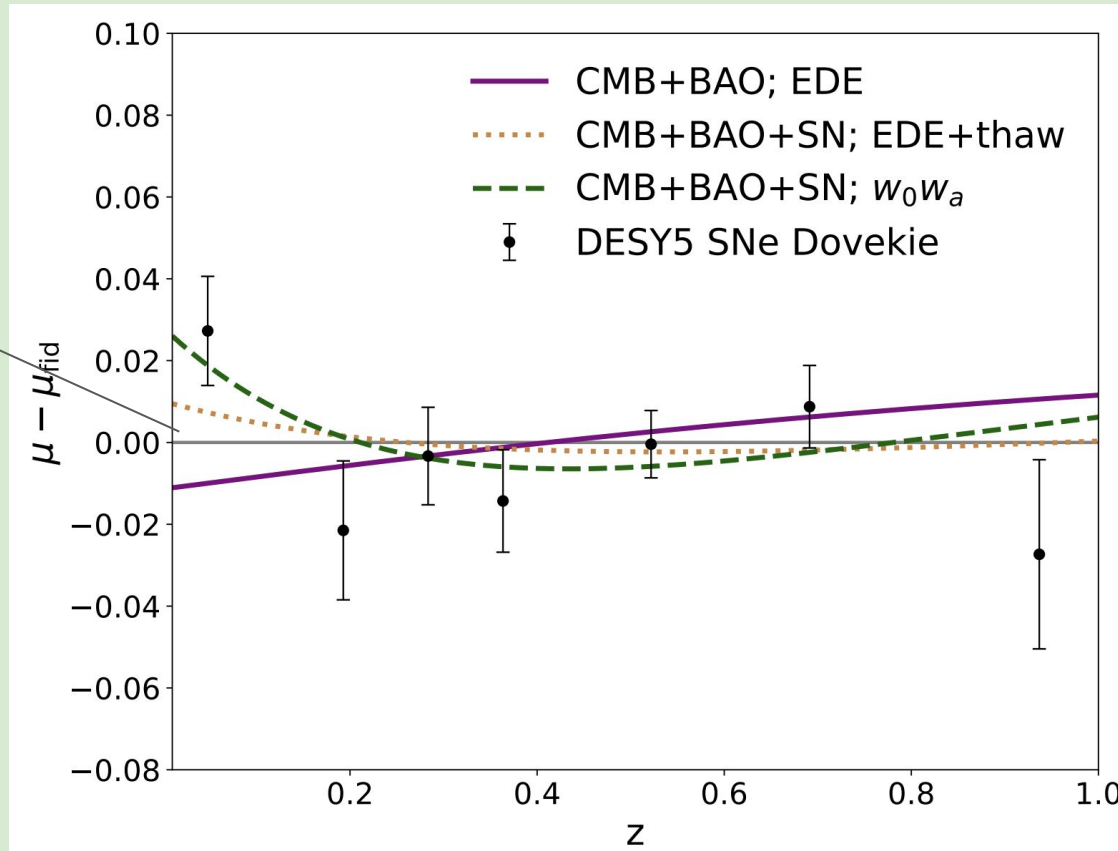
What about SN?

- 1) Does adding SN data disfavor the EDE solution to the CMB+BAO(+ H_0) tension?**
- 2) Can we treat the tension with SN separately with thawing quintessence? Can it still resolve H_0 tension?**

