



Based on **Barbieri+** (2602.11100)
Accepted for publication in JCAP

In collaboration with L. Caloni,
M. Gerbino, M. Lattanzi and L. Visinelli

Precise **cosmological bounds** on Axion-Like Particles

CMB search of relativistic species

- Additional energy density in neutrinos is accounted by assuming that they have a thermal distribution with an effective energy density

$$\rho_\nu = N_{\text{eff}} \times \frac{7}{8} \left(\frac{4}{11} \right)^{4/3} \rho_\gamma$$

Background: at fixed acoustic scale, an increase in the radiation energy density leads to enhanced damping at small scales

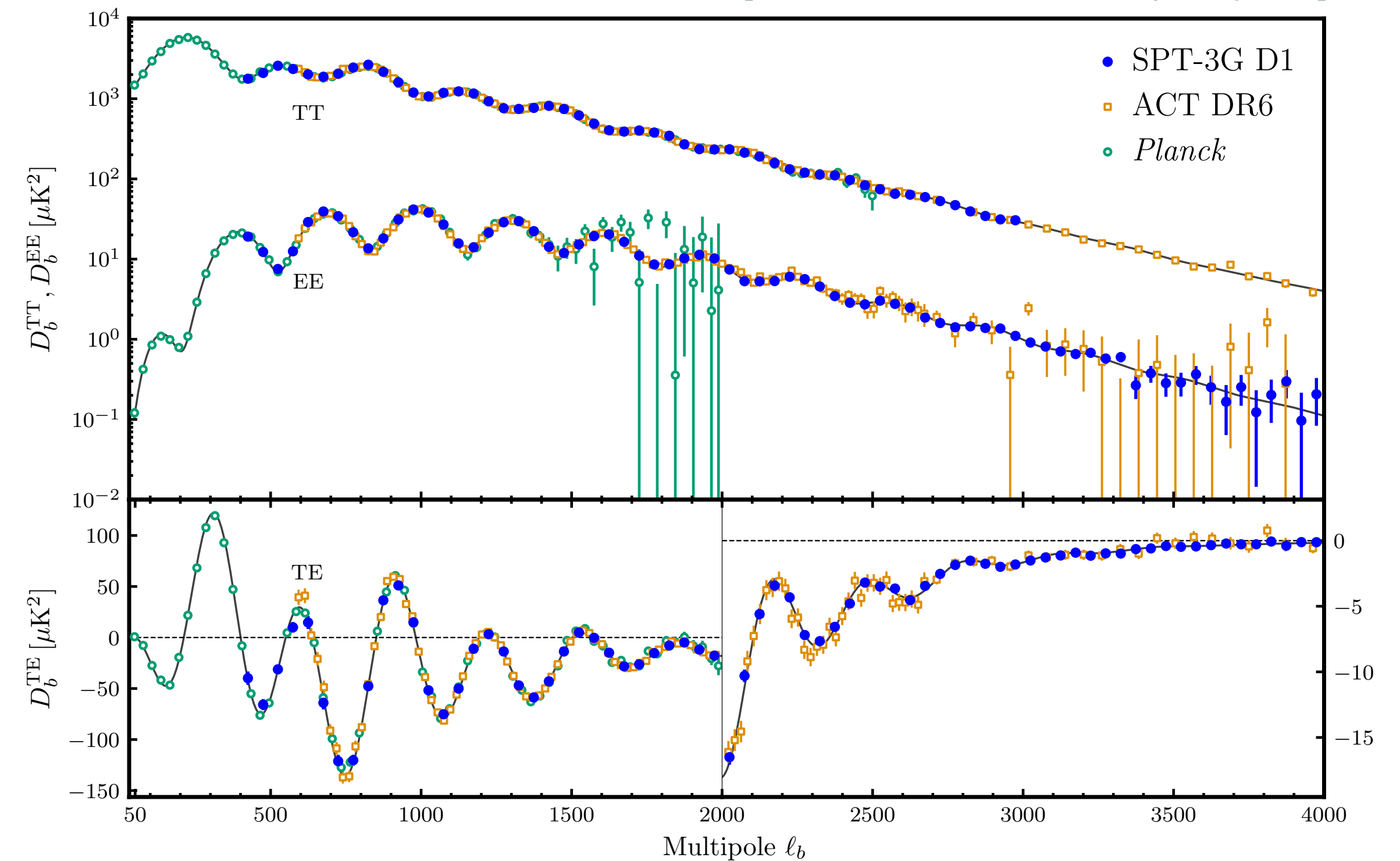
Perturbations: fluctuations in free-streaming radiation travel faster than the sound speed of the photon-baryon plasma. Thus, phase (and amplitude) shifts at small angular scales.

[Bashinsky, Seljak: Phys. Rev. D 69 (2004) 083002]

[Hou et al: Phys. Rev. D 87 (2013) 083008]

[Follin et al: Phys. Rev. Lett. 115 (2015) 091301]

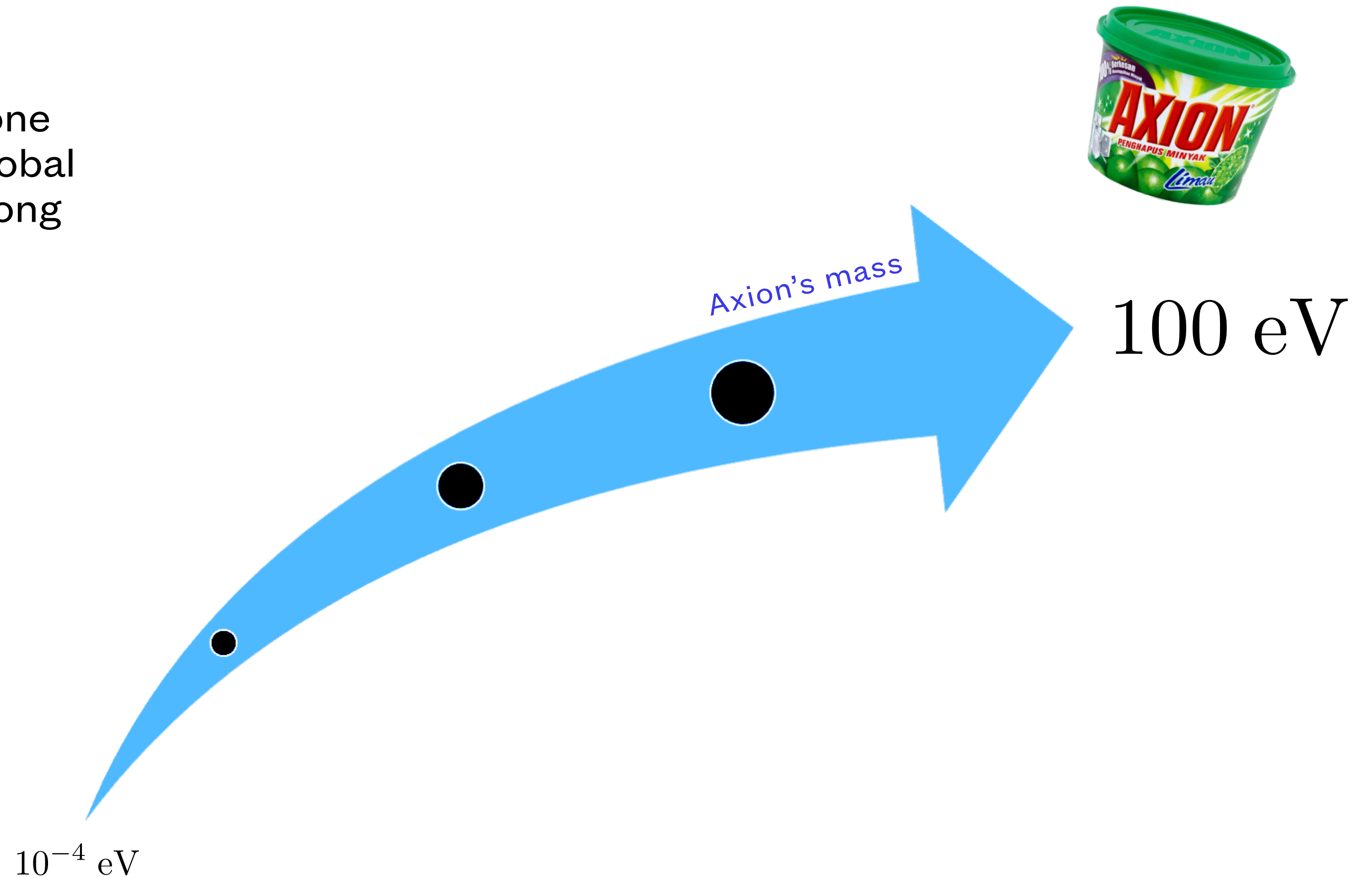
[Baumann et al: JCAP 01 (2016) 007]



[Image credits: SPT Collaboration]

Cosmo-phenomenology of thermal axions

- The QCD axion is a pseudo Nambu-Goldstone boson (PNG) resulting from the SSB of a global U(1) symmetry, introduced to solve the strong CP problem of QCD.



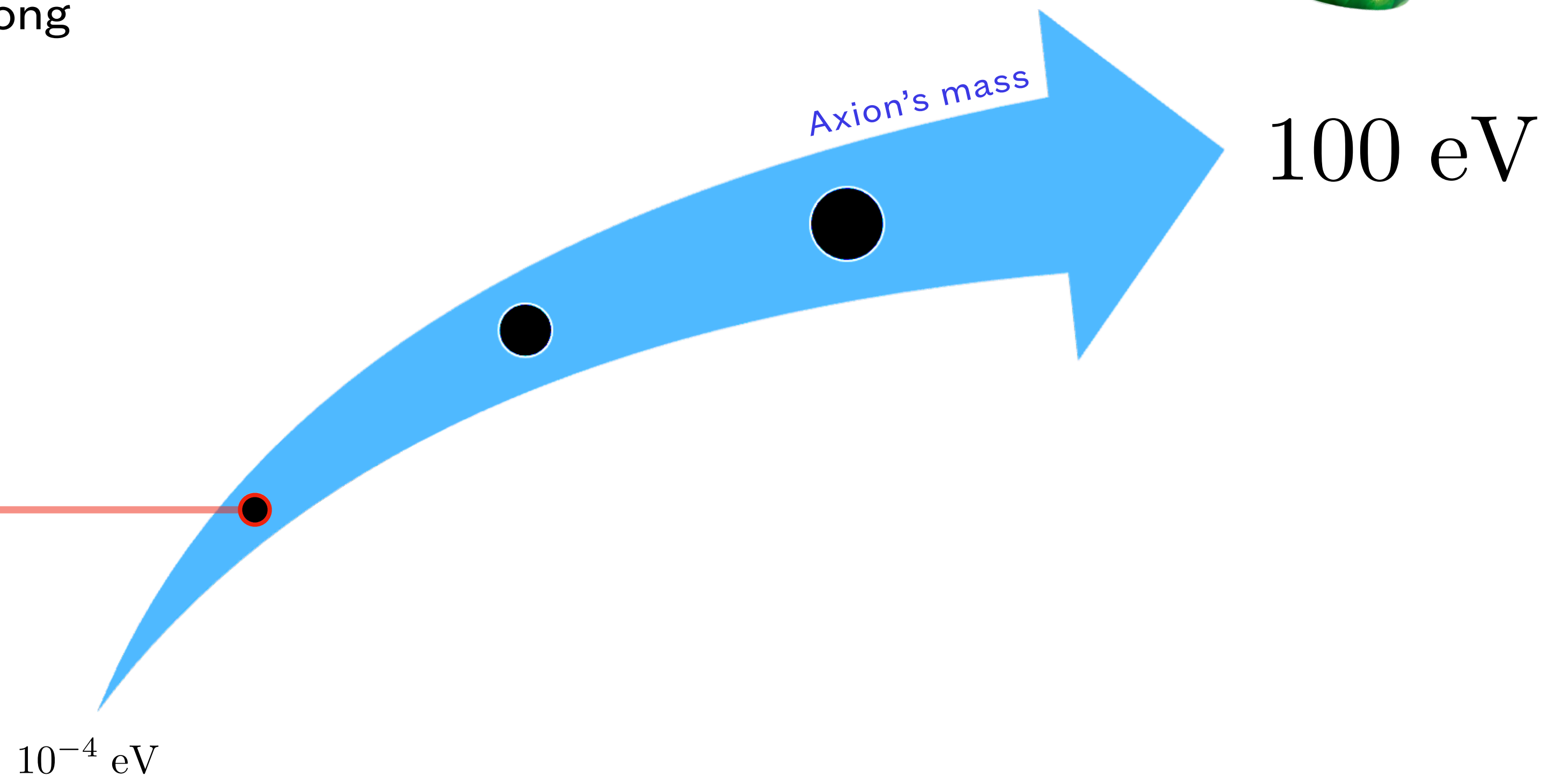
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$$\Delta N_{\text{eff}} \equiv \frac{\rho_a (m_a = 0)}{\rho_{\nu, \text{mless}}} \propto \left(\frac{g_a}{g_\gamma} \right) \left(\frac{T_a}{T_\gamma} \right)^4$$
$$\simeq 0.027 \left(\frac{g_{*s}(T_d)}{106.75} \right)^{-4/3}$$

Light axions contribute to the energy density of radiation

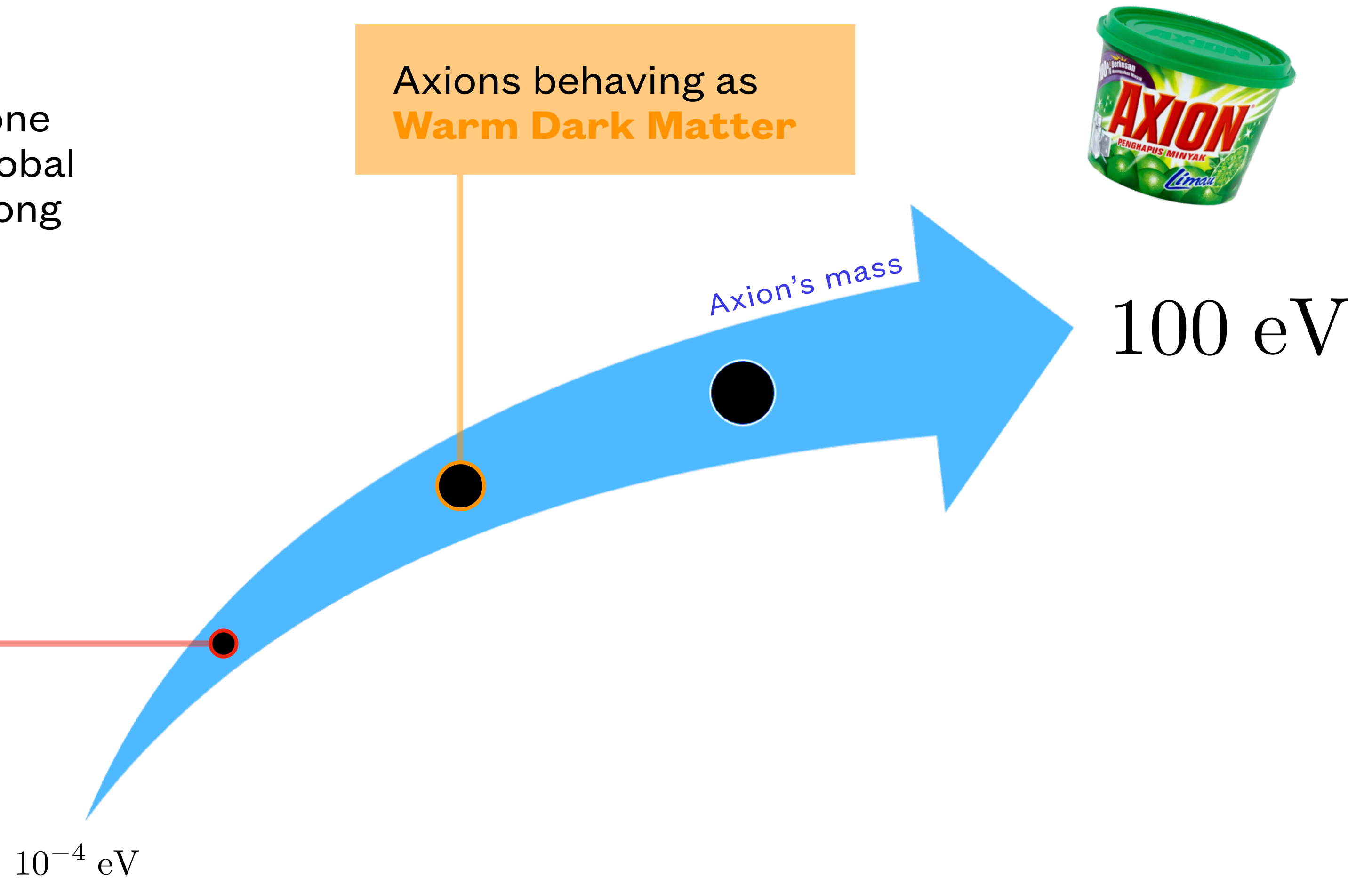


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Light axions contribute to the energy density of radiation

10^{-4} eV

Axions behaving as
Warm Dark Matter

Axion's mass



100 eV

$$\omega_a \simeq m_a n_a h^2 \simeq 0.011 \left(\frac{m_a}{\text{eV}} \right) \Delta N_{\text{eff}}^{3/4}$$

Heavier axions contribute to the energy density of cold dark matter (CDM)

Cosmo-phenomenology of thermal axions

- The QCD axion is a Goldstone boson of a global U(1) symmetry broken by CP breaking. More in general, **axion-like particles** are PNGs with anomalous couplings to photon and gluons arising in many BSM extensions.

