

Threading the Thimble: A Stable Route to Real-Time Path Integrals

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based on *Phys.Lett.B* 873 (2026) 140198, [arxiv: [2510.06334](https://arxiv.org/abs/2510.06334)]
in collaboration with Y. Shoji



Motivation

* Real-time (Lorentzian) path integrals:

$$\int \mathcal{D}x e^{\frac{iS[x]}{\hbar}}$$

→ integrand **oscillates**, does not decay → direct numerical integration fails

* Relevant for:

→ finite-density lattice field theory (sign problem)

→ quantum cosmology (e.g. no-boundary proposal)

→ real-time field theory (e.g. vacuum decay)

* Picard-Lefschetz theory cures this: deform original contour into sum of contours with convergent integrals

→ **caveat:** knowing which ones contribute is hard!

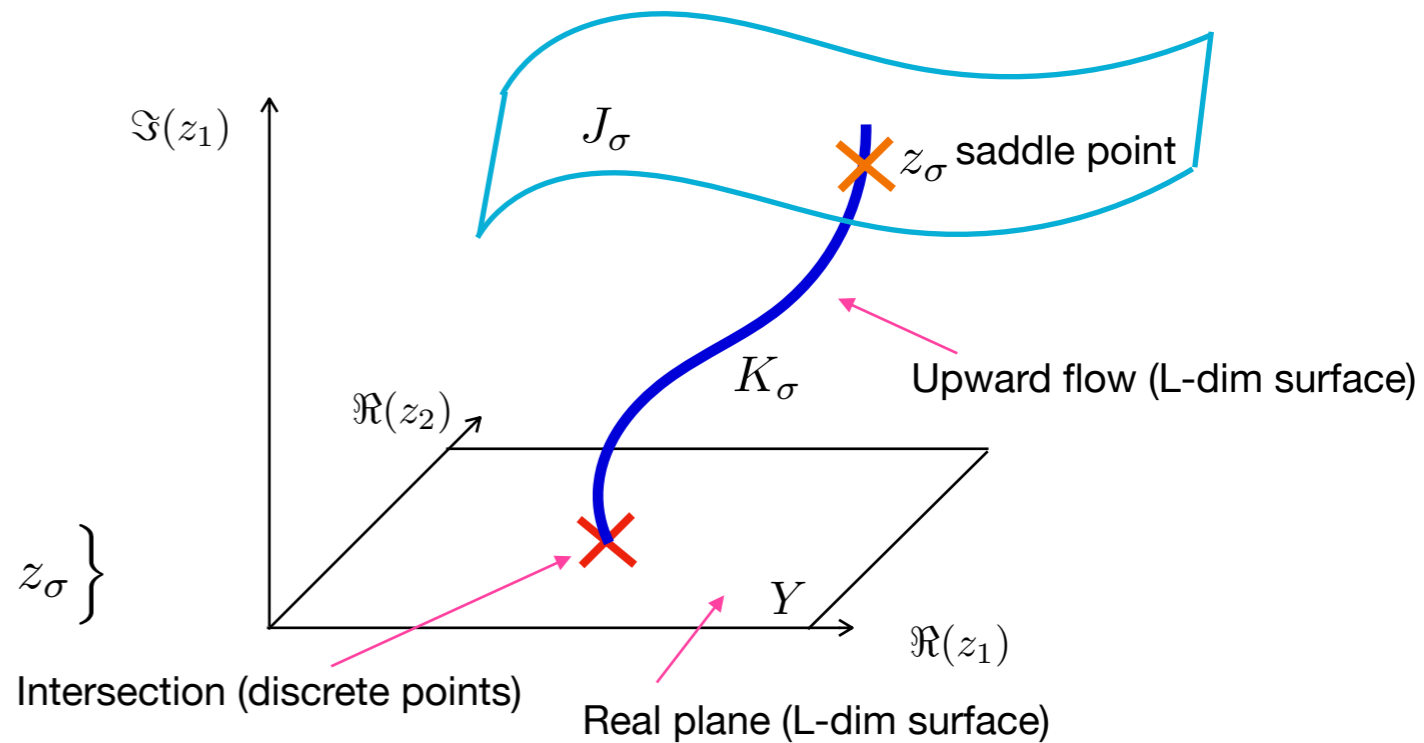
Picard-Lefschetz Theory

$$\int d^L x e^{\frac{I(x)}{\hbar}} = \sum_{\sigma} n_{\sigma} \int_{J_{\sigma}} d^L z e^{\frac{I(z)}{\hbar}}$$

* Lefschetz-Thimble:

$$J_{\sigma} = \left\{ z(0) \in \mathbb{C}^L \mid \frac{\partial z_i}{\partial u} = -\overline{\frac{\partial I}{\partial z_i}}, z(u = -\infty) = z_{\sigma} \right\}$$

downward flow



* Along J_{σ} :

