

PROBING ULTRALIGHT DARK MATTER USING GALACTIC KINEMATICS

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*Weizmann Institute of Science
Rehovot, Israel*

*TeVPA 2019
03/12/2019*

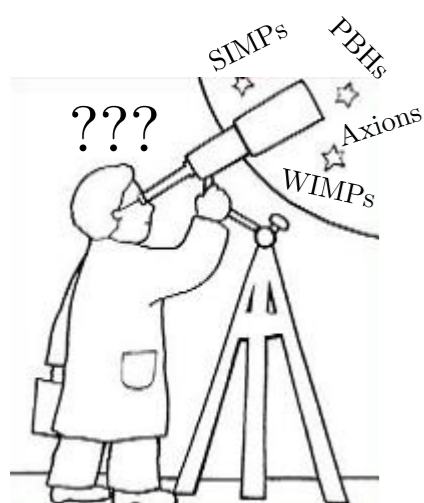
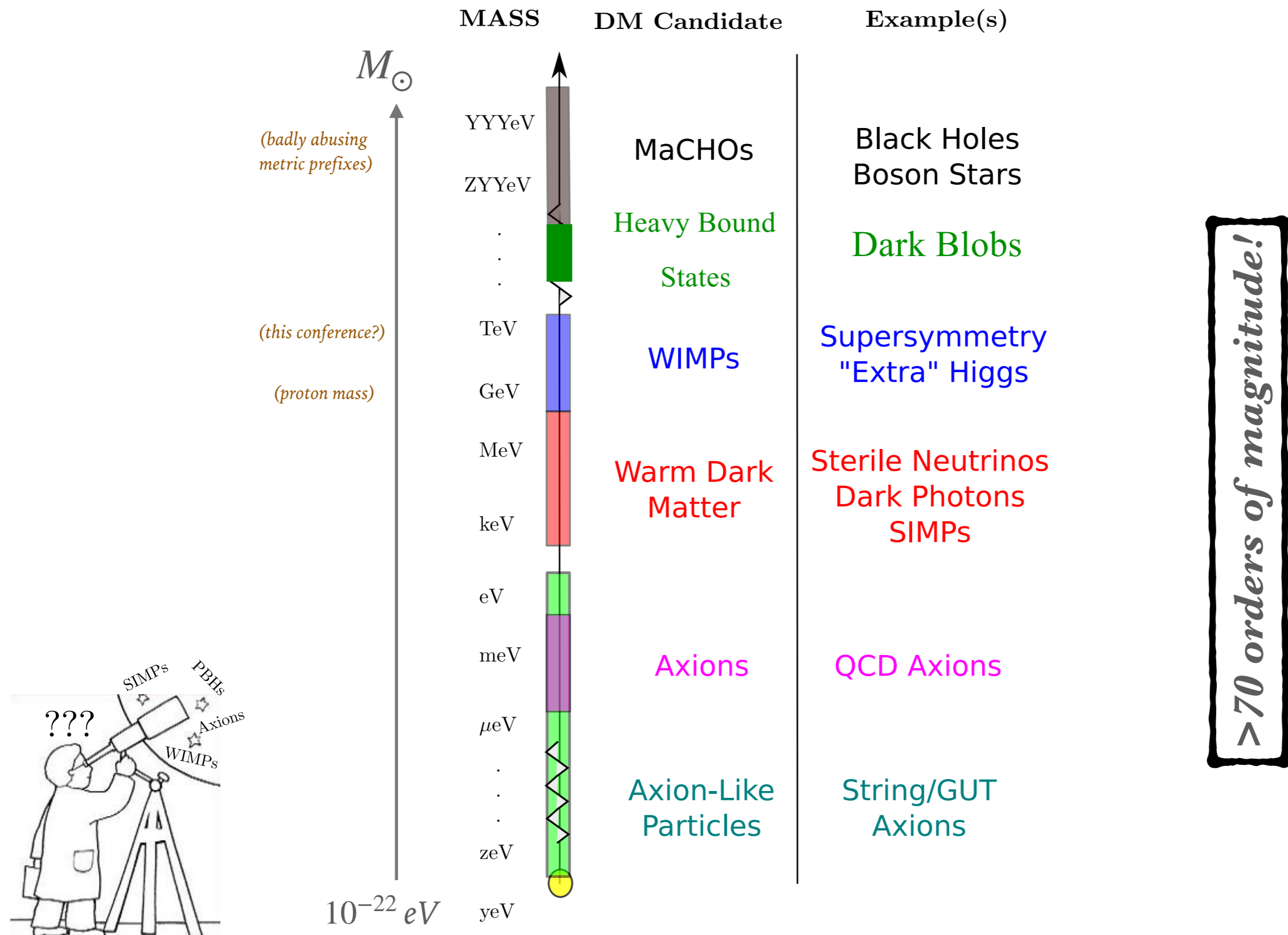
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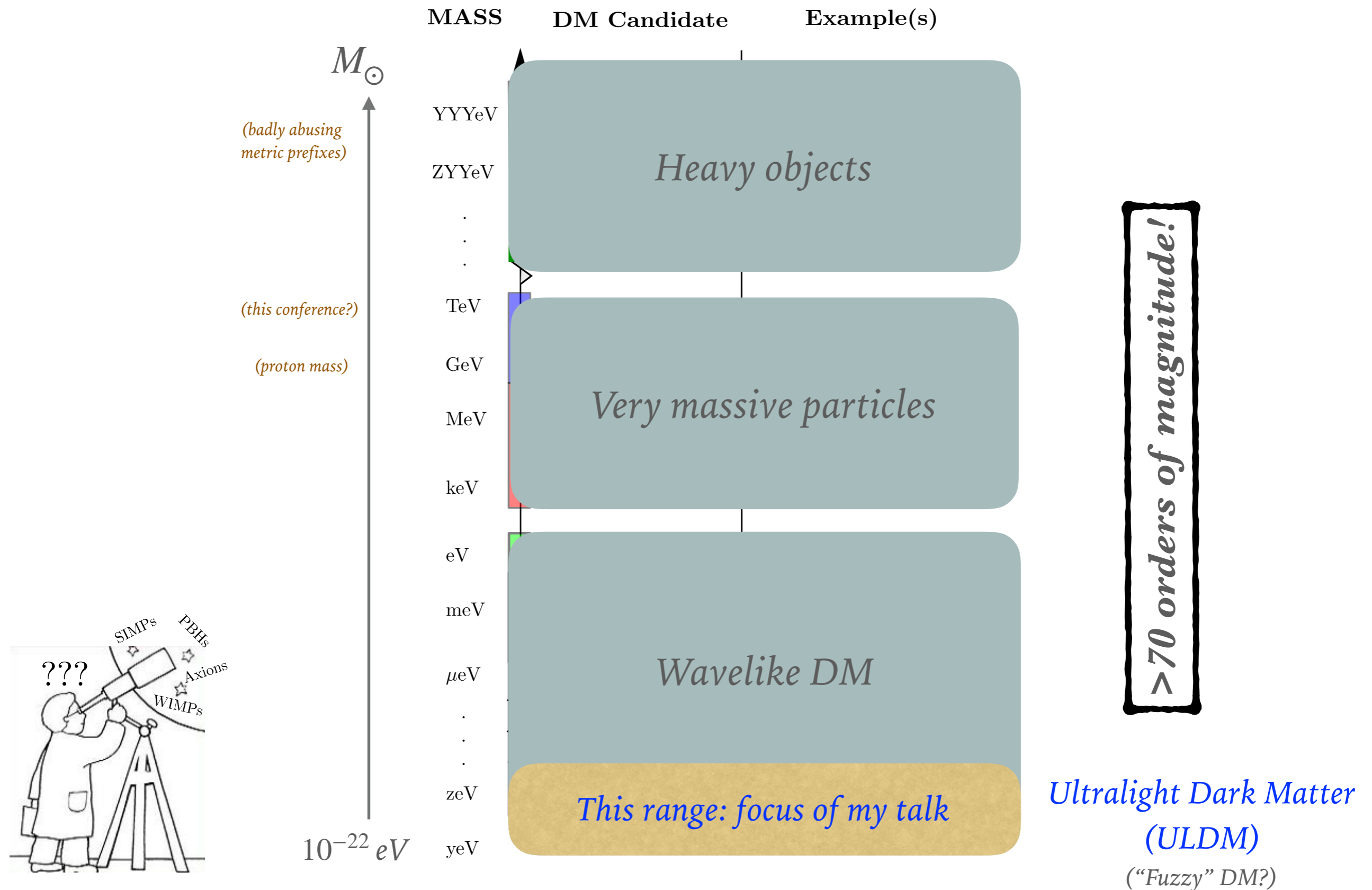
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DARK MATTER CANDIDATE ZOO



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WHY ULDM?

1. Represents **absolute lower limit** of mass for DM candidates

2. Can throw away “half” of candidates: **ULDM is bosonic**

► Pauli exclusion: not enough quantum states to “fill up” galaxy with fermions

$$\mathcal{N} \sim 10^{94} \times \left(\frac{\rho_{\text{local}}}{0.4 \text{ GeV/cm}^3} \right) \left(\frac{10^{-22} \text{ eV}}{m_\phi} \right)^4 \left(\frac{10^{-3} c}{\sigma} \right)^3$$

3. Large (galactic-scale) **effects on de Broglie length scales**

$$\lambda_{dB} \sim \text{kpc} \times \left(\frac{10^{-22} \text{ eV}}{m_\phi} \right) \left(\frac{10^{-3} c}{\sigma} \right)$$

4. **Simple**: described by classical wave equation

Oscillations

Newtonian Gravity

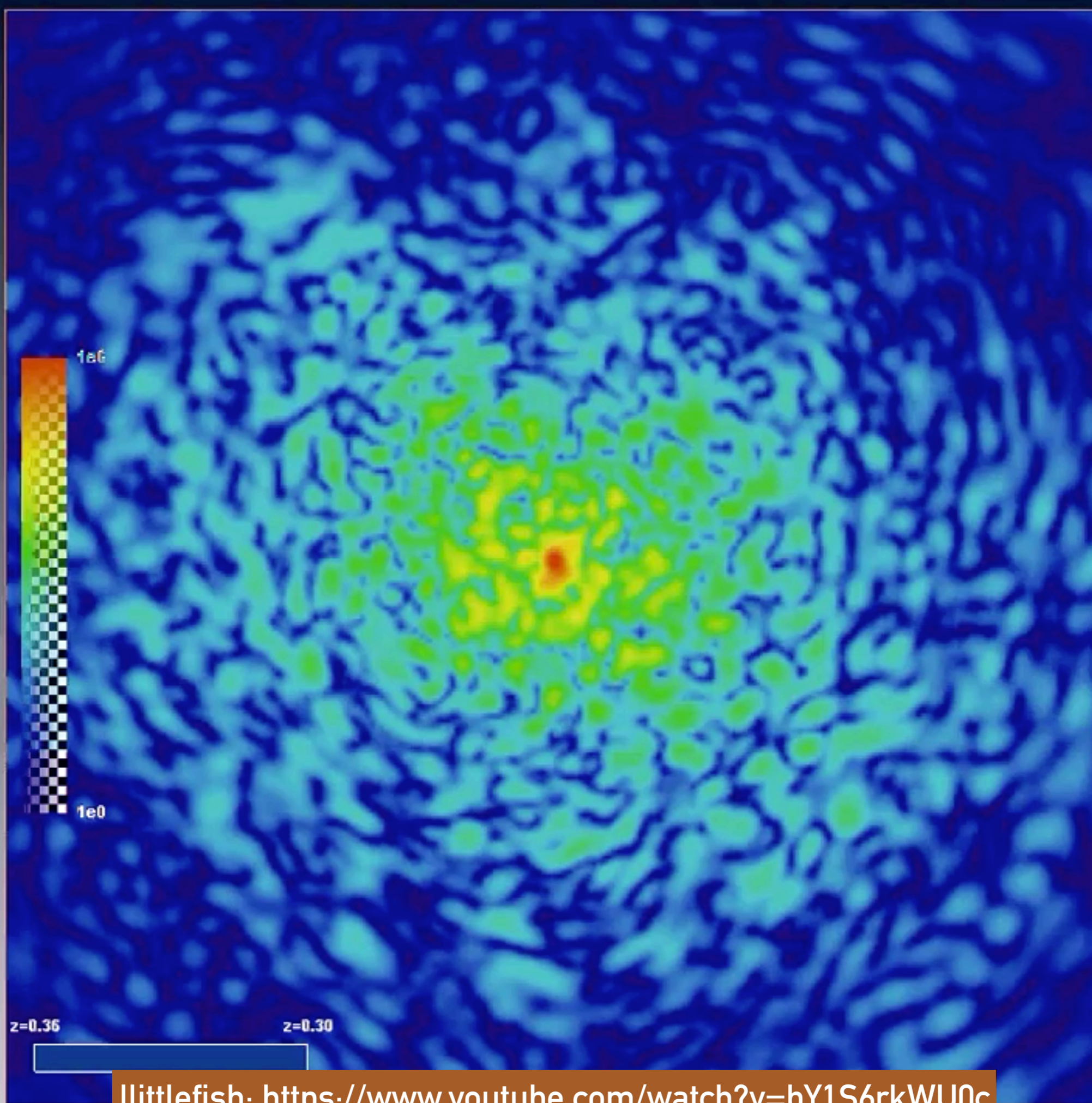
$$i \frac{\partial \psi}{\partial t} = \left[-\frac{\nabla^2}{2m_\phi} + V_g(|\psi|^2) + \cancel{V_{int}(|\psi|^2)} \right] \psi$$

Kinetic energy

Self-interactions
(ignore here)

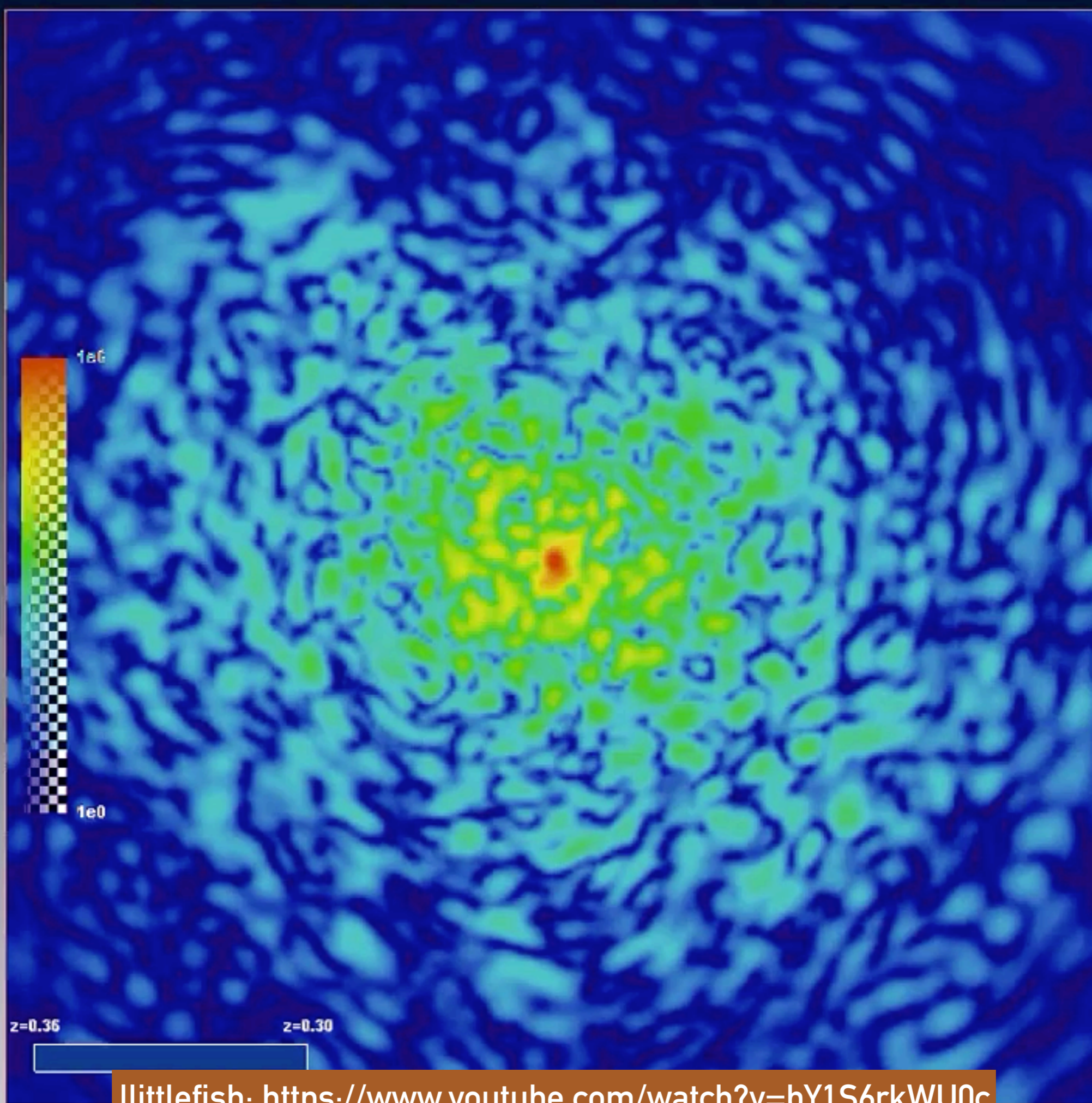
⇒ Can probe ULDM in a model-independent way, using gravity only