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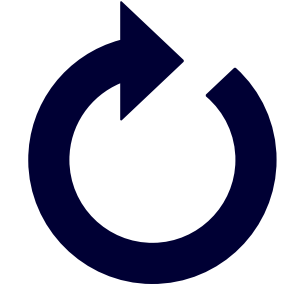
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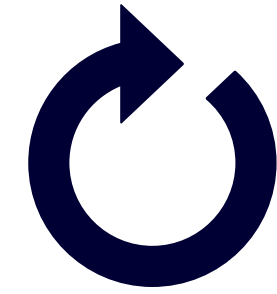
Motivation for this work

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Update cosmological bounds on light
ALPs couplings.

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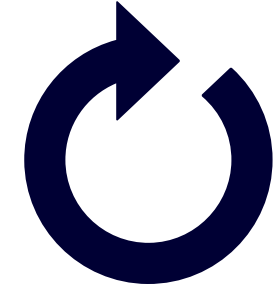


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Quantify the impact of using the exact
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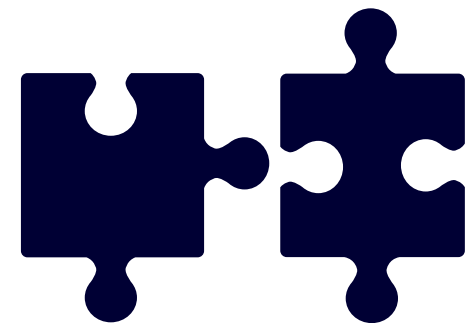


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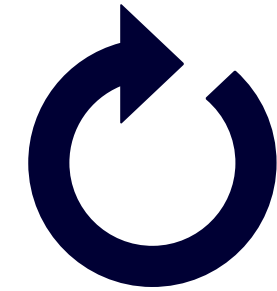
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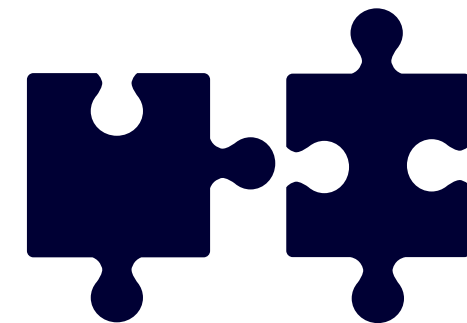
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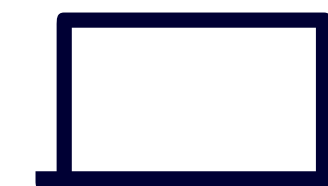
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Test the potential of **future
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Build a flexible toolset and pipeline
suitable to be adapted to more general
physical scenarios.



ALPs couplings

- Below the energy scale f_a at which the global symmetry is spontaneously broken, the ALP field is described by an effective field theory

$$\mathcal{L}_a \supset \frac{1}{2}(\partial^\mu a)(\partial_\mu a) - \frac{1}{2}m_a^2 a^2 + \sum_\ell c_\ell \frac{\partial_\mu a}{2f_a} \bar{\ell} \gamma^\mu \gamma^5 \ell + \frac{1}{4} g_{a\gamma} a F_{\mu\nu} \tilde{F}^{\mu\nu}$$

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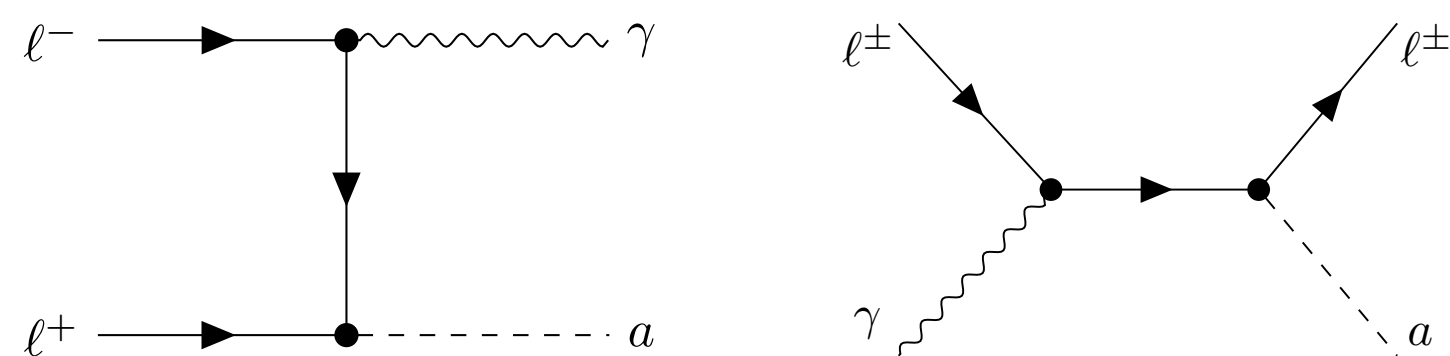
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Charged leptons coupling



Production takes place through lepton pairs annihilation and Compton-like scattering



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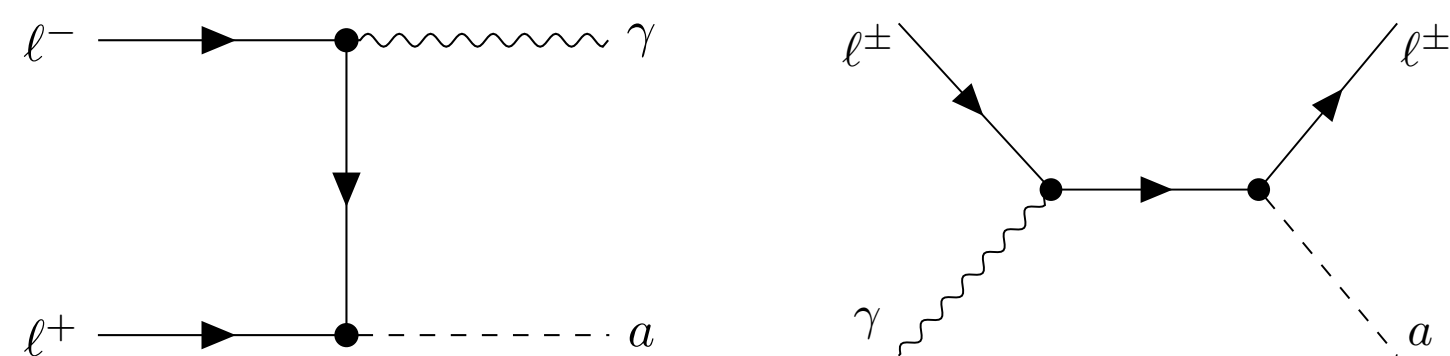
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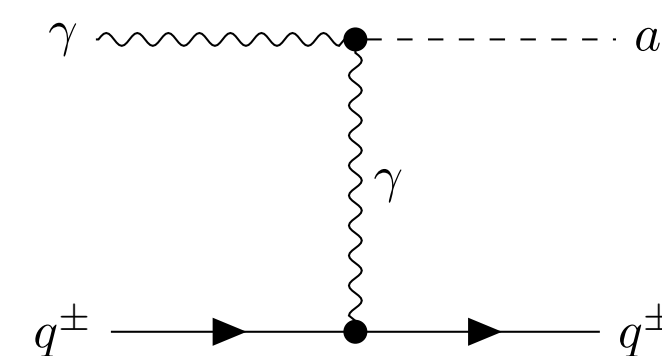
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Photon coupling



Production takes place through the Primakoff process



Thermal(?) ALPs production

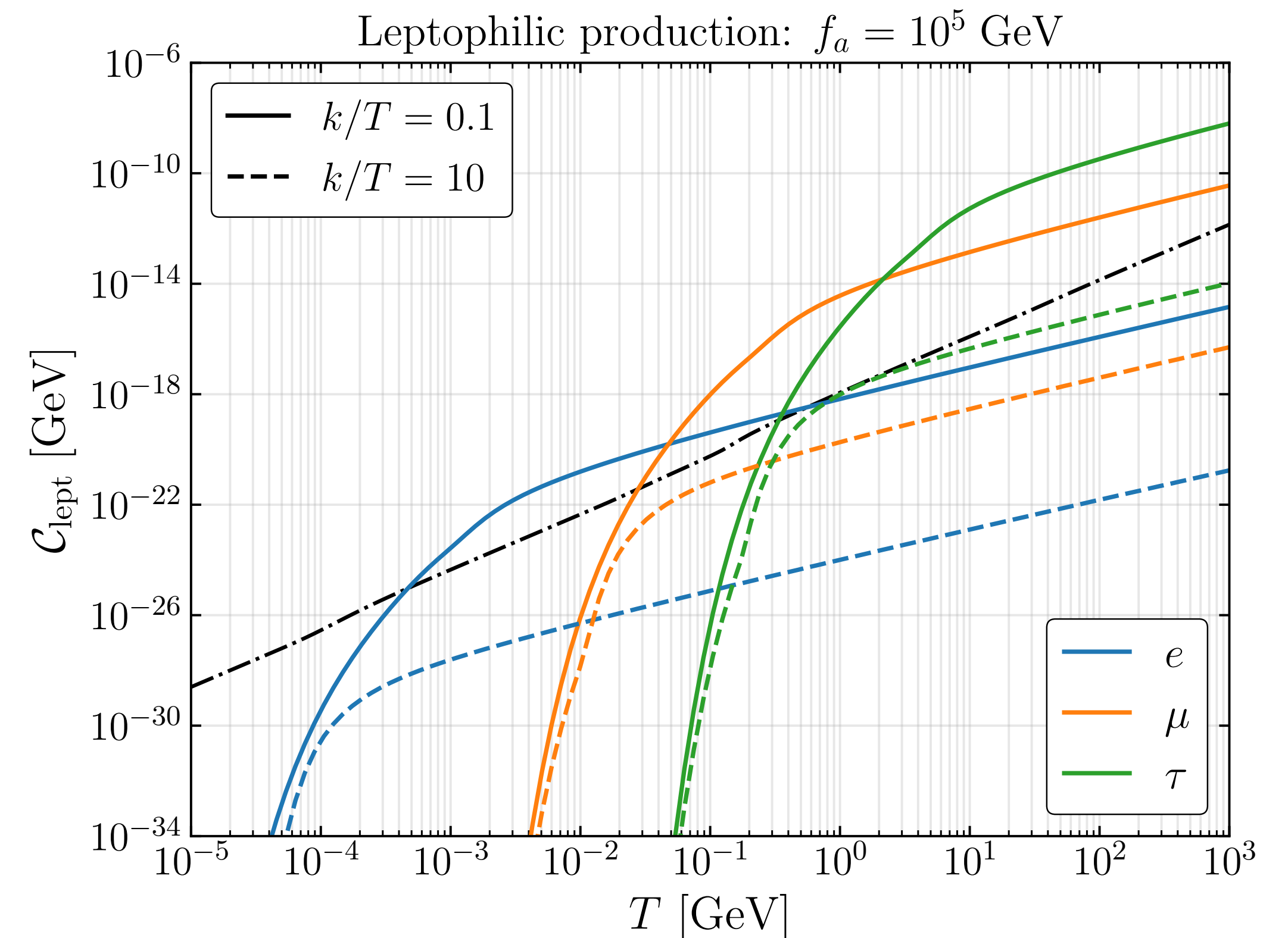
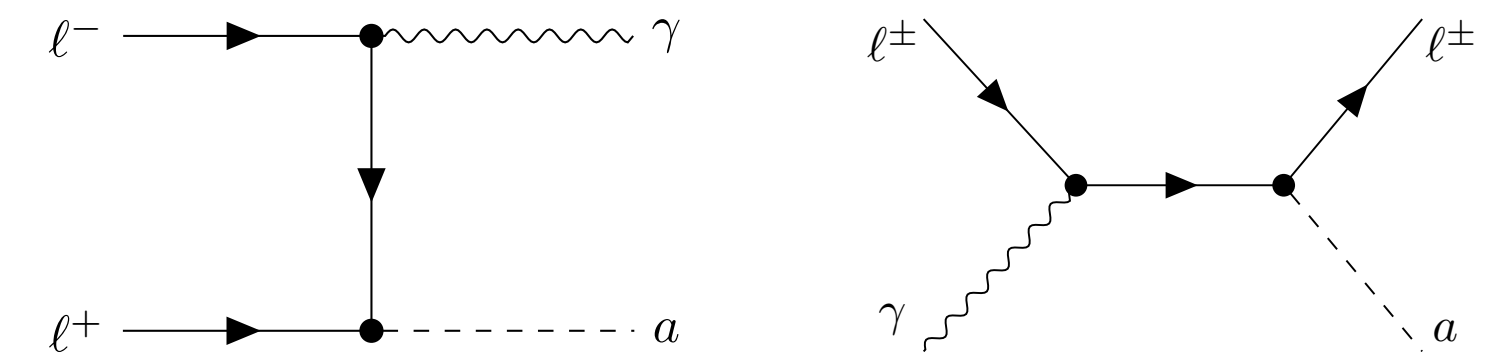
- The time evolution of ALP PSD is governed by the Boltzmann equation

$$\frac{d\mathcal{F}_a(k, t)}{dt} = \mathcal{C}_a(k, t) \left[1 - \frac{\mathcal{F}_a(k, t)}{\mathcal{F}_a^{\text{eq}}(k, t)} \right]$$

- We solve the full BE in phase space without thermal approximations. This allows us to consistently compute the PSD across the freeze-in and freeze-out regimes.