CMB+BAO+SN tension

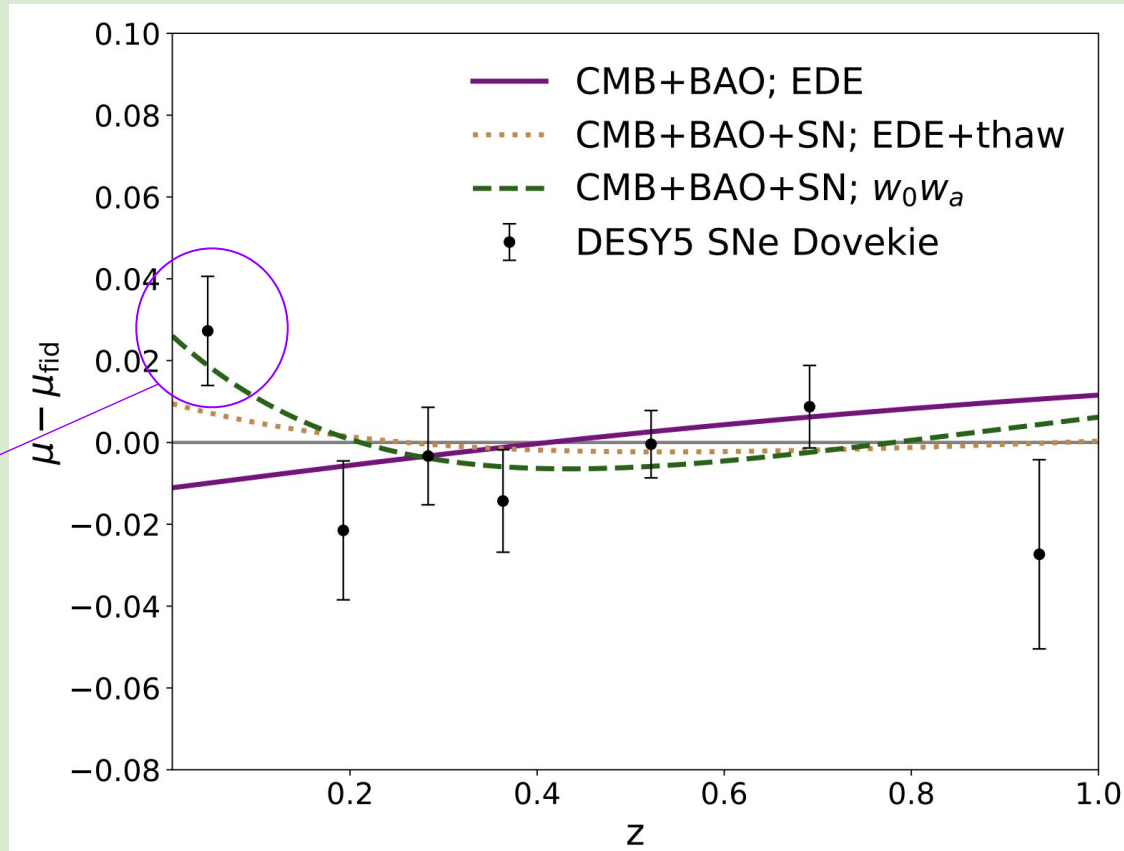
SN = DESY5 Dovekie

Fid. LCDM
model



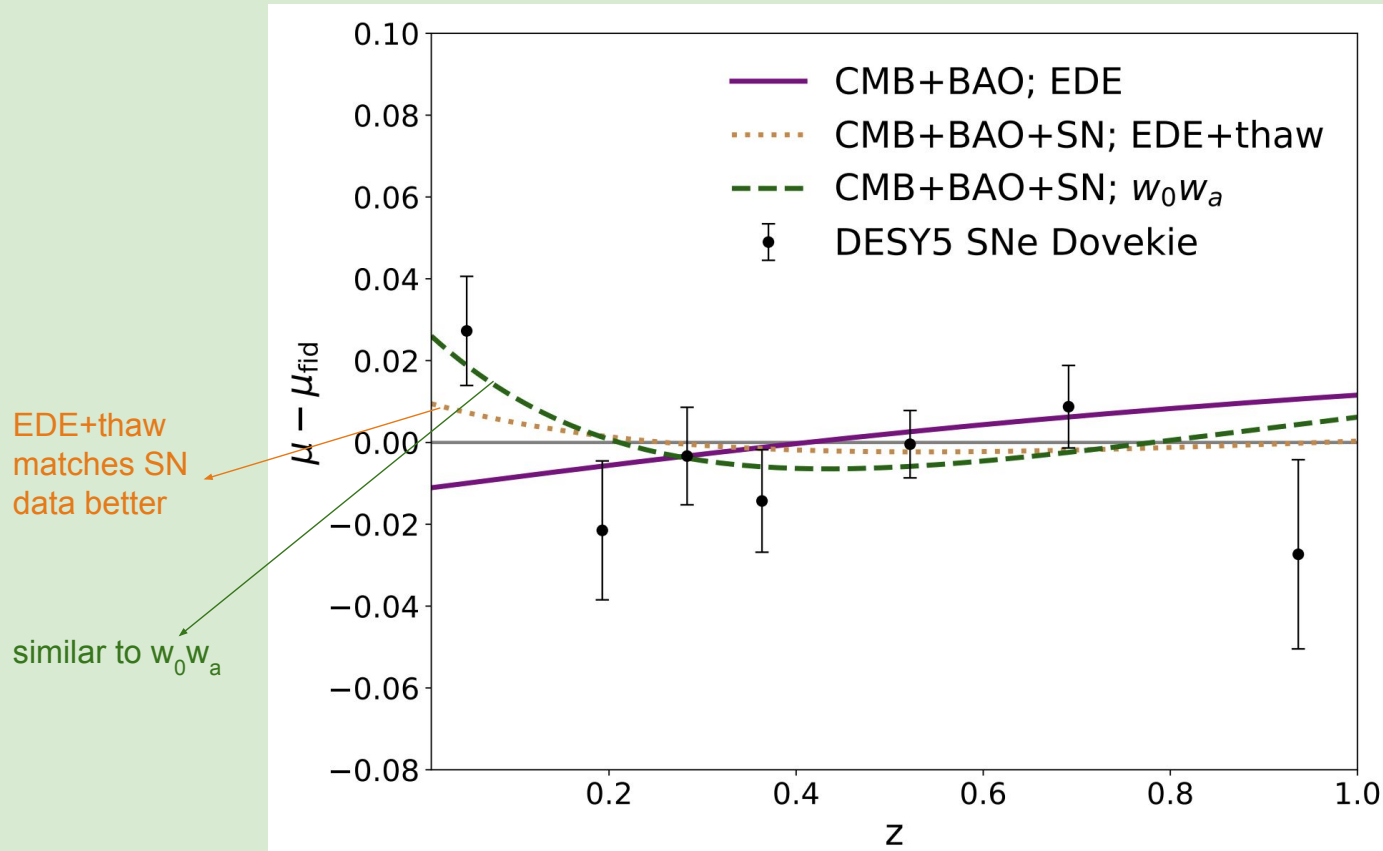
CMB+BAO+SN tension

$z \sim 0.1$ bin
not a good
fit to
CMB+BAO
(EDE)



CMB+BAO+SN tension

SN = DESY5 Dovekie

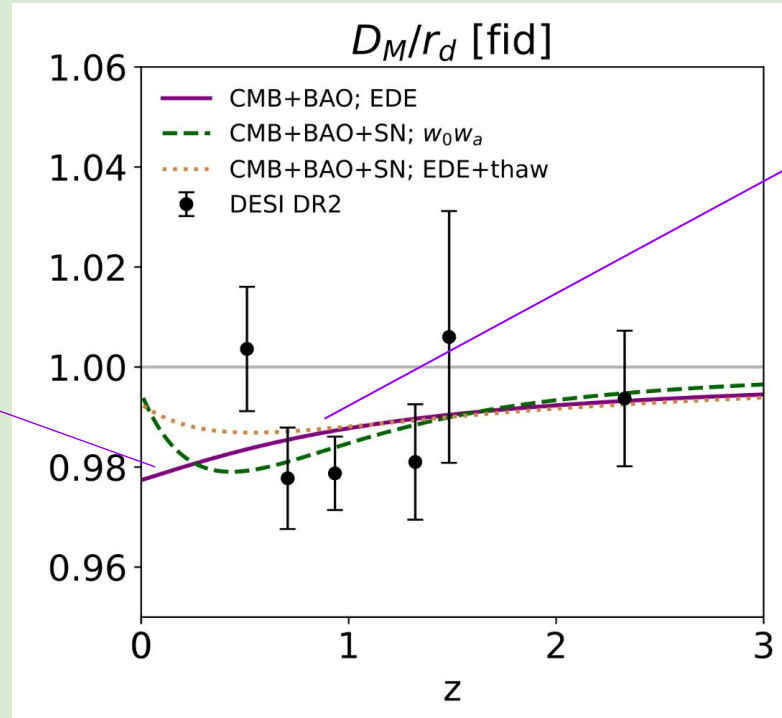


BAO data

CMB = Planck + ACT DR6 +
SPT3G (incl. lensing)

BAO = DESI DR2

...but SN
don't like
this



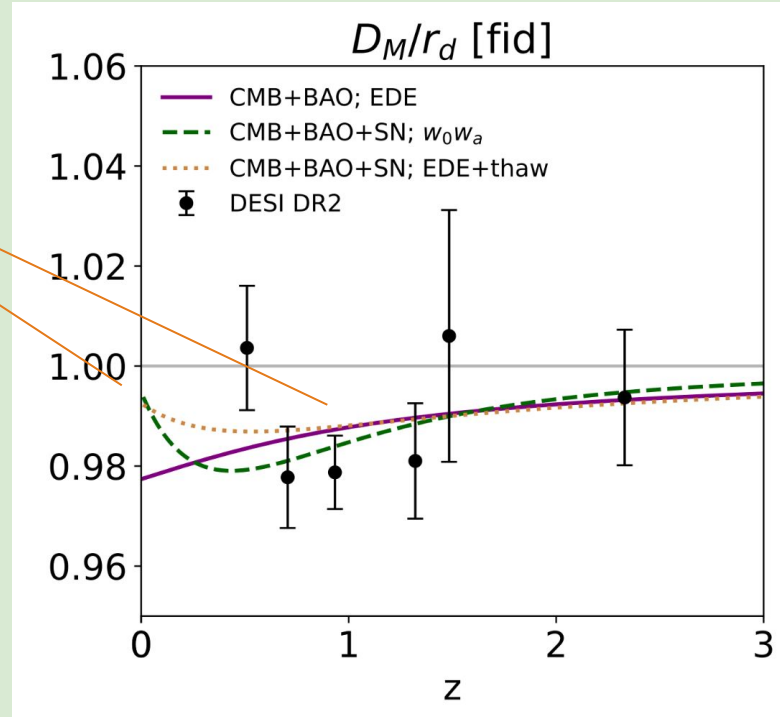
EDE lowers D_M/r_d

BAO data

CMB = Planck + ACT DR6 +
SPT3G (incl. lensing)

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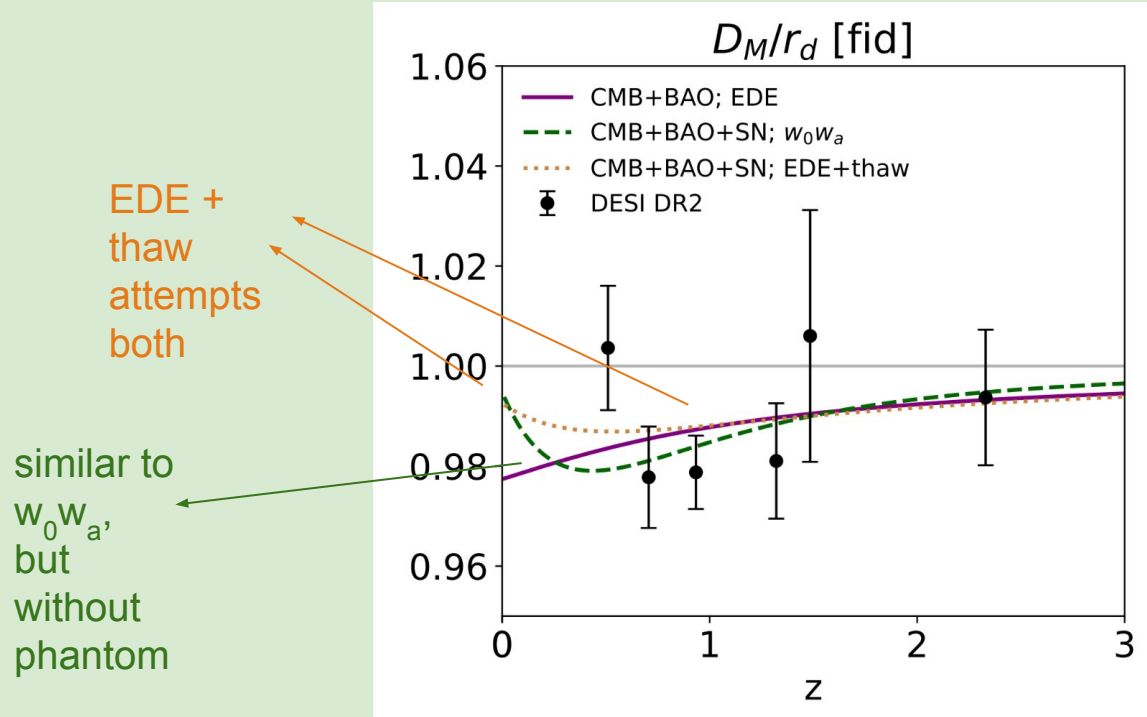
EDE +
thaw
attempts
both



