Dark Matter in the form of Compact Objects

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• The Friedmann Equation gives

$$
\left(\frac{dr}{dt}\right)^2 = \frac{2GM_i}{r} - \mathcal{K} \qquad \mathcal{K} = 8\pi G\rho_H(t_i)r_i^2 \delta / 3
$$

$$
r(\theta) = \frac{GM_i}{\mathcal{K}} (1 - \cos \theta) \qquad \text{e=Tr max in}
$$

$$
t(\theta) = \frac{GM_i}{\mathcal{K}^{3/2}} (\theta - \sin \theta) \qquad \delta_H = 1
$$

- mum expansion
- ιpse

 $\delta_{\text{lin}} = 1.062$

Formation of PBH

- Actual perturbations are not completely spherical
- To form a PBH, the hoop conjecture should be satisfied

- In a RD Universe, the pressure plays a double role:
- 1. It makes the collapsing perturbation more spherical, so it easier the satisfy the hoop conjecture
- 2. The pressure impedes the collapse, so large perturbations are needed in order for M to be larger than the Jeans mass.

• In a eMD Universe, there is no pressure. The lack of pressure from one hand facilitates the collapse but the same time small deviations from sphericity can grow larger thus making harder to satisfy the hoop conjecture.

GW Production

• To first order in perturbation theory scalar, vector and tensor perturbations are decoupled. This means that no GW can be produced from scalar perturbations in that order. One needs to go to 2nd order

$$
ds^{2} = a^{2}(\eta) \left[-\left(1 + 2\Phi^{(1)} + 2\Phi^{(2)}\right) d\eta^{2} + 2V_{i}^{(2)} d\eta dx^{i} + \left\{ \left(1 - 2\Psi^{(1)} - 2\Psi^{(2)}\right) \delta_{ij} + \frac{1}{2}h_{ij}\right\} dx^{i} dx^{j} \right]
$$

$$
\hat{T}_{ij}^{lm} G_{lm}^{(2)} = \kappa^2 \hat{T}_{ij}^{lm} T_{lm}^{(2)}
$$

Acquaviva Bartolo Matarrese Riotto '02 Baumann Steinhardt Takahashi Ichiki '07

$$
h''_{\mathbf{k}}(\eta) + 2\mathcal{H}h'_{\mathbf{k}}(\eta) + k^2h_{\mathbf{k}}(\eta) = 4S_{\mathbf{k}}(\eta)
$$

$$
S_{\mathbf{k}}=\int\frac{\mathrm{d}^{3}q}{(2\pi)^{3/2}}e_{ij}(\mathbf{k})q_{i}q_{j}\left(2\Phi_{\mathbf{q}}\Phi_{\mathbf{k}-\mathbf{q}}+\frac{4}{3(1+w)}\left(\mathcal{H}^{-1}\Phi'_{\mathbf{q}}+\Phi_{\mathbf{q}}\right)\left(\mathcal{H}^{-1}\Phi'_{\mathbf{k}-\mathbf{q}}+\Phi_{\mathbf{k}-\mathbf{q}}\right)\right)
$$
\nKohri Terada '18

$$
\Phi''_{\mathbf{k}}(\eta) + \frac{6(1+w)}{(1+3w)\eta} \Phi'_{\mathbf{k}}(\eta) + wk^2 \Phi_{\mathbf{k}}(\eta) = 0 \qquad \Phi_{\mathbf{k}} = \Phi(k\eta)\phi_{\mathbf{k}}
$$

$$
\langle \phi_{\mathbf{k}} \phi_{\mathbf{k'}} \rangle = \delta(\mathbf{k} + \mathbf{k'}) \frac{2\pi^2}{k^3} \left(\frac{3+3w}{5+3w}\right)^2 \mathcal{P}_{\zeta}(k)
$$

GW Production

• Perturbation theory is not valid through the whole collapse process.

- The turnaround in linear theory happens at δ lin=1.062 and perturbations theory is not trustworthy soon after the turnaround since δ >>1
- The part of the collapse from maximum expansion to black hole or halo formation is not covered by perturbation theory. This part could potentially give a strong signal especially in a virialization process where shell crossing and oscillations can induce large quadrupole moments

• We implement a nonlinear approach, hopefully capturing more accurately the form of the produced GW.

Collapse in early Matter Domination

• The absence of pressure magnifies deviations from sphericity leading to the formation of the so called Zel'dovich pancakes. Different shells start oscillating and crossing each other, forming eventually a virialized bound halo.

• If the collapsing pancake satisfies at some point the hoop conjecture, a PBH forms and there is no further virialization stage.