Leptonic production: IR-dominated process, cross section peaked at the lepton mass

Primakoff production: UV-dominated process, cross section peaked at the initial temperature



[See also: D'Eramo, Hajkarim, Lenoci: 2311.04974]

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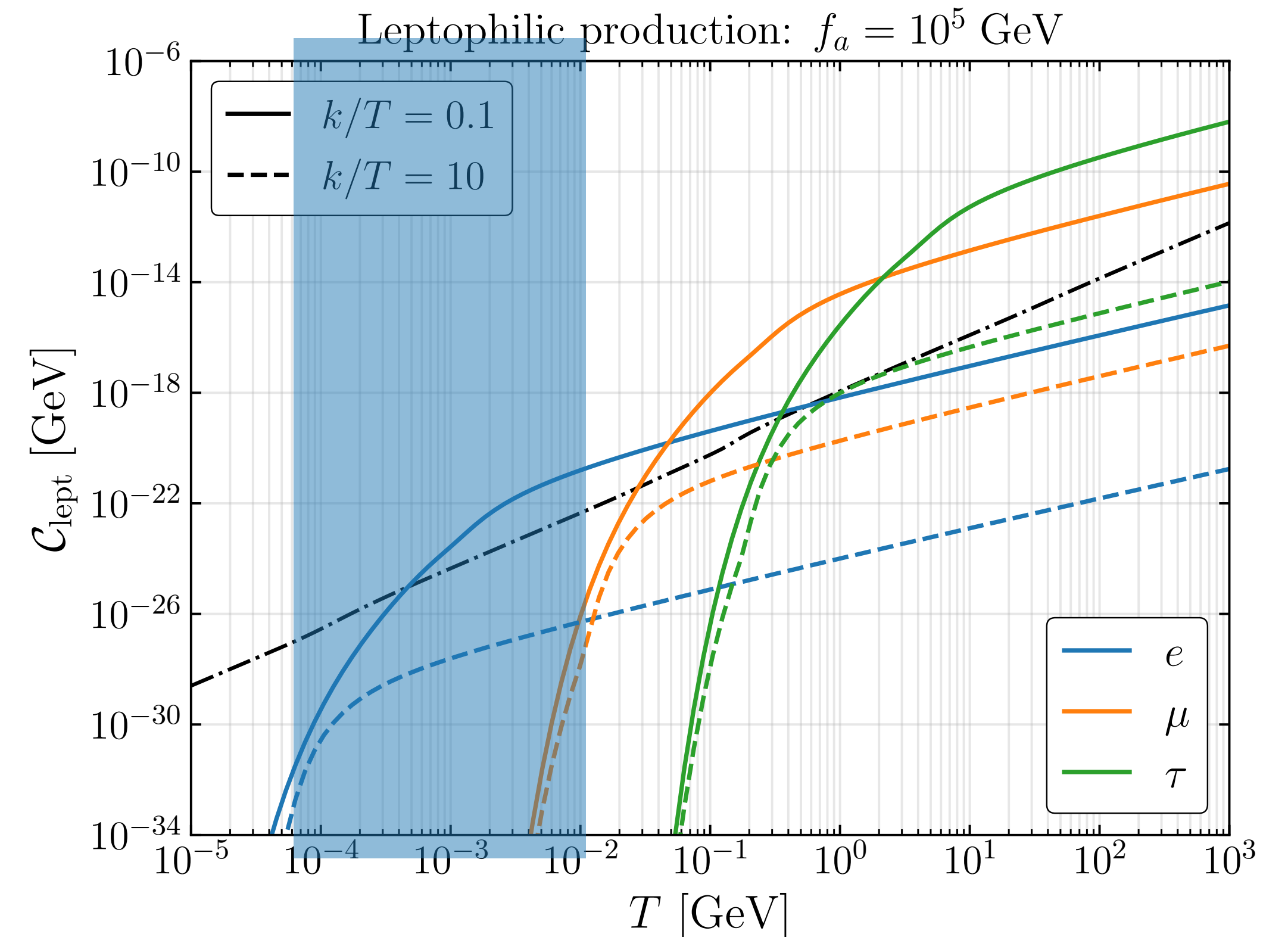
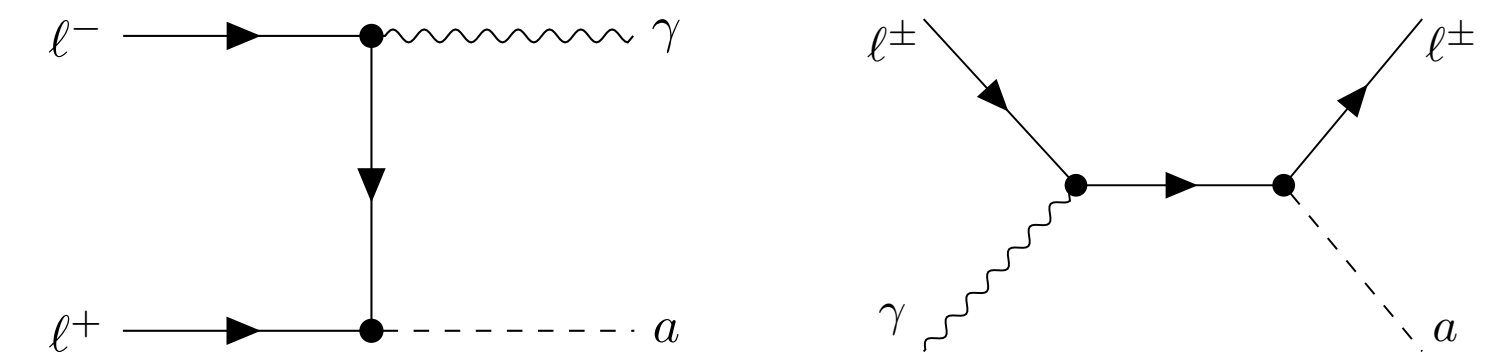
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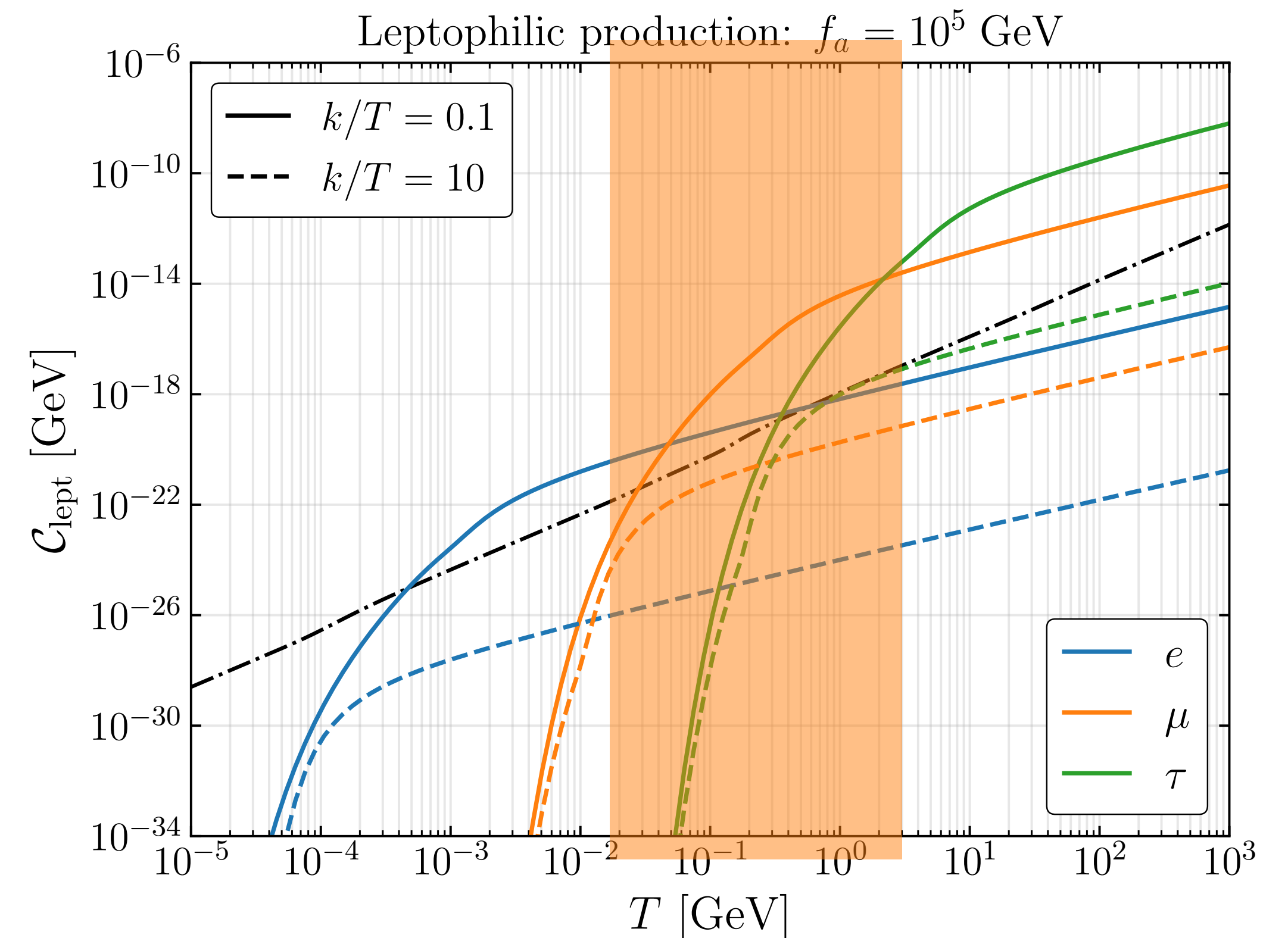
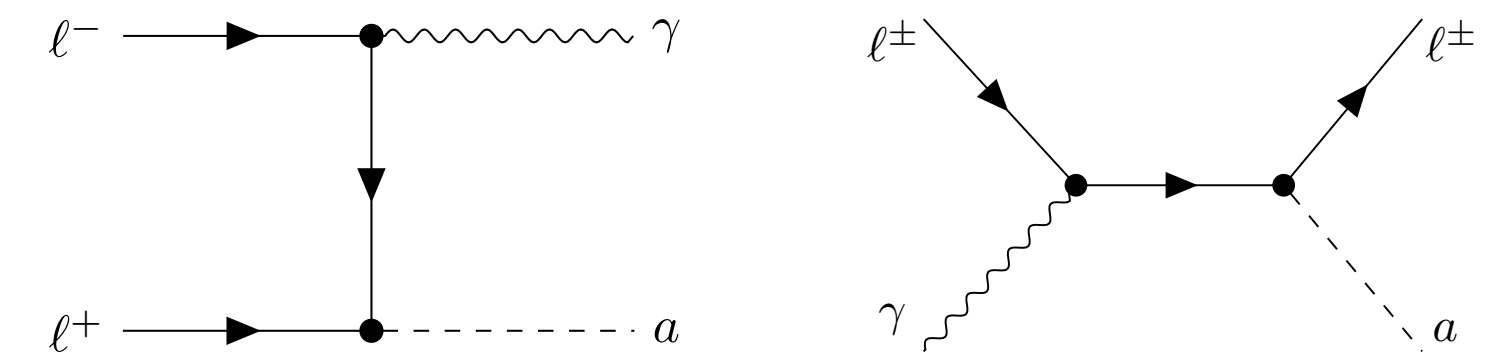
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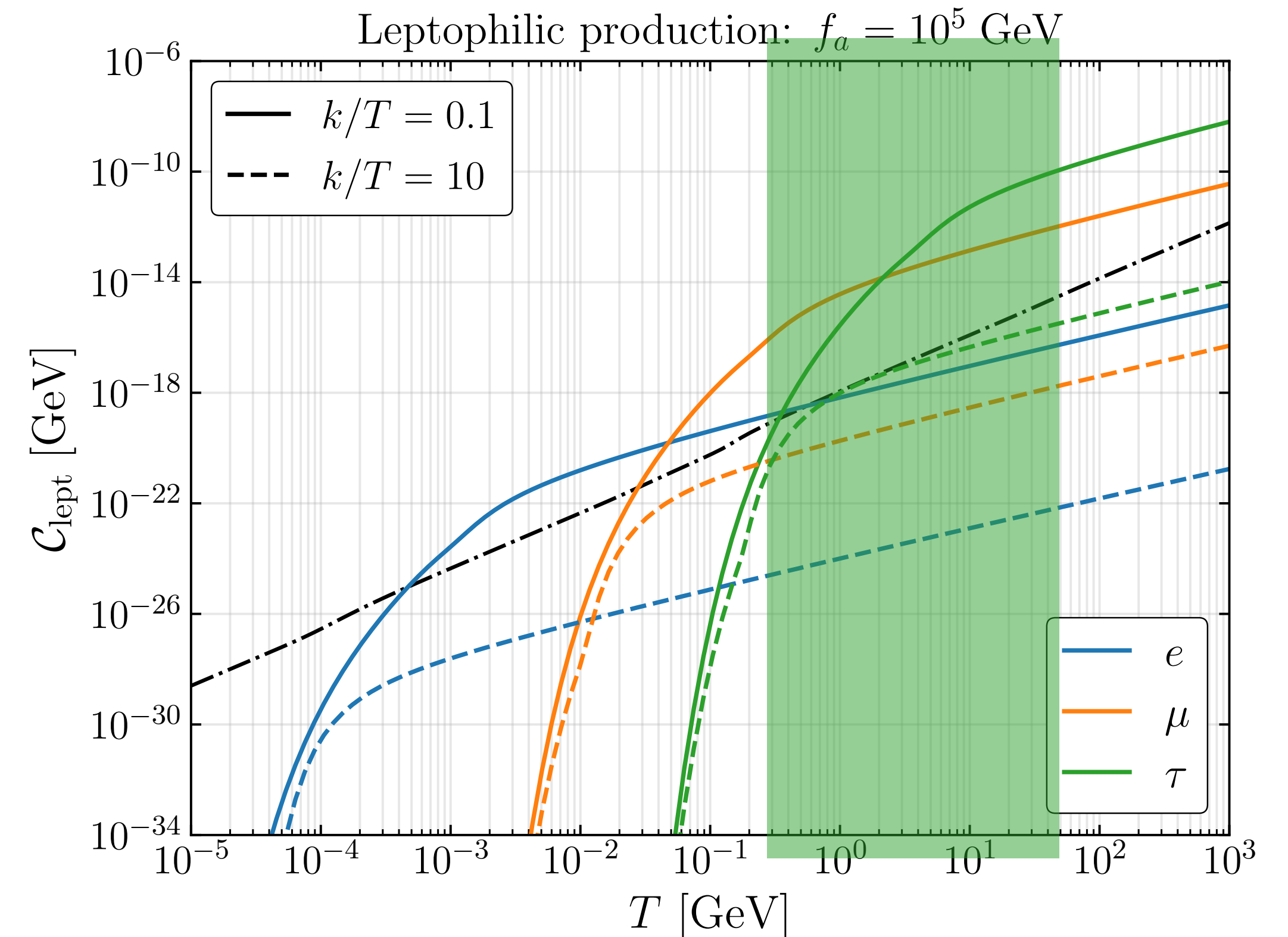
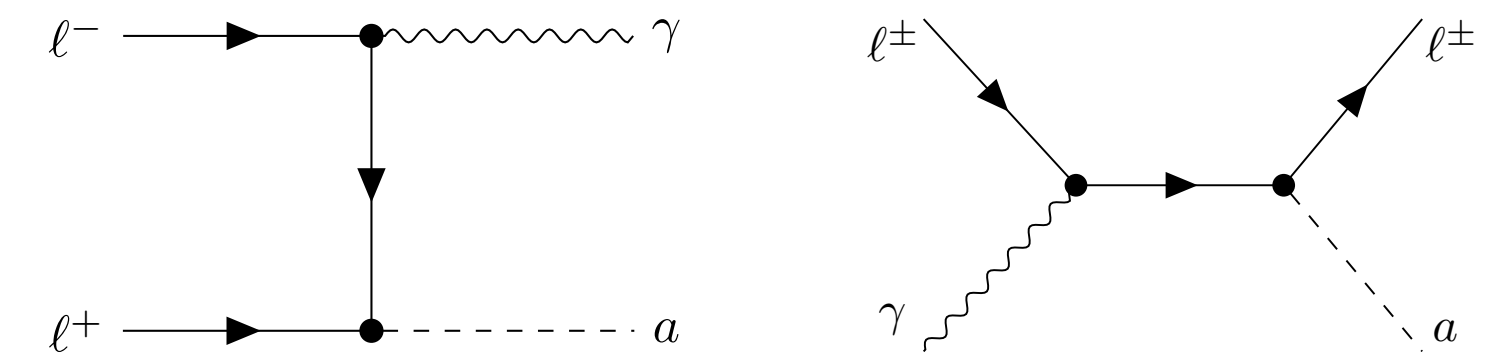
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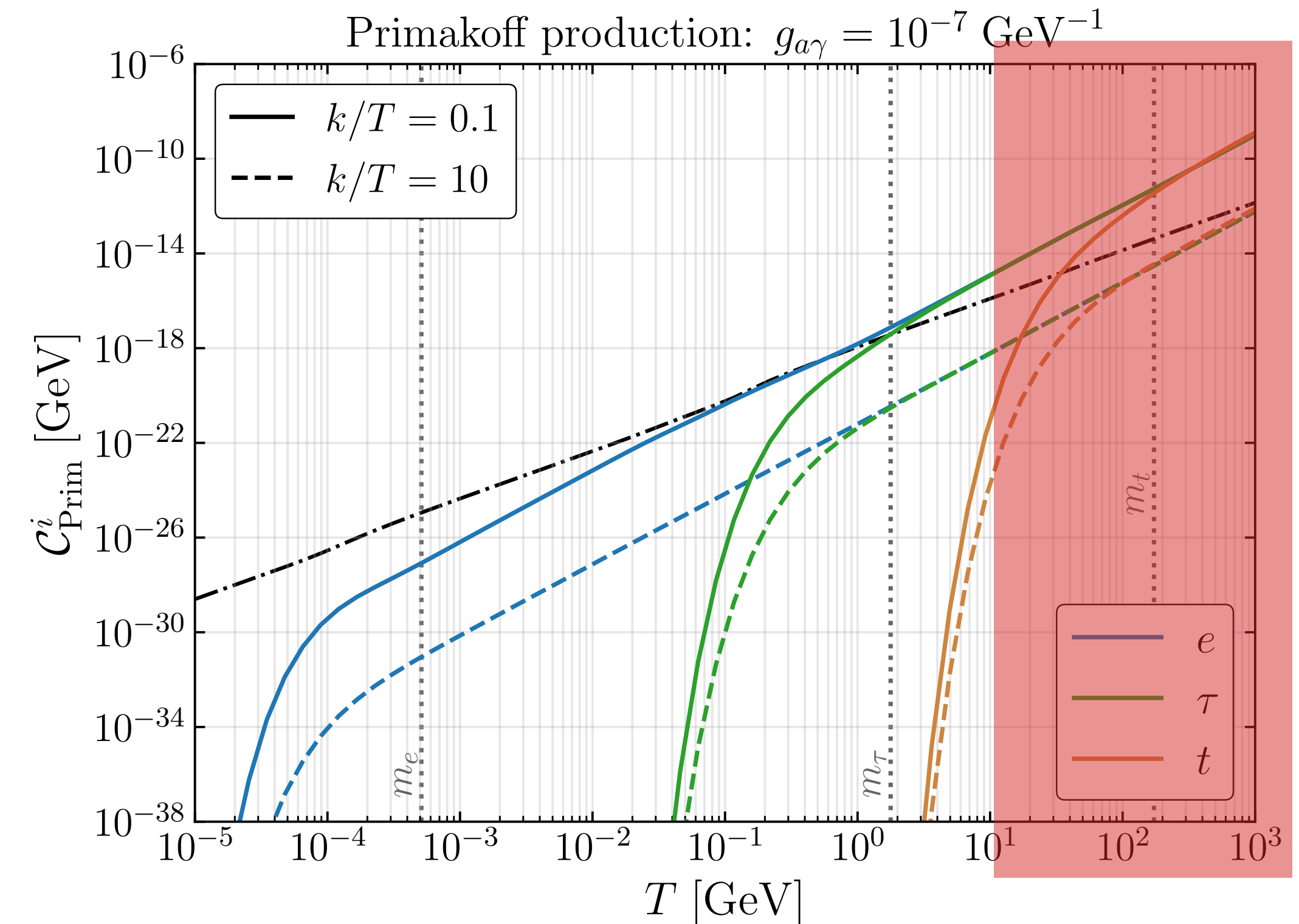
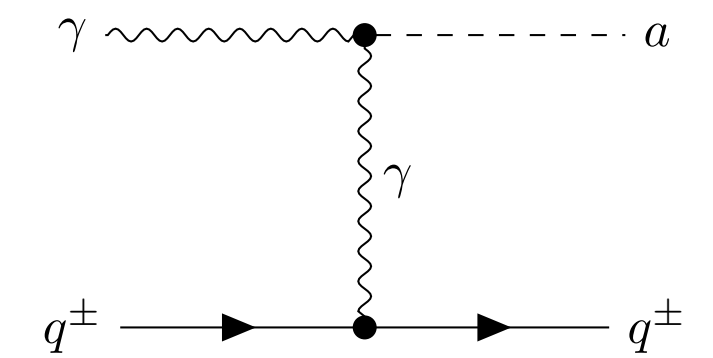
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[See also: Jain, Maggi, Ai, Marsh: 2406.01678]