$\Im[I(z)]$	remains constant
$\Re[I(z)]$	decreases monotonically

$$\left| \int_{J_{\sigma}} d^L z e^{\frac{I(z)}{\hbar}} \right| < \infty$$

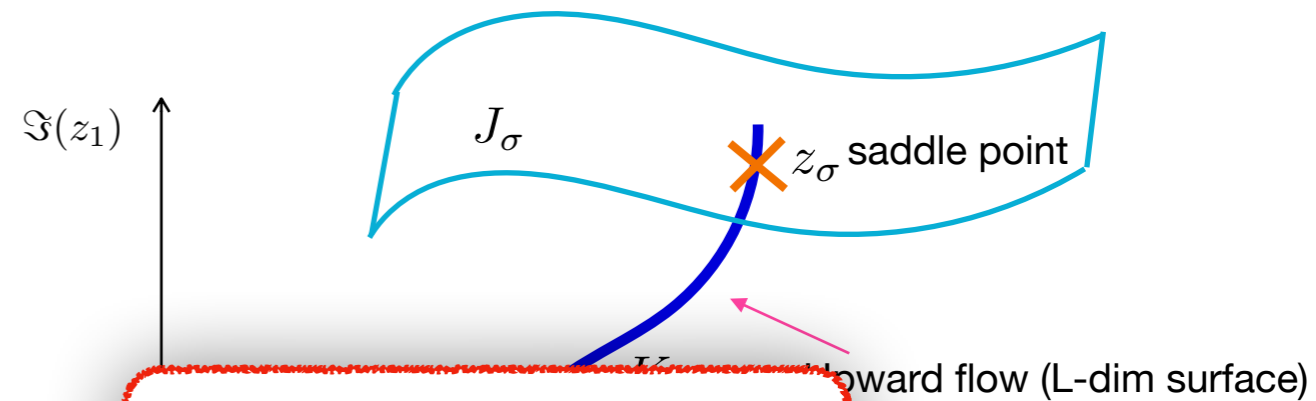
* Intersection number: $n_{\sigma} = \langle Y, K_{\sigma} \rangle$

$$K_{\sigma} = \left\{ z(0) \in \mathbb{C}^L \mid \frac{\partial z_i}{\partial u} = \overline{\frac{\partial I}{\partial z_i}}, z(u = -\infty) = z_{\sigma} \right\}$$

upward flow

Picard-Lefschetz Theory

$$\int d^L x e^{\frac{I(x)}{\hbar}} = \sum_{\sigma} n_{\sigma} \int_{J_{\sigma}} d^L z e^{\frac{I(z)}{\hbar}}$$



* Lefschetz-Thimble:

$$J_{\sigma} = \left\{ z(0) \in \mathbb{C}^L \mid \underbrace{\frac{\partial z_i}{\partial u} = -\frac{\overline{\partial I}}{\partial z_i}}_{\text{downward flow}}, z(u = -\infty) = z_{\sigma} \right\}$$

Intersection

Can we compute it?

$L = 1$ Yes!

$L = 2$ difficult but yes

$L > 2$ seems impossible!

... or not

* Along J_{σ} : $\Im[I(z)]$ remains **constant**
 $\Re[I(z)]$ **decreases** mono

$$\left| \frac{I(z)}{\hbar} \right| < \infty$$

* Intersection number: $n_{\sigma} = \langle Y, K_{\sigma} \rangle$

$$K_{\sigma} = \left\{ z(0) \in \mathbb{C}^L \mid \underbrace{\frac{\partial z_i}{\partial u} = \frac{\overline{\partial I}}{\partial z_i}}_{\text{upward flow}}, z(u = -\infty) = z_{\sigma} \right\}$$

Solving Boundary Value Problem

Why is it difficult?

* Single shooting method:

1. Choose initial condition around saddle point

2. Solve upward flow equation

3. Check if solution intersects with real plane

4. If not, choose different initial condition and try again



Chaotic for $L > 1$ (extreme sensitivity to initial conditions)

iteration does not converge

difficulty increases exponentially with L

* Other methods:

only for additional symmetries or $L = 1, 2$

[J. Feldbrugge, U.-L. Pen, N. Turok, '23],
[A. V. Shanin, A. I. Korolkov, N. M. Artemov, R. C. Assier, '25],
[A. Weber, J. Feldbrugge, E. Pisanty, '26],
[T. Fujimori, S. Kamata, T. Misumi, M. Nitta, N. Sakai, '23]

Solving Boundary Value Problem

Is it really difficult?



BVPs with $L = 3$ solved already decades ago!