BAO data

CMB = Planck + ACT DR6 +
SPT3G (incl. lensing)

BAO = DESI DR2



EDE preference remains for CMB+BAO+SN data

SN = DESY5 Dovekie

$$\chi^2_{\text{EDE}} - \chi^2_{\text{LCDM}} = -8.5$$

LCDM

$$H_0 = 68.07$$

EDE

$$H_0 = 70.49$$

But EDE alone cannot solve CMB+BAO+SN tension

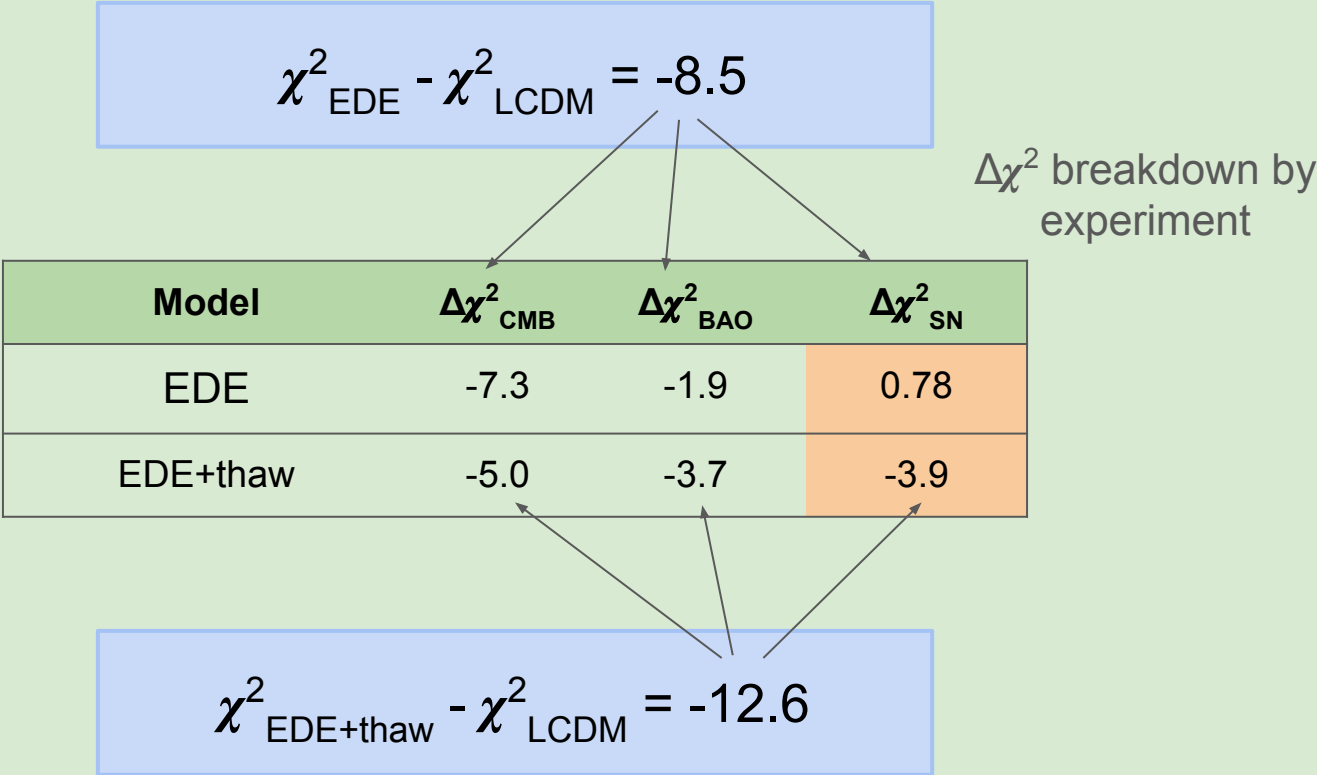
SN = DESY5 Dovekie

$$\chi^2_{\text{EDE}} - \chi^2_{\text{LCDM}} = -8.5$$

$\Delta\chi^2_{\text{EDE-LCDM}}$ breakdown
by experiment

Model	$\Delta\chi^2_{\text{CMB}}$	$\Delta\chi^2_{\text{BAO}}$	$\Delta\chi^2_{\text{SN}}$
EDE	-7.3	-1.9	0.78

EDE+thaw can reduce the CMB+BAO+SN tension



EDE+thaw performs comparably well to w_0w_a

EDE+thaw

$$\chi^2_{\text{EDE+thaw}} - \chi^2_{\text{LCDM}} = -12.6$$

$$H_0 = 69.90$$

w_0w_a

$$\chi^2_{w_0w_a} - \chi^2_{\text{LCDM}} = -15.8$$

$$H_0 = 67.43$$

$$H_0 = 68.07 \text{ (LCDM)}$$

EDE+thaw performs comparably well to w_0w_a

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7.1 σ \rightarrow 2.9 σ

w_0w_a

$$\chi^2_{w_0w_a} - \chi^2_{\text{LCDM}} = -15.8$$

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Preference for phantom dark energy is significantly driven by lowest redshift SN bin

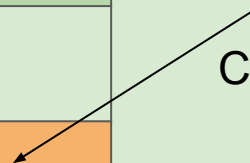
	CMB + BAO + SN	CMB + BAO + SN (z>0.1)
$\chi^2_{w_0w_a} - \chi^2_{\text{LCDM}}$	-15.8	-8.0

SN = DESY5 Dovekie

Without the lowest redshift SN bin, EDE preference returns to that of CMB+BAO

	CMB + BAO + SN	CMB + BAO + SN (z>0.1)
$\chi^2_{w0wa} - \chi^2_{\text{LCDM}}$	-15.8	-8.0
$\chi^2_{\text{EDE}} - \chi^2_{\text{LCDM}}$	-8.5	-9.4

Same preference as CMB+BAO



SN = DESY5 Dovekie

Without the lowest redshift SN bin, you don't need thawing quintessence

	CMB + BAO + SN	CMB + BAO + SN (z>0.1)
$\chi^2_{w0wa} - \chi^2_{\text{LCDM}}$	-15.8	-8.0
$\chi^2_{\text{EDE}} - \chi^2_{\text{LCDM}}$	-8.5	-9.4
$\chi^2_{\text{EDE+thaw}} - \chi^2_{\text{LCDM}}$	-12.6	-9.4

Same preference as CMB+BAO

SN = DESY5 Dovekie

Results

1. EDE can reduce CMB+BAO(+ H_0) tension
2. EDE cannot restore consistency between CMB+BAO+SN
3. EDE+thaw offers a reasonable alternative to $w_0 w_a$ since it:
 - a. performs comparably well
 - b. does not require phantom crossing
 - c. reduces H_0 tension

CMB+BAO (early-time) and BAO+SN (late-time) sides can be treated independently instead of jointly with phantom dark energy



[arXiv: 2604.08530](https://arxiv.org/abs/2604.08530)