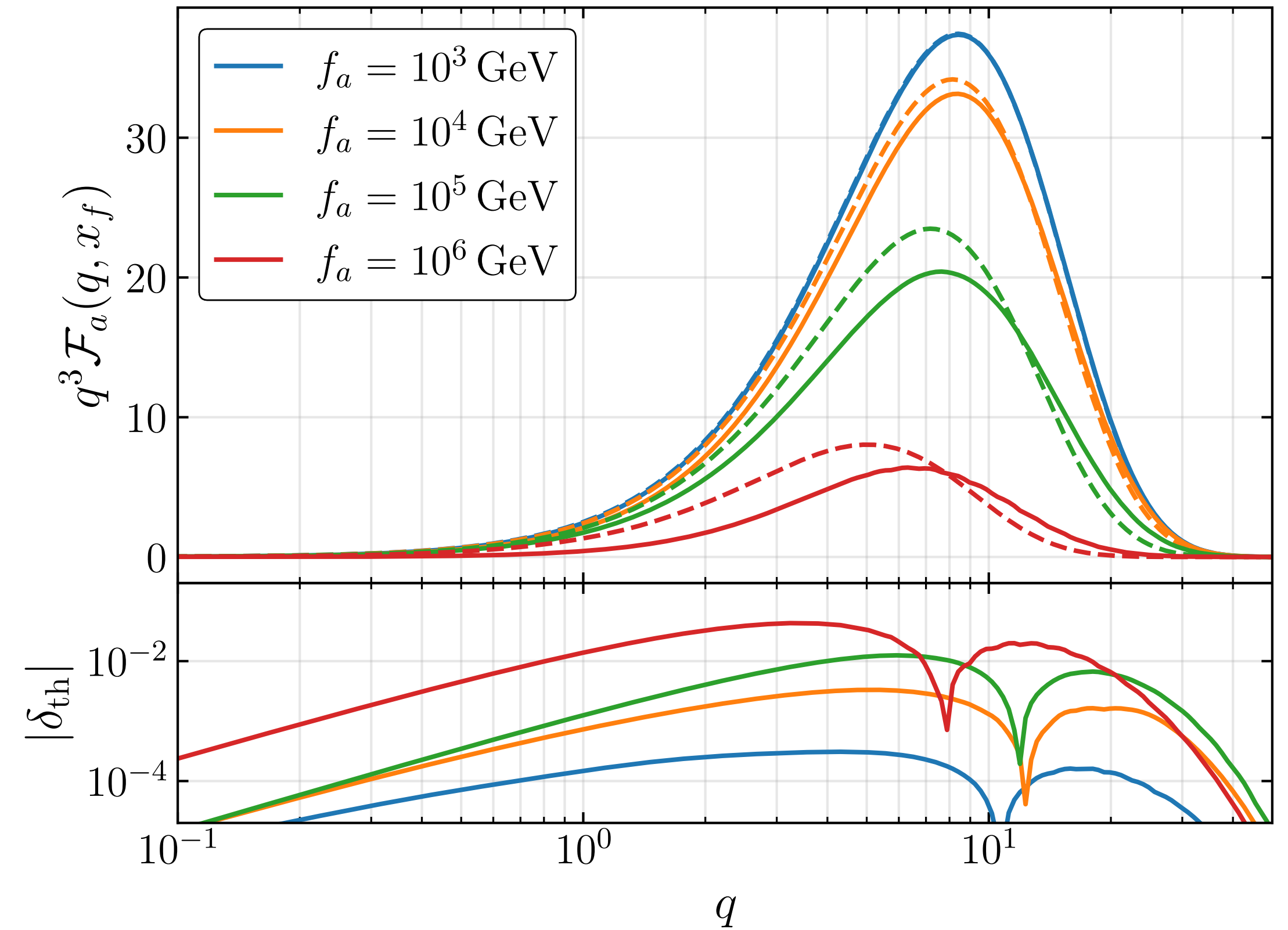
Phase-space distributions

- To quantify the deviation from a thermal spectrum, we define the quantity

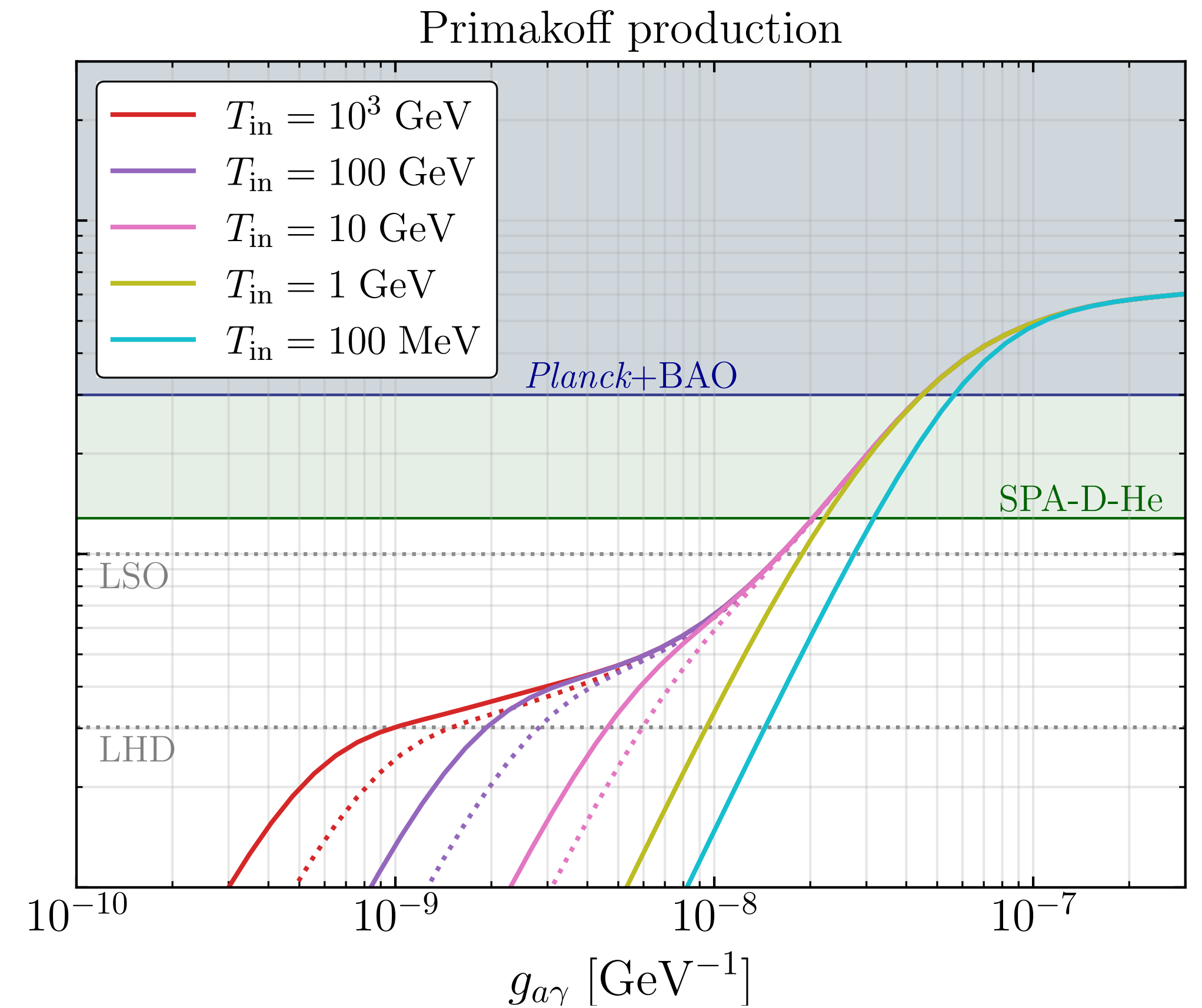
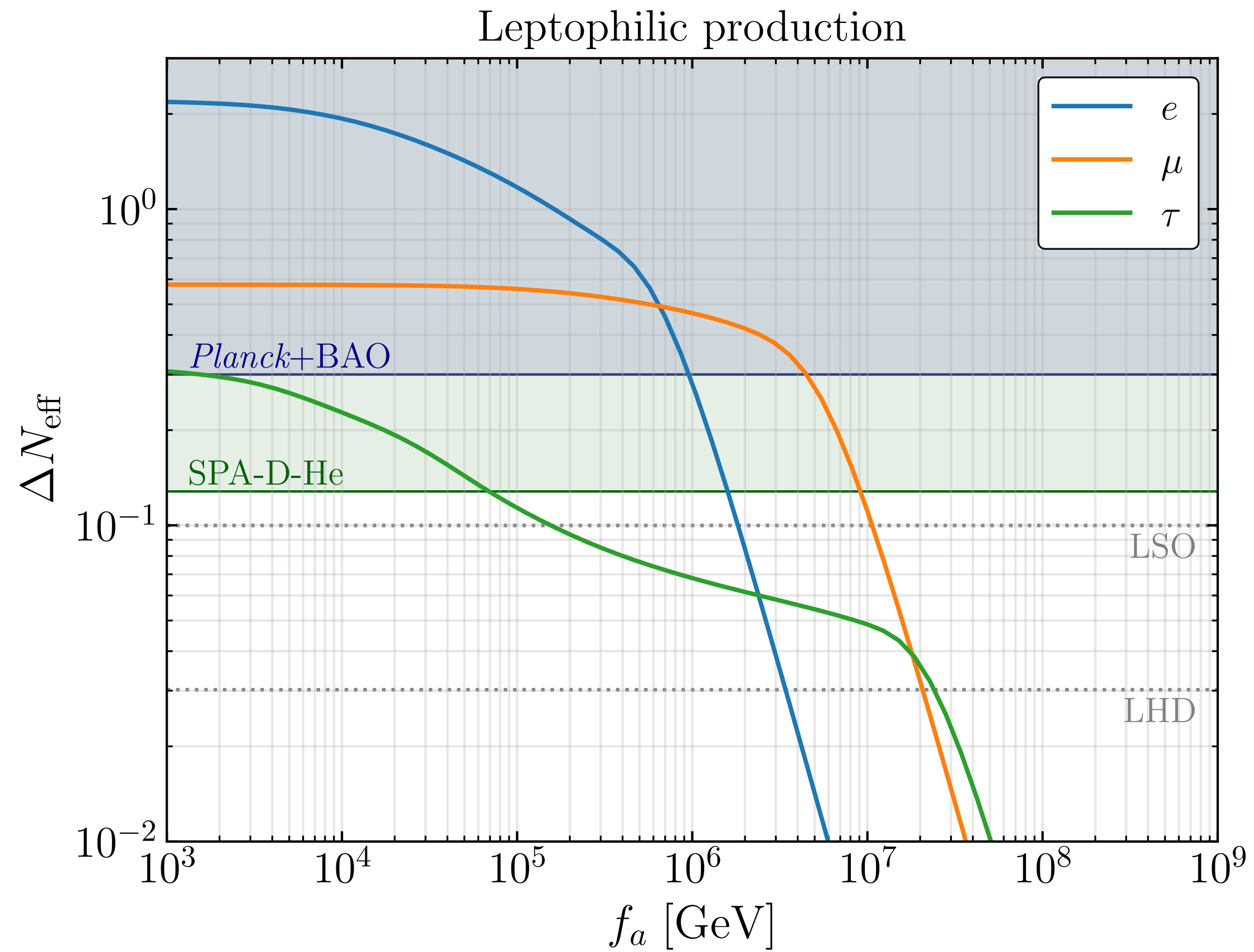
$$\delta_{\text{th}} \equiv \frac{q^3 [\mathcal{F}_a(q, x_f) - \mathcal{F}_a^{\text{eq}}(q, \bar{x})]}{\int dq q^3 \mathcal{F}_a^{\text{eq}}(q, \bar{x})}$$