Zel'dovich Pancakes

$$
M = \int \rho a^3 d^3 r = \bar{\rho} a^3 \int d^3 q
$$

 $\rho(a-\alpha b)(a-\beta b)(a-\gamma b)=\bar{\rho}a^3$ mass conservation

$$
\delta_L \equiv \left(\frac{\rho - \bar{\rho}}{\bar{\rho}}\right)_L = \left(\alpha + \beta + \gamma\right)\frac{b}{a} \qquad \delta \sim \text{a in MD} \qquad b \propto a^2
$$

at turnaround $\dot{r}_1(t_{\rm max}) = 0$ $r_1(t_{\rm max}) = a(t_{\rm max})q_1 - \alpha b(t_{\rm max})q_1 = \frac{1}{2}a(t_{\rm max})q_1$ $\frac{b(t_{\rm max})}{a(t_{\rm max})} = \frac{1}{2\alpha}$

GW Production

Doroshkevich probability density for deviations from sphericity '70

$$
\mathcal{F}_{D}(\alpha,\beta,\gamma)d\alpha d\beta d\gamma = -\frac{27}{8\sqrt{5}\pi\sigma_3^6} \times \exp\left[-\frac{3}{5\sigma_3^2}\left((\alpha^2+\beta^2+\gamma^2)-\frac{1}{2}(\alpha\beta+\beta\gamma+\gamma\alpha)\right)\right] \times (\alpha-\beta)(\beta-\gamma)(\gamma-\alpha)d\alpha d\beta d\gamma,
$$

Moment of Inertia

\n
$$
I_{ij} = \frac{1}{5}M \begin{pmatrix} r_2^2 + r_3^2 & 0 & 0 \\ 0 & r_1^2 + r_3^2 & 0 \\ 0 & 0 & r_1^2 + r_2^2 \end{pmatrix}
$$

Quadrupole

$$
Q_{ij}=-I_{ij}(t)+\frac{1}{3}\delta_{ij}\text{Tr}I(t)
$$

GW quadrupole radiation

$$
\frac{dE_e}{dt} = \frac{G}{5c^5} \sum_{ij} \dddot{Q}_{ij}(t) \dddot{Q}_{ji}(t)
$$

GW Production

We focus on the time interval between tmax and tool or tBH whichever happens first

We break the interval in N subintervals $[t_i, t_i + \delta t]$

$$
dE_{\rm GW}(\alpha,\beta,\gamma)=\sum_N \frac{1}{1+z_N}\frac{4\pi G}{5c^5}\omega^7\sum_{ij}|\tilde{Q}_{ij}^N(\omega)|^2\frac{V_{\rm com}(t_0)}{\frac{4\pi}{3}q^3}\mathcal{F}_{\rm D}(\alpha,\beta,\gamma)d\alpha d\beta d\gamma\,d\ln\omega
$$
 Dalianis CK 21

To save computational time we take N=1. This introduces a horizontal error \sim 2

We have to integrate over α , β , γ

We need to insert a step function so the reheating takes place after the collapse

If we want to form PBH, the hoop conjecture should be satisfied

GW Signal for 100% DM contribution

This is the region where PBH could consist 100% of the dark matter abundance.

Smaller γ_M create larger signal

PTA Detection

PBH formed in eMD avoid exclusion from PTA unlike the corresponding scenarios in RD.

in RD $\beta \approx \text{Erfc} \left[\frac{\delta_c}{\sqrt{2} \sigma} \right]$ there is a threshold in σ to produce sufficient number of PBH

in eMD $\beta_0(\sigma) = 0.056 \sigma^5$ We can build easier a PBH population. Therefore for the same number of PBH, RD produces stronger GW signal than eMD.

Harada Yoo Kohri Nakao Jhingan '16

Evaporating PBH at LIGO and ET

- Evaporating PBH can be probed in LIGO/Virgo & ET
- The peak can be at a different place compared to PBH formed in RD because γ_M can be much smaller
- If the evaporation leaves a Planck remnant, these PBH could explain 100% of DM relic abundance

Simulating Violent Relaxation

Dalianis CK in prep

Why Dark Matter Self-Interactions?

Problems with Collisionless Cold Dark Matter

- Core-cusp profile in dwarf galaxies
- "Too big to fail"
- Diversity Problem
- Supermassive Black Holes

Can asymmetric dark matter with self-interactions form its own compact objects?

Asymmetric Bosonic Dark Stars

Eby Nielsen CK Wijewardhana '16

Gravitational Waves from Dark Stars

Giudice, McCullough, Urbano '16

Tidal Deformations of Dark Stars

How stars deform in the presence of an external gravitational field?