SIMULATING WAVE-LIKE DARK MATTER



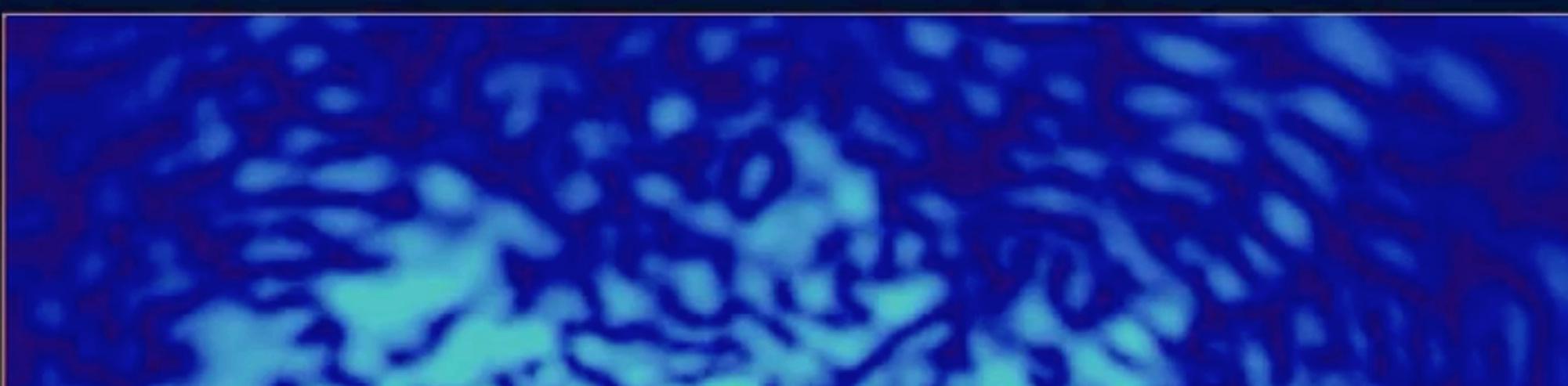
littlefish: <https://www.youtube.com/watch?v=bY1S6rkWU0c>

SIMULATING WAVE-LIKE DARK MATTER



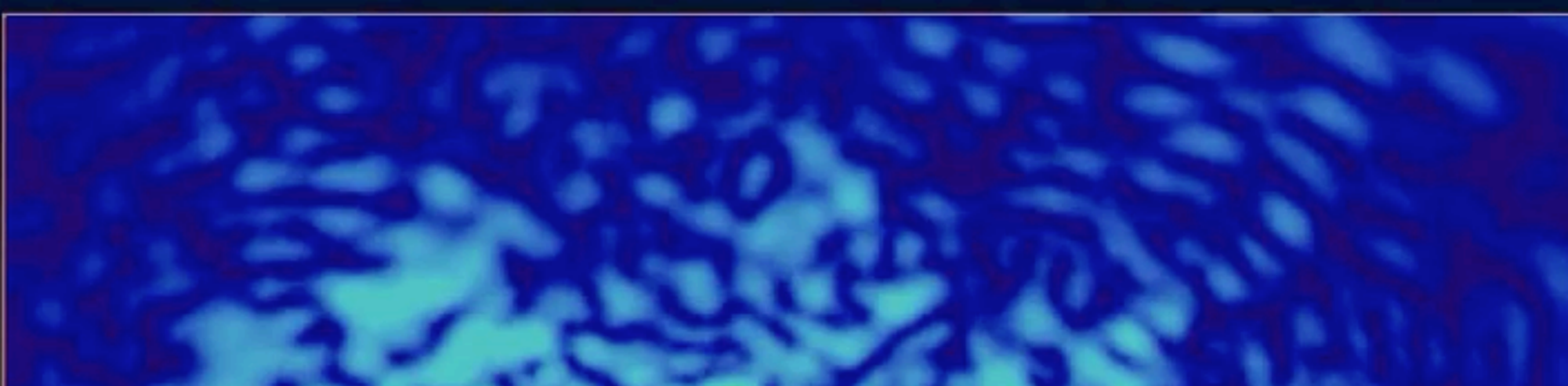
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SIMULATING WAVE-LIKE DARK MATTER



llittle <https://www.youtube.com/watch?v=AckwuC4x34gVU0c>

SIMULATING WAVE-LIKE DARK MATTER



llittle <https://www.youtube.com/watch?v=AckwuC4x34gVU0c>

ULDM CORE FORMATION

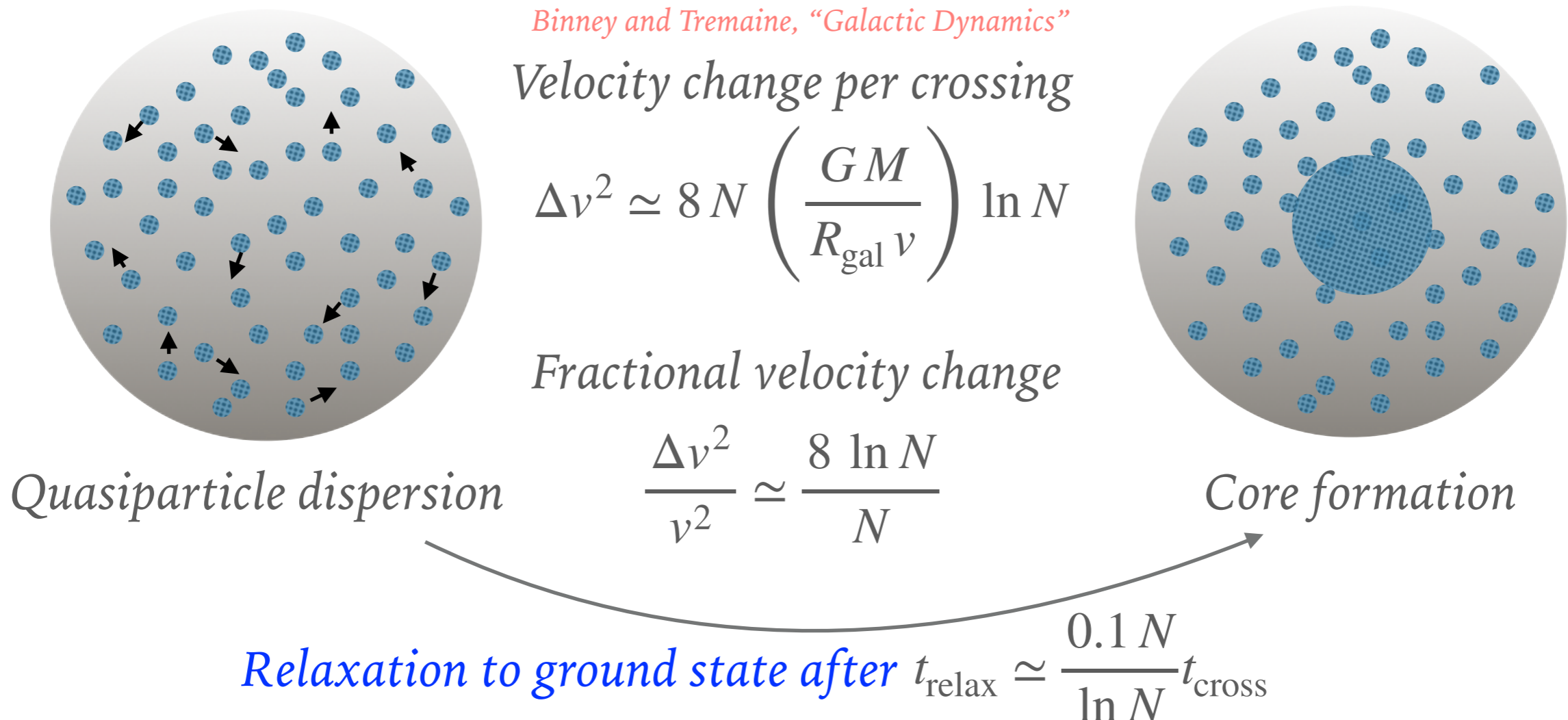
Hui, Ostriker, Tremaine, Witten (1610.08297)

Bar-Or, Fouvry, Tremaine (1809.07673)

- Recent studies: ULDM described by ‘quasiparticles’ with

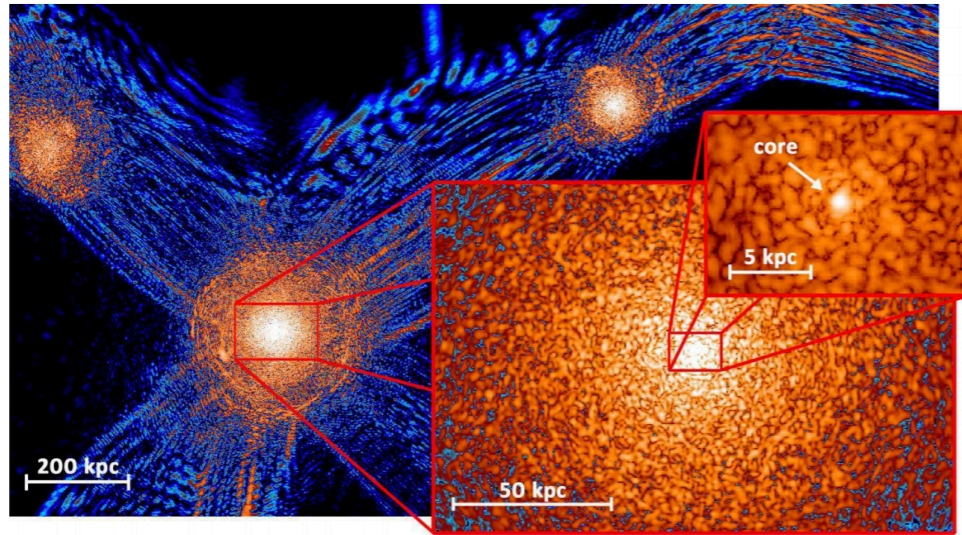
$$m_{\text{eff}} \approx \frac{\rho}{(m_\phi \sigma)^3} \approx 10^5 M_\odot \left(\frac{10^{-22} \text{ eV}}{m_\phi} \right)^3 \left(\frac{200 \text{ km/sec}}{\sigma} \right)^3 \quad \lambda_{\text{dB}} \approx \frac{1}{m_\phi \sigma} \approx \text{kpc} \left(\frac{10^{-22} \text{ eV}}{m_\phi} \right) \left(\frac{200 \text{ km/sec}}{\sigma} \right)$$

- Gravitational relaxation of quasiparticles gives rise to cored structure

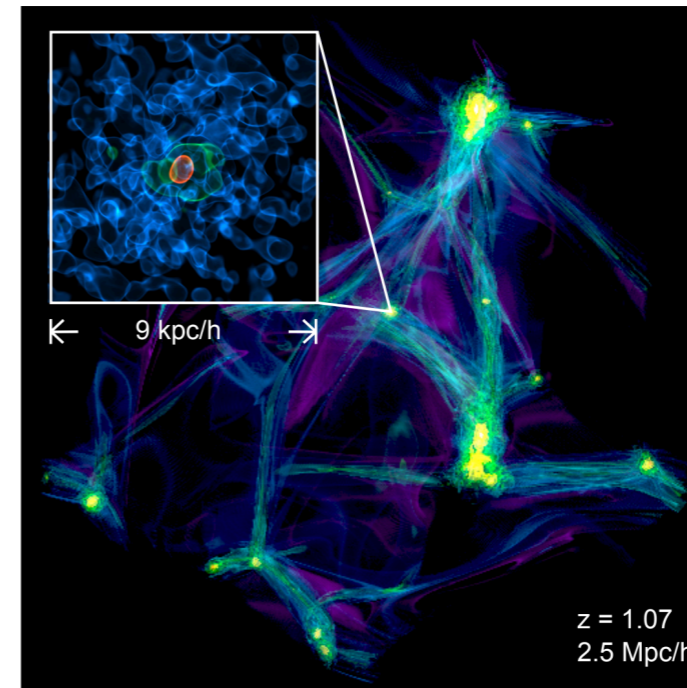


SIMULATIONS CONFIRM THIS PICTURE

- ULDM, $m_\phi \lesssim 10^{-19}$ eV



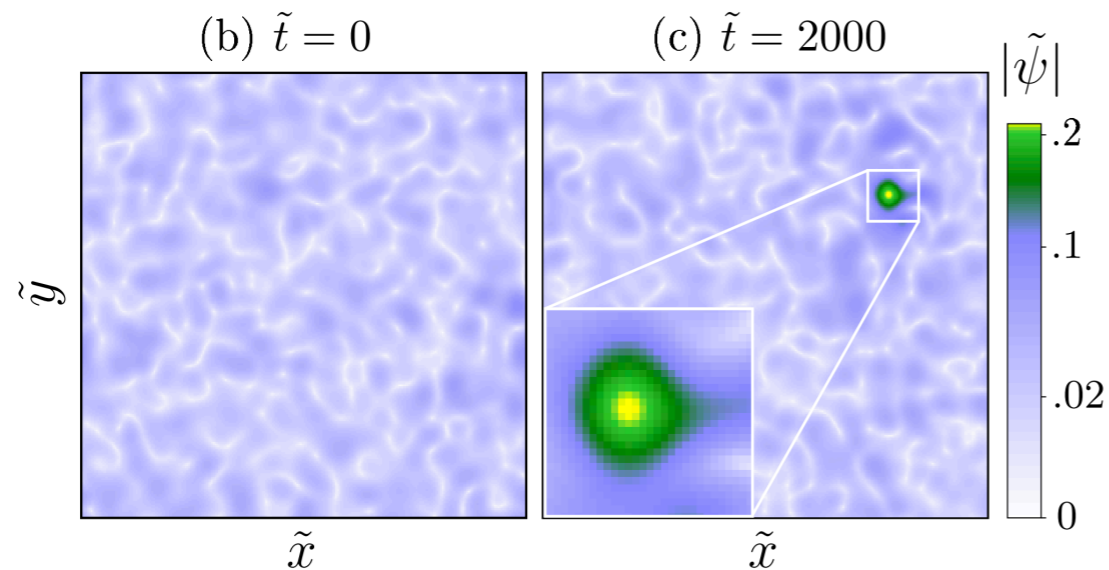
Schive, Chiueh, Broadhurst (1406.6586)



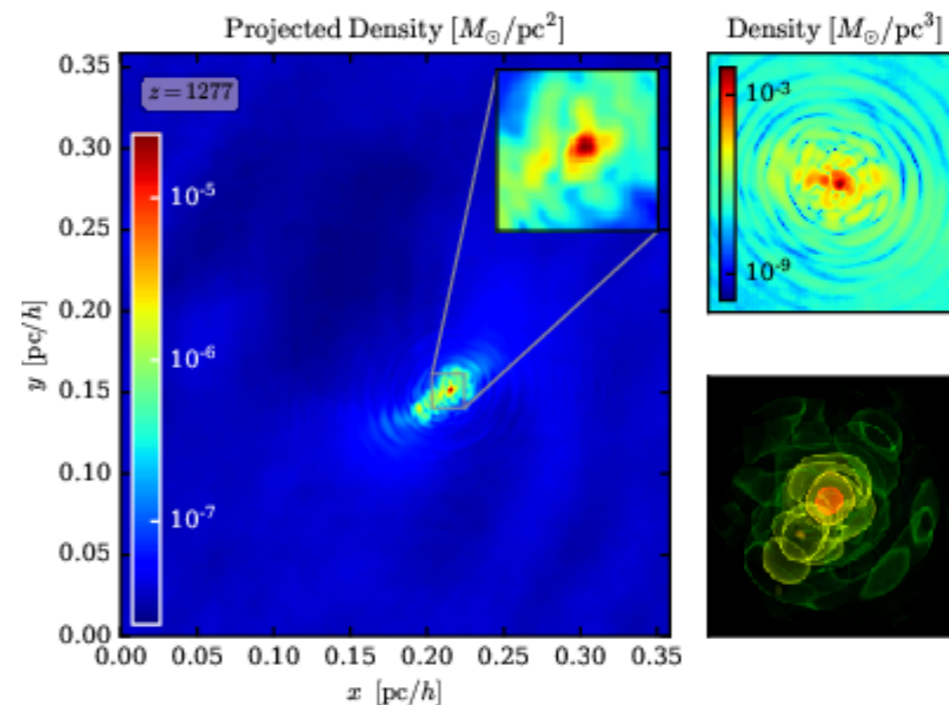
Veltmaat, Niemeyer, Schwabe (1804.09647)

- QCD axions, $m_\phi \sim 10^{-6}$ eV

+ others...