- Comparison with a thermal (Bose-Einstein) distribution with temperature properly rescaled to match ΔN_{eff} .
- Larger deviations arise for smaller couplings because of a less efficient thermalisation (**freeze-in** regime)

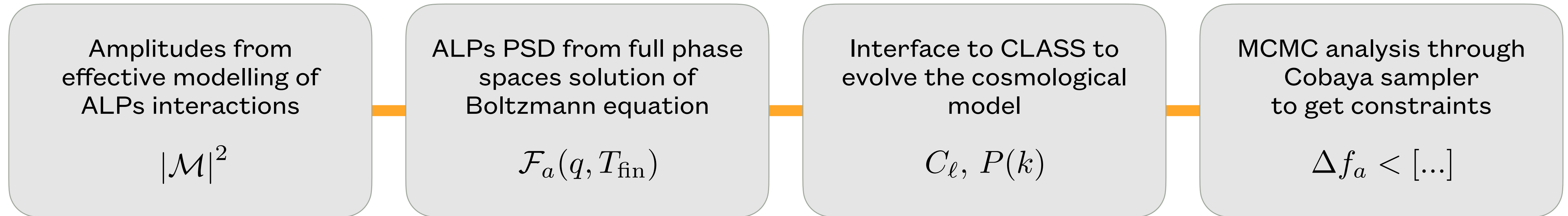
[See also: D'Eramo, Hajkarim, Lenoci: 2311.04974 and Badziak, Laletin: 2410.18186]



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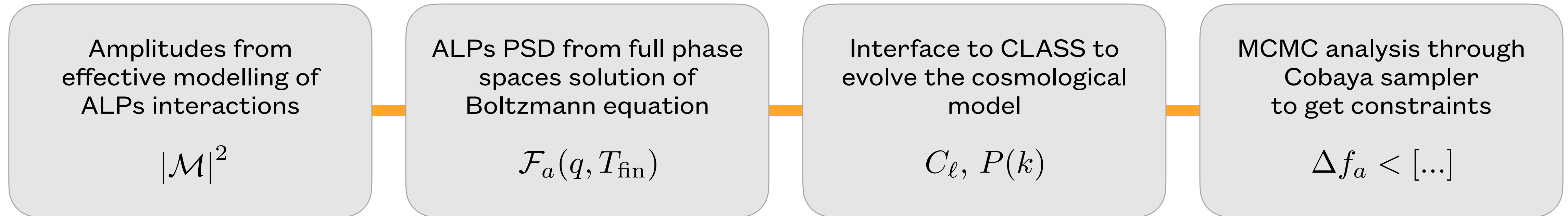
Pipeline and datasets



Datasets combinations

- Planck2018: low- ℓ TT (Commander) + low- ℓ EE (SRo112) + high- ℓ TTTEEE (Plik_lite)
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 - D/H ratio and He mass fraction values from weighted averages of PDG 2025.
- Extra:** realistic forecasts for near and far future CMB experiments (Simons Observatory, Litebird and CMB-HD).

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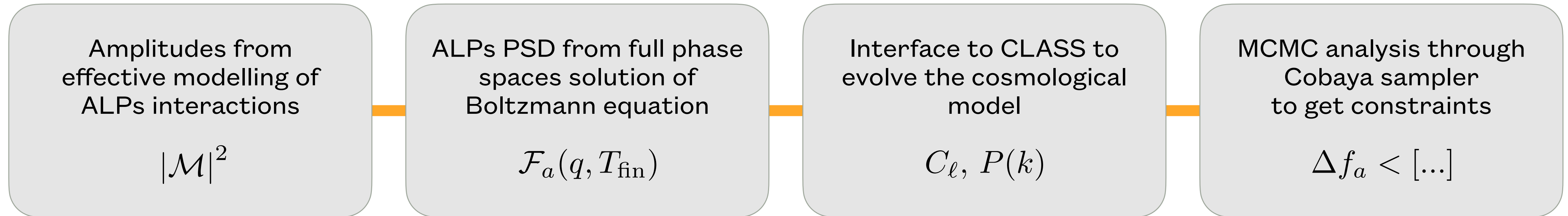


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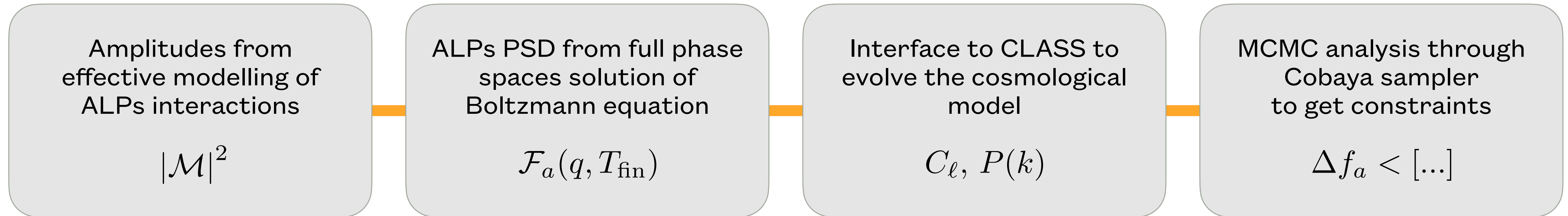
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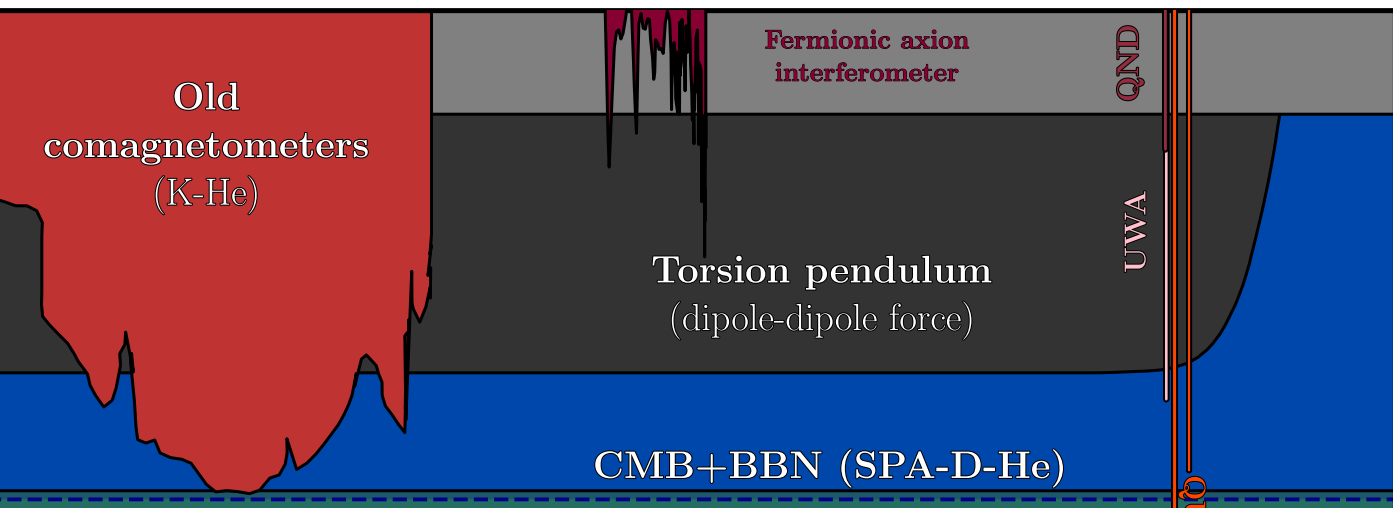
Constraints and future implications

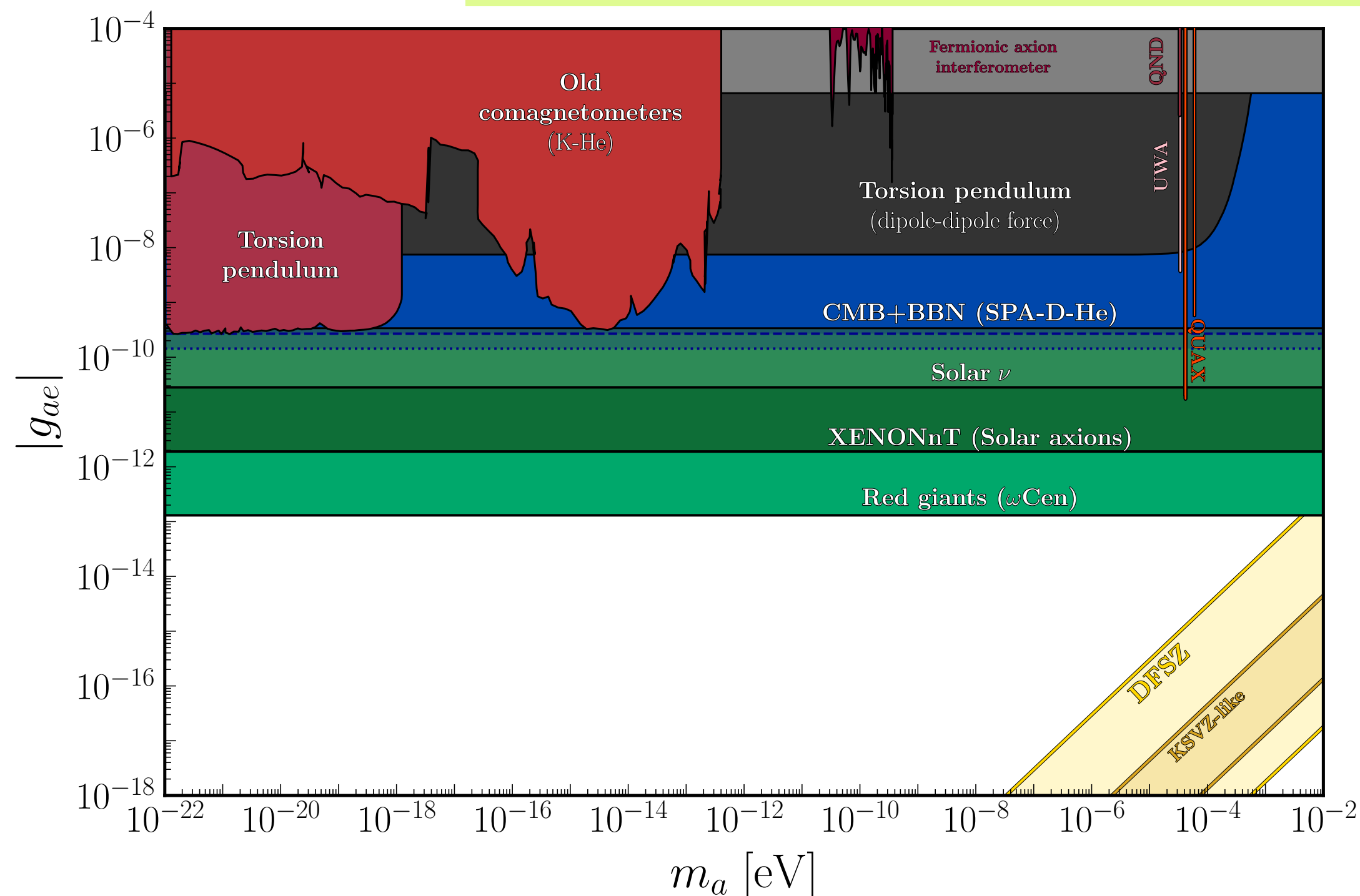
- 95% Bayesian credible limits on ALPs couplings

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$\Lambda\text{CDM} + e$	f_a [GeV]	$> 1.51 \times 10^6$	$> 1.63 \times 10^6$	$> 1.37 \times 10^6$	$> 1.90 \times 10^6$	3.56×10^6
$\Lambda\text{CDM} + \mu$	f_a [GeV]	$> 8.73 \times 10^6$	$> 9.41 \times 10^6$	$> 7.50 \times 10^6$	$> 1.05 \times 10^7$	2.17×10^7
$\Lambda\text{CDM} + \tau$	f_a [GeV]	$> 6.10 \times 10^4$	$> 8.06 \times 10^4$	$> 2.85 \times 10^4$	$> 1.34 \times 10^5$	2.45×10^7
$\Lambda\text{CDM} + \gamma$	$g_{a\gamma}$ [GeV ⁻¹]	$< 2.18 \times 10^{-8}$	$< 1.98 \times 10^{-8}$	$< 2.73 \times 10^{-8}$	$< 1.66 \times 10^{-8}$	$< 1.01 \times 10^{-9}$

