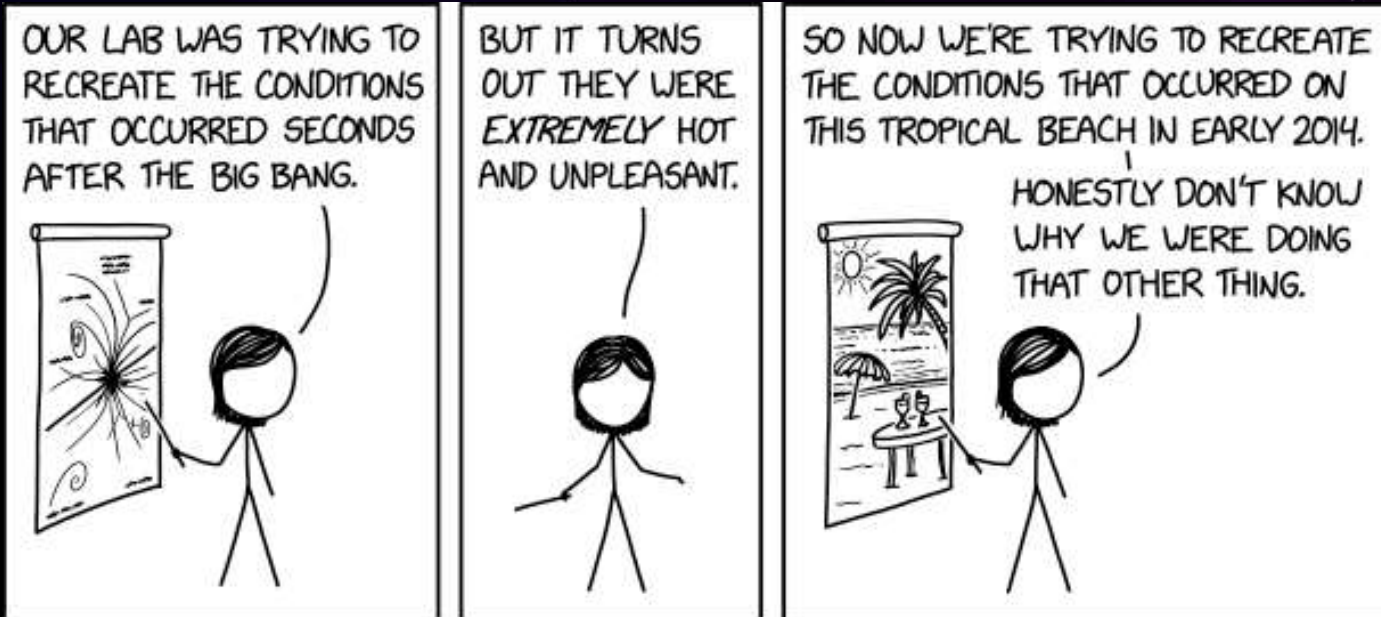


A universal scaling law for inflationary gravitational waves

Martin Teuscher with Ruth Durrer, Aurélien Barrau & Killian Martineau
2nd year PhD; based on arXiv **2510.00869** & **2512.14670**



Common thread

*Where should we seek direct probes
of early Universe physics ?*

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Direct probes of inflation
Secondary GWs

02 Generic methodology

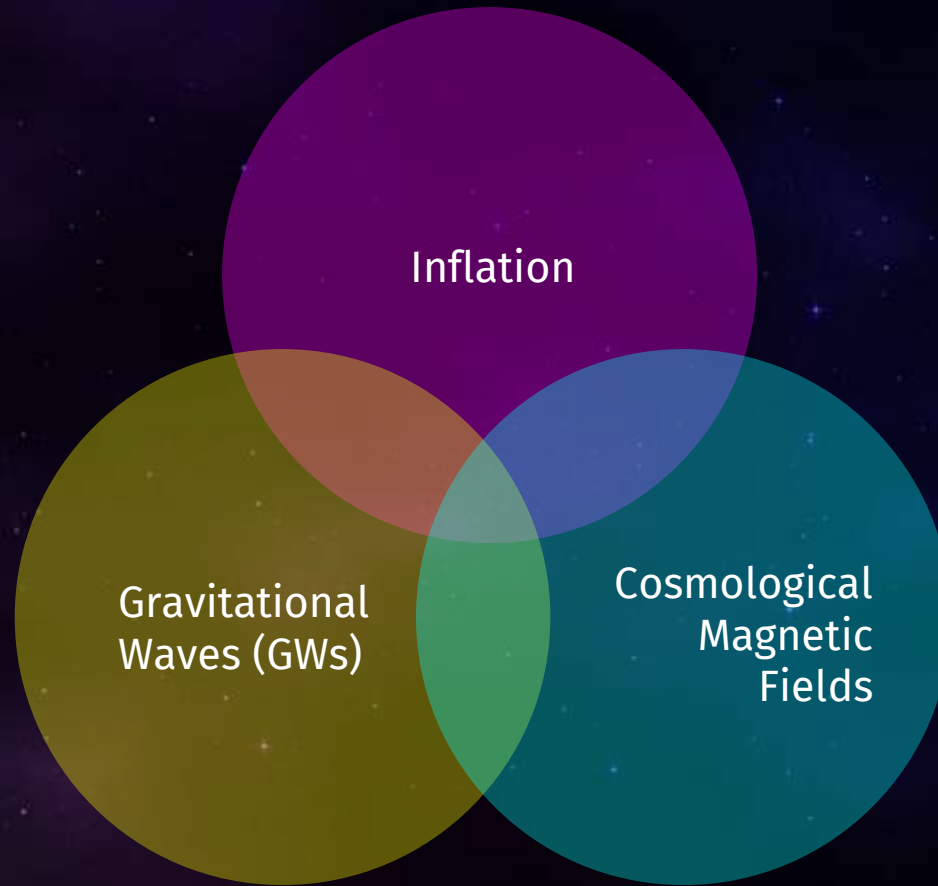
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Power spectrum : universal law

03 The gauge field case

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Secondary > primary ?

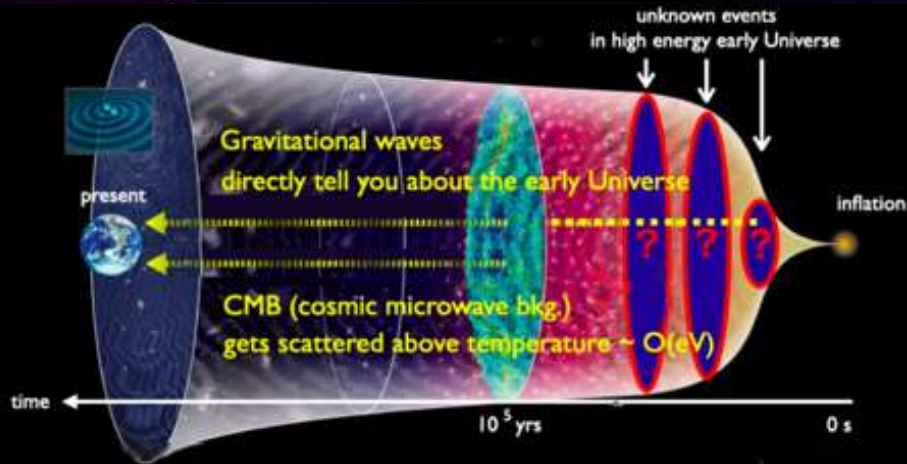


Why should cosmology care about GWs?

Seeing ONE astrophysical event = Nobel prize... but **worth it to look even harder** ?

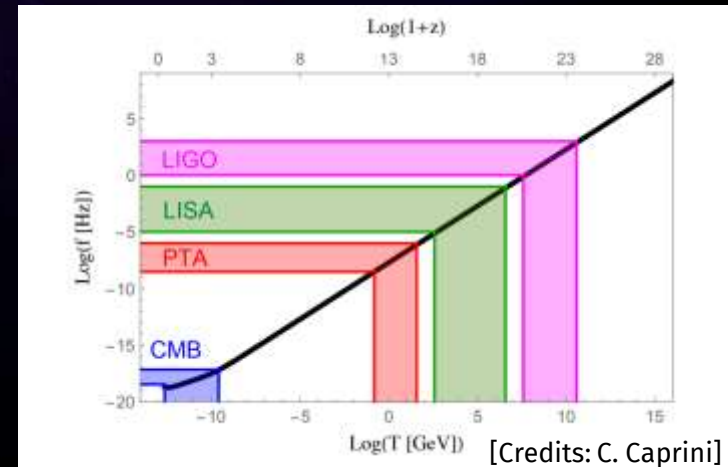
Detection → Access to inflation energy scale

$$\Gamma_{GW}/H \propto (T/M_{pl})^3$$



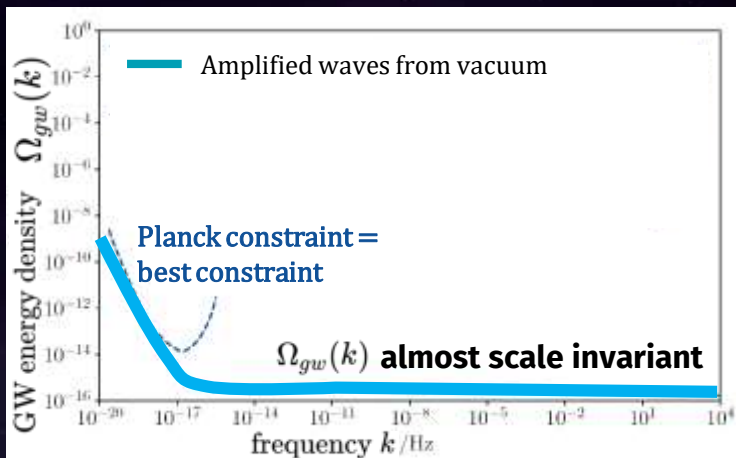
[<https://gwpo.nao.ac.jp/en/gallery/000061.html>]

DIRECT probe of pre-CMB physics ! (!!!!)



Frequency \Leftrightarrow Energy scale to probe (after inflation)

Our target?



$$\Omega_{gw}^{\text{vacuum}}(k) \propto k^{n_T}, \quad n_T \simeq 0$$

Inflation

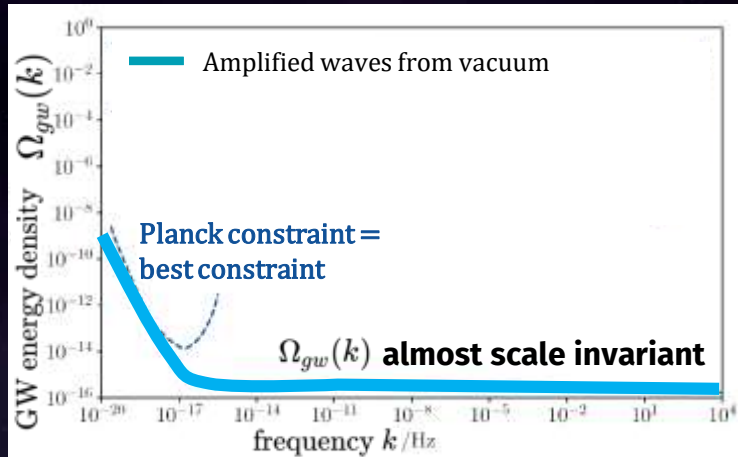


Amplification



Gravitational wave production

Our target: *sourced* gravitational waves



$$\Omega_{gw}^{\text{vacuum}}(k) \propto k^{n_T}, \quad n_T \simeq 0$$

- What is the new slope n_T ?
- Can we learn on the content?
- Is this detectable?