More work on the CMB+BAO tension & τ

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Backup

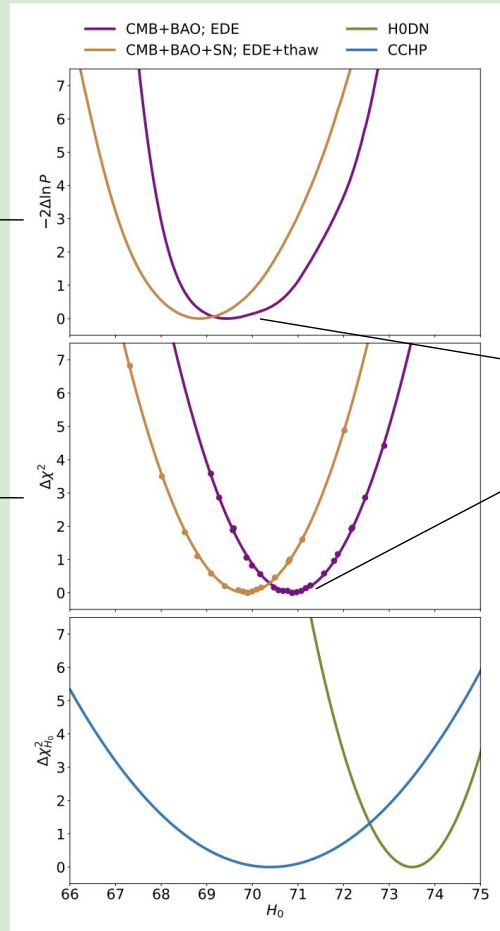
H0 tension resolution

H_0 tension

Posterior

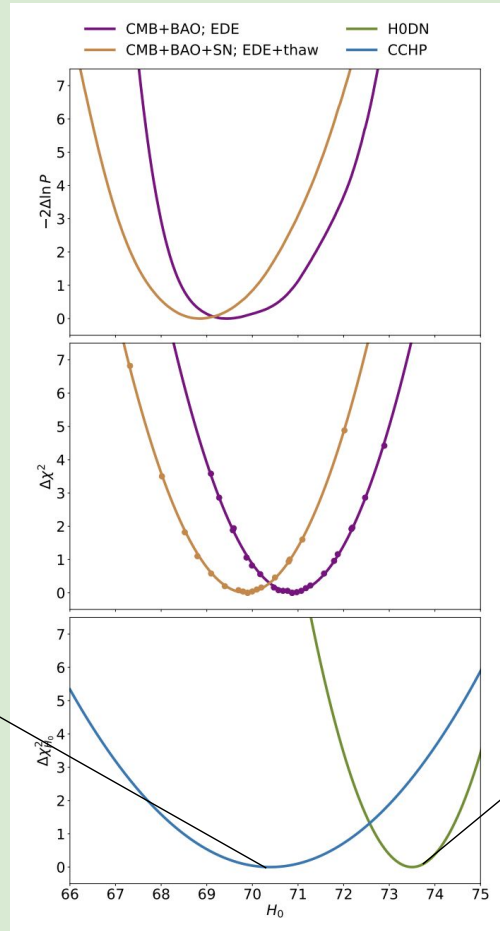
Profile

i.e., for each value of H_0 , minimize χ^2 over all other parameters



Posterior biased towards low H_0 (low f_{EDE}) \rightarrow prior volume effect

H_0 tension



CCHP (1.6σ)

CMB+BAO (EDE): 0.2σ

CMB+BAO+SN (EDE+thaw): 0.2σ

H0DN (7.1σ)

CMB+BAO (EDE): 2.1σ

CMB+BAO+SN (EDE+thaw): 2.9σ

Chi2 tables

CMB+BAO: full table

CMB + BAO									
Model	$\Delta\chi^2$	$\Delta\chi_{\text{CMB}}^2$	$\Delta\chi_{\text{BAO}}^2$	r_d [Mpc]	f_{EDE}	H_0	S_8	Ω_m	$D_M(0.8)/r_d$
Fid. Λ CDM	16.9	-5.9	22.8	147.00	0	67.15	0.84	0.318	19.59
Λ CDM	0	0	0	147.54	0	68.16	0.82	0.303	19.37
EDE	-9.4	-7.4	-1.9	142.51	0.09	70.87	0.83	0.300	19.32

CMB+BAO+SN: full table

CMB + BAO + SN											
Model	$\Delta\chi^2$	$\Delta\chi_{\text{CMB}}^2$	$\Delta\chi_{\text{BAO}}^2$	$\Delta\chi_{\text{SN}}^2$	f_{EDE}	H_0	S_8	w_0	w_a	$H_0 r_d$	$D_M(0.8)/r_d$
Fid. Λ CDM	14.3	-5.1	21.7	-2.3	0	67.15	0.84	-1	0	9871	19.59
Λ CDM	0	0	0	0	0	68.07	0.82	-1	0	10042	19.39
EDE	-8.5	-7.3	-1.9	0.78	0.08	70.49	0.83	-1	0	10077	19.35
thaw	-2.5	1.8	-0.6	-3.6	-	67.27	0.82	-0.94	-0.09	9927	19.40
EDE+thaw	-12.6	-5.0	-3.7	-3.9	0.10	69.90	0.84	-0.93	-0.11	9945	19.34
$w_0 w_a$	-15.8	-6.5	-4.4	-4.8	0	67.43	0.83	-0.80	-0.76	9923	19.24

Alternate SN datasets

CMB + BAO + SN ($z > 0.1$)											
Model	$\Delta\chi^2$	$\Delta\chi_{\text{CMB}}^2$	$\Delta\chi_{\text{BAO}}^2$	$\Delta\chi_{\text{SN}}^2$	f_{EDE}	H_0	S_8	w_0	w_a	$H_0 r_d$	$D_M(0.8)/r_d$
Fid. Λ CDM	17.2	-6.1	22.9	0.4	0	67.15	0.84	-1	0	9871	19.59
Λ CDM	0	0	0	0	0	68.17	0.82	-1	0	10058	19.37
EDE	-9.4	-7.5	-2.0	0.07	0.09	70.89	0.83	-1	0	10101	19.32
EDE+thaw	-9.4	-7.8	-1.6	0.06	0.09	71.01	0.83	-1.01	0.002	10117	19.32
$w_0 w_a$	-8.0	-7.2	-2.9	2.1	0	67.83	0.83	-0.85	-0.62	9986	19.25

CMB + BAO + SN (DESY5)											
Model	$\Delta\chi^2$	$\Delta\chi_{\text{CMB}}^2$	$\Delta\chi_{\text{BAO}}^2$	$\Delta\chi_{\text{SN}}^2$	f_{EDE}	H_0	S_8	w_0	w_a	$H_0 r_d$	$D_M(0.8)/r_d$
Fid. Λ CDM	12.7	-4.2	20.7	-3.8	0	67.15	0.84	-1	0	9871	19.59
Λ CDM	0	0	0	0	0	68.01	0.82	-1	0	10028	19.40
EDE	-8.0	-7.0	-2.1	1.1	0.08	70.35	0.83	-1	0	10062	19.37
EDE+thaw	-17.3	-3.3	-4.6	-9.4	0.10	69.32	0.84	-0.89	-0.17	9854	19.36
$w_0 w_a$	-22.7	-5.7	-6.5	-10.5	0	66.82	0.84	-0.75	-0.88	9834	19.25

CMB + BAO + SN (Pantheon+)											
Model	$\Delta\chi^2$	$\Delta\chi_{\text{CMB}}^2$	$\Delta\chi_{\text{BAO}}^2$	$\Delta\chi_{\text{SN}}^2$	f_{EDE}	H_0	S_8	w_0	w_a	$H_0 r_d$	$D_M(0.8)/r_d$
Fid. Λ CDM	14.8	-5.3	22.0	-1.9	0	67.15	0.84	-1	0	9871	19.59
Λ CDM	0	0	0	0	0	68.09	0.82	-1	0	10045	19.38
EDE	-8.7	-7.4	-2.0	0.7	0.08	70.50	0.83	-1	0	10082	19.34
EDE+thaw	-11.7	-5.5	-3.2	-3.0	0.09	69.93	0.84	-0.94	-0.095	9952	19.35
$w_0 w_a$	-13.1	-6.3	-4.2	-2.5	0	67.56	0.83	-0.83	-0.66	9945	19.26

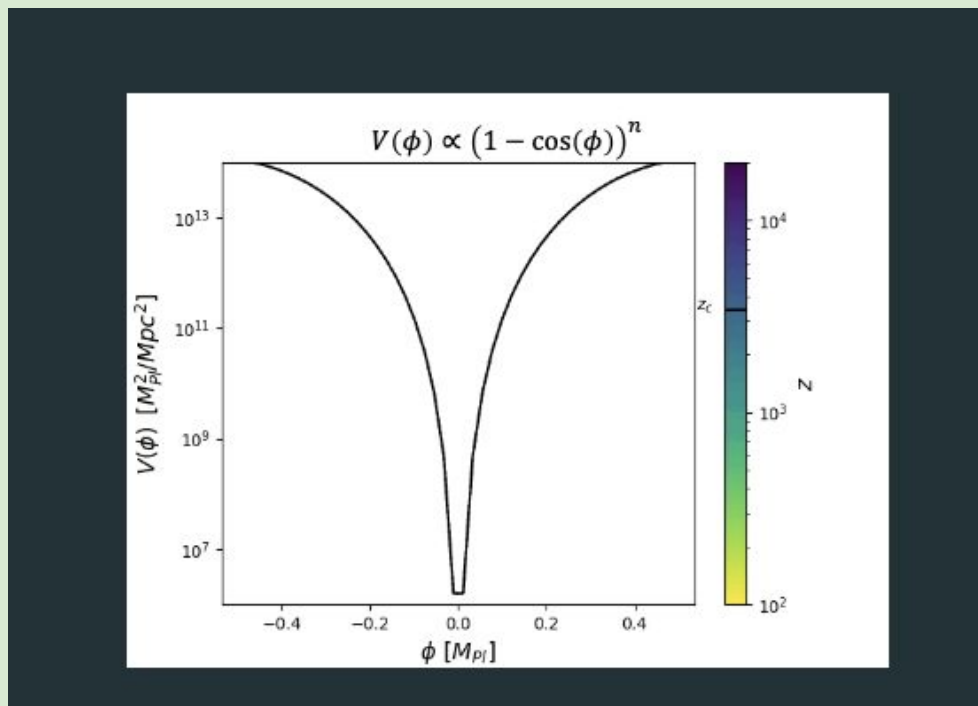
CMB+BAO+SN ($z>0.1$)