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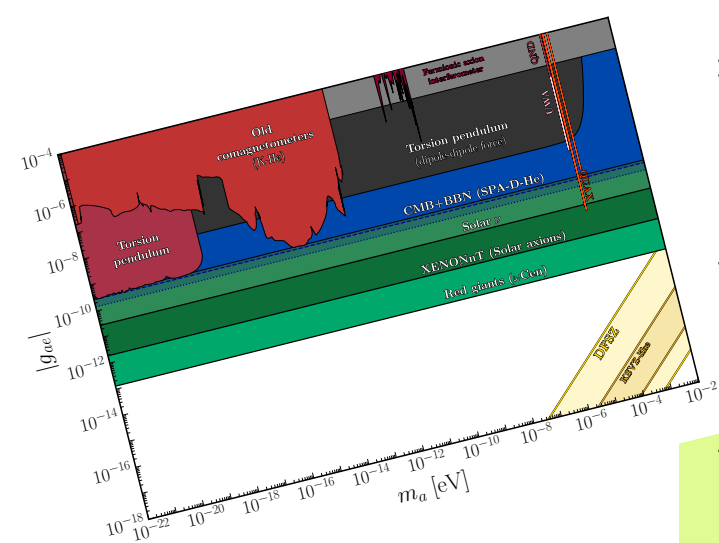
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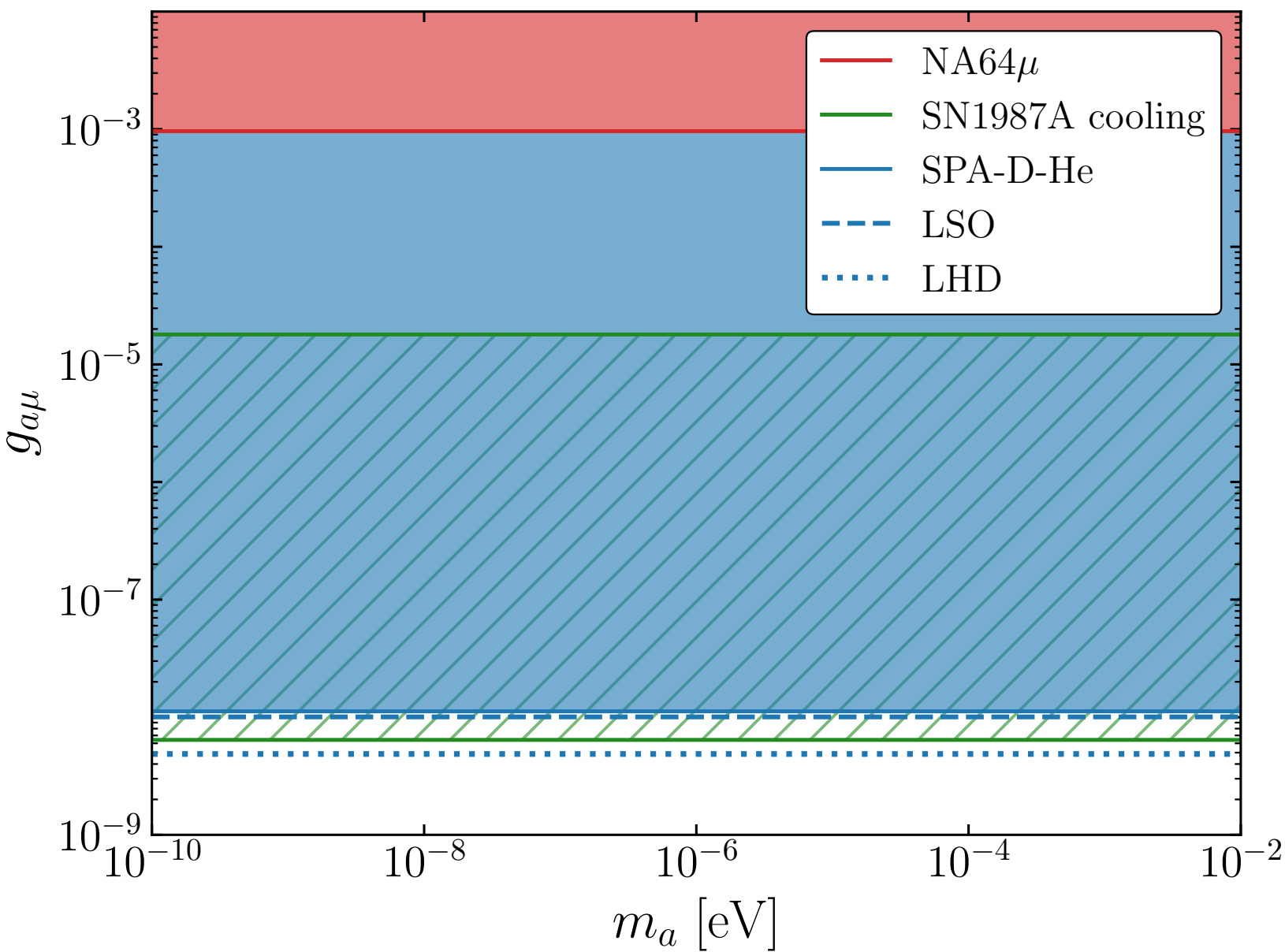


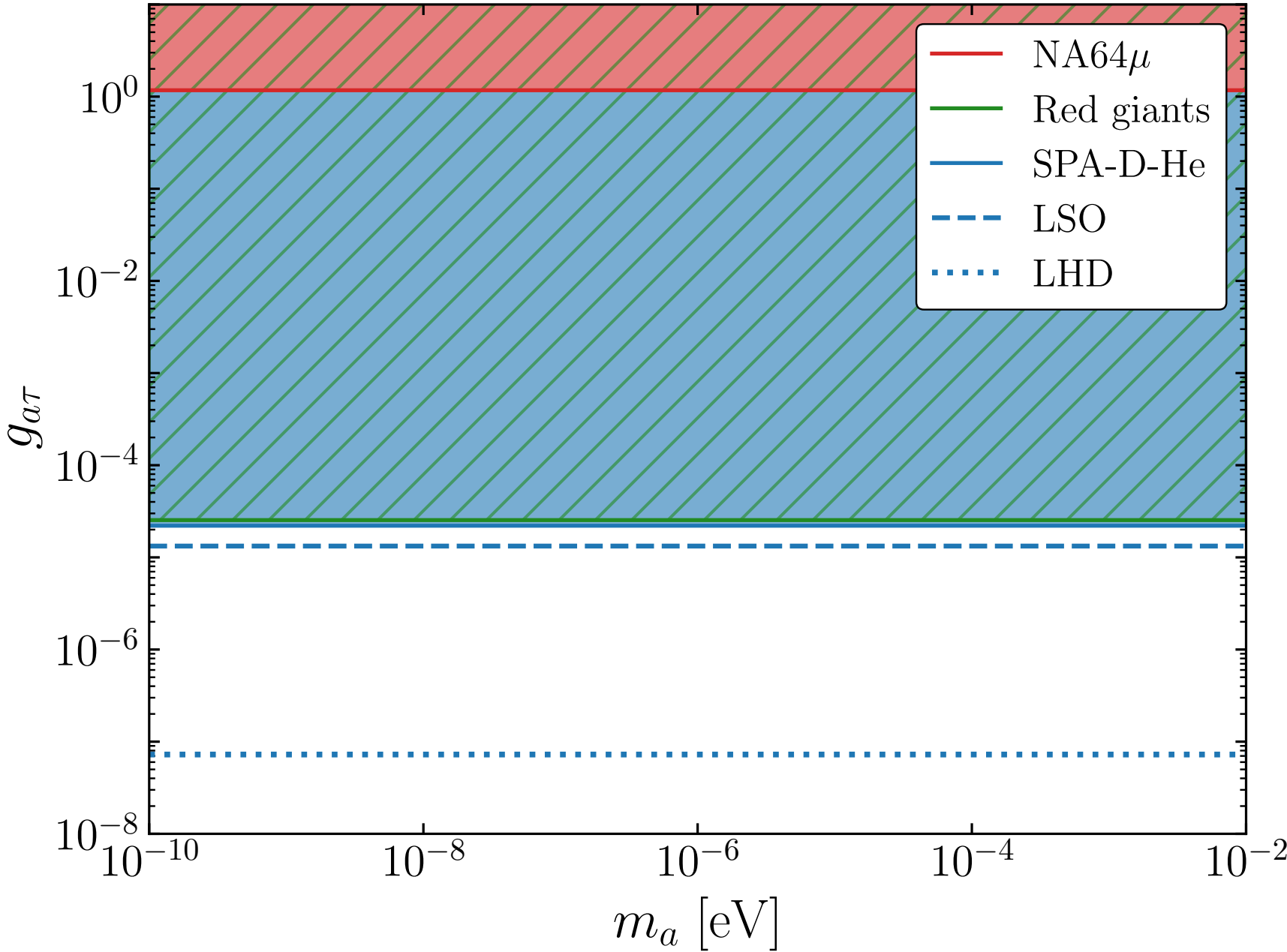
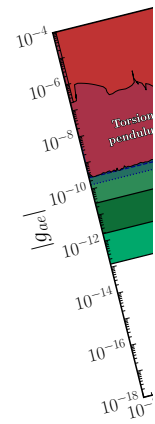
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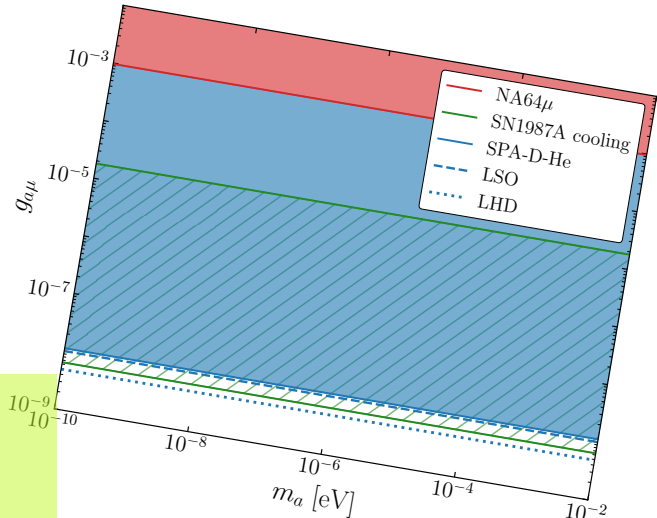




Future implications

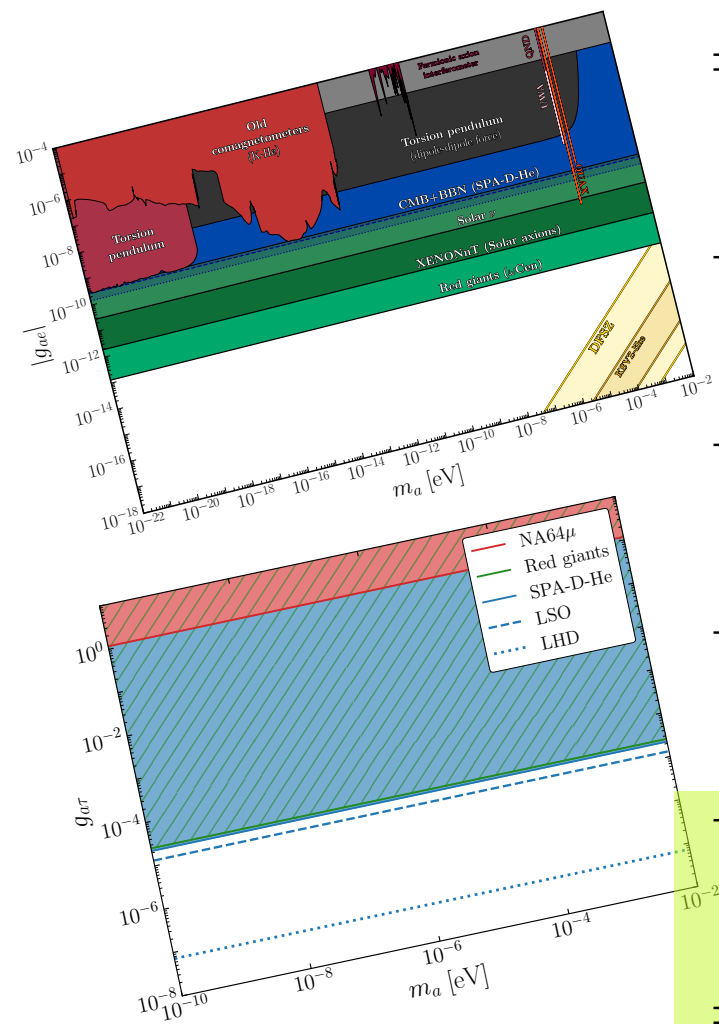
gs

			SPA-D-He	SPA-D-He-B	LSO	LHD
μ^6			$> 1.63 \times 10^6$	$> 1.37 \times 10^6$	$> 1.90 \times 10^6$	3.56×10^6
μ^6			$> 9.41 \times 10^6$	$> 7.50 \times 10^6$	$> 1.05 \times 10^7$	2.17×10^7
$\Lambda\text{CDM} + \tau$	f_a [GeV]	$> 6.10 \times 10^4$	$> 8.06 \times 10^4$	$> 2.85 \times 10^4$	$> 1.34 \times 10^5$	2.45×10^7
$\Lambda\text{CDM} + \gamma$	$g_{a\gamma}$ [GeV $^{-1}$]	$< 2.18 \times 10^{-8}$	$< 1.98 \times 10^{-8}$	$< 2.73 \times 10^{-8}$	$< 1.66 \times 10^{-8}$	$< 1.01 \times 10^{-9}$