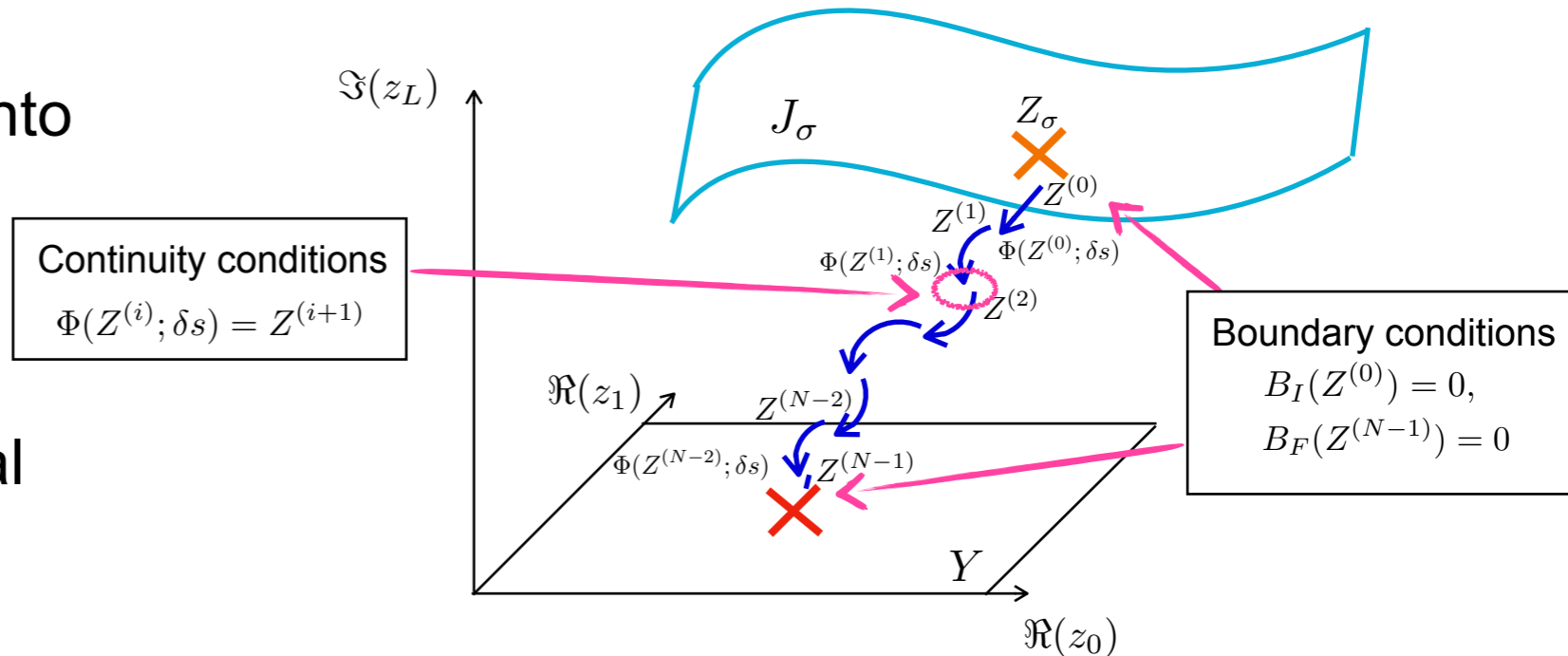
Multiple shooting method

Multiple Shooting Method

[D. D. Morrison, J. D. Riley, J. F. Zaccanaro, '62], ...

Standard Method for solving BVPs in celestial mechanics, chemical engineering, ...

1. Divide integration domain into subintervals
2. Construct short-time solution for each subinterval (almost linear response)
3. Solve continuity conditions together with boundary conditions



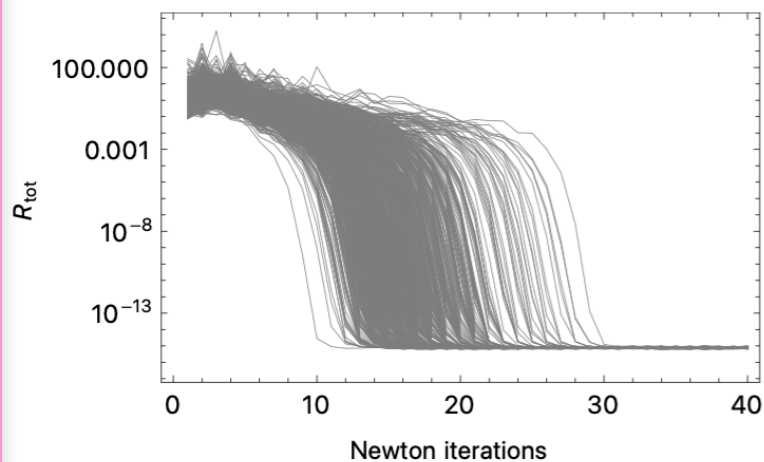
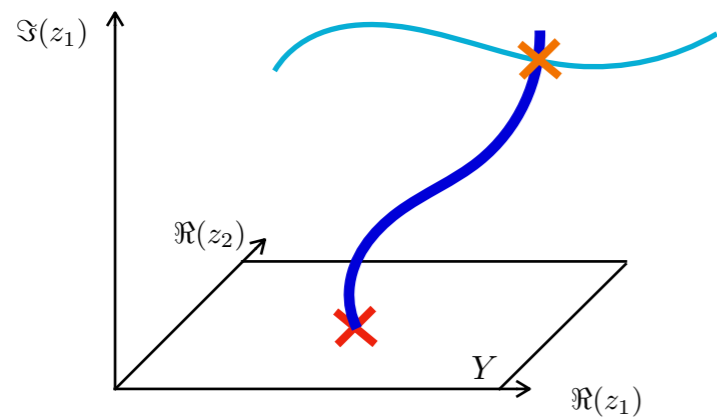
→ Non-linear optimization problem