Maselli, Pnigouras,Nielsen, CK, Kokkotas, 17

Formation of Asymmetric Dark Stars

Collapse can proceed via dark photon Bremsstrahlung Cooling

Relativistic Proton Capture rate

Dark stars can accrete protons and electrons

$$
ds^{2} = -B(r)dt^{2} + A(r)dt^{2} + r^{2}d\Omega^{2}
$$
\n
$$
\frac{d\mathbf{t}}{d\sigma} = \frac{1}{\beta(r)} , \quad \mathfrak{F} = \frac{\mathfrak{g}}{2} , \quad r^{2} \frac{d\mathfrak{c}}{d\sigma} = \mathfrak{J} = \mathfrak{c}_{\text{out}}\mathfrak{f}.
$$
\n
$$
J_{\text{max}} = \sqrt{\frac{1 - B(r)}{B(r)} + u^{2}}
$$
\n
$$
A(r)\left(\frac{dr}{d\sigma}\right)^{2} + \frac{\mathfrak{c}^{2}}{r^{2}} - \frac{1}{\beta r} = -\mathfrak{f} = \mathfrak{c}_{\text{out}}\mathfrak{s}.
$$

$$
dF = nf(u)u\cos\theta\frac{1}{2}d\cos\theta du
$$

$$
dF_{\text{tot}} = \pi n \frac{f(u)}{u} du dJ^2
$$

$$
dC = dF_{\text{tot}} \frac{dl}{l_{\text{mfp}}}
$$

$$
C = \frac{n\sigma}{m} \int_0^\infty 4\pi \frac{f(u)}{u} du \int_0^{r_*} \frac{1 - B(r)}{B(r)} r^2 \rho(r) dr
$$

Betancourt, Brenner, Ibarra, CK '22

$$
C = n_0 \left(\frac{3}{2\pi \bar{v}^2}\right)^{3/2} 4\pi^2 (2GMR) \frac{1}{1 - 2GM/R} \frac{1}{3} \bar{v}^2
$$

Goldman Nussinov '89, CK '07

Dark Star Outbursts

after capture there is a thermalisation stage where protons settle in a thermal radius

Thermal Evolution of star

\n
$$
r_{\text{th}} \approx \sqrt{\frac{15k_BT}{4\pi G\rho_{\text{core}} m_{\text{p}}}}.
$$
\nThermal Evolution of star

\n
$$
\frac{dT}{dt} = -\frac{L_{\gamma} + L_{\gamma'}}{C_{\text{v}}}
$$
\nBeC critical temperature

\n
$$
T_{\text{e}} = \frac{2\pi}{mk_B} \left(\frac{n}{\xi(\frac{3}{2})}\right)^{2/3}
$$
\nHeat Capacity

\n
$$
C_{\text{v}} = \frac{15}{4} k_B N \frac{\xi(\frac{5}{2})}{\xi(\frac{3}{2})} \left(\frac{T}{T_{\text{c}}}\right)^{\frac{3}{2}}
$$
\n
$$
L_{\gamma} = (4\pi r_{\text{th}}^2) \int_0^\infty I(\nu) d\nu \qquad I(\nu) = \frac{2h}{c^2} \frac{\nu^3}{e^{\frac{h\nu}{k_B T}} - 1} \left(1 - e^{-\tau(\nu)}\right)
$$
\n
$$
\tau(\nu) \equiv r_{\text{th}} \alpha_{\nu} \qquad \alpha_{\nu} = \frac{4}{3} \left(\frac{2\pi}{3}\right)^{\frac{1}{2}} g_{ff} \frac{e^6}{h m_e^2 c^2} n_e n_p \left(\frac{m_e c^2}{k_B T}\right)^{1/2} \frac{1 - e^{-\frac{h\nu}{k_B T}}}{\nu^3}
$$

with τ<<1 (optically thin limit)-> Bremsstrahlung when τ>>1 blackbody radiation

Dark Star Outbursts

At first the photon luminosity scales as $~n_p^2T^2 \sim t^2/T$

As temperature reduces, the luminosity and the energy loss increase dramatically until the thermal radius becomes opaque for the photons.

At this point the spectrum becomes the blackbody one with luminosity- T^5

there is one extra power of T due to the thermal radius dependence on T.

Conclusions

Gravitational Wave Production in a eMD era

- Perturbation theory fails after maximum expansion
- Zel'dovich method is valid until violent relaxation
- eMD formed PBH can avoid PTA constraints because it is easier to make BH
- Can be distinguished from RD formation
- Can be tested in current and future interferometers

Dark Stars

- Could form by a strongly self-interacting component of dark matter
- Dark stars can be distinguishable from black holes or neutron stars merger events
- They could have significant luminosity outbursts once they accrete sufficient baryonic and leptonic matter