Levkov, Panin, Tkachev (1804.05857)



Eggemeier and Niemeyer (1906.01348)

ULDM CORES

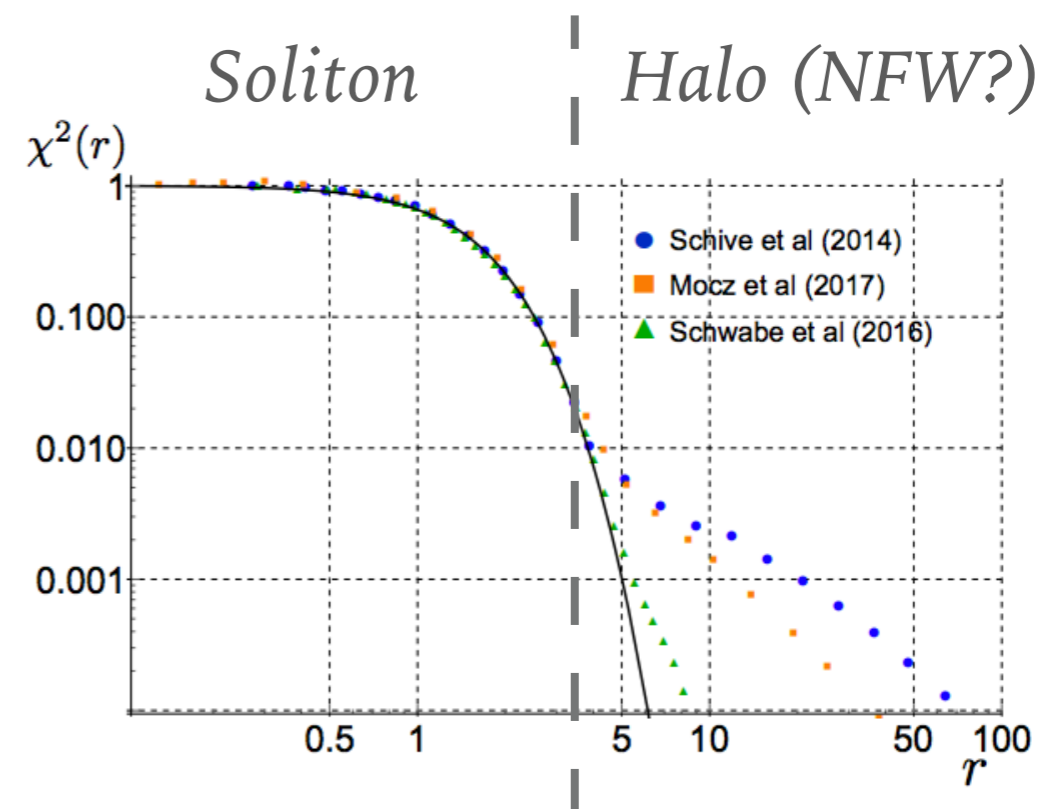
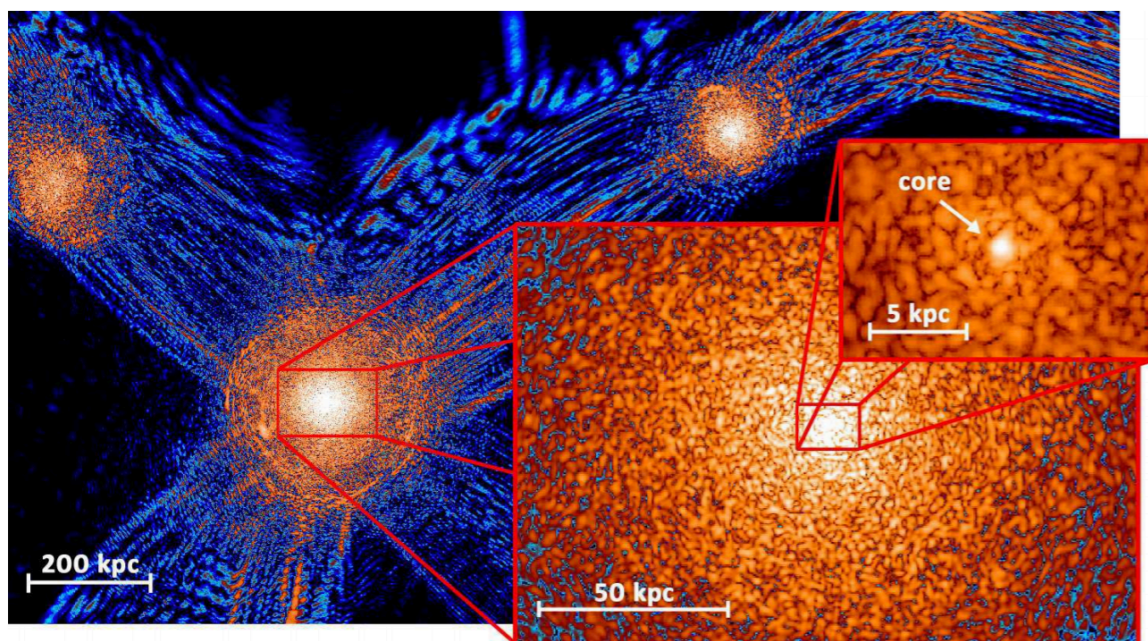
- ULDM core = soliton = self-gravitating ground state of axion field

$$i \frac{\partial \psi}{\partial t} = \left[-\frac{\nabla^2}{2m_\phi} + V_g(|\psi|^2) \right] \psi$$

Balance these forces

$$\Rightarrow R_\star \approx \frac{M_P^2}{m_\phi^2 M_\star}$$

Stable under perturbations and decay



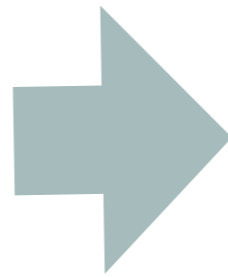
SOLVING FOR SOLITONS

$$\psi(r, t) = \left(\frac{m_\phi M_P}{\sqrt{4\pi}} \right) e^{-i\mu m_\phi t} \chi(x) \quad r = x/m_\phi \quad V_g = m_\phi \Phi$$

- Solitons exist along a continuous family, one free parameter

$$\psi = \left[-\frac{\nabla^2}{2m_\phi} + V_g \right] \psi$$

$$\nabla^2 V_g = 4\pi G m_\phi^2 |\psi|^2$$



$$\nabla_x^2 \chi = 2(\Phi - \mu) \chi$$

$$\nabla_x^2 \Phi = \chi^2$$

Simple equations of motion

- Spherically symmetric: easy to solve using shooting method

- Baryonic potentials introduce (disc-like) background potential

$$\nabla_x^2 \chi = 2(\Phi + \Phi_b - \mu) \chi$$

$$\nabla_x^2 \Phi = \chi^2$$

Difficult equations of motion!

- Our work: develop simple algorithm to solve for soliton in presence of azimuthally-symmetric potential (i.e. include baryons!)

Bar, Blum, JE, Sato (1903.03402)

CLUES FROM SIMULATION: CORE-HALO RELATION

- Curious connection between central soliton and host halo:

Schive, Chiueh, Broadhurst (1406.6586)

$$M_{sol} \approx 10^9 M_{\odot} \left(\frac{10^{-22} \text{ eV}}{m_{\phi}} \right) \left(\frac{M_{halo}}{10^{12} M_{\odot}} \right)^{1/3}$$

Schive et al. (1407.7762)

Veltmaat, Niemeyer, Schwabe (1804.09647)

- Can be recast as

$$\left(\frac{E}{M} \right)_{sol} \sim \left(\frac{E}{M} \right)_{halo}$$

Bar, Blas, Blum, Sibiryakov (1805.00122)

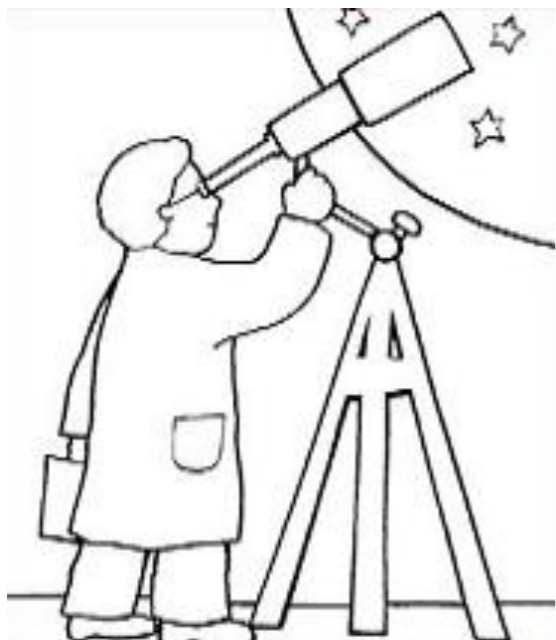
- Which implies (!)

$$(v_{core}^{peak})^2 \sim (v_{NFW}^{peak})^2$$

Potential new observable in galactic kinematic data!



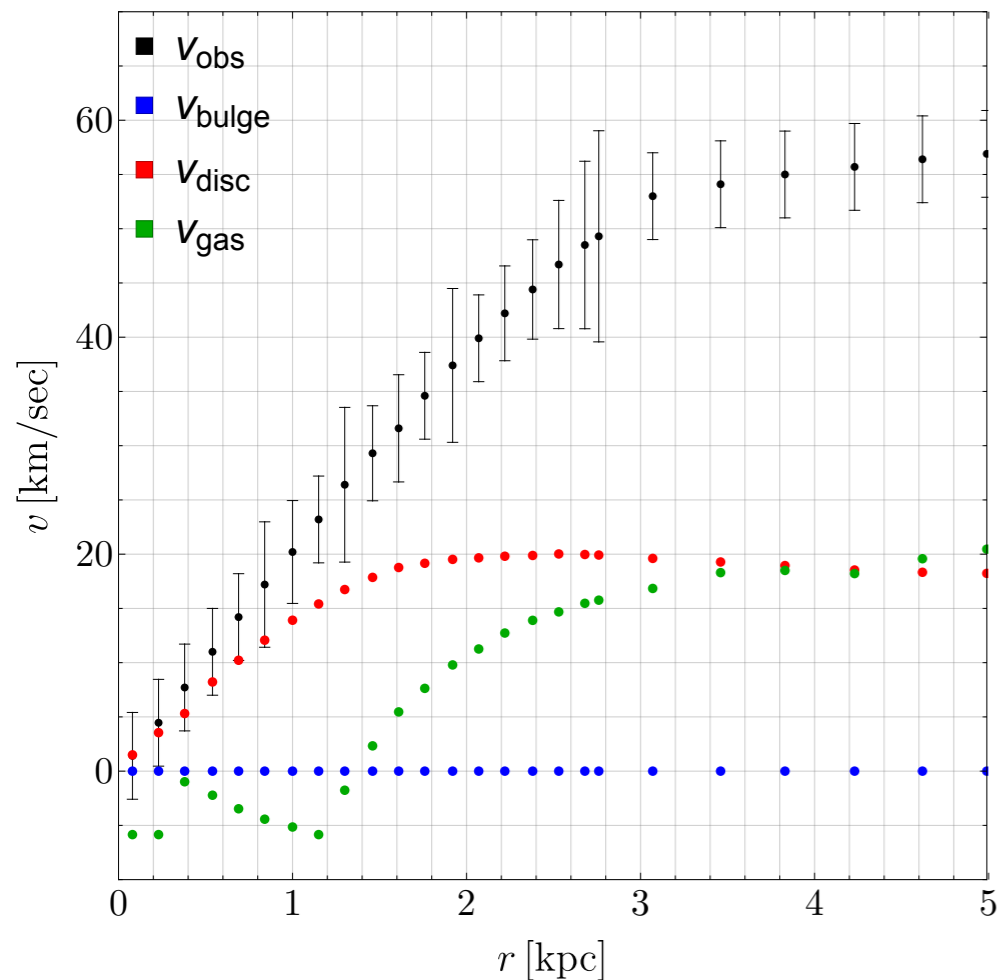
HOW DO WE TEST IT?



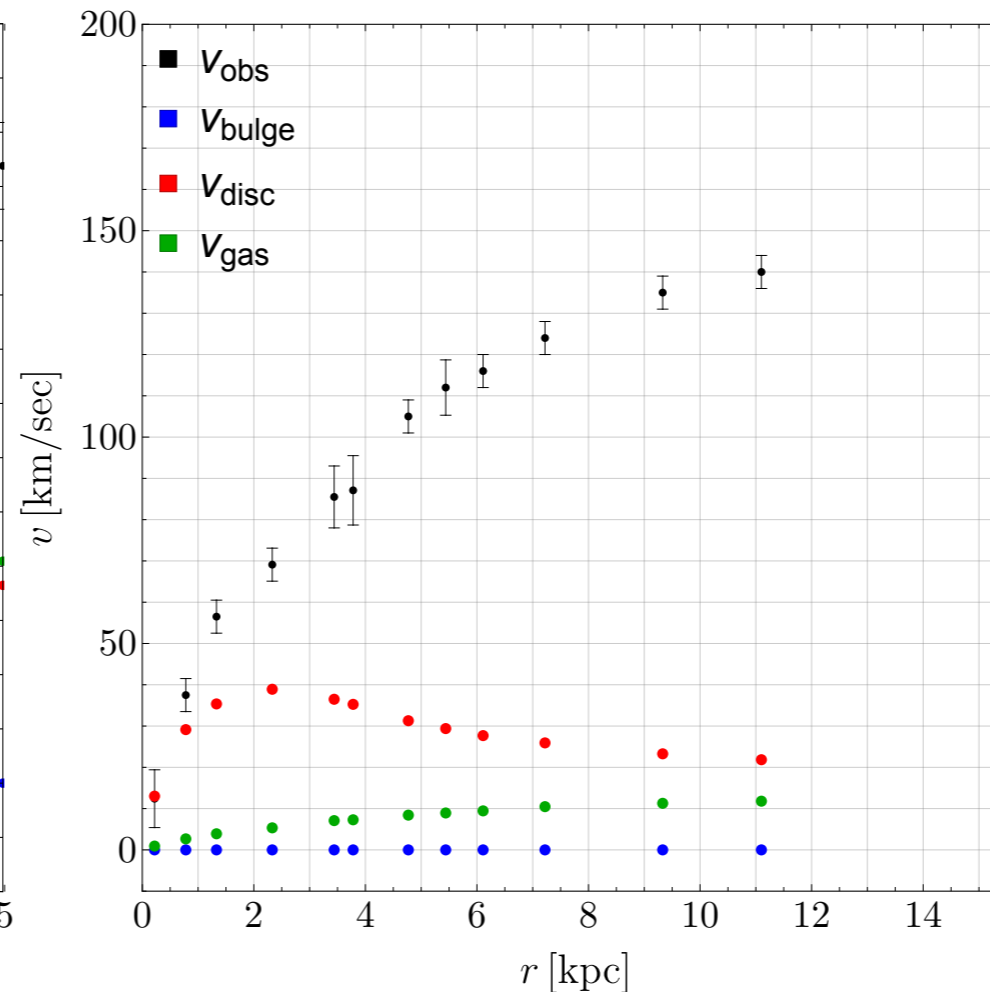
GALACTIC KINEMATIC DATA

- Significant data sets available: e.g. SPARC database
Lelli, McGaugh, Schombert (1606.09251)
- Over 175 galaxies: disc, bulge, and (sometimes) gas modelling

UGC01281



F571 – 8



ULDM Tests using SPARC:

- Spherical symmetry
Bar, Blas, Blum, Sibiryakov (1805.00122)
- Azimuthal symmetry
Bar, Blum, JE, Sato (1903.03402)

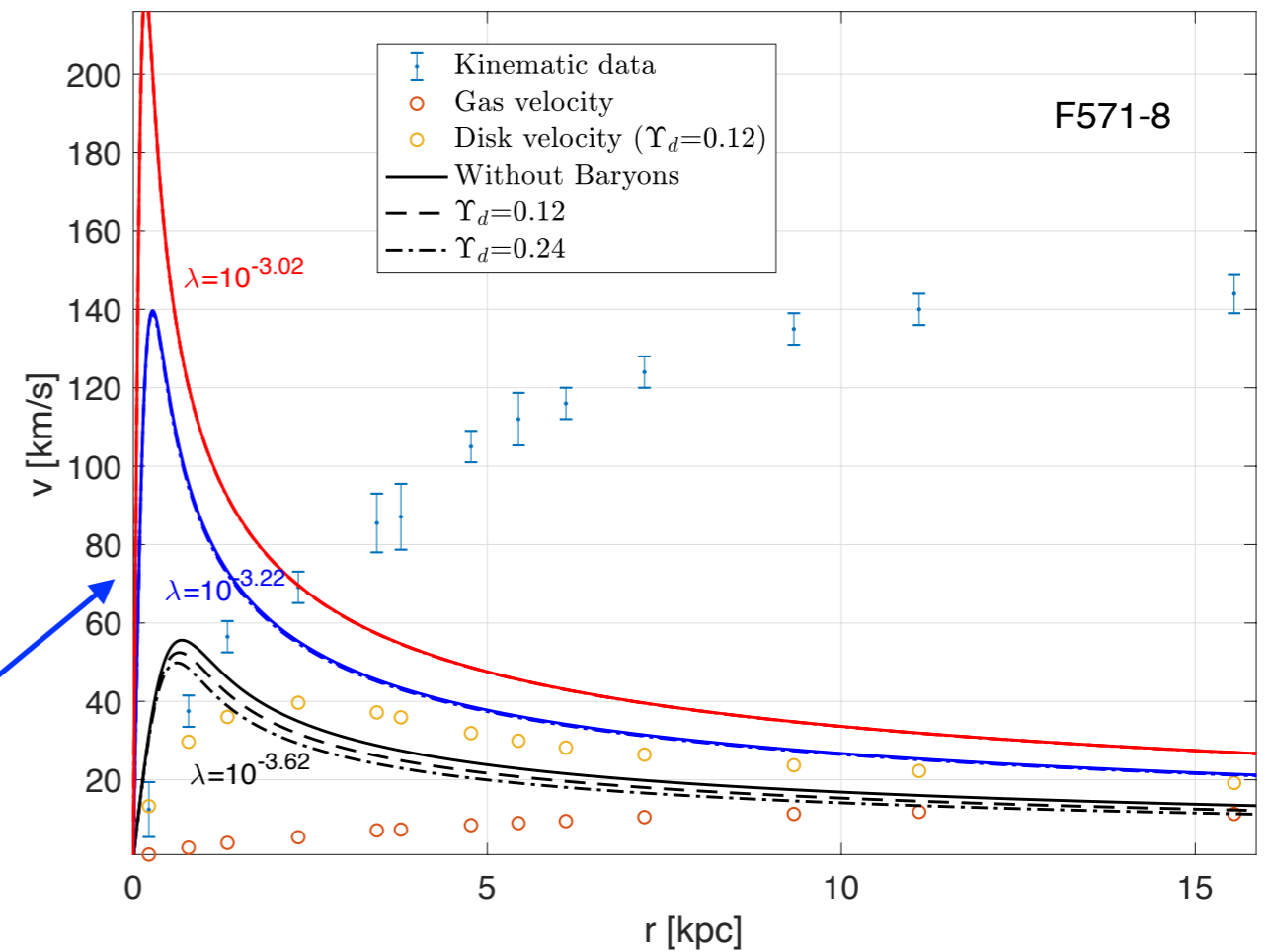
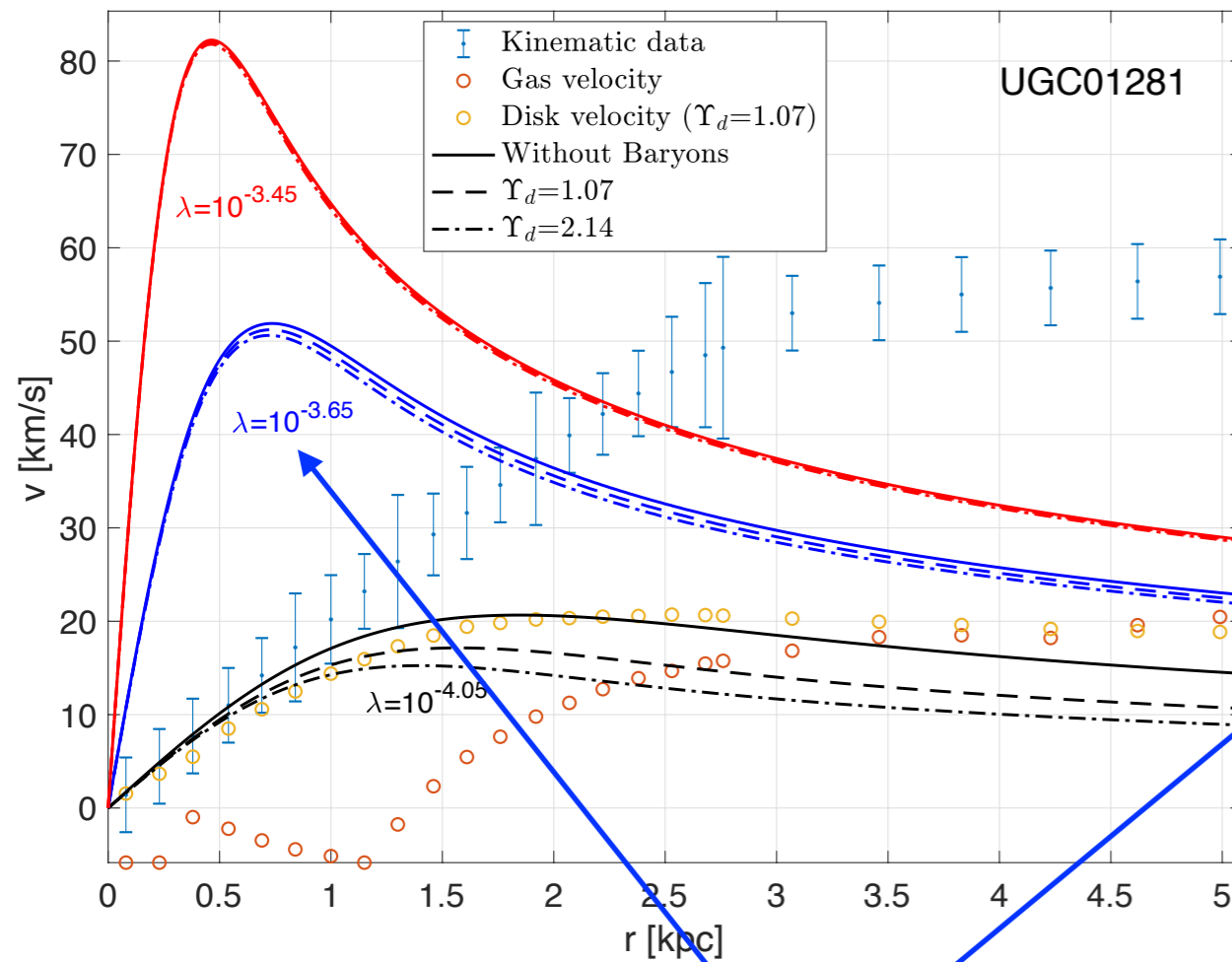
- Ideal tests: Clean; DM-dominated; mass range matches simulations
- Test ULDM prediction!