└→ efficiently solved with Newton's method

Intersection number

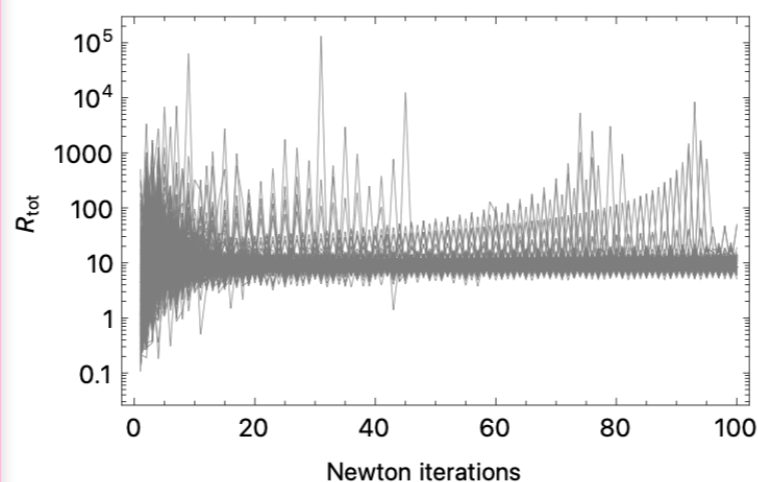
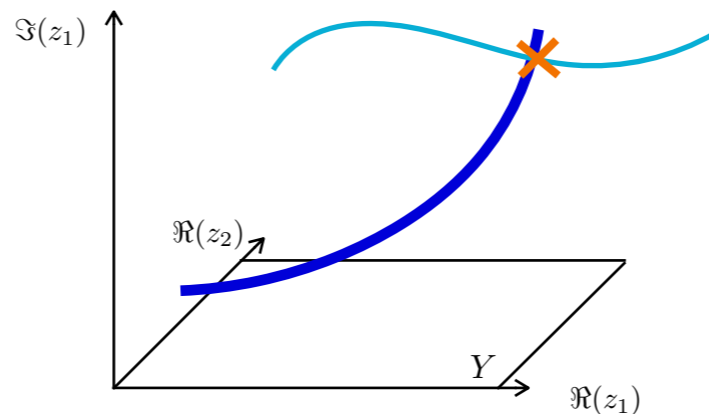
if solution exists:
rapid convergence

$$n_\sigma = \pm 1$$



if no solution exists:
sequences oscillates

$$n_\sigma = 0$$

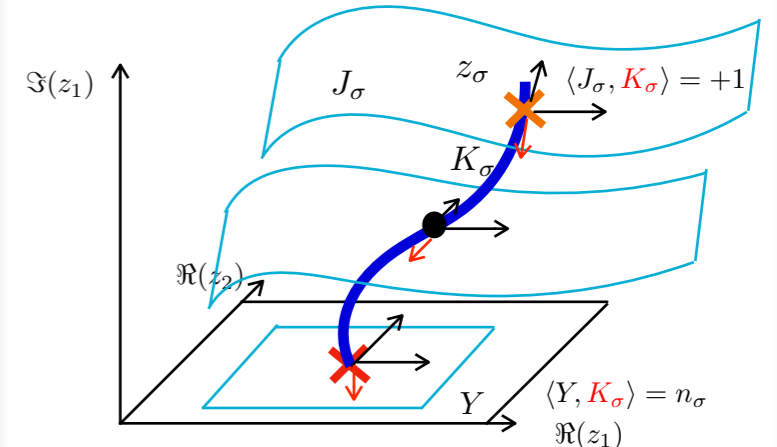


sign determination

$$n_\sigma \int_{J_\sigma} d^L z e^{\frac{I(z)}{\hbar}}$$

sign convention fixed by

$$\langle J_\sigma, K_\tau \rangle = \delta_{\sigma\tau}$$



tangent space of K_σ at saddle
point propagated to tangent
space at intersection point

Example: Airy-Type Integral

* Three-variable example:

$$I(x) = i \left[\frac{x_0^3 + x_1^3 + x_2^3}{3} - x_0x_1 - x_0x_2 - x_1x_2 + c_0x_0 + c_1x_1 + c_2x_2 \right] \quad c_n = 0.5e^{i(n+1)\alpha} \quad 0 < \alpha < 2\pi$$