Model	$\Delta\chi^2_{\text{CMB}}$	$\Delta\chi^2_{\text{BAO}}$	$\Delta\chi^2_{\text{SN}}$
EDE	-7.5	-2.0	0.07
EDE+thaw	-7.8	-1.6	0.06
w_0w_a	-7.2	-2.9	2.1

EDE+thaw: bestfit $w_0 = -1$, $w_a = 0 \rightarrow$ consistent with cosmological constant

EDE model

Ultralight axion inspired EDE ($n = 3$)



Ultralight axion inspired EDE ($n = 3$)

$$\phi_i = \theta_i f_\phi$$

m_ϕ = mass of the axion

f_ϕ = decay constant of the axion

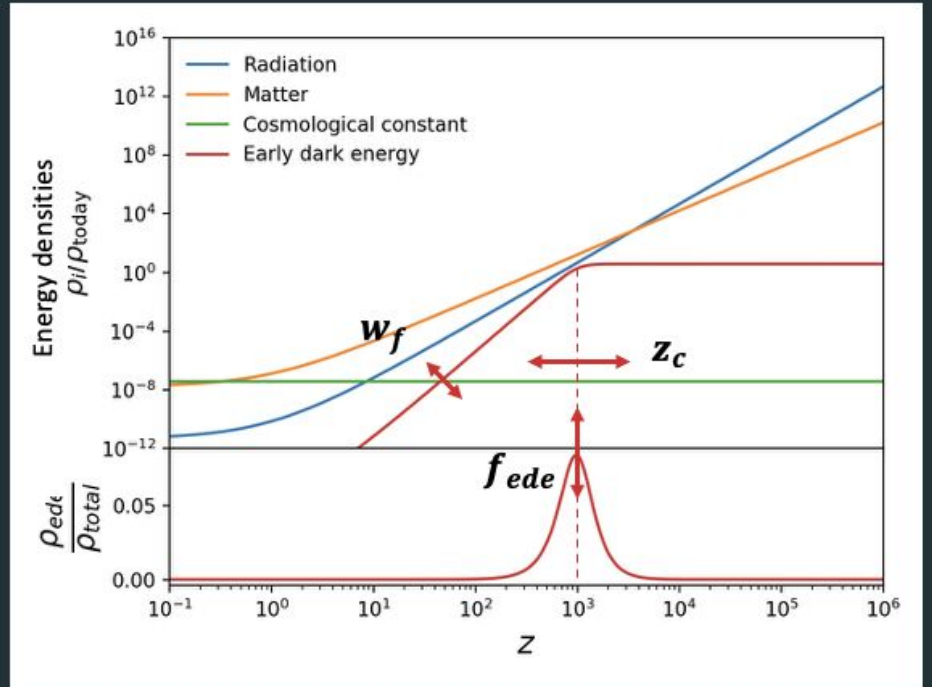
$$V(\phi) = m_\phi^2 f_\phi^2 [1 - \cos(\phi/f_\phi)]^3$$

Ultralight axion inspired EDE

Additional energy component that increases the pre-CMB expansion rate

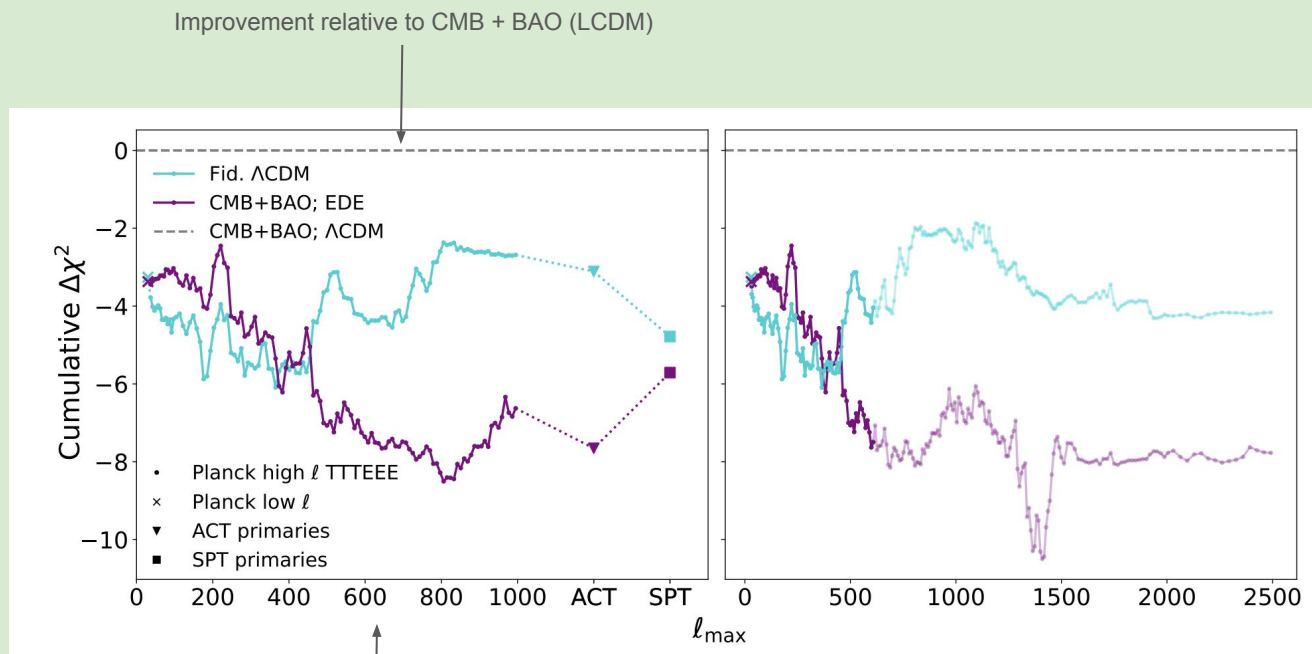
- Λ -like behaviour initially
- Then dilutes faster than matter at w_f
- Localised peak in $f_{ede} = \frac{\rho_{ede}}{\rho_{total}}$ at z_c

f_{ede} - how much EDE
 z_c - when EDE appears
 w_f - how fast it disappears



EDE fitting the CMB

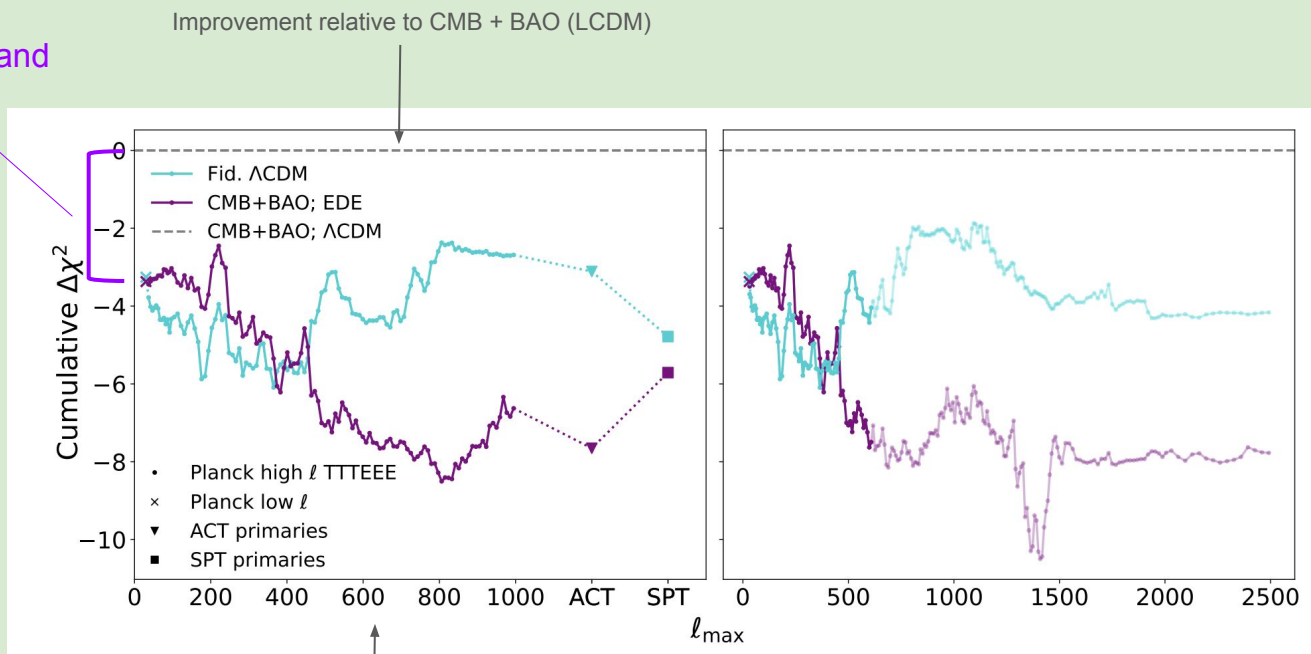
Breaking down $\Delta\chi^2$ contribution with I for different experiments and models