ULDM WITH BARYONS $m_\phi = 10^{-22} \text{ eV}$

Bar, Blas, Blum, Sibiriyakov (1805.00122)

Bar, Blum, JE, Sato (1903.03402)

Blue = Core-Halo Relation



+ dozens of similar results for other SPARC galaxies

- ULDM prediction of peak velocity in core fails badly in numerous galaxies
- If simulations are correct, $10^{-22} \text{ eV} \lesssim m_\phi \lesssim 10^{-21} \text{ eV}$ in tension with data
- Complimentary to constraint from Lyman- α , $m_\phi \lesssim 10^{-21} \text{ eV}$

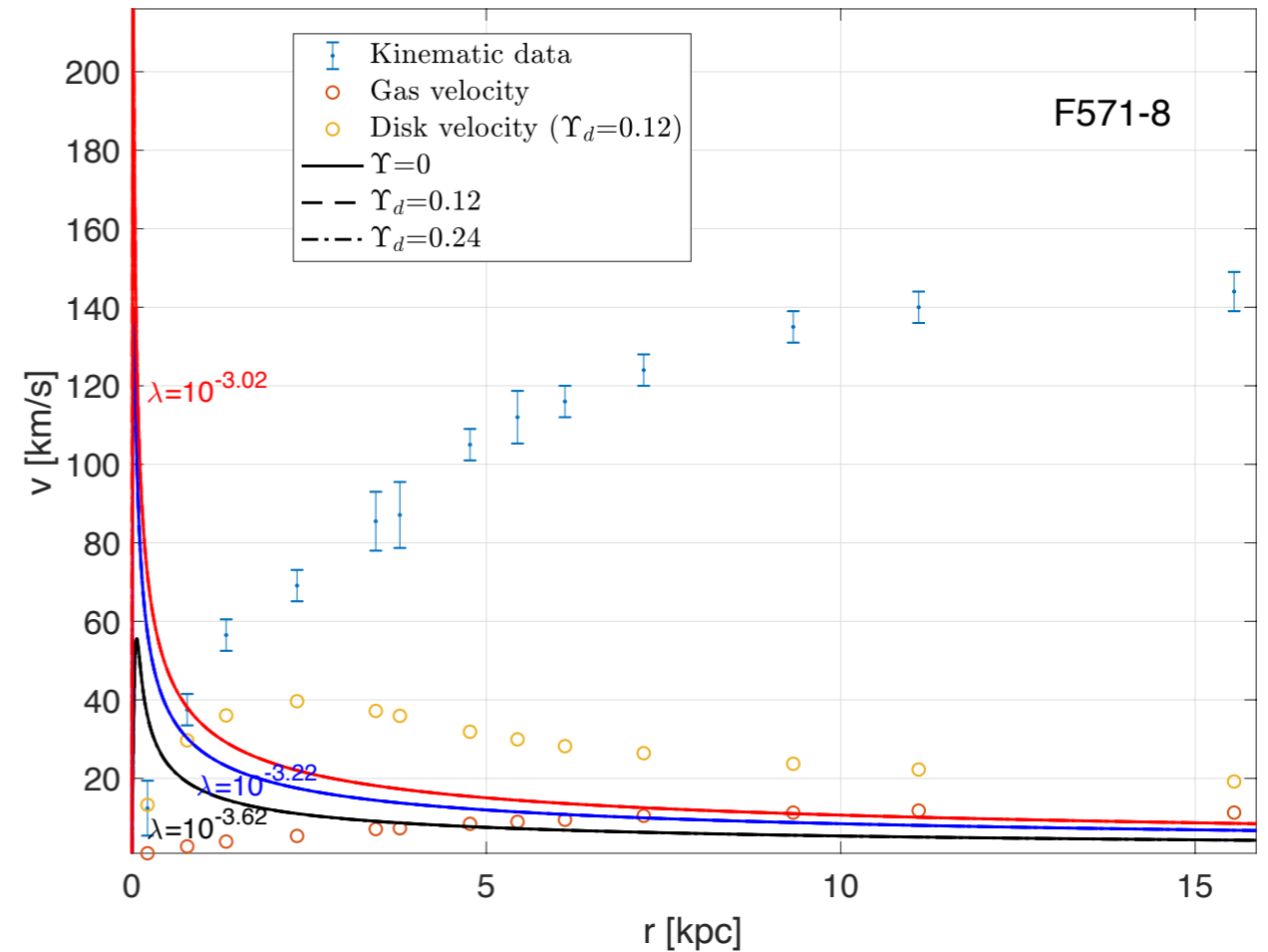
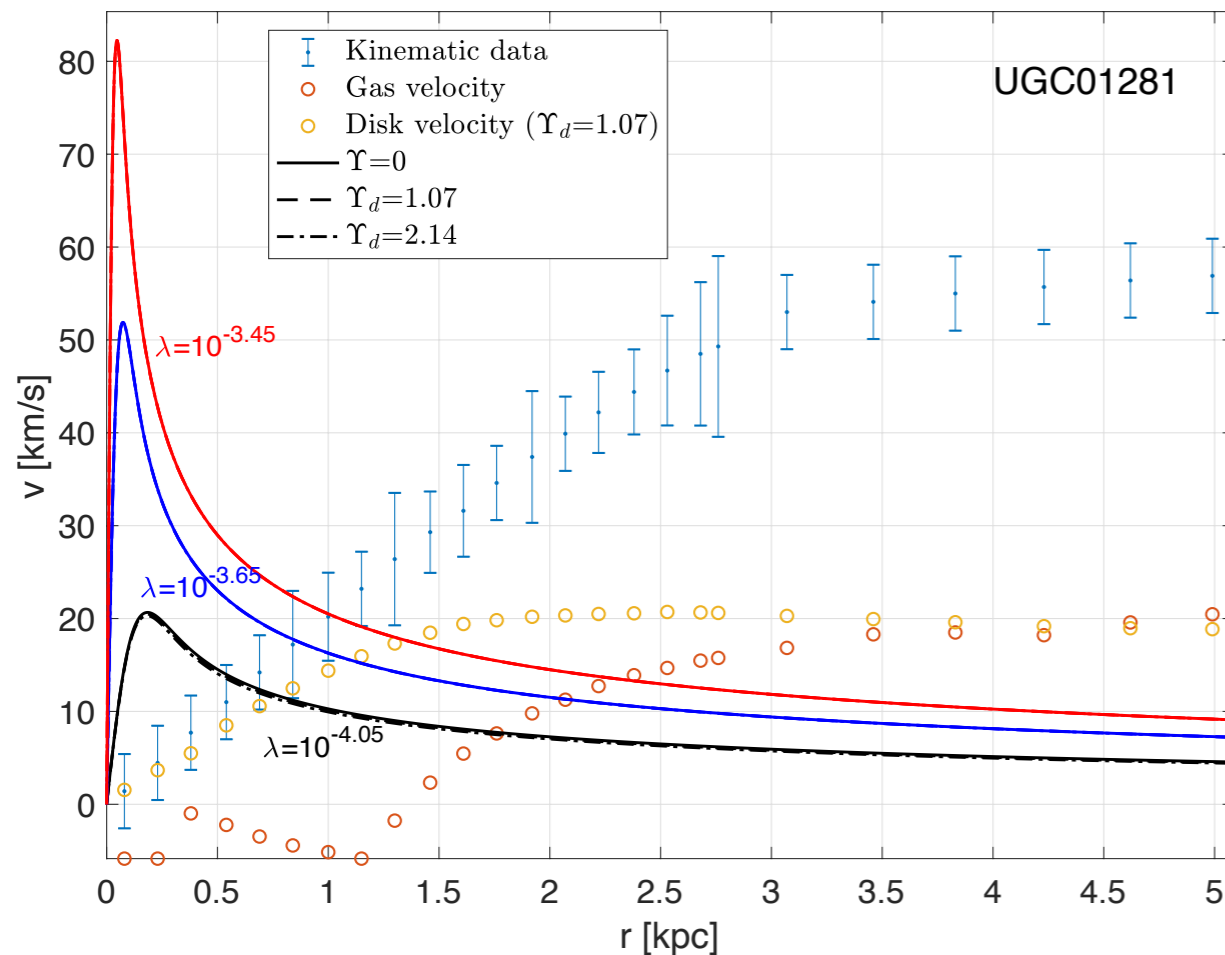
ULDM WITH BARYONS

$$m_\phi = 10^{-21} \text{ eV}$$

Bar, Blas, Blum, Sibiryakov (1805.00122)

Bar, Blum, JE, Sato (1903.03402)

Blue = Core-Halo Relation



- At higher masses, ULDM prediction of peak velocity in core marginally consistent
- Data at the level to constrain roughly $m_\phi \simeq 10^{-21} \text{ eV}$
 - To do better requires <10 pc observations. Difficult!
 - Aside: Recent simulation with baryons suggests further core growth
 - If true, increases discrepancy with data *Veltmaat, Schwabe, and Niemeyer (1911.09614)*

ANOTHER OBSERVABLE: ULDM FLUCTUATIONS OUTSIDE THE CORE

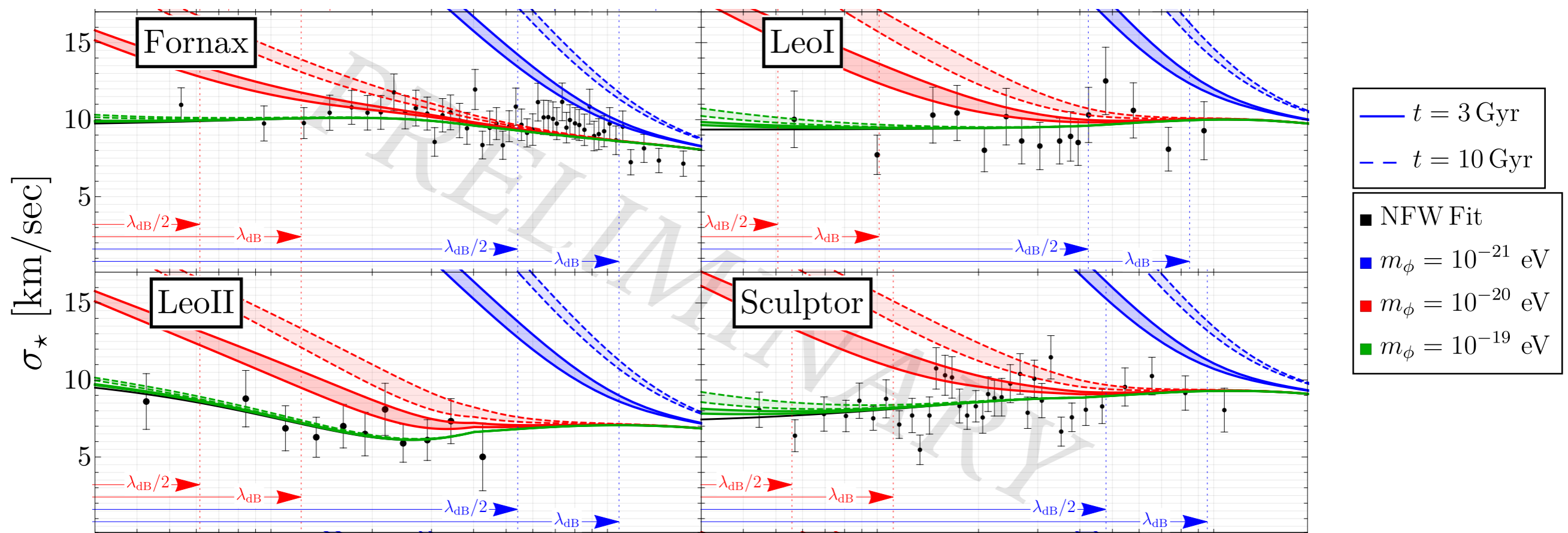
Blum, JE, Kim (To Appear)

- Two-body encounters with ULDM quasiparticles ‘heat’ populations of stars

$$\frac{d\sigma_{\star}^2}{dt} \simeq \frac{\sigma^2}{T_{\text{heat}}} \left(1 + \frac{2\sigma_{\star}^2}{\sigma^2} \right)^{-\frac{3}{2}} \quad \text{with } T_{\text{heat}} \simeq 0.14 \text{ Gyr} \left(\frac{m_{\phi}}{10^{-21} \text{ eV}} \right)^3 \left(\frac{0.01 \frac{M_{\odot}}{\text{pc}^3}}{\rho} \right)^2 \left(\frac{\sigma}{10 \frac{\text{km}}{\text{sec}}} \right)^6$$

Bar-Or, Fouvry, Tremaine (1809.07673)

- Can be probed in Milky Way Dwarf Spheroidal galaxies!

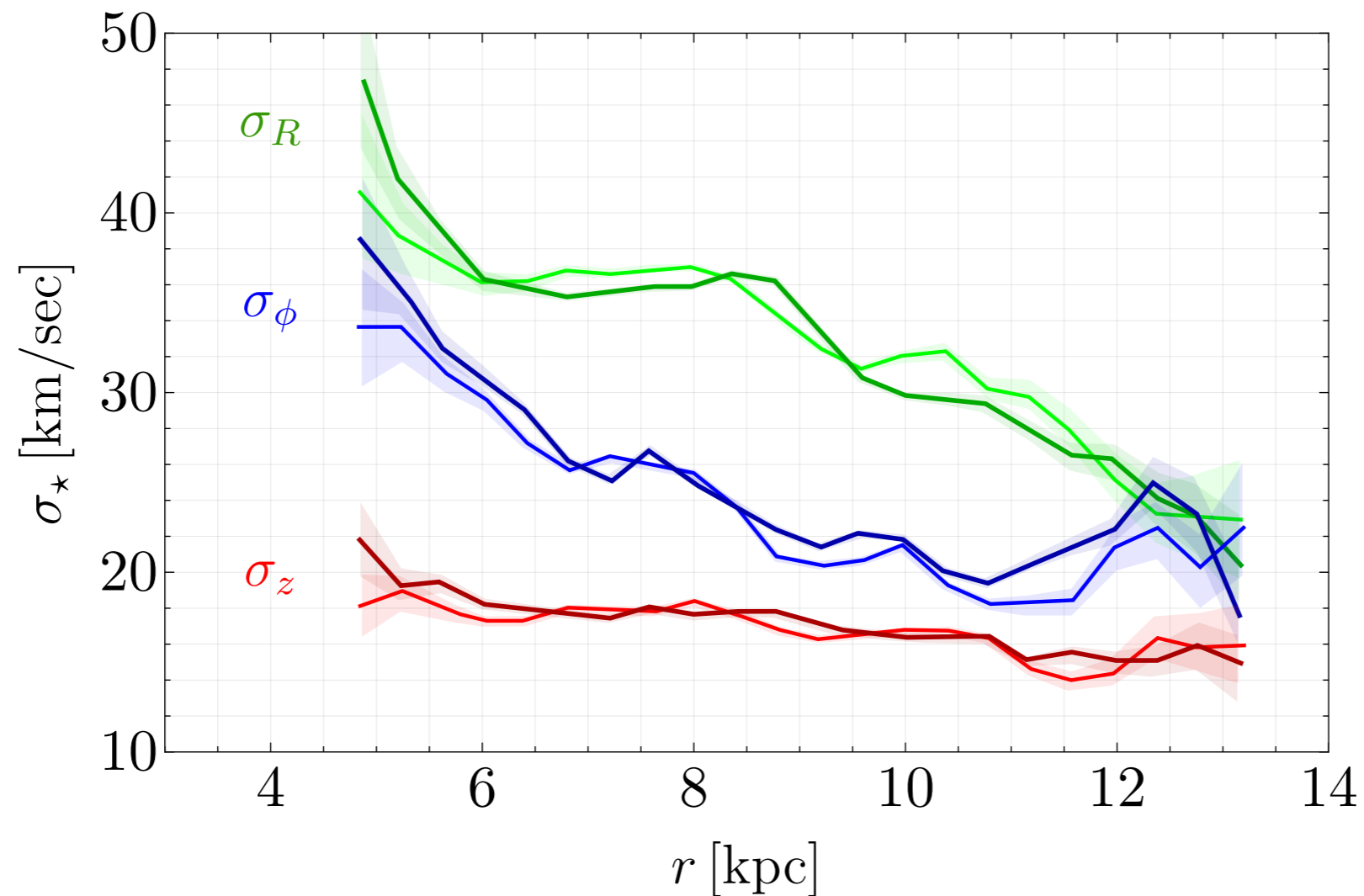


- Modifies Jeans analysis; possible tension; depends sensitively on details near λ_{dB}

PROBING ULDM WITH GAIA?