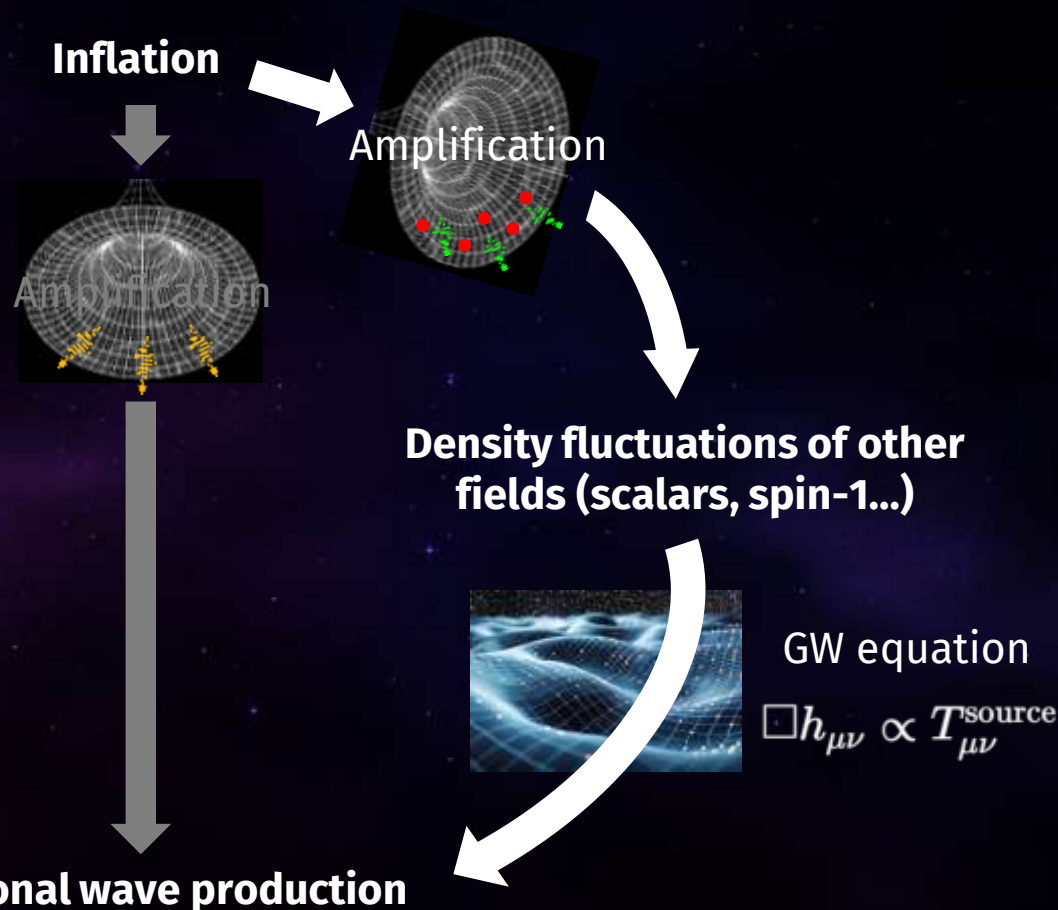


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Model-independent estimation of n_T

$$\square h_{\mu\nu} \propto T_{\mu\nu}^{\text{source}} \implies \rho_{\text{gw}}^{\text{today}} \propto [\text{transfer func.}] \times \iint d\tau' d\tau'' G_1(\tau') G_1(\tau'') [\Pi\text{-correlator}(\tau', \tau'')]$$

Green function

anisotropic stress tensor

Vastly studied [Caprini, Domcke, Domenech...], **but can we claim properties on the resulting GW spectrum with little to no knowledge on the source ?**

Model-independent estimation of n_T

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Parameter q

Equation of state $q = 2(1 + 3w)$

$\simeq -1$ if slow-roll

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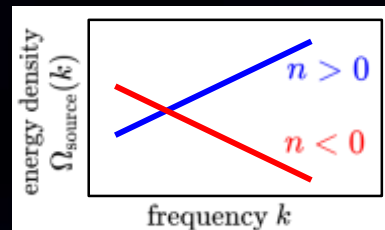
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Parameter q Equation of state $q = 2(1 + 3w) \leftarrow \simeq -1$ if slow-roll

Simple parametrization:

Parameter n Slope of source's spectrum



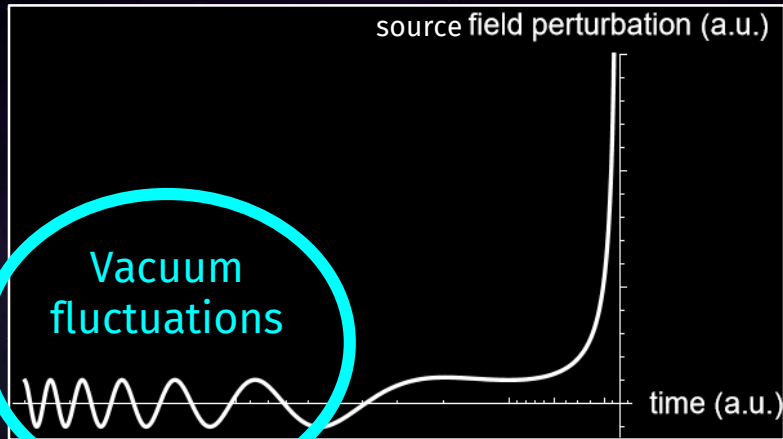
$$\Pi_{ij} \propto \Psi_i \Psi_j,$$

$$\mathcal{P}_\Psi(k) \propto k^n$$

When can scales source gravitational waves?

Careful treatment of sub-Hubble modes!

For each frequency k :



Try:

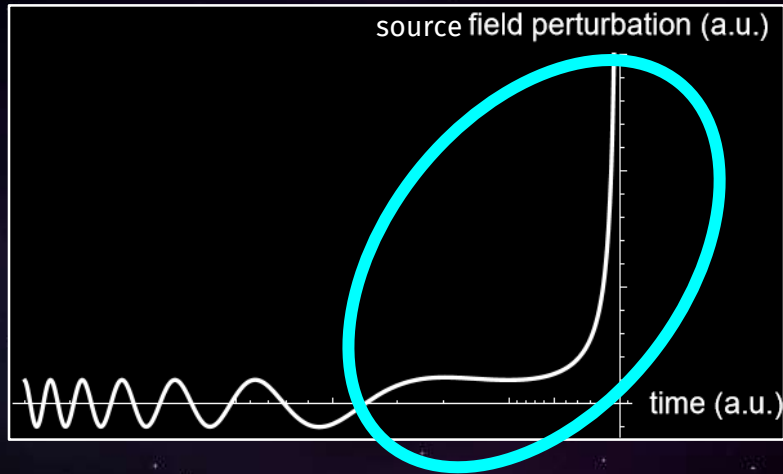
$$\Omega_{gw}^{\text{today}} \propto \int_0^\infty \frac{dk}{k} (\text{source 2-pt. function})_k$$

→ **Divergent!** (vacuum energy-like problem)

When can scales source gravitational waves?

Careful treatment of sub-Hubble modes!

For each frequency k :



Try:

$$\Omega_{gw}^{\text{today}} \propto \int_0^\infty \frac{dk}{k} (\text{source 2-pt. function})_k$$

→ Divergent! (vacuum energy-like problem)

Adiabatic regularization scheme [Parker, Durrer]

$$\Omega_{gw}^{\text{today}} \propto \int_0^{\text{cutoff}(t)} \frac{dk}{k} (\text{source 2-pt. function})_k$$

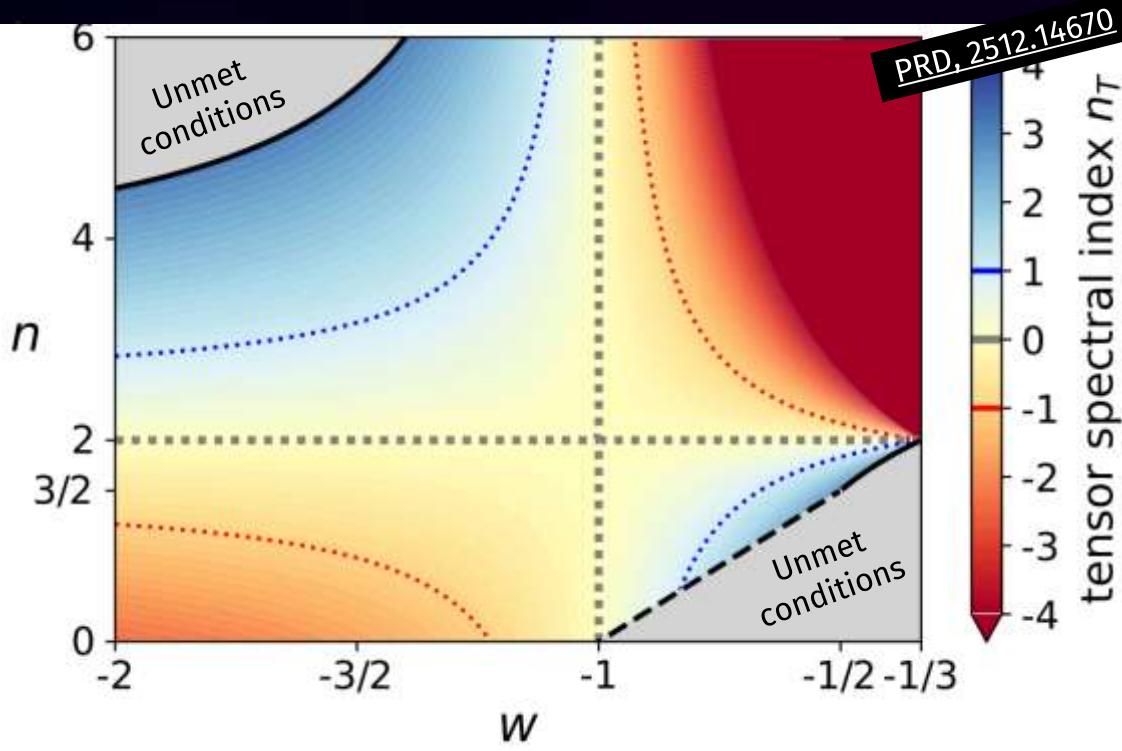
→ Modes need to be populated to source GWs!