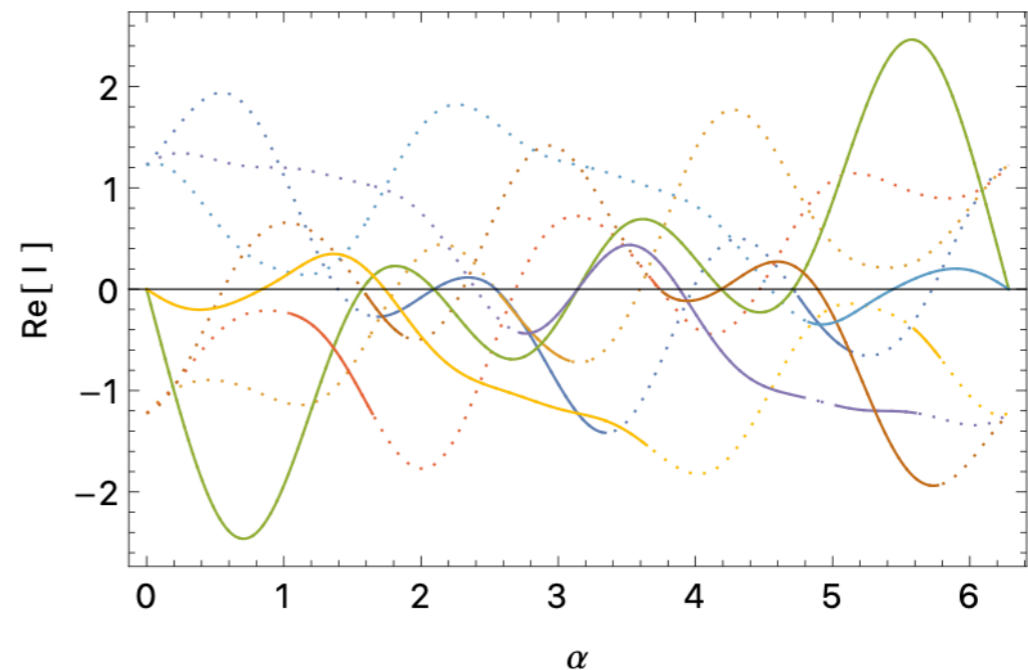
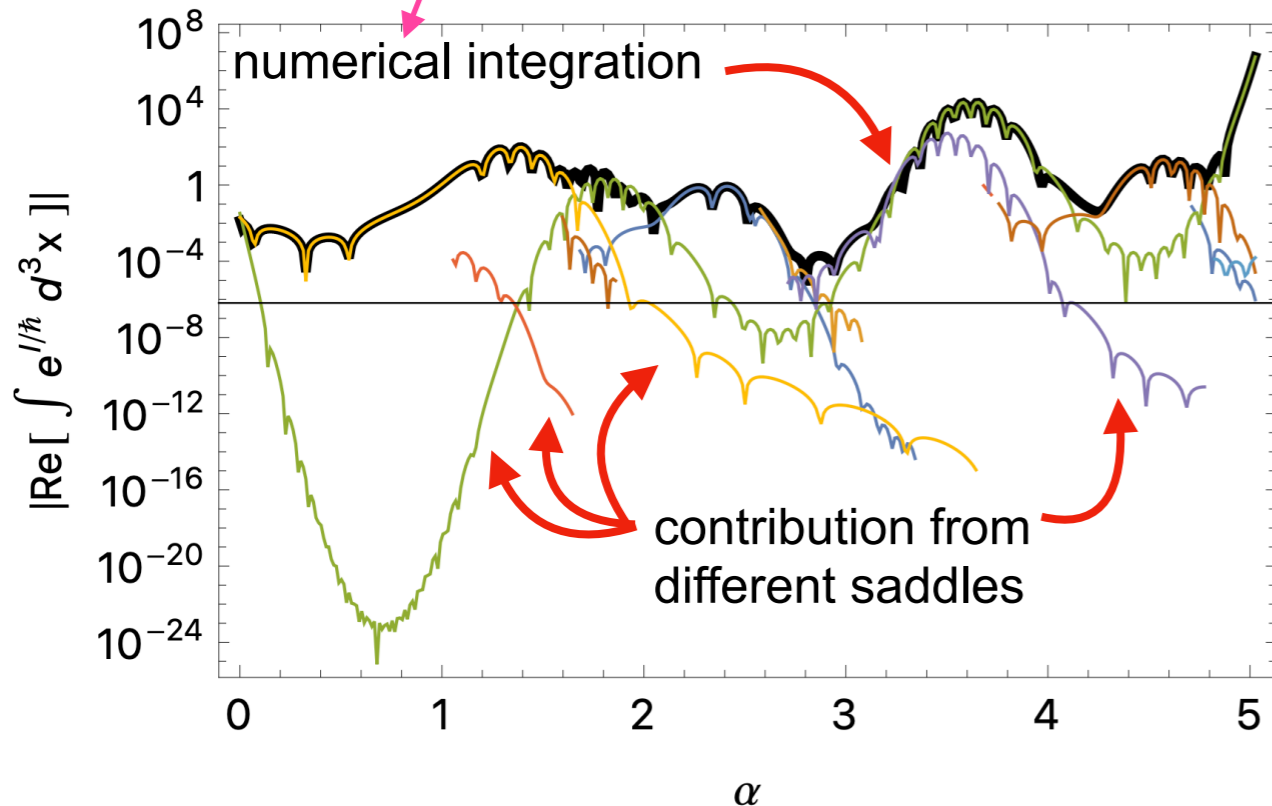
Mixing
Airy x 3