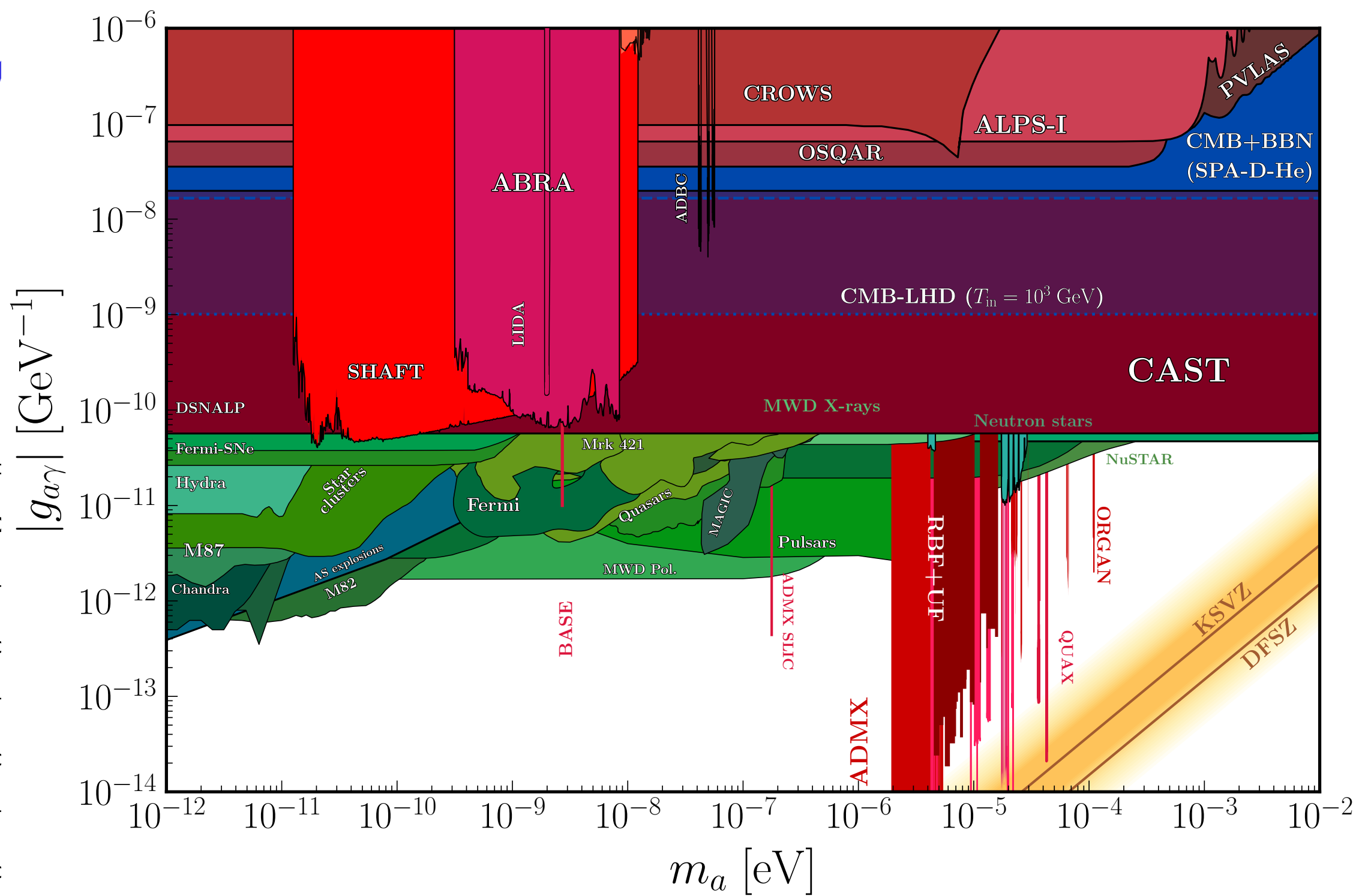


Constraints and future in

- 95% Bayesian credible limits on ALPs couplings

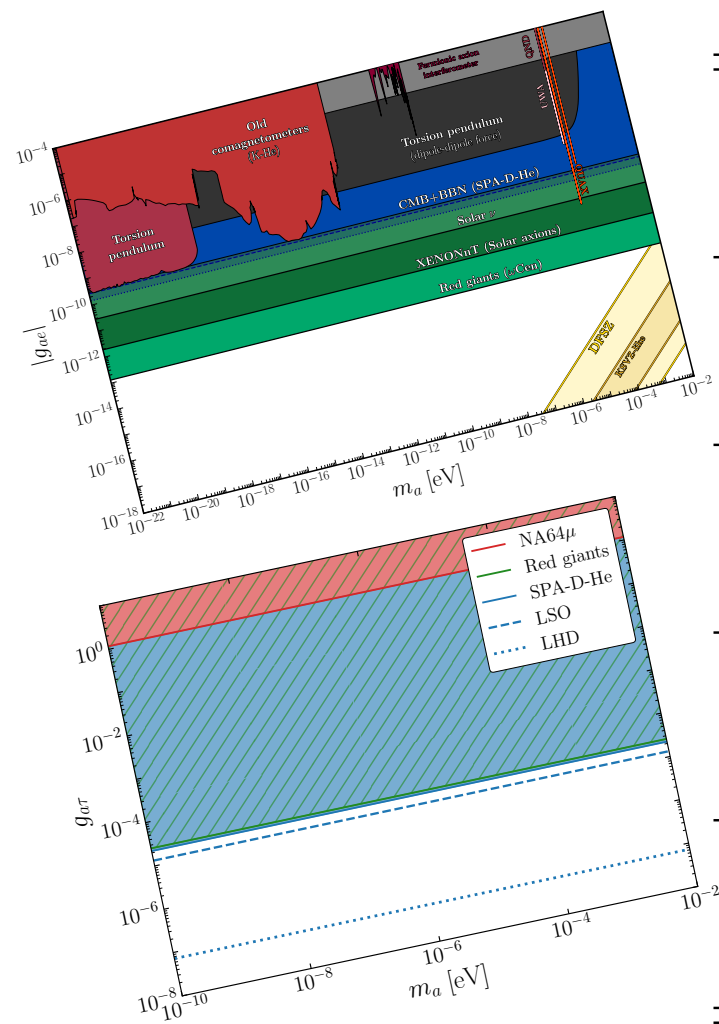


Model		SPA	SPA-D-He	SF		
Λ CDM + e	f_a [GeV]	$> 1.51 \times 10^6$	$> 1.63 \times 10^6$	$>$		
Λ CDM + μ	f_a [GeV]	$> 8.73 \times 10^6$	$> 9.41 \times 10^6$	$>$		
Λ CDM + τ	f_a [GeV]	$> 6.10 \times 10^4$	$> 8.06 \times 10^4$	$>$		
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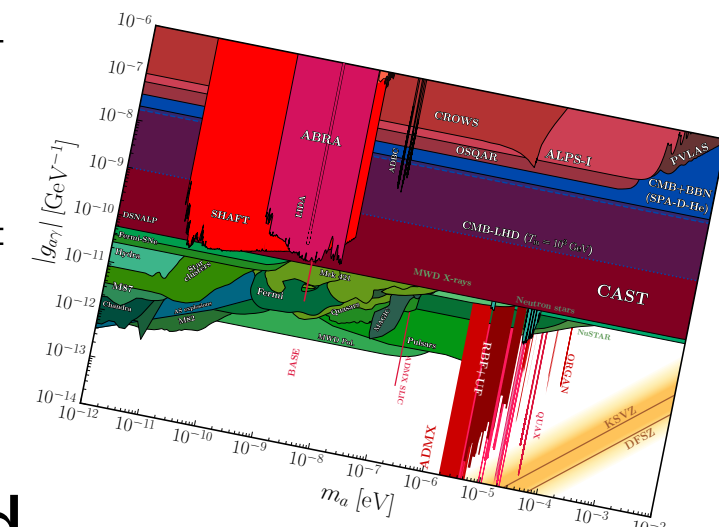
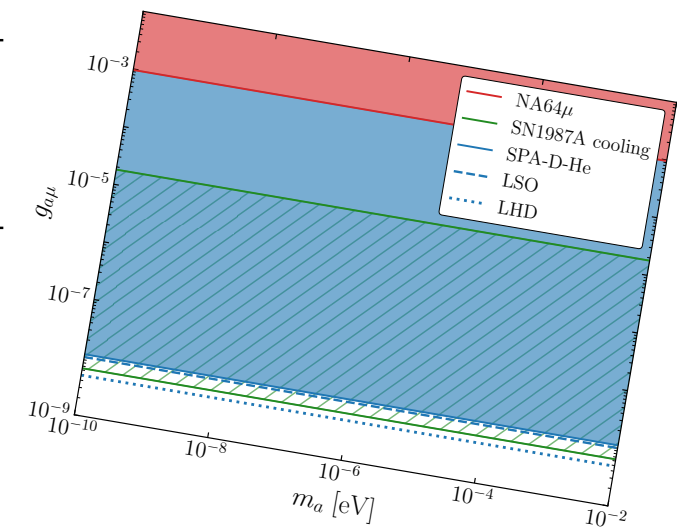


Constraints and future implications

- 95% Bayesian credible limits on ALPs couplings



Model		SPA	SPA-D-He	SPA-D-He-B	LSO	LHD
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$\Lambda\text{CDM} + \mu$	f_a [GeV]	$> 8.73 \times 10^6$	$> 9.41 \times 10^6$	$> 7.50 \times 10^6$	$> 1.05 \times 10^7$	2.17×10^7
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- Non-thermal spectral distortions induce shifts in ΔN_{eff} , with the magnitude of the effect depending on the specific production channel. The relevance of these differences for current and next-generation CMB experiments depends critically on the level of accuracy required in the analysis.

Prior sensitivity analysis

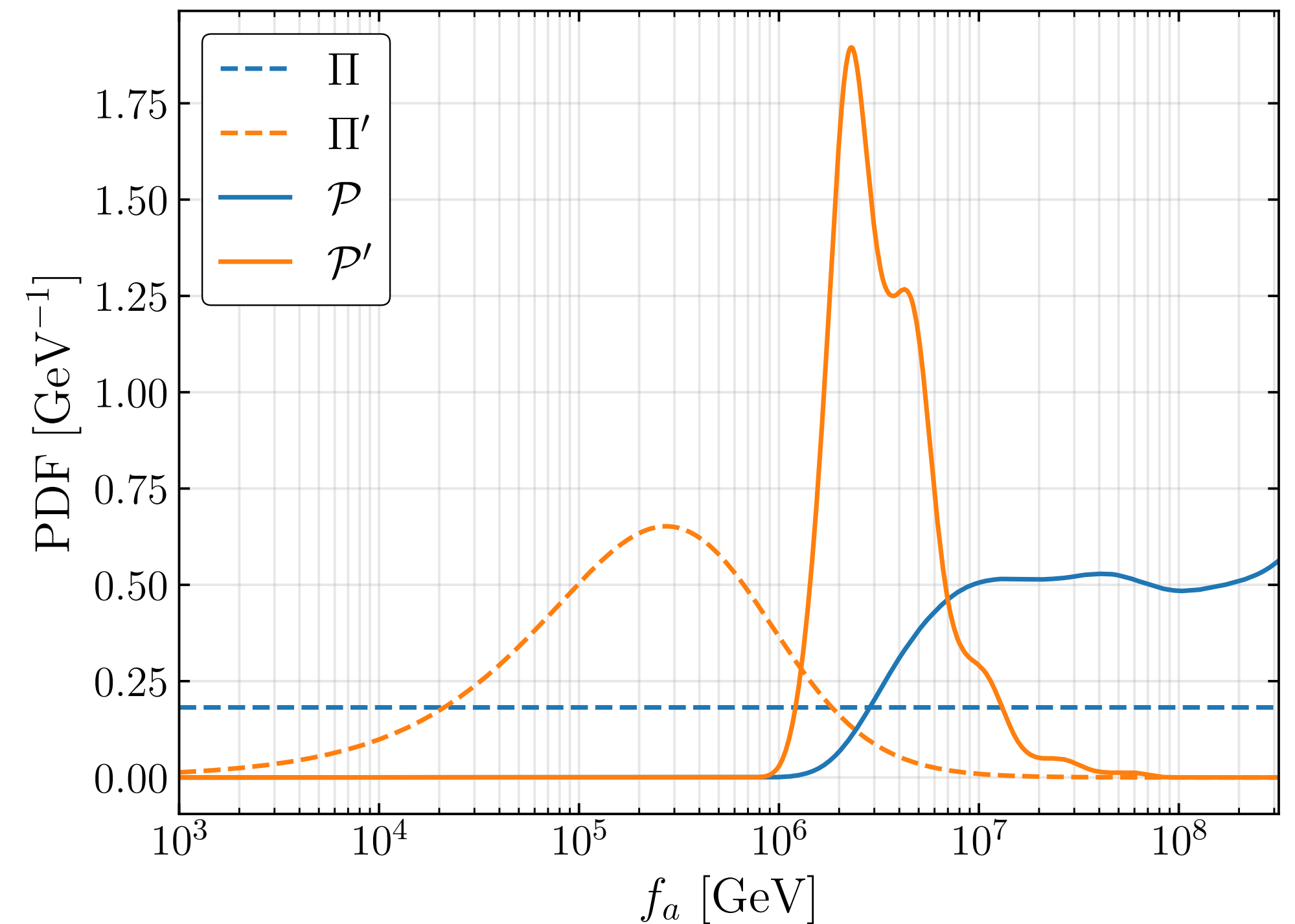
- Measure of the “distance” between two distributions

$$D_{\text{KL}}(P \parallel Q) = \int dx P(x) \log \left[\frac{P(x)}{Q(x)} \right]$$

- In the context of bayesian analysis it is used to asses the impact of different parameterisations by computing the information gain between the prior and the posterior.

- Posterior

Flat prior on $\log_{10} f_a$ •



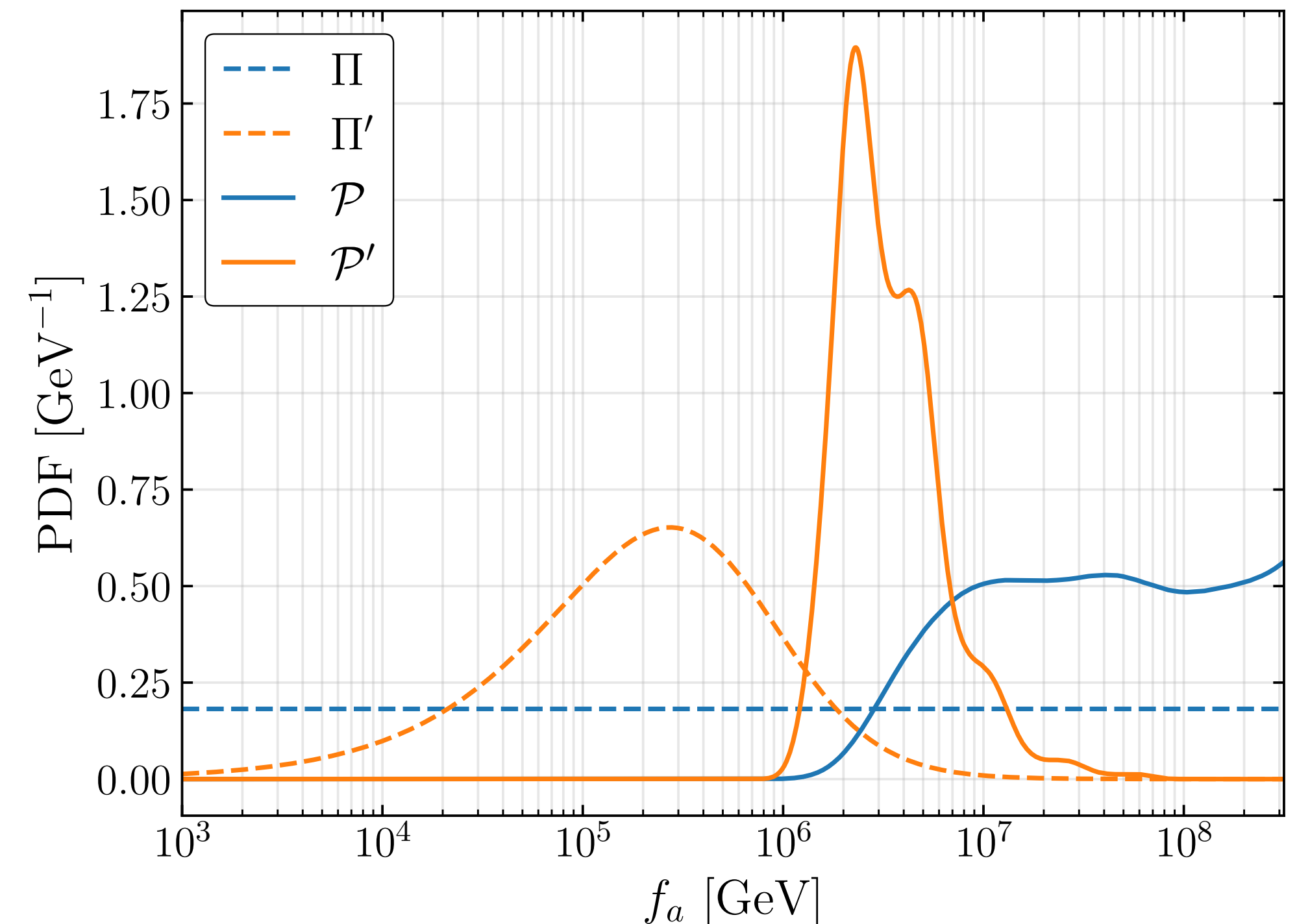
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Flat prior on $\log_{10} f_a$ • $D_{\text{KL}} = 0.94 \text{ nat}$ • Posterior