Blum, JE, Kim (To Appear)

- GAIA measures stellar velocity dispersion in the Milky Way (among other things)



- Can we probe ULDM and quasiparticle ‘heating’ of stellar populations with GAIA?
- Maybe not: Heating effect suppressed due to disc rotation
- Stay tuned to find out!

CONCLUSIONS

- ▶ Ultralight dark matter exhibits wave-like dynamics on galactic scales
- ▶ Simulations predict solitonic cores with particular mass and density
 - ▶ Resulting peak in circular velocity *not observed* in large sample of galaxies with high-precision kinematic data
 - ▶ Tension for $10^{-22} \text{ eV} \lesssim m_\phi \lesssim 10^{-21} \text{ eV}$ (depends on simulations)
- ▶ ULDM quasiparticles ‘heat’ stellar populations; possible observational reach to $10^{-21} \text{ eV} \lesssim m_\phi \lesssim 10^{-20} \text{ eV}$
- ▶ All such constraints depend on gravity only, and are thus extremely model-independent
- ▶ We can close the 70+ order-of-magnitude space in DM models!

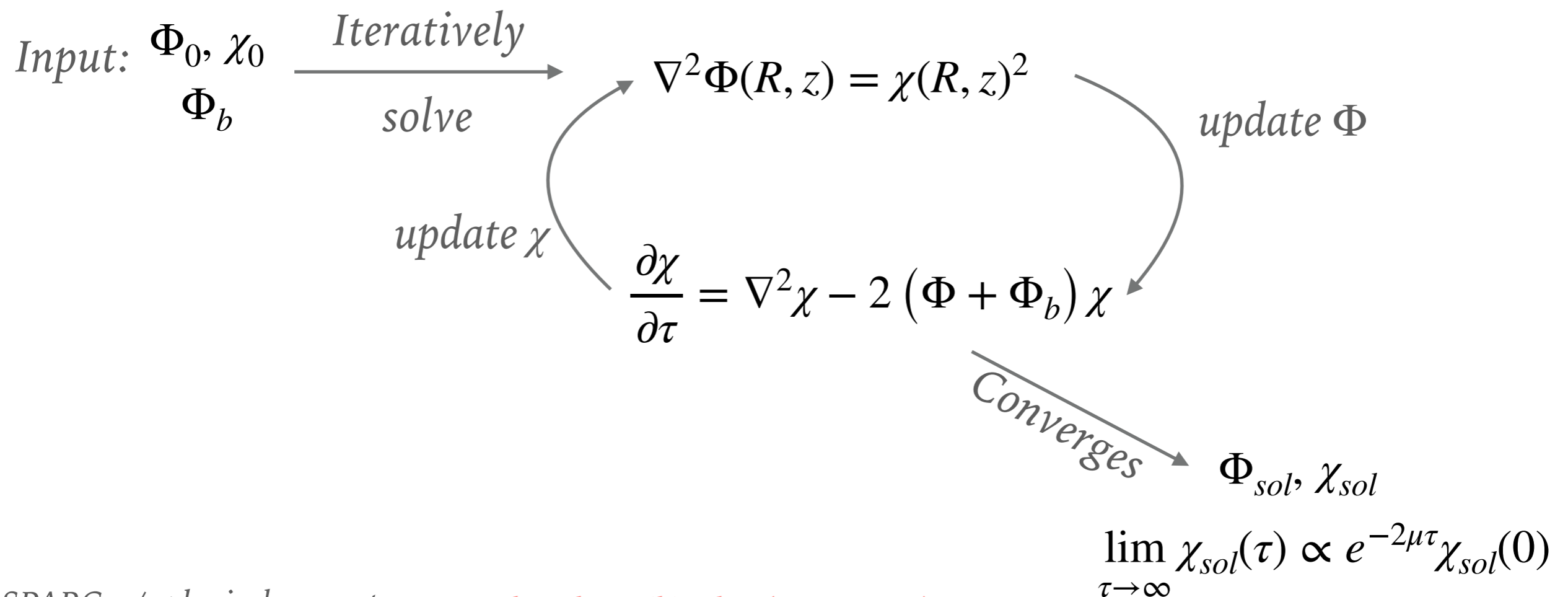
Thanks!

Thanks to Zuckerman STEM Leadership Program for financial support

**DIRECTOR'S CUT
(INCLUDES DELETED
SCENES)**

NON-SPHERICAL POTENTIALS

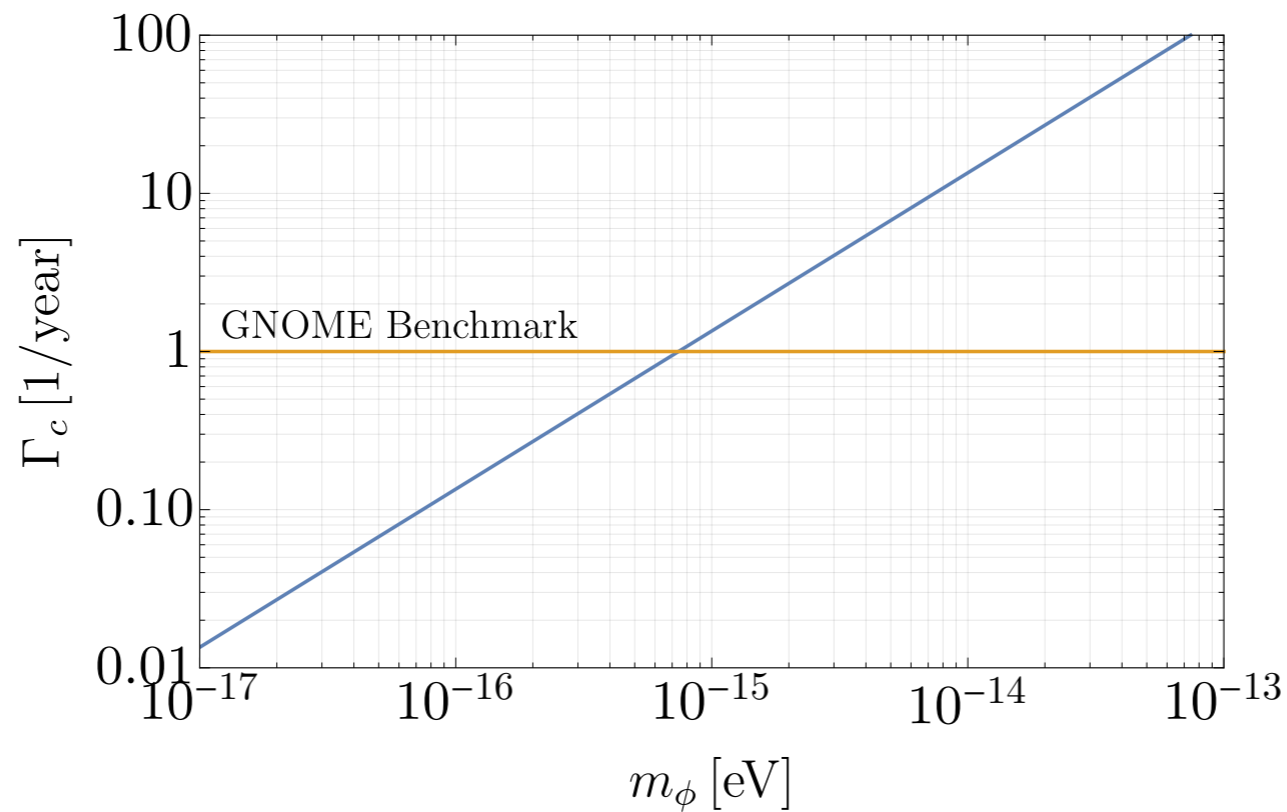
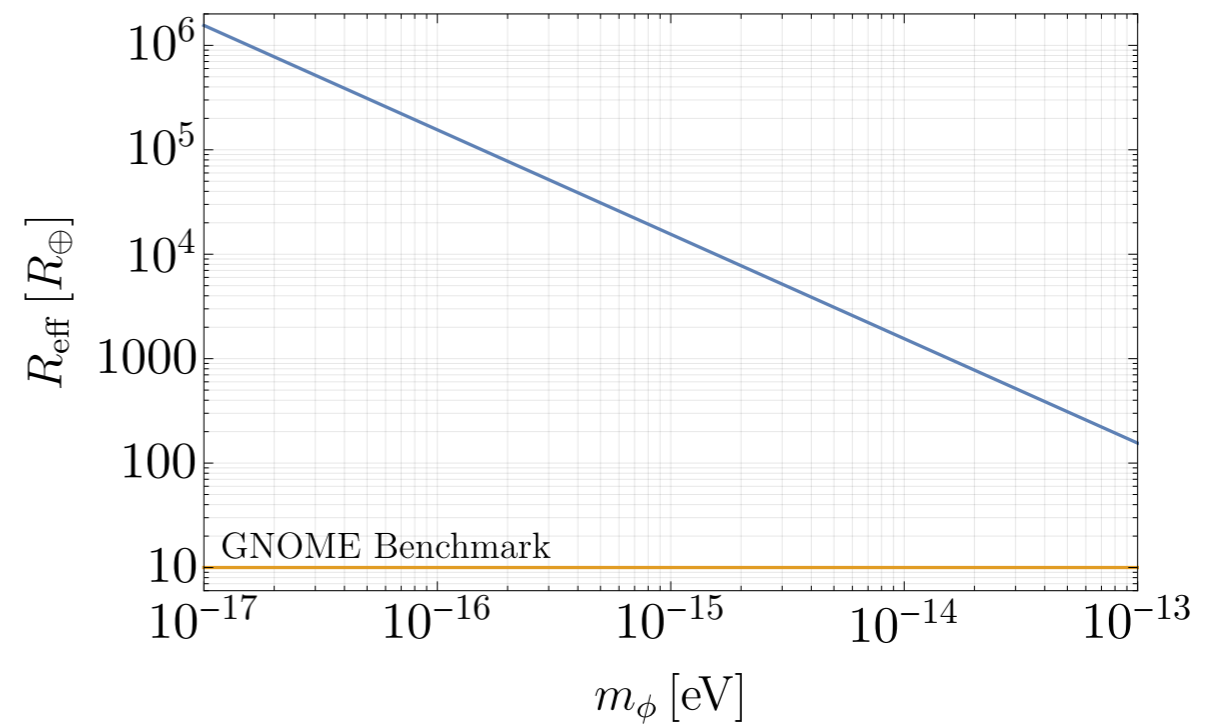
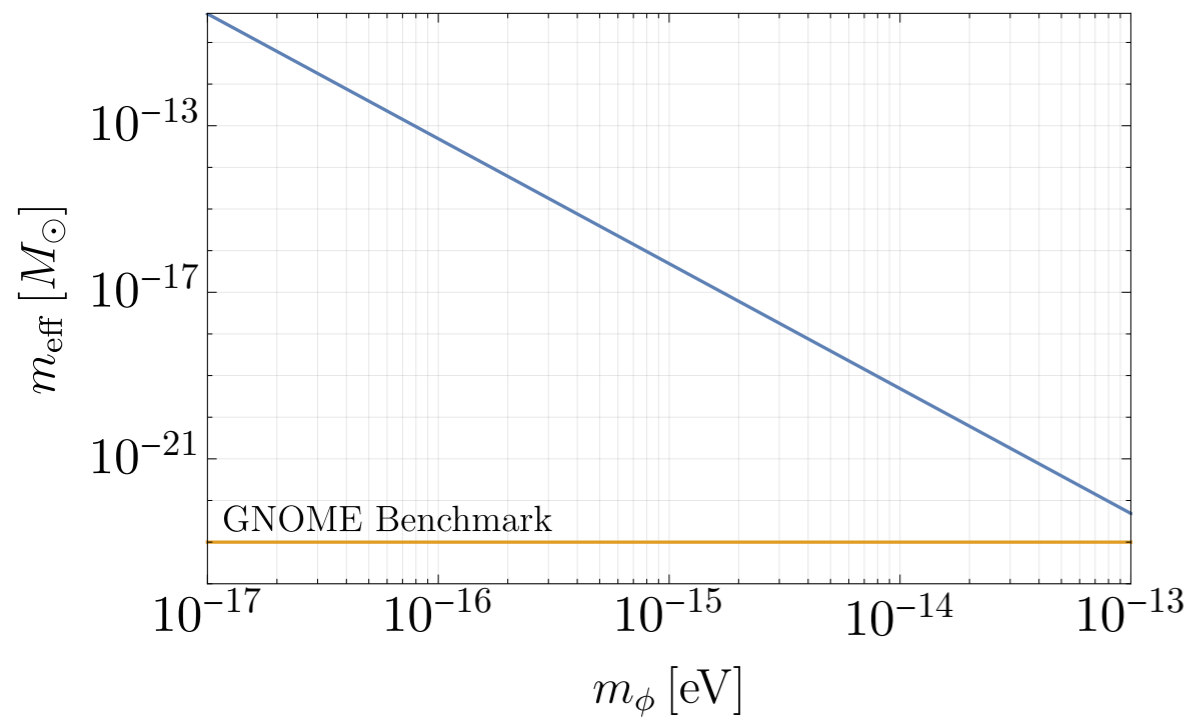
- Baryonic disc potentials introduce non-sphericity
- Shooting method inadequate to solve 2-D equations of motion
- Our work: successive over-relaxation method to solve 2-D EoM



SPARC w/ spherical symmetry *Bar, Blas, Blum, Sibiryakov (1805.00122)*

SPARC w/ azimuthal symmetry *Bar, Blum, JE, Sato (1903.03402)*

QUASIPARTICLE ENCOUNTERS



AXION STAR SCALES

“QCD” axion

$$m \sim 10^{-5} \text{ eV and } f \sim 10^{11} \text{ GeV}$$

Natural scale

$$M \sim 10^{-11} M_{\odot}$$

$$R \sim 100 \text{ km}$$

“FDM” axion

(“Fuzzy Dark Matter”)

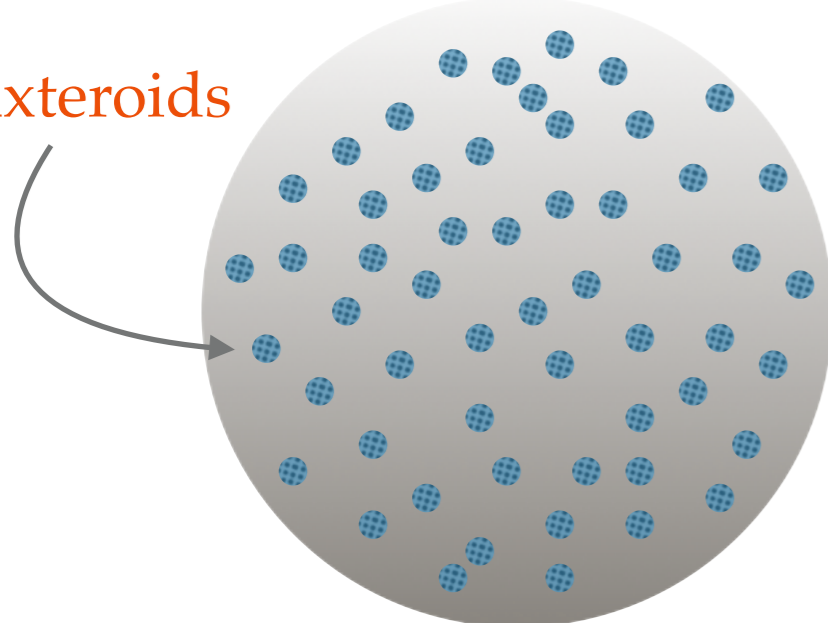
$$m \sim 10^{-22} \text{ eV and } f \sim 10^{16} \text{ GeV}$$

Natural scale

$$M \sim 10^{10} M_{\odot}$$

$$R \sim 100 \text{ pc}$$

Axteroids



Kolb and Tkachev (PRL 1993)