Model-independent estimation of n_T

$$\Omega_{gw}(k) \propto k^{n_T},$$

$$n_T = 2(n - 2)(q + 1)$$

$\mathcal{P}_{\text{source}}(k) \propto k^n$ & few assumptions
 $q = 2/(1 + 3w)$
 $\simeq \text{const.}$



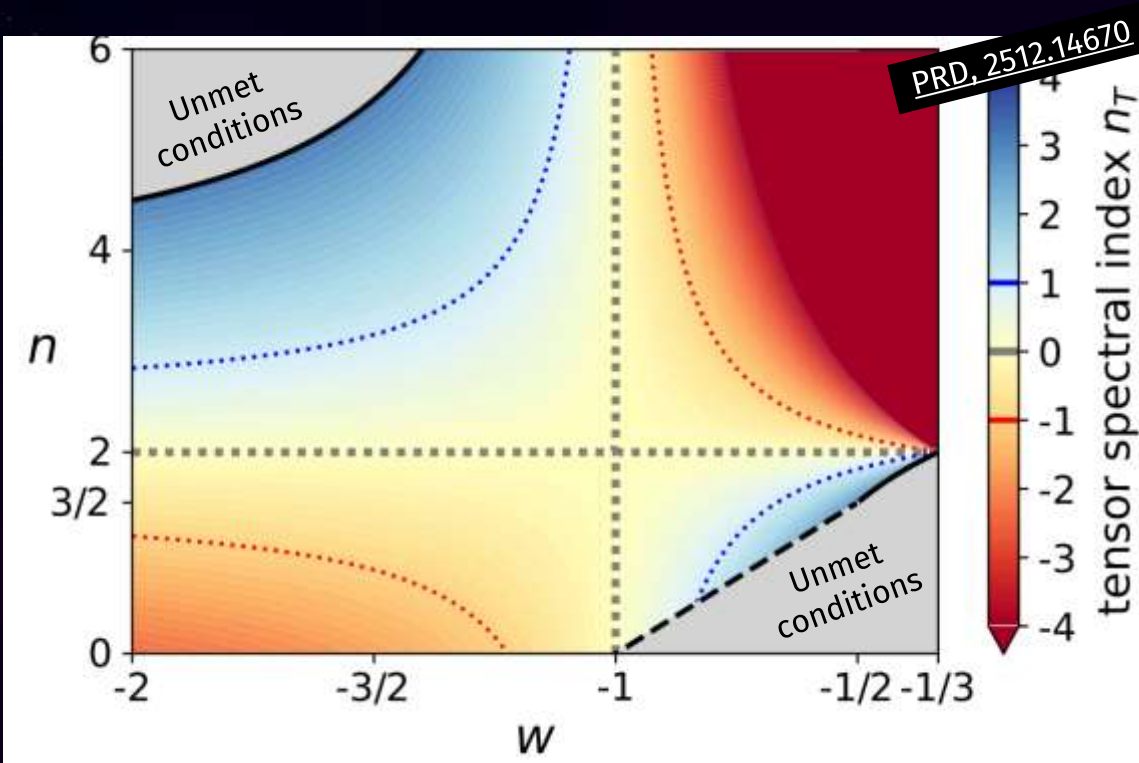
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Slow-roll inflation: $q \simeq -1$ so

$$n_T \simeq 0 \quad \forall n!$$

GW spectral index almost independent of that of the source

(« dilution compensates small scale »)

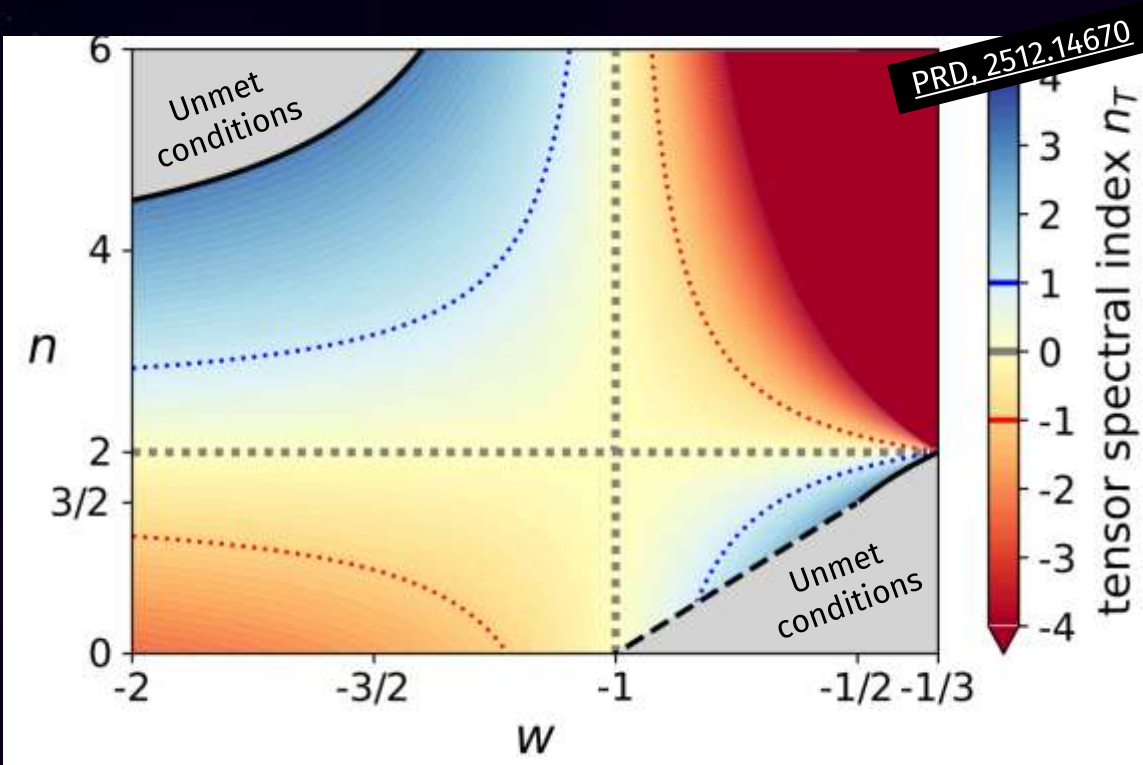
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Slow-roll inflation: $q \simeq -1$ so

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GW spectral index almost independent of that of the source

- $\mathcal{O}(\epsilon_{\text{SR}})$ corrections [Caprini *et al.*]
- Use: **fast estimation for model-building**

We have slope.
Next: AMPLITUDE →

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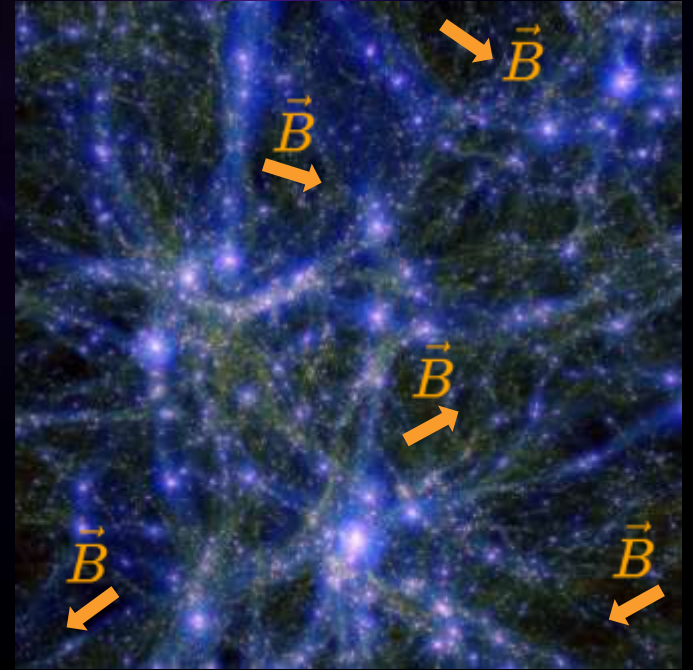
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Cosmological magnetic fields

- Evidence for magnetic fields in the intergalactic **voids** (from GeV photon deviation)
⇒ primordial origin?



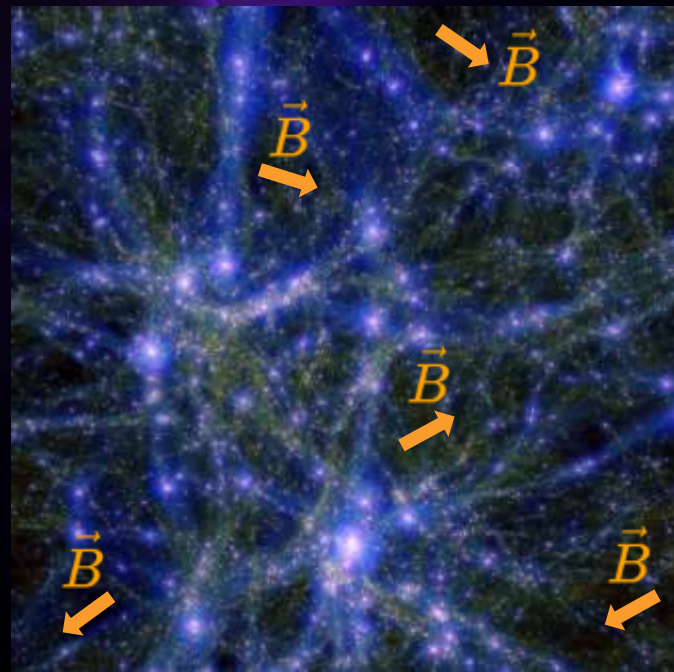
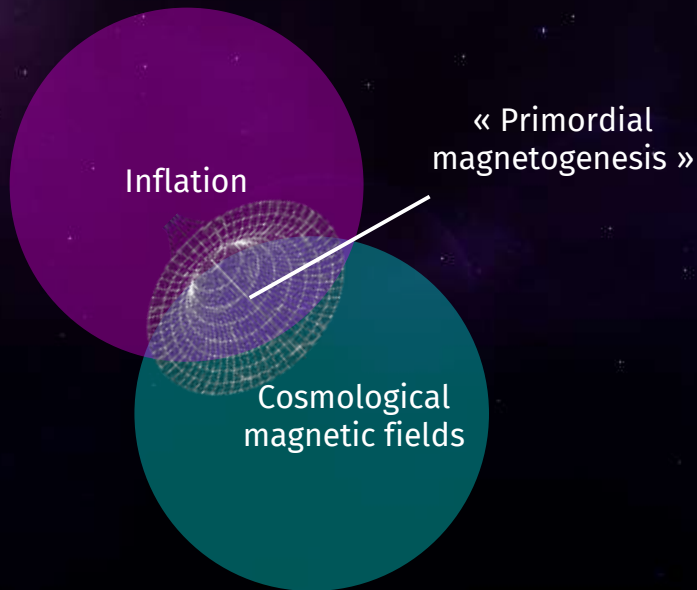
$$|B| > 10^{-15} \text{G}$$