depending on the multipole range included
for the data

Breaking down χ^2 contribution with I for different experiments and models

Planck low ℓ TT and EE

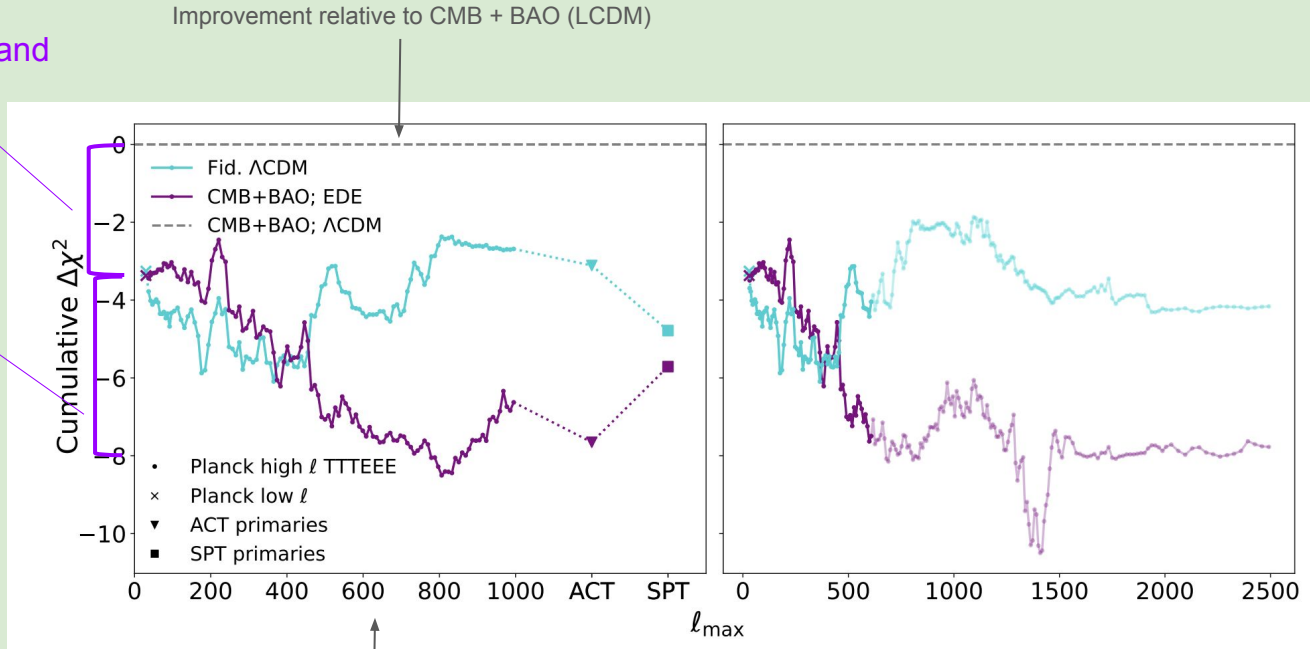


depending on the multipole range included for the data

Breaking down χ^2 contribution with I for different experiments and models

Planck low l TT and EE

Planck high l TTTEEE

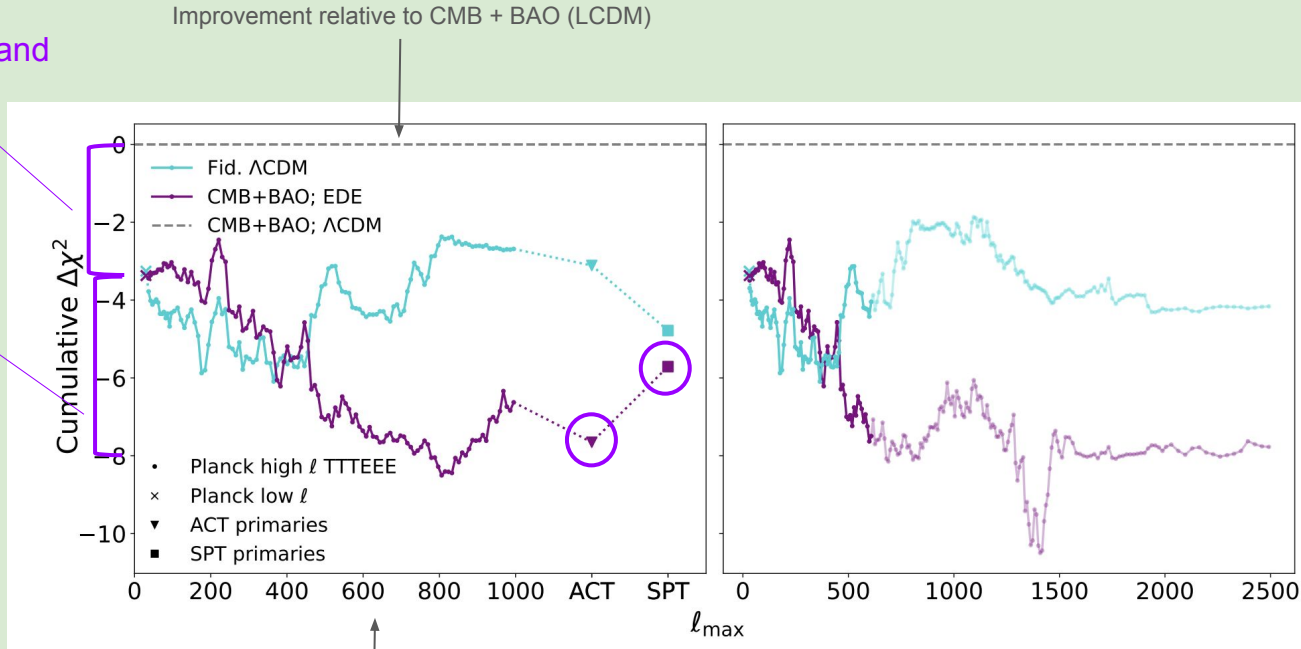


depending on the multipole range included for the data

Breaking down χ^2 contribution with I for different experiments and models

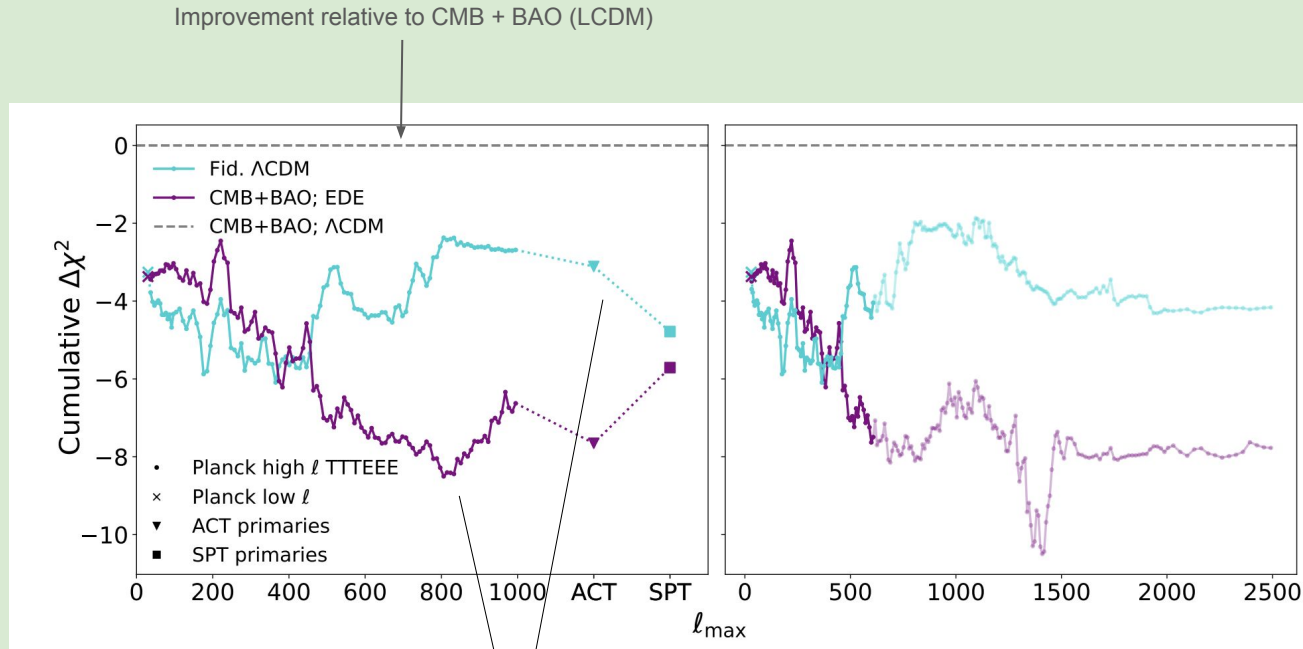
Planck low l TT and EE

Planck high l TTTEEE



depending on the multipole range included for the data

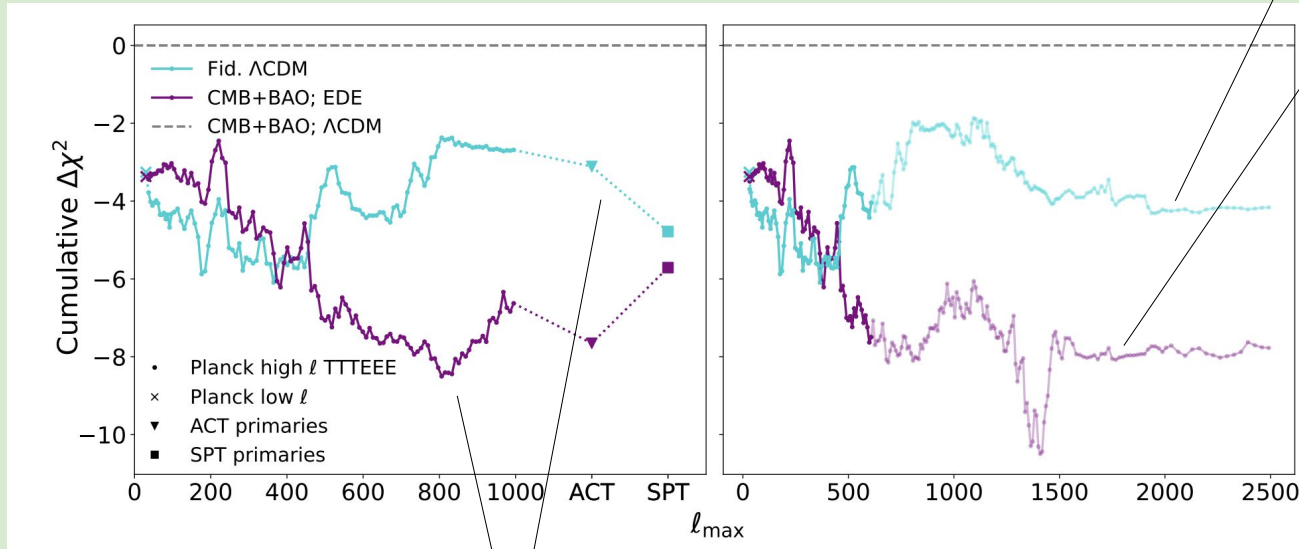
Breaking down χ^2 contribution with I for different experiments and models



CMB+BAO (EDE) fits CMB primary data better than even Fid. LCDM (which is *optimized* to CMB primaries + lensing)