* Numerical test: $\int d^3x e^{I(x)/\hbar} = \sum_{\sigma} n_{\sigma} \int_{J_{\sigma}} d^3z e^{I(x)/\hbar} = \sum_{\sigma} n_{\sigma} A_{\sigma} e^{I(z_{\sigma})/\hbar} [1 + \mathcal{O}(\hbar)]$

$$= \int_{\tilde{Y}} d^3z \det \frac{dx}{dz} e^{\frac{I(z)}{\hbar}}$$

\tilde{Y} : deformed Y cycle for convergence

saddle point approximation $\hbar \sim 0$
 A_{σ} : Jacobian + Gaussian integral

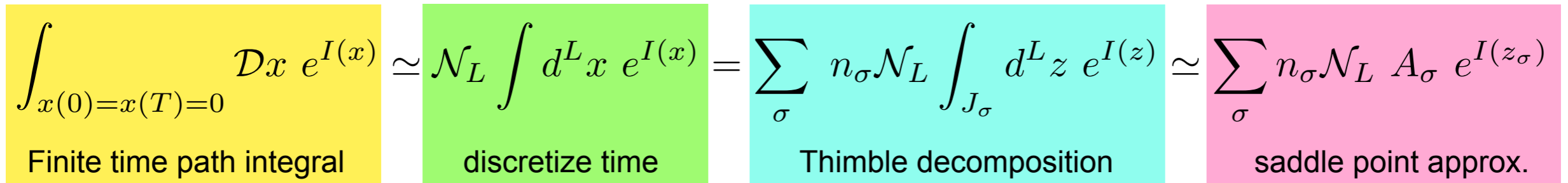


Stokes phenomenon!

Discrete Real-Time Path Integrals

Do complex saddles contribute to real time path integrals?

Real-Time Path Integrals: Double Well



$$\mathcal{N}_L = (2\pi i \Delta t)^{-\frac{L+1}{2}}$$

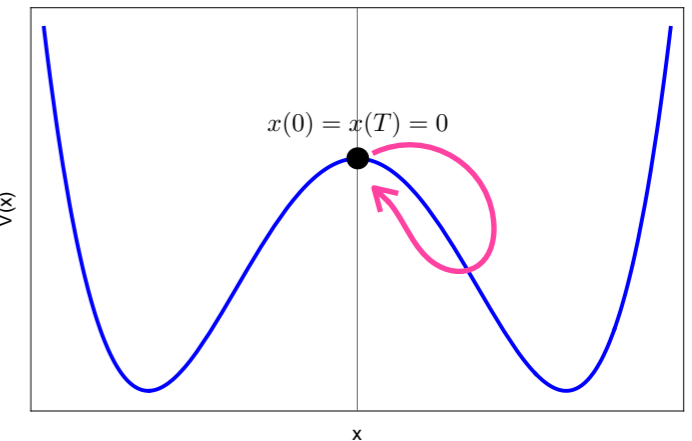
$$\Delta t = T/(L+1)$$

$$x_i = x((i+1)\Delta t)$$

$$i = 1, \dots, L$$

$$I(x) = i \left[\frac{1}{2} \sum_{i=1}^{L-1} \left(\frac{x_i - x_{i-1}}{\Delta t} \right)^2 \Delta t + \frac{x_0^2 + x_{L-1}^2}{2\Delta t} - \frac{1}{2} \sum_{i=0}^{L-1} (x_i^2 - 1)^2 \Delta t - \Delta t \right] + \Delta I(x)$$

Morsification term
(if needed)



sign of n_{σ} depends on orientation of thimble J_{σ}

\hookrightarrow fix such that $\Re(\mathcal{N}_L A_{\sigma}) > 0$

\longrightarrow sign of n_{σ} remains unchanged when changing L

Real-Time Path Integrals: Double Well

* Classification of saddle points by two integers (n, m)

[Y. Tanizaki, T. Koike, 2014]

Real saddles

$$\Im(z_\sigma) = 0 \quad |n_\sigma| = 1$$

Non-contributing complex saddles

$$\Im(z_\sigma) \neq 0, \Re[I(z_\sigma)] \geq 0 \quad n_\sigma = 0$$

Non-trivial complex saddles

$$\Im(z_\sigma) \neq 0, \Re[I(z_\sigma)] < 0 \quad n_\sigma = ?$$

First determination of n_σ for non-trivial saddles!

$$T = 5$$

n	m	$L \rightarrow \infty$	finite L	L	n_σ
		$\mathcal{I}_\infty[z]$	$\mathcal{I}(z)$		
2	1	$-1.280 + 1.427i$	$-0.775 + 1.271i$	12	+1
1	-2	$-1.280 + 1.427i$	$-0.764 + 1.257i$	12	+1
3	2	$-7.357 - 0.759i$	—	—	0
2	-3	$-7.357 - 0.759i$	—	—	0
4	1	$-14.926 + 19.727i$	$-5.783 + 17.860i$	16	-1
1	-4	$-14.926 + 19.727i$	$-5.783 + 17.862i$	16	-1
4	2	$-23.946 + 4.198i$	$-15.311 + 6.545i$	20	-1
2	-4	$-23.946 + 4.198i$	$-15.314 + 6.549i$	20	-1
4	3	$-21.025 - 18.980i$	—	—	0
3	-4	$-21.025 - 18.980i$	—	—	0

results stable against change of L

Real-Time Path Integrals: Double Well

* Classification of saddle points by two integers (n, m)

[Y. Tanizaki, T. Koike, 2014]

First determination of n_σ for non-trivial saddles!