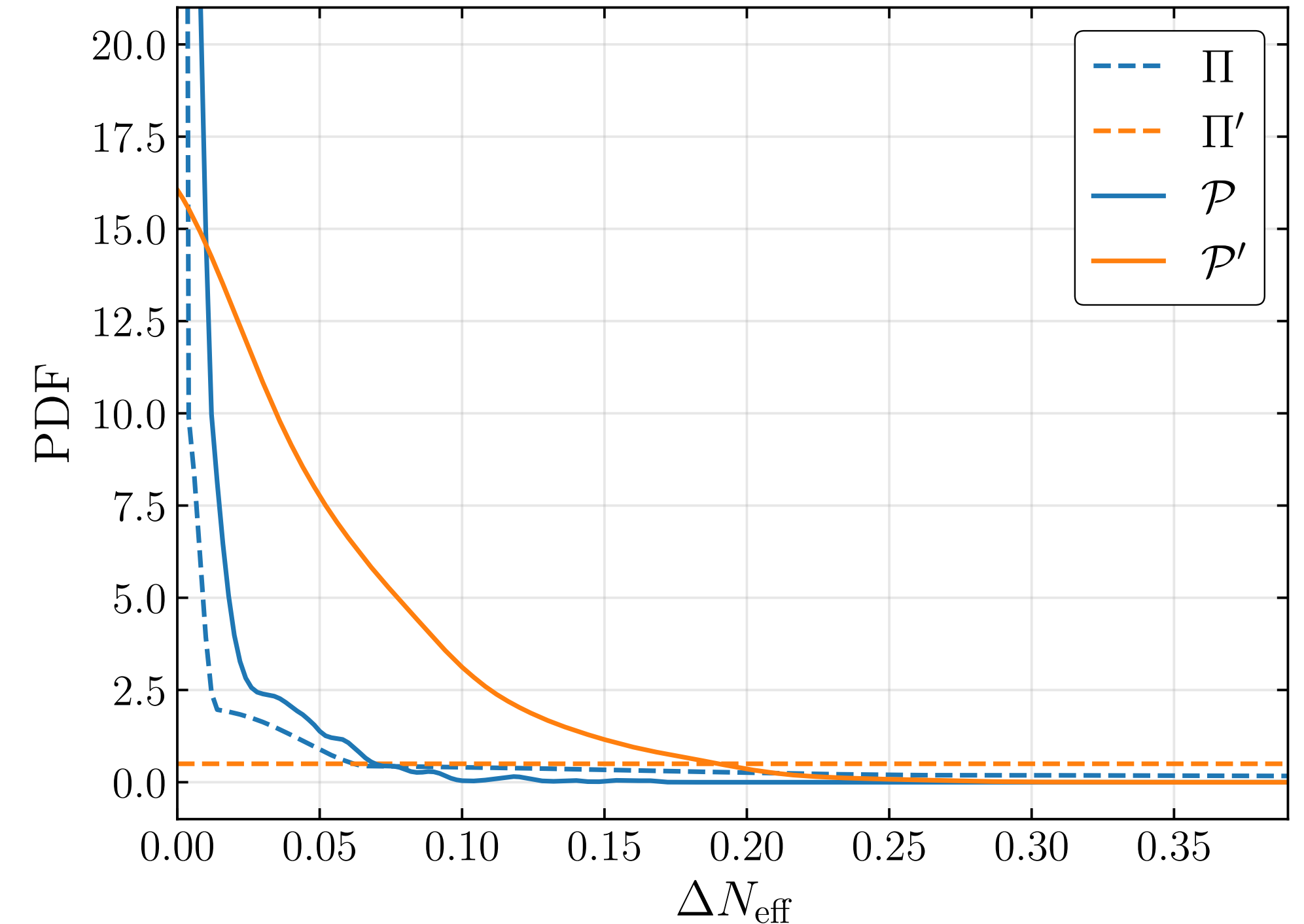
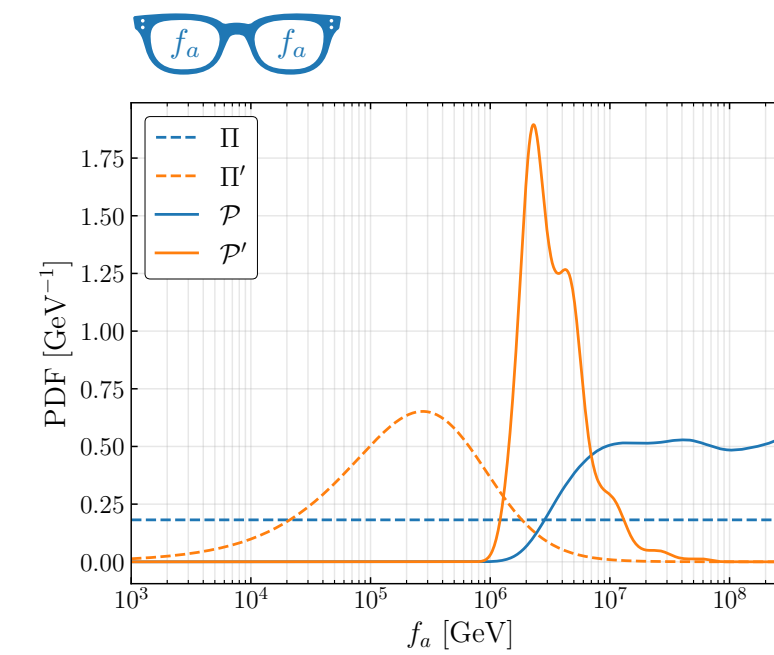


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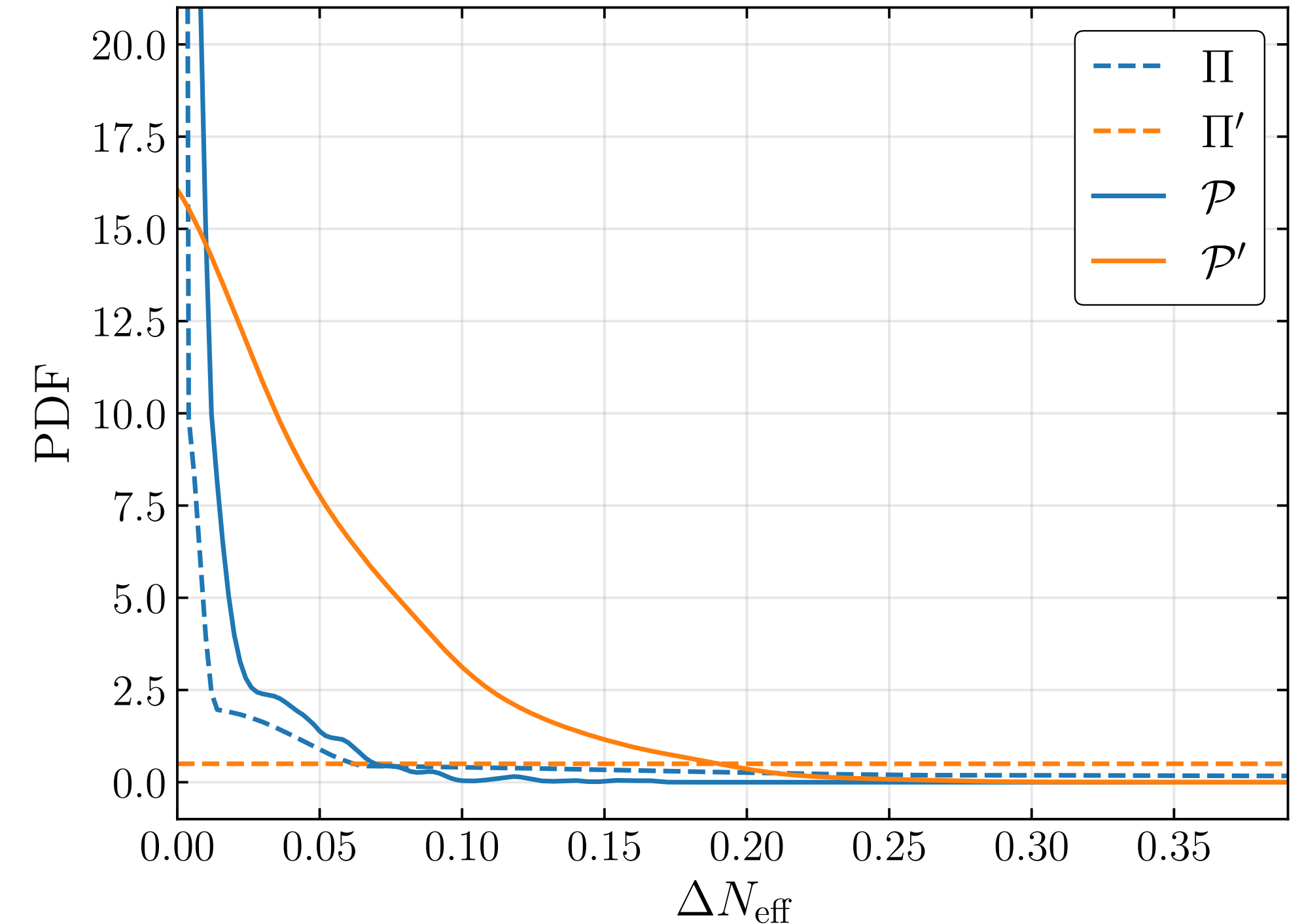
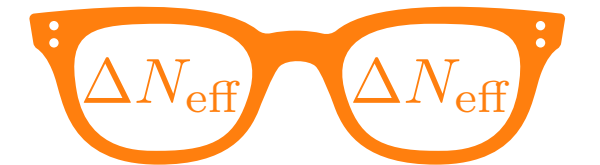
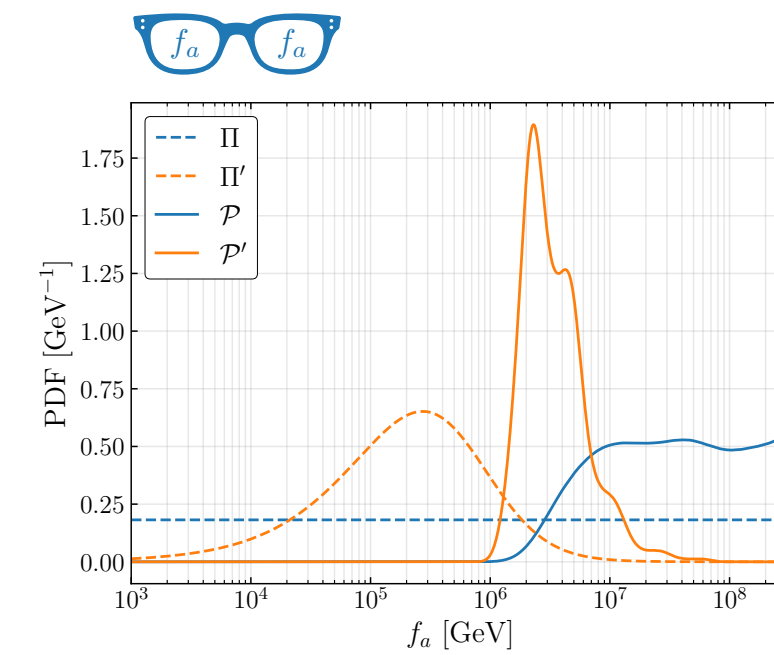
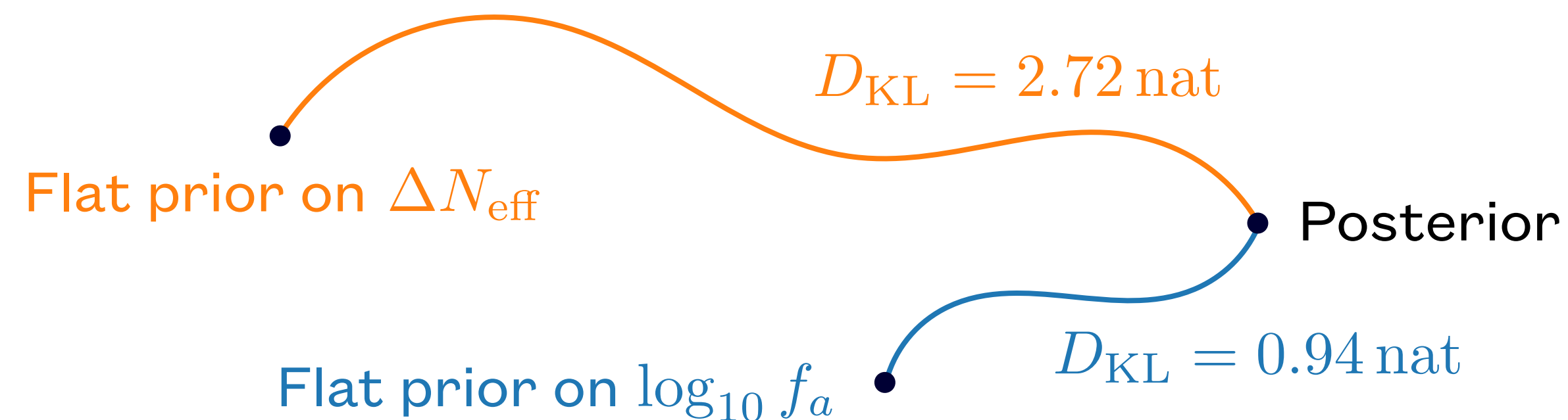


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Impact of spectral distortions

- Small difference in constraints come from the direct effect of axion's PSD shape on CMB anisotropies. Neglecting those corrections introduce an error that we quantify through

$$\xi_i \equiv \frac{\Delta N_{\text{eff}}^{95,\text{th}} - \Delta N_{\text{eff}}^{95,i}}{\Delta N_{\text{eff}}^{95,i}}$$

where $i = \{e, \mu, \tau, \gamma\}$.

SPA-D-He			
Model	ξ_i	σ_{MC}^i	$[\xi_i - 3\sigma_{\text{MC}}^i, \xi_i + 3\sigma_{\text{MC}}^i]$
e	-0.026	0.043	$[-0.103, 0.154]$
μ	0.019	0.049	$[-0.127, 0.165]$
τ	0.053	0.047	$[-0.087, 0.192]$
γ	0.032	0.043	$[-0.097, 0.161]$

LSO			
Model	ξ_i	σ_{MC}^i	$[\xi_i - 3\sigma_{\text{MC}}^i, \xi_i + 3\sigma_{\text{MC}}^i]$
e	0.018	0.027	$[-0.061, 0.098]$
μ	-0.025	0.025	$[-0.098, 0.049]$
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- Example:** We consider ALP- τ interactions tested with LSO like experiment.

Replacing the exact PSD with its corresponding thermal approximation lead to a relative error of at most ~ 0.1 (at 99% CL)

SPA-D-He

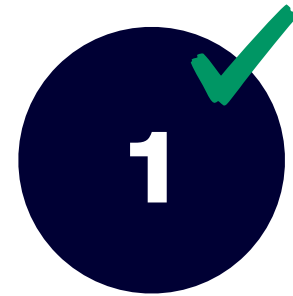
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Thank you!