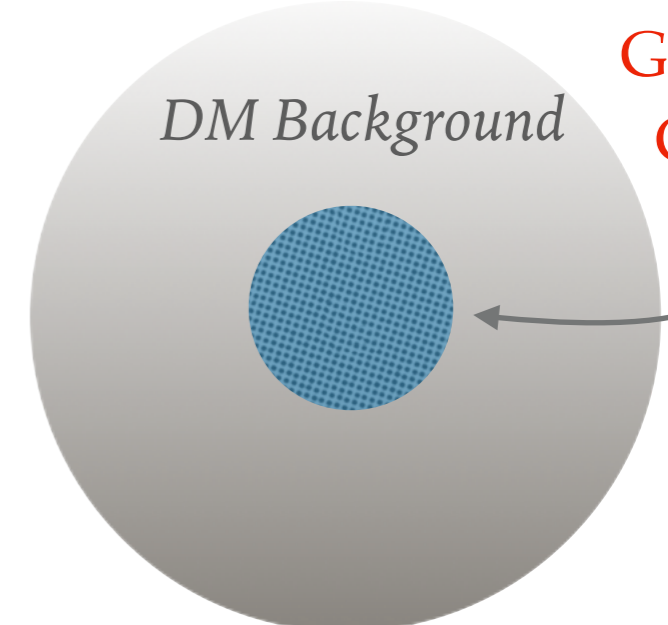
Vaquero, Redondo, Stadler (1809.09241)

Simulations give very different models for halo substructure

Could have $O(1)$ DM

fraction in clumps

Galaxy Core



Schive, Chiueh, Broadhurst (1406.6586)

ASIDE: OTHER BOUND STATES

$$i \frac{\partial \psi}{\partial t} = \left[-\frac{\nabla^2}{2m} + \cancel{V_g(|\psi|^2)} + V_{int}(|\psi|^2) \right] \psi$$

(attractive ϕ^4)

Chavanis (1103.2050), with Delfini (1103.2054)

“Transition axion star”
Unstable to perturbations

$$i \frac{\partial \psi}{\partial t} = \left[-\frac{\nabla^2}{2m} + \cancel{V_g(|\psi|^2)} + V_{int}(|\psi|^2) \right] \psi$$

(1 - cos ϕ/f)

Braaten, Mohapatra, Zhang (1512.00108)

“Dense axion star”
Unstable to decay

JE, Suranyi, Wijewardhana (1512.01709),
+ Ma (1705.05385)

$$i \frac{\partial \psi}{\partial t} = \left[-\cancel{\frac{\nabla^2}{2m}} + V_g(|\psi|^2) + V_{int}(|\psi|^2) \right] \psi$$

(repulsive ϕ^4)

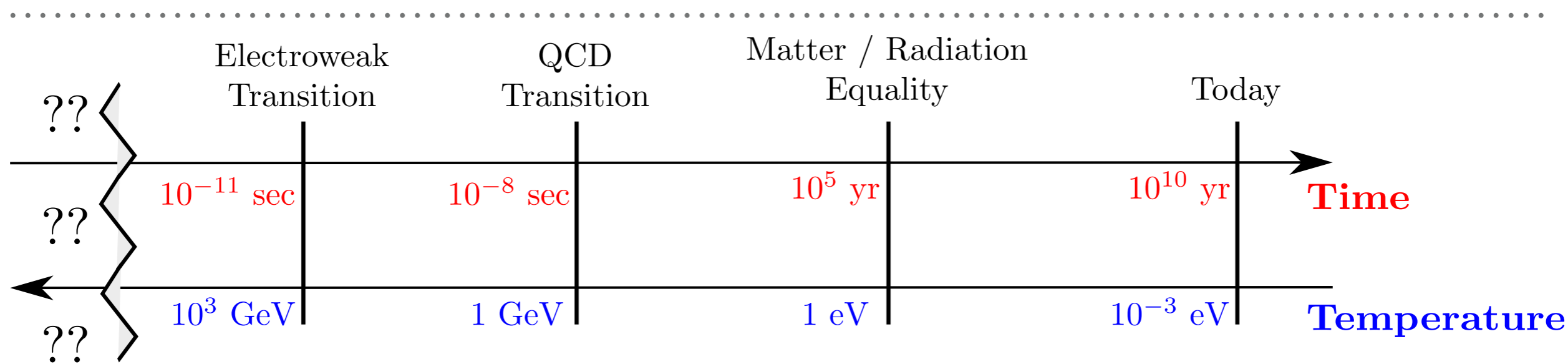
Colpi, Shapiro, Wasserman (PRL 1986)

Bohmer and Harko (0705.4158); now many others

“Repulsive boson star”?

Also stable! See however Jiji Fan (1603.06580)

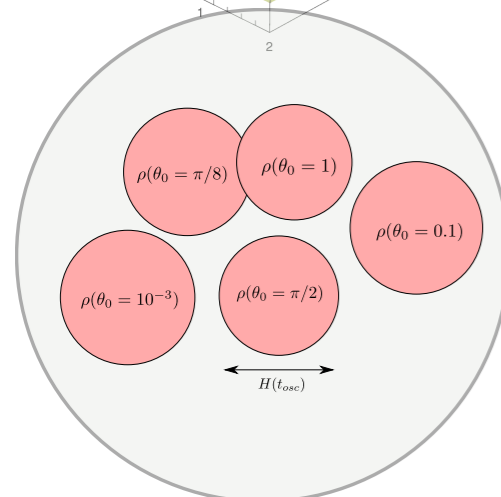
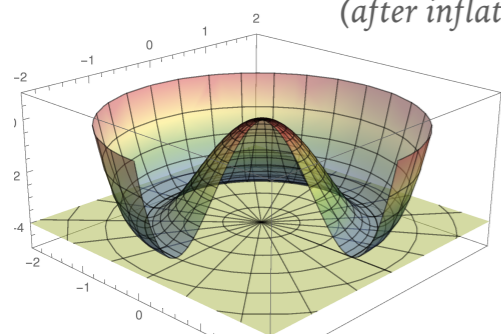
A BRIEF HISTORY



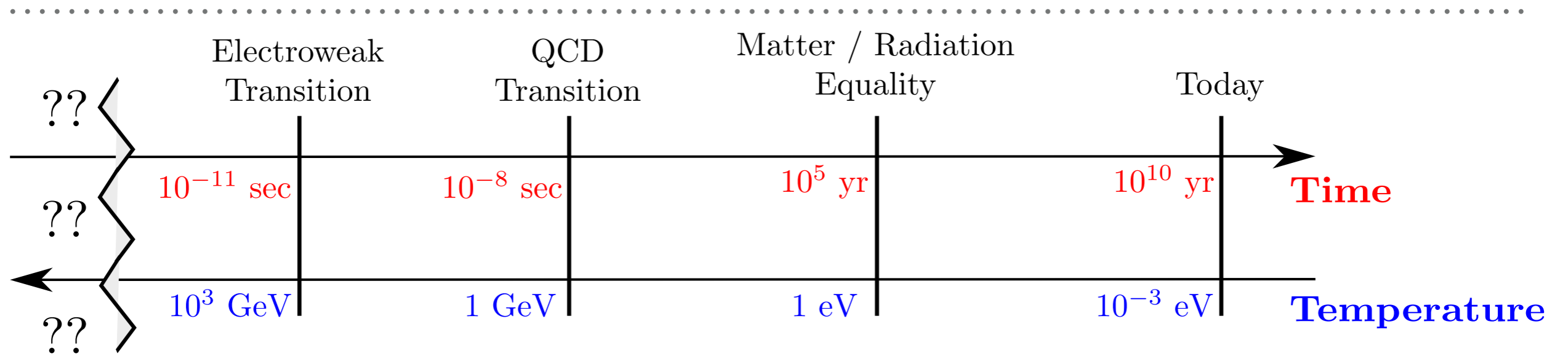
High energy scale f :

Broken global symmetry

(after inflation)



A BRIEF HISTORY



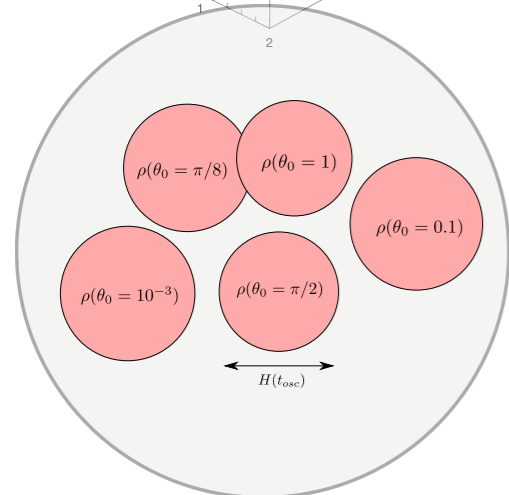
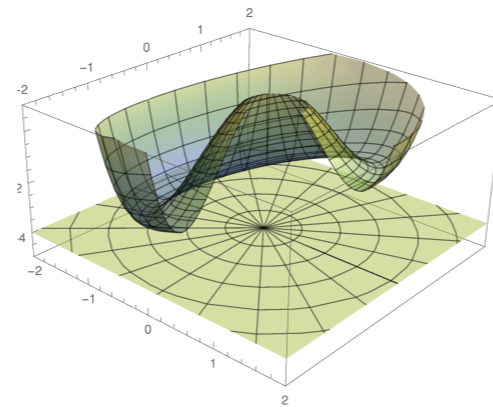
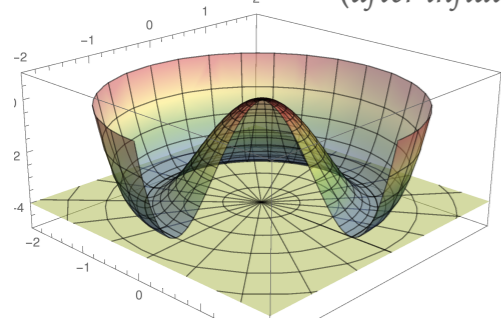
High energy scale f :

Broken global symmetry

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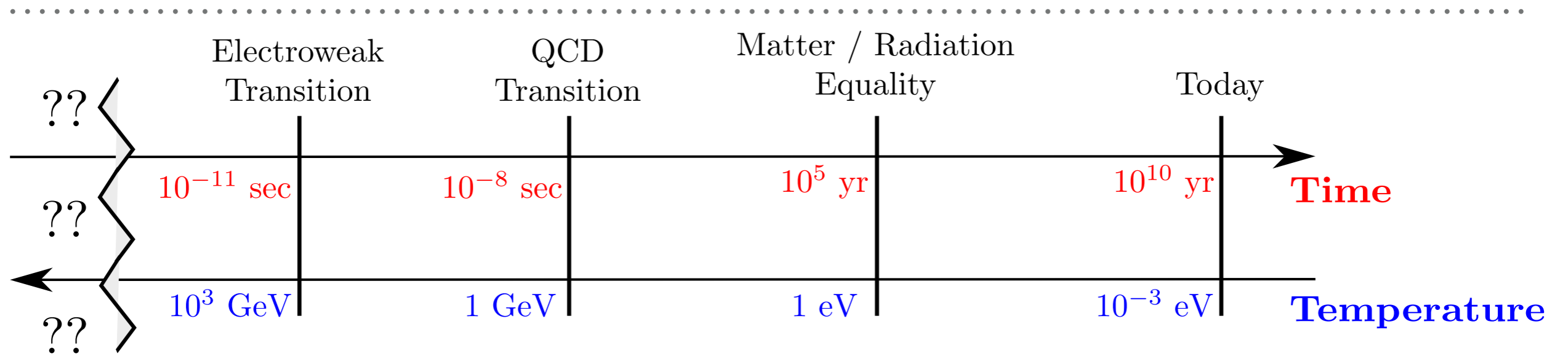
Lower energy scale: $\Lambda = \sqrt{m_\phi f}$

Tilt potential, obtain mass



Axion
Miniclusters

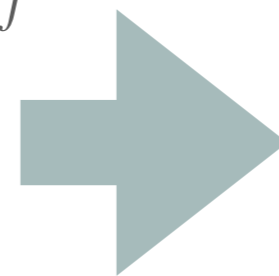
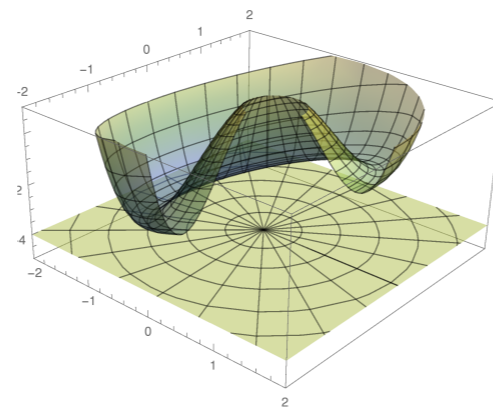
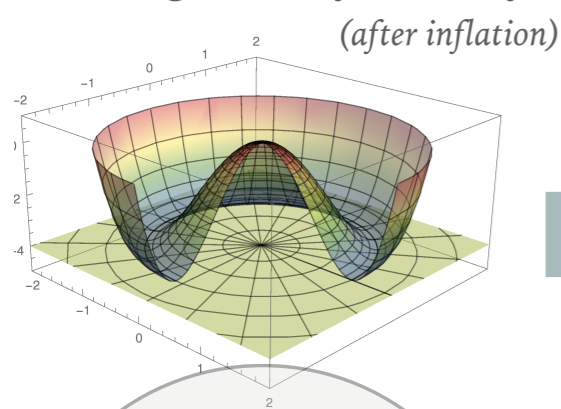
A BRIEF HISTORY



High energy scale f :
Broken global symmetry
(after inflation)

Lower energy scale: $\Lambda = \sqrt{m_\phi f}$
Tilt potential, obtain mass

Coherently Oscillating
Scalar Field



$$\omega \simeq m_\phi$$

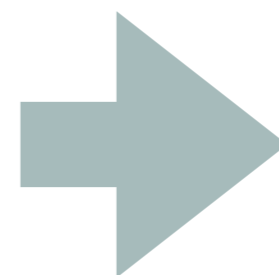
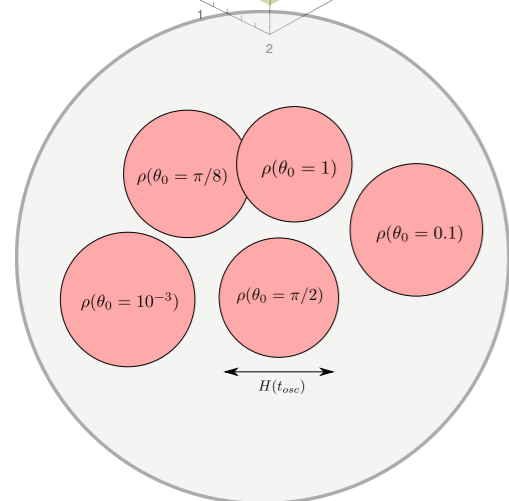
Relaxation?

Cooling?

Fragmentation?

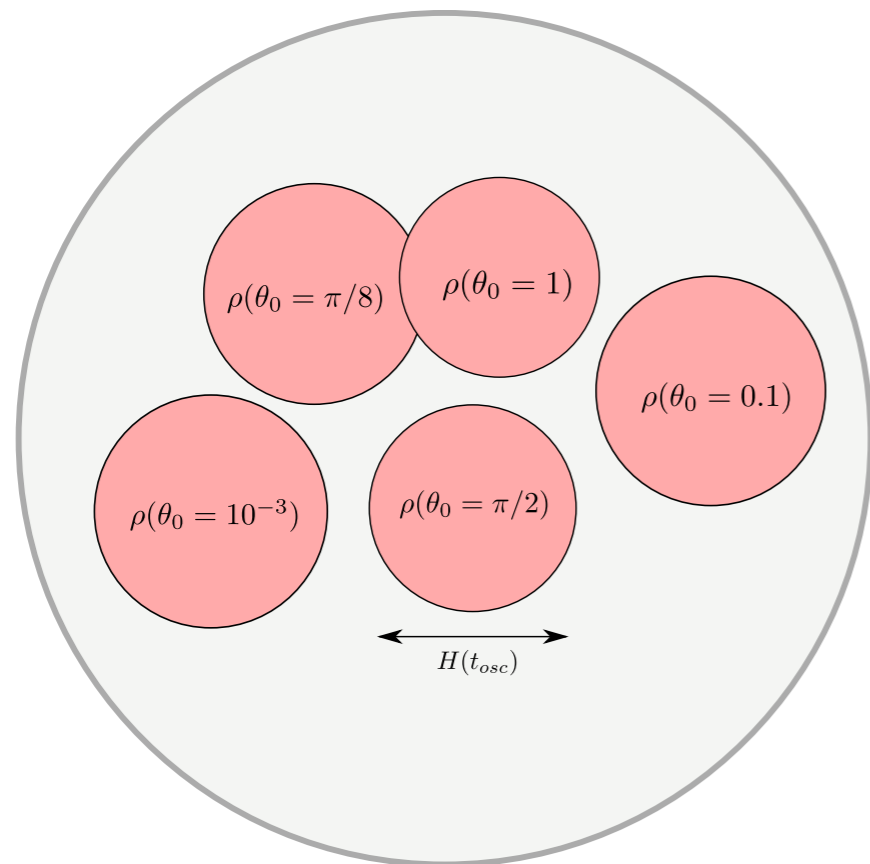
Axion
Miniclusters

**Axion
Stars**



FORMATION IN EARLY UNIVERSE (QCD)

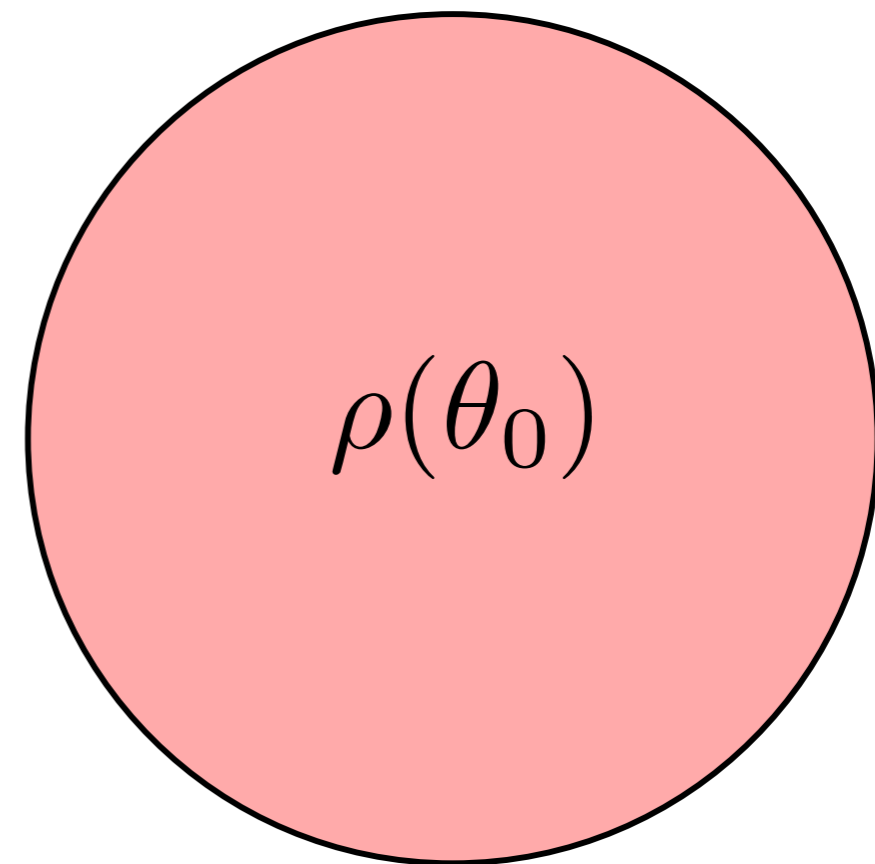
Inflation before PQ breaking



$$\Omega_a \sim \left(\frac{f}{10^{12} \text{ GeV}} \right)^{7/6} \langle \theta_0^2 \rangle$$

Axion
Miniclusters

Inflation after PQ breaking



$$\Omega_a \sim \left(\frac{f}{10^{12} \text{ GeV}} \right)^{7/6} \theta_0^2$$

Isocurvature Only

AXION POTENTIAL

NR Limit:

$$V(\phi) = m^2 f^2 \left[1 - \cos\left(\frac{\phi}{f}\right) \right]$$

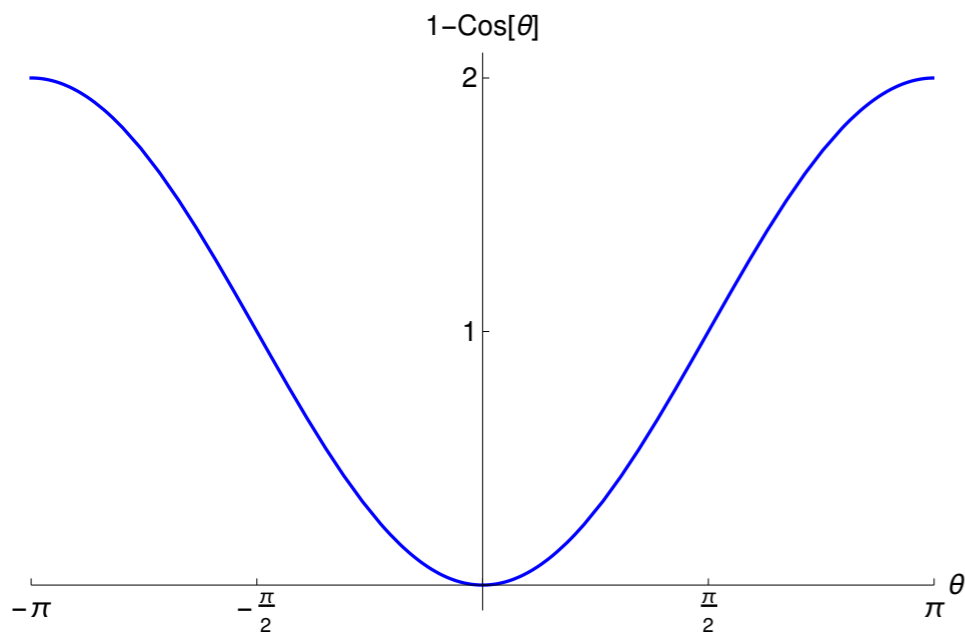
$$= \frac{m^2}{2} \phi^2 - \frac{m^2}{4! f^2} \phi^4 + \dots$$

$$\phi = \frac{1}{\sqrt{2m}} \left[e^{-imt} \psi + \underbrace{c.c.}_{\phi \text{ (If is real)}} \right]$$

$$V_{eff} = V(\phi) - \frac{m^2}{2} \phi^2$$

$$= m^2 f^2 \left[1 - J_0\left(\sqrt{\frac{\psi^* \psi}{2 m f^2}}\right) \right] - \frac{m}{2} |\psi|^2 + \mathcal{O}(e^{\pm imt})$$

$$= -\frac{1}{8 f^2} |\psi|^4 + \dots$$



$$i \frac{\partial \psi}{\partial t} = \left[-\frac{\nabla^2}{2m} + V_g(|\psi|^2) + V_{eff}(|\psi|^2) \right] \psi$$

AXION POTENTIAL

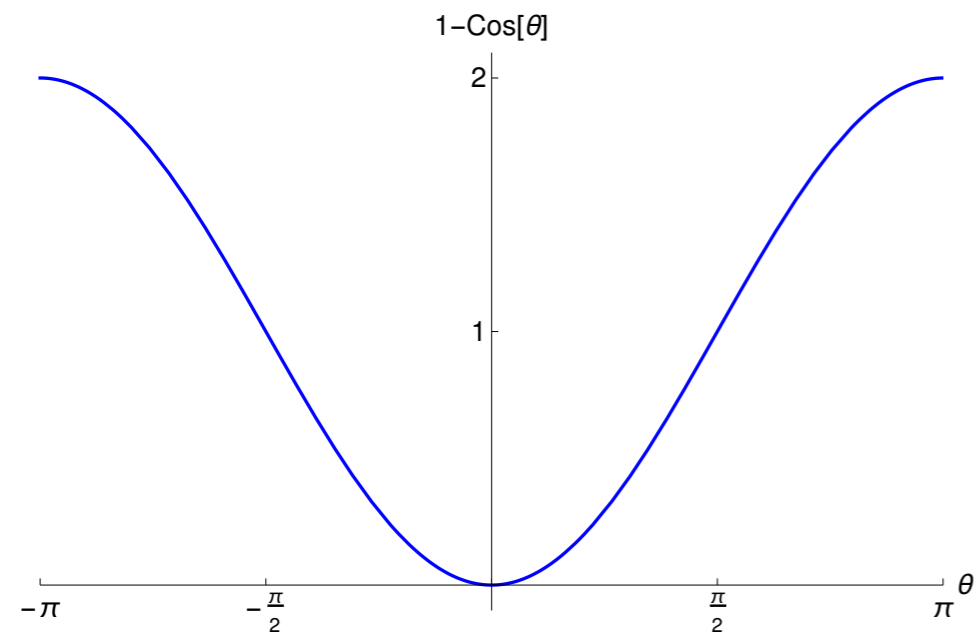
NR Limit:

$$V(\phi) = m^2 f^2 \left[1 - \cos\left(\frac{\phi}{f}\right) \right]$$

$$= \frac{m^2}{2} \phi^2 - \frac{m^2}{4! f^2} \phi^4 + \dots$$

$$\phi = \frac{1}{\sqrt{2m}} \left[e^{-imt} \psi + \text{c.c.} \right]$$

ϕ (If ψ is real)



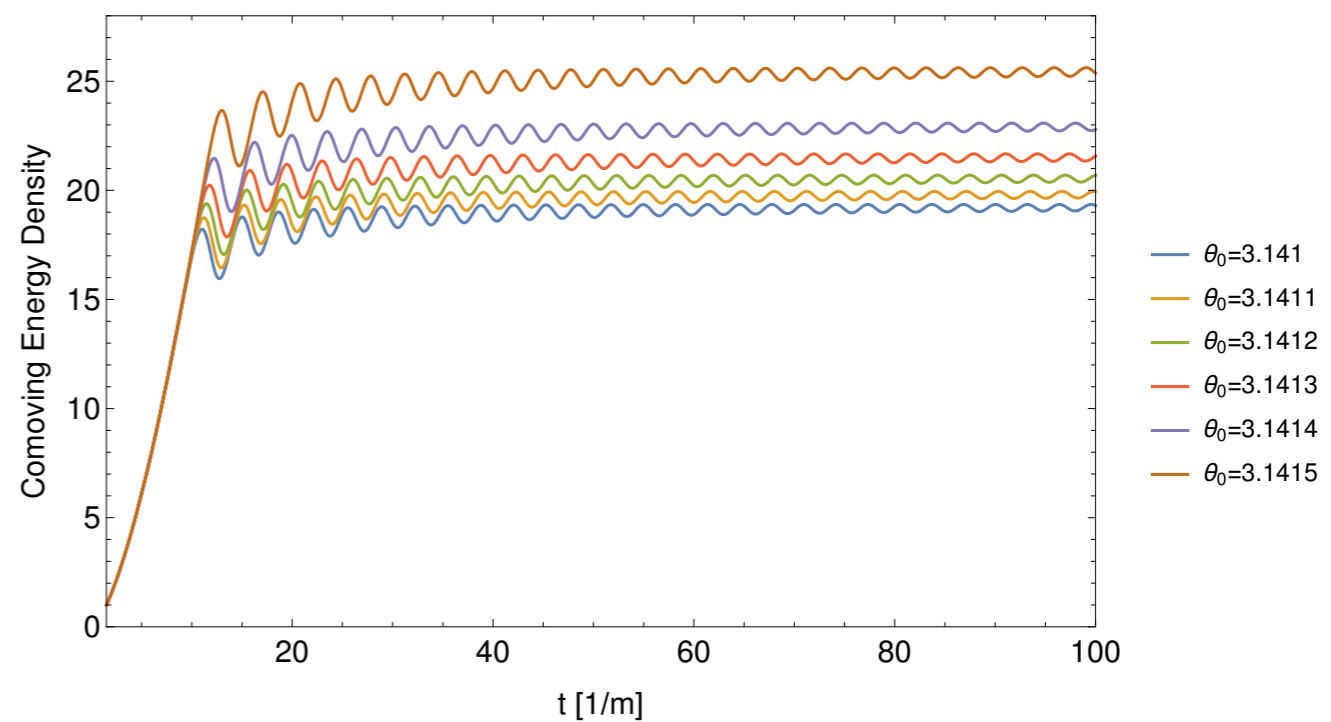
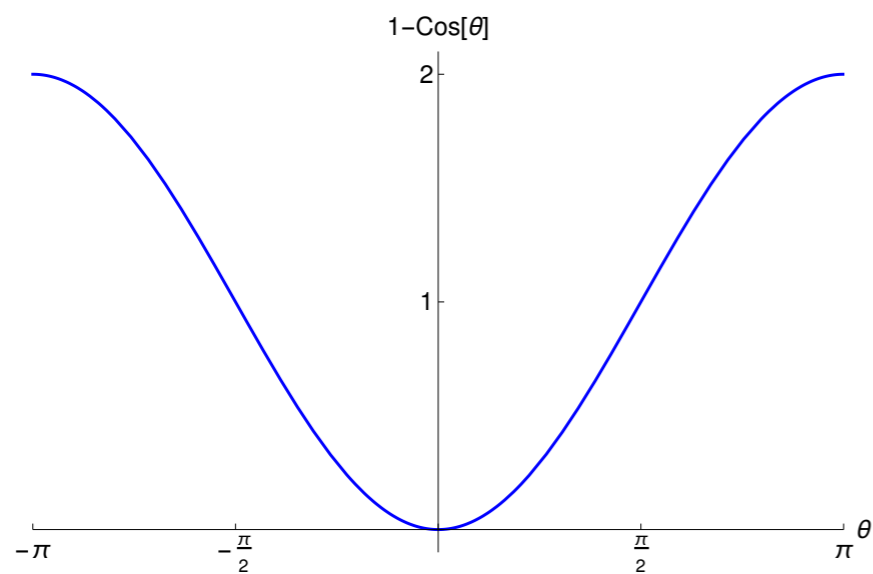
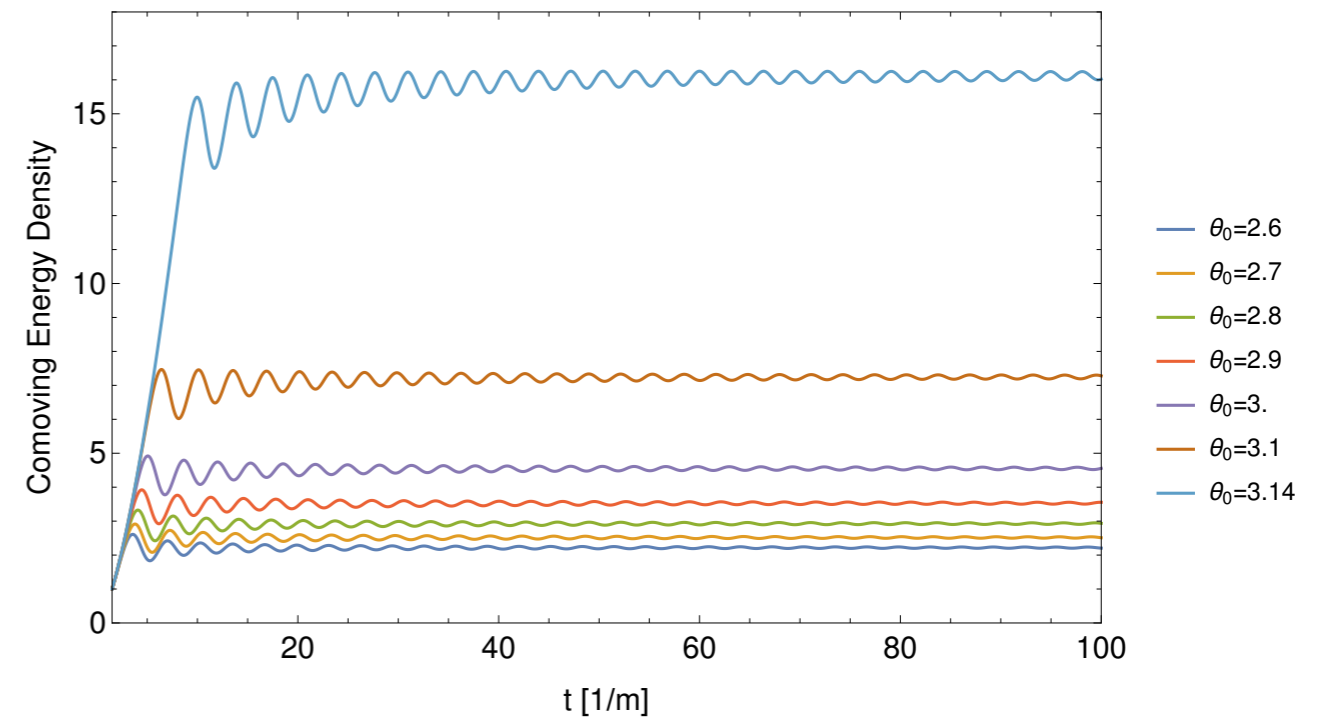
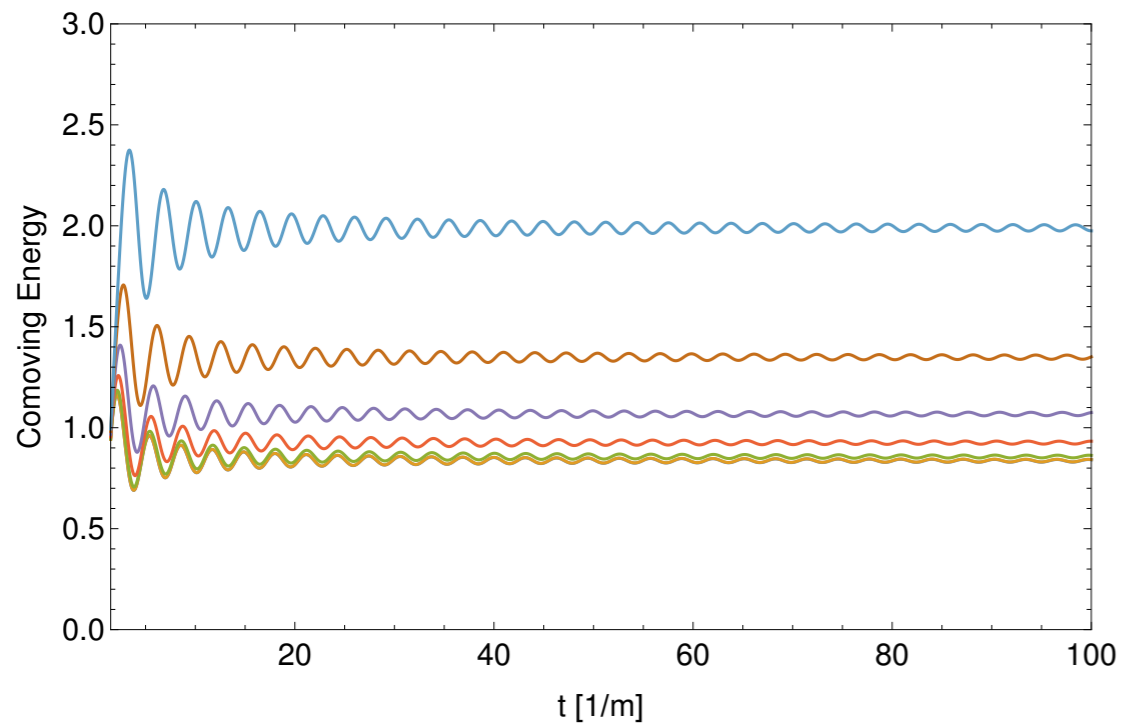
$$V_{eff} = V(\phi) - \frac{m^2}{2} \phi^2$$

$$= m^2 f^2 \left[1 - J_0\left(\sqrt{\frac{\psi^* \psi}{2 m f^2}}\right) \right] - \frac{m}{2} |\psi|^2 + \mathcal{O}(e^{\pm i m t})$$

$$= -\frac{1}{8 f^2} |\psi|^4 + \dots$$

$$i \frac{\partial \psi}{\partial t} = \left[-\frac{\nabla^2}{2m} + V_g(|\psi|^2) + V_{eff}(|\psi|^2) \right] \psi$$