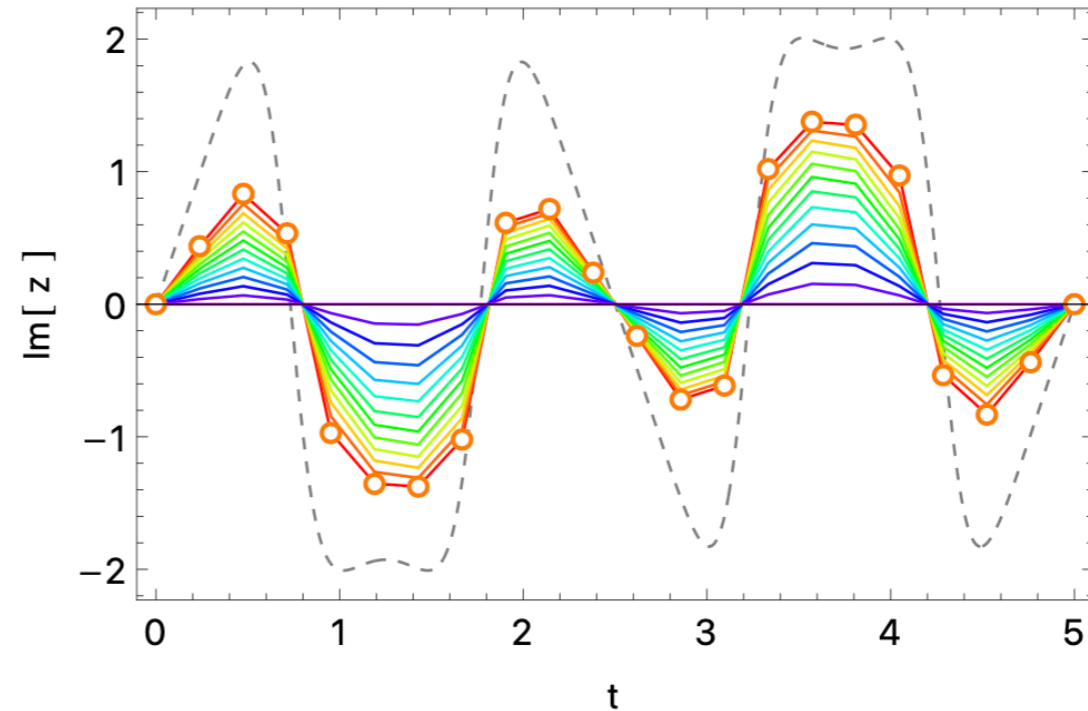
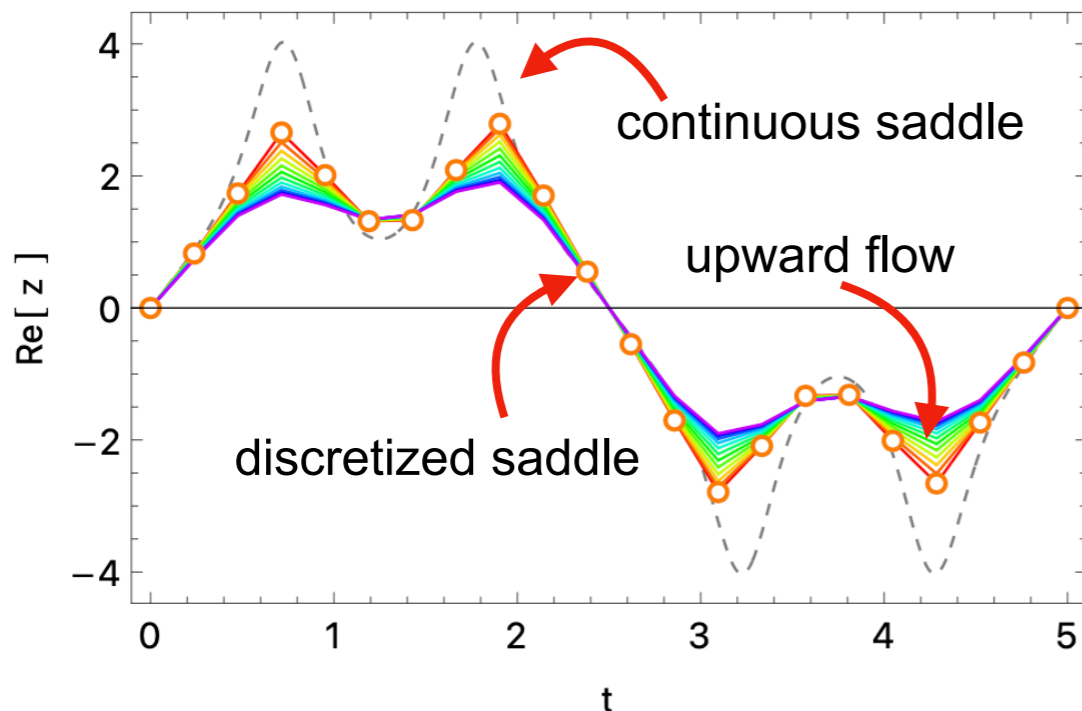
Non-trivial complex saddles