Breaking down χ^2 contribution with l for different experiments and models

Planck high l TTTEEE above range included in analysis prefer EDE over Fid. LCDM



CMB+BAO (EDE) fits CMB primary data better than even Fid. LCDM (which is *optimized to* CMB primaries + lensing)

Phantom DE

Aside: Why is it tricky to find a physically-motivated model?

- For a canonical scalar field in GR, $w \geq -1$

$$w = \frac{\frac{1}{2}\dot{\phi}^2 - V(\phi)}{\frac{1}{2}\dot{\phi}^2 + V(\phi)} \geq -1 \quad \longrightarrow \quad \dot{\phi}^2 > 0$$

1. *Modify gravity*

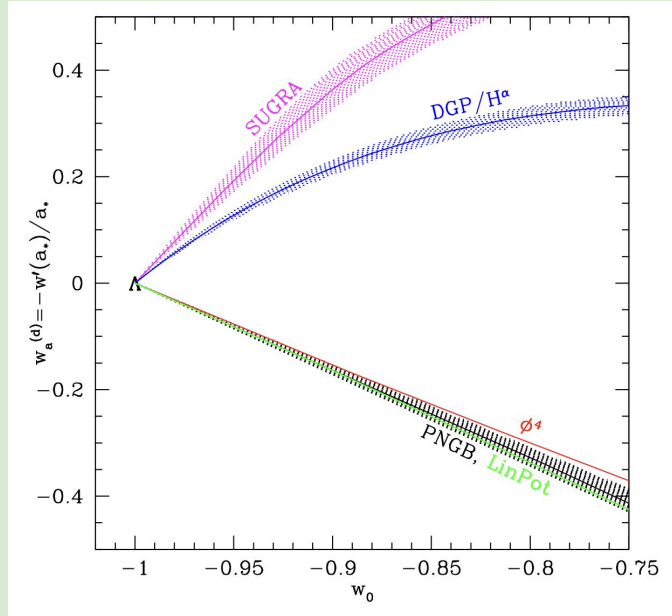
- (Non-minimally) couple scalar field to gravity to allow phantom crossing

2. *Dark sector interactions*

- If DE and DM interact but we assume they don't, it can appear that w_{DE} crosses below -1

Calibrated thawing quintessence

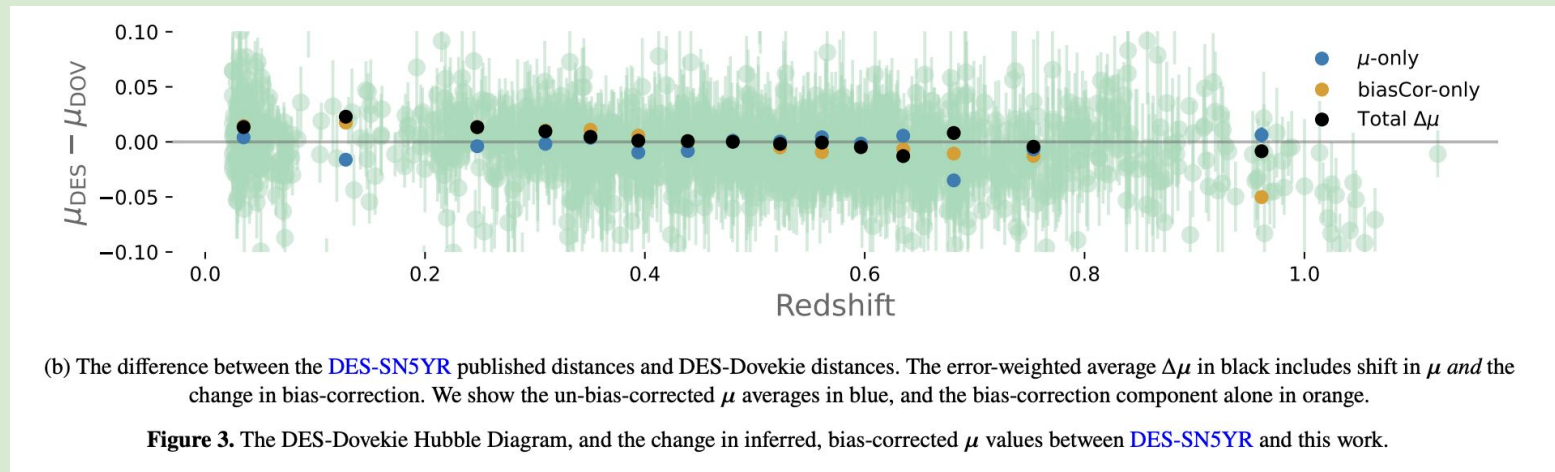
- Thawing quintessence DE models have no phantom physics
- Their observational impact can be mimicked by