$$\lambda_B \sim \text{Mpc}$$

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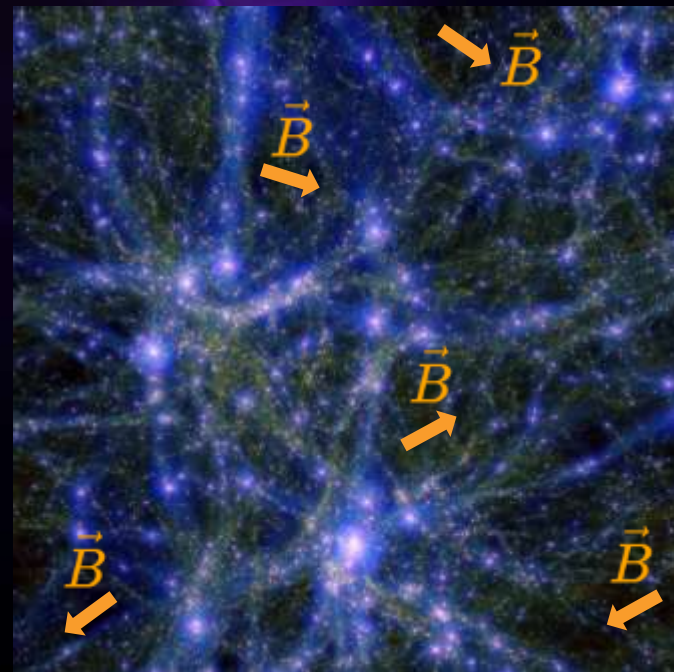
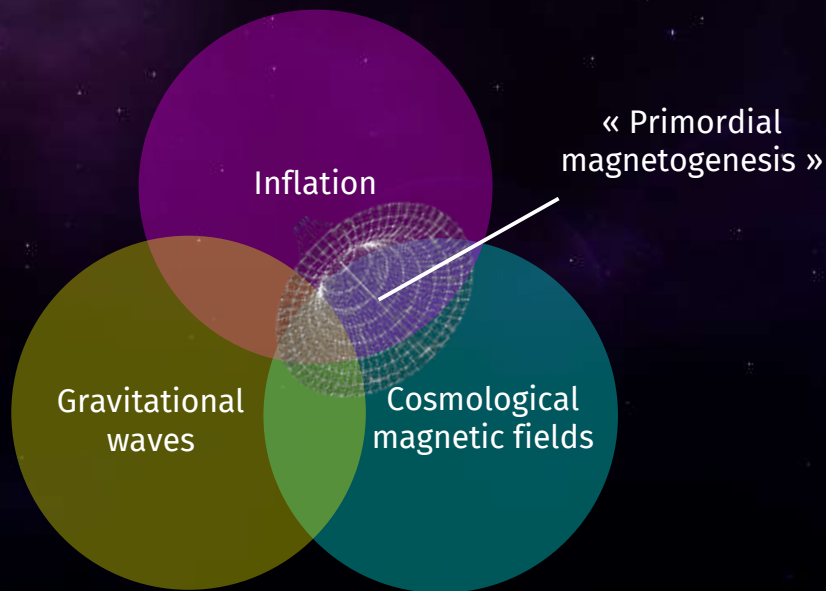
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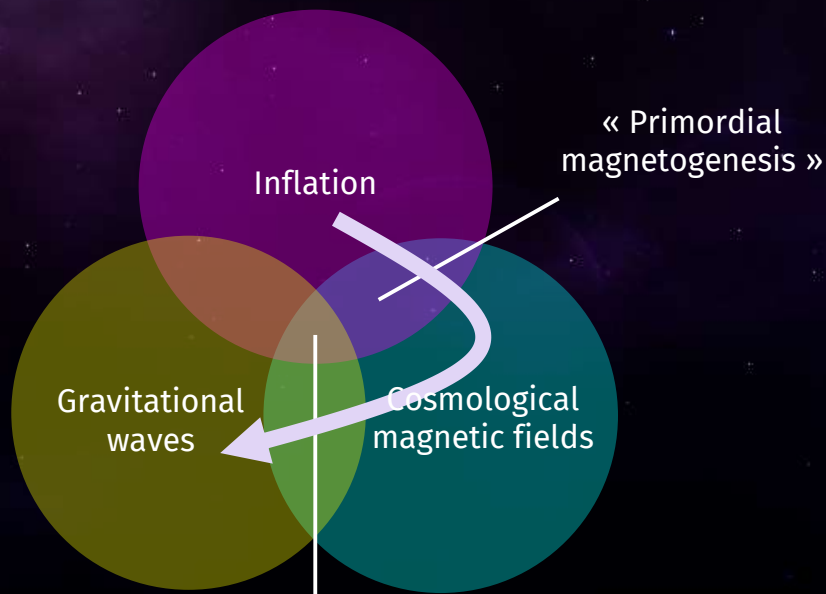
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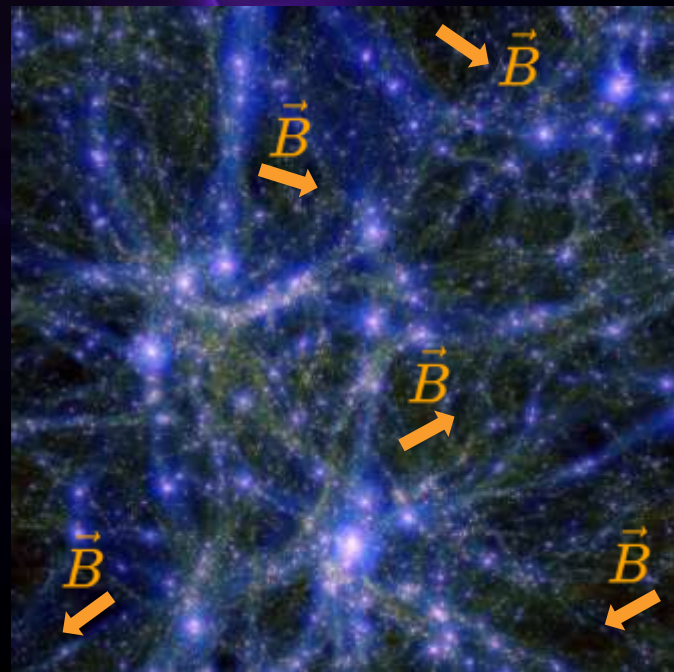
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GW signal produced by primordial magnetic fields → **combined direct probes**



$$|B| > 10^{-15} \text{ G}$$

$$\lambda_B \sim \text{Mpc}$$

To amplify or not to amplify, that is the question

$$S = \int \sqrt{-g} d^4x \left[\mathcal{L}(\phi) \right]$$

spacetime geometry inflaton



Minimally-coupled scalars:

$$u_k'' + \left(k^2 - \frac{z''}{z} \right) u_k = 0$$

tensors:

$$\chi_k'' + \left(k^2 - \frac{a''}{a} \right) \chi_k = 0$$

→ vacuum perturbations get amplified

To amplify or not to amplify, that is the question

$$S = \int \sqrt{-g} d^4x \left[\mathcal{L}(\phi) - \frac{1}{4} F_{\mu\nu} F^{\mu\nu} \right]$$

spacetime geometry inflaton electromagnetism



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→ vacuum perturbations get amplified

Massless gauge field:

$$A_k'' + k^2 A_k = 0$$

⊗ **No amplification!** ⊗

Conformal invariance (in 4D)
Specific to force carriers

To amplify or not to amplify, that is the question

[Fleury et al. '14: most general couplings]

$$S = \int \sqrt{-g} d^4x \left[\mathcal{L}(\phi) - \frac{1}{4} F_{\mu\nu} F^{\mu\nu} - \frac{1}{4} i_1(\phi) F_{\mu\nu} F^{\mu\nu} - \frac{1}{4} i_2(\phi) (\star F)_{\mu\nu} F^{\mu\nu} \right]$$

spacetime geometry
inflaton
electromagnetism
“kinetic” coupling
“chiral” coupling



Minimally-coupled scalars:

$$u_k'' + \left(k^2 - \frac{z''}{z} \right) u_k = 0$$

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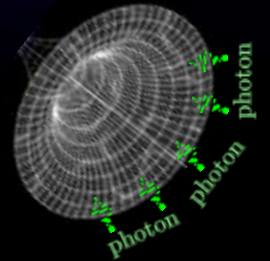
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Massless gauge field:

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⊗ **No amplification!** ⊗

Conformal invariance (in 4D)
Specific to force carriers



Coupling-dependent amplification!

Model's parameters

Slow-roll: $\partial_\phi i_{1,2}(\phi) \simeq \gamma_{1,2}(1 + i_1) \frac{H}{\dot{\phi}}$

Parameter

*Theory
interpretation*

*Phenomenological
effect*

Model's parameters

$$\text{Slow-roll: } \partial_\phi i_{1,2}(\phi) \simeq \gamma_{1,2}(1 + i_1) \frac{H}{\dot{\phi}}$$

Parameter

$$0 \leq \gamma_1 < 4$$

Theory interpretation

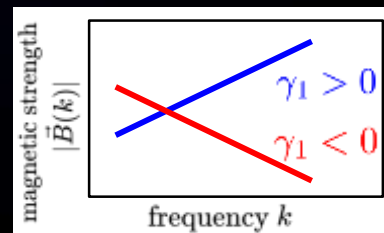
Electric charge renormalization

$$e \rightarrow e' = e / \sqrt{t^{\gamma_1}} \quad [\text{Sobol, Durrer}]$$

Phenomenological effect

Controls spectral index

$$\begin{aligned} \text{(Blue Fields)} \quad & |\vec{E}(k)|^2 \propto k^{1-\gamma_1} \\ & |\vec{B}(k)|^2 \propto k^{1+\gamma_1} \end{aligned}$$



Model's parameters

Slow-roll: $\partial_\phi i_{1,2}(\phi) \simeq \gamma_{1,2}(1 + i_1) \frac{H}{\dot{\phi}}$

Parameter

$$0 \leq \gamma_1 < 4$$

$$\gamma_2 \in \mathbb{R}$$

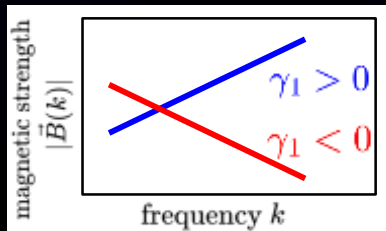
Theory interpretation

Electric charge renormalization

Axion inflation: $\gamma_2 = \sqrt{2\epsilon_{\text{SR}}} \frac{\alpha M_{\text{pl}}}{f_a} = \mathcal{O}(1 - 10)$
 [Barnaby et al.]

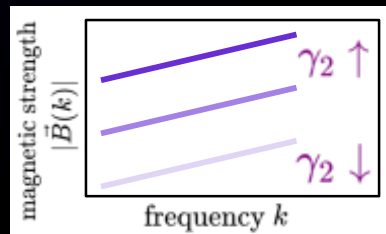
Phenomenological effect

Controls spectral index



Controls polarization (P-odd) and amplitude

$$|\vec{B}^+(k)|^2 - |\vec{B}^-(k)|^2 \propto \exp(\gamma_2)$$



Roadmap

**Interaction
model**

Action coupling φ
to the A_μ field

Anisotropies

Π_{ij} anisotropic
part of $T_{\mu\nu}(B, E)$

Observables

Tensor power
spectrum P_T , energy
density Ω_{gw}



**Electro-
magnetism**

Power spectra of
 \vec{B}_k and \vec{E}_k

**Polarized
gravity waves**

h_{ij}^\pm is sourced by Π_{ij}

Constraints

Allowed coupling
parameters from
known data

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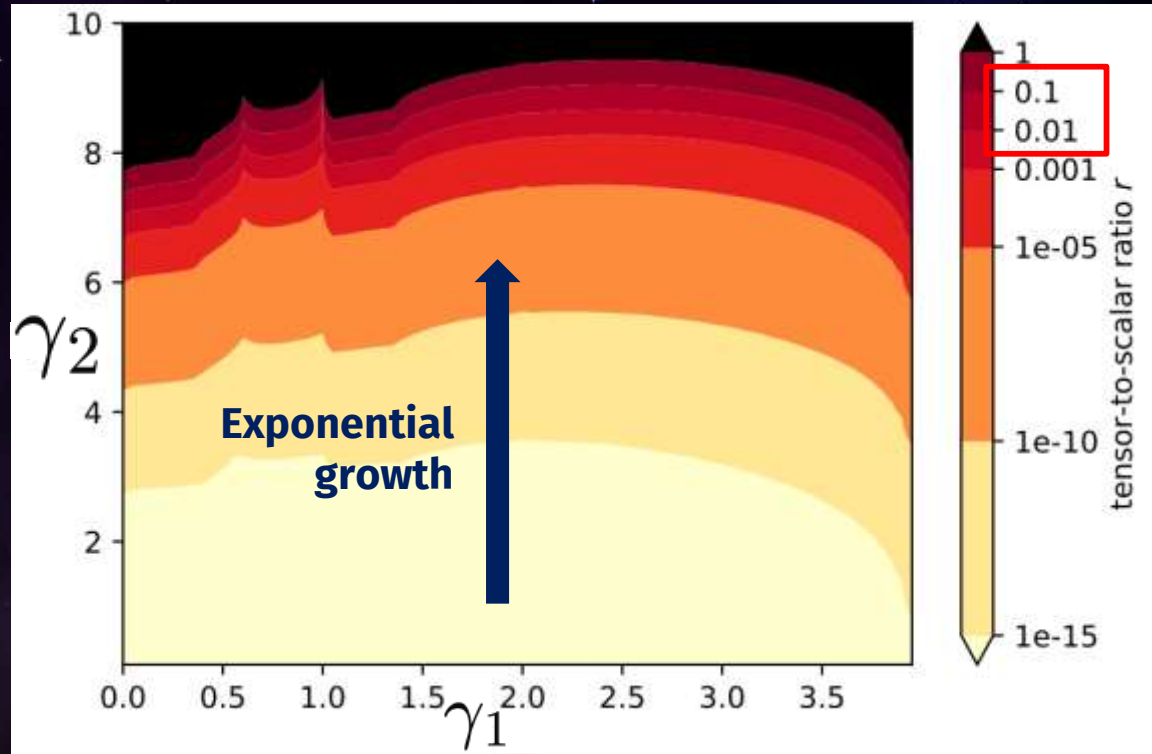
1) Nearly **scale-invariant** GW power spectrum (alike std. inflation)

Do you see anything?

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- 2) **Polarized** (*unlike* std. inflation)

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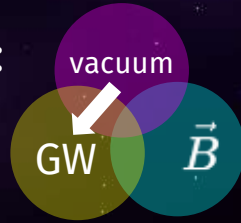
- 1) Nearly **scale-invariant** GW power spectrum (*alike* std. inflation)
- 2) **Polarized** (*unlike* std. inflation)
- 3)



Observationally
hot zone

Secondary v.s. primary background

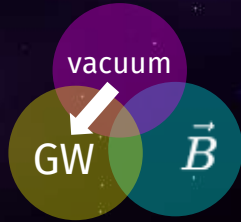
Standard inflation:



$$\Omega_{gw} \propto (E_{\text{inflation}}/E_{\text{Planck}})^2 \ll 1$$

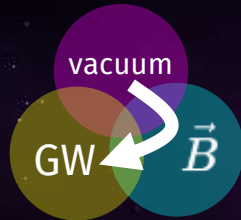
Secondary v.s. primary background

Standard inflation:



$$\Omega_{gw} \propto (E_{\text{inflation}}/E_{\text{Planck}})^2 \ll 1$$

Here:

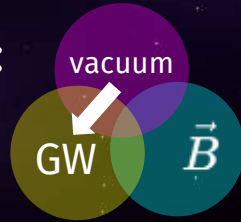


$$\Omega_{gw} \propto (E_{\text{inflation}}/E_{\text{Planck}})^4 \lll 1 ?$$

Naively less signal, but exponential boost $\Omega_{gw} \propto \exp(\gamma_2)$ can reverse this trend!

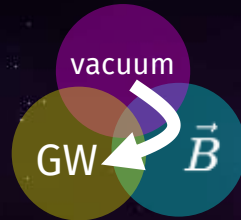
Secondary v.s. primary background

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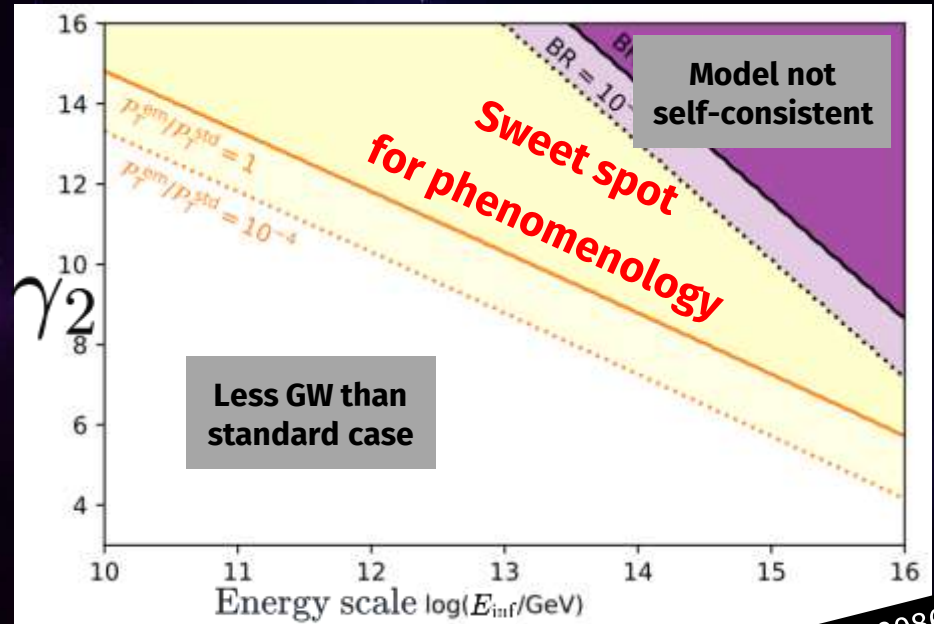
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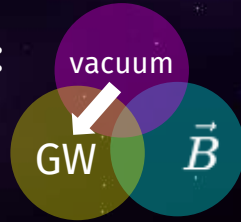
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ICAP, 2510.00869

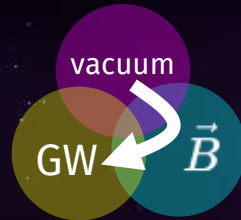
Secondary v.s. primary background

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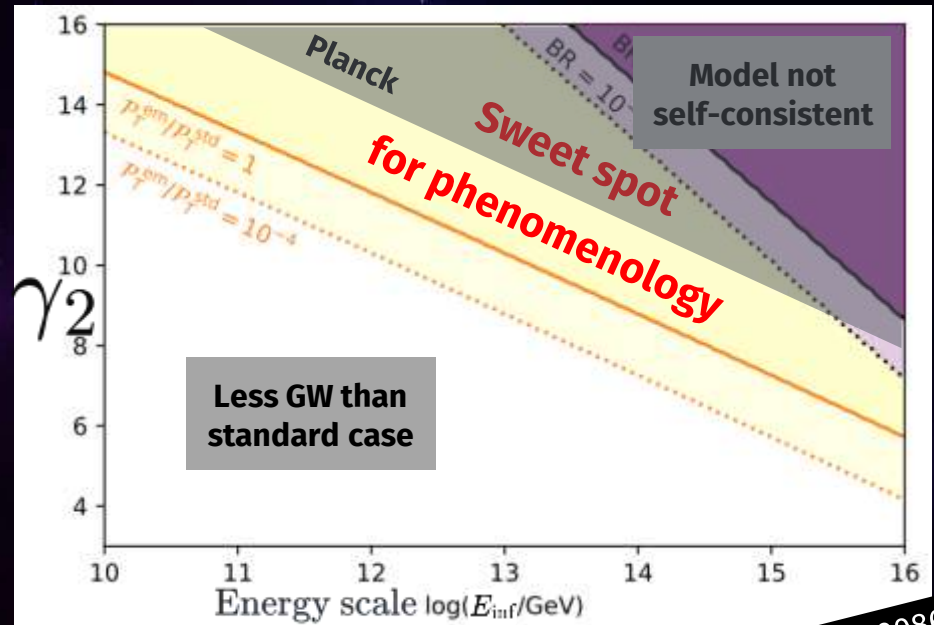
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ICAP, 2510.00869

Conclusion

Take-away 1

Gravitational waves = powerful **direct probes**

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Take-away 1 Gravitational waves = powerful **direct probes**

Take-away 2 **New formula** to estimate GW slope index

$n_T = 2(n - 2)(q + 1) \longrightarrow$ great for model building

PRD, 2512.14670

Conclusion

Take-away 1 Gravitational waves = powerful **direct probes**

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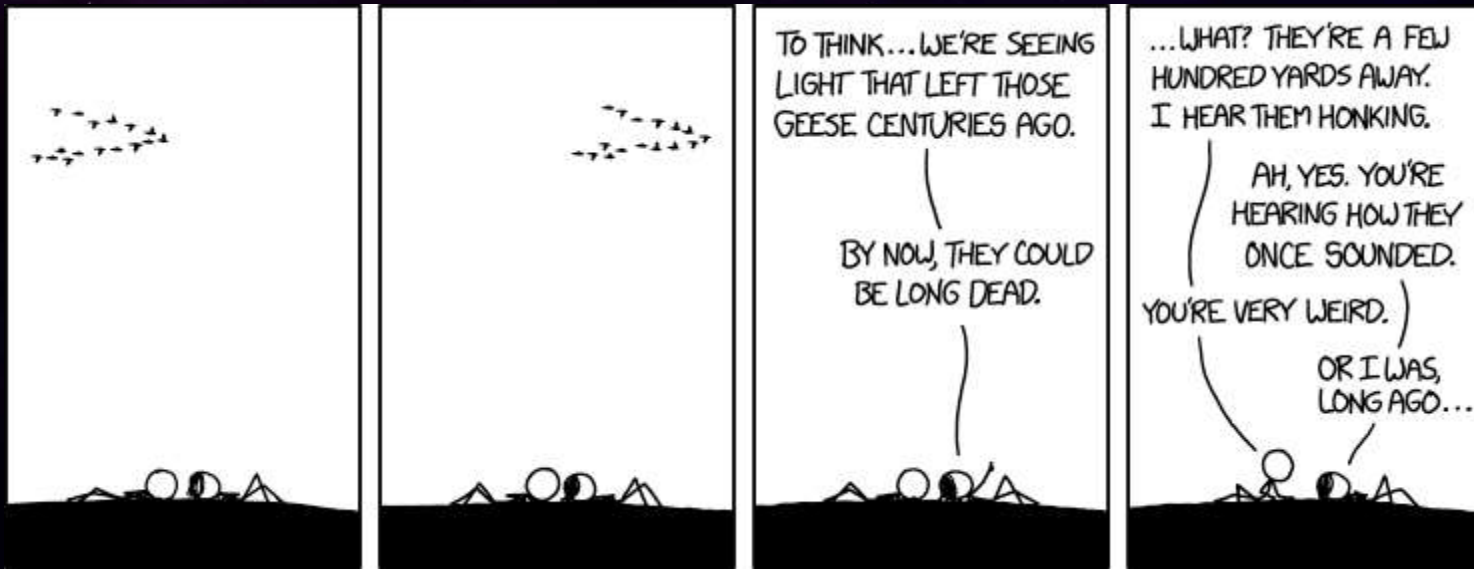
PRD, 2512.14670

Take-away 3 Do not under-estimate **secondary GW!**

Can easily overcome « primary » GW signal

ICAP, 2510.00869

Thank you!



List of assumptions

Universal scaling of GW power spectrum as soon as:

- Blue enough source ($n > 0$)
- Accelerated expansion ($w < -1/3$, w constant)
- Cutoff = Hubble horizon
- Conclusion: if slow-roll, **scale invariant spectrum**

List of assumptions (2)

To summarize, let us recall the assumptions leading to relation (2): (i) we consider an inflationary phase with constant equation of state $w < -1/3$; (ii) only super-horizon perturbations generate GWs, as is the case if the source field Ψ_i was amplified from the vacuum; (iii) Ψ_i is a Gaussian field; (iv) its spectrum – a generic power law of k , of a , and of an arbitrary energy scale – is not red, $n \geq 0$; (v) a technical but not very restrictive inequality between n and w must be satisfied – see Figure 1.

Would assumption (i), (ii) or (iv) be relaxed, our derivation may however still proceed, as long as the dependence on k of the bounds dominating integrals (17)

$$\mathcal{P}_T(k, \tau) \propto \frac{C^2}{2\pi^2} \frac{M^{4-2(n-2)-2[C]} H_{\text{end}}^{2q(2-n)}}{M_{\text{Pl}}^4} k^{2(n-2)(q+1)}.$$

→ Corrections exist if the amplitude changes with k :

$$\mathcal{P}_h^{(\text{vac})} (1 + \Delta\mathcal{P}_h) \simeq \frac{2H^2}{\pi^2 m_{\text{Pl}}^2} \left(1 + 4.3 \cdot 10^{-7} \frac{H^2}{m_{\text{Pl}}^2} \frac{e^{4\pi\xi}}{\xi^6} \right)$$

[C. Caprini 1801.04268]

→ If ξ cannot be treated as independent of expansion:

$$n_T \simeq -4\epsilon + (4\pi\xi - 6)(\epsilon - \eta)$$

Our formula's prediction

Corrections, but still generically close to zero!

Conclusion

- Lots of possible improvements:
include back-reaction [Durrer, Sobol, Vilchinskii], non-gaussianities [Caprini, Sorbo], post-inflation contributions, numerical treatment [Schober]...

Polarization: antisymmetric power spectrum

$$\begin{aligned}
 \mathcal{P}_T &= \frac{H^4}{M_{\text{Pl}}^4} \mathcal{F}(\gamma_1, \gamma_2) \\
 &= \frac{H^4}{M_{\text{Pl}}^4} \frac{\gamma_3^8}{2\pi^2(4\pi)^2} \left[\frac{\Delta_B^2 \gamma_3^{2m_B}}{9(4+m_B)^2} \left(\cosh^2 \left(\frac{\pi\gamma_2}{2} \right) C(f_S, m_B) \right. \right. \\
 &\quad \left. \left. + \sinh^2 \left(\frac{\pi\gamma_2}{2} \right) C(f_A, m_B) \right) \right. \\
 &\quad + \frac{\Delta_E^2 \gamma_3^{2m_E}}{9(4+m_E)^2} \left(\cosh^2 \left(\frac{\pi\gamma_2}{2} \right) C(f_S, m_E) + \sinh^2 \left(\frac{\pi\gamma_2}{2} \right) C(f_A, m_E) \right) \\
 &\quad \left. + \frac{2\Delta_B \Delta_E \gamma_3^{m_B+m_E}}{9(4+m_B)(4+m_E)} \left(\cosh^2 \left(\frac{\pi\gamma_2}{2} \right) C \left(f_S, \frac{m_B+m_E}{2} \right) \right. \right. \\
 &\quad \left. \left. + \sinh^2 \left(\frac{\pi\gamma_2}{2} \right) C \left(f_A, \frac{m_B+m_E}{2} \right) \right) \right]
 \end{aligned}$$

$$\begin{aligned}
 \mathcal{P}_T^A &= \frac{H^4}{M_{\text{Pl}}^4} \mathcal{F}_A(\gamma_1, \gamma_2) \\
 &= \frac{H^4}{M_{\text{Pl}}^4} \frac{\gamma_3^8}{2\pi^2(4\pi)^2} \frac{\sinh \pi\gamma_2}{2} \left[\frac{\Delta_B^2 \gamma_3^{2m_B}}{9(4+m_B)^2} C(g, m_B) \frac{\Delta_E^2 \gamma_3^{2m_E}}{9(4+m_E)^2} C(g, m_E) \right. \\
 &\quad \left. + \frac{2\Delta_B \Delta_E \gamma_3^{m_B+m_E}}{9(4+m_B)(4+m_E)} C \left(g, \frac{m_B+m_E}{2} \right) \right]
 \end{aligned}$$

Extra equations

$$\tilde{k}_h(\tau) \equiv \frac{1}{-\tau} \left(\frac{|\gamma_2|}{2} + \frac{1}{2} \sqrt{\gamma_2^2 + |\gamma_1(2 - \gamma_1)|} \right)$$

$$\begin{aligned} \ddot{\phi} + 3H\dot{\phi} + \partial_\phi V &= -\frac{1}{4} \partial_\phi i_1 \langle F_{\mu\nu} F^{\mu\nu} \rangle - \frac{1}{4} \partial_\phi i_2 \langle F_{\mu\nu} \tilde{F}^{\mu\nu} \rangle \\ &= \frac{1}{1+i_1} \left[\frac{1}{2} \partial_\phi i_1 \langle \boldsymbol{\mathcal{E}}^2 - \boldsymbol{\mathcal{B}}^2 \rangle + \partial_\phi i_2 \langle \boldsymbol{\mathcal{B}} \cdot \boldsymbol{\mathcal{E}} \rangle \right] \end{aligned}$$

$$\rho \ll \rho_\phi \quad \text{i.e.} \quad \frac{1}{2(1+i_1)} (\boldsymbol{\mathcal{B}}^2 + \boldsymbol{\mathcal{E}}^2) \ll 3M_{\text{Pl}}^2 H^2 .$$

Extra equations

$$S_{\Pi}(k, \tau = \tau')[\mathcal{B}, \mathcal{E} = 0] = \frac{2}{(4\pi)^3} \int d^3p \left[S_{\mathcal{B}}(|p|) S_{\mathcal{B}}(|k - p|) (1 + \mu^2) (1 + \beta^2) \right. \\ \left. + A_{\mathcal{B}}(|p|) A_{\mathcal{B}}(|k - p|) 4\mu\beta \right]$$

$$A_{\Pi}(k, \tau = \tau')[\mathcal{B}, \mathcal{E} = 0] = \frac{2}{(4\pi)^3} \int d^3p S_{\mathcal{B}}(|p|) A_{\mathcal{B}}(|k - p|) 4(1 + \mu^2)\beta ,$$

$$S_{\Pi}(k, \tau, \tau')[\mathcal{B}, \mathcal{E}] = S_{\Pi}(k, \tau, \tau')[\mathcal{B}, 0] \\ + (\theta^2(\tau) + \theta^2(\tau')) S_{\Pi}(k, \tau, \tau')[\sqrt{f}\mathcal{B}, 0] \\ + \theta^2(\tau)\theta^2(\tau') S_{\Pi}(k, \tau, \tau')[f\mathcal{B}, 0] ,$$

Compact analytical transfer function

Propagates GWs through any arbitrary number of eras with $w_1, w_2, \dots, w_n!$

$$M_i[\ell_i] \begin{pmatrix} A_k^i \\ B_k^i \end{pmatrix} = M_{i+1}[r_{i+1}] \begin{pmatrix} A_k^{i+1} \\ B_k^{i+1} \end{pmatrix}$$

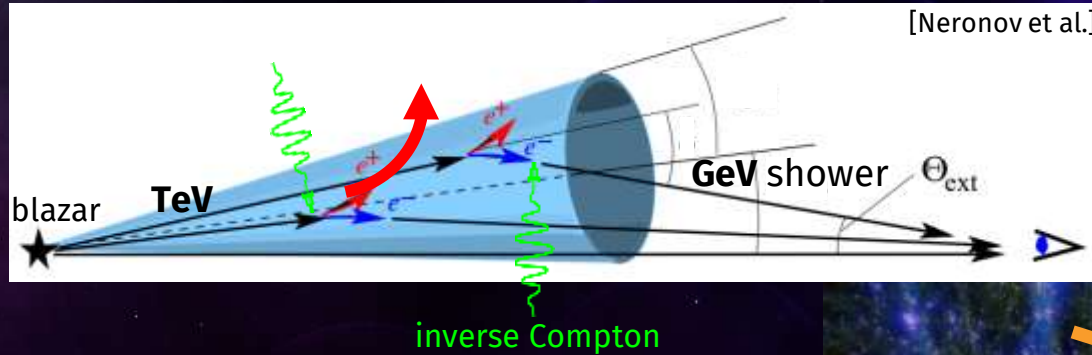
$$M_i[x] \equiv \begin{pmatrix} x j_{\nu_i}(x) & x y_{\nu_i}(x) \\ (\nu_i + 1) j_{\nu_i}(x) - x j_{\nu_i+1}(x) & (\nu_i + 1) y_{\nu_i}(x) - x y_{\nu_i+1}(x) \end{pmatrix}$$

$$T_i \equiv M_{i+1}[r_{i+1}]^{-1} M_i[\ell_i]$$

$$\Omega_{\text{gw},n}^{\text{1pol.}}(k) = \frac{a_{\text{end}}^4 H_{\text{end}}^2}{a_n^4 H_n^2} \frac{1}{24} \left\| T_{n-1} \cdots T_1 M_1[r_1]^{-1} \begin{pmatrix} (k/\mathcal{H}_{\text{end}}) \sqrt{\mathcal{P}_{T,\text{end}}^{\text{1pol.}}} \\ \sqrt{12\Omega_{\text{gw},\text{end}}^{\text{1pol.}}} + \sqrt{\mathcal{P}_{T,\text{end}}^{\text{1pol.}}} \end{pmatrix} \right\|^2$$

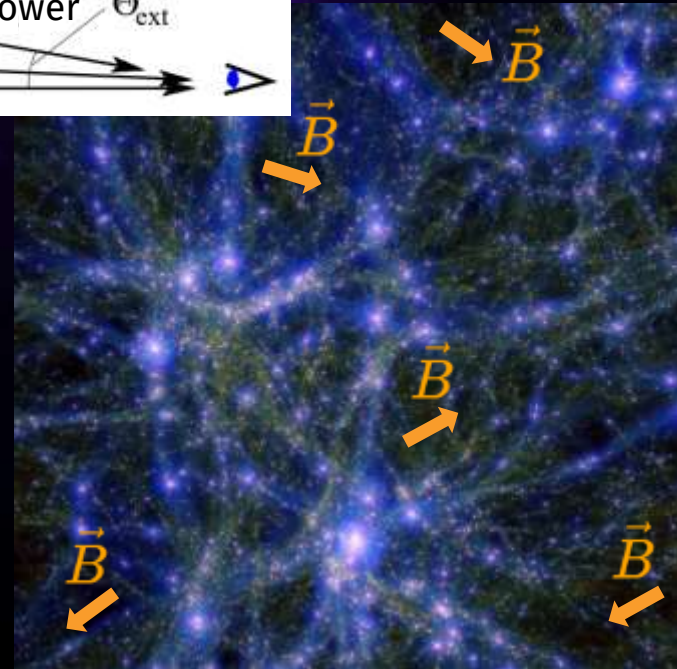
Evidence for extra-galactic magnetic fields