$$\Im(z_\sigma) \neq 0, \Re[I(z_\sigma)] < 0 \quad n_\sigma = ?$$

$T = 5$

n	m	$L \rightarrow \infty$	finite L	L	n_σ
		$\mathcal{I}_\infty[z]$	$\mathcal{I}(z)$		
2	1	$-1.280 + 1.427i$	$-0.775 + 1.271i$	12	+1
1	-2	$-1.280 + 1.427i$	$-0.764 + 1.257i$	12	+1
3	2	$-7.357 - 0.759i$	—	—	0
2	-3	$-7.357 - 0.759i$	—	—	0
4	1	$-14.926 + 19.727i$	$-5.783 + 17.860i$	16	-1
1	-4	$-14.926 + 19.727i$	$-5.783 + 17.862i$	16	-1
4	2	$-23.946 + 4.198i$	$-15.311 + 6.545i$	20	-1
3	1	$-22.016 + 4.108i$	$-15.211 + 6.549i$	20	-1
—	—	—	—	—	0
—	—	—	—	—	0

solution with $L=20!$



Conclusions

- * Picard-Lefschetz theory: rigorous and powerful mathematical framework for analyzing oscillatory integrals
 - but determining intersection numbers in multi-variant setups difficult
- * We propose a robust and efficient method for computing intersection numbers
 - up to $L=20$ (improved algorithm $L=36$ [\[M. Honda, Y. Shoji, K.T., in preparation\]](#))
- * Airy-type example: demonstrated effectiveness of our method by comparing with direct numerical method
- * Applied our method to real-time path integral with double-well potential
 - for first time determined intersection number of several non-trivial complex saddle points
 - provides compelling evidence for existence of their contributions

Thank you!

Multiple Shooting Method

- * Normalized upward flow: $\frac{\partial z_i}{\partial s} = \frac{\overline{\frac{\partial I}{\partial z_i}}}{\left| \frac{\partial I}{\partial z} \right|}$
- * Decompose complex variables: $Z = (\Re z_0 \cdots \Re z_{L-1} \Im z_0 \cdots \Im z_{L-1})$
- * Fix: $N - 1$ subintervals with step size δs
- * Continuity condition: $R^{(k)} = Z^{(k)} - \Phi(Z^{(k-1)}; \delta s)$

$$\frac{\partial \Phi}{\partial s}(Z_{\text{init}}; s) = \frac{1}{\left| \frac{\partial I}{\partial z}(\Phi(Z_{\text{init}}; s)) \right|} \begin{pmatrix} \Re \frac{\partial I}{\partial z}(\Phi(Z_{\text{init}}; s)) \\ -\Im \frac{\partial I}{\partial z}(\Phi(Z_{\text{init}}; s)) \end{pmatrix}$$

with $\Phi(Z_{\text{init}}; 0) = Z_{\text{init}}$

Multiple Shooting Method

- * Around saddle point Z_σ compute eigenvalues $\lambda_i > 0$ and eigenvectors W_i^\pm of Hessian

$$H = \begin{pmatrix} \Re \frac{d^2 I}{dz^2} & -\Im \frac{d^2 I}{dz^2} \\ -\Im \frac{d^2 I}{dz^2} & -\Re \frac{d^2 I}{dz^2} \end{pmatrix}$$

- * Boundary conditions:

- $R_A^{(0)} = |Z^{(0)} - Z_\sigma| - \delta r = 0$ fixing shift freedom along solution
- $R_B^{(0)} = (W^-)^t (Z^{(0)} - Z_\sigma) = 0$ selecting upward flow
- $R_B^{(N)} = (0_{L \times L} \ 1_{L \times L}) Z^{(N-1)} = 0$ endpoint on real plane

Multiple Shooting Method

* $2NL + 1$ nonlinear equations for $2NL + 1$ variables

$$R = \begin{pmatrix} R_A^{(0)} \\ R_B^{(0)} \\ R^{(1)} \\ \vdots \\ R^{(N-1)} \\ R_B^{(N)} \end{pmatrix} = 0 \quad X = \begin{pmatrix} Z^{(0)} \\ \vdots \\ Z^{(N-1)} \\ \delta s \end{pmatrix}$$

* Efficiently solved by Newton's method

linear system $\frac{\partial R}{\partial X} \Delta X = -R \quad X \rightarrow X + \Delta X$

 nearly block-diagonal