$$w_a = -1.58(1+w_0)$$

one free parameter

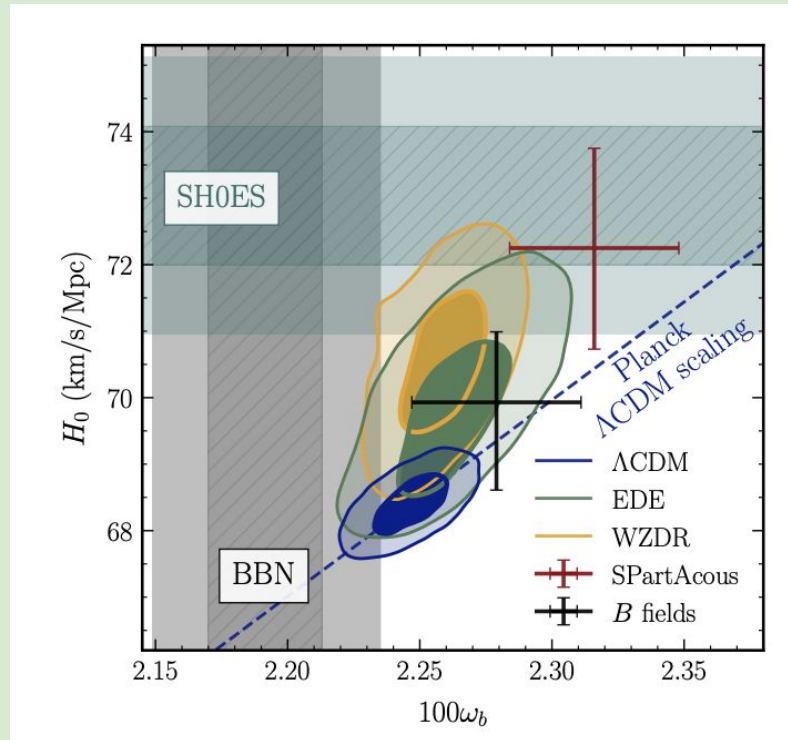
Dovekie



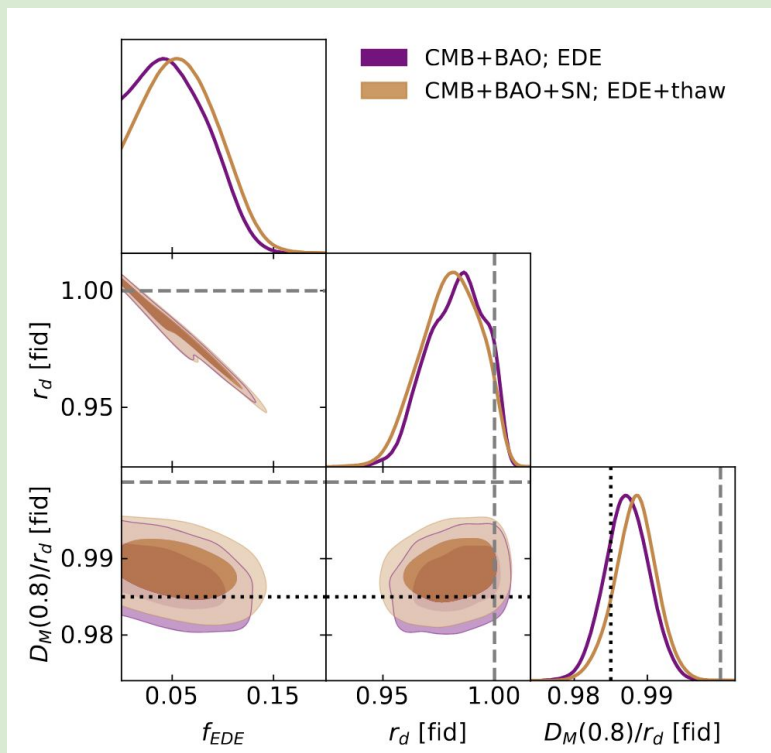
Misc

BBN

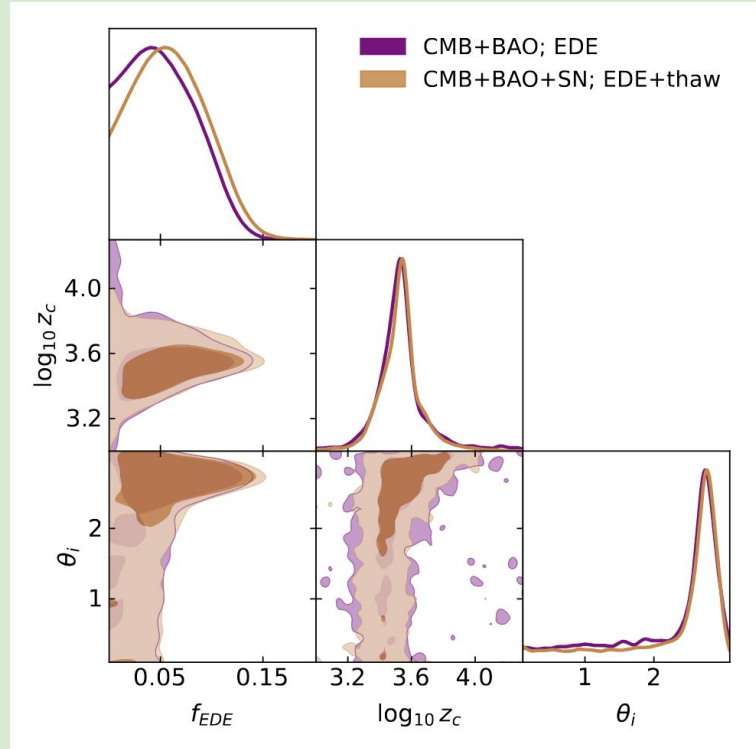
<https://arxiv.org/pdf/2604.05095v1>



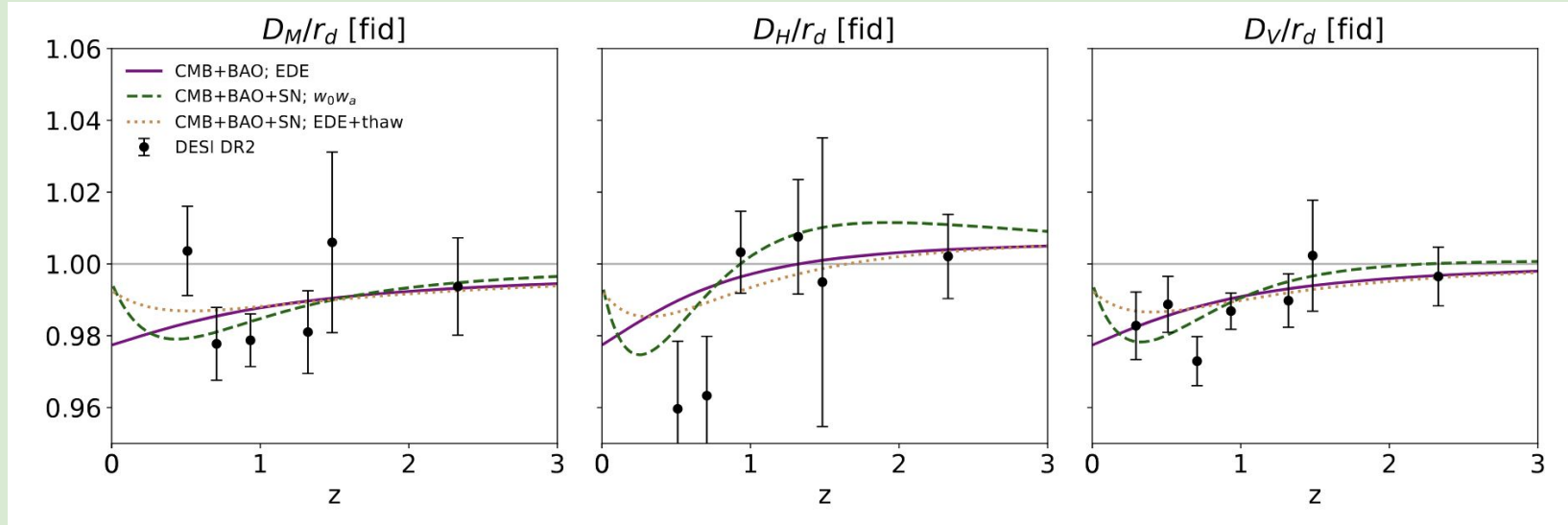
DM/rd, rd, fEDE



EDE model posteriors



All BAO data



Tau/CMB+BAO tension

CMB+BAO separate from CMB+SN