POV : you look at a TeV blazar

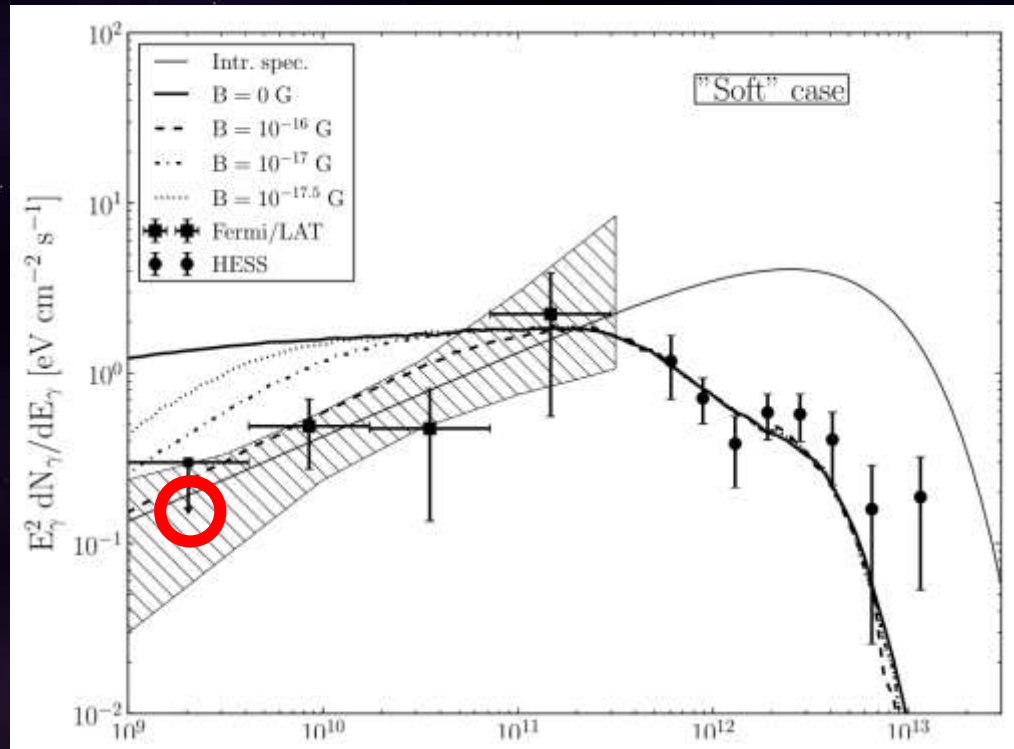


Measure GeV shower depending on line of sight angle
→ Information on deflection

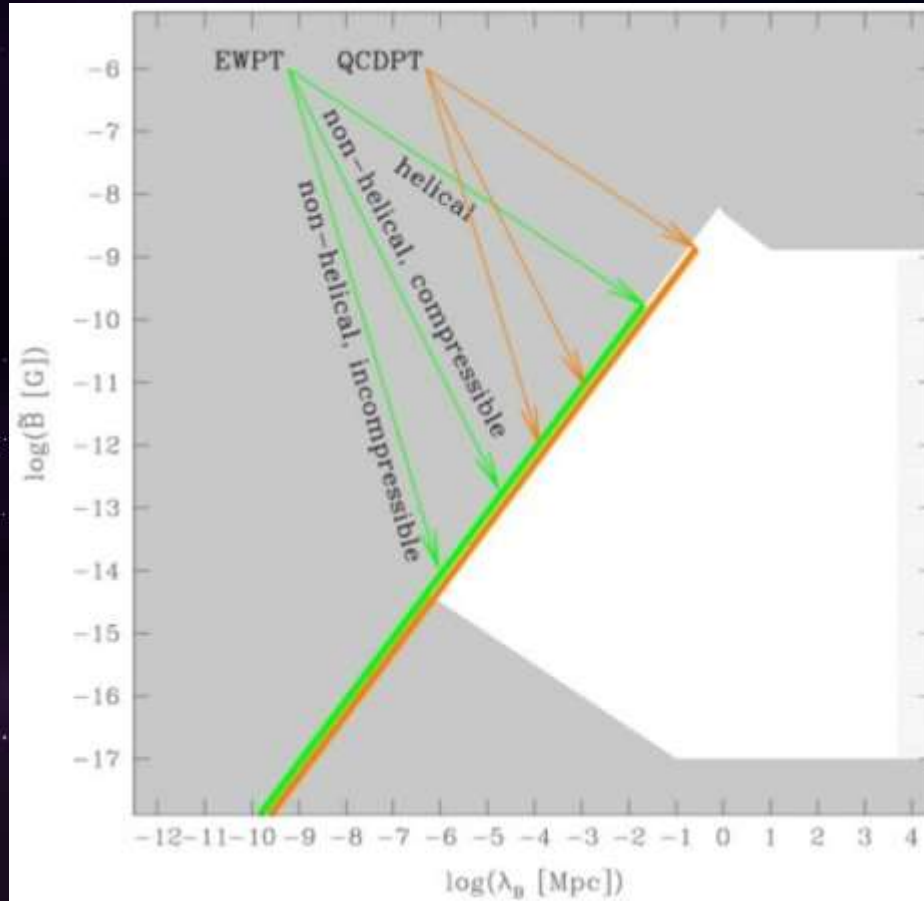
We see too little abundance of GeV shower
→ particles must have been deflected away → **B-fields ?**



Measurements extragalactic B-fields



Evolution of extragalactic B-fields



Positive kernels

A positive kernel is a symmetric function $K : \mathbb{R}_+^2 \rightarrow \mathbb{R}$ satisfying (among other requirements) the Mercer condition [28], namely: for any $I \subset \mathbb{R}_+$ and $f \in L^2(I)$, $\iint_{I^2} f(y)f(z)K(y,z)dydz \geq 0$. We show here the following result:

For any decreasing (resp. increasing) function $\phi : \mathbb{R}_+ \rightarrow \mathbb{R}_+$, $K = \phi \circ \max$ (resp. $K = \phi \circ \min$) is a positive kernel.

The choice of function $\phi : u \mapsto 1/u$ made for Λ_{UV} thus ensures that \mathcal{P}_T given by (7) is always a positive quantity.

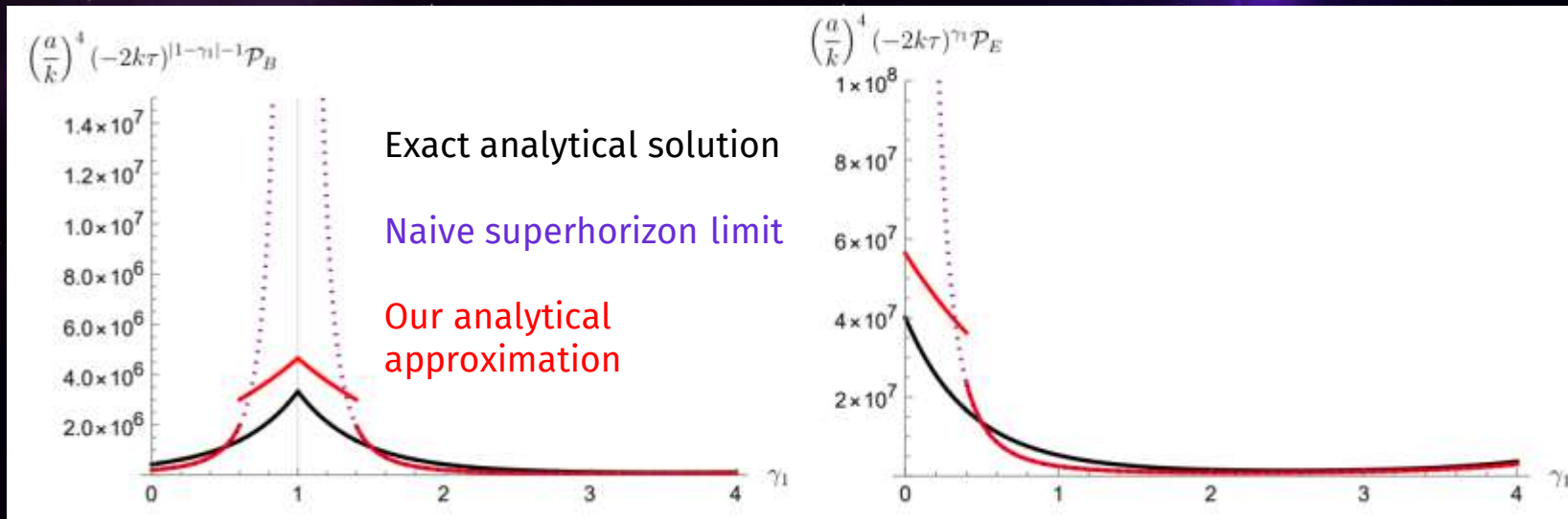
Proof: Given $y, z \in \mathbb{R}_+$, we write $\phi(\max(y, z)) = \int_0^\infty \mathbb{1}_{\{s \leq \phi(\max(y, z))\}} ds$, with $\mathbb{1}$ denoting the indicator function. As ϕ is monotonically decreasing, $\{s \leq \phi(\max(y, z))\} = \{s \leq \phi(y)\} \cap \{s \leq \phi(z)\}$. Thus, after a permutation,

$$\begin{aligned} \iint_{I^2} f(y)f(z)K(y,z)dydz &= \\ \int_0^\infty ds \left(\int_I f(y)\mathbb{1}_{\{s \leq \phi(y)\}} dy \right)^2 &\geq 0. \end{aligned} \quad (29)$$

A similar proof follows in the case where ϕ is increasing.

Super-horizon limits

Problem: untractable analytical form \rightarrow super-horizon approximation

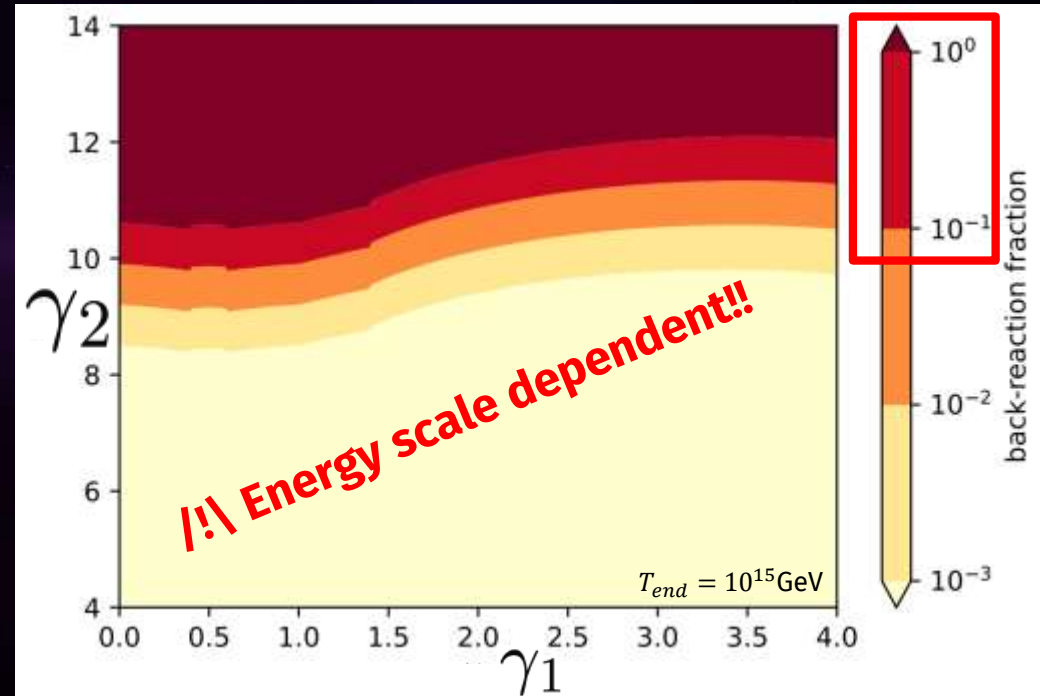


1 – Self-consistency constraint

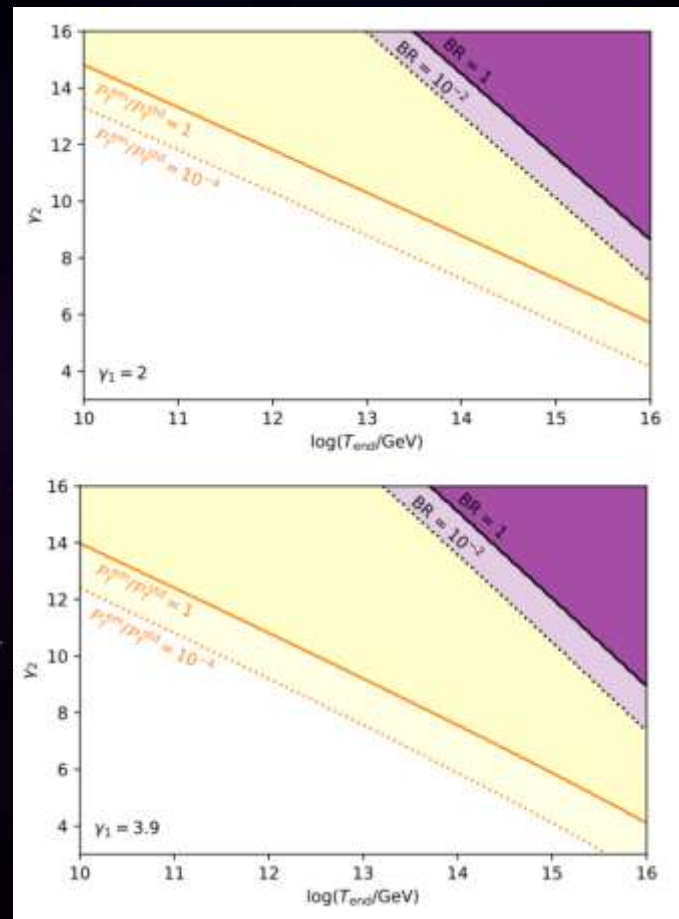
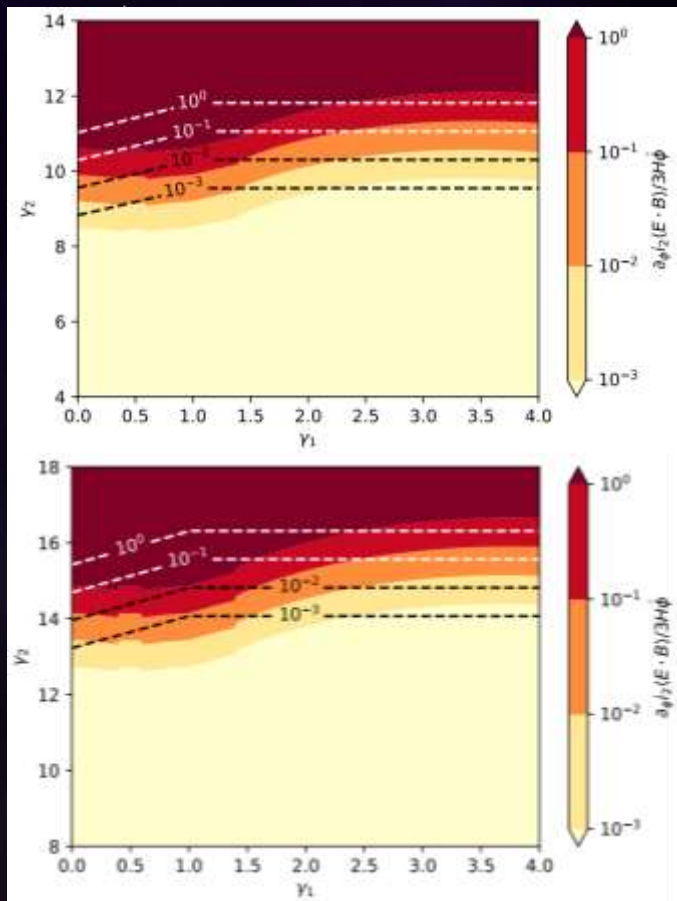
Standard slow-roll evolution was assumed!

1a – NO change in the Friedmann equation

1b – NO change in the e.o.m. for φ



Energy scale dependence & parameter space



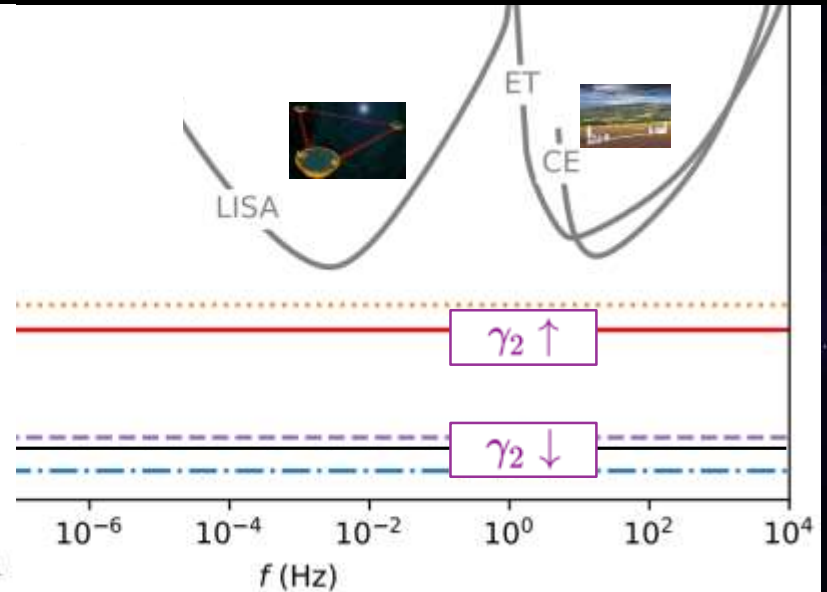
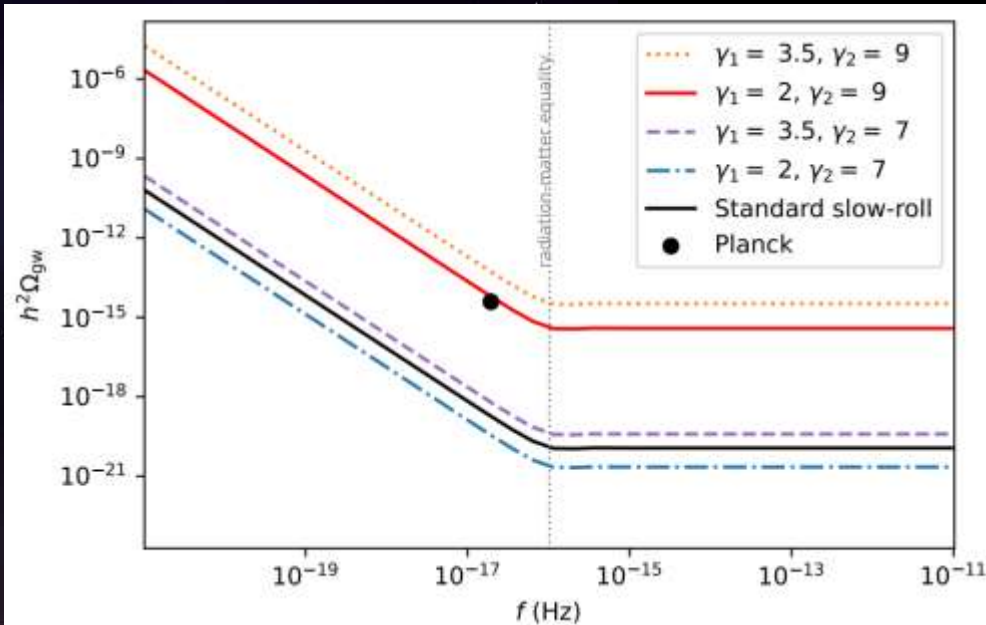
2 – Observational constraint

Neat & useful analytical formalism for the transfer function!

$$\Omega_{\text{gw},n}^{\text{1pol.}}(k) = \frac{a_{\text{end}}^4 H_{\text{end}}^2}{a_n^4 H_n^2} \frac{1}{24} \left\| T_{n-1} \cdots T_1 M_1 [r_1]^{-1} \begin{pmatrix} (k/\mathcal{H}_{\text{end}}) \sqrt{\mathcal{P}_{T,\text{end}}^{\text{1pol.}}} \\ \sqrt{12\Omega_{\text{gw},\text{end}}^{\text{1pol.}}} + \sqrt{\mathcal{P}_{T,\text{end}}^{\text{1pol.}}} \end{pmatrix} \right\|^2$$

→ Through arbitrary number of eras $w_1, w_2, \dots, w_n!$

Scale-invariant power spectrum → Planck is just the best

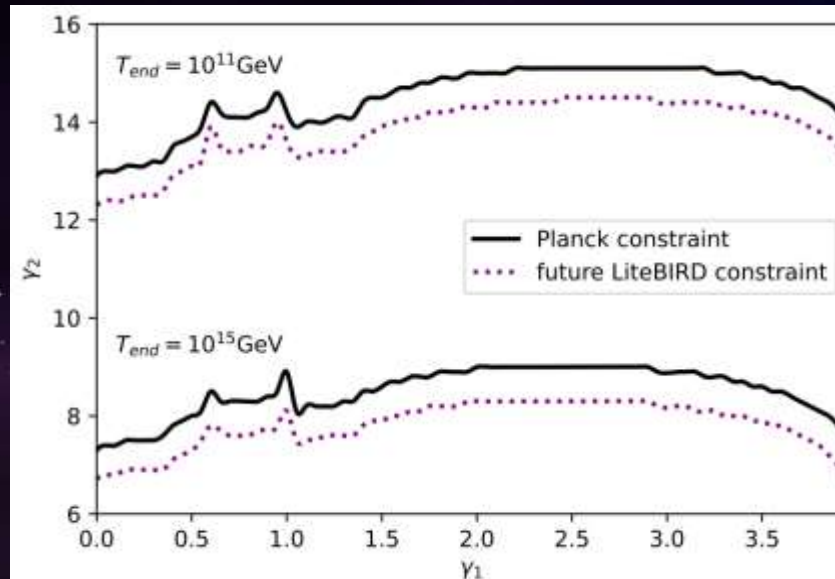


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$$\Omega_{\text{gw},n}^{\text{1pol.}}(k) = \frac{a_{\text{end}}^4 H_{\text{end}}^2}{a_n^4 H_n^2} \frac{1}{24} \left\| T_{n-1} \cdots T_1 M_1 [r_1]^{-1} \begin{pmatrix} (k/\mathcal{H}_{\text{end}}) \sqrt{\mathcal{P}_{T,\text{end}}^{\text{1pol.}}} \\ \sqrt{12\Omega_{\text{gw},\text{end}}^{\text{1pol.}}} + \sqrt{\mathcal{P}_{T,\text{end}}^{\text{1pol.}}} \end{pmatrix} \right\|^2 \rightarrow \text{Through arbitrary number of eras } w_1, w_2, \dots, w_n!$$

Scale-invariant power spectrum \rightarrow Planck is just the best



Analytics v.s. numerics

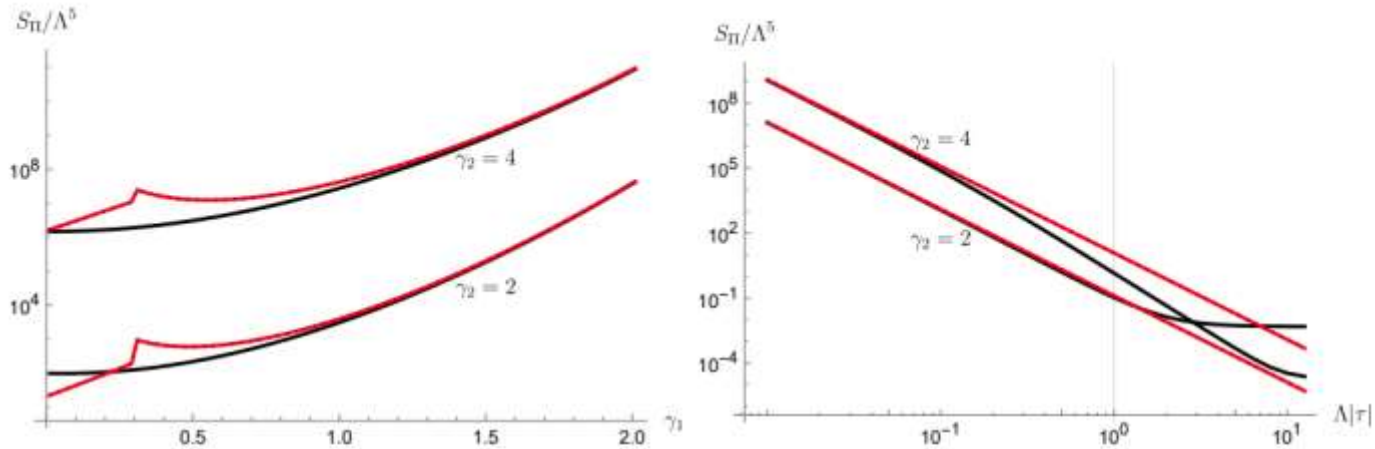


Figure 8. The symmetric spectrum S_{Π} for various values of γ_1, γ_2 . Solid black lines correspond to the numerical integral of the exact Whittaker functions, while solid red lines correspond to our analytical expression (2.59). To obtain the dotted purple lines (that is perfectly covered by the red lines) we expanded the Whittaker function but performed the integral (2.54) numerically, which shows that the formulae (2.56)–(2.57) are correct. Furthermore, one observes a strong dependence on γ_2 that is due to the exponential enhancement of one polarization when γ_2 is non-zero. In the left (resp. right) panel we have set $|\tau| = 10^{-2}/\Lambda$ (resp. $\gamma_1 = 2$), and $k = 0, \Delta_B = 0$ (see the text). The vertical line marks the value $\Lambda|\tau| = \gamma_3$.

Cosmic voids from inflation