EARLY UNIVERSE OVERDENSITIES



ORIGINAL AXION MINICLUSTER SIMULATIONS

VOLUME 71, NUMBER 19

PHYSICAL REVIEW LETTERS

8 NOVEMBER 1993

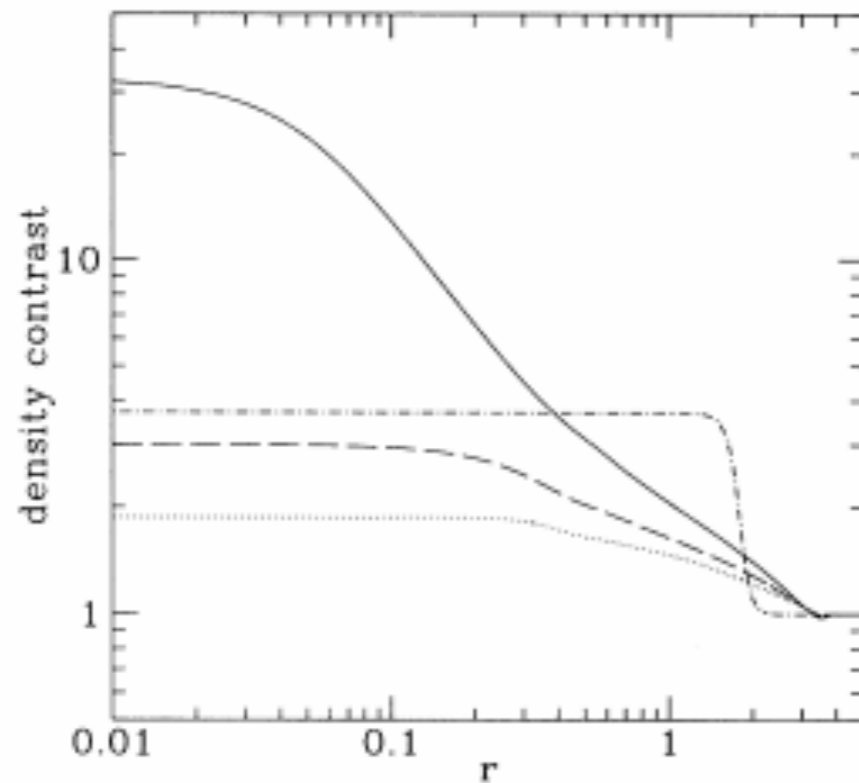


FIG. 2. Energy density profiles at $\bar{\eta}=4$ for identical initial fluctuations evolved with different Lagrangians. Solid line: axion case; dashed line: $V(\theta) \propto \theta^2/2$; dotted line: $V(\theta) \propto \theta^2/2 + \theta^4/4$; dash-dotted line: axion potential with field gradients switched off.

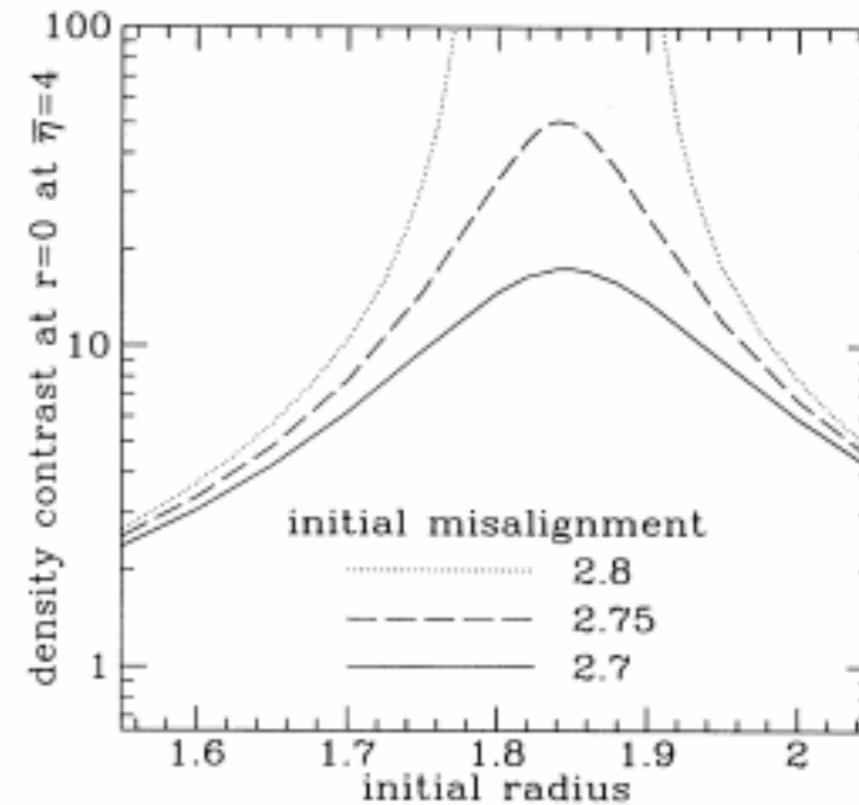


FIG. 3. Dependence of density contrast in the center of a fluctuation at $\bar{\eta}=4$ upon the initial radius of a fluctuation for several values of the initial misalignment angle inside the fluctuation.

[Kolb and Tkachev, PRL 1993]

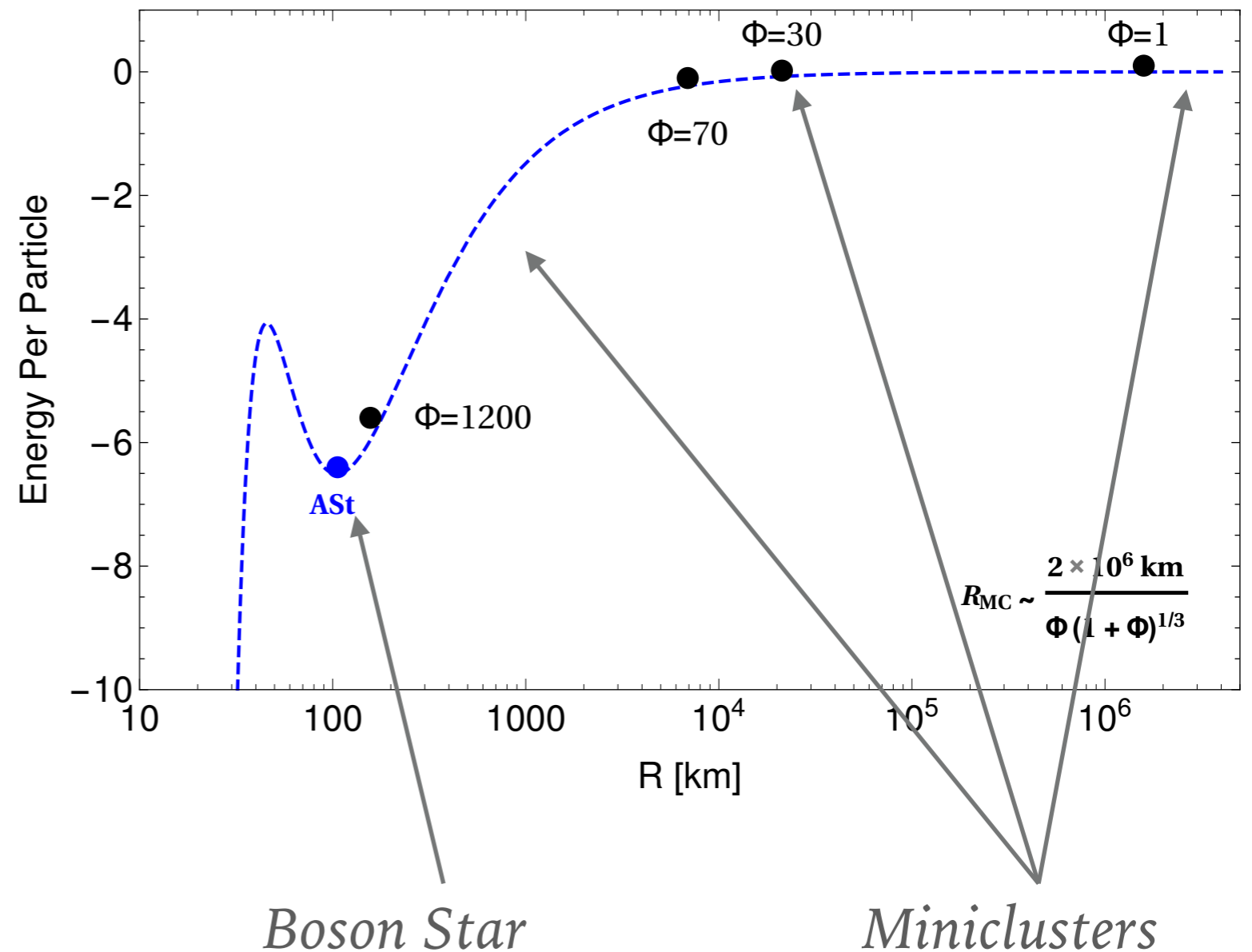
RELAXATION?

- Initial overdensity

$$\rho_{mc,osc} \equiv \delta_0 \rho_{bg,osc}$$

- Grows with scale factor

$$\rho_{mc} \propto \delta_0^4 \rho_{bg}$$



BOSON STARS

Gross-Pitaevskii + Poisson (GPP)

► Nonrelativistic, classical field:

$$\nabla^2 V_g = 4\pi G m_\phi^2 |\psi|^2$$

(Attractive)

Normalization

$$m_\phi \int d^3r |\psi|^2 = M_\star$$

Leading time dependence

$$\dot{\psi} \sim (\mu - m_\phi)\psi \ll m_\phi\psi \quad i \frac{\partial \psi}{\partial t} = \left[-\frac{\nabla^2}{2m_\phi} + V_g(|\psi|^2) + V_{int}(|\psi|^2) \right] \psi$$

Kinetic energy
(Repulsive)

Self-interactions

For axion potential,

$$V(\phi) = m_\phi^2 f^2 \left[1 - \cos\left(\frac{\phi}{f}\right) \right] = \frac{m_\phi^2}{2} \phi^2 - \frac{1}{4!} \left(\frac{m_\phi}{f}\right)^2 \phi^4 + \frac{1}{6! f^2} \left(\frac{m_\phi}{f}\right)^2 \phi^6 - \dots$$

$$E(\psi) = \int d^3r \left[\frac{|\nabla\psi|^2}{2m_\phi} + \frac{1}{2} V_g |\psi|^2 - \frac{\lambda}{16m_\phi^2} |\psi|^4 + \frac{g}{m_\phi^5} |\psi|^6 - \dots \right]$$

$$\frac{E}{M_\star} \sim \underbrace{\frac{a}{R_\star^2} - \frac{b M_\star}{R_\star}}_{\text{Large radius}} - \underbrace{\frac{c M_\star}{R_\star^3} + \frac{d M_\star^2}{R_\star^6}}_{\text{Small radius}} - \dots$$

STABLE BOUND STATES

Dilute *Chavanis (1103.2050), with Delfini (1103.2054)*

Dense *Braaten, Mohapatra, Zhang (1512.00108)*

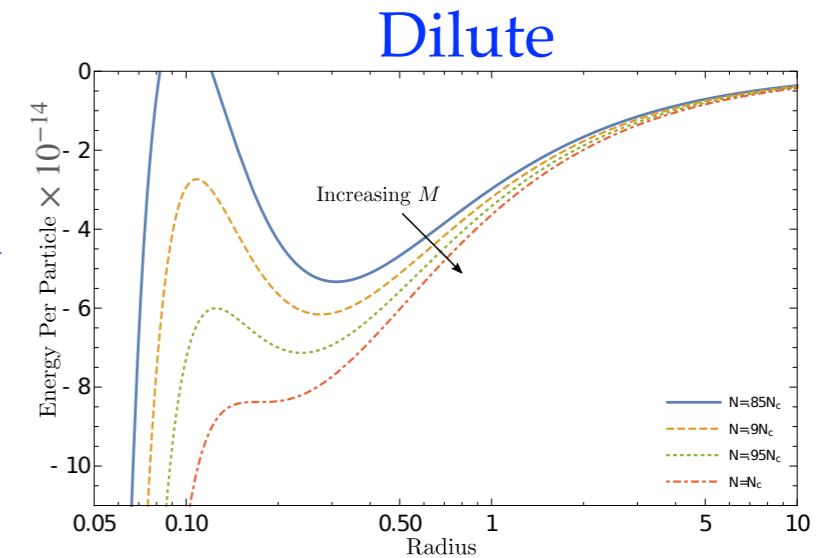
➤ Finding energy minima:

JE, Leembruggen, Suranyi, Wijewardhana (1608.06911)

$$\frac{E}{M} \sim \frac{a}{R^2} - \frac{bM}{R} - \underbrace{\frac{cM}{R^3} + \frac{dM^2}{R^6}}_{M \approx m_\phi^2 f^2 R^3} - \dots$$

$M_{max} \approx 10 \frac{M_P f}{m_\phi}$

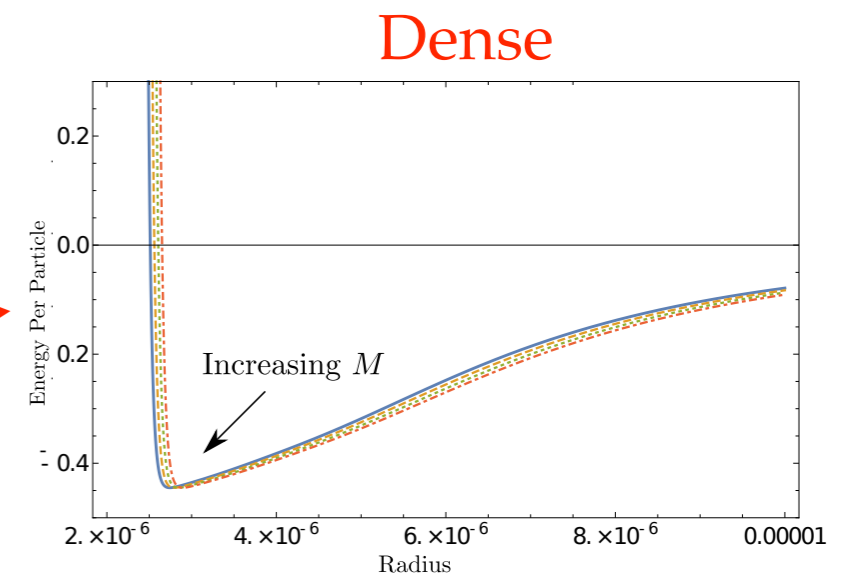
$M \approx \frac{M_P^2}{m_\phi^2 R}$



➤ Example: QCD axion

$M_{max} \sim \mathcal{O}(10^{-11})M_\odot$

$R_{dilute} \sim \mathcal{O}(100) \text{ km}$ $\rho_{dilute} \sim m_\phi^2 f^2 \left(\frac{f^2}{M_P^2} \right) \lesssim \rho_{water}$
 $R_{dense} \sim \mathcal{O}(10) \text{ cm}$ $\rho_{dense} \sim m_\phi^2 f^2 \sim \Lambda_{QCD}^4$



➤ Nuggets of stable, nuclear-density dark matter??

Radius scale: $R \sim \frac{M_P}{m_\phi f}$

➤ Dense states decay fast to relativistic scalars

Mass scale: $M \sim \frac{M_P f}{m_\phi}$

JE, Suranyi, Wijewardhana (1512.01709), with Ma (1705.05385)

DENSE: NOT SO STABLE AFTER ALL

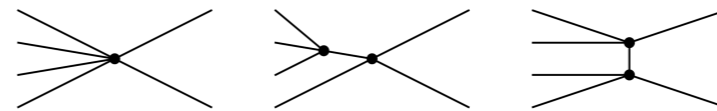
➤ Recall that axions are *real* scalars: no number conservation

➤ Decay to photons: $a \rightarrow \gamma\gamma$, small rate if $m \lesssim eV$

➤ Can decay through self-interactions:

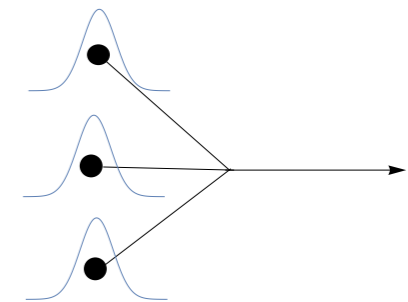
➤ On-shell: $4a \rightarrow 2a$

Braaten, Mohapatra, Zhang (1609.05182)



➤ Off-shell decays in bound state: $3a_{\text{bound}} \rightarrow a_{\text{free}}$

JE, Suranyi, Wijewardhana (1512.01709), with Ma (1705.05385)



➤ $3 \rightarrow 1$ dominant, large when $|E - m| \lesssim 0.998$

$$\frac{dM}{dt} \propto e^{-1/\sqrt{1 - (E/m)^2}}$$

Known from oscillon literature,

(bound state of no gravity)

Fodor, Forgacs, Horvath, Mezei (0903.0953)

Hertzberg (1003.3459)

Mukaida, Takimoto, Yamada (1612.07750)

...ALSO NOT SO NON-RELATIVISTIC

➤ Non-relativistic limit assumes field energy $E = \mathcal{O}(m)$

➤ Relativistic corrections are legion:

a. Special Relativity: $E_K = \sqrt{p^2 + m^2} - m \approx \frac{p^2}{2m} - \frac{p^4}{8m^3} + \dots$

b. Scalar field contains higher harmonic modes:

$$\phi = [\phi_1 e^{-iEt} + \phi_3 e^{-3iEt} + \dots] + h.c.$$

c. General Relativity??

! (thankfully, gravity is small in crossover to dense region!)

'FULL' MASS SPECTRUM

JE, Suranyi, Wijewardhana (1712.04941)

JE, Leembruggen, Street, Suranyi, Wijewardhana (1905.00